

Ailments and treatments

- **An ailment:** a term close to the word illness.
- **A sick leave:** when you are permitted to be absent at work because of illness.
- **The fever:** an augmentation of body's temperature.
- **A wound:** when your body was hurt or injured.
- **A sprain:** a trauma that is created if you twist your ligaments violently.
- **To treat (oneself):** when you follow what doctor advised you to do in a prescription.



- **A splint :**
- **To ache all over:** all your body is painful, usually after sport.
- **To sneeze:** if you sneeze, people will say you "Bless you".



- **To catch/ to have a cold:** when you cough and blow your nose.



- **To have a sore throat:**

- **Medicines:** tablets, drops, pills and capsules prescribed by a doctor.
- **An ointment:** something that you apply on your skin when you have been hurt.



WHO ?

- **The general practitioner (GP):** a medical professional devoted to every chronic and not specific ailment.
- **The nurse:** usually considered as a women's job, a nurse has to take care of the patient.
- **The chemist:** a person who sells medicines.
- **A midwife:** a medical professional that helps women to deliver babies.

- **To shiver:** when you are trembling, and cold.
- **Flu:** a type of disease which is very common in winter. You fell exhausted, and you have fever, shivering and aches.
- **Swollen:** "I have a sprain; my ankle is twice as big now. It is swollen."
- **A bruise:** colours that appear on your skin after a traumatism.
- **A bump:**



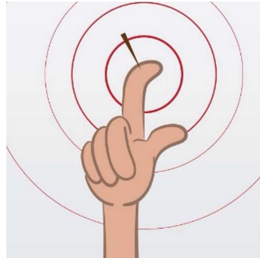
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- **A plaster cast :**

- **A blister:** after a long walk, you can have blisters on your feet.

- **A splinter:**



- **"His teeth are chattering":** during the winter, caused by cold temperature. Your teeth are moving very rapidly even if you don't want it.

- **"She is going to faint":** she is going to pass out.

- **A shot:** medical action created to inject a medicine in your body.



- **"I am coming down with the flu":** you felt that you will fall ill soon.

- **To fall ill:** the beginning of an illness.

- **To book an appointment:** when you call the doctor's secretary for a meeting.

- **To walk with crutches:** what help you to walk when you have a plaster cast.

- **To feel dizzy:** when you have sensation that all is turning around.

- **Itchy skin:** irritating sensation that makes you want scratch.

- **Disability:** it's a physical or mental condition that limits movements, senses or activities of a person.

Idiomatic expressions:

- **To go under the knife:** to go at hospital for surgery.

- **To feel under the weather:** to feel sick.

- **To pull through:** when you are at the end of your illness and you feel better.

- **To feel on top of the world:** feeling in a great shape.

- **"a head shrinker" :** familiar words to say "a psychiatrist".