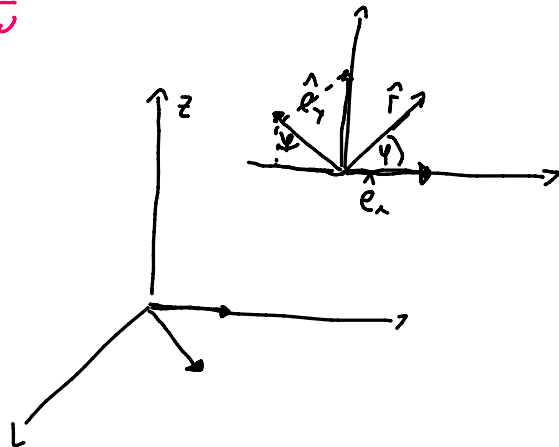


$$\rho(\psi) = A |\sin \psi + \cos \psi|$$

$$\psi(t) = \omega t ; z(t) = 0$$

$$t_1 = 0, t_2 = \frac{3\pi}{4\omega}$$



$$\hat{e}_\rho = \cos \psi \hat{e}_x + \sin \psi \hat{e}_y \Rightarrow \dot{\hat{e}}_\rho = \dot{\psi} \hat{e}_\varphi$$

$$\hat{e}_\varphi = -\sin \psi \hat{e}_x + \cos \psi \hat{e}_y \Rightarrow \dot{\hat{e}}_\varphi = -\dot{\psi} \hat{e}_\rho$$

$$\vec{r}(t) = \rho \hat{e}_\rho + z \hat{e}_z$$

$$\vec{v}(t) = \dot{\rho} \hat{e}_\rho + \rho \dot{\psi} \hat{e}_\varphi + \dot{z} \hat{e}_z$$

$$\vec{a}(t) = \ddot{\rho} \hat{e}_\rho + \dot{\rho} \dot{\psi} \hat{e}_\varphi + \dot{\rho} \dot{\psi} \hat{e}_\rho + \rho \ddot{\psi} \hat{e}_\varphi - \rho \dot{\psi}^2 \hat{e}_\rho + \ddot{z} \hat{e}_z$$

$$\Rightarrow \vec{a}(t) = (\ddot{\rho} - \rho \dot{\psi}^2) \hat{e}_\rho + (2\dot{\rho} \dot{\psi} + \rho \ddot{\psi}) \hat{e}_\varphi + \ddot{z} \hat{e}_z$$

$$\vec{r}(t) = A(\sin \omega t + \cos \omega t) \hat{e}_\rho ; \psi(t) = \omega t$$

$$\Rightarrow \vec{v}(t) = A\omega(\cos \omega t - \sin \omega t) \hat{e}_\rho + A\omega(\sin \omega t + \cos \omega t) \hat{e}_\varphi$$

$$v^2 = A^2 \omega^2 (1 - 2 \sin \omega t \cos \omega t + 1 + 2 \sin \omega t \cos \omega t) = 2A^2 \omega^2$$

$$\Rightarrow \vec{v}(t) = A\omega(\cos\omega t - \sin\omega t)\hat{e}_\rho + A\omega(\sin\omega t + \cos\omega t)\hat{e}_\varphi$$

$$= 2A\omega^2$$

$$\begin{aligned}\vec{a}(t) = & -A\omega^2(\sin\omega t + \cos\omega t)\hat{e}_\rho + A\omega^2(\cos\omega t - \sin\omega t)\hat{e}_\varphi \\ & + A\omega^2(-\sin\omega t + \cos\omega t)\hat{e}_\varphi - A\omega^2(\sin\omega t + \cos\omega t)\hat{e}_\rho\end{aligned}$$

$$\vec{a}(t) = -2A\omega^2(\sin\omega t + \cos\omega t)\hat{e}_\rho + 2A\omega^2(\cos\omega t - \sin\omega t)\hat{e}_\varphi$$

$$\hat{t} = \frac{\frac{d\vec{r}}{dt}}{\left|\frac{d\vec{r}}{dt}\right|} = \frac{\vec{v}}{|\vec{v}|}; |\vec{v}| = A\omega\sqrt{(\cos^2\omega t + \sin^2\omega t) \cdot 2} = A\omega\sqrt{2}$$

$$\Rightarrow \hat{t} = \frac{1}{\sqrt{2}} \left[(\cos\omega t - \sin\omega t)\hat{e}_\rho + (\cos\omega t + \sin\omega t)\hat{e}_\varphi \right]$$

$$\hat{n} = \frac{\frac{d\hat{t}}{dt}}{\left|\frac{d\hat{t}}{dt}\right|} \quad \dot{\hat{t}} = \frac{2\omega}{\sqrt{2}} \left[(-\sin\omega t - \cos\omega t)\hat{e}_\rho + (\cos\omega t - \sin\omega t)\hat{e}_\varphi \right]$$

$$|\dot{\hat{t}}| = \frac{2\omega}{\sqrt{2}} \sqrt{2} = 2\omega$$

$$\Rightarrow \hat{n} = \frac{1}{\sqrt{2}} \left[(-\sin\omega t - \cos\omega t)\hat{e}_\rho + (\cos\omega t - \sin\omega t)\hat{e}_\varphi \right]$$

$$Q_b = \hat{t} \cdot \vec{a} = \frac{2A\omega^2}{\sqrt{2}} \left[\sin^2\omega t - \cos^2\omega t + \cos^2\omega t - \sin^2\omega t \right] = 0$$

$$Q_n = \vec{a} \cdot \hat{n} = \frac{2A\omega^2}{\sqrt{2}} \left[1 + 2\sin\omega t \cos\omega t + 1 - 2\sin\omega t \cos\omega t \right] = \frac{4A\omega^2}{\sqrt{2}}$$

$$a_n = \frac{v^2}{\rho} \Rightarrow \rho = \frac{v^2}{a_n} = \frac{2 A^2 \omega^2}{2\sqrt{2} A \omega^2} = \frac{A}{\sqrt{2}}$$

$$\vec{r} = r(t) \hat{e}_r + z \hat{e}_z$$

$$d\vec{r} = dr(t) \hat{e}_r + d\psi \cdot r \hat{e}_\psi + dz \hat{e}_z$$

$$\Rightarrow ds = \sqrt{dr^2 + r^2 d\psi^2 + dz^2}$$

$$z(t) = 0 \Rightarrow dz = 0$$

$$\psi(t) = \omega t \Rightarrow d\psi = \omega dt$$

$$r = A(\sin \omega t + \cos \omega t) \Rightarrow dr = A\omega(\cos \omega t - \sin \omega t) dt$$

$$\Rightarrow ds = \sqrt{A^2 \omega^2 (\cos \omega t - \sin \omega t)^2 dt^2 + A^2 \omega^2 (\sin \omega t + \cos \omega t)^2 dt^2}$$

$$ds = A\omega dt \cdot \sqrt{1 - 2\sin \cos + 1 + 2\sin \cos + 1}$$

$$ds = A\omega \sqrt{2} dt$$

$$\Rightarrow L = \int_0^{\frac{3\pi}{4\omega}} A\omega \sqrt{2} dt = \frac{3\pi A \sqrt{2}}{4}$$