

## COVER LETTER FORMAT

Dear Editor,

This is to confirm that the article entitled “**Combating the psychological effects during COVID-19 Pandemic by Yoga : Recommendation from an Overview**” submitted to the Indian Journal of Medical Ethics is original and has been co-authored by the undersigned.

All authors have participated in the work sufficiently to meet the ICMJE guidelines for authorship. All have read and approved the manuscript.




The submission is not under consideration for publication in any other journal.

We give consent to Dr Pradnya Kakodkar to act as the author for correspondence.

Details of sponsorship : Nil

competing interests : Nil

- We have read the terms and conditions of authorship of IJME and accept them. Contact details (mailing address, email id) and affiliation of all authors and Signature of authors.

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