$$V = \frac{1}{3}JI \gamma^3 \rho$$

$$dW = 4\pi \epsilon_0 \frac{1}{r} \left(\frac{4}{3}\pi \gamma^3 p\right) \left(4\pi \gamma^2 p\right) dr = \frac{4\pi \gamma^2}{3} \frac{\gamma^4 dr}{\epsilon_0}$$

$$W = \frac{4\sqrt{15}^2 R}{3 E_0} S + 4\sqrt{1} = \frac{4}{15} \frac{\sqrt{15}^2 R}{E_0} R^5 = \frac{3}{5} \cdot 4\sqrt{1} E_0 R$$