

Productive Struggle



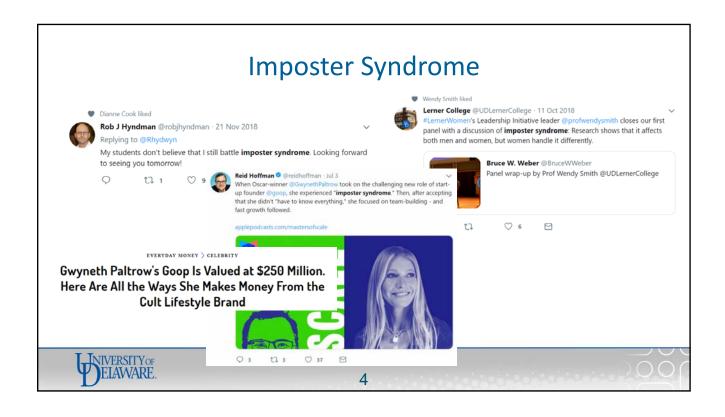
Productive struggle is a state of mind where obvious solutions and simple answers to a problem seem elusive, yet despite this, one maintains faith that flexible thinking and perseverance will yield positive outcomes.

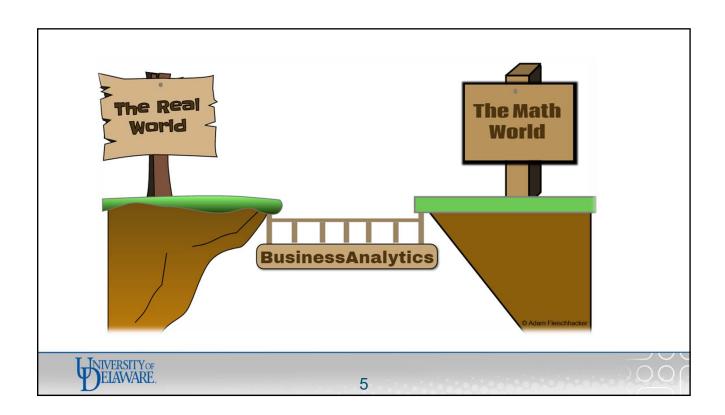
"What people don't realize is that world-class performers have reoriented their relationship to suffering, to the point of resistance, they have learned to embrace it, they've learned to see the beauty in these moments where there's pain because there's incredible room for growth." - Josh Waitzkin (Tim Ferris Show Ep.2)

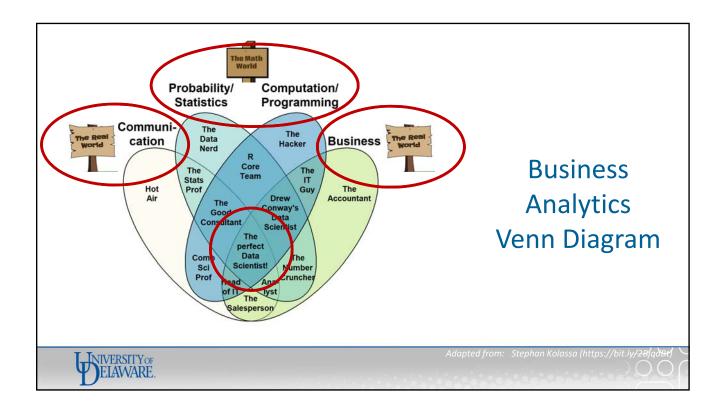


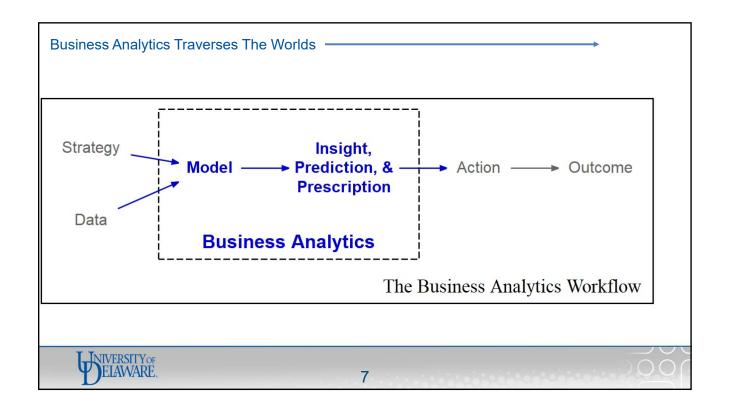
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Productive Struggle The struggle of the strug









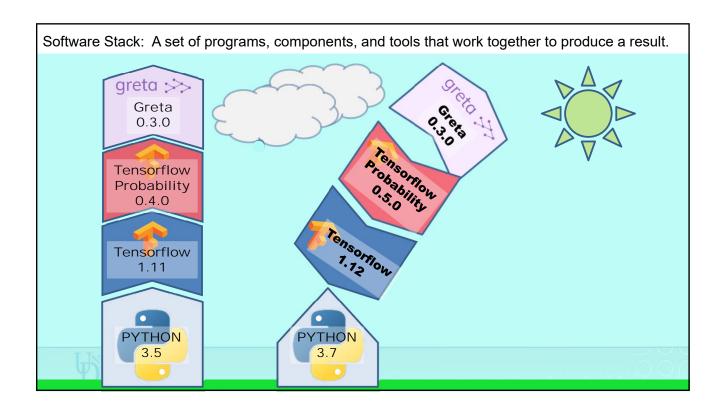
This Philosophy Will Guide You Well



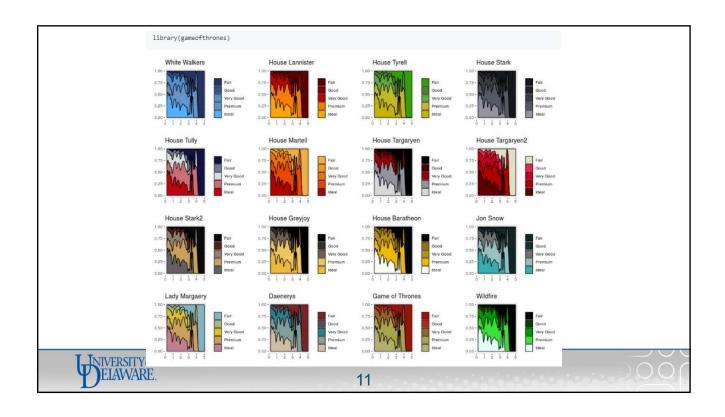


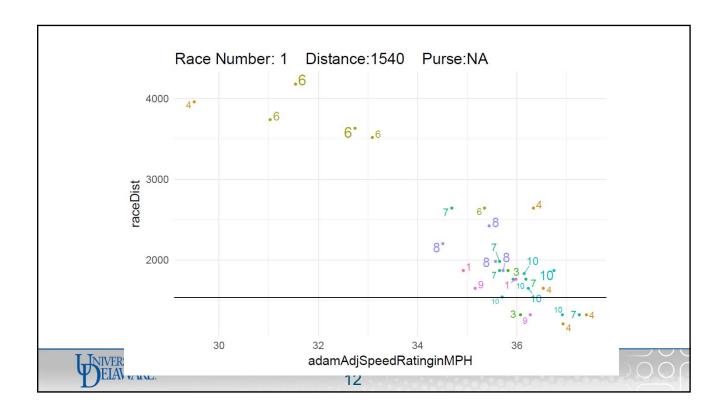
- 1. Beliefs that are consistent with the data become more plausible
- 2. Beliefs that are inconsistent with the data are less plausible



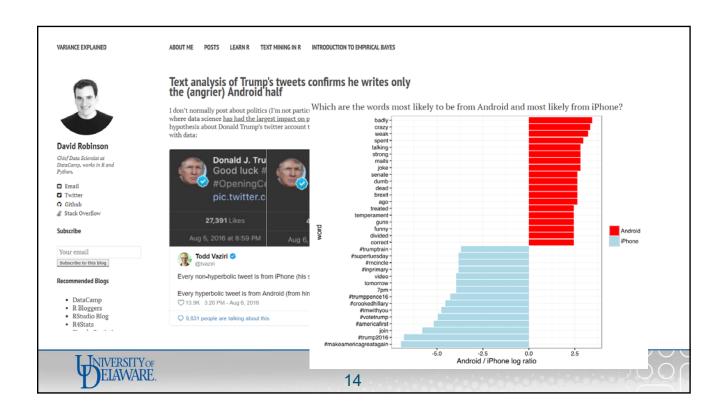


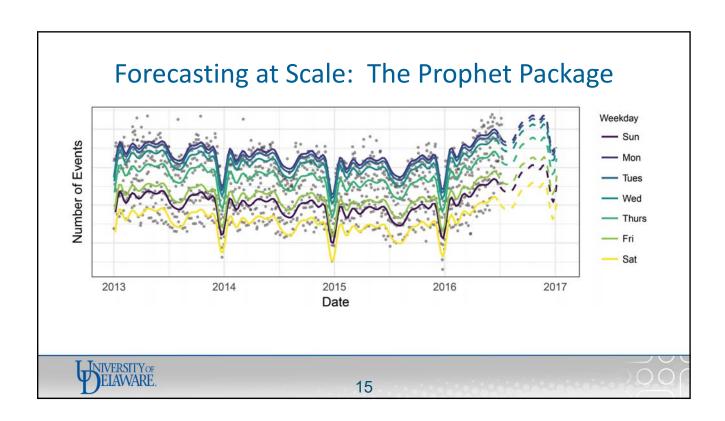
		HOW LONG EFFICIENT BE			DING MORE						
			50/ _{DAY}		OFTEN YO	U DO THE	TASK —— MONTHLY	YEARLY			
		1 SECOND		2 Hours	30 MINUTES	4 MINUTES	1 MINUTE	5 SECONDS			
		5 SECONDS	5 DAYS	12 HOURS	2 HOURS	21 MINUTES	5 MINUTES	25 SECONDS			
		30 SECONDS	4 WEEKS	3 DAYS	12 HOURS	2 HOURS	30 MINUTES				
	HOW MUCH	1 MINUTE	8 WEEKS	6 DAYS	1 DAY	4 HOURS	1 HOUR	5 MINUTES			
	TIME YOU	5 MINUTES	9 MONTHS	4 WEEKS	6 DAYS	21 HOURS	5 HOURS	25 MINUTES			
	SHAVE OFF	30 MINUTES		6 MONTHS	5 WEEKS	5 DAYS	1 DAY	2 Hours			
		1 HOUR		IO MONTHS	2 MONTHS	IO DAYS	2 DAYS	5 HOURS			
		6 HOURS				2 MONTHS	2 WEEKS	1 DAY			
		1 DAY					8 WEEKS	5 DAYS			
DIVERSITY OF ELAWARE.				1	0				1		



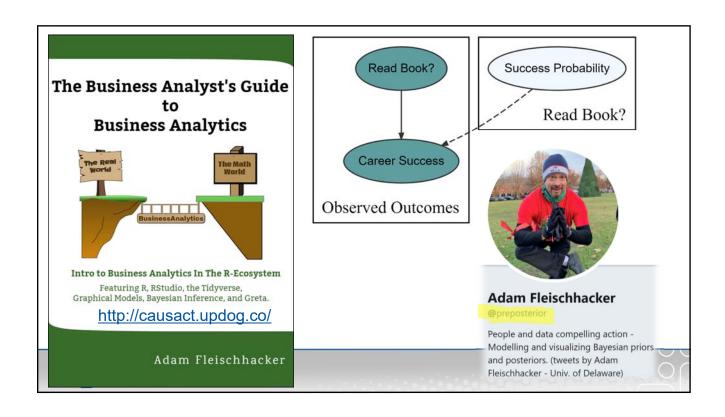








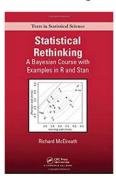




Computing

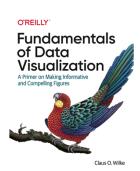


Modelling



Potential Next Steps In Your Journey

Persuasive Visualization



https://r4ds.had.co.nz/ https://youtu.be/4WVelCswXo4 https://serialmentor.com/dataviz/



Thanks for a great class

• Keep me posted on your journey ... let me know if I can help ☺



