

Unit 1

1 Jasmine's presentation

Jasmine:

Hello! My name is Jasmine and today I'd like to talk to you about success. My presentation is called: "Push yourself!"

Some people say, you don't have to push yourself. Your school pushes you and maybe your parents push you, so you have to stop and enjoy life when you can.

I say no. You'll enjoy life more if you are successful at the things you like. You don't have to be successful at everything, but you have to find the things that you love. Only you can understand what those things are. Only you can push yourself to be good at them.

I write songs. Do you think it's easy? No, it's often very difficult. I don't have much time after school and I often feel tired. But I know one thing: If I write a good song, I'll feel great! So I push myself. If I stayed on the sofa and watched TV or played computer games all evening, I'd soon get bored and I wouldn't be proud of myself. It's fantastic to feel proud of yourself.

Your parents want to be proud of you too, but they mustn't make life too hard for you. If they push you to be good at things you don't enjoy, they'll be disappointed. So my advice is: Stay the way you are and show them your real talents.

Everyone is good at something. And I say, if you find that something and if you push yourself to do it well, your life will be wonderful!

Thank you for listening.