Group Process Evaluation Form (Adrien, November 13, 2019) Individually, reflect on your group's dynamics and – anonymously – rate them according to each of the following variables (using a scale from 1 to 5). As a group, discuss the results and brainstorm concrete ways to improve your group processes. Goals Goals are unclear or poorly 2 3 Goals are clear, understood, and 1 4 5 have the full commitment of team understood, resulting in little commitment to them. members. **Openness** Members are guarded or cautious 1 2 3 4 5 Members express thoughts, in discussions. feelings, and ideas freely. X **Mutual Trust** Members are suspicious of one 1 2 3 4 5 Members trust one another and another's motives. do not fear ridicule or reprisal. X **Attitudes Toward Difference** Members smooth over 1 2 3 4 Members feel free to voice differences and suppress or avoid differences and work through X conflict. them. Support Members are reluctant to ask for 2 3 5 Members are comfortable giving 1 4 or give help. and receiving help. X **Participation** All members are involved in Discussion is generally 2 3 5 dominated by a few members. discussion. X **Decision-making** All members are involved in Decisions are made by only a few 2 3 5 1 4 members. X decision-making.

Flexibility						
The group is locked into established rules and procedures that members find difficult to change.	1	2	3	4	5 x	Members readily change procedures in response to new situations.
Use of Member Resources						
Individuals' abilities, knowledge and experience is not well utilized.	1	2	3	4 x	5	Each member's abilities, knowledge, and experience are fully utilized.

Adapted from Russ Christianson, CoopZone.