



# NOVA postdoc retreat

November 30<sup>th</sup> – December 1<sup>st</sup>, 2023  
Golden Tulip hotel, Schipholweg 3, 2316 XB Leiden



## Day 1 – November 30<sup>th</sup>

### 10:30 – 12:30 Grants and careers part 1

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- 10:30 – 11:30 Interactive introductory session (local organisers, Leiden University).  
11:30 – 12:30 How to succeed at grant proposals writing (Speaker to be announced).

### 12:30 – 13:30 Lunch

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Catered lunch at the conference venue.

### 13:30 – 18:30 Grants and careers part 2

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- 13:30 – 14:20 Career path of Prof. Stéphanie Cazaux (TU Delft).  
14:30 – 16:00 Interview processes and job applications (Kick Moors, Leiden University).  
16:00 – 16:30 Break.  
16:30 – 17:20 Career path of Prof. Ignas Snellen (Director, Leiden Observatory).  
17:20 – 18:10 Non-academic career path of Dr. Carlos Rochas.

### 18:40 Dinner and social activities

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- 18:40 – 19:00 (Optional) walk from venue reception to restaurant.  
19:00 – 22:00 Catered dinner at *La Bota*, Herensteeg 9 ([www.labota.nl](http://www.labota.nl)).  
22:00 – 23:30 (Optional) drink at *North End*, Noordeinde 55 ([www.north-end.nl](http://www.north-end.nl)).

## Day 2 – December 1<sup>st</sup>

### 08:30 – 12:30 Clear management and leadership with impact

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Effective leadership for post-docs ([Vincent Hendriks](#), [ARDIS](#) management consultancy). This course covers topics of high relevance to early- and mid-career researchers:

- Coaching and motivating subordinates.
- Providing constructive feedback.
- Making clear agreements.
- Managing downwards, upwards, and sideways.

During this session breaks are scheduled by the course holder.

### 12:30 – 13:30 Lunch

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Catered lunch at the conference venue.

### 13:30 – 16:30 Effective presentations

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Effective presentations training ([Karin Herrebout](#), [Moile Moile](#)). This is an interactive session. The session will focus on areas not normally covered including:

- Clear voice use and voice projection.
- Use of non-verbal communications while presenting.
- Make your story heard, seen, and felt.

During this session breaks are scheduled by the course holder.