

thursday 3 june week 3
goldstein

breakfast

poached eggs & sautéed mushrooms on corn fritters

spicy beans & hash browns

lunch

shredded lamb & rosemary shepherd's pie, steamed green beans & eggplant

(v) morroccan vegetable pies with sweet potato topping

dinner

spaghetti bolognaise with parmesan cheese

garlic bread

(v) vegetarian bolognaise, garlic bread

dessert

sticky date pudding with caramel sauce

friday 4 june week 3
goldstein

breakfast

continental

lunch

minute steak open sandwiches on grain bread, wilted spinach, with onion rings

(v) chargrilled vegetable grain sandwiches with wilted spinach & onion rings

dinner

crumbed hoki fish fillets, with home-made tartar sauce

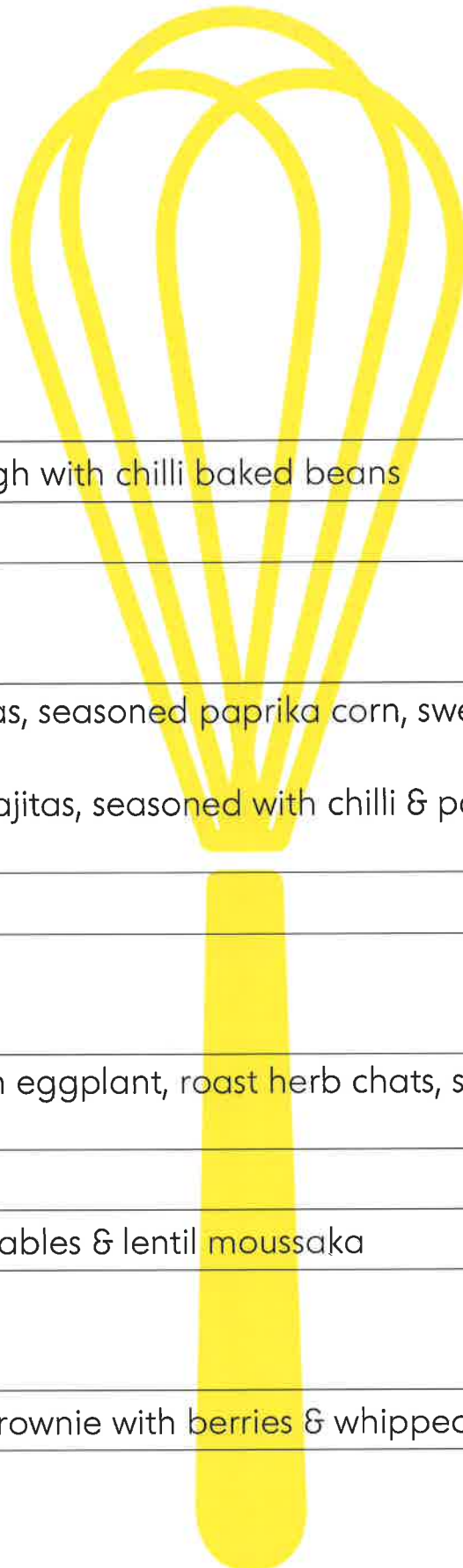
fat chips, & brussel sprouts, corn cobs

(v) polenta triangles with a capanata sauce - roast tomato and olive

dessert

passion fruit pannacotta

saturday 5 june week 3
goldstein



breakfast

fried eggs on sourdough with chilli baked beans

lunch

slow cooked pork fajitas, seasoned paprika corn, sweet chilli & lite sour cream

slow cooked tempeh fajitas, seasoned with chilli & paprika corn, salsa & lite sour cream

dinner

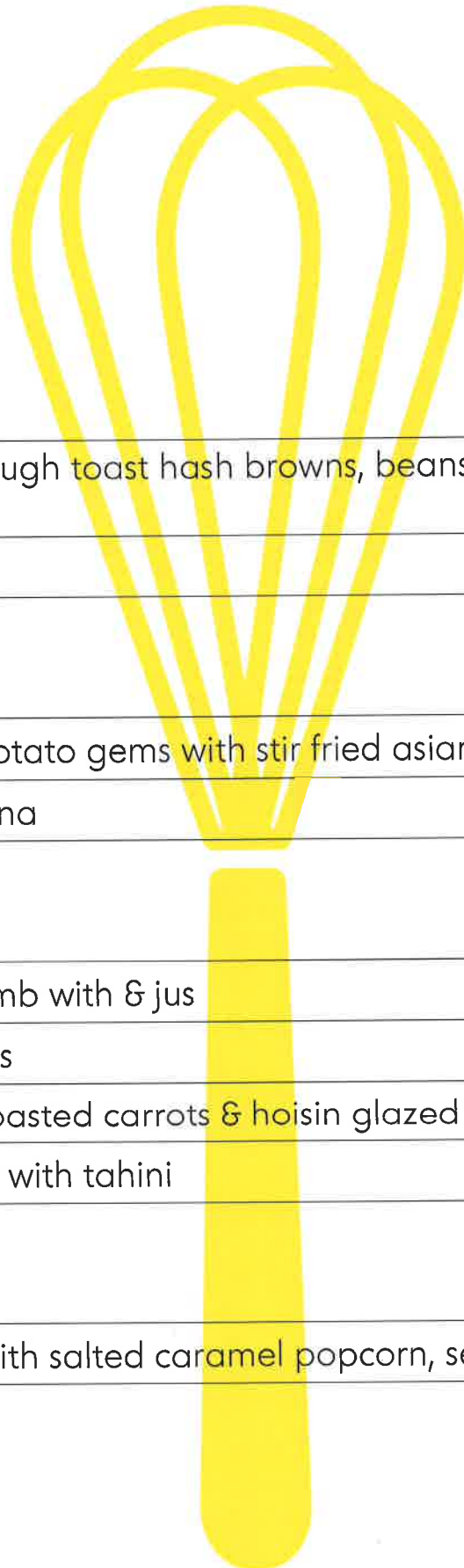
chicken moussaka with eggplant, roast herb chats, steamed broccoli

(v) herb roasted vegetables & lentil moussaka

dessert

raspberry chocolate brownie with berries & whipped cream

sunday 6th June week 3
goldstein



breakfast

shakshuka with sourdough toast hash browns, beans sauteed mushrooms

lunch

salt & pepper squid, potato gems with stir fried asian greens
(v) eggplant parmigiana

dinner

slow roasted leg of lamb with & jus
roast polenta potatoes
brown butter honey roasted carrots & hoisin glazed zucchini
(v) roasted cauliflower with tahini

dessert

soft serve ice cream with salted caramel popcorn, selection of toppings