Project Plan

Glucose Genie

Francisco Cruz-Urbanc, Krisi Hristova, Carson Ford, Thomas Capro, Jared Jackson

CI 492 – Senior Project

Filippos Vokolos

January 22, 2025

Version 3

This Project Plan aims to define the tasks needed to be fulfilled for the Glucose Genie project, identify who will be responsible for each task, and provide a date by which each task will be completed.

Project Background:

Diabetes management, particularly for low-income and Spanish-speaking patients, requires careful monitoring of nutrient intake, especially carbohydrates. Many patients lack access to tools needed to simplify the process of meal planning and carb counting. In addition, balancing nutrition with financial constraints when grocery shopping is a significant challenge.

The Glucose Genie application will assist medical professionals in tackling this issue by providing users access to a tailored database of diabetes friendly recipes where carbohydrates and other important macro and micronutrients are already calculated to allow users an intuitive way to track and create weekly meal plans. A detailed definition of what is considered diabetes friendly recipes is mentioned in *Section 3 – Features to be implemented* of the <u>Customer</u> Requirements Document.

This mobile iOS application also allows users to create personalized weekly meal plans and generate grocery lists as recipes are added. Users can also edit their grocery lists by adding or removing items they are not interested in purchasing or already have at home.

Additionally, Glucose Genie allows users to view the estimated costs of their grocery lists from nearby or user-selected locations of grocery stores. This allows the user to have the freedom to decide the most convenient and cost-effective way to purchase their groceries for the week.

Overall, the Glucose Genie application is targeted to aid patients in tracking important nutrients, creating weekly meal plans through diabetic friendly recipes and providing cost-friendly ways to purchase meal ingredients to help individuals sustain a diabetic friendly diet. A more extensive list of features of the Glucose Genie application is included in the **Customer Requirements Document:** *Section 3-Features to be implemented* found on the Project's GitHub Repository here.

Statement of Work:

The statement of work defines a list of the products of work that will be produced during the project and the people who will perform them.

• **User Manual:** Thomas

o Manual to include an installation guide, step-by-step instructions on navigation within the app, troubleshooting procedures, and FAQ.

• Customer Requirements: Everyone (Carson, Thomas, Jared, Francisco, Krisi)

O Document of customer requirements outlining the 1-*Project Background*, 2-*Users*, 3-*Features to be implemented*, and 4-*Features not to be implemented* as communicated by the stakeholders to ensure a clear goal of the product and reduce miscommunication.

• <u>Software Requirements Specification</u>: Everyone (Carson, Thomas, Jared, Francisco, Krisi)

 Outline of the technical features, functionalities and requirements of the app to define how features will be implemented, what software and technologies will be used and define expected performance of the product.

• System Architecture Diagram: Carson

 Visual representation of the app's structure and overall system as well as the relationships between all components. This is important so we can keep track of all elements the app uses and make it easier for developers to understand how the system works.

• API Documentation: Carson

 For each API we choose to use we will have documentation outlining why we are using it, how it is implemented, request and response formats, and authentication methods. This will help other developers understand how the API is used.

• Code: Everyone (Carson, Thomas, Jared, Francisco, Krisi)

o Codebase including backend and frontend for the iOS application.

• <u>Test Plans</u>: Francisco

This will outline the strategy and resources for testing our app. It will detail the types of tests done, list the tests case by case, and their expected results. This is needed as we want our app to be defect free.

• **Defect Reports:** Jared & Francisco

This will keep a record of any bugs found. Each bug should have a description, steps to reproduce, severity level, and when/if it was fixed. They should each be labeled correspondingly to the test plan.

• **Privacy Policy:** Thomas & Krisi

• We must ensure that we only store information about the quantities of nutrients consumed, as determined by the planner or recipes. These quantities should be measured using the standard nutrient recommendations for diabetics. A clear policy will be provided to users, outlining how we adhere to these guidelines. This approach is essential to maintain user trust in our app and services while demonstrating compliance with applicable regulations.

• Algorithm Strategy: Francisco & Carson & Thomas

O To suggest certain recipes for users, we must have an algorithm in place that is unique to every user. We will provide a document that outlines this algorithm and how it effectively completes this task. This may not necessarily take a deep dive into code, but it will give a high-level understanding of how our algorithm works.

• Logo: Krisi

o A logo approved by the stakeholders for the product representing Glucose Genie.

Resource List:

A list of all resources that will be needed for the product and their availability.

- Recipe API: We will begin with using the Enterprise Basic Subscription, and if the application becomes production ready (and we begin to receive a larger amount of API requests because of this), then we can upgrade to the Enterprise Core Subscription. As the subscription plans can change (there used to be a fully free subscription with Edamam), we will maintain a back-up recipe API, Spoonacular, that includes a free subscription in the case that costs become an issue.
 - o Edamam Recipe API:

- Enterprise Basic Subscription includes recipe data (image, ingredients, title), meal type and cuisine filters, diet/health/allergy filters, measure and quantity for ingredients, recipe caching (recipe id and name), shopping aisle for ingredients, full nutritional details, and up to 100 results/call.
 - Monthly fee: \$9, 30-day free trial
 - Included API calls: 10,000/month, 10/minute
 - Commercial use: NO
- Enterprise Core Subscription includes recipe data (image, ingredients, title), meal type and cuisine filters, diet/health/allergy filters, measure and quantity for ingredients, recipe caching (recipe id and name, protein, net carbs, total fat, and Kcal), shopping aisle for ingredients, full nutritional details, and up to 1000 results/call.
 - Monthly fee: \$69
 - Included API calls: 100,000/month, 100/minute
 - Commercial use: YES
- Spoonacular API: provides nutritional data/analysis, price and cost breakdown, health information, ingredient substitutions, recipe management, and meal planning.
 - Free Subscription
 - Monthly fee: FREE
 - Included points (each request costs a certain number of points): 150 points/day then no more calls, 1 request/second
 - Cook Subscription
 - Monthly fee: \$29
 - Included points (each request costs a certain number of points): 1,500 points/day then \$0.005 dollars/point, 5 requests/second
 - Culinarian Subscription
 - Monthly fee: \$79
 - Included points (each request costs a certain number of points): 4,500 points/day then \$0.004 dollars/point, 10 requests/second
- Map API: We have not made an official decision on which Map API to use yet. A decision will be made during the development phase when we will take a deeper dive into each of the following services to find out which ones provide the exact information that we will need for the required features.
 - o Google Maps Platform:
 - Can provide necessary information for nearby grocery stores, pricing details, routes, and more if needed.
 - Pay-as-you-go model: \$200/month + additional costs based on number of requests for specific services within Google Maps Platform

o Mapbox:

- Can provide directions, virtual map, and search for points of interest (ours being grocery stores).
- Pay-as-you-go model: FREE + additional costs if we exceed number of requests or active users for specific services within Mapbox. Relevant services include:
 - **Directions API:** FREE under 100,000 monthly requests
 - Maps SDKs for Mobile: FREE under 25,000 monthly active users
 - <u>Search Box API Requests</u>: FREE under 50,000 monthly requests
 - <u>Temporary Geocoding API</u>: FREE under 100,000 monthly requests

Amazon Location Services:

- Can provide the following location features:
 - Map tiles retrieved (Vector or Raster) (500 thousand per month)
 - Address suggestion requests (10 thousand per month)
 - Addresses geocoded (10 thousand per month)
 - Positions reverse-geocoded (10 thousand per month)
 - Number of origins (1)
 - Number of destinations (5)
 - Matrix route calls (2 thousand per month)
- This will be covered by Drexel.
- <u>Secure database system:</u> We have not chosen the exact SQL database system that we will use. That decision will be made further down the line when we become more familiar with how database storage works with the AWS storage that will be provided by Drexel. The database will serve to store references to saved recipes, shopping/ingredients lists, weekly meal plans, and total daily carb counts.
 - o PostgreSQL:
 - Relational database using a client/server model
 - o **SQLite**:
 - Embedded SQL database engine

Assumptions:

Below is a list of assumptions that the stakeholders, the project team and users have made.

Stakeholder Assumptions

- App will provide accurate data, such as grocery item availability
- App will be in a functional, prototype state by May 2025

- Team members will communicate any questions they have via the text group chat
- Team members will keep us up to date on the project schedule, delays, and other roadblocks
- App will comply with healthcare and privacy regulations (HIPPA)

Project Team Assumptions

- Members will be able to quickly communicate information with stakeholders via text group chat
- Third-party services we use in the app, such as APIs, will remain online and accessible
- Third-party services we use to communicate with each other and stakeholders will remain online and accessible (SMS, Discord, Microsoft Online, Email)
- Members will inform the team if they encounter any roadblocks that might potentially delay the project
- App will be meet the stakeholder's priority requirements by the end of the project
- App will be available to download from the Apple App Store
- Data used in the app from APIs will be accessible and up to date
- Any bugs or inconsistencies will be addressed during the testing phase of the design project

User Assumptions

- App will be easy for non-tech-savvy to navigate
- App will save their account information (login credentials, saved recipes, meal schedules)
- App will function properly if they have a stable network connection (back-end technologies will be online and accessible)
- App will inform them if an error occurs (ex. Click save recipe, error occurs causing recipe to not be saved, app lets user know that the recipe was not saved)
- App will be responsive (ex. Click save recipe button, button changes to green color with check mark or heart icon)
- App will retain some functionality even if their device is offline (ex. View their weekly meal plan)

Project Schedule:

The project schedule created is in the format of a GANTT chart in Excel and a link to the most updated version of the schedule is provided.

The most recent version of the GANTT chart project schedule can be viewed here.

Photos of project schedule from 1/22/2025:

Glucose Genie (Group 2)

Diabetic Meal Planner

Legend:

Thomas Capro, Francisco Cruz-Urbanc, Carson Ford, Krisi Hristova, Jared Jackson

Project start date: 9/27/2024

Scrolling increment:

Milestone description		Assigned to	Progress	Start	Day	End
Project background	On Track	Krisi	100%	9/30/2024	15	10/14/2024
Statement of Work	On Track	Carson	100%	9/30/2024	15	10/14/2024
Resource List	On Track	Francisco	100%	9/30/2024	13	10/13/2024
Research Recipe APIs	On Track	Francisco	100%	10/7/2024	6	10/13/2024
Research Map APIs	On Track	Francisco	100%	10/7/2024	6	10/13/2024
Research database systems	On Track	Francisco	100%	10/7/2024	6	10/13/2024
Assumptions	On Track	Jared	100%	9/30/2024	14	10/14/2024
Project Schedule	High Risk	Everyone	100%	9/27/2024	17	11/6/2024
Risks	On Track	Thomas	100%	9/30/2024	14	10/14/2024
Stakeholder Meeting 1 + Notes	On Track	Everyone	100%	10/2/2024	2	10/4/2024
Research iOS Development on Mobile	On Track	Thomas	100%	10/7/2024	42	11/18/2024
Review Document and Submit	On Track	Everyone	100%	10/13/2024	4	10/16/2024

Customer Requirements						
Project background	On Track	Carson	100%	10/14/2024	14	10/28/2024
Users	On Track	Thomas	100%	10/14/2024	14	10/28/2024
Features to Implement	On Track	Krisi & Francisco	100%	10/14/2024	14	10/28/2024
Features not to implement	On Track	Jared	100%	10/14/2024	14	10/28/2024
Intellectual Rights	On Track	Krisi	100%	10/21/2024	27	11/17/2024
Project Logistics						
Create Project Github Repo	Low Risk	Francisco	100%	10/21/2024	7	10/28/2024
Calculate AWS usage	High Risk	Krisi & Francisco	100%	10/21/2024	7	10/28/2024
Indiviuals create accounts with pfp	High Risk	Everyone	100%	10/21/2024	7	10/28/2024
Create WebPage for senior project	High Risk	Krisi	100%	10/21/2024	7	10/28/2024
End of Term Presentation - Fall	High Risk	Everyone	100%	11/25/2024	7	12/2/2024
Create AWS Accounts	High Risk	Everyone	100%	12/25/2024	7	12/9/2024
Project Plan						
Submit baselined Project Plan	Med Risk	Everyone	100%	10/28/2024	7	11/6/2024
Create Project Plan Cover Page	Med Risk	Krisi	100%	10/21/2024	10	11/6/2024
Software Requirements Specification						
Introduction	On Track	Thomas	100%	11/4/2024	23	11/27/2024
Description	On Track	Krisi	100%	11/4/2024	23	11/27/2024
Nonfunctional Requirements	On Track	Francisco	100%	11/4/2024	23	11/27/2024
Functional Requirements	On Track	Carson	100%	11/4/2024	23	11/27/2024
External Interface Requirments	On Track	Jared	100%	11/4/2024	23	11/27/2024
Appendix/Glossary	On Track	Everyone	100%	11/4/2024	23	11/27/2024

Design			_			
Logo	Low Risk	Krisi	100%	10/28/2024	29	11/29/2024
Create home page designs	Low Risk	Jared	40%	1/6/2025	21	1/27/2025
SoftwareDesignDoc Submission	High Risk	Krisi	0%	1/20/2025	16	2/5/2025
SDD Intro	Med Risk	Francisco	0%	1/20/2025	16	2/5/2025
SDD Design Overview	Med Risk	Krisi	0%	1/20/2025	16	2/5/2025
System Architecture Diagram	Med Risk	Carson	0%	2/4/2025	23	3/30/2025
System Operation/Sequence Diagram	Med Risk	Krisi	0%	1/13/2025	23	2/5/2025
SDD Requirements Tracability	Low Risk	Thomas	0%	1/20/2025	16	2/5/2025
SDD User Interface (UML)	High Risk	Francisco	0%	1/20/2025	16	2/5/2025
SDD Data Model Diagram	High Risk	Jared	0%	1/20/2025	16	2/5/2025
SDD Storage	High Risk	Thomas	0%	1/20/2025	16	2/5/2025
SDD Doc Formatting	On Track	Krisi	0%	1/20/2025	16	2/5/2025
Software Implementation						
Setup Development Environment	Low Risk	Everyone	0%	1/20/2025	7	1/27/2025
Create classes outlined in Design Document and upload to github	High Risk	Thomas	0%	2/5/2025	5	2/10/2025
Create UI for user settings page	High Risk	Carson	0%	1/27/2025	11	2/16/2025
Create UI for login page	High Risk	Krisi	0%	2/5/2025	11	2/16/2025
Implement Login/Out Functionality	High Risk	Francisco	0%	2/5/2025	18	2/23/2025
Implement User Profile Creation	High Risk	Thomas	0%	2/5/2025	18	2/23/2025
Implement Language Settings	High Risk	Thomas	0%	2/5/2025	25	3/2/2025
Implement Main Page UI	Med Risk	Francisco	0%	2/5/2025	11	2/16/2025
Implement Main Page Back End	High Risk	Jared	0%	2/5/2025	20	2/23/2025
Implement Recipe Searching	High Risk	Francisco	0%	2/5/2025	39	3/16/2025
Implement Recipe Filtering	High Risk	Krisi	0%	2/5/2025	39	3/16/2025
Implement Recipe Display UI	High Risk	Krisi	0%	2/5/2025	20	2/23/2025
Implement Recipe Saving	High Risk	Jared	0%	2/5/2025	46	3/23/2025
Implement Weekly Meal planning	High Risk	Francisco	0%	2/5/2025	53	3/30/2025
Implement auto grocery list generator	High Risk	Krisi	0%	2/5/2025	53	3/30/2025
Implement daily nutrient tracker	High Risk	Carson	0%	2/5/2025	53	3/30/2025
Implement grocery store display + search	High Risk	Jared	0%	2/5/2025	53	3/30/2025
display - sealer						

Testing						
Test Plans	Low Risk	Francisco	0%	2/15/2025	30	3/15/2025
Testing Existing Features	Med Risk	Everyone	0%	3/17/2025	33	4/3/2025
Test User Manual Against App	Low Risk	Everyone	0%	4/4/2025	7	4/11/2025
Add Application to App Store	Med Risk	Everyone	0%	5/15/2025	14	5/29/2025
Extra Documents						
User Manual	Low Risk	Thomas	0%	3/1/2025	23	3/23/2025
API Documentation	Low Risk	Carson	0%	2/1/2025	23	2/23/2025
Defect Reports	Low Risk	Jared, Franscisco	0%	3/17/2025	28	4/14/2025
Privacy Policy	Low Risk	Krisi, Thomas	0%	4/1/2025	19	4/20/2025

Risks:

Below is a list of risks that could potentially derail the project.

Risks During Project Development

• Scope Creep:

- Risk: The project's scope could expand beyond initial plans due to additional stakeholder requests, leading to delays and missed deadlines.
- o Mitigation: Establish clear project requirements and implement a change management process to evaluate new requests before incorporating them.

• Resource Shortages:

- o Risk: The project may experience shortages in development resources, such as developers or testers, due to team members leaving or being reassigned.
- Mitigation: Develop a staffing plan, maintain backup team members, and regularly assess team capacity.

• Technical Challenges and Unfamiliar Technologies:

- Risk: Developers may face unexpected technical difficulties or struggle with unfamiliar tools, delaying progress.
- Mitigation: Allocate time for research and prototyping and encourage early training on new tools and technologies.

• Budget Constraints:

• Risk: Running out of funds could halt development, especially if unexpected costs arise (e.g., third-party service fees).

 Mitigation: Create a detailed budget, regularly review expenses, and ensure stakeholders are informed about financial status.

• Data Source Availability or Changes:

- Risk: Third-party data sources and APIs for recipes or grocery prices could become unavailable or change access policies, requiring adjustments.
- Mitigation: Identify alternative data sources during planning and design the app's architecture to accommodate data source changes.

Potential Implications after Product Release

• User Compliance and Engagement:

- o Risk: Users may not engage with the app consistently, reducing its overall utility.
- Mitigation: Design an intuitive and user-friendly interface. Include engagement features like reminders and meal planning tools that align with the user's needs, while keeping the interface as simple as possible for the non-tech-savvy target audience.

• Adoption by Target Audience:

- o Risk: The app's main target audience (low-income, non-tech-savvy, Spanish-speaking users) may find it difficult to use.
- Mitigation: Ensure the app is simple, with clear language options (English and Spanish) and accessible design features that are easy to navigate, such as large buttons and a straightforward layout.

• Changing Nutritional Guidelines:

- o Risk: Nutritional guidelines may change over time, impacting the relevance of the app's database.
- o Mitigation: Keep track of changes in general guidelines for diabetes-friendly diets and ensure the app can easily update its database and filter criteria as needed.

• External Factors (Supply Chain or Economic Shifts):

- Risk: Economic changes or supply chain disruptions could affect the availability or cost of ingredients, making the grocery list less accurate or helpful.
- Mitigation: Provide flexibility for users to edit their grocery lists and select alternate items based on availability. Allow for manual substitutions and locationbased grocery store pricing updates.

• Third-Party API or Service Dependency:

- o Risk: Reliance on external services (e.g., API for grocery store prices) could lead to disruptions if the API services become unavailable.
- o Mitigation: Plan for backup data sources and alternative methods to fetch pricing or ingredient information to reduce reliance on any one external provider.

• User Misinterpretation of Information:

 Risk: Users might misinterpret nutritional information or carb counts, leading to incorrect meal planning and potentially harmful dietary decisions. Mitigation: Ensure that all information is presented clearly and with simple language. Provide educational resources or FAQs explaining key concepts like carb counting and portion sizes and include disclaimers advising users to consult healthcare professionals for personalized guidance.

• Language and Cultural Sensitivity:

- Risk: Misinterpretation or poor translation of the app's content into Spanish (or other languages) may lead to confusion or alienate users.
- Mitigation: Either find a professional translator or a trusted translation source and conduct user testing with native Spanish speakers to ensure that language and cultural nuances are correctly handled. Include culturally appropriate recipes and recommendations that resonate with the target audience.

• Limited Access to Technology:

- Risk: The target audience (low-income users) may not have access to consistent internet, smartphones, or other necessary technology to use the app effectively, reducing adoption or long-term engagement.
- Mitigation: Design the app to work offline as much as possible (e.g., meal planning and grocery lists) and minimize data usage. Consider optimizing the app for lower-end devices to make it accessible to users with older technology.

• User Support and Troubleshooting:

- Risk: Users may encounter issues or bugs while using the app and, if they don't receive adequate support, could abandon it altogether.
- Mitigation: Set up a simple, accessible support system (e.g., FAQs, help desk) to address user issues quickly. Offer tutorials and consider creating a feedback loop where users can report bugs or request new features.