



# Lightning Talks - External

This is a great activity we did at the recent onsites. It's really entertaining and we'll get to know each other a little better.

The concept is simple: you'll present a 5-minute talk on absolutely any topic you choose. It does not have to be FL-related. You will be "gonged" at the end of 5 minutes so practice with a timer!

3-4 slides is usually about right, but you don't have to use slides at all. You'll get a mic and a big monitor and go! Depending on the number of speakers, there may be time for 1 minute of Q&A for each talk.

If you have a topic you are passionate about, but are a bit shy in front of groups, this is the activity for you!