**Vinod Generic yoga modules for clinical and research settings**

**Review comments:**

1. The article submitted has a potential to explore some very interesting questions pertaining to yoga and its efficacy within biomedical clinical and research settings.

2. The way the article stands now, it can be considered in either of two ways:

(i) it can be shortened and made into a comprehensive Letter to the Editor of a maximum of 1200-1500 words; OR

(ii) it can be rewritten to be made into a comment.

If the second option is chosen by the author/s, it would have to be done keeping the following in mind:

The main focus of the piece is the idea of "generic yoga", and an examination of its usefulness and relevance not just in the present times, but within the biomedical frame. This is a very important topic. Additionally, the article seeks to argue the ways by which generic yoga is better than yoga as generally understood and practiced.

However, against this argument, the authors have devoted a rather small section to show the “strong need for using and propagating ‘generic yoga’ where emphasis is on the use of ancient terminology and information on specificity and sensitivity of the yoga components (along with duration of practice and conceptual basis of yoga) are made available”. While the author/s have listed five characteristics of the varied styles of yoga, each of these points should have been thoroughly examined against the corresponding aspects of generic yoga, to show how generic yoga counteracts each of these problematics; in the present article, generic yoga is discussed in a single paragraph at the end and that comes across as incomplete and inadequate. Further, that lone paragraph also reads like a hurried literature review and the author’s own assertions and arguments are not prominent enough.

The way the paper is presented currently, there are three sections: (i) an introduction to yoga, (ii) a list of varied styles of yoga, (iii) a conclusion – generic yoga. It is strongly suggested that the author/s label these three sections prominently, and devote more room to analysis in the final section.

Also, they need to argue, with supporting references, how a concept such as generic yoga would become relevant and complement the contemporary biomedical frame. As it stands, there is scant discussion on this single vital aspect, viz., the ways in which generic yoga could add value to clinical and research settings, beyond the listing of a few illnesses where it can be used. That is not adequate. This could become the strong point of the piece if well argued. There should be more analysis and critical engagement with literature.

The word count of the total piece, including references can go up to 2500-2600 words if needed.

Between the two options suggested, in which the piece can be re-written and re-submitted, the authors may choose either. In both options, the authors should be willing to undergo more possible rounds of review – especially if the latter option is chosen – before any editorial decision is arrived at.

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