

CAREER EXPLORATION AND PLANNING

Objectives:

- Understand various career paths and industries.
- Identify personal interests and strengths.
- Develop essential career planning skills.
- Create a basic career plan.

Materials Needed:

- Whiteboard and markers
- Projector and screen
- Handouts (Career assessment tools, worksheets)
- Internet access for research

Lesson Duration:

90 minutes (about 1 and a half hours)

LESSON BREAKDOWN

Introduction

15 minutes

- Core Features: Introduce career development, importance of early planning.
- Minimum: Objectives, agenda.
- Purpose: Engage and set context.
- Instruction: Icebreaker, anecdotes.

Self-Assessment

20 minutes

- Core Features: Identify interests, strengths, values.
- Minimum: Assessment tools, guided process.
- Purpose: Insight into preferences and career paths.
- Instruction: Use tools, discuss results.

Career Exploration

25 minutes

- Core Features: Introduce careers and industries.
- Minimum: List careers, show videos.
- Purpose: Understand career options.
- Instruction: Multimedia resources, Q&A.

Skill Development

20 minutes

- Core Features: Teach essential career skills.
- Minimum: Workshop on a skill.
- Purpose: Practical career skills.
- Instruction: Demonstrate, provide guides.

Career Planning

10 minutes

- Core Features: Create a basic career plan.
- Minimum: Explain components, provide template.
- Purpose: Set actionable goals.
- Instruction: Fill out plans, peer feedback.

Conclusion and Reflection

5 minutes

- Summarize key points.
- Encourage further exploration.
- Provide additional resources

Evaluation

Formative Assessment

Monitor participation, provide feedback

Summative Assessment

Review plans, assess understanding

ADDITIONAL RESOURCES

Links to online tools

- First Work Website
- Google
- Patque moretilicia inam etio, consil vis
- hostem re con te in dem merbit

Recommended websites

- First Work Website
- emurniam mulinatil hostabi crebunt,
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Local Counselors

Counselor Name

emailaddress@gmail.com
(647) 555 - 5555

20 Office Location
City, Province

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