



NOVA postdoc retreat

November 30th – December 1st, 2023
Golden Tulip hotel, Schipholweg 3, 2316 XB Leiden



Day 1 – November 30th

10:30 – 12:30 Grants and careers part 1

- 10:30 – 11:30 Interactive introductory session (local organisers, Leiden University).
11:30 – 12:30 How to succeed at grant proposals writing (Speaker to be announced).

12:30 – 13:30 Lunch

Catered lunch at the conference venue.

13:30 – 18:30 Grants and careers part 2

- 13:30 – 14:20 Career path of Prof. Stéphanie Cazaux (TU Delft).
14:30 – 16:00 Interview processes and job applications (Kick Moors, Leiden University).
16:00 – 16:30 Break.
16:30 – 17:20 Career path of Prof. Ignas Snellen (Director, Leiden Observatory).
17:20 – 18:10 Non-academic career path of Dr. Carlos Rochas.

18:40 Dinner and social activities

- 18:40 – 19:00 (Optional) walk from venue reception to restaurant.
19:00 – 22:00 Catered dinner at *La Bota*, Herensteeg 9 (www.labota.nl).
22:00 – 23:30 (Optional) drink at *North End*, Noordeinde 55 (www.north-end.nl).

Day 2 – December 1st

08:30 – 12:30 Clear management and leadership with impact

Effective leadership for post-docs ([Vincent Hendriks](#), [ARDIS](#) management consultancy). This course covers topics of high relevance to early- and mid-career researchers:

- Coaching and motivating subordinates.
- Providing constructive feedback.
- Making clear agreements.
- Managing downwards, upwards, and sideways.

During this session breaks are scheduled by the course holder.

12:30 – 13:30 Lunch

Catered lunch at the conference venue.

13:30 – 16:30 Effective presentations

Effective presentations training ([Karin Herrebout](#), [Moile Moile](#)). This is an interactive session. The session will focus on areas not normally covered including:

- Clear voice use and voice projection.
- Use of non-verbal communications while presenting.
- Make your story heard, seen, and felt.

During this session breaks are scheduled by the course holder.