

Name: Vamika Verma

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Education:

Degree	University/Board	Year	CGPA
M.Sc.	Delhi University (Lady Irwin)	2022-2024	Ongoing
B.Sc.	Delhi University (S.R.C.A.S.W)	2019-2022	9.16, 3 rd Rank Holder
12 th	CBSE	2017-2018	90%
10 th	CBSE	2015-2016	9.8

Research Experience:

- Research on development of biodegradable film from the extract of guava leaves by using different composition of starch and pectin.
- Sensitization project on promoting healthier and nutritious food choices and basic hygiene among play and pre-nursery school students.

Skills:

- MS PowerPoint
- MS Word

Trainings/Workshops:

- Online Training on Implementing Hazard Analysis and Critical Control Point in Food Industry.
- Attended Online Workshop on “*Promoting and supporting innovation, IPR and start-up*” by Ms. Anjali Menon and Anjali Jaitly, IPRGENIE LLP.

Courses taken:

- Content Writing (Intern-shala).
- Online Course on Food Hygiene and Food Safety guidelines during the Covid-19 Pandemic.

Internships / Volunteer ship:

- Tag Taste Foods Pvt. Ltd – Food Product Taster and reviewer (Part Time).
- Fundraiser Intern- Youth Empowerment Foundation (Internship).
- Tag Taste Foods Pvt. Ltd – Campus Ambassador (Internship).
- Headed and coordinated Departmental Technical Fest 2020-2021 ‘Food Felicity’21’Food Tech Intellect: Quiz competition.
- Brand Associate – The Ivory Events (Internship).
- Student Volunteer (SPIC MACAY).
- Attendee (All India Food Processors' Association)- National Seminar on "Technology Intervention to eradicate malnutrition in India” organized by AIFPA supported by MOFPI and ITPO.
- Poster Presenter - UGC Sponsored National Conference on Food Safety, National Security and Sustainability organised by Shyama Prasad Mukherjee College for women.

- Poster Presenter (Endangered Medicinal Plants of Western Ghats of India) - Participated in National Seminar on “Vishwa Guru Bharat: Exploring the Glorious Past” organised by Shaheed Rajguru College of Applied Sciences for Women, in association with ICSSR, ShoDH and COL(DU).

Conferences/Seminars/Webinars attended:

- Attended National Webinar on Domestic Violence and its impact on children.
- Attended Webinar on “*Current Trends in application of HPLC and GC-MS Techniques for Food and Chemical Testing*”.
- Attended Online Webinar on “*Jobs and Career in Marketing after College*” – What After College.
- Participated in International Webinar on “*Novel Technologies for Sustainable Food Systems*” by Dept. Food & Nutrition and Food Technology, Lady Irwin College.
- Attended “*Panel Discussion on Nourishing Young India*” by Confederation of Indian Industry and Quaker India.
- Participated in the 1st National Article writing competition and has successfully submitted a self-written essay organised by The Critegal.
- Participated in “*IP Awareness program*” organised by Intellectual Property Office.
- Participated in National Webinar on “*Role of Fats and Oils in a healthy Diet*”.
- Attended Webinar on “*Importance of Rheology in the Development of Nano-packaging Materials*” organised by NIFTEM.
- Attended National Webinar Series 1.0 on Medical Nutrition Therapy on “*Overcoming Generic Risks with Healthy Lifestyle Choices*”.

Awards and Accomplishments:

- Abstract on “Endangered Medicinal Plants of Western Ghats of India” published in Abstract Proceedings of National Seminar on Vishwa Guru Bharat.
- Abstract on “Health Benefits of Microgreens” published in Conference Proceedings of UGC Sponsored National Conference.
- 2nd Rank Scored in 1st Year in B.Sc.
- 3rd Rank scored in B.Sc. (Hons.) Food Technology.

Areas of Interest:

- R&D - Creation / Development of new products, general improvement and sustainability of the current and upcoming products.
- Food Quality and Safety Assurance.
- Sensory Evaluation of foods.

Extra-curricular Activities:

- Art & Craft
- Badminton
- Music
- Novel Reading