



# 5 WAYS TO PRACTICE SUSTAINABLE FASHION



## SHOP SECOND-HAND

Shopping second-hand and vintage clothes is a great way to contribute to the clean fashion movement. Not only does your purchase benefit the environment, but it also often supports small businesses.



## TRY UPCYCLING

The next time you're about to throw out an old t-shirt or pair of pants, look up ways you can DIY! You would be surprised how easy it is to turn a dress into a matching two-piece set, or a shirt into a headband.



## BUY TRANS-SEASONAL

Buying trans-seasonal clothing prevents you from having to buy a new wardrobe every time the seasons change. Invest in pieces that you can wear no matter the season, such as jeans and t-shirts.



## SELL PRE-LOVED ITEMS

Selling and donating your used clothing is tremendously better for the environment than just throwing clothes away. Consider starting a shop on Depop or Poshmark to sell clothes easier.



## LEARN HOW TO REPAIR

Knowing how to repair your clothing will help expand the lifespan of your clothes. When a button comes off or a heel breaks, try to fix it before buying something new.