$$\overline{H} = -\overline{\nabla} \overline{\Phi}_{M}$$

$$-\underline{\vec{\nabla}H} = \vec{\nabla}(\vec{\nabla}\underline{\Phi}_n) = \Delta\underline{\Phi}_n$$

$$\triangle \bar{\downarrow}_m = -p_m => \bar{\downarrow}_m = \frac{1}{4\pi} \int_{\sqrt{|\vec{v}-\vec{v}'|}} \frac{p_m \int_{\sqrt{|\vec{v}-\vec{v}'|}}^{3\nu}$$

Skole
$$M$$

$$S_{m} = -M_{\perp} + M_{\perp} = M_{\perp} = \overline{M} \cdot \overline{n}$$

$$\widetilde{\mathbf{W}} = \mathbf{W} \begin{bmatrix} \cos \theta \\ 0 \\ -\sin \theta \end{bmatrix}$$

$$\frac{1}{\sqrt{2}} = \frac{1}{\sqrt{2}} \left(\frac{\delta_{m}}{\sqrt{2}} \right) \left($$

$$\overline{H} = -\overline{\nabla} \left(\frac{MR^3}{3v^2} \cos \theta \right) = -\frac{R^3}{3} \left(\overline{\nabla} \left(\overline{M} \cdot \frac{\overline{\nu}}{v^3} \right) \right)$$

$$\overline{H} = -\overline{\nabla} \left(\frac{M}{3} \mathbf{a} \right) = \begin{bmatrix} 0 \\ 0 \\ -\frac{M}{3} \end{bmatrix}$$