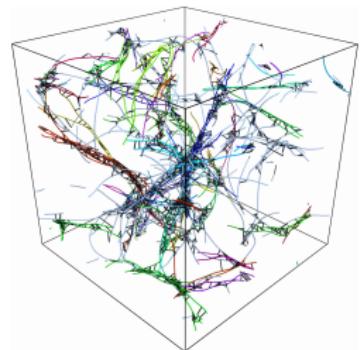
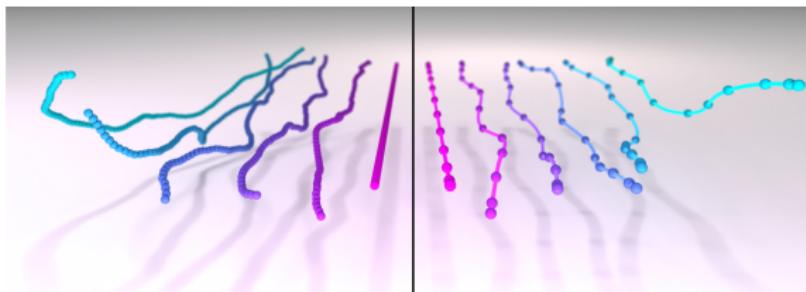


# Simulations of semiflexible fiber suspensions with Brownian fluctuations, hydrodynamic interactions, and steric repulsion

Ondrej Maxian  
Flatiron CTPCGI Workshop

June 13, 2024



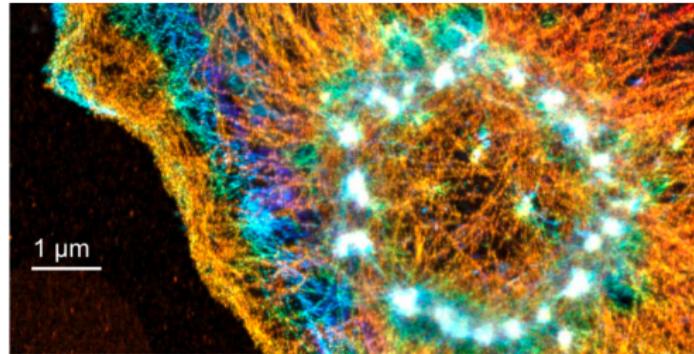
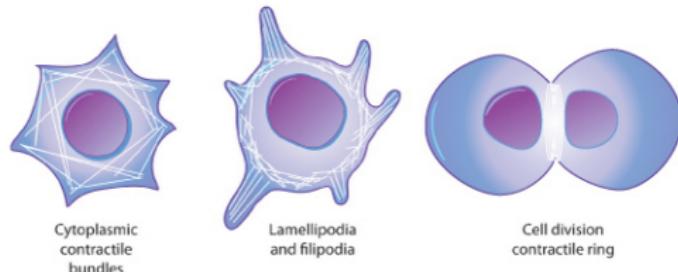
# Aleksandar Donev (d. 2023)



# Actin cytoskeleton

Cross-linked network of *inextensible, slender, fluctuating* filaments

- ▶ Dictate cell's shape and ability to move and divide
- ▶ Interact through the background solvent



## Deterministic evolution

Fiber shape  $\mathbb{X}(s)$  associated with bending energy density  
( $\ell_p = \kappa/(k_B T)$ )

$$\mathcal{E}^{(\kappa)} [\mathbb{X}] = \frac{\kappa}{2} \int_0^L \partial_s^2 \mathbb{X}(s) \cdot \partial_s^2 \mathbb{X}(s) \, ds$$

and associated force density

$$\mathbf{f}^{(\kappa)} = -\frac{\delta \mathcal{E}^{(\kappa)}}{\delta \mathbb{X}} = -\kappa \partial_s^4 \mathbb{X}$$

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Using mobility  $\mathcal{M} [\mathbb{X}]$  (hydrodynamics), evolution equation is

$$\partial_t \mathbb{X} = \mathcal{M} \left( \mathbf{f}^{(\kappa)} + \boldsymbol{\lambda} + \mathbf{f}^{(\text{ext})} \right)$$

Constraint force  $\boldsymbol{\lambda}(s)$  enforces  $\boldsymbol{\tau}(s) \cdot \boldsymbol{\tau}(s) = 1$ , where  $\boldsymbol{\tau} = \partial_s \mathbb{X}$ .

## Continuum kinematics

Differentiate constraint  $\rightarrow \partial_t \boldsymbol{\tau} \cdot \boldsymbol{\tau} = 0 \rightarrow \partial_t \boldsymbol{\tau} = \boldsymbol{\Omega} \times \boldsymbol{\tau}$

$$\partial_t \mathbb{X}(s) = \mathbf{U}_{\text{MP}} + \int_{L/2}^s (\boldsymbol{\Omega}(s') \times \boldsymbol{\tau}(s')) ds' := (\mathcal{K}\boldsymbol{\alpha})(s),$$

where  $\mathbf{U}_{\text{MP}} = \mathbf{U}(s = L/2)$  and  $\boldsymbol{\alpha} = (\boldsymbol{\Omega}(\cdot), \mathbf{U}_{\text{MP}})$

- ▶ Tangent vectors performing rotations on unit sphere
- ▶ We can turn into *discrete* rotations

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Principle of virtual work  $\rightarrow$  closed system ( $\mathcal{K}^* = L^2$  adjoint of  $\mathcal{K}$ )

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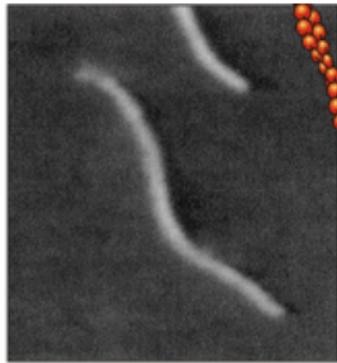
Saddle point system for  $(\boldsymbol{\lambda}, \boldsymbol{\alpha})$

$$\begin{pmatrix} -\mathcal{M} & \mathcal{K} \\ \mathcal{K}^* & \mathbf{0} \end{pmatrix} \begin{pmatrix} \boldsymbol{\lambda} \\ \boldsymbol{\alpha} \end{pmatrix} = \begin{pmatrix} \mathcal{M}(-\delta \mathcal{E}^{(\kappa)} / \delta \mathbb{X}) \\ \mathbf{0} \end{pmatrix},$$

# Discretization challenges

Actin filaments are *semiflexible*  $\ell_p \gtrsim L$  (smooth)

- ▶ Spectral methods desirable
- ▶ How to write overdamped Langevin dynamics? (usually discrete)
- ▶ Hydrodynamics? (want to be continuous)



$$L = 5 \text{ } \mu\text{m}, \ell_p/L \approx 3$$

## Discretization philosophy

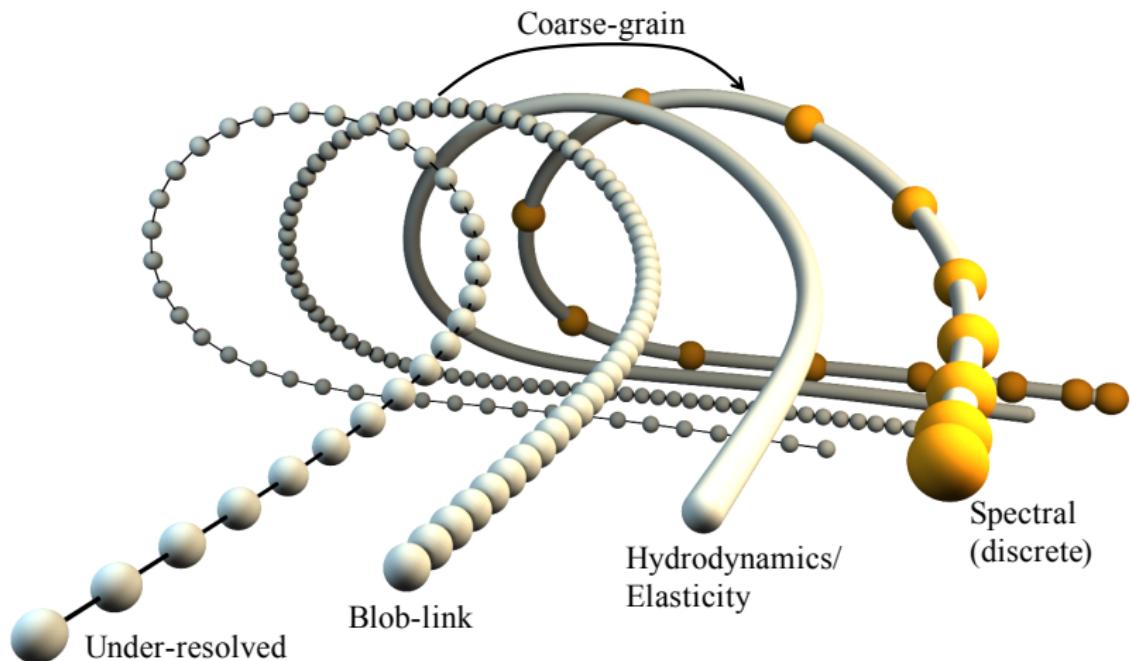
Observed fiber shapes are *smooth* → spectral methods

- ▶ Represent fiber by  $N_x$  Chebyshev collocation nodes  $\mathbf{X}$
- ▶ Build polynomial *interpolant*  $\mathbb{X}(s)$  from  $\mathbf{X}$
- ▶ Interpolant → quadratures for hydrodynamics, bending energy
- ▶ Discrete DOFs → overdamped Langevin equation for fluctuations

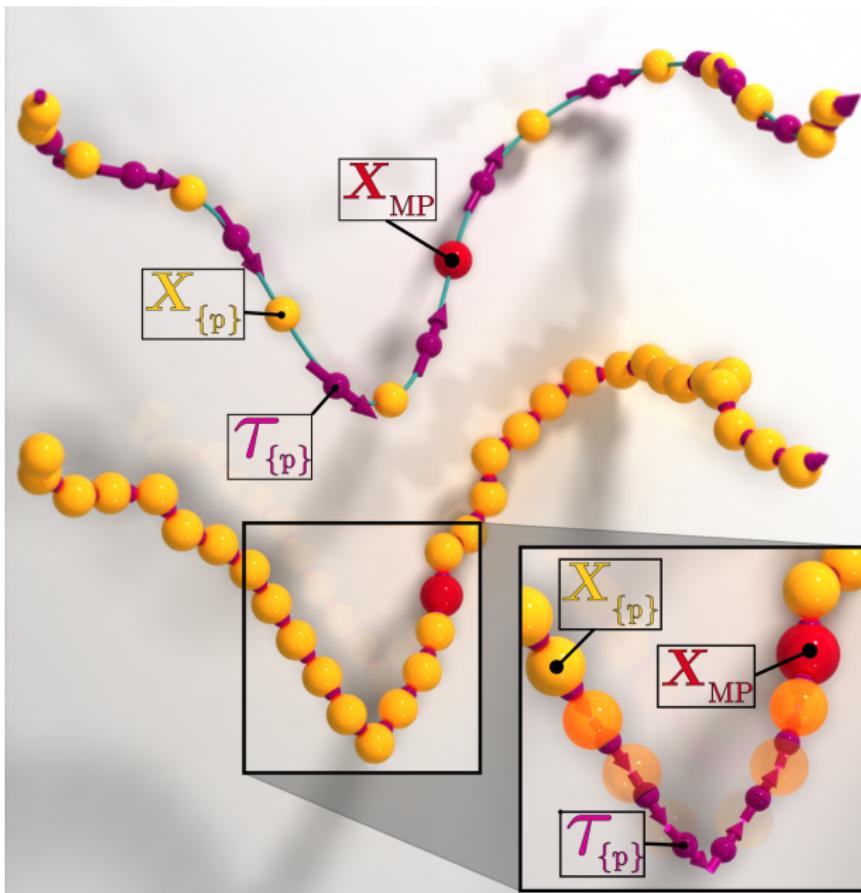
Improve on existing “blob-link” models for fluctuating hydro

- ▶ Spatial DOFs no longer tied to resolving hydro!

# Big idea: mix continuum and discrete



# Spectral discretization



## Building spectral discretization

DOFs:  $\tau$  at  $N$  nodes of type 1 (no EPs) Chebyshev grid,  $\mathbf{X}_{\text{MP}}$

- ▶ Chebyshev polynomial  $\tau(s)$  constrained by  $\|\tau(s_j)\| = 1$
- ▶ Obtain  $\mathbb{X}(s)$  by integrating  $\tau(s)$  on  $N_x = N + 1$  point grid (type 2, with EPs). Set  $\mathbf{X}_{\{i\}} = \mathbb{X}(s_i)$ .
- ▶ Defines set of nodes  $\mathbf{X}_{\{i\}}$  and invertible mapping

$$\mathbf{x} = \mathcal{X} \begin{pmatrix} \tau \\ \mathbf{X}_{\text{MP}} \end{pmatrix}$$

- ▶ Gives natural discretization for  $\mathbf{K}$

$$\partial_t \mathbf{x} = \mathcal{X} \begin{pmatrix} \mathbf{C} & \mathbf{0} \\ \mathbf{0} & \mathbf{I} \end{pmatrix} \begin{pmatrix} \Omega \\ \mathbf{U}_{\text{MP}} \end{pmatrix} := \mathcal{X} \bar{\mathbf{C}} \boldsymbol{\alpha} := \mathbf{K} \boldsymbol{\alpha}$$

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Discretize  $L^2$  inner product

$$\langle \mathbf{X}, \boldsymbol{\lambda} \rangle_{L^2} = \mathbf{X}^T \mathbf{E}_u^T \mathbf{W}_u \mathbf{E}_u \boldsymbol{\lambda} := \mathbf{X}^T \widetilde{\mathbf{W}} \boldsymbol{\lambda} := \mathbf{X}^T \underbrace{\Lambda}_{\text{“Force”}}$$

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The work done in fluid is

$$\begin{aligned}\langle \mathbf{f}, \mathbf{U} \rangle_{L^2} &= \langle \widetilde{\mathbf{W}}^{-1} \mathbf{F}, \mathbf{M} \widetilde{\mathbf{W}}^{-1} \mathbf{F} \rangle_{L^2} \\ &= \mathbf{F}^T \widetilde{\mathbf{W}}^{-1} \widetilde{\mathbf{W}} \mathbf{M} \widetilde{\mathbf{W}}^{-1} \mathbf{F} = \mathbf{F}^T \mathbf{M} \widetilde{\mathbf{W}}^{-1} \mathbf{F} \geq 0\end{aligned}$$

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so  $\widetilde{\mathbf{M}} := \mathbf{M} \widetilde{\mathbf{W}}^{-1}$  is an SPD matrix acting on force.

Write saddle point system over force

$$\begin{pmatrix} -\widetilde{\mathbf{M}} & \mathbf{K} \\ \mathbf{K}^T & \mathbf{0} \end{pmatrix} \begin{pmatrix} \boldsymbol{\lambda} \\ \alpha \end{pmatrix} = \begin{pmatrix} -\widetilde{\mathbf{M}} (\partial \mathcal{E}^{(\kappa)}) / \partial \mathbf{X} \\ \mathbf{0} \end{pmatrix} = \begin{pmatrix} -\widetilde{\mathbf{M}} \mathbf{L} \mathbf{X} \\ \mathbf{0} \end{pmatrix}$$

## Discrete Langevin equation

Saddle point system over forces

$$\begin{pmatrix} -\tilde{\mathbf{M}} & \mathbf{K} \\ \mathbf{K}^T & \mathbf{0} \end{pmatrix} \begin{pmatrix} \boldsymbol{\Lambda} \\ \boldsymbol{\alpha} \end{pmatrix} = \begin{pmatrix} -\tilde{\mathbf{M}}\mathbf{L}\mathbf{X} \\ \mathbf{0} \end{pmatrix}$$

Deterministic dynamics (eliminate  $\boldsymbol{\Lambda}$ )

$$\partial_t \mathbf{X} = -\hat{\mathbf{N}}\mathbf{L}\mathbf{X}, \quad \hat{\mathbf{N}} = \mathbf{K} \left( \mathbf{K}^T \tilde{\mathbf{M}}^{-1} \mathbf{K} \right)^\dagger \mathbf{K}^T$$

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Deterministic dynamics + time reversibility  $\rightarrow$  Langevin equation

$$\partial_t \mathbf{X} = -\hat{\mathbf{N}}\mathbf{L}\mathbf{X} + k_B T \partial_{\mathbf{X}} \cdot \hat{\mathbf{N}} + \sqrt{2k_B T} \hat{\mathbf{N}}^{1/2} \mathcal{W}(t)$$

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Samples from equilibrium distribution

$$P_{\text{eq}}(\tau) = Z^{-1} \exp \left( -\mathcal{E}^{(\kappa)}(\tau)/k_B T \right) \prod_{p=1}^N \delta \left( \tau_{\{p\}}^T \tau_{\{p\}} - 1 \right)$$

## Solving the discrete Langevin equation

Deterministic dynamics + time reversibility  $\rightarrow$  Langevin equation

$$\partial_t \mathbf{X} = - \underbrace{\hat{\mathbf{N}} \mathbf{L} \mathbf{X}}_{\text{Backward Euler}} + \underbrace{k_B T \partial_{\mathbf{X}} \cdot \hat{\mathbf{N}}}_{\text{Midpoint integrator}} + \underbrace{\sqrt{2k_B T} \hat{\mathbf{N}}^{1/2}}_{\text{Saddle point solve}} \mathcal{W}(t)$$

- ▶ Drift term captured *in expectation* by midpoint scheme

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- ▶ Drift term captured *in expectation* by midpoint scheme
- ▶  $\hat{\mathbf{N}}^{1/2}$  captured via saddle point solve ( $\mathbf{W} \sim \mathcal{N}(0, 1)$ )

$$\begin{pmatrix} -\tilde{\mathbf{M}} & \mathbf{K} \\ \mathbf{K}^T & \mathbf{0} \end{pmatrix} \begin{pmatrix} \boldsymbol{\Lambda} \\ \boldsymbol{\alpha} \end{pmatrix} = \begin{pmatrix} -\tilde{\mathbf{M}} \mathbf{L} \mathbf{X} + \sqrt{\frac{2k_B T}{\Delta t}} \tilde{\mathbf{M}}^{1/2} \mathbf{W} \\ \mathbf{0} \end{pmatrix}$$

$$\Rightarrow \partial_t \mathbf{X} = \text{Deterministic} + \sqrt{\frac{2k_B T}{\Delta t}} \hat{\mathbf{N}}^{1/2} \mathbf{W}$$

- ▶ Last thing: compute actions of  $\tilde{\mathbf{M}}$  and  $\tilde{\mathbf{M}}^{1/2}$

# Mobility: regularized singularities

Immersed boundary style approach

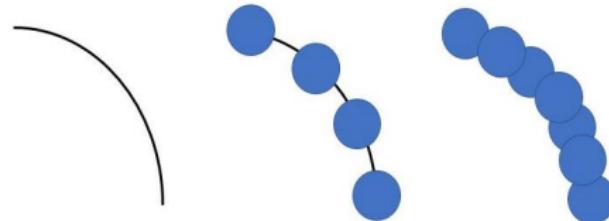
- ▶ Represent fiber as a chain of beads (blobs)
- ▶ Each bead exerts a regularized force on the fluid

$$-\nabla p(\mathbf{x}) + \mu \Delta \mathbf{u}(\mathbf{x}) = -\delta_{\hat{a}}(\mathbf{x} - \mathbf{y})$$

- ▶ Define fluid velocity at bead center as

$$\mathbf{U}(\mathbf{y}) = \int \mathbf{u}(\mathbf{x}) \delta_{\hat{a}}(\mathbf{x} - \mathbf{y}) d\mathbf{y}$$

- ▶ Automatically SPD



## Rotne-Prager-Yamakawa (RPY) mobility

$\delta_{\hat{a}}$  is a  $\delta$  function on the surface of a sphere of radius  $\hat{a}$

- ▶ Solution derived analytically using Fourier techniques

$$8\pi\mu\mathbf{M}_{\text{RPY}}(\mathbf{x}, \mathbf{x}_0; \hat{a}) = \mathbf{S}(\mathbf{x} - \mathbf{x}_0) + \frac{2\hat{a}^2}{3}\mathbf{D}(\mathbf{x} - \mathbf{x}_0) \quad (R \geq 2\hat{a})$$

$$\mathbf{S}(\mathbf{r}) = \frac{\mathbf{I} + \hat{\mathbf{r}}\hat{\mathbf{r}}}{r} \quad \mathbf{D}(\mathbf{r}) = \frac{\mathbf{I} - 3\hat{\mathbf{r}}\hat{\mathbf{r}}}{r^3}$$

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Velocity on fiber  $i$  is given by

$$\mathbf{U}^{(i)}(s) = \sum_j \int_0^L \mathbf{M}_{\text{RPY}}\left(\mathbb{X}^{(i)}(s), \mathbb{X}^{(j)}(s'); \hat{a}\right) \mathbf{f}^{(j)}(s') ds'$$

- Applies for any fiber, not just self
- Equivalent to SBT for specific choice of  $\hat{a} \approx 1.1204a$

## Hydrodynamic mobility: upsampled reference

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- ▶ Apply  $\tilde{\mathbf{M}}_{\text{RPY},u}^{(1/2)}$  fast using positively-split Ewald method (GPU)

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- ▶ Apply  $\tilde{\mathbf{M}}_{\text{RPY},u}^{(1/2)}$  fast using positively-split Ewald method (GPU)
- ▶ Problem: accuracy (# oversampled) limited by self term

## Replacing the self term

Make the self term more efficient through special quadrature scheme

$$\int_0^L \mathbf{M}_{\text{RPY}}(\mathbb{X}(s), \mathbb{X}(s')) \mathbf{f}(s') ds' \\ = \underbrace{\int_{|s-s'| > 2\hat{a}} \left( \mathbf{S}(\mathbb{X}(s), \mathbb{X}(s')) + \frac{2\hat{a}^2}{3} \mathbf{D}(\mathbb{X}(s), \mathbb{X}(s')) \right) \mathbf{f}(s') ds'}_{\text{Special quadrature (based on singularity subtraction)}} \\ + \underbrace{\frac{1}{8\pi\mu} \int_{|s-s'| \leq 2\hat{a}} \left( \left( \frac{4}{3\hat{a}} - \frac{3R(\mathbb{X}(s), \mathbb{X}(s'))}{8\hat{a}^2} \right) \mathbf{I} + \frac{\widehat{\mathbf{RR}}(\mathbb{X}(s), \mathbb{X}(s'))}{8\hat{a}^2} \right) \mathbf{f}(s') ds'}_{\text{Gauss-Legendre quadrature}}$$

Total cost independent of  $\epsilon$

- ▶ SQ scheme independent of  $\epsilon$
- ▶ Gauss-Legendre actually requires less points as  $\epsilon \rightarrow 0$
- ▶ Not guaranteed SPD; symmetrize and truncate eigs  $\rightarrow \tilde{\mathbf{M}}_{\text{SQS}}$
- ▶ Good for local mobility:  $\tilde{\mathbf{M}} = \text{BDiag}\left\{\tilde{\mathbf{M}}_{\text{SQS}}\right\}$

## Nonlocal mobility

Two options

$$(\text{Oversamp}) \quad \tilde{\mathbf{M}}_{\text{ref}} = \tilde{\mathbf{W}}^{-1} \mathbf{E}_u^T \mathbf{W}_u \tilde{\mathbf{M}}_{\text{RPY},u} \mathbf{W}_u \mathbf{E}_u \tilde{\mathbf{W}}^{-1}$$

$$(\text{SQS}) \quad \tilde{\mathbf{M}} = \tilde{\mathbf{M}}_{\text{ref}} - \text{BDiag}\left\{ \tilde{\mathbf{M}}_{\text{ref}} \right\} + \text{BDiag}\left\{ \tilde{\mathbf{M}}_{\text{SQS}} \right\},$$

SQS for many fibers not guaranteed SPD

- ▶ Even for exact quadrature

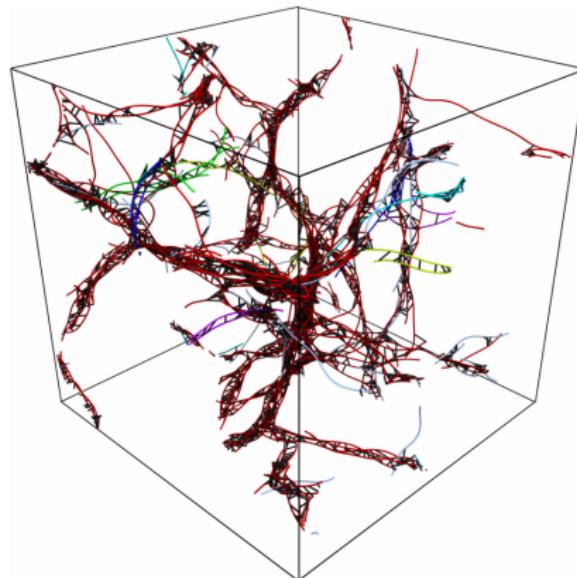
Need something more complicated

- ▶ Split into near + far field, special quad on near?

# Dynamics of bundling in cross-linked actin networks

Couple the fibers to moving cross linkers (CLs, elastic springs)

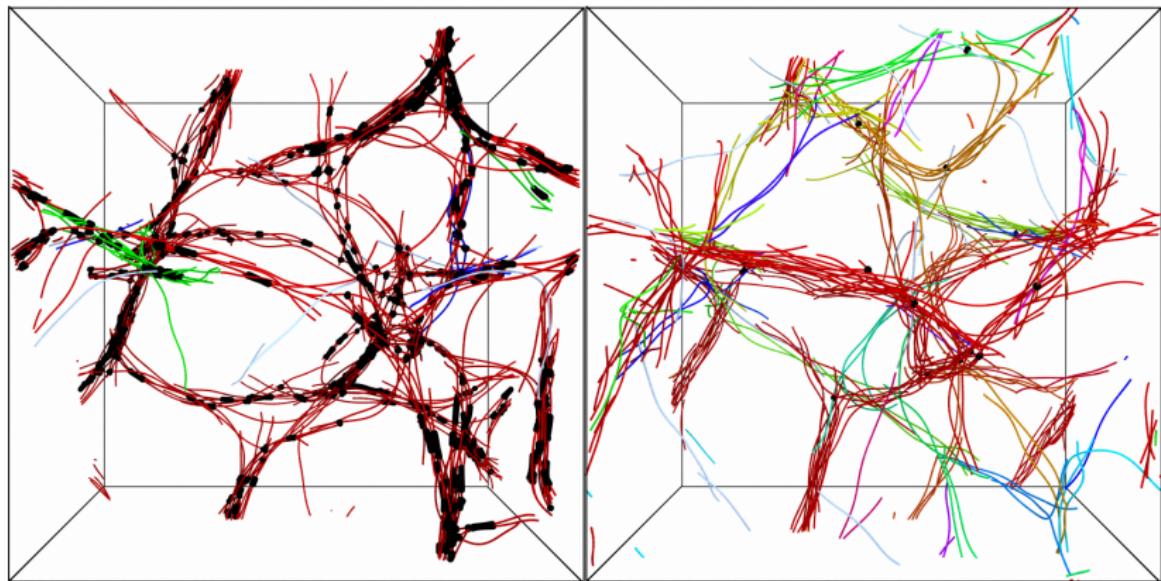
- ▶ CLs bind fibers, pulling them closer together
- ▶ Ratcheting action creates bundles



## Bundling with sterics

Number of contacts reduced by 99% using “soft” erf potential  
(Gaussian force)

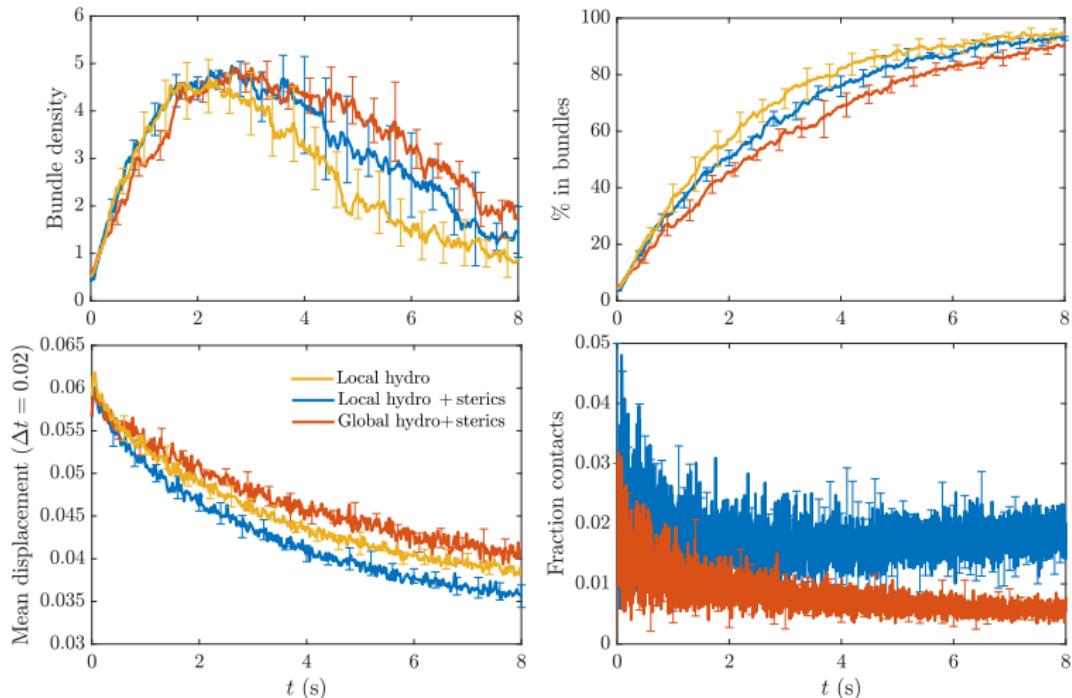
- ▶ But 5× time step reduction required



## Sterics and hydrodynamics: small $\Delta t$

- ▶ Hydrodynamics reduces speed of bundling
- ▶ Reduces # of contacts

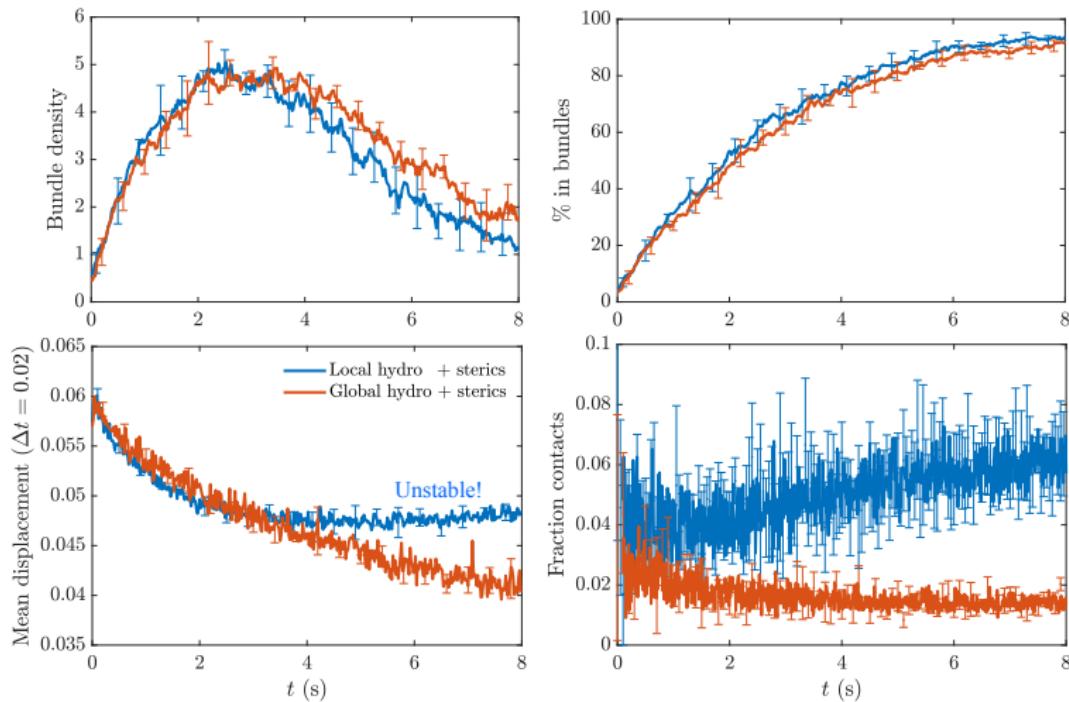
$$\Delta t = 2 \times 10^{-5}$$



# Sterics and hydrodynamics: larger $\Delta t$

- Larger time step size with hydro (but more expensive)

$$\Delta t = 5 \times 10^{-5}$$



# Conclusions

Developed algorithm for slender fiber simulations with

- ▶ Thermal fluctuations
- ▶ Hydrodynamic interactions
- ▶ Steric repulsion

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- ▶ Typical factor  $0.4/\epsilon$  (at most 400 for bio filaments)

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Developed algorithm for slender fiber simulations with

- ▶ Thermal fluctuations
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Future extensions

- ▶ Molecular motors
- ▶ Branched filaments

# Conclusions

Developed algorithm for slender fiber simulations with

- ▶ Thermal fluctuations
- ▶ Hydrodynamic interactions
- ▶ Steric repulsion

A loose end: the mobility oversampling

- ▶ Typical factor  $0.4/\epsilon$  (at most 400 for bio filaments)

Future extensions

- ▶ Molecular motors
- ▶ Branched filaments

Software available

- ▶ <https://slenderbody.readthedocs.io/>

## (Other) Acknowledgments



## Special quadratures for Stokeslet and doublet

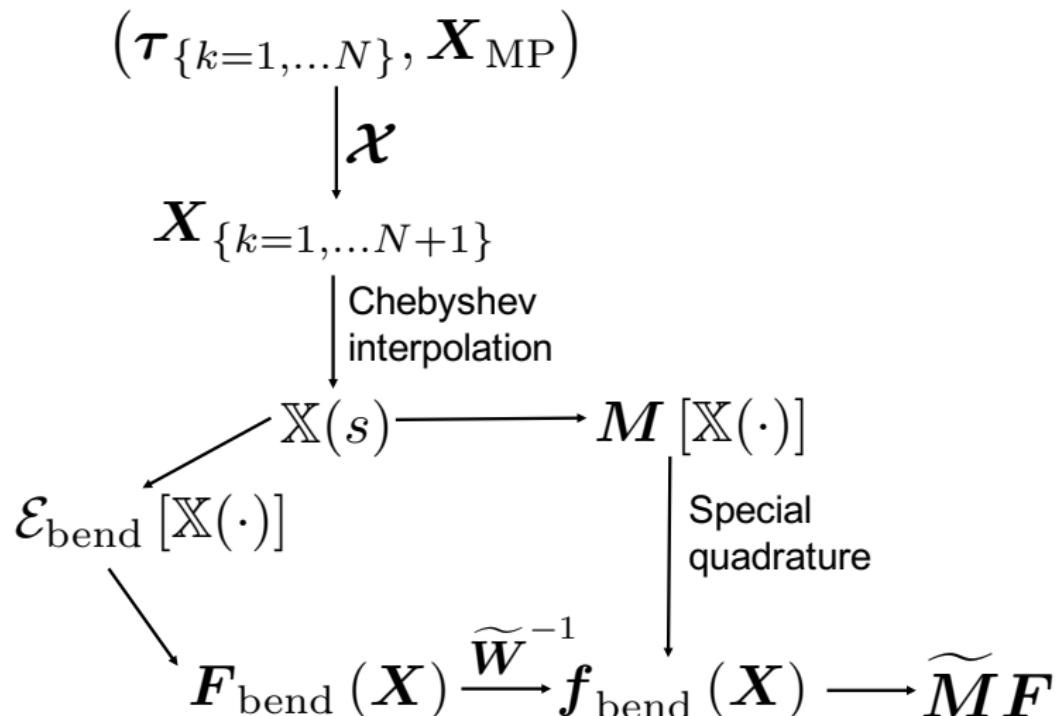
Factor out leading order singularity

$$\begin{aligned}\mathbf{U}^{(S)} &= \int_{D(s)} \mathbf{S}(\mathbb{X}(s), \mathbb{X}(s')) \mathbf{f}(s') ds' \\ &= \frac{1}{8\pi\mu} \underbrace{\int_{D(s)} \left( \frac{\mathbf{I} + \widehat{\partial_s \mathbb{X}}(s) \widehat{\partial_s \mathbb{X}}(s)}{\|\partial_s \mathbb{X}(s)\| |s - s'|} \right) \mathbf{f}(s) ds'}_{\text{Evaluate analytically}} \\ &\quad + \int_{D(s)} \left( \mathbf{S}(\mathbb{X}(s), \mathbb{X}(s')) \mathbf{f}(s') - \frac{1}{8\pi\mu} \left( \frac{\mathbf{I} + \widehat{\partial_s \mathbb{X}}(s) \widehat{\partial_s \mathbb{X}}(s)}{|s - s'|} \right) \mathbf{f}(s) \right) ds'\end{aligned}$$

Remaining integral can be written as  $\mathbf{g}(s, s') \text{sign}(s - s')$

- ▶ Expand  $\mathbf{g}(s, s')$  in Chebyshev basis in  $s'$
- ▶ Precompute  $\int T_k(s') \text{sign}(s - s')$  for each  $s$
- ▶ Adjoint method can obtain integrals from values of  $\mathbf{g}$

## Applying mobility



## Discrete part: inextensibility

Langevin equation must be modified because of inextensibility

- ▶  $\tau_{\{i\}}$  remains unit vector, rotates as rigid rod (ang. vel.  $\Omega_{\{i\}}$ )

$$\partial_t \tau_{\{i\}} = \Omega_{\{i\}} \times \tau_{\{i\}} \rightarrow \partial_t \tau = -\mathbf{C} \Omega$$

- ▶ Results in constrained motions for  $\mathbf{X}$

$$\partial_t \mathbf{X} = \mathcal{X} \begin{pmatrix} -\mathbf{C} & \mathbf{0} \\ \mathbf{0} & \mathbf{I} \end{pmatrix} \begin{pmatrix} \Omega \\ \mathbf{U}_{MP} \end{pmatrix} := \mathcal{X} \bar{\mathbf{C}} \alpha := \mathbf{K} \alpha$$

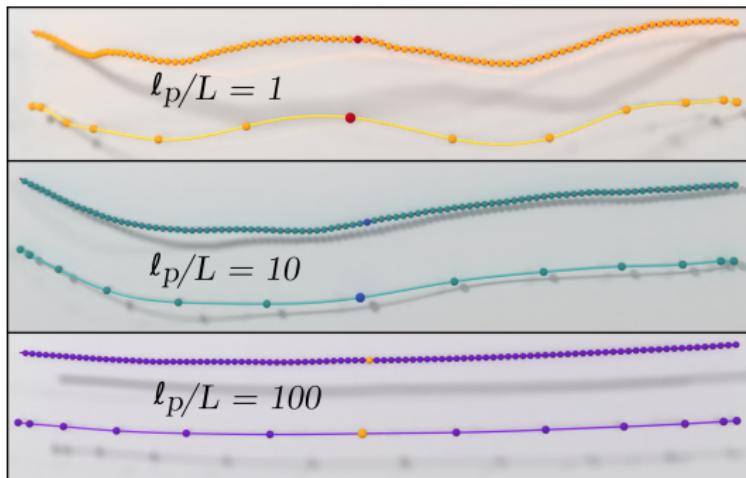
- ▶ Discrete time: solve for  $\alpha = (\Omega, \mathbf{U}_{MP})$ , rotate by  $\Omega \Delta t$ , update  $\mathbf{X}_{MP}$

## Continuum part: energy

Fibers resist bending according to curvature energy *functional*

$$\mathcal{E}_{\text{bend}} [\mathbb{X}(\cdot)] = \frac{\kappa}{2} \int_0^L \partial_s^2 \mathbb{X}(s) \cdot \partial_s^2 \mathbb{X}(s) ds$$

- ▶  $\kappa$  = bending stiffness
- ▶  $\ell_p = \kappa/(k_B T)$  defines a “persistence length”
- ▶ Fibers bend on this length, shorter than this straight
- ▶ Hope for spectral methods when  $\ell_p \simeq L$  (actin)



## Discretizing force

Obtain from energy functional to ensure discrete force/torque balance

$$\begin{aligned}\mathcal{E}_{\text{bend}} [\mathbb{X}(\cdot)] &= \frac{\kappa}{2} \int_0^L \partial_s^2 \mathbb{X}(s) \cdot \partial_s^2 \mathbb{X}(s) \, ds \\ &= \frac{\kappa}{2} (\mathbf{E}_{N_x \rightarrow 2N_x} \mathbf{D}^2 \mathbf{X})^T \mathbf{W}_{2N} (\mathbf{E}_{N_x \rightarrow 2N_x} \mathbf{D}^2 \mathbf{X}) \\ &= \frac{\kappa}{2} (\mathbf{D}^2 \mathbf{X})^T \widetilde{\mathbf{W}} (\mathbf{D}^2 \mathbf{X}) \\ &= (1/2) \mathbf{X}^T \mathbf{L} \mathbf{X}\end{aligned}$$

- ▶ Upsampling to grid of size  $2N_x$  to integrate *exactly*
- ▶ No aliasing
- ▶ Corresponds to  $L^2$  inner product weights matrix  $\widetilde{\mathbf{W}}$
- ▶ Force  $\mathbf{F} = -\partial \mathcal{E} / \partial \mathbf{X} = -\mathbf{L} \mathbf{X}$
- ▶ Force density  $\mathbf{f} = \widetilde{\mathbf{W}}^{-1} \mathbf{F} (\langle \mathbf{X}, \mathbf{f} \rangle_{L^2} = \mathbf{X}^T \mathbf{F})$

## Steric interactions

Consider steric interaction energy

$$\mathcal{E}^{(i)ij(s)} = \int_0^L \int_0^L \hat{\mathcal{E}} \left( r \left( \mathbb{X}^{(i)}(s^{(i)}), \mathbb{X}^{(j)}(s^{(j)}) \right) \right) ds^{(i)} ds^{(j)},$$

Use error function so force is Gaussian with  $\delta \sim a$

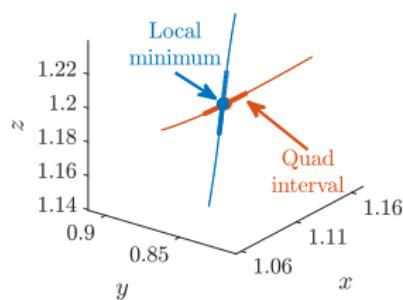
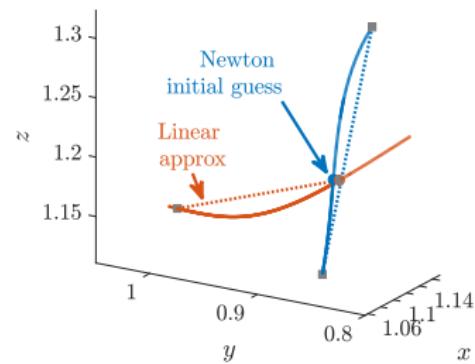
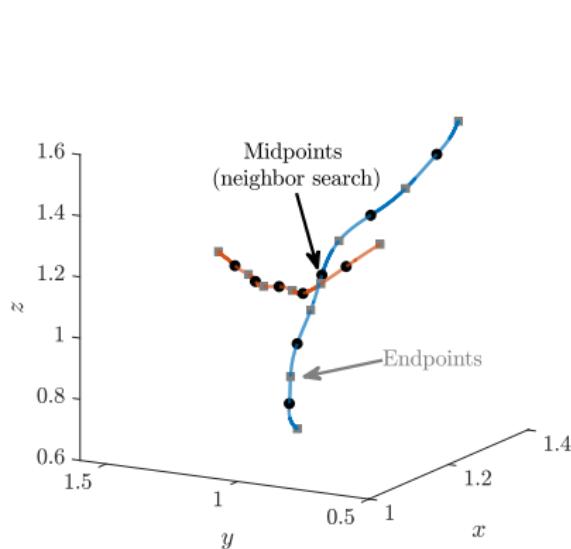
$$\hat{\mathcal{E}}(r) = \frac{\mathcal{E}_0}{a^2} \operatorname{erf} \left( r / (\delta \sqrt{2}) \right)$$

$$\frac{d\hat{\mathcal{E}}}{dr} = \frac{\mathcal{E}_0}{a^2 \delta} \sqrt{\frac{2}{\pi}} \exp \left( -r^2 / (2\delta^2) \right)$$

Evaluate integral discretely  $\rightarrow$  differentiate to get force

# Evaluating integrals

Brute force way: oversample points ( $N_u \sim L/\delta \sim 1/\epsilon$ ) to determine contacting intervals



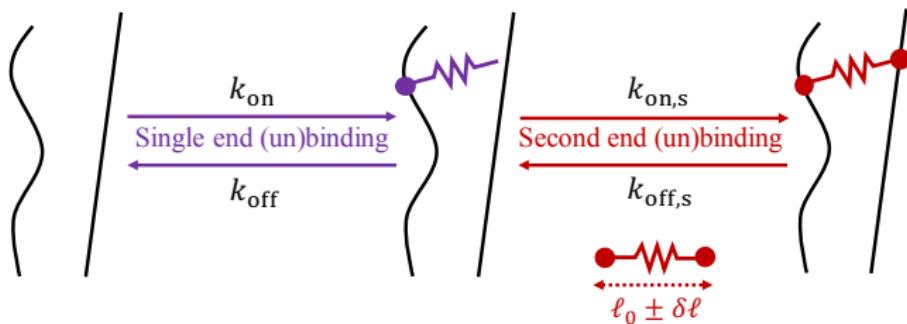
# Transient cross linking

Two components to it

- ▶ Position of linker attachments / connectivity list (SSA)
- ▶ Force given connectivity list (smoothed  $\delta$  function)

Assumptions behind linking algorithm

- ▶ Infinite reservoir of linkers (amount controlled by  $k_{\text{on}}/k_{\text{off}}$ )
- ▶ Diffusion is fast
- ▶ Just consider four rates
- ▶ Choose  $k_{\text{on},s}$  to maintain detailed balance



## Goals for bundling

Filaments move in three ways

1. Cross linking forces
2. “Rigid body” translation and rotation
3. *Semiflexible* bending fluctuations

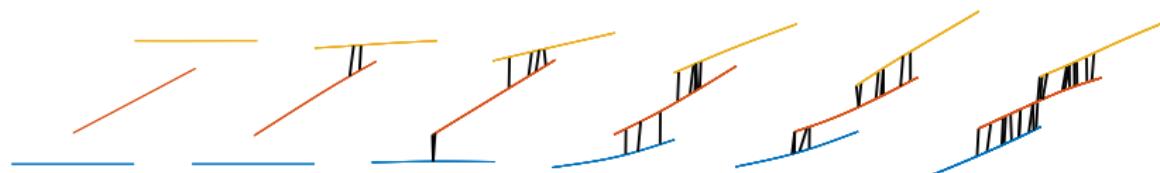
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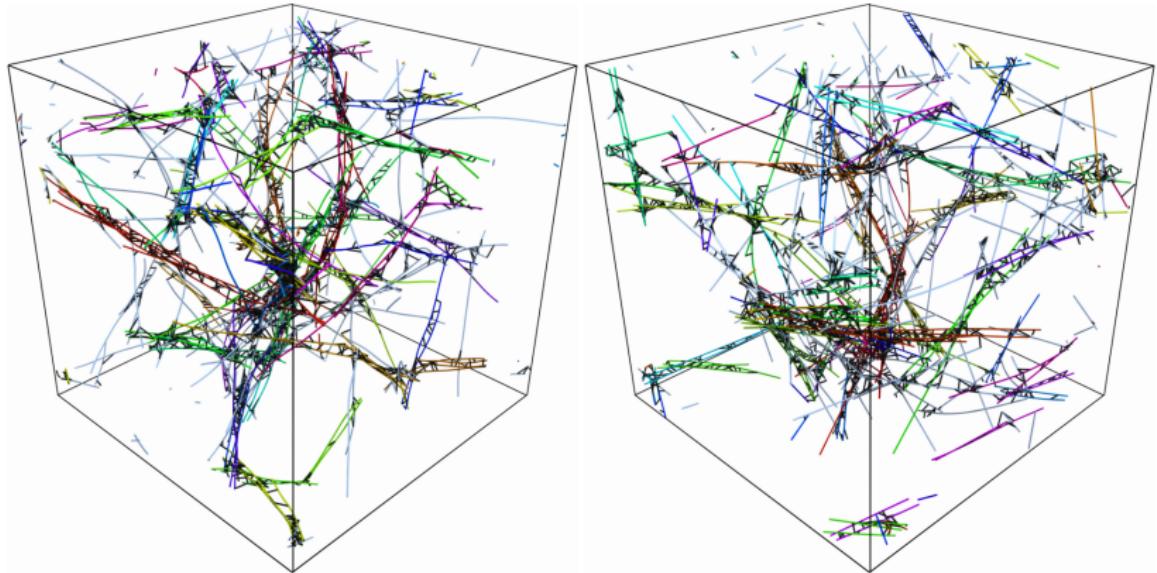
1. Cross linking forces
2. “Rigid body” translation and rotation
3. *Semiflexible* bending fluctuations

Goal is to explore the role of the bending flcuts

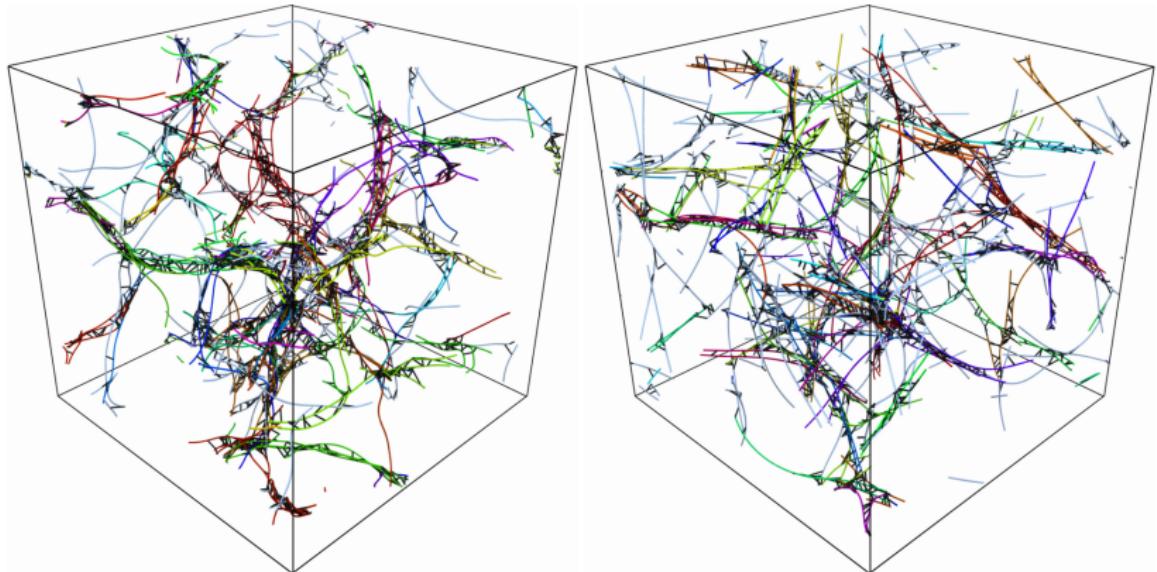
- ▶ Intuition: fluctuations increase binding frequency
- ▶ How small does  $\ell_p$  have to be?
- ▶ Strategy: simulate fibers with #1 and #2 only, compare to fluctuating



Movie:  $\ell_p/L = 10$

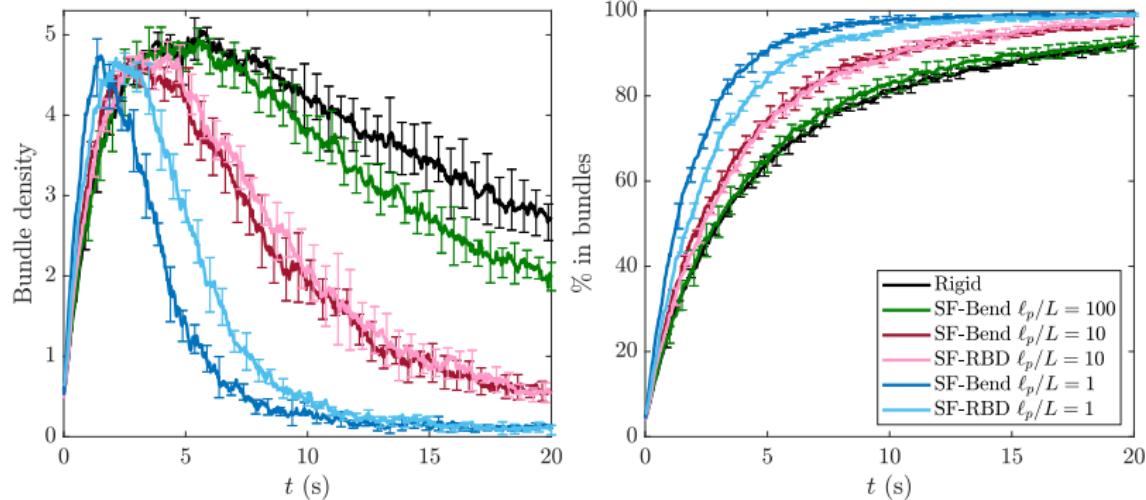


Movie:  $\ell_p/L = 1$



# Bundling statistics

## Statistics confirm movies



- ▶  $\ell_p/L = 100$ : similar to rigid
- ▶  $\ell_p/L = 10$ : small difference from “RBD” filaments *without* bending fluctuations
- ▶  $\ell_p/L = 1$ : speed-up due to semiflexible bending fluctuations
- ▶ Actin *in vivo*:  $\ell_p/L \approx 30$