

the 1990s, the number of people with a mental health problem has increased by 50% (Mental Health Foundation 1999). The prevalence of mental health problems has increased in the UK, and this is reflected in the increase in the number of people with mental health problems who are in contact with mental health services (Mental Health Foundation 1999).

There is a growing awareness of the need to address the needs of people with mental health problems who are in contact with mental health services. This is reflected in the increasing number of people with mental health problems who are in contact with mental health services (Mental Health Foundation 1999).

The purpose of this study was to explore the experiences of people with mental health problems who are in contact with mental health services. The study was conducted in a mental health service in the UK. The study was conducted in a mental health service in the UK.

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