

TEAM MEMBERS

| S/N | Name | Role(s) |
|-----|-----------------------|---|
| 1 | Michael Gnaho | Project manager (primary) |
| 2 | Kabir Lawal | Data analyst (primary); |
| 3 | Omotoyosi Odeyeyiwa | Product manager (primary) |
| 4 | Chukwuebuka Ohazulike | UI/UX designer (primary) |
| 5 | Gbemisola Afolabi | Product manager (primary); Project manager (backup) |
| 6 | Anthony Verissimo | Data analyst (backup) |

TEAM PROJECT

Creation of an application that provides resources for addressing mental health challenges and connects users to qualified therapists.



PROBLEM STATEMENT

- ➡ The young adult population in Nigeria faces significant challenges which includes the lack of adequate access to information and care for mental health challenges.

THE GCGO THAT IT IS RELATED TO

- ➡ Health care

WHY DOES THE PROBLEM MATTERS?

- ➡ The problem matters because the lack of adequate access to information and care for mental health challenges among the youths has detrimental effects on their overall well-being and it hinders their personal and professional growth.





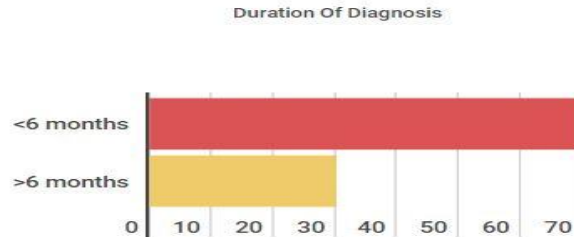
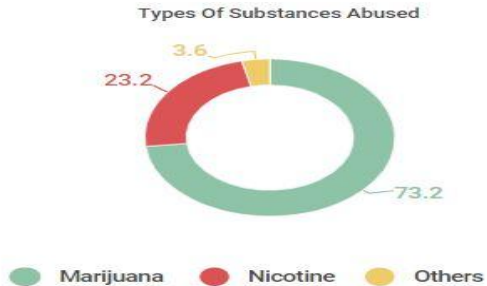
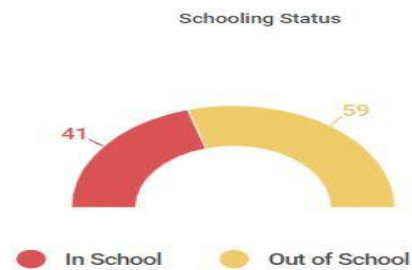
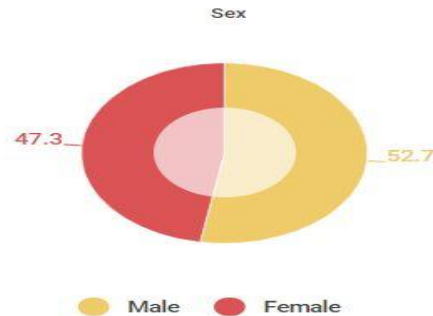
USER PERSONAE

- ❖ Name: Oyinade Debora
- ❖ Gender: female
- ❖ Age: 23
- ❖ Profession: Fuel attendant
- ❖ Education history: English Language (M.Ed), Lagos State University
- ❖ Annual income: 200,000 naira
- ❖ Access to technology: Yes
- ❖ Marital status: Married



Data visualization

PREVALENCE OF MENTAL ILLNESSES AMONG YOUNG PERSONS

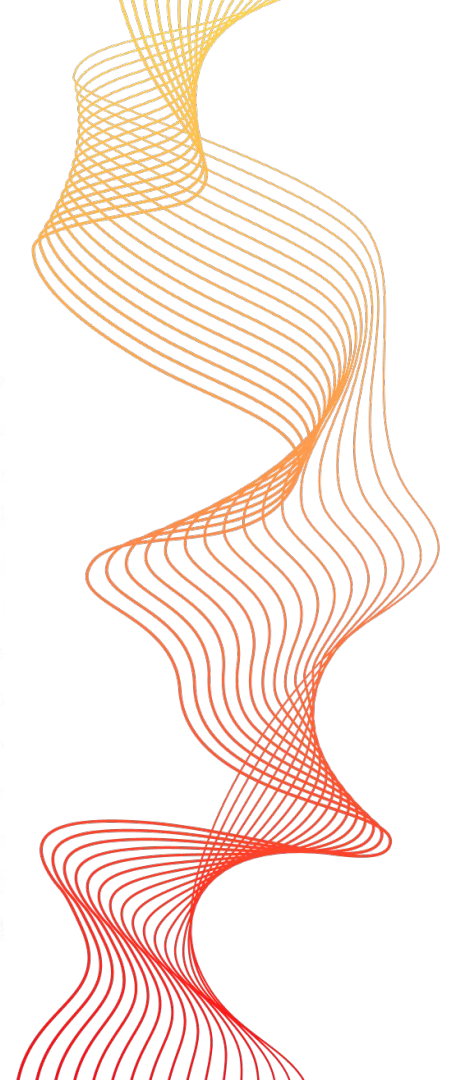
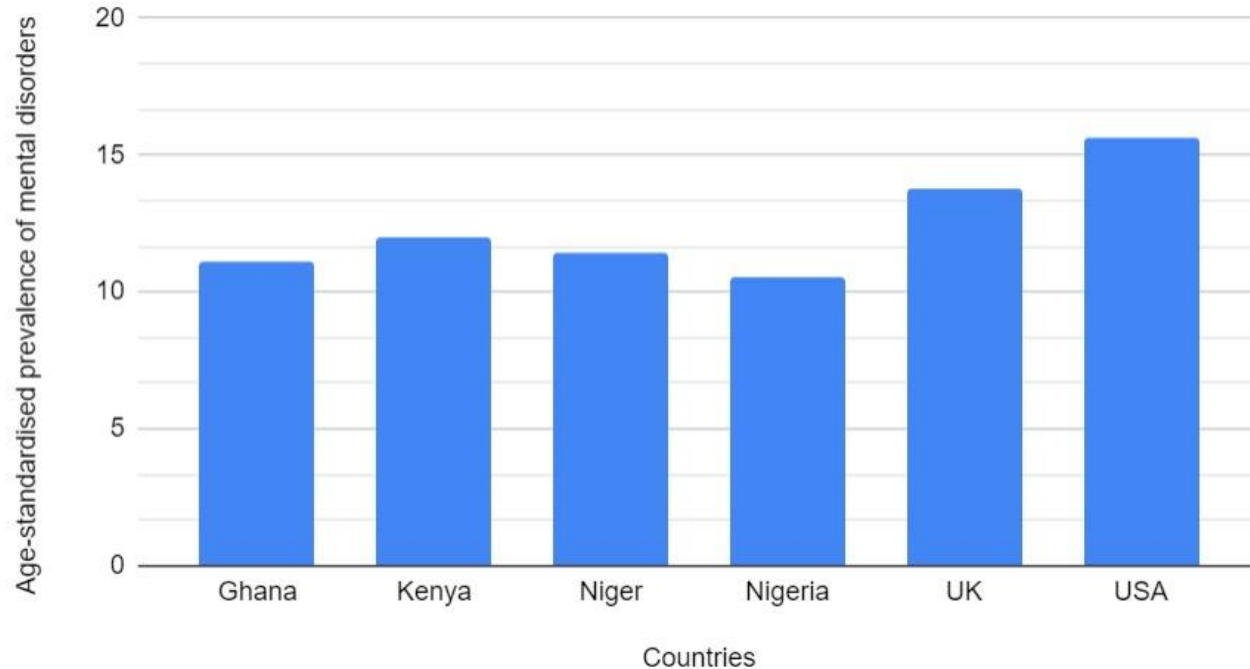


Source: The Guardian



Data visualization

Age-standardised prevalence of mental disorders vs. Country





State of Mental Health in Nigeria

Data from the **World Health Organization** (WHO) captures the grim state of mental health in Nigeria. WHO notes that one in four persons living in Nigeria, that is, about 50 million people suffer from some form of mental disorder. On the global scale, Nigeria has Africa's highest caseload of depression and **ranks 15th in the frequency of suicide in the world.**

Source:
<https://guardian.ng/features/young-peoples-mental-health-is-a-ticking-time-bomb/>





THE SOLUTION

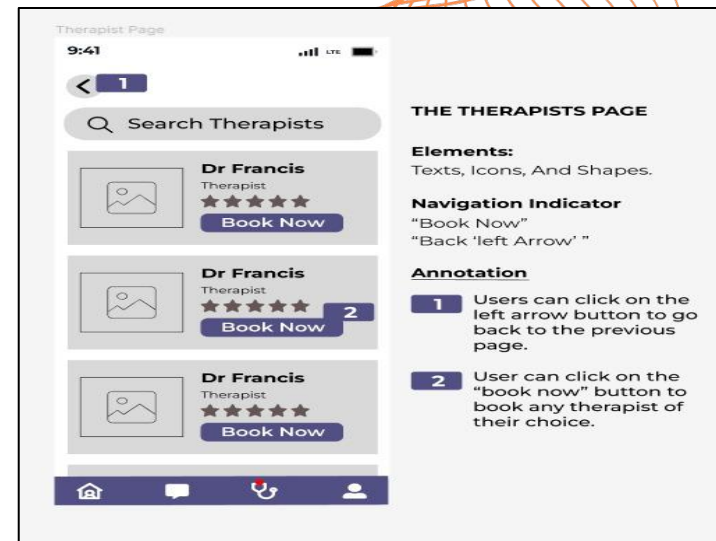
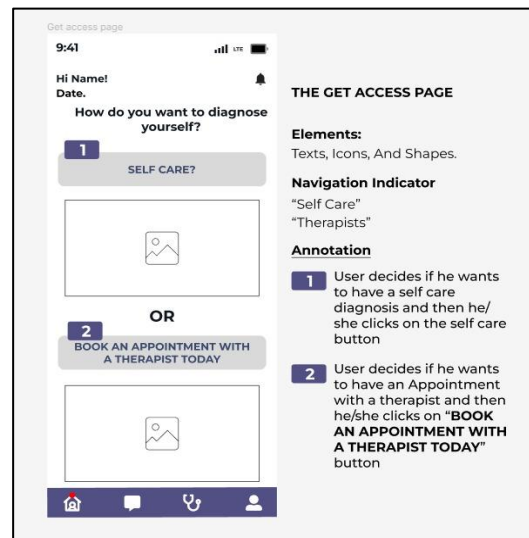
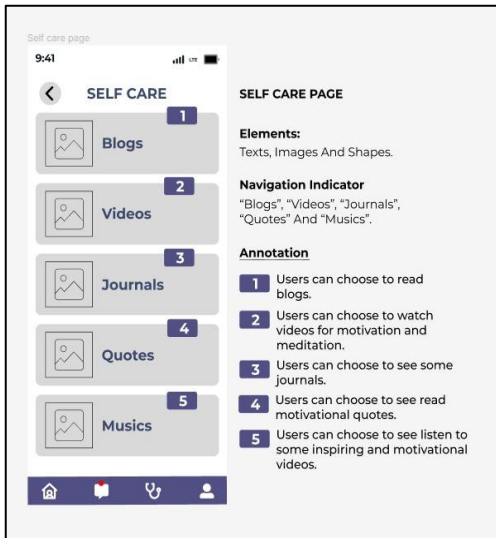
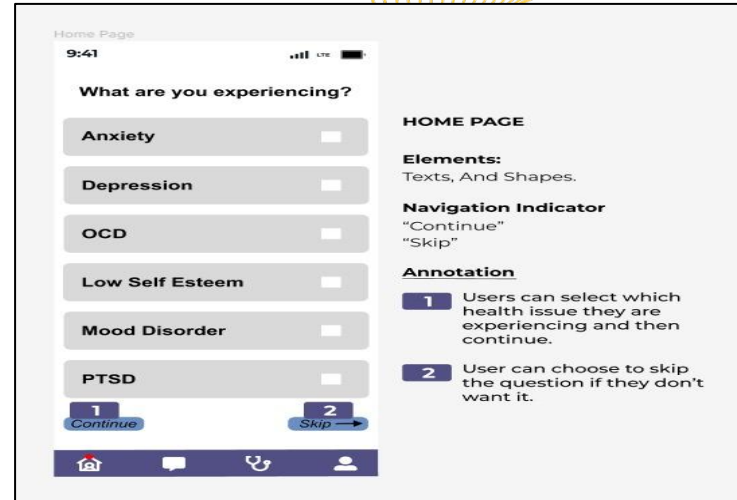
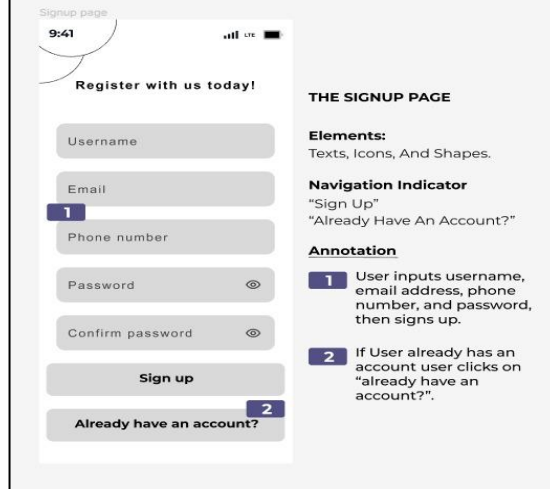
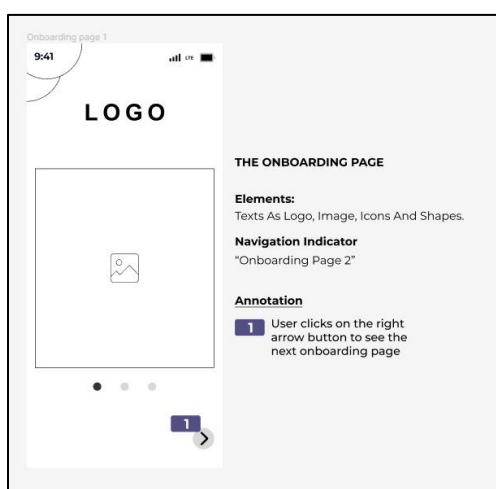
Creation of an application that provides resources for addressing mental health challenges and connects users to qualified therapists.

WHY THE SOLUTION WAS CHOSEN

The solution was chosen because we believe that if young adults can get access to mental healthcare services on their phones, it would reduce the rate of mental health disorder.

WHY THE SOLUTION IS LIKELY TO BE SUCCESSFUL

The solution is likely to be successful because almost every young adult nigeria has access to smartphone





PAIN POINTS

- 1. The application should offer the option for users to sign up using their Google accounts.**
- 2. The app should feature a diagnostics page that assists users in identifying potential solutions for mental health issues.**





TEAM CHANGES

1. The app now enables users to log in using their google account
2. The app includes a diagnostic page that assist users in identifying potential solutions for mental health issues





WHAT THE TEAM WOULD DO NEXT IF GIVEN FUNDING.

- 1. We would start employing qualified mental health therapists to render our online healthcare services.**
- 2. We would begin the development of the app by creating an intuitive user app with good user experience**
- 3. If we are being funded, we shall make the online therapy sessions free or less costly.**



WHY THE SOLUTION COULD MAKE AN IMPORTANT DIFFERENCE.

- **The solution could make an important difference because it will increase the access to healthcare facilities by the youths in Nigeria. And as a result, it will increase their overall well-being, personal and professional growth.**

