

**CTBT**Centre for Transfer of
Biomedical Technologies

TECHNOLOGY SUMMARY



Technology Owner

University Hospital Hradec Králové

Inventors

Luboš Sobotka

IPR Status

Registered utility model 30666

Stage of Development

prototype tested

Contact

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Rehabilitation Pad

Description of the Invention

Rehabilitation pad is a unique device that is intended for use on the patient's bed during their hospital stay for active exercise of the lower limbs, abdominal and back muscles in order to maintain/improve physical condition and prevent complications from long-term hospitalization. It enables independent exercise without constant assistance and the need for professional settings. The pad is primarily intended for home use. It is not a medical device.

Intended Use

The rehabilitation pad is mainly intended for:

- adults and adolescents from 12 years of age, with a minimum body height of 120cm, who are confined to bed for a longer period of time, and their health condition allows exercising
- seniors, who have been confined to bed for a long period of time and need to strengthen the lower half of the body and rehabilitate walking
- patients after acute illness that are being rehabilitated in home care

Rehabilitation pad enables:

- to be able to exercise the lower limbs as soon as possible after recovering from critical condition
- development of muscle strength of lower limbs, abdominal and back muscles
- independent exercising and improving fitness that leads to earlier recovery

Advantages and Potential Application

Unique rehabilitation pad enables patients that are confined to bed for a longer period simple exercising and rehabilitation leading to faster recovery, thus shortening the time of being confined to the bed and restoring physical condition leading to a faster return to the original quality of life.

Main advantages:

- minimal supervision of other person needed
- simple exercise of the lower limbs, abdomen and back
- possibility to exercise the limbs alternately or both at the same time
- sliding plates can be locked to ensure safe manipulation with the pad
- the possibility of exercising with bandaged limbs
- the pad can be used on any type of bed
- easy manipulation

The development was supported by the Technology Agency of the Czech Republic within the programme for applied research, experimental development and innovation GAMA – Project TG02010020 – Centre for Transfer of Biomedical Technologies – PoC.

Program Gama**Centre for Transfer of Biomedical Technologies**

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