**雅思阅读中同义替换词大总结**

1. **限制：limit, restrict, confine, define, narrow, tighten, constrict, cap,**   
   narrow(v.): 这个词大家以前使用的时候一般都是作为形容词来用，这里强调下它的动词的用法。  
   E.g. We are working on narrowing the gap between our points of view. 缩小差距  
   E.g. We’re working to narrow down the list of possible suspects.  
   E.g. The smoking causes the same diseases in women as in men and the gap between their death rates is narrowing.  
   define (v.): 这个词大家以前熟悉的意思是给……下定义, 这个意思和限制并不矛盾，什么叫下定义？就是描述出一个事物的轮廓，所以定义就是在一个给定的范围内给一个事物限定的特定的意思。（define的英文解释： If you define something, you show, describe, or state clearly what it is and what its limits are, or what it is like）  
   E.g. The Supreme Court decision could define how far Congress can go in trying to determine the outcome of court cases.  
   cap (n./v.): 这个词最常用的意思是帽子的意思，作为限制的意思再形象不过了。E.g. The government has placed a cap on local council spending.  
   snow-capped mountains  
   补充信息：魔兽世界（WOW）的资料片燃烧的远征（TBC）刚刚推出的时候，在官网上就有这么句话：An increase in the level cap to 70 大家不妨体会下这句话中的cap的意思在NBA里面就有工资帽这种说法（工资帽的概念1984年被引入，NBA联盟和球员工会之间首先进行谈判，只有双方同意，工资帽才被正式公布。每年NBA的工资帽都在增加，1997-98赛季是2690万美元，上赛季是4384万美元，而如今则是4387万美元。那么什么是工资帽呢？工资帽的具体数额和NBA前一年的总收入密切相关。具体来说，这个工资帽是根据NBA前一年的总收入，然后取这个总收入的48％作为NBA球队花钱的资本，再拿这个48％后的收入再除以29（NBA上赛季球队总数），得出的平均数就是当年的工资帽，各球队花在球员身上的工资总额不得超过这个数字。）
2. **集中，聚焦于：focus on, concentrate on, aim, spotlight, be engrossed in, lay/place/put emphasis on, deal only with, highlight,**   
   spotlight(v./n.): 本意是聚光灯的意思  
   E.g. A new report has turned the spotlight on the problem of poverty in the inner cities.  
   E.g. The report has turned the spotlight on the startling rise in street crime.  
   E.g. Unemployment is once again in the spotlight.  
   E.g. The article spotlights the problems of the homeless.  
   engross (v.): 全神贯注于某事  
   E.g. The scene was stunning, and for a time engrossed all our attention.  
   E.g. He was so engrossed in his book that he didn’t hear her come in.  
   highlight(v./n.): 本意为用高亮度标记  
   E.g. The incident has served to highlight the problems of urban deprivation.|  
   highlight 作名词用表示一系列事情的亮点，高潮，最精彩所在，  
   E.g. That weekend in Venice was definitely the highlight of our trip.  
   E.g. The highlight of the trip was visiting the Great Wall of China.
3. **现代的，最新的：contemporary, modern, current, present, recent, up-to-date, latest**  
   这里需要注意latest不要翻成最晚的，是最新的，最近的意思  
   up-to-date(a.): 最新的  
   E.g. They have access to up-to-date information through a computer database.  
   latest (a.):最新的  
   E.g. the latest fashions from the Paris catwalks.  
   contemporary: 现代的，这个词准确的来说和最近的（latest）意思还是有区别的，不果的阅读考试大部分词考得都是词和词之间的相关性，其实也不太有可能两个词的意思是完全一样的，一般来说只要他们意思相关，并且不发生矛盾的话，我们就可以认为他们之间是同义词。这也就是为什么contemporary会和latest在一组的原因了。
4. **增长：grow, increase, expand, rise, improve, soar, climb, extend, rocket,**  
   improve: 这个词在这里需要强调下，这个词在某些特定的场合下甚至可以表示下降的意思，例如：犯罪率在improve，像这种不好的事情得到了改善  
   soar (v.): 飙升  
   E.g. The price of petrol has soared in recent weeks.  
   rocket(v./n.):作名词是火箭的意思, 动词: 直线上升  
   E.g. Stock prices rocketed to their highest level yesterday.这组词在阅读和写作当中可能会发生词性的变化，主要是形容词，动词和名词这三种间的转换。  
   grow-growing-growth; increase-increasing-increase; expand-expanding- expansion; rise-rising-rise; improve-improved-improvement; extend- extended- extension; climb-climbing-climb
5. **悲观的，忧郁的： pessimistic, gloomy, depressed, depressing, hopeless, sad, blue, unhappy, low-spirited, mournful, dismal, miserable, glum, broken-hearted , down in the dumps(informal),**pessimistic(a.):悲观的  
   E.g. Doctors are pessimistic about his chances of making a full recovery.  
   gloomy (a.): 衰退的, 忧郁的,   
   E.g. Frank dismissed these gloomy thoughts from her mind.  
   blue (a.): 这个词可以解释为蓝调即悲伤忧郁的音乐,不过只能用复数形式blues  
   E.g. She usually calls her mother when she’s feeling blue.  
   blue这个词还有高贵的意思，例如这个短语：blue-blooded 表示出生于皇室家族或者社会地位很高的家族  
   blue book这个词大家可千万不要多想，它一般指英国官方发布的蓝皮书（封面通常是蓝色的）（yellow pages黄页即包含电话号码和公司地址的黄色封面的书）  
   blue movie色情电影，不过这种用法差不多已经过时了，现在一般都说porn movie  
   blue chip 蓝筹股即表现优异的，或者值得投资的股票  
   blue collar蓝领
6. **加速，前进：accelerate, speed up, advance, hasten, quicken, develop, hurry,**accelerate(v.)：物理学中的加速度就是这个单词  
   E.g. The decline of her health seemed to suddenly accelerate.  
   develop (v.): 发展，也就是说现在的速度比原先的快才能叫发展，所以develop和和加速这个意思是属于相关词  
   在这里需要强调一下，英文当中越简单的东西，它的用法是越丰富的，这里简单列几个develop常用的几个词条  
   develop liver disease 得病  
   develop the pictures 冲照片  
   advance(v.): 进步，前进  
   E.g. The group's research has done much to advance our knowledge of the HIV virus.
7. **相似的，相同的similar, alike, resemble, same, resemble, identical, still(这个词需要体会), analogous, twin,**alike (a.): E.g. The two versions of the text are alike in many ways.   
   resemble (v.): E.g. Soldiers are trained under conditions that closely resemble real combat.  
   identical (a.): E.g. This house is almost identical to the one where I lived as a child.  
   still: 仍然 这个词放在这里大家不要觉得很奇怪，大家想想看，如果两句话用still相连接，是不是表示两句话当中肯定有相同的事情发生呢？例：十多年过去了，我仍然……后半句话我没有写完，但相信大家都能看出我在十年后肯定有和十年前相同的地方。所以still是个信号词，是same的相关词  
   analogous (a.): E.g. Marine construction technology like this is very complex, somewhat analogous to trying to build a bridge under water.  
   twin (n./v./a.): 记住阿娇和阿萨就记住这个单词了，本意是双胞胎的意思  
   E.g. identical twin  
   E.g. the twin problems of poverty and unemployment/ Meet my twin sister.  
   E.g. The opera twins the themes of love and death.  
   E.g. Chichester in England is twinned with Chartres in France.
8. **颜色colour(red, blue, brown, etc.),hue, pigment, shade, tint, tone, dye,**   
   首先需要和大家说明的是colour的同义词并不是很多，从上的变化来看，对颜色的变化集中在将colour变成几种具体的颜色，这需要大家在考试的时候尤其注意。  
   hue (n.): 色彩/观点，信念  
   E.g. Her paintings capture the subtle hues of the countryside in autumn.  
   E.g. political opinions of every hue (= of many kinds)  
   表示深色的形容词：dark, deep, rich  
   表示浅色的形容词：light, pale, soft, pastel  
   表示颜色很鲜艳，很亮的形容词：bright, brilliant, vivid,  
   shade (n.): 色调，颜色的深浅  
   E.g. a delicate / pale / rich / soft shade of red  
   pigment, dye (n.): 颜料，染料  
   tint和tone不需要掌握，大家只需要知道他们两个都是表示颜色的，只需要看到认识，不需要掌握用法。
9. **重要的,必要的,必不可少的，关键的，有意义的，**

**important,significant,seminal,weighty,critical,momentous,vital,essential,crucial,indispensable,necessary,key,pivotal, chief, principal, leading, historic, (反义词：unimportant, trivial, minor, irrelevant, insignificant)**这组词不仅在阅读中很重要，在写作中也尤为值得一提，这组词直接的或者间接的都表示重要的意思。  
significant (a. ): E.g. Volunteer tutoring programs can have a significant impact on student achievement.  
significant还可以表示变化很大或者大量的意思：  
E.g. A significant number of drivers still refuse to wear seat belts.  
critical (a.): 至关重要的，危及的  
E.g. Foreign trade is of critical importance to the economy.  
Eight people were killed and four are still in a critical condition.  
题外话：critical point在游戏中可以指暴击点数的意思  
momentous(a. ): 有意义的  
E.g. The revolution taking place in Eastern Europe must be counted as one of the most momentous events of this century.  
vital (a.): E.g. Regular exercise is vital for your health.  
E.g. The tourist industry is of vital importance to the national economy. (of vital importance= very important)  
vital signs: 生命特征（判断一个人是否还活着，例如心跳，体温等）  
indispensable (a.): 必不可少的  
E.g. International cooperation is indispensable to resolving the problem of the drug trade.  
necessary：这个词可以说是这组词里最简单，但也是最容易弄错的一个，很多学生都会说必要的和重要的是有不同的：重要的不一定是必要的，但必要的一定是重要的。关于这点的解释大家可以参考上面的similar和same的解释。

1. **紧急的，迫不及待的,临近的urgent, pressing, crucial, critical, immediate, emergent,**pressing(a.): E.g. Poverty is a more pressing problem than pollution.  
   immediate (a. ): **急切的，迫切的，接近/临近的**（这个词条非常常用，特别是后面接地点的时候，基本上都是表示接近和靠近的意思）  
   E.g. There is an immediate danger of war.  
   E.g. It is a thriving shopping centre for the people who live in the immediate (=local) area.  
   immediate family: 直系亲属（父母， 子女，兄弟姐妹等）
2. **长期的，慢性的chronic, persistent, long-term, habitual, long-standing, 反义词：acute**chronic(a.): 这个单词的本意是慢性的，引申出长期的意思，或者说是这个单词的解释中包含长期的意思。  
   E.g. chronic heart disease  
   E.g. There is a chronic shortage of teachers.  
   E.g. He was a chronic alcoholic and unable to hold down a job. /chronic gamblerchron-这个前缀和时间有关，chronicle 编年史（把历史事件按照时间来排列编成的一本书）（来自希腊神话中宙斯(Zeus)他老爸的名字：Cronos。该神害怕自己的子女反抗自己，曾吞食了自己的后代，就象时间的无情，吞噬一切---利用古罗马，古希腊的神话故事来背单词是种不错的培养兴趣的背单词的方法， 而且在的写作中有很多还可以用得上， 何乐而不为，在随后的词条中会陆续介绍）chronometer 计时仪（常用语科学领域的）  
   habitual (a.): 习惯性的（养成习惯了，那肯定是长期形成的）  
   E.g. an habitual smoker/​drinker/​liar/​criminal  
   long-standing (a.): E.g. a long-standing relationship/debate
3. **人工的，人造的，合成的artificial, synthetic, false, man-made, manufactured, artificial intelligence(AI)=machine reasoning**artificial (a.): 人工的E.g. an artificial limb / flower / sweetener / fertilizer/colours  
   synthetic (a.): 人工合成的  
   E.g. synthetic rubber  
   false (a.): 假的，错误的（在某些时候人工的，合成的，不就是大家眼中的假货么？不是到大家有没有看过前段时间电视台的那个激情四溢的侯总，他说的仿钻不就是我们所说的假货么，大家好好体会）   
   false teeth/hair/eyelashes etc 假牙/假发/假睫毛  
   false friend: 就是来自一对不同两个语言的词（或者是两个字母表中的字母）看起来或者是听起来相仿，但是意义完全不同．例如busboy看上去很像是汽车售票员，确是表示餐厅勤杂工的意思（这样的例子还有很多）  
   manufactured (a.): 人造的（其实manu-这个前缀本来是表示用手工制造的意思，但是随着时间的推移，这个前缀已经逐渐转变为用机器大批量制造的意思了，例如：The firm manufactures women’s clothing.）  
   E.g. a news story manufactured by an unscrupulous journalist
4. **联系,连接,绑定link, associate, connect, relate, tie, unite, attach, bind,**  
   tie (v.): E.g. My social life and business life are closely tied.  
   tie作名词有领结和平局的意思E.g. The first game ended in a tie.  
   E.g. Jason had taken off his jacket and loosened his tie.(=necktie)  
   tie the knot 结婚(非正式说法，一种很形象化的说法：打上蝴蝶结，类似于我们中文中的说法：结为连理或者走进教堂这种间接的说法)  
   attach (v.): 附加，固定  
   E.g. A copy of my resume is attached to this letter.  
   attachment (n.): E.g. old people's attachment to traditional customs 忠诚  
   E.g. I'll send the spreadsheet as an attachment. 附件  
   E.g. a child's attachment to its mother 依恋  
   bind (v.) 绑定 这个词的发音和汉语解释绑定非常的接近，可以帮助大家记忆(Bind on Acquire/Bind on equipment打过魔兽世界的应该很熟悉这两个短语吧：拾取后绑定和装备后绑定)  
   最后需要大家在写作中注意这几个动词和介词的搭配：  
   link A to/with B; associate A with B; connect A to/with B; tie A to B; relate A to B; bind A to B;
5. **足够的，充分的,大量的sufficient, adequate, enough, abundant, ample, plenty of ,considerable, plentiful,**sufficient (a.): E.g. sufficient time/​resources/​information  
   反义词：insufficient E.g. Will the growth in output be sufficient to meet the increased demand?  
   adequate (a.): E.g. an adequate supply of hot water   
   反义词：inadequate E.g. There is a lack of adequate provision for disabled students.  
   abundant (a.): E.g. We have abundant evidence to prove his guilt.  
   ample (a.): 这个词一般都放在名词之前，不可以说A is ample.  
   an office complex with ample parking  
   这个词还可以用于幽默的说女性的身材很胖：a woman with an ample figure  
   considerable (a.): 大量的，不要想当然得把这个词的意思想象成和考虑有关。这个词和足够的有些区别，但再次强调它和足够的意思并不矛盾，他们之间的关系很像necessary和important，在考试这种主要是考察考生语言和理解能力的测试中，一般来说我们不需要区分他们之间的细小的逻辑差别（负责不就变成律师资格考试啦）。  
   E.g. issues of considerable importance  
   E.g. We've saved a considerable amount of money.
6. **战争，军事，military, army, battle(field), armed forces, attack, combat, conflict, crusade, war, the services,**armed forces: 武装部队/力量 arm本意是胳膊的，动词的意思是装备的意思（equip）,所以armed解释为武装的  
   E.g. Many of the gangs are armed to the teeth (=carrying a lot of weapons). 武装到牙齿，这个说法很形象  
   armed还可以解释为用知识或者技能来武装自己：E.g. She came to the meeting armed with all the facts and figures to prove us wrong.  
   crusade (n.): 最初的意义是指11-13世纪之间欧洲天主教国家在解放耶路撒冷的口号之下对亚洲穆斯林国家发动的战争。到了现代，它的意义已经泛化，可以指代说话者认为具有正义性质的一切努力和行动。（十字军东征，参战者服装均饰以红十字为标志，故称“十字军”。  其实这场战争并不是正义的）  
   E.g. They led an unsuccessful crusade against government corruption.  
   E.g. a crusade for equal rights  
   那么crusader是什么人，大家可以猜猜  
   了解历史的目的是为了更好的明天，我在博客中（blog.hjenglish.com/chengxu）写了几篇关于游戏和英语的关系的文章，其实西方的很多史诗级的游戏都是和历史有关的WOW, HEROES(英雄无敌)等，里面的很多职业都是来源于历史典故或者神话传说。一句话：学英语主要靠兴趣，无处不在的学英语才是学英语的最高境界。（不一定指游戏）  
   attack (v.): 这个词相信不用解释，给出大家很熟悉的一句话：Our forces are under attack.  
   the services：在军队中服役
7. **隔绝，孤立，分离isolation, separation, detachment, disconnect, insulate, loneliness, desolate, remote,**isolation (n.): E.g. Because of its geographical isolation, the area developed its own unique culture.  
   detachment (n.): E.g. He answered with an air of detachment.  
   insulate (v.): 绝缘insulating tape 绝缘胶带  
   lonely (a.): 孤独的（从而不开心的）， 注意和alone的区别（alone是表示一个人或者单单的意思，不是孤独的意思，例如travel alone）  
   desolate (v.): 荒凉的，空虚的E.g. In some of the more desolate regions, half of the active population is out of work.  
   remote (a.): E.g. remote control 遥控器；remote chance/possibility 机会渺茫；
8. **表达，申明，陈述expression, statement, announcement, communication, declaration,**declaration: E.g. a ceasefire declaration  
   The Declaration of Independence 独立宣言（the document written in 1776, in which the thirteen British colonies in America officially stated that they were an independent nation and would no longer agree to be ruled by Britain. The most famous part of it is: We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.）
9. **最高点，顶峰peak, summit, top, high point, crown, acme, zenith, highest point,**这组词在A类小作文当中很常见  
   peak (n./v.): E.g. Figures produced at a World Energy Conference showed that oil and gas production should reach a peak between 1985 and 2000.  
   E.g. Wind speeds peaked at 105 mph yesterday  
   summit (n.): 山顶/峰会（就是国家首脑间的会议）  
   E.g. A summit meeting of OPEC leaders was called to find a solution to the oil crisis.  
   E.g. Many people have now reached the summit of Mount Everest.  
   crown (n./v.): 本意是皇冠（大家可以注意丰田有款车型就叫皇冠，车尾会印有crown这个单词）  
   E.g. crown prince（the son of a king or queen, who is expected to become the next king）  
   crown princess  
   crown colony（a colony controlled by the British government）
10. **脆弱的，容易受到伤害的**

**fragile,sensitive,vulnerable,delicate,frail,weak,susceptible,tender, maximum risks, powerless, feeble, weedy, flimsy, rickety, jerry-built, badly made,**fragile (a.): E.g. Relations between the two countries are in a fragile state.  
sensitive (a.): 敏感的，很多考生不明白脆弱的和敏感的怎么会是相关词，举个简单的例子：如果有篇文章中说南极的气候非常的敏感  
frail (a.): E.g. frail body/physique  
feeble (a.): E.g. a feeble light/​voice  
susceptible (a.): E.g. Children are particularly susceptible to the disease.  
delicate (a.): E.g. The sun can easily damage a child's delicate skin.

1. **有吸引力的attractive, , charming, good-looking, inviting, lovely, pretty, pleasant, tempting, engaging(engage),**   
   inviting (a.): E.g. an inviting smell (英英解释：something that is inviting is attractive and makes you want to experience it)  
   engaging (a.): E.g. one of her most engaging and least known novels  
   E.g. engaging smile
2. 掉：fall, decline, descend, dive, drop, plummet, plunge, sink, decrease(improve),go down, slump, cut, dip,
3. 依靠：depend on, rely upon(on), count on指望依靠, lean on, reckon on指望依赖, rest on寄托于…上, bank on寄希望于,
4. **资金，金融，补助，福利，工资**

**fund, finance, pay for, subsidize, salary, economic, welfare, wage, money, income, fee,**说白了，这组词都是和钱有关的  
welfare (n.): 福利（健康和幸福），这个词不要和farewell 弄混淆了，这个词是古语表示再见的意思，有不讲述关于同性恋的电影叫*Farewell, my concubine*—霸王别姬  
很多考生都会认为福利和钱还是有差别的，福利是无形的，钱是看得见的，不过从个根本来说，福利其实就是种金钱激励（至少西方人是这么认为的），所以welfare和钱是相关词。  
E.g. Annabelle stopped getting welfare benefits when her husband landed a minimum-wage job.  
subsidize (v.): 补助（sub-这个前缀的意思表示：under or below a particular level or thing）  
补助的方式有很多，但归根结底都可以用钱来表示，在这点上可以参考welfare  
E.g. Farming is heavily subsidized (=subsidized a lot) by the government.  
wage (n./v.): 工资  
E.g. The wage increases will come into effect in June.  
E.g. minimum wage/ wage-packet (an envelope that contains your wages)/  
注意：wage作为动词用，解释为发动（战争或者运动的意思）  
E.g. wage a campaign/struggle/battle etc；wage war (on somebody/something)

1. 再：again, once more再次再度, anew)ad重新SYN→, afresh, in addition,
2. **第一，最初，最早first, earliest, oldest, initial, original(反义词copy), introduction, commencement, pioneer, coin, launch, debut,**pioneer (n./v.): 先锋 （也就是第一批做某件事的人），所以pioneer和first的关系也属于定义型相关  
   E.g. The new cancer treatment was pioneered in the early eighties by Dr Sylvia Bannerjee.  
   E.g. He was a pioneer in the field of biotechnology.initial (a./v.):*头文字D*的全称就是Initial Drift(drift是漂移的意思)  
   E.g. The two countries have initialled a new defence co-operation agreement.  
   E.g. initial stage/phase/period  
   original (a.): 这个词在阅读中很多时候用来修饰一件艺术品，意思就是说这件作品是真的，不是后人仿造的或者赝品，所以original在这里和copy是反义词。  
   E.g. the original painting  
   coin (v.): 发明，创造（当然包含第一次的意思了）  
   E.g. The word 'cybershot' was coined by SONY.  
   introduction (n.): 引进the act of bringing something somewhere for the first time(英英解释)  
   E.g. the introduction of Buddhism to China nearly 2000 years ago  
   launch (v.): 我们熟知的意思为火箭的发射，考试中常用的意思为开始或者推广  
   E.g. The company hopes to launch the new drug by next October.  
   debut (n./v.): 初次登场  
   E.g. Paula is the only artist to achieve four number ones from a debut album.  
   E.g. He made his Major League debut as shortstop.  
   E.g. The show will debut next Monday at 8.00pm.
3. 冒险：hazard, danger, risk, threat, jeopardy, peril,
4. **常见的，寻常的**

**usual,normal,common,general,habitual,ordinary,regular,routine,typical,**habitual (a.): 习惯性的  
E.g. an habitual smoker/​drinker/​liar/​criminal  
routine (a./n.): 例行公事，常规  
E.g. Staying at your desk until 7.30 pm has become routine.   
E.g. routine tasks/jobs

1. 无法达到：impossible, out of the question不可能, unachievable, unobtainable, impracticable, unattainable,
2. **额外的，补充的extra, additional, added, supplementary,**
3. 忽视：ignore, overlook, neglect, pass over, turn a blind eye to熟视无睹, disregard(v不顾,漠视，忽视),
4. 变：change, modify, alter, shift, vary, convert, mutate(v变异;突变;), reorganize(改组,重组),
5. 简单：easy, not difficult, child's play容易干的事, effortless(a不费力的;容易的), no trouble没有麻烦, a piece of cake小菜一碟,
6. **潮湿的damp, wet, moist, humid, cave,**cave (n.): 山洞同样的，cave和潮湿的意思也是相关，但不同义，这种同义关系属于特征类转换，也就是说山洞具有的特征之一就是潮湿性，这个同义关系在考试中还有不少，随后还会陆续举出  
   damp (a.): E.g. damp clothes  
   moist (a.): E.g. Her eyes were moist (= with tears).  
   humid (a.): E.g. The island is hot and humid in the summer.
7. **反对**object, oppose, argue, against, protest, disagree, dispute, quarrel, contradict, anti-,
8. 视觉：vision(n视力SYN→, sight, image(v反映/n影像),
9. 意识到：appreciate(v了解,认识到), be aware of意识到, realize, recognize,
10. 弯曲角：curve, bend, arc, wavy(a/ad波状的/地，有波纹的/地),
11. **导致，产生breed, produce, arouse, bring about, cause, generate, give rise to, lead to, result in, contribute to, be responsible for, create,**breed (v./n): 本义：繁殖/品种，引申为产生(原句：Isolation breeds linguistic diversity 地域的隔离导致/产生语言的多样性)  
    E.g. Poverty is a breeding ground for crime.E.g. Poor living conditions breed violence and despair.  
    contribute to: contribute大家最常用的意思是贡献，所以很多考生都有个思维定势是，这个词只能导致好的结果。其实不然，这个短语是个中性词，后面接好的或者是坏的结果都是可以的。  
    E.g. Stress is a contributing factor in many illnesses.  
    arouse (v.): E.g. He works hard to arouse his students' curiosity.  
    bring about: E.g. A huge amount of environmental damage has been brought about by the destruction of the rainforests.  
    generate (v.): E.g. The program would generate a lot of new jobs.  
    generation (n.): 有产生还有一代人的意思 E.g. the new generation of mobile phones  
    generation gap：代沟  
    Generation X ：90后（没有目标的一代人）  
    Generation Y ：80后
12. **灭绝，消失extinct, vanished, gone, lost(loss), die out, kill off, disappear, absence,**extinct (a.): 这个词很多考生不会用，注意这个词是形容词，不是动词（不要少了形容词前的be动词）。  
    E.g. Dinosaurs have been extinct for millions of years.  
    extinct volcano 死火山/active volcano 活火山/dormant volcano休眠火山  
    vanish (v.): E.g. a rapidly vanishing way of life  
    E.g. The bird vanished from sight.  
    absence (n.): 缺少，缺乏  
    E.g. The case was dismissed in the absence of any definite proof.  
    E.g. absence makes the heart grow fonder 距离产生美
13. 多样化diversity, difference, variety, diverseness, range, variation,
14. 不可避免的：inevitable, unavoidable, certain, sure, inescapable(a不可推卸;不可避免的),
15. **疾病，痛苦complaint,illness,disease,sickness,upset,affliction,ailment,malady,**complaint (n.): 委婉语：疾病/抱怨，投诉大家先看看disease这个词的构成，dis-是一个否定前缀，ease的形容词是easy，就是轻松，舒服的意思，由此可见，disease其实本来也是个委婉语，后来逐渐的就没有委婉的意思了**，**complaint也有这个趋势。E.g. a kidney complaint（可不要解释为肾脏的抱怨）  
    E.g. minor complaints like headaches  
    upset (n.): stomach upset  
    affliction (n.): 非常正式的说法  
    E.g. Smoking is a major cause of cancer and other afflictions.  
    ailment (n.): 不是很严重的病  
    E.g. minor ailmentsmaladay (n.): 老式用法，还可引申为一种很严重的社会问题  
    E.g. Violent crime is only one of the maladies afflicting modern society.
16. 因为：because(of),due to, since,for, by reason of, in that,on account of,owing to,thanks to,
17. **独特的unique, gifted, unparalleled, incomparable, unequalled, unrivalled,**unique和gifted是真题中出现的一对相关词。原文中某些运动员的基因很独特，题目说他们很有天赋，意思是一致的。  
    unique (a.): E.g. Joan has a unique talent for languages.  
    unparalleled (a.): 无与伦比的  
    E.g. He has an unparalleled knowledge of local history.   
    incomparable (a.): E.g. He was an incomparable teacher.
18. 确认 ：identify, recognize, spot,
19. 营养nutrition, diet, food, nutriment, nourishment,
20. **电影movie, film, feature, picture, motion picture, moving picture**  
    feature (n.): E.g. There were a couple of short cartoons before the main feature.  
    E.g. double feature (=when two films are shown together)  
    motion picture: (AM)=movie  
    E.g. the motion picture industry
21. 害：damage, harm, hurt, impair, ruin(v破坏,毁灭;使破产n废墟), destroy, weaken, spoil(v/n变质;掠夺;腐败), kill
22. 闲暇：leisure, recreation, spare time, ease, relaxation, rest,
23. 阻碍：inhibit, hinder, impede, obstruct, stop, hamper, forbid, obstacle(n障碍;障碍物), bar, barrier, block, hurdle, obstruction, impediment, prevent, ban, difficulty,
24. **唯一的，排外的sole, only, alone, exclusive. single, solitary, privilege**  
    privilege (n.): 特权，有篇文章说的是artificial reef(人造礁石)，其中有个内容说的是日本政府有个政策就是给予渔民们特权：如果这块礁石是由这个地区的渔民造的并且带来了鱼群，那么这些鱼就专属于这些渔民。大家想想在这里privilege（特权）是不是就是表示只有他们才有的权利，是不是排他性的。  
    再给个例子，特权车，例如警车，闯红灯不犯法（非执勤情况而且不鸣警笛的情况）是不是警车的特权呢？  
    再如，贵族学校是不是有钱人家孩子的特权呢？以特低价买商品房是不是某些官员的特权呢？  
    E.g. A good education should not just be a privilege of the rich.  
    sole (n.): 唯一的  
    E.g. The company has the sole rights to market Elton John's records.  
    exclusive (a.): 动词形式是exclude（就是include的反义词）  
    E.g. Our prices are exclusive of sales tax  
    E.g. mutually exclusive 相互排斥的  
    E.g. exclusive report/interview/coverage etc  
    E.g. an exclusive girls' school（exclusive places, organizations, clothes etc are so expensive that not many people can afford to use or buy them）  
    alone (a./adv.): E.g. The team earned over a million pounds from television alone last year.
25. 乡村：rural, country, agricultural, countryside, farmland,
26. 压力：stress,burden(n负担,包袱;责任),pressure,tension,strain,
27. 区别的：distinct(a明显的,有区别的),different,detached(a分开的),discrete(a分离的，不相关联的),
28. 同意：agree ,in favour of(为…而征战) ,consent(同意;准许),comply(v遵从;依从),approval,
29. **偶然的，不小心的by chance, by accident, accidentally, unintentionally, incidentally,**阅读考试中还有种可能性就是文章描述一个事件，来说明它的偶然性。例如说一头驴掉进了一个洞里，那当然也是偶然的了（不知道是不是有笨驴看到洞,自己还故意往里面走的……）这种转换属于事例说明法。再如，题目如果说养蜜蜂失败了（fail）,文章中可能并没有fail的同义词，而描述了一个事件：例如运送蜜蜂的时候船翻了来说明fail的意思，这也是事例法。  
    by accident: E.g. The discovery was made almost by accident.  
    unintentional: E.g. Defense attorneys claimed the shooting was unintentional.  
    incidental：E.g. incidental damage
30. 好处：benefit, improvement, advantage, profit, aid(v帮助,促进),
31. 微小的：small,tiny, miniature(a小型的，微小的),minute(a极小的;微不足道的;仔细的) ,trivial, insignificant(a琐碎的;不重要的;微不足道的), negligible(a可以忽落不计的), minor, marginal(a边缘的),
32. 缺：no, without, none, absence, lack, deficiency, nothing, zero, failure, free from(把…)从…释放出来,使摆脱, want(n缺乏缺少,极度贫困),
33. 复杂的complex, complicated, intricate(a复杂精细的;错综复杂的),
34. 简单的：simple, easy, plain(a清楚的,直接的,平易的), uncomplicated(a简单的;不复杂的),
35. **居住settle, inhabit, dwell, live, reside, people, accommodate,**people (v.): E.g. The region has traditionally been peopled by Indians.  
    E.g. an island peopled by hardy seafolk
36. 计量：measure, gauge(规格), calculate, calibrate, weigh(v称…的重量;权衡，考虑), compute(v估算;推断), quantify(v确定…的数量),
37. **超越，超过，在……之外exceed, beyond, surpass, beat, outdo,**beyond (prep.): BEYOND乐队应该很熟悉吧（黄家驹等）  
    What dangers and rewards lie in wait（to remain hidden in a place and wait for someone so that you can attack them e.g.a giant crocodile lying in wait for its prey） beyond the Dark Portal(黑暗之门)?---魔兽世界TBC介绍中的一句话  
    E.g. the year 2005 and beyond  
    E.g. The situation is beyond our control.  
    exceed (v.): E.g. exceed the speed limit  
    E.g. Such tasks are far beyond the scope of the average schoolkid.  
    The beyond 来世  
    surpass (v.): He was determined to surpass the achievements of his older brothers.  
    outdo (v.): The kids were trying to outdo each other.
38. **意识到，认识到,辨别be aware of, appreciate, perceive, realize, recognize, notice, see,**  
    appreciate (v.): 这个词大家最常用的意思是欣赏的意思，注意在不同的场合使用意思上的差别。  
    E.g. We didn’t fully appreciate that he was seriously ill.  
    E.g. Her abilities are not fully appreciated by her employer.  
    appreciate在金融行业还可以解释为（货币的）增值  
    E.g. Most investments are expected to appreciate at a steady rate.  
    perceive (v.): E.g. Cats are not able to perceive colour.
39. 立即：rapid, quick ,fast, swift, in no time(马上，立即), immediately, at once, right away(就;立刻), without delay, instantly, express,
40. 大,可观：large, big, considerable, enormous, gigantic(a巨大的，庞大的;) , great, hugem? , substantial, vast, massive
41. 统治,时髦(类)：dominant(a占优势的;统治的，支配的;), popular, ruling(a.统治的;支配的;), fashionable, prevalent, prevailing, common, usual, typical, keep busy,
42. 钱(经贸)：financial, salary, money, commercial, economic, welfare, capital, fortune(n幸运 富有),
43. 老年人：elderly, the aged, advancing years, grey hair(白发、灰发), senior citizen,
44. 海岸：coast, shore(v支撑;支持/n岸;滨;尤指濒海国家;支柱), beach, seaside, seaboard,
45. 技术：skill, expertise, craft, skillfulness, technique, competence, proficiency, knowledge,
46. 换：exchange, others, interchange, swap, switch, barter, trade,
47. 视觉揭开：visual, visible, 3D, disclosed(v揭露;泄露;使公开), openly(ad公开地;公然地;直率地),
48. 复：reproduce, copy, duplicate(v重复n副本a完全一样的), replicate(v/n/a复制), imitate, emulate, mimic, repeat,
49. **临近，接近nearby, neighboring, adjacent, adjoining, next to, near, immediate, close, not far,**immediate (a.): 这个词最常用的意思是立即，马上，指的是时间上的接近，当这个词接地点的时候，就表示地理位置上的靠近。  
    E.g. It is a thriving shopping centre for the people who live in the immediate area.(=local area)  
    E.g. in the immediate future.  
    adjacent (a.): E.g. The site of the new building is adjacent to the park.
50. 减少reduce, cut, decrease, sip, dip(v浸,下沉), slide, descend, go down,
51. 占account for(数量或比例上)占, have, make up, take up, constitute, comprise, represent, cover,
52. 放射：emit(v发出;发射;颁布;发表), give off(发出; 放出), discharge, send out, cast out(发出; 放出), emission, leak, release, expand,
53. 瓢泼：downpour, rainfall, rainstorm,
54. **但是，尽管however, in fact, luckily, actually, nevertheless, nonetheless, notwithstanding, though, yet, as a matter of fact, whereas/while,**in fact, luckily, actually, n fact, as a matter of fact, 这几个词的本意都不是但是的意思，但是这些连接词连接的前后两个句子的意思是包含着有转折的意思。  
    这里给出几个例子：  
    yet (conj.): E.g. an inexpensive yet effective solution to our problem  
    E.g. They charge incredibly high prices, yet customers keep coming back for more.  
    nevertheless (adv.): Having managed somehow to skip going to college, he has nevertheless made a fortune as a very young man.
55. 〇:zero, nothing, nil, nought,
56. 价值(多)：wealth, plenty, abundance, richness, affluence, fortune, money, prosperity,
57. 习惯(类):custom, habit, tradition, convention(会议;全体与会者), practice, routine,
58. 国：country, nation, state, commonwealth(n联邦;共和国),
59. 偶遇：encounter(遭遇;不期而遇;对抗), face(in the face of), confront(v降临面临), run across(开车送;不期而遇), chance upon(碰见;偶然发现), come upon(突然产生;要求;成为…负担;偶遇),
60. 学校类：classroom, tuition, schooling, lessons, tutoring, education,
61. 错误观念：misconception, mistaken view, fallacy(n谬论;谬见), error, misapprehension, misunderstanding, delusion(n. 妄想;错觉;自以为是),
62. 可接近的：accessible(easy), approachable, available, attainable(a可到达的), obtainable, reachable, affable,
63. 破坏：destruction, ruin, annihilation(n. 湮没;歼灭), demolition(n毁坏，破坏), devastation(n. 毁坏;荒废), eradication(n摧毁，根除), extermination, wreckage, havoc(n大破坏，浩劫), destroy, loss(n.损失，减少;, reduction,
64. **媒体media(newspaper, magazine, television, radio, etc)**media circus：  
    media hype：A great deal of media hype surrounded the release of the group's latest CD.  
    mass media：The crime received heavy coverage in the mass media.  
    new media：  
    streaming media：流媒体
65. 不寻常uncommon, rare, odd(a奇特的；异常的SYN→, peculiar, scarce(ad. 几乎不 刚刚才;勉强), unusual, atypical,
66. 基本：underdeveloped, rudimentary, undeveloped, fundamental, elementary, initial, basic,
67. 显著：keen(vision) a.锐利的;厉害的, exceptional, remarkable, excellent, extraordinary, marvelous, outstanding, phenomenal, superior,
68. 友：mating, courtship, partner, spouse, husband or wife, couple,
69. 踪：follow, track, trail, stalk(v追踪，潜近), shadow, hound(vt.追猎;不断侵扰), chase(v追求;追捕), dog(v.困扰;跟踪), pursue(v追捕;进行),
70. 惊：(be)surprised, (be)taken aback大吃一惊;吃了一惊; astonish, stun, shock,
71. bi-two  
    英文中表示数字的前缀一般来自于拉丁文和希腊文  
    bi-前缀，表示数字2 ，例如：bilingual education 双语教学  
    这里补充一些考试常见的关于数字的前缀和例子  
    数字一：mono-/uni-  
    monolingual；monologue；monopoly；monotonous；monogamy；  
    unicorn；unilateral; uniform；  
    数字二：bi-/di-  
    bicycle；bilateral；bigamy；binoculars；biplane  
    dioxide；dilemma  
    数字三：tri-  
    tricycle；triangle；tripod；  
    数字四：quadr-/tetra-  
    quadragenarian；quadrangle；quadruple；  
    数字五：quin-/penta-  
    pentagon；Pentium  
    数字六：hex-  
    数字七：hept-/sept-  
    数字八：octo-  
    octopus；octagon  
    数字九：novem-  
    数字十：deca-  
    decathlon；decade；  
      
    下面给大家简单介绍下罗马历中十二个月份的来历（很多考生不明白为什么October十月的前缀表示的是数字八的意思）：  
    公历一年有12个月，起源于古罗马历法。罗马原来只有10个月，古罗马皇帝决定增加两个月放在年尾，后来朱里斯·凯撒大帝把这两个月移到年初，成为1月、2月，原来的1月、2月便成了3月、4月，依次类推。这就是今天世界沿用的公历。  
      
    January——1月　　在罗马传说中，有一位名叫雅努斯的守护神，生有先后两副脸，一副回顾过去，一副要眺望未来。人们认为选择他的名字作为除旧迎新的第一个月月名，很有意义。英语January，便是由这位守护神的拉丁文名字演变而来的。  
      
    February——2月　　每年2月初，罗马人民都要杀牲饮酒，欢庆菲勃卢姆节。这一天，人们常用一种牛、草制成的名叫Februa的鞭子，抽打不育的妇女，以求怀孕生子。这一天，人们还要忏悔自己过去一年的罪过，洗刷自己的灵魂，求得神明的饶恕，使自己成为一个贞洁的人。英语2月February，便是由拉丁文Februar-ius（即菲勃卢姆节）演变而来。  
      
    March——3月　　3月，原是罗马旧历法的1月，新年的开始。凯撒大帝改革历法后，原来的1月变成3月，但罗马人仍然把3月看做是一年的开始。另外，按照传统习惯，3月是每年出征远战的季节。为了纪念战神玛尔斯，人们便把这位战神的拉丁名字作为3月的月名。英语3月March，便是由这位战神的名字演变而来的。  
      
    April——4月　　罗马的4月，正是大地回春，鲜花初绽的美好季节。  
      
    May——5月　　罗马神话中的女神玛雅，专门司管春天和生命。为了纪念这位女神，罗马人便用她的名字——拉丁文Maius命名5月，英文5月May便由这位女神的名字演变而来。  
      
    June——6月　　罗马神话中的裘诺，是众神之王，又是司管生育和保护妇女的神。古罗马对她十分崇敬，便把6月奉献给她，以她的名字——拉丁文Junius来命名6月。英语6月June便由这位女神的名字演变而来。也有学者认为，Junius可能是拉丁家族中一个显赫贵族的姓氏。  
      
    July——7月　　罗马统治者朱里斯·凯撒大帝被刺死后，著名的罗马将军马克·安东尼建议将凯撒大帝诞生的7月，用凯撒的名字——拉丁文Julius（即朱里斯）命名之。这一建议得到了元老院的通过。英语7月July由此演变而来。  
      
    August——8月　　朱里斯·凯撒死后，由他的甥孙屋大维续任罗马皇帝。为了和凯撒齐名，他也想用自己的名字来命名一个月份。他的生日在9月，但他选定8月。因为他登基后，罗马元老院在8月授予他Augustus（奥古斯都）的尊号。于是，他决定用这个尊号来命名8月。原来8月比7月少一天，为了和凯撒平起平坐，他又决定从2月中抽出一天加在8月上。从此，2月便少了一天。英语8月August便由这位皇帝的拉丁语尊号演变而来。  
      
    September——9月　　老历法的7月，正是凯撒大帝改革历法后的9月，拉丁文Septem是“7”月的意思。虽然历法改革了，但人们仍袭用旧名称来称呼9月。英语9月September，便由此演变而来。  
      
    October——10月　　英语10月，来自拉丁文Octo，即“8”的意思。它和上面讲的9月一样，历法改了，称呼仍然沿用未变。  
      
    November——11月　　罗马皇帝奥古斯都和凯撒都有了自己名字命名的月份，罗马市民和元老院要求当时的罗马皇帝梯比里乌斯用其名命名11月。但梯比里乌斯没有同意，他明智地对大家说，如果罗马每个皇帝都用自己的名字来命名月份，那么出现了第13个皇帝怎么办？于是，11月仍然保留着旧称Novem，即拉丁文“9”的意思。英语11月November便由此演变而来。  
      
    December——12月 罗马皇帝琉西乌斯要把一年中最后一个月用他情妇的Amagonius的名字来命名，但遭到元老院的反对。于是，12月仍然沿用旧名Decem，即拉丁文"10"的意思。英语12月December，便由此演变而来。
72. 滚(类)reject, throw away(out), discard, scrap(n废料;小片), get rid of, abandon, drop, cast aside,
73. over, during, between, within, throughout, during/in/throughout/over the course of,   
    over (prep.): =during  
    E.g. Over the next few days they got to know the town well.  
    E.g. Can we talk about this over dinner?  
    course (n.): E.g. Over the course of the next few years, the steel industry was reorganized.  
    E.g. In the course of researching customer needs, we discovered how few families have adequate life insurance  
    course平时我们所使用最常用的意思是课程  
    crash course  
    foundation course  
    correspondence course  
    refresher course
74. 损耗erode, wear down(away) 磨损;损耗;使疲劳, abrade, consume, corrode, deteriorate, grind down,
75. 暴力：violence, abuse(v滥用;虐待), maltreatment(n打骂;虐待,粗暴对待), cruelty,
76. 商业公司business, entrepreneurship(n企业家的身份(或活动), enterprise, firm, company, corporate, venture, establishment, corporation
77. 微小：slight, modest(a谦虚的，谦逊的;适度的), small, insignificant(不重要的;微小的), minor, trivial(a琐碎的), fair(a公平的;合理的), limited, small, unexceptional(a非例外的，普通的), middling(a/ad.中等的/地，普通的/地),
78. **退款，还钱refund, repay, pay back, reimburse, return,**   
    re-这个前缀来自于拉丁语，这里用来表示back的意思，这个前缀也可以用来表示again的意思  
    refund (n./v.): E.g. You will receive a full refund if you cancel the holiday.   
    E.g. Saturday's concert is canceled, and tickets will be refunded.  
    reimburse (v.): E.g. The company will reimburse you for travel expenses.
79. 空气：air, atmosphere,
80. 产类：produce, provide, supply, yield (n.产量，产额),
81. 岩浆：magma, lava, liquid rock岩浆, molten rock熔融岩石,
82. 羞：self-conscious, embarrassed, nervous, diffident(a羞怯的;缺乏自信的), bashful(a忸怩;羞怯的;局促不安的), ill at ease惴惴不安;局促不安,不自在, insecure(a无安全的;不稳定的;不牢靠的), shy,
83. **客观的,公正的objective, unbiased, impartial, unprejudiced, fair, even-handed, disinterested, equitable, just, neutral, balanced, equal,**objective (a.): E.g. an objective analysis / assessment / report  
    unbiased (a.): 没有偏见的  
    E.g. We aim to provide a service that is balanced and unbiased.  
    Impartial (a.): E.g. A good system must be accessible, impartial, speedy, open, and effective.  
    unprejudiced (a.): 有本英文名著叫《傲慢与偏见》-*pride and prejudice（Jane Austen）* 这当中最著名的一句话是：It is a truth universally acknowledged, that a single man in possession of a good fortune must be in want of a wife.   
    even-handed (a.): E.g. The BBC has the reputation of being even-handed in its coverage of election news.  
    even 除了有甚至的意思之外，还有水平和平稳的意思，例如：The table kept wobbling because the floor wasn’t quite even. 一上有篇文章*Airport On Water* 里面有这么句话：This settlement is rarely even.大家可以结合那篇文章的背景来翻译一下。  
    disinterested (a.): E.g. A lawyer should provide disinterested advice.  
    neutral (a.): 中立的  
    E.g. Russia promised to remain neutral unless Germany attacked France.  
    equitable (a.): 平等的  
    E.g. Competition that is structured carefully, however, can produce more equitable results than service delivery by a public monopoly.
84. **费力的，困难的,花费精力的，难对付的demanding, difficult, challenging, taxing, tough, trying, wearing, daunting, exacting,**demanding (a.): E.g. a demanding job/ a demanding boss  
    E.g. Climbing is physically demanding.  
    taxing (a.): E.g. You need a sound night's sleep to prepare you for the taxing journey tomorrow.  
    trying (a.): E.g. They do the best they can in trying circumstances.  
    wearing (a.):   
    exacting (a.):
85. 撒谎类：distort reality(扭曲现实), dishonest, deform, bend, twist, cheating, lying,
86. 文件(类)document, record, report, log(n日志), write down, file, account, chronicle(v记录/n编年史;记录;年代记),
87. 海外(类)abroad, in foreign lands, overseas, out of the country, international,
88. **托儿所，幼儿园nursery, kindergarten, children’s center, crèche,**   
    nursery (n.): E.g. Nursery schools should fulfill the function of preparing children for school.  
    (a place where small children are cared for while their parents are at work)  
    想记住nursery的意思的话，有必要了解下nurse作为动词的意思：悉心照顾，护理  
    E.g. She nursed her daughter back to health.  
    E.g. nurse an ambition / a grievance / a grudge
89. 赚来的钱：profitable, achieve commercial success, money-making, lucrative(a获利多的),
90. 牛相关：cattle, beef, diary,
91. 小小孩：infant, early childhood(儿童早期), baby, toddler(n. 学步的幼儿),
92. 玩儿：recreation(n.消遣方式;娱乐), pastime, amusement(n. 游戏;文娱活动), entertainment, fun, fitness, leisure activity, relaxation, sport,
93. **有名的,著名的famous, well-known, celebrated, prominent, renowned, distinguished, acclaimed, noted, notable, long-established, eminent, reliable,**celebrated (a.): E.g. a celebrated professor  
    E.g. Martin Luther King Jr. gave his celebrated speech before the Lincoln Memorial in 1963.  
    celebrity (n.) 社会名流  
    prominent (a.): E.g. She was prominent in the fashion industry.  
    well-established (a.): 受人尊敬和信任的（和著名的意思还是有细微差别，不过并不矛盾，所以是相关词）  
    E.g. a well-established ​hotelreliable (a.): 可靠的  
    这个词的意思可能和这组词的意思差别很大。举个例子希望大家能好好体会，如果我们说一个银行例如爱存不存（ICBC）很可靠，我们换个说法，说它在老百姓当中很有名气，对不对呢？（相关词！！！）
94. 授：grant(v授予;承认, give, allocate(v分配), allot(v拨给分配), award, assign, confer, bestow,
95. comply with(顺应;服从，遵从), abide by信守;忠于(某人), adhere to遵循,依附, conform to顺应;符合, obey, follow, observe,
96. **在…之前，早于…prior to, before, earlier than, in advance of, ahead of, previously, formerly, beforehand, on the eve of,**   
    prior to: E.g. The plane seemed to catch fire a few seconds prior to taking off.  
    on the eve of: E.g. on the eve of the election  
    Christmas Eve:   
    New Year’s Eve:
97. 饿starving, hungry, famished, ravenous, starved, famine,
98. 乐观(类)optimistic, hopeful, confident, encouraged, expectant, positive, rosy(a玫瑰色的;愉快的，乐观的）,
99. 垃圾：trash, rubbish, garbage, junk, refuse(n.垃圾;废弃物), waste, litter, dross,
100. 藐：disdain(n鄙视，轻蔑), contempt, arrogance(n气焰;傲慢，自大，自负), scorn(v/n轻蔑;鄙视), derision(n嘲笑，嘲弄),
101. 极端过分：intense(heat) 酷热；高温, extreme, excessive, fierce(猛烈的;凶猛的), great, severe(a.严峻的;严厉的;剧烈的;苛刻的),
102. 古老：ancestor, forefather(n祖先，祖宗SYN→, forebear, forerunner(n先驱;先驱者), predecessor(n. 前任，前辈SYN→, precursor,
103. 穷：poor, impoverished, poverty-stricken(贫困灾区?), on the breadline(生活)仅够糊口;勉强过饿不死的日子, needy(a贫困的;贫穷的), indigent, penurious(a.吝啬的;贫穷的，赤贫的), destitute,
104. **昂贵的costly, expensive, highly-priced, exorbitant, dear, stiff, Rolls-Royce，exclusive, luxurious, rip-off, posh,**Rolls-Royce莱斯莱斯：这种相关性属于比喻型，如果有篇文章说那某事物和劳斯莱斯这种车比，那么说明它的质量和价格怎么样呢？ 这里再补充些一些高档车的品牌：  
     E.g. the Rolls-Royce of laptop  
     rip-off: 传说中的黑店就是这么说得，可不要说成black shop(rip 是撕碎的意思)
105. 传：express(delivery), next –day(delivery), overnight, fast, speedy, swift, transport,
106. 鸟巢bird, nest,
107. **沙漠desert, driest parts特征法**这种相关转换往往很隐蔽，在考试中往往被考生所忽略。沙漠对应的特征是干燥，那么海洋呢？（潮湿）
108. **百科全书encyclopedia, A-Z**encyclopedia (n.): the Encyclopedia of Movie  
     E.g. a walking encyclopedia/dictionary:   
     A-Z: 如果一本书能够把所有A到Z的相关信息都包含进去的话，那么一定是百科全书，这种说法很形象化。
109. 热：heat, high temperature, warmth,
110. **目标,目的target, goal ,aim, object, objective,**   
     target (n./v.): E.g. A collection like this makes your house an obvious target for burglars.   
     E.g. prime target  
     E.g. a new benefit targeted on/at low-income families  
     object (n.): E.g. The object of the exercise was to build a sense of teamwork.  
     objective (n.): E.g. career objectives/ accomplish an objective/ achieve/meet an objective
111. 成双对：double, twice, two times, coupled, dual(双的), twofold, duplicate(v复制), twin,
112. 合理的能接受：justified, reasonable, acceptable, logical, sensible(a明智的;通情达理的), plausible(a. 貌似真实的;貌似有理的), practical, sound, rational, well-organized,
113. 亲睐类：like, enjoy, be fond of, be keen on, delight in, go for, love, favour, prefer (to), preference,
114. G类：immigrant, settler, incomer(n移民;新来者),
115. 构成：consist of, be composed of, be made up of, comprise, contain, include, involve, amount to, feature,
116. 常规：standard, universal, usual, established, accepted, customary, orthodox, regular,
117. **坐落于locate, situate, stand, seat, settle,**located (a.): E.g. The business is located right in the center of city.  
     situated (a.): E.g. The hotel is ideally situated near the sea-front.  
     stand (v.): E.g. The castle stands on the site of an ancient battlefield.  
     seat (v.): E.g. Mrs. Summer was seated at the table directly opposite her husband.
118. 多种多样：varied, different, various, diverse, heterogeneous(a.成分混杂的), assorted, miscellaneous, mixed,
119. 栖息：habitat, house, home, abode, domicile, dwelling, residence,
120. **密集的,稠密的，厚的,压缩的dense, heavy(heavily populated area), thick, condensed, compact, impenetrable, opaque, solid,**   
     dense (a.): E.g. densely-populated area=heavily-populated area  
     E.g. a dense rurally-based population  
     thick (a.): E.g. The furniture was thick with dust (=there was thick dust on the furniture).  
     E.g. thick-skinned  
     condense (v): E.g. This whole chapter could be condensed into a few paragraphs  
     E.g. condensed milk  
     compact (a.): E.g. a compact car  
     E.g. CD=compact disk
121. 不同 变 选：change, alternative, alternate, another, other, substitute(v/n代替替代), different,
122. 散：spread, advance, broaden, expand, extend, sprawl, stretch, widen, develop, proliferation, sweep,
123. 影响效果：impact, effect, consequences, significance, impression, influence, repercussions(n后果，反响),
124. 述(类)account(n. 记述), description, explanation, narrative, report, statement, story,
125. 可能性(类)probably, likely, maybe, perhaps, possibly, presumably(adv.大概;可能;),
126. **上瘾的，沉溺于，依赖于,致力于addicted(to), dependent, hooked, habituated, devoted, obsessed,**beaddicted to: E.g. kids are often addicted to surfing the Net.  
     addict (n.): E.g. TV/video game etc addict  
     dependent (a.): E.g. Norway's economy is heavily dependent on natural resources.  
     反义词：independent  
     obsessed (a.): 本意：过度关心/在乎  
     E.g. A lot of young girls are obsessed by their weight.  
     E.g. He was obsessed by a desire for revenge.E.g. The thought of seeing him again completely obsessed her.   
     devoted (a.): E.g. The journal had a devoted following of around 1000 subscribers.  
     E.g. a museum devoted to photography  
     devote (v.): E.g. She devoted herself full-time to her business.  
     E.g. She's devoting all her energies to the wedding plans.
127. 钱类：income, return, payback, revenue(n.收益;财政收入;税收收入), taxation, money, earnings, pay, proceeds, profits, salary, takings(n.营业所得，收入), wages(n工资;工钱), receipts(n. 收据;收入),
128. 途径手段：approach, way, means, method,
129. 观点理论concept, idea, conception, view, theory, notion,
130. **过时的out of date, outdated (反义backbone), old-fashioned, antiquated, dated, expired, invalid, obsolete, passé, outmoded, outworn(=worn out),**首先先说下back作为动词是表示“支持”的意思（support），而不是像很多学生想当然的认为是背对着某人，所以表示反对的意思。Backbone就是人身上最重要的骨头：脊椎骨，如果说某事或某种观点仍然起着backbone的作用，那么就意味着它没有过时。out of date: E.g. out-of-date technology  
     antiquated (a.): E.g. Hospitals suffer from inadequate facilities, antiquated equipment and shortages of medical supplies.  
     expired (a.): 过期的(ex-这个前缀有表示out of 的意思，例如export, exit)  
     E.g. The lease on the flat expired on June 14th.  
     obsolete (a.): E.g. computer hardware quickly became obsolete.  
     E.g. Will computers render (=make) books obsolete?  
     passé: 来自于法语  
     outworn (a.): E.g. outworn traditions
131. **好处，优势，价值merit, worth, value, advantage, excellence, goodness, strong point, quality, advantage, benefit, plus**  
     这组词在写作当中也非常常用  
     quality (n./a.): 这个词本身就有质量好的意思，并不一定需要在前面加high或good(加上也没问题)  
     大家也不要以为只有形容词才可以修饰名词，名词修饰名次也是很常见的，例如：paper cup等  
     E.g. wines of quality  
     E.g. quality newspapers/press etc  
     worth (n.): E.g. The new computer system has already proved its worth.  
     worth这个词很容易用错，当想表示某物值多少钱时，这个时候worth是介词，一定不要忘记前面要丢了be动词  
     E.g. This art collection is worth a fortune (=worth a very large amount of money).  
     这个单词的几种词性变化需要大家注意：worthwhile，worthy(someone who is important and should be respected), worthless  
     value (n.): E.g. A group of athletes spoke to the students about the value of a college education.  
     E.g. I hope this book will be of value to both teachers and students.  
     注意：valuable=invaluable  
     excellence (n.): E.g. the university's reputation for excellence.  
     plus (n.): E.g. The hotel's closeness to the beach is definitely a plus.  
     E.g. The plus point of this area is its school system, which is considered one of the best in the city.
132. 撒谎：fraud(n.欺诈骗子), deception, swindling, cheat, deceit(n谎言诡计), treachery(n背叛), trickery(n欺骗,哄骗,耍花招),
133. 沮丧：depression(n萎靡不振，沮丧; 衰弱), low spirits情绪低落, dejection(n. 忧郁，沮丧;), despair(n.绝望), gloominess(n黑暗沮丧), sadness, the blues, downheartedness(a沮丧的), despondency(n失去勇气,失望), melancholy,
134. 渐淡：wear off(磨损;磨掉;逐渐减弱;逐渐消失), fade, wane(n. 衰落), subside(vi.减弱，平息), decrease, diminish, disappear, dwindle(v减少,衰弱,退化), peter out(v逐渐消失),
135. **成熟,成年mature, adult, grown-up, full-grown, ripe, of age, seasoned, fully fledged, mellow,**mature (a./v.): E.g. Laura is very mature for her age.  
     E.g. The human brain isn't fully mature until about age 25.  
     E.g. mature student: a student at a university or college who is over 25 years old.  
     ripe (a.): Don't pick the apples until they're really ripe.  
     seasoned (a.): 经验丰富的  
     E.g. We need a seasoned manager to run this project.  
     full-fledged (a.): E.g. India has the potential to become a full-fledged major power.  
     mellow (a.):
136. **合作，同伴，同事cooperate, work with(together), collaborate, collaborator, coordinate, co-worker, colleague, fellow worker, workmate, partner, team-mate, associate,** **company,**这组词当中有很多都有co-这个前缀，这个前缀表示together with  
     company (n.): 最常见的是表示“公司”的意思，同时它也有“同伴”的意思  
     E.g. People judge you by the company you keep  
     记得在CON AIR（空中监狱）这部电影中，有个匪徒就说过这么一句话：We got companies.就是表示我们有伴了，当然了这个伴就是指那些没用的警察了。  
     associate (n.): 同事  
     E.g. business associates  
     collaborate (v.): E.g. Elephants collaborate in looking after their young.
137. **撤离,放弃,离开evacuate, abandon, desert, move out, leave, forsake, quit, vacate, withdraw, send away, depart, run away,**   
     evacuate (v.): 很多e开头的单词都和ex-这个前缀的意思接近（out of的意思）  
     考试中如果考到灾难性文章的主题例如火山，飓风，海啸等(注意这些自然灾害的词的拼写)，evacuate 这个词就会经常出现  
     E.g. During the war he was evacuated to Scotland.  
     Police evacuated the area.  
     desert (v.): E.g. He deserted her for another woman.  
     forsake (v.): E.g. He has forsaken his native Finland to live in Britain.  
     E.g. children forsaken by their parents  
     vacate (v.): E.g. Guests must vacate their rooms by 11:00.  
     E.g. Clay will vacate the position on June 19.  
     depart (v.): E.g. The bus was due to depart at any moment.  
     departure (n.)  
     de-这个前缀表示“相反，移除或者减少”的意思  
     例如：deforest, depopulation, debone
138. 废了(类)Abolish(v消灭废止), annul(v取消,宣告无效), cancel, end(put an end to), eradicate(v摧毁), stamp out(踩上,压制), do away with(消除;终止;废除), rescind(v撤销), quash [法]v废除，使无效, revoke(v废除;撤销,取消),
139. 完了：abort(v/n夭折), stop, call off(叫停叫走), halt, terminate(n终止a结束的), check(v制止，抑制;在…上打勾),
140. 富足(类)：abound, be plentiful, flourish, proliferate, swarm, thrive(n.兴盛), rich, abundant, abounding, ample, copious, fertile, fruitful, productive, prolific,
141. 确定(类)definite, clear, clear-cut, black-and-white, exact, precise, certain, resolved, clarity, clearness, simplicity, definition, limpidity, lucidity, precision, transparency,
142. **持久的，耐用的durable(Marathon), long-lasting, enduring, persistent, hard-wearing(=long- -wearing), dependable,**durable (a.): 马拉松当然是项考验耐力和持久力的运动了  
     马拉松的来历：Marathon, place in Greece; from the story that in 490BC a Greek soldier ran about 25 miles from the battlefield of Marathon to Athens, to bring news of the Athenian victory over the Persians  
     E.g. Finding a durable solution will not be easy.   
     E.g. durable goods  
     hard-wearing (a.): 以前很多学生说这个词的意思是“衣服很难穿”的意思，吐血中…  
     E.g. It is hard-wearing, crease-resistant, easy to wash and quick drying.  
     dependable (a.)：可依靠的，靠得住的  
     大家需要注意的是这个词和old这个词的相关性，如果说一个公司能够靠得住，是不是说明这个公司有一定历史呢？  
     persistent (a.): E.g. Persistent offenders (=people who often break the law) face a prison sentence.
143. intensive (100m sprint), demanding, exhaustive, concentrated,   
     intensive (a.): 这个词和上面一组的durable是反义词，表示“力量或者努力集中爆发”的意思，100米跑就属于能力集中爆发的一项运动。  
     E.g. labour-intensive  
     E.g. energy-intensive/knowledge-intensive  
     demanding (a.): 费力的，吃力的（这个词的词义千万不要从字面上去理解）  
     E.g. a demanding job  
     E.g. Climbing is physically demanding.
144. acute(short term), severe(a.严峻的), intense, crucial, critical, urgent,
145. 紧：tension, tightness, pressure, rigidity, stiffness, stress, pressure, strain, unease, suspense, nervousness,
146. 存：preserve, save, care for, protect, defend, conserve, keep, safeguard, shelter, shield, maintain, sustain, reserve,
147. 邪恶：vicious(a.恶毒的), malicious(a. 恶意的，有敌意的;蓄意的), venomous(a. 有毒的;恶意的), ferocious(a. 凶猛;残忍的),
148. 保持：harbor(keep bad thoughts), maintain, hold, cling to(紧抓), contain(germs), protect(criminals), nurse,
149. **同意，支持advocate, argue for, vote for, in favour of, prefer (to), side with, agree, support, uphold, commend, consent, assent, concur,**advocate (v.):E.g. Those who advocate doctor-assisted suicide say the terminally ill should not have to suffer.  
     argue for (反：argue against): E.g. They argued for the right to strike.  
     E.g. Baker argued against cutting the military budget.  
     In favour for: I’m all in favour of (= completely support) equal pay for equal work.  
     side with: She always sided with my brother.
150. 挫：frustration(n挫败), annoyance, disappointment, dissatisfaction, irritation(n令人恼火的事), resentment(n愤恨不满),
151. 参与attend, be present, appear, go to, participate in, take part in, show oneself, turn up(出现), visit, enroll, register, competitor(n对手),
152. 削：demolish, destroy, knock down(拆卸,降), bulldoze(推倒), dismantle, tear down(拆毁), raze(v彻底摧毁), level(v铲平), flatten(v变平),
153. 揭开：disclose, make known, broadcast, communicate, reveal, relate, bring to light, expose, uncover, unveil, lay bare, publicize, openly,
154. 缓解放松：ease, relieve, alleviate, calm, comfort, lessen, lighten, relax, soothe,
155. 服：costume(n. 戏服，表演服装), outfit, clothing, dress, attire(n. 服装;衣服), uniform, clothes,
156. 犯罪delinquency, crime, illegal/immoral behaviour,
157. 独特(类)genius, talent, gift, unique, bent, brilliance(n.光彩;光辉), aptitude, flair, prodigy,
158. 灵活多样的：flexible, plastic(a.可塑的), variable, pliable(a.柔韧的), elastic(a. 有弹力的;可伸缩的;灵活的), adjustable, adaptable, pliant,
159. 侵犯：infringe, break, contravene, disobey, violate, transgress, encroach upon, invade,
160. 诚实(类)integrity(n. 完整;正直，诚实;), honesty, uprightness(n.正直), virtue, purity,
161. 干预阻碍：interfere, intervene, intrude, meddle, tamper(vt窜改), impede, inhibit,
162. 请必须please, must,
163. 工作日：office hours, weekday, Monday to Friday,
164. supplement, complement, consummation(n圆满), counterpart, rounding-off, addition, appendix,
165. civil engineering, (the planning, building, and repair of roads, bridges, large buildings etc)土木工程
166. 过渡：lavish(a. 过分慷慨的), extravagant, exaggerated, excessive, immoderate, wasteful, wild, prodigal, grand, generous, abundant,
167. 潜伏的；潜在的potential, dormant(a. .静止的，休止的；潜伏的), hidden, latent, likely, promising, future, possible, inherent, would-be,
168. 热情：zeal(zealot), enthusiasm, fervour, zest, eagerness, ardour, fanaticism, gusto, passion, spirit, keenness,
169. v.指示,表示denote, indicate, express(v.表示,表现), imply, show, signify,
170. 大约几乎：approximately, almost, some, around, circa, nearly, roughly, close to,
171. 不知：unknown, little known, rarely known, undiscovered, unexplored, anonymous, nameless, unidentified,
172. 理想：ideal, dream, ambition, aim, goal, aspiration, desire, hope, wish, fantasy(n. 空想，幻想),
173. 新奇：innovation, novelty, newness, variation, freshness, oddity(n.古怪，奇特),
174. 无害的：innocent(a. 无恶意的，无害的), not guilty, guiltless, honest, naïve, blameless(a无可责难的，无罪的), uninvolved,
175. 关联：link, correlation(n.相关性) , connection, association, tie-up, relation, attachment, affinity（a. 密切关系,
176. 预言:predict, expect, foretell(vt. 预言，预示), forecast, prophesy(n. 预告，预言), portend(vt.

预示;预兆), divine(a. 神圣的), forewarn(v. 预先警告，事先告知),

1. 锻炼：exercise, physical activity, labour, training, work,
2. 常规：regular, daily, monthly, habitual, routine, customary, everyday,
3. 孤立：isolated, lonely, remote, hidden, secluded(a.与世隔绝的;偏僻的), off the beaten track(ad偏僻，人跡罕至), outlying(a.偏僻的，边远的),
4. 反馈：feedback, comment, remark, explanation,
5. 成就(类)achievement, accomplishment, performance, effort, fulfillment,
6. 减少(类)：shrink(v.收缩,皱缩, lose, decrease, contract(v.签合同;缩小, diminish, dwindle (v.数量上)减少,缩小, narrow, shorten,
7. 大方友好：kind, gentle, benign, pleasant, considerate, charitable, friendly, compassionate, courteous, generous, obliging, philanthropic, tender-hearted,
8. 滥用：waste, consume, misuse, lavish, squander(v/n挥霍), dissipate(v.挥霍),
9. 最大：maximum, up to, top, ceiling, peak, upper limit,
10. 缺点：drawback, minus(There are both pluses and minuses to living in a big city.), disadvantage, downside(n.下降趋势;负面，消极面), flow, deficiency, problem,
11. 最小：minimum, start at, least, lowest, minimal, slightest(a. 最轻微的), smallest, minimize, constrain(v. 约束;限制),
12. 费：overhead(n.管理费用经常费用), bill, charge, money,
13. 买：buy, invest (in), purchase, acquire, obtain, pay for, procure(v. 获得), shop for,
14. 迟：hold-up, delay, postpone, detain, set back, deter(vt.阻止;制止), put off, hold over(延期), shelve(v. 罢免),
15. 将要：intend, plan (to), mean, aim, propose,
16. 凉冷：cold, chilled, chilly, arctic, cool, freezing, frigid(a. 寒冷的), frozen, icy(a.结冰的),
17. difficulty, pitfall, problem, hazard(n.冒险的事), peril(n. 冒险), trap, danger, drawback, snag(n小困难或障碍)
18. 部分：part, proportion, portion, share, section, scrap, fragment(n.少量;小份;一点儿), fraction, piece,
19. 订：book, reserve, arrange for, charter, schedule, arrange, make reservations(定位，定房间等),
20. 健身：gym, fitness center, recreation,
21. 远大抱负的：ambitious, enterprising(a.有进取心的), aspiring(a.有抱负的), eager, avid(a. 渴望的), striving, zealous(a.热心的), intent,
22. 编辑(类)compile(v编制;编纂), edit, write, put together(制订), accumulate, amass, collect, gather, organize, garner, cull(vt精选;挑选),
23. 每年：annual, per year, yearly, once a year, yearlong(a. 长达一年的),
24. 野生动物：reptile(n爬行动物), snake, wildlife, butterfly,
25. 煽情：romance, love story, love affair, relationship, amour, liaison, attachment,
26. 有害的：detrimental, damaging, adverse, deleterious(a有害的;有毒), disadvantageous, harmful, unfavourable,
27. 有好处的：helpful, beneficial, conducive（a有助于…的),
28. 吸引2：interesting, engrossing(a. 使人全神贯注的), intriguing(a. 迷人的), appealing, engaging, gripping(a. 吸引注意力的), attractive, thought-provoking(a.发人深省的), compelling,
29. 接近access, entrance,   
    、
30. 推荐recommend, go for(适用于某人),
31. 后面：behind, back,
32. 景象：panorama(n.全景照片) ,view, scene, sight, spectacle(n奇观), visual, vista,
33. 个人的：individual, personal,
34. 现实的：valid, realistic,
35. 促进：advancement(n促进;推动), promotion,
36. 变老：aging, growing old,
37. 一些但不太多：few, not many, scarce, short supply,
38. 更小可能：less likely, reduced chance, decreased likelihood,