Akron Radiology Inc. Technique Manual For MRI

Including Gadolinium Advisory Statement

Version 2020b

Summa Health System CCOC

Western Reserve Hospital
Affiliated Imaging Centers: Green, Hudson, White Pond, Medina

Table of Contents

Gadolinium Injection Advisory Statement

Neurologic Imaging

1. Brain

Routine

R/O Tumor, Infection

Known Tumor

MS

Seizures

AVM

Stroke

Aneurysm

- 2. Internal Auditory Canals (Including 7th & 5th neuralgia)
- 3. Pituitary gland
- 4. Cervical spine

Routine

Post Op

Tumor, Infection

Syrinx

5. Thoracic spine

Routine

Tumor, Infection

6. Lumbar spine

Routine

Post Op, tumor, infection

CSF

- 7. Entire Spine Survey (Cord compression)
- 8. Orbits
- 9. Neck
- 10. Temporomandibular joints

Table of Contents

Musculoskeletal Imaging

- 1. Knee
 - Routine
 - Arthrogram
- 2. Shoulder
 - Routine
 - Arthrogram
- 3. Brachial plexus
- 4. Pectoralis Major
- 5. Wrist
 - Routine
 - Arthrogram
- 6. Hand
 - Arthritis
- 7. Digit
- 8. Hips
- 9. Pelvis
 - Routine
 - Arthrogram
- 10. Quadriceps Muscle
- 11. Adductor Detachment (Athletic Hernia)
- 12. Calf
- 13. Sacroiliac joints
 - Arthritis/Infection
- 14. Sacrum
- 15. Lumbosacral plexus
- 16. Extremity mass
- 17. Extremity infection
- 18. Thigh(s) (new as of 2013)
- 19. Leg(s) (new as of 2013)
- 20. Ankle/Foot
 - Neuroma
 - Infection
- 21. Elbow
 - Routine
 - Arthrogram
 - Bicep Rupture
- 22. Forearm
- 23. Total Body for Multiple Myeloma

Table of Contents

Abdominal Imaging

- 1. Liver
 - Routine
 - Hemangioma
 - **Fatty Infiltration**
 - Liver Lesions (EOVIST)
- 2. Biliary system MRCP
- 3. Renal
- 4. Adrenal glands
- 5. Pancreas
- 6. Small Bowel Enterography
- 7. Pelvis
 - **Endometriosis**
 - Pelvimetry
 - Placenta
- 8. Rectal/Cervix staging for tumor
- 9. Prostate
- 10. Scrotum
- 11. Abdomen/Pelvis Suspected appendicitis in pregnancy

Chest

1. Routine

MRA Imaging

- 1. Circle of Willis (Intracranial)
- 2. Carotids (Neck)
- 3. Carotids non-contrast (Neck)
- 4. MRV intracranial
- 5. Inferior Vena Cava
- 6. Renal Arteries

Routine

Donor

- 7. Renal Veins
- 8. Portal system
- 9. Thoracic Aorta
- 10. Aortic Arch
- 11. Abdominal Aorta
- 12. Peripheral lower extremity
- 13. Cardiac

Breast Imaging

- 1. Routine
- 2. Implants

Gadolinium Advisory Statement - ARI

Gadolinium contrast material has been found to be associated with the condition Nonspecific Systemic Fibrosis (NSF). The following recommendations are suggested by Akron Radiology Inc. based on the American College of Radiology Guidelines:

Group II Agents (Gadavist, Multihance, Dotarem or Prohance)

As of 2017, when utilizing group II agents, based on the most recent scientific and clinical evidence the ACR Committee on Drugs and Contrast Media considers the risk of NSF among patients exposed to standard or lower than standard doses of group II GBCAs low or possibly nonexistent. Therefore, assessment of renal function with a questionnaire or laboratory testing is optional prior to intravenous administration. As in all instances, group II gadolinium agents should only be administered if they are deemed necessary by the supervising radiologist, and the lowest dose needed for diagnosis should be used as deemed necessary by the supervising radiologist.1

While the ACR Committee also states that the risk for NSF is extremely low regardless of renal function or dialysis status, in patients with end-stage renal failure on dialysis, we recommend avoiding the use of any gadolinium agent unless medically necessary. If gadolinium is given, then the agent should be administered just prior to dialysis.

Group I or III Agents (Magnevist, Optimark, Omniscan or Eovist)

When Group I or III agents MUST be used, patients over age 60 OR with risk factors for renal disease (i.e., dialysis, renal transplant, single kidney, kidney surgery, kidney cancer, diabetes or hypertension requiring medical therapy) are required to have their serum creatinine level measured before the contrast-enhanced MR examination.

GFR > 60: Acceptable to use Group I or III gadolinium agent.

GFR > 30: Acceptable to use Group I or III gadolinium agent if clinically necessary.

GFR <30: The usage of Group I or III gadolinium agent is considered contraindicated.

All deviations from the accepted guidelines are to be approved by the attending Radiologist.

References:

- 1. ACR Manual on Contrast Media. Version 10.3 May 2017
- 2. Incidence of Nephrogenic Systemic Fibrosis after Adoption of Restrictive Gadolinium-based
- 3. Contrast Agent Guidelines. Radiology July 2011 260:105-111.

NEUROLOGIC IMAGING:

BRAIN (ROUTINE) Note: Flow compensation is in use for precontrast T(1)

Sagittal T(1) SE Axial FLAIR

T(2) FSE Diffusion

Susceptibility/BOLD/GRE

Coronal T(2) FSE

BRAIN (R/O TUMOR including METS, Infection or Ordered with Contrast)

Routine Brain as above (EXCEPT DELETE CORONAL T(2) SE) but add:

Axial T(1) SE

Post Gad:

Axial T(1) SE Coronal T(1) SE

Sagittal T(1) SE (if tumor present)

BRAIN (KNOWN TUMOR)

Routine Brain as above (EXCEPT DELETE CORONAL T(1) SE) but add:

Axial T(1) SE

Post Gad:

Volumetric 3D T1 (MPRAGE) obtained at 1 mm in the axial (or sagittal) plane and reconstructed in the other two remaining planes

BRAIN (MS)

Routine Brain as above PLUS:

Axial T(1) SE Sagittal FLAIR

Post Gad: (5 minute delay) Axial T(1) SE

BRAIN (REFRACTORY SEIZURES <70 y.o.)

Sagittal T(1) SE Axial FLAIR

T(2) FSE GRE Diffusion

Coronal T(1) 3D GE

T(2) FSE FLAIR

Post Gad: (Only if requested by referring physician):

Axial T(1) SE Coronal T(1) SE

BRAIN (STROKE)

Routine Brain

Only if specified add:

Intracranial MRA

Neck MRA

Only if specified: Perfusion: Power inject 20cc of Gad w/ 2sec delay. Radiologist will choose level.

BRAIN (AVM)

Routine Brain

Intracranial MRA

Intracranial MRV

BRAIN (ANEURYSM)

Routine Brain

Intracranial MRA

INTERNAL AUDITORY CANALS (Bell's Palsy (7th nerve), Trigeminal (5th nerve) Neuralgia)

Whole Brain:

Axial T(2) SE

FLAIR Diffusion

Pre Gad: (through area of interest) Axial T(1) SE FatSat

3D T(2) GRE (CISS)

Post Gad: (through area of interest)

Axial T(1) SE FatSat

Coronal T(1) SE

Whole Brain:

Axial T(1) SE

Localize examination for area of concern:

IAC – Internal Auditory Canals

7th nerve – Slightly lower than for IAC

5th nerve - Brainstem

PITUITARY

Whole Brain:

Axial T(2) FSE

FLAIR

Pre Gad: (through pituitary)
Coronal thin T(1) SE
Sagittal thin T(1) SE

Post Gad: ½ DOSE GAD at 90sec Coronal thin T(1) SE (dynamic post-bolus)

Sagittal thin T(1) SE

CERVICAL SPINE ROUTINE

FOV – Skull base through T1-2

Sagittal T(1) SE

T(2) FSE STIR

Axial T(2) Spoiled GE

T(2) FSE

CERVICAL SPINE (SYRINX)

FOV – Skull base through T1-2

Sagittal T(1) SE

T(2) FSE

Axial T(1) SE

T(2) Spoiled GE

CERVICAL SPINE (Post Op)

Routine Cervical Spine without Gad

CERVICAL SPINE (Tumor, Infection or whenever Gad is requested)

FOV – Skull base through T1-2

Pre Gad:

Routine Cervical Spine

Sagittal Diffusion (add if possible if infection suspected)

Post Gad:

Axial T(1) SE through entire spine

Sagittal T(1) SE

THORACIC SPINE

Sagittal T(1) SE

T(2) FSE STIR

Axial T(1) through entire spine

T(2) GRE through entire spine

THORACIC SPINE (Tumor, Infection or whenever Gad is requested)

Pre Gad:

Routine Thoracic Spine

Sagittal Diffusion (add if possible if infection suspected)

Post Gad:

Axial T(1) SE Sagittal T(1) SE

LUMBAR SPINE

FOV -

Sagittal FOV: T11-12 through upper sacrum

T(1) SE T(2) FSE STIR

Axial FOV: T12-S1

T(1) SE

T(2) FSE – angled blocks through disc spaces (2-3 blocks only)

T(2) FSE – straight - if entire canal was not included in angled blocks

If scoliosis present add:

Coronal T(1) SE

LUMBAR SPINE (POST OP or whenever gadolinium contrast is requested)

FOV – T11-12 through upper sacrum

Post Op – Scan Pre & Post Gad T(1) Axials over entire spine

Pre-Gad:

Axial T(1) SE

T(2) SE

Sagittal T(1) SE Sagittal T(2) FSE Sagittal STIR

Sagittal Diffusion (add if possible if infection suspected)

Post Gad:

Axial T(1) SE Sagittal T(1) SE

SPINE (CSF FLOW)

Use pulse gating

Axial: 2D Phase Contrast, flow compensation Sagittal: 2D Phase Contrast, flow compensation

ENTIRE SPINE SURVEY (CORD COMPRESSION, INFECTION, TUMOR, METS)

Perform in TWO SETS of Sagittal acquisitions (Use body coil if tall patient):

- 1. Total C spine and upper T spine
- 2. Lower T spine and total L spine

Sagittal T(1) SE

T(2) FSE

STIR

Axial T(2)

If ordered with Gad or if abnormal findings present:

Sagittal post T(1) SE

Axial post T(1) SE straight sequence only with angles to discs through area of interest

ORBITS

Brain: Cover entire orbit from brainstem forward.

Axial T(2) SE

FLAIR Diffusion

Orbits:

Pre Gad:

Axial T(1) SE

Coronal T(1) SE FatSat

T(2) FSE FatSat

STIR

Post Gad:

Coronal T(1) SE FatSat Axial T(1) SE FatSat

Axial T(1) SE Whole brain (optional)

NECK

Pre Gad:

Sagittal T(1) SE

Axial T(1) SE FatSat Axial T(2) FSE FatSat Coronal T(2) FSE FatSat

Post Gad:

Axial T(1) SE FatSat Coronal T(1) SE FatSat

TMJ

Sagittal T(2) FSE (Bilateral, Closed position only)

Proton Density FatSat (Bilateral, Open & Closed positions)

Coronal T(1) SE

Musculoskeletal Imaging

KNEE

Sagittal PD FatSat (DO NOT ANGLE SAGITTAL IMAGES)

PD

T(2)

Axial PD FatSat Coronal PD FatSat

T(1) SE

If structural problem related to patella include:

Axial T(2) FSE

KNEE (ARTHROGRAM)

Post Injection:

Coronal T(1) FatSat

T(2) FSE FatSat

Sagittal T(1) FatSat

T(2) FSE FatSat

SHOULDER

Coronal T(1) FSE

PD FatSat

T(2) FSE

Sagittal T(1) FSE

T(2) FatSat

Axial PD FatSat

If r/o labral pathology include:

Axial T(1) SE

Set up coronal and sagittal off of axial at glenohumeral joint

Sagittal = parallel to joint

Coronal = perpendicular to joint

SHOULDER (ARTHROGRAM)

Post Injection:

Coronal T(1) FatSat

T(2) FatSat

Coronal T(1) FatSat with arm raised above head (ABER)

Sagittal T(1) FatSat

T(1) SE

Axial T(1) FatSat

BRACHIAL PLEXUS

Large FOV bilateral:

Axial T(1) SE Coronal T(1) SE

T(2) FatSat

Sagittal C-spine T(2)

Small FOV unilateral of affected side:

Axial T(2) FatSat Sagittal T(2) FatSat

PECTORALIS MAJOR

Use shoulder coil low across chest/upper arm.

Small FOV (upper chest from humeral neck to mid shaft for pectoralis insertion):

Axial STIR

T(1) SE

Moderate FOV (plane of pectoralis tendon as seen from axials):

Coronal T(1) SE

PD FatSat

Moderate FOV (plane perpendicular to coronal):

Sagittal T(1) SE

T(2) FatSat

WRIST

Plain films needed for baseline

Coronal PD FatSat

T(2) FatSat T(1) SE

Axial PD (through AOI and perpendicular to joint space)

T(2) FatSat

Sagittal T(2) FatSat (through AOI)

T(2) FatSat

Patient is positioned head first with the fingers straight out.

Smallest FOV possible – Cover distal 2–3 cm of radius/ulna through CMC joints.

WRIST (ARTHROGRAM)

Post Injection:

 $\begin{array}{ccc} Axial & T(1) \ FatSat \\ Sagittal & T(1) \ FatSat \\ Coronal & T(1) \ SE \\ T(1) \ FatSat \end{array}$

HAND

Coronal T(1) SE

PD FatSat

T(2) FatSat

Sagittal T(2) FatSat

High Resolution:

Axial PD (high resolution)

T(2) FatSat (high resolution)

HAND (ARTHRITIS)

Screening for inflammatory arthritis of both hands and wrists. FOV to include distal radioulnar joint through MCPS of both hands.

Pre Gad:

Coronal T(1) SE

PD FatSat

T(2) FatSat

Axial PD

T(2) FatSat

Sagittal T(2) FatSat

Post Gad:

Axial T(1) FatSat Coronal T(1) FatSat

DIGIT

Axial PD

T(2) FatSat

Coronal T(1) SE

T(2) FatSat

Sagittal PD (high resolution)

T(2) FatSat

HIPS

Need plain films for baseline

Except for Sagittals study is of **both** hips (body coil) regardless of what is requested. Axials to include **entire** pelvis.

Bilateral:

Coronal T(1) SE

STIR

Axial T(2) FatSat

T(1) SE

Unilateral:

(affected side only, small FOV, centered on joint space)

Sagittal PD FatSat Coronal T(2) FatSat

Axial Oblique PD FatSat (angled to neck)

HIP (ARTHROGRAM)

Post injection:

Axial T(1) SE FatSat

T(2) FatSat

Coronal T(1) SE

T(1) SE FatSat T(2) FatSat

Sagittal T(1) SE FatSat

Use flex coil on affected hip with small FOV.

PELVIS (BONY)

Routine Hips (to cover entire pelvis through SI joints on coronals and through iliac bone on axials).

Sagittal PD FatSat

QUADRICEPS MUSCLE (THIGH)

Both sides with large FOV:

Coronal T(1) SE

T(2) FatSat

Axial T(1) SE

T(2) FatSat

Affected side only with small FOV:

Sagittal T(2) FatSat

ADDUCTOR DETACHMENT (ATHLETIC HERNIA/PUBALGIA)

Large FOV of pelvis:

Coronal T(1) SE

T(2) FatSat

Axial T(2) FatSat

Small FOV centered over pubic bone:

Axial Oblique – 90 degrees to long axis of symphysis as seen on sagittal.

Axial Oblique PD

T(2) FatSat

Sagittal T(2) FatSat (through symphysis)
Sagittal T(2) FatSat (through affected hip)

SACROILIAC JOINTS (all with contrast unless contraindicated)

Plain films are desired for baseline

FOV centered on sacrum and SI joints

Coronal oblique (parallel to long axis of sacrum)

T(1) FSE

T(1) Fat Sat

T(2) Fat Sat

Axial oblique (perpendicular to coronal plane scan)

T(1) FSE

T(2) FatSat

Post-Gad T(1) Fat Sat in both planes as above

SACRUM

Axial T(1) SE

T(2) FSE

Coronal T(1) SE

T(2) FatSat

Sagittal T(2) SE

LUMBOSACRAL PLEXUS

Axial T(1) SE

T(2) FSE

Cor oblique T(1) FatSat

STIR

Post-Gad

Axial T(1) SE Cor oblique T(1) FatSat

EXTREMITY MASS

Required: conventional radiographs and skin marker on all cases.

Skin marker above & below lesion, not directly over lesion.

Inject Gad on all tumor cases regardless of region.

Pre Gad:

Axial T(2) SE (obtain first - most important!)

T(1) SE T(1) FatSat T(2) FatSat

In plane where the pathology is best seen

T(1) SE T(2) FatSat

Post Gad:

Axial T(1) FatSat Same 2nd plane as pre gad T(1) FatSat

EXTREMITY INFECTION

Pre Gad

Axial T(1) SE

T(2) FatSat

In plane where pathology is best seen

T(1) SE T(2) FatSat

Remaining plane

T(1) SE (when imaging small joints)

T(2) FatSat

Post Gad:

Axial T(1) FatSat Same 2nd plane as pre gad T(1) SE FatSat

THIGH (OTHER THAN FOR MASS)

Large FOV bilateral thighs

Coronal T(1)

Coronal T(2) FatSat or STIR Axial T(2) FatSat or STIR

Small FOV unilateral side of symptoms

Coronal T(1)

Coronal T(2) FatSat or STIR

Axial T(1)

Axial T(2) FatSat or STIR Sagittal T(2) FatSat or STIR

LEG (OTHER THAN FOR MASS)

Large FOV bilateral legs

Coronal T(1)

Coronal T(2) FatSat or STIR Axial T(2) FatSat or STIR

Small FOV unilateral side of symptoms

Coronal T(1)

Coronal T(2) FatSat or STIR

Axial T(1)

Axial T(2) FatSat or STIR Sagittal T(2) FatSat or STIR

ANKLE/FOOT

Plain films are required if exam is for bone abnormality. Hindfoot is same as ankle, forefoot is midfoot forward. Foot-axial is long axis, Ankle-axial is short axis.

Sagittal T(1) SE

T(2) FatSat

Coronal T(1) SE

PD

T(2) FatSat

Axial T(2) FatSat

PD

FOOT (NEUROMA)

Routine Ankle/Foot

Drop - Coronal PD

Add:

Pre Gad:

Coronal T(1) FatSat

Post Gad:

Coronal T(1) FatSat Sagittal T(1) FatSat

FOOT (INFECTION)

Axial is long axis, Coronal is short axis

Sagittal T(1) SE

T(2) FatSat

Coronal T(1) SE

T(2) FatSat

Axial T(1) SE

T(2) FatSat

Post Gad:

Sagittal T(1) FatSat Coronal T(1) FatSat

ELBOW

Axial PD

T(2) FatSat

Sagittal T(2) FatSat Coronal T(1) SE

> PD FatSat T(2) FatSat

Set coronals and sagittals off of axial acquisition. Use epicondyles to set slices. Always include bicipital tuberosity.

ELBOW (ARTHROGRAM)

Post Injection:

 $\begin{array}{ll} Axial & T(1) \ FatSat \\ Coronal & T(1) \ FatSat \end{array}$

T(2) FatSat

Sagittal T(1) FatSat

ELBOW/ARM (BICEP RUPTURE)

Axial T(1) SE

PDFS

Sagittal T(1) SE

T(2) FSE

Coronal T(1) SE

STIR

FOREARM

Axial T(1) SE

T(2) FatSat

Sagittal PD FatSat Coronal T(1) SE

PD FatSat

TOTAL BODY FOR MULTIPLE MYELOMA

Coronal T(1) SE

STIR

Cover areas of interest in large field of view including as little as

- 1. Head/neck
- 2. Chest and upper abdomen/upper extremities and lower abdomen
- 3. Pelvis/lower extremities

Abdominal Imaging

LIVER (ROUTINE)

Axial T(1) GE (all sequences are single breath hold)

T(2) Ultrafast SE

IN / OUT

Diffusion b0-50 and 800-1000

Coronal T(1) GE

STIR

Post Gad:

Axial T(1) GE Coronal T(1) GE

Dynamic study with power injection at 0sec(arterial), immediate (venous),

90sec, 3min, 5min, & 15min.

LIVER (HEMANGIOMA)

Routine Liver

Add: Axial T(2) Ultrafast SE high (triple) TE

LIVER (FOLLOW UP)

Axial T(1) SE

T(1) GE (all GE & Ultrafast SE sequences are single breath hold)

T(2) Ultrafast SE

IN / OUT

Diffusion b0-50 and 800-1000

Coronal T(1) GE

STIR

Post Gad:

Axial T(1) GE (begin acquisition at 90sec post injection, use

power injector)

Coronal T(1) GE

LIVER (FATTY INFILTRATION)

Axial T(1) SE

T(2) Ultrafast SE

IN / OUT

LIVER (HEPATOMA, CIRRHOSIS, METS) - EOVIST

Pre Eovist:

Axial T(1) Ultrafast Spoiled GE

T(2) Breathold

IN / OUT

Coronal T(1) GRE

T(2) Breathold

Post Eovist:

Axial T(1) Ultrafast Spoiled GE

(Use bolus tracking over left ventricle)

Dynamic study with power injection at 0sec(arterial), immediate (venous),

90sec, 3min, 5min, 10min, & 20min.

Axial Diffusion b0-50 and 800-1000 (during delay)

Coronal (20min T(1) Ultrafast Spoiled GE

BILIARY SYSTEM – MRCP

Biliary System:

Coronal T(2) Ultrafast SE (single breath hold)

T(2) Balanced GE T(2) Thick Slab

T(2) 3D restored 384 Triggered

Axial T(2) T(2) FatSat

Mult. rotation T(2) Ultrafast SE thin slice breathold (in best angle from thick slab)

Post processing MIPS & Source images

Liver:

Axial T(1) SE

T(2) SE

In/Out phase GRE

Diffusion b0-50 and 800-1000

Coronal T(1) SE

RENAL

Axial In/Out phase GRE

T(2) FSE T(2) FatSat

Coronal T(1) GE single breath hold

T(2) FSE STIR

Post Gad:

Axial T(1) GE single breath hold Coronal T(1) GE single breath hold

Send Axial Subtraction images to PACS (Axial T1 contrast minus Axial T1 pre)

Dynamic study with power injection at 0sec(arterial), immediate (venous),

90sec, 3min, 5min, & 15min.

Axial Diffusion b0-50 and 800-1000 (during delay)

MR UROGRAM

Perform MR Renal with Gad as above but add Coronal thick slab T2 in place of 15 min post-gad sequence

ADRENAL GLAND

Axial T(1) SE

T(1) FatSat

In Phase / Out of Phase GE

Coronal T(2) FSE

In Phase/ Out of Phase GE

PANCREAS

Pre Gad:

Axial T(1) GE FatSat

T(2) FSE FatSat Steady State GE

T(2) FSE (Breathhold)

Diffusion b0-50 and 800-1000

Coronal Steady State GE

Post Gad:

Axial T(1) GE FatSat

Dynamic study with power injection at 0sec(arterial), immediate (venous),

90sec, 3min, 5min, & 15min.

If pancreatic cyst known or detected then add thin slice T(2) MRCP sequence

ABDOMEN – NONSPECIFIC (ABDOMINAL PAIN, OTHER)

Field of view – diaphragm through iliac crests

Axial T(1)

T(2) fat sat IN/OUT

Coronal T(2)

MRI ENTEROGRAPHY

Prep – 4-6hr NPO

Contrast – 3 x 450ml bottles of Volumen (or Breeza) one hour prior to imaging

Optional glucagon -1 mg IM (contraindicated in glaucoma, known pheochromocytoma or insulinoma) (Note: Onset of action 8-10 min and duration of 12-27 min)

Field of view – Coronal performed with large FOV to include entire abd/pelv

Patient position - PRONE

Pre Gad:

Coronal T(2) FatSat (Breathhold)

Steady State GE

Diffusion 0-50 and 800-1000

Axial T(2) Abdomen (Breathhold)

T(2) Pelvis (Breathhold)

Post Gad:

Coronal T(1) Multiphase 0, 30, 70 sec

Axial T(1) FatSat Abdomen

T(1) FatSat Pelvis

PELVIS (SOFT TISSUES OR BLADDER CA STAGING)

Axial T(1) SE

T(2) FatSat

Axial Diffusion b0-50 and 800-1000

Coronal T(2) FatSat Sagittal T(2) FSE

Post Gad (Bladder CA staging or if requested):

T(1) all planes (not Fat Sat) – Cor or Sag can be with FatSat

PELVIS (ENDOMETRIOSIS)

Axial T(1) SE Fat Sat

T(2) FatSat

Coronal T(2) FatSat Sagittal T(2) FSE

PELVIS (UTERINE ARTERY EMBOLIZATION)

Pre Gad:

Axial T(1) Spoiled GE 2D FatSat

T(2) FatSat

T(2) SE – angled parallel to long axis of uterus

Sagittal T(2) SE

Coronal T(2) SE - angled perpendicular to long axis of uterus

Post Gad:

Axial T(1) Spoiled GE 2D FatSat

PELVIS (PELVIMETRY)

Axial T(1) FSE Sagittal T(1) FSE

Oblique (inlet) Coronal T(1) FSE

PELVIS (PLACENTA)

Axial T(1) GE single breath hold

T(2) TSE (Breathold)

Sagittal T(2) TSE (Breathold) Coronal T(2) TSE (Breathold)

RECTAL OR CERVIX (STAGING FOR TUMOR)

Note: Please make attempt to get Colonoscopy/Sigmoidoscopy report for rectal CA cases and put in PACS

Optional – insert 100ml of ultrasound gel into rectum

Field of view – lower pelvis only – small field of view

Axial oblique (perpendicular to long axis of rectum at level of tumor)

T(1) (no fat sat or gad on any sequences)

T(2) FSE

Diffusion b0-50 and 800-1000

Sagittal T(2) FSE Coronal T(2) FSE

PROSTATE

Preference is to wait four weeks after prostate biopsy

Pre-Gad:

Axial T(1) Whole pelvis

All remaining sequences small field of view

Axial T(2) FSE Sagittal T(2) FSE Coronal T(2) FSE

Axial Diffusion b0-50 and 800-1000

Post-Gad:

Axial Multiphase T(1) FAT SAT

SCROTUM

Use small flex coil

Pre Gad:

Axial T(1) SE

T(2) FSE

Sagittal T(1) SE

Post Gad:

Axial T(1) SE Sagittal T(1) SE

ABDOMEN/PELVIS (SUSPECTED APPENDICITIS IN PREGNANCY)

Axial T(1)

T(2) SSFSE breath hold with fat sat

IN/OUT

Sagittal T(2) SSFSE breath hold

Coronal T(2) SSFSE breath hold with wide field of view to include kidneys/GB

CHEST

Perform in prone position when attention to anterior structures

Axial T(1) SE Coronal T(1) SE

T(2) FSE

MRA Imaging

Note: Use of Ablavar (blood pool agent) only at discretion of interpreting radiologist. Not to be used for carotid MRA

CIRCLE OF WILLIS (HEAD OR INTRACRANIAL)

Sagittal Scout

Axial: 3D TOF MRA, combined MOTSA

CAROTID (NECK OR EXTRACRANIAL)

Pre Gad:

Axial: 2D or 3D TOF MRA of entire carotid system

Post Gad:

Axial: 3D TOF MRA (from Aortic Arch to Circle of Willis)

CAROTID (NON-CONTRAST) (NECK OR EXTRACRANIAL)

Axial: 2D or 3D TOF MRA entire carotid system Axial: 3D TOF MRA of carotid bifurcation only

MR VENOGRAM HEAD

Pre-Gad:

Sagittal: 2D TOF MRV Coronal: 2D TOF MRV

Post Gad: (Do not use contrast if performing MRA during same exam)

2D TOF MRV Wide FOV

RENAL ARTERIES

Coronal T(2) Balanced GE Axial T(2) Balanced GE

T(2) TSE

T(1) Spoiled GE

Run coronal 3D subtraction & axial timing bolus sequences.

Post Gad: 3D-TOF MRA of renal arteries

RENAL ARTERIES (DONOR)

Axial T(1) Spoiled GE

Coronal T(1) SE

T(2) FSE

Run breathold no contrast mask & axial timing bolus sequences.

Post Gad:

3D-TOF MRA of renal arteries

Coronal T(1) SE

RENAL VEINS

Axial: T(2) Balanced GE Coronal: T(2) Balanced GE

Breathold no contrast mask

Post Gad: Timing run w/ 10sec scan delay, 5cc test bolus just above renal

arteries.

3D-TOF MRA breathold with double dose (35cc)

Add Renal Protocol post Gad if examination performed to evaluate tumor.

PORTAL VEIN

Axial T(2) Balanced GE Coronal T(2) Balanced GE

Sagittal 2D TOF MRA with satbands on one side through portal vein

2D TOF MRA with satband on other side through portal vein

T(1) SE BlackBlood

Breathold no contrast mask

Post Gad: Timing run w/ 30sec scan delay, 5ml test bolus

3D-MRA breathold with double dose

INFERIOR VENA CAVA

Axial: T(2) Balanced GE Coronal: T(2) Balanced GE

2-D axial MRA to cover IVC (5 slices/breathold, MIP together)

Breathold no contrast mask

Post Gad: Timing run w/ 30sec scan delay, 5cc test bolus

3D-MRA breathold with double dose

THORACIC AORTA

Use Cardiac Table gating Axial T(1) SE gated

ParaSagittal T(1) SE gated (Candy Cane)

Breathold no contrast mask

Axial: Timing run in Aortic Arch, 2ml test bolus

Post Gad: ParaSagittal 3D MRA of Aorta

When doing parasagittals be sure to change orientation to coronal before angled

AORTIC ARCH & GREAT VESSELS

Axial: T(2) Balanced GE to include ascending and descending aorta

Post Gad: ParaSagittal CareBolus with 20ml

ABDOMINAL AORTA

Axial: T(1) Steady State GE Coronal T(1) Steady State GE

Post Gad: Coronal 3D CareBolus with 20ml

PERIPHERAL LOWER EXTREMITY RUNOFF

Localizer from renal to ankle

Do visual prep

OR

Do timing bolus

Post Gad: Coronal 2D TOF MRA

 1^{st} phase -2.0cc/sec for 20cc through femurs 2^{nd} phase -1.0cc/sec for 30cc through ankle

do scan from renal to ankle then back up from ankle to renals

CARDIAC (MYOCARDIAL VIABLITY)

Axial: T(1) Ultrafast SE black blood

CINE Balanced GE

2D TOF

Perfusion

BREAST IMAGING

BREAST (ROUTINE)

Axial T(1)

T(2) FatSat T(2) FatSat

Contrast: 10ml Gadovist with 20 sec delay Post Gad: Axial multiphase dynamic

Delayed: Sag L and R FatSat

BREAST (IMPLANTS)

Axial T(2) TIRM

T(2) FatSat

T(2) WaterSupressed T(2) TIRM FatSat

Sagittal T(2) TIRM

T(2) FatSat

T(2) WaterSupressed T(2) TIRM FatSat

Ver 7.0 Revisions

Updated Routine Brain

diffusions

Sagittal sequences

CSF flow

Updated Routine L/S with axial T(2)

Updated all MS

Knee add pd fatsat

Shoulder add t2 cor fatsat

Ankle change t1 coronal to pd fatsat

Elbow change t2 axial to fatsat

Hip change t2 axial to fatsat

Hip arthrogram no t2

Revamp forearm

Abd

added in/out phase as routine

added t2 thick slab rotations to MRCP

MRA

Peripheral lower extremity runoff

Cardiac

7.1 Revisions:

Tech update

IAC FatSat

Abd Ao

8.0 Revisions

Added Brain Bleed

Sacrum

Breast

Extremity infection

Sagittal STIR spines

Arm raised shoulder arthrogram

Updated liver to dynamic

renal with T(2) FatSat

MRCP with trigger 3D, Ultrafast SE coronal, and Liver

Dynamic pancreas

Added MRA Portal Vein

Version 9.0 Revisions

Gad Advisory Statement

Version 10.0 Revisions

New MSK protocols

PDFS in place of T(2) on almost all sequences

Rtn use of Gad for infection

Version 11.0 Revisions

Neuro update from Sept meeting

Rtn Post Gd brain in two planes

Update orbits

New MSK protocols

Quad muscle

Adductor rupture (hernia)

Forearm

Update MSK

Elbow

Ankle

Extremity mass & infection add PD FatSat, best plane

Hips

Abd update

Uterine Ablation protocol

Add pelvimetry

MRA carotid update

Version 11.1 Revisions

Neuro update from Sept meeting

Add rtn BOLD

Dynamic Sella

Add GRE to T spine

Update no gad for post op C spine

Did not: add rtn brain coronal, pre T1 axial on post gad brains, seizure MPRAGE

MSK

Update latest shoulder

Hips with small FOV unilateral and axial oblique added

New SI jnt post gad

Foot/ankle orientation change and add Neuroma & infection

Move brachial plexus to msk

Add pectoralis major

Add hand and digit

Add bony pelvis

Add calf

Version 11.3 Revisions

Neuro

Rtn brain on IAC studies

Sagittal post gad on initial pituitary

Post op lumbar T(1) over surgical levels only

Orbits to include rtn brain

MSK

Revised Athletic Pubalgia

Abd

Add Placenta
Dynamic Renal

Gad adrenals

High T(2) liver hemangioma

Version 11.4 Rev

Neuro

Add FLAIR axials to seizures Sella T(1) post dynamic coronal

Post op lumbar entire spine – go figure

Abd

EOVIST

Version 11.5 Rev

Change: HASTE – Ultrafast SE

THRIVE – Ultrafast Spoiled GE

TRUFI – Balanced GE FLASH – Spoiled GE FISP – Steady State GE

Abd

Add coronal STIR to Renal

Version 11.5b Rev

Neuro

Add Pre Gad T(1) axials to all brains Axial MPRAGE (3D IR) to seizures Add Cor T(2) FatSat to neck

MSK

Change pelvis to T(2) FatSat

Abd

Update dynamic timing in abd

Version 13 Rev (6/4/2013)

Neuro

All pituitary exams include dynamic post contrast imaging

Cervical spine axial FSE T(2) included on routine

Abd

Rectal MR for staging added

Liver Eovist limited to hepatoma, cirrhosis or mets

Liver Eovist – 20 min imaging includes coronal

Adrenal – post contrast imaging deleted

Add Susupected appendicitis in preganancy protocol

Gadolinium advisory updated

Version 2013b (9/2013)

Updated numbering scheme

MSK

Proton/Spin density sequence performed at TE of 60

Changed SI joint protocol

Thighs

Legs

Abd

Diffusion weighted imaging with b value 0-50 and 800-1000 added for most abdominal sequences

Pelvic for endometriosis – T1 is now with fat sat

Rectal – angle axial perpendicular to long axis of rectum at level of tumor

Prostate

MRA

Added optional post-gad MRV head

Version 2014

Neuro

Specified field of view for Cervical and Lumbar

Add Axial GRE to Brain for seizure

Limit Brain for seizure to patients <70 yo, otherwise perform routine Brain

MSK

For Infection - SE T(1) all three planes in small joints

Abd

Updated Pelvis for UAE

Version 2015

Neuro

Updated Entire Spine Survey

MSK

Updated Foot (Infection)

Version 2015b

Neuro

Seizure protocol only for refractory seizure or specific requests for protocol IAC – coronal T1 post Gad now performed without fat sat (ACR accreditation requirements)

Orbits - Add Pre Gad axial T1 and T2 non-fat sat orbits and coronal STIR pre contrast (ACR)

MSK

Knee – add sagittal T(2) (ACR)

Ankle/Foot – add T(1) coronal (ACR)

SI joints use Gad for all

Shoulder – add coronal T(1)

Abd

Renal – change axial T(1) to In/Out phase GRE (ACR

Add MR Urogram

Pancreas – If cyst known or detected, then add thin slice MRCP sequence to determine if cyst communicates to pancreatic duct

MRCP now includes dynamic multiphase post Gad T(1) of liver

Enterography performed in prone position. Add optional IM glucagon

Rectal protocol changed to Rectal or Cervix for staging

Prostate – add axial T(1) whole pelvis (ACR)

Version 2015c

Neuro

Brain for seizures – remove axial 3D, add coronal T(1)

Orbits – Remove axial T(2)

Abd

MRCP back to non-contrast

Add Abdomen – nonspecific (abdominal pain, other)

Other

Updated Gadolinium advisory statement regarding patients at risk requiring creatinine determination

Version 2015d

Neuro – Brain with contrast - delete coronal T(1)

MSK

Add T(1)FatSat

MRA

 \mbox{MR} Venogram Head – use gadolinium on all except when patient undergoing MRA during same exam

Added statement about Ablovar (blood pool agent)

Version 2016a

Neuro - L spine – axials done in blocks angled through discs, but straight can be included especially if entire canal was not included in angled blocks

Abd - Pelvis for soft tissues – post contrast sequence to be performed without fat suppression

Pelvis for rectal CA – tech please make attempt to get colonoscopy report Breast -Updated sequences

Version 2016b

MRI Brain for seizure for patients with first seizure or 70 y.o. – perform routine brain without contrast or with/without contrast if requested

Version 2017

Add Total Body for Multiple Myeloma Reverse policy regarding seizure as noted in 2016b

Version 2018

Updated abdomen/pelvis in pregnancy for suspected appendicitis

Version 2018b

Brain (routine) add Cor T(2) Corrected typos in MRV Head Brachial plexus – add cervical spine sag sequence

Add Lumbosacaral plexus protocol

Version 2018c

TMJ coil no longer available. Use head coil

Prostate T1 pre and post contrast use Fat Sat (large FOV T1 is without Fat Sat)

Updated Breast MRI

Update to Gadolinium advisory statement

Version 2019

Brain for seizure – coronal changed to 3D GE T(1)

Adrenal - added coronal in/out phase GE

MR Enterography – change axial T2 to no fat sat

Carotid MRA – noncontrast can be done 2D or 3D

Version 2019b

Brain for known tumor – Change post contrast to 3D volumetric (MPRAGE)

Version 2019c

Updated Brain protocols (deleted Cor T1 from routine and Cor T2 brain with contrast) All protocols realigned in proper columns

Version 2020a – Jan 2020

Chest for endobronchial valve

<u>Version 2020b – May 2020</u> Renal MRI – send subtraction images to PACS Rectal MRI – optional ultrasound gel usage Pelvis with contrast – indication includes bladder CA staging