

I A																															
1	1,008*																														
H		2																													
Wasserstoff		II A																													
3	6,94*	4	9,012																												
Li		Be																													
Lithium		Beryllium																													
11	22,99	12	24,31*	3	4	5	6	7	8	9																					
Na		Mg		III B	IV B	V B	VI B	VII B		VIII B																					
Natrium		Magnesium																													
19	39,10	20	40,08	21	44,96	22	47,87	23	50,94	24	52,00	25	54,94	26	55,85	27	58,93														
K		Ca	Sc	Ti	V	Cr	Mn	Fe	Co																						
Kalium		Calcium	Scandium	Titan	Vanadium	Chrom	Mangan	Eisen	Cobalt																						
37	85,47	38	87,62	39	88,91	40	91,22	41	92,91	42	95,96*	43	[98]	44	101,1	45	102,9														
Rb		Sr	Y	Zr	Nb	Mo	Tc	Ru	Rh																						
Rubidium		Strontium	Yttrium	Zirkonium	Niob	Molybdän	Technetium	Ruthenium	Rhodium																						
55	132,9	56	137,3	57-71	72	178,5	73	180,9	74	183,8	75	186,2	76	190,2	77	192,2															
Cs		Ba	89-103	Hf	Ta	W	Re	Os	Ir																						
Caesium		Barium		Hafnium	Tantal	Wolfram	Rhenium	Osmium	Iridium																						
87	[223]	88	[226]	104	[267]	105	[268]	106	[269]	107	[270]	108	[269]	109	[278]																
Fr		Ra		Rf	Db	Sg	Bh	Hs	Mt																						
Francium		Radium		Rutherfordium	Dubnium	Seaborgium	Bohrium	Hassium	Meitnerium																						
*H: [1,00784, 1,00811] Li: [6,938, 6,997] B: [10,806, 10,821] C: [12,0096, 12,0116] N: [14,00643, 14,00728] O: [15,99903, 15,99977] Mg: [24,304, 24,307] Si: [26,084, 26,086] S: [32,059, 32,076] Cl: [35,446, 35,457] Br: [79,901, 79,907] Ti: [204,382, 204,385] Zn: 65,38(2) Se: 78,96(3) Mo: 95,96(2)																															
57	138,9	58	140,1	59	140,9	60	144,2	61	[145]	62	150,4																				
La		Ce	Pr	Nd	Pm																										

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