

# **Zahra Mohammed Qudsei**

*Pediatric nurse specialist*

## **About me**

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Riyadh-Qurtabah

## **Achievements**

**2019-** Publication for my thesis:  
"Assessment of anxiety for newly  
admitted children for hospital in  
Jeddah " under process,

**2018-**Speaker in the 5<sup>th</sup> international  
conference of al-Amal complex,  
addiction therapy, Jeddah

**2018-**Leader of team ward 42-  
KASCH-Riyadh, 1<sup>st</sup> winner  
"Antibiotics Awareness Week"

**2016-**Award for best volunteer  
initiative(Wjody fi wjody)-Majid  
society-Jeddah.

**2014-**Establishing a voluntary  
initiative (Wjody fi wjody) aiming 25  
of orphaned children to guide them  
through a comprehensive  
development program that includes  
lectures, interactive activities, projects  
and trips by a great volunteer team of  
70 young men and women of different  
ages and backgrounds. Leading the  
team and doing comprehensive  
supervision of the initiative and  
participation in all administrative  
tasks and other plus communication  
related to escorting children were  
accomplished through this initiative  
by (414 ) volunteer hours .

Pediatric nurse with 9+ years of experience in high standard institutions.  
Interested in developing healthcare and nursing, and making real difference and  
change to the best in the world and taking level of healthcare to the highest of  
quality and excellences by working on both, the children and the nurses.  
Responsible and capable to work hardly and deal with complicated situations.  
Ambitious and self-motivated, able to bring imagined ideas to reality. With a  
creative, adaptable nature and interested in developing myself, other and world for  
better future, through clear touch of beauty and positivity.

## **Education**

## **Background**

## **Others**

**2011 to 2016-**

**King Saud University-Nursing college -Maternity  
and Childhood department-Master degree –  
Riyadh**

Graduated with ability to make researches, design a  
nursing care plan based on nursing theories, analyze  
health services in real institutions, deal with pediatric  
complicated situation, critical thinking, and critique  
and solve problems. In addition, developed skill for  
preparing and giving lecture.

**1994 to 1999-**

**King Abdul-Aziz University-Nursing college --  
Bachelor degree -Jeddah**

Graduated with basic science of human and  
fundamental of nursing profession.

**2020-**

**General Organization for Technical and  
Vocational Training -Training of Trainers, Certified  
Trainer**

**2018-**

**University of California, San Diego-Cousera-Online  
Learning how to learn:** powerful mental tools to  
help you master tough subjects.

**2008 to 2009 -**

**National guard health affairs, King Abdulla  
International Medical Research Center ,Barnett  
educational services- Clinical research coordinator  
training program – Riyadh**

Gained skill about how to do and to work on research  
individually and within a team, plus ethics and right  
of participants and how to facilitate result of research  
as evidence based practice.

## **ZAHRA QUDSEI**

**2013**-Nomination for the final stage of the contest..”kon mohammedian “ –Effat university –Jeddah

**2013**-Work shop presenter in ; Nursing symposium “leading through change: excellence beyond limits”-king Faisal specialist hospital &research center-Riyadh

**2013**-Presenter of ; The power of self-image in nursing – king Khalid national guard hospital –Jeddah

**2004**-Lecturer in ; Nursing care for digestive system –Ajyad general hospital –Makah

### ***Skills***

Planning &organizing,

Leadership & Management

Speech & presentation  
,Communication.

Computers (ICDL)2008.

### ***Interests***

Kids teaching and guiding,

Planning &Preparation for programs and activities,

Photography ,arts& Mixed media,

### ***Language***

Arabic\*\*\*\*\* (native)

English\*\*\*\* (fluent)

French& Italian \*\* (beginner)

## ***Work Experiences***

**2018 (July) to 2020(March)**

**National Guard Health affaires –king Abdullah specialist children's hospital–Riyadh.**

Handled complete responsibilities of pediatric patients,medical and surgicalcases for diagnostic or surgery purposes,Communicating effectively with multidispilnary team plus pediatric patients and families, Caring for patients who are suffering from acute and long-term illnesses and diseases, Guiding for newly graduated nurse, Preparing and giving lectures ,Participating with team in hospital activities.

**2006 (June)to 2007(July)**

**National Guard Health Affaires –Primary Care Center –Madinah**

Handled complete responsibilities of nurse in-charge including :administration tasks plus patient care providing for kids and adult for different clinics and emergency room ,in addition to assist in other task such store and supplies management and laboratory duties.

**2002(July) to 2006(March)-**

**King Khalid national guard hospital-pediatric surgery-Jeddah**

Handled complete responsibilities as patient care providing for varies diagnostic and surgical cases plus nurse in-charge and some of nurse manger (administrative) tasks when she is on leave, in addition to educating and guiding for newly graduated nurses.

**2000(December)-2002(May)**

**King Abdul Aziz university hospital-pediatric surgery—Jeddah**

Handled complete responsibilities as patient care providing for varies diagnostic and surgical cases plus nurse in-charge responsibilities, in addition to educating and guiding for newly graduated nurses.