

A group of diverse people are in a gym, performing a lunge exercise with their arms raised. In the foreground, a man in a blue t-shirt and black shorts is in a lunge position. Behind him, a woman in a black sports bra and grey leggings is also in a lunge. To the right, another woman in a white sports bra with the word 'FLEX' on it and grey leggings is in a lunge. In the background, a man in a white tank top and another woman in a white long-sleeved shirt and black shorts are also in a lunge. The gym has a wooden wall on the left with a pull-up bar and wooden boxes in the background.

Snapshot

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