

PARTICIPANT INFORMATION STATEMENT AND CONSENT FORM

An Experimental Investigation into Flow and Mind Wandering

1. What is the research study about?

You are invited to take part in this research study. The research study aims to experimentally investigate the relationship between flow (the mental state that arises when one is immersed in an activity) and mind wandering. You have been invited because you expressed interest in the experiment through the SONA-1 system.

2. Who is conducting this research?

The study is being carried out by the following researchers: [Professor Joel Pearson and Mr Eugene Kwok (Future Minds Lab, School of Psychology, Level 16 Mathews Building).
Research Funder: This research is being funded by UNSW.

3. Do I have to take part in this research study?

Participation in this research study is voluntary. If you do not want to take part, you do not have to. If you decide to take part and later change your mind, you are free to withdraw from the study at any stage (See Item 11).

4. What does participation in this research require, and are there any risks involved?

If you decide to take part in the research study, we will ask you to play a game of Tetris on a computer (online). During this time, you will also answer some questions about your mental and attentional states.

We don't expect this research to cause any harm. However, you may skip any or all written or verbal questions if you wish. Please let the researchers know if you need any assistance for any reason.

5. Total participation time

In total, participation in this study will require approximately 30 minutes.

6. Recompense to participants

You will receive 0.5 SONA credits as recompense for your participation.

7. What are the possible benefits to participation?

We cannot promise that you will receive any benefits from this study, but we hope to use the findings from this study to better understand the relationship between flow and mind wandering.

8. What will happen to information about me?

The information that you give us will be kept for a minimum of 5 years (the minimum retention period that data must be stored after research publication according to research guidelines after the project's completion. We will store information about you in a non-identifiable, private and secure format in password-protected computers inside Future Minds Lab.

Your information will only be used for strictly research purposes only. Any published results will be deidentified and anonymous. Information collected for this research project may be made available to other research projects in de-identified form only.

9. How and when will I find out what the results of the research study are?

The research team intend to publish and/ report the results of the research study in a variety of ways. All information published will be done in a way that will not identify you. If you would like to receive a copy of the results you can let the research team know by adding your email address on the comments page at the end of the experiment. We will only use these details to send you the results of the research.

10. What if I want to withdraw from the research study?

If you do consent to participate, you may withdraw at any time. You do not have to give any reason for withdrawing. However, please let the researcher know by email or a phone call.

Your decision not to participate or to withdraw from the study will not affect your relationship with UNSW Sydney. If you decide to withdraw from the research study, the researchers will not collect additional information from you. Any identifiable information about you will be withdrawn from the research project.

11. What should I do if I have further questions about my involvement in the research study?

If you require further information regarding this study or if you have any problems that may be related to your involvement in the study, you can contact the following member/s of the research team:

Research Team Contact Details

Chief Investigator	Joel Pearson
Position	Professor
Telephone	9385 3969
Email	jpearson@unsw.edu.au

What if I have a complaint or any concerns about the research study?

If you have a complaint regarding any aspect of the study or the way it is being conducted, please contact the UNSW Human Ethics Coordinator:

Complaints Contact

Position	UNSW Human Research Ethics Coordinator
Telephone	+ 61 2 9385 6222
Email	humanethics@unsw.edu.au
HC Reference Number	3426

Consent Form

Declaration by the participant

- I understand I am being asked to provide consent to participate in this research study;
- I have read the Participant Information Sheet or someone has read it to me in a language that I understand;
- I understand the purposes, study tasks and risks of the research described in the study;
- I provide my consent for the information collected about me to be used for the purpose of this research study only.
- I have been given contact details of the researchers to enable me to ask questions about my participation.
- I freely agree to participate in this research study as described and understand that I am free to withdraw at any time during the study and withdrawal will not affect my relationship with any of the named organisations and/or research team members;
- If you would like to receive a copy of the study results when/if they are published via email, please leave your email on the comments page at the end of the experiment.

Please click next at the bottom of this page if you consent to participating in this research.