## THE NORWEGIAN MOTHER & CHILD STUDY

## Questionnaire 3C

This questionnaire applies mainly to the period after week 12 of your pregnancy. We will ask you some questions which you may recognise from the first questionnaire. We do this because we want to continue following your and your child's progress. It would be useful for you to consult your pregnancy health card before you start answering the questions so that you can use the information contained in it when completing this questionnaire. If you feel uncomfortable with a question or it is difficult to answer, you can skip this question and go on to the next one.

This questionnaire will be processed by a computer. It is therefore important that you follow these instructions: • Use a blue or black ballpoint pen. • Put a cross in the box that is most relevant like this: X • If you put a cross in the wrong box, correct it by filling in the box completely like this: ? • Write a number or capital letter in the large green boxes. It is important that you only write in the white area of each box like this: Number: 1 2 3 4 5 6 7 8 9 0 Letter: ABCD · When entering a single-digit number in boxes containing two or more squares, use the square on the right. For example: 5 is written like this: • A number of questions in this questionnaire concern the week of pregnancy. For example: If you want to indicate something that happened 14 weeks after your last period, enter a cross in the box for week 13-16. · Specific information concerning, for example, medication or profession should be written in the boxes or on the lines provided. Please write clearly in CAPITAL LETTERS. • Remember to enter the date when you completed the questionnaire. Please return the completed questionnaire in the stamped addressed envelope provided. Date when the questionnaire was completed (write the year in full, e.g. 2001) CC11 Dav Month Year **Antenatal care and health** 1. Where you been to antenatal check- ups? (Fill in one or 3. Is your doctor male or female? more boxes.) Specify how many times. How many times have you gone to him/her? CC12CC13 Public health centre times General practitioner CC26 female CC27times CC28 male CC14CC15 Doctor's surgery times CC29 times CC16 CC17 Gynaecologist CC30 female CC31 times Hospital (outpatients) clinic CC32 male CC33 times 2. Who has examined you each time? (Fill in one or more boxes.) Specify how many times. 4. If you visit or have visited a gynaecologist or hospital Midwife times CC18 CC19 clinic for your antenatal check-ups, what is or was the Referred due to complications during this pregnancy CC34 General practitioner CC20 CC21times Referred due to previous illness or complications in CC35 CC22 CC23 Gynaecologist times previous pregnancies CC36 On your own initiative without a referral Public health nurse CC24 CC25 times

Referred for another reason

CC37

5. Do you agree with the following statements concerning your antenatal check-ups?	14. Were there complications during the first 2 weeks following the amniocentesis?
Agree Agree Disagree Disagree	No CC65
completely Agree somewhat somewhat completely  I have been given sufficient	Yes
advice and information	15. If yes, what kind of complications?  Vacinal bleeding
I have been well taken care of	Vaginal bleeding  Leakage of amniotic fluid  CC67
There was not enough	Abdominal pain (similar to or stronger than menstrual pains) CC68
time during the consultations	Other CC69 CC70 CC1363
I felt secure during these	16. Have you had an X-ray during pregnancy?
check-ups CC41	No CC71
I have been able to discuss	Yes
everything I needed to during CC42 the check-ups	17. If yes, what part of your body was X-rayed? How many X-rays were taken and in which week of
On the whole, I am satisfied	pregnancy? (Fill in one or more boxes.)
with the way I have been CC43	Week of pregnancy No. of
followed up by the health service	0-12 13-16 17-20 21-24 25-28 29+ times
6. Have you contacted a midwife or doctor in addition to your normal check-ups?	Teeth   CC72   CC73   CC74   CC75   CC76   CC77   CC78
No Yes	Lungs.   CC79   CC80   CC81   CC82   CC83   CC84   CC85
Midwife CC44	zangs.
DoctorCC45	Arms or legs         CC86         CC87         CC88         CC89         CC90         CC91         CC92
7. If yes, was it difficult to get an appointment?	
Midwife Doctor	Pelvis/abdomen/ CC93 CC94 CC95 CC96 CC97 CC98 CC99 back
Not difficult	Other   CC100   CC101   CC102   CC103   CC104   CC105   CC106
Somewhat difficult	18. Have you received treatment to prevent a premature
Very difficult	birth during this pregnancy? (Fill in one or more
8. Have you had a gynaecological examination during your	boxes.)
pregnancy (internal examination)? If so, how many times?	No Yes, relax or bed-rest CC108
No Times	Yes, medication CC109
Yes CC48	Which medicines? CC110 CC1364 CC1364k
	19. Have you been vaccinated during this pregnancy?
9. How many ultrasound examinations have you had during	No CC111
your pregnancy?	Yes
External ultrasound examination Times	Which vaccine? CC112 CC1365
Internal ultrasound examination CC51 Times	20. Has the midwife or doctor told you that you have or
	have had high blood pressure during this pregnancy?
10. How many children are you expecting?	Yes CC113
11. Have you been offered an amniocentesis or placenta biopsy?  No (go to question 16)  CC53	21. If yes, what was the highest reading during this pregnancy? (High blood pressure is over 140/90)
Yes	(Refer to your health card.)
	CC114 / CC115 E.g. 150/95
12. If yes, were any tests performed and what were the results? Was the test performed? Were the results normal?	
Yes No Yes No CC55	Don't know CC116
Amniocentesis	22. Have you had high blood pressure without being
Placenta biopsy	pregnant?
If the tests were abnormal, describe the findings:	No CC117 Yes
CC1362	Don't know
13. If an amniocentesis or placenta biopsy was performed,	CO. There what was the bishart are I'm to S. I'm
what was the reason?	23. If yes, what was the highest reading before this pregnancy?
Due to my age (normally 38 or older at the time of delivery CC60	450/05
Previous child with a chromosome disorder Previous child with neural tube defect (spina bifida)	CC118 / CC119 E.g. 150/ 95
Enilensy (medication for enilensy)	Don't know CC120
Ultrasound findings	
Other CC64	

24.	What was your blood percentage/haem value during this pregnancy? (Refer to y and note the most recent, in addition to and lowest values.)	our health card the highest	25. How much did you weigh at your last antenatal check- up and when was it? (Refer to your health card.)					
	Haemoglobin (Hb)  Value at last antenatal check-up	Week of preg	Weight	CC131 kg				
	during pregnancy	CC127	Date of antenatal	N/A CC13	33 CC134			
	Highest value during pregnancy ,	CC129	check -up	Day Mont	th Year			
	Lowest value during pregnancy  CC128  Don't know  CC130	CC129						
26.	Have you been admitted to the hospital  No CC135  Yes, which hospital(s) CC1366	since you became pr	regnant?					
27.	If yes, why and when were you hospital	ised? (Fill in one or mo	-	of pregnancy were 2 13–16 17–20	you admitted? 21–24 25–28 29+			
	Prolonged nausea and vomiting	CC146	CC138         CC139         CC14           CC147         CC148         CC14	49 CC150 CC151	CC143         CC144         CC145           CC152         CC153         CC154			
	Leakage of amniotic fluid	CC164	CC156 CC157 CC16 CC165 CC166 CC16		CC161 CC162 CC163 CC170 CC171 CC172			
	Threatening preterm labour	CC173	CC174 CC175 CC17		CC179 CC180 CC181			
	(Pre-)Eclampsia	CC100	CC183		CC188 CC189 CC190 CC197 CC198 CC199			
	Other			04   00130   00130				
28.	Do you have or have you ever had any o	If yes, how oft	en have you had probler		How much at a time?			
		1–4 times	1–6 times Once	More than once	Large			
		No Yes a month	a week a day	a day	Drops amounts			
	Incontinence when coughing, sneezing or laughing Incontinence during physical activity		CC205		CC206			
	(running / jumping)	CC204 CC207	CC208		CC206			
	Incontinence with a strong need to urinate	CC210	CC211					
	Problems retaining faeces	CC212	CC213					
	In this pregnancy:							
	Incontinence when coughing, sneezing or laughing Incontinence during physical activity	CC214	CC215		CC216			
	(running / jumping)	CC217	CC218		CC219			
	Incontinence with a strong need to urinate	CC220 CC223	CC221 CC224		CC222			
	Problems retaining faeces	CC225	CC226					
29.	Do you have or have you had pain in any (Fill in one or more boxes.)	Mild   Severe   Pain   Pain     CC228     CC233     CC243     CC248     CC248     CC253     CC258	rts of your body? When the property of your body? When the your bo	Between pregnancies Mild Severe Pain Pain CC230 CC235 CC240 CC245 CC250 CC255 CC260 CC265	Mild Severe Pain Pain  CC231  CC236  CC241  CC246  CC251  CC256  CC261  CC266			

30.	Do you wake up at night due to pelvic pain?	:	39. If yes, where and when was it done? (Fill in one or more boxes.)
	Yes, frequently CC267		Tattoo Body piercing
	Yes, sometimes		Before this pregnancy:
	No, never		In Norway
21	Do you have to use a stick or crutches in order to walk		Abroad CC285 CC286
31.	due to pelvic pain?		During this pregnancy: CC287 CC288
	CC268		In Norway
	No, never Yes, but not every day, the pain varies from day to day		Abroad CC289 CC290
	Yes, I have to use a stick or crutches every day		
	,,		40. Have you ever had a blood transfusion? If yes, give the
32.	Have you received an anaesthetic in connection with		number of transfusions.
	surgery or dental treatment during this pregnancy?		No CC291 CC293
	No CC269		Yes, during this pregnancy CC292 Times
	Yes		Yes, before this pregnancy CC294 Times
			res, before this pregnancy ————————————————————————————————————
33.	If yes, what type of anaesthetic have you had? (Fill in		41. If yes, in which country and which year? (Give the last
	one or more boxes.)		2 transfusions.) YEAR
	General (full) anaesthetic CC270  Cinal anaesthetic (onidural) CC271		Country CC296 CC1368 CC297
	Spinal anaesthetic (epidural) Local anaesthetic  CC272		Country: CC296 CC1308
	Don't know		CC298 CC1369 CC299
	DOTTENION		Country.
34.	Have you been to the dentist during this pregnancy?		42. Have you ever had breast surgery?
	No CC274		No CC300
	Yes		Yes
35.	If yes, did the dentist perform any of the following		43. If yes, was it:
	treatments? (Fill in one or more boxes.)		Breast enlargement CC301
	Yes No		Breast reduction CC302
	Put in new amalgam fillings (silver fillings)  CC275  Removed or replaced amalgam fillings  CC276		Cancer/biopsy
	Removed or replaced amalgam fillings  Put in new white fillings  CC276  CC277		Other, describe: CC304 CC305 CC1370
	Tac in new write milings		
			44. Have you ever had cervical dysplasia?
36.	How many teeth do you have and how many have fillings? (Look in the mirror and count.)		No CC306 CC307
			Yes Year the dysplasia was detected the first time
	Total number of teeth CC278		, .
	CC279		45. Have you had an operation on your cervix?
	Number of teeth with amalgam fillings		No. —
	Number of teeth with other types of fillings		Yes CC308
	,, ,		Year of operation
37.	At present, do your gums bleed when you brush your teeth?		
	No, seldom or never		46. Have you ever had a gamma globulin injection? (used
	Yes, sometimes CC281		to prevent infection of hepatitis A, primarily when
	Yes, frequently		travelling abroad.)
	Yes, nearly always		No Yes CC310
			CC311
38.	Have you had a tattoo or body piercing, including extra holes in the ears? (Do not include pierced ears if you		If yes, which year?
	have one hole in each ear.)		
	No ragan		
	Yes CC282		

	Land bear and bear as a south 2											
	How have you been recently?											
So	Some questions about the time that has elapsed since the 13th week of pregnancy.											
47.	47. Have you had one or more episodes of vaginal bleeding after the 13th week of pregnancy?  No Yes  CC315											
48.	8. If yes, how much did you bleed, in which week(s) of pregnancy and how many days did the bleeding last? (If you have had more than 2 episodes of bleeding, describe the last 2 only.)											
	The amount of blood bleeding occur? bleeding occur? bleeding occur? lasted											
	1. Spotting More than spotting Large amounts CC316 CC317 CC318 CC319 CC320 CC321											
	2. Spotting More than spotting Large amounts CC323 CC324 CC325 CC326 CC327 CC328											
	Number of episodes of bleeding if more than 2 CC330											
49.	Do you know why you bled?  No CC332 Yes  CC332  Tes  CC339  Yes, a little											
50.	If yes, what was the reason? (Fill in one or more boxes.)											
	The placenta is too low/is in a difficult position/placenta previa											
	Premature separation of the placenta/abruptio/ablatio placenta											
	Threatening miscarriage/premature birth  Cervical ulcer, bleeding of the mucous membrane in the vagina  CC335  CC336											
	Following intercourse CC337											
	Other reason CC338											
<b>52</b> .	Do you have or have you had any of the following illnesses or problems after the 13th week of pregnancy? If you have used tablets,											
	mixtures, suppositories, inhalers, creams, etc. in connection with the illness or problem, give the name(s) of the medication(s), when a how long you took them. (Fill in one or more boxes.) (This applies to all types of medicines including alternative and herbal remedies, b											
	regular and occasional use. Do not include vitamins and nutritional supplements as these are asked about elsewhere.)											
	In which week of pregnancy No. did you have problems? In which week of pregnancy No. did you take medication of days											
	13- 17- 21- 25- 29+ taken 16 20 24 28 The name of the medication taken 16 20 24 28											
1	Pelvic girdle pain CC340 CC341 CC342 CC343 CC344 CC344 CC345 CC1371 CC345 CC1371k CC346 CC347 CC348 CC349 CC350 CC351											
2	Back pains											
3	Other pains in muscles/joints	٦										
4	Nausea	ī										
5	Long-term nausea and vomiting	f										
6	Vaginal thrush	ī										
7	Vaginal catarrh,	4										
	unusual discharge CC412 CC413 CC414 CC415 CC416 CC1377 CC417 CC1377k CC418 CC419 CC420 CC421 CC422 CC423											
8	Pregnancy itch											
9	Constipation	7										

10 Diarrhoea/gastric flu . . CC448 CC449 CC450 CC451 CC452 CC1380 CC453 CC1380k CC454 CC455 CC456 CC457 CC458

CC459

Continued...

In which week of pregnancy In which week of pregnancy No. did you have problems? did you take medication of days 17-21-25-17-21-25- 29+ taken The name of the medication taken 16 20 11 Unusual fatique CC460 CC461 CC462 CC463 CC464 CC1381 CC465 CC1381k CC466 CC467 CC468 CC469 CC470 CC471 /drowsiness. . . . CC472 CC473 CC474 CC475 CC476 CC1382 CC477 CC1382k CC478 CC479 CC480 CC481 CC482 CC483 12 Heartburn . . . . 13 Swelling of the body CC484 CC485 CC486 CC487 CC488 CC1383 CC489 CC1383k CC490 CC491 CC492 CC493 CC494 CC495 (oedema) . . . . . CC496 CC497 CC498 CC499 CC500 CC1384 CC501 CC1384k CC502 CC503 CC504 CC505 CC506 CC507 14 Common cold . . . . CC508 CC509 CC510 CC511 CC512 CC1385 CC513 CC1385k CC514 CC515 CC516 CC517 CC518 CC519 15 Throat infection... CC520 CC521 CC522 CC523 CC524 CC1386 CC525 CC1386k CC526 CC527 CC528 CC529 CC530 CC531 16 Sinusitis/ear infection CC532 CC533 CC534 CC535 CC536 CC1387 CC537 CC1387k CC538 CC539 CC540 CC541 CC542 CC543 17 Influenza ..... 18 Pneumonia CC544 CC545 CC546 CC547 CC548 CC1388 CC549 CC1388k CC550 CC551 CC552 CC553 CC554 CC555 /bronchitis . . . . . CC556 CC557 CC558 CC559 CC560 CC1389 CC561 CC1389k CC562 CC563 CC564 CC565 CC566 CC567 19 Other cough . . . . . CC568 CC569 CC570 CC571 CC572 CC1390 CC573 CC1390k CC574 CC575 CC576 CC577 CC578 CC579 20 Sugar in urine . . . CC582 CC1391 CC585 CC1391k CC586 CC587 CC588 CC589 CC590 CC591 CC580 CC581 CC583 CC584 21 Protein in urine.... 22 Bladder infection/ CC592 CC593 CC594 CC595 CC596 CC598 CC599 CC600 CC601 CC602 CC1392 CC597 CC1392k CC603 cystitis . . . . . . CC604 CC605 CC606 CC607 CC608 CC1393 CC609 CC1393k CC610 CC611 CC612 CC613 CC614 CC615 23 Incontinence.... CC616 CC617 CC618 CC619 CC620 CC1394 CC621 CC1394k CC622 CC623 CC624 CC625 CC626 CC627 24 High blood pressure. CC628 CC629 CC630 CC631 CC632 CC1395 CC633 CC1395k CC634 CC635 CC636 CC637 CC638 CC639 25 Leg cramps . . . . . CC640 CC641 CC642 CC643 CC644 CC1396 CC645 CC1396k CC646 CC647 CC648 CC649 CC650 CC651 26 Asthma..... CC1397 CC652 CC653 CC654 CC655 CC656 CC657 CC1397k CC658 CC659 CC660 CC661 CC662 CC663 27 Hay fever/other allergy CC664 CC665 CC666 CC667 CC668 CC1398 CC1398k CC669 CC670 CC671 CC672 CC673 CC674 CC675 28 Headache/migraine CC1399k CC676 CC677 CC678 CC679 CC680 CC1399 CC681 CC682 CC683 CC684 CC685 CC686 CC687 29 Depression . . . . 
 CC688
 CC689
 CC690
 CC691
 CC692
 CC1400 CC693 CC1400k CC694 CC695 CC696 CC697 CC698 CC699 30 Other psychological problems CC700 CC701 CC702 CC703 CC704 CC1401 CC705 CC1401k CC706 CC707 CC708 CC709 CC710 CC711 53. If you have had a fever once or more since the 13th week of pregnancy, indicate in which week of pregnancy, name of any medication taken to reduce the fever and the highest temperature measured. (If more than 3 times, indicate the last 3.) Name any medication Highest recorded Temperature Which week of pregnancy did you have a fever? taken to lower temperature not 13-16 17-20 21-24 25-28 the fever (e.g. 38.9° C) taken CC712 CC713 CC714 CC715 CC716 CC1402 CC717 CC1402k CC718 CC719 1st time °C CC720 CC721 CC724 CC1403 CC725 CC1403k CC727 CC722 CC723 CC726 2nd time °C CC728 CC729 CC730 CC731 CC732 CC1404 CC733 CC1404k CC734 CC735 3rd time Fever more than 3 times CC736

54.	Have you taken other medication after the 13th Give the name, when and how many days altogether t remedies, both regular and occasional use. Do not incl Name of medication	he medica	tion was t	aken for. (	This app	plies to al ents as the	I types of medicines including	alternative	
	(e.g. Valium, Rohypnol, Paracetamol)						17–20 21–24 25–28		taken
	CC740 CC1405 CC1405k					CC741	CC742 CC743 CC744 C	CC745	CC746
	CC747 CC1406 CC1406k					CC748	CC749 CC750 CC751	CC752	CC753
	CC754         CC1407         CC1407k					CC755	CC756 CC757 CC758	CC759	CC760
	CC761 CC1408 CC1408k					CC762	CC763 CC764 CC765	CC766	CC767
55.	During this pregnancy have you been inveinjured (e.g. traffic accident, fall, hit in the sto		an accio	dent or l	been	56	6. If yes, in which weel	k of preg	nancy?
	No CC768						CC769		
	Yes								
	/:L!								
\	/itamins, minerals and	a ale	tary	y Su	ppi	eme	ents		
57.	Have you taken vitamins, minerals or oth	er nutrit	ional su	ıppleme	ents af	ter the	13th week of pregnand	cy?	
	Yes								
50	If you take supplements, please find the						lance (baselo Pillio calo		
58.	Fill in the table below for the vitamins an approximately how often you have taken		iis toun	a on the	e vitan	nın pac	kage/bottle. Fill in whe	n and	
	-	Week o	f pregna	ncy supp	lement	taken?	How often did y	4-6	1-3
		13–16	17–20	21–24	25–28	29+	Daily	times a week	times a week
1	Folate/folic acid	CC771	CC772	CC773	CC774	CC775	]	CC776	
	Vitamin B1 (Thiamine)	CC783	CC784	CC785	CC786	CC781	]	CC788	
	Vitamin B2 (Riboflavin)	CC789	CC790	CC791	CC792	CC793	]	CC794	
	Vitamin B6 (Pyridoxine) Vitamin B12	CC795	CC796	CC797	CC798	CC799		CC800	
	Niacin	CC801	CC802	CC803	CC804	CC805	]	CC806	
	Pantothenic acid	CC807	CC808	CC809	CC810	CC811		CC812	
8	Biotin	CC813	CC814	CC815	CC816	-		CC818	
9	Vitamin C	CC819	CC820	CC821	CC822	CC823	]	CC824	
10	Vitamin A	CC825	CC826 CC832	CC827	CC828	CC829 CC835	]	CC836	
	Vitamin D	CC837	CC838	CC839	CC840	CC841	]	CC842	
	Vitamin E	CC843	CC844	CC845	CC846	CC847		CC848	
	Calcium	CC849	CC850	CC851	CC852	CC853		CC854	
	Iodine	CC855	CC856	CC857	CC858	CC859		CC860	
	Zinc	CC861	CC862	CC863	CC864	CC865	]	CC866	
17	Selenium	CC867	CC868	CC869	CC870	CC871		CC872	
18	Copper	CC873	CC874	CC875	CC876	CC877	]	CC878	
19	Chromium	CC879 CC885	CC880 CC886	CC881 CC887	CC882	CC883	]	CC884 CC890	
	Magnesium	CC885	CC892	CC893	CC894	CC889	]	CC896	
	Concern 2 feth said	CC897	CC898	CC899	CC900	CC901		CC902	
22	Omega-3 fatty acid						J		

59.	<ol> <li>Give the complete name(s) of all the vitamins and nutritional supplements you take. Include also herbal remedies and diet products. (Write clearly using CAPITAL LETTERS since this will be read by a computer.)</li> </ol>																					
1	e.g. V	1	T	A	P	L	E	X	W	I T				I	R	0	N					
2	CC903	CC1	409	T	Ť	T					Ť	Ť				Ť	Ť	T				
3	CC904	CC1	.410							$\dagger$	+	+					+					=
	CC905	CC1	411							+	+	+				+	+					
4	CC906		412	+	+	+				+	+	+				+	+					+
5				+	+	+				+	+	+				+	+					=
6	CC907	CCI	413			_					_	_						L				
60.	No CC908 Yes Don't know																					
W	/ORK																					
61. II 62. II 63. II 64. H II C 65. II	Have you been pregnancy?  No (go to question de la company	the services the s	76) same gnance 66) eek of C911 rk situ king a part	job coy that	cc90  cc91  cc91  posit	icions u descono desco	now cribe cy did	afterd in	r the the first or work	6	In your New York New	g this is a constant of the co	why hed to  essantial or the action of the a	nave make y near for a co as above term ght shift	e you are you	r worken men men men men men men men men men m	no ch	r job ? ondii iitab ange (Fill	tions le fo	s not r you	beee 1?  mor	cC915 ade
(	Other																					
	Answer each  oo you ever have oo you work with oo you work star on some jobs it is p a little faster one s there so much s there so much with others ever	e so moend on your nding ossible day and noise noise	r turn r hands or walk to decid d take it at you that you	do tha many t at sho ing ab de yours a little r work ou hav	it your imes a ulder I out? . self how easier t place t e to ra	work solution work solution with a much other next that it is isselved.	situation of the situat	on bed er? w quick ou have omfort	omes taxing?	can, for	examp			Ye mo	es daily ore tha nalf of cing ho	in	Yes dail less tha half o orking h	co	per bu	es riodica ut not daily	lly,	Seldom or never

70. How often have you worked with a radio transmitter or radar after the 13th week of pregnancy?	73. Are you absent from regular work at the present time?							
Seldom/never A few times a week Daily	No Yes, part time CC936 Yes							
On average, more than 1 hour a day	74. If yes, why are you currently absent from work? (Fill in for only one item.)							
71. How often have you worked with X-ray equipment (at a distance of less than 2 metres) after the 13th week of pregnancy? (Do not include treatment as a patient.)  Seldom/never	Sick leave (with sick compensation pay)  Absent due to sick child  Made redundant with compensation							
A few times a week  Daily  CC934	Absent with maternity allowance due to the working environment Started maternity leave (with allowance)							
On average, more than 1 hour a day	Service leave Other (describe)							
72. Have you been absent from your normal job for more than two weeks after the 13th week of pregnancy?	CC938 CC1415							
No Yes, part time								
Yes								
	·							
Reason for sick leave	Sick leave during week of  pregnancy:  13- 17- 21- 25- 29+  Number of % days sick leave							
- , - ,	16 20 24 28							
Example: Pelvic girdle pain	1 0 5 0							
CC939 CC1416	CC940         CC941         CC942         CC943         CC944         CC945         CC946							
CC947 CC1417	CC948         CC949         CC950         CC951         CC952         CC953         CC954							
CC955 CC1418	CC956         CC957         CC958         CC959         CC960         CC961         CC962							
CC963 CC1419	CC964         CC965         CC966         CC967         CC968         CC969         CC970							
76. Do you currently lift anything over 10 kilos while you	Habits							
are pregnant? (10 kilos is equivalent to a full bucket of water)  Home Work	79. How often do you talk on a mobile phone?  Seldom/never  CC977							
Seldom or never	A few times a week							
Yes, more than 20 times a week Yes, 10-20 times a day	Daily On average, more than 1 hour a day							
Yes, more than 20 times a day	80. Do you talk on your mobile phone for longer than 15 minutes							
77. Have others helped you with housework or childcare more than they usually do to relieve you during this pregnancy?	at a time?  Never  CC978  Seldom							
Yes, considerably	Frequently							
Yes, to a fair extent No, no one has offered	81. How frequently have you worked with a computer monitor, laser printer or photocopy machine (at a distance of less than							
No, it has not been necessary	2 metres) after the 13th week of pregnancy?  Computer Laser Photocopy monitor printer machine							
78. If you are on maternity leave for this pregnancy, when did it start?	Seldom/never							
Date: N/A N/A N/A	Daily On average, more than							
day month year	1 hour a day							

	No Yes, closer than 50 metres Yes, between 50 - 100 metres Yes, more than 100 metres	Never  At least 1-2 times a week Less often	Since
84.	How often do you exercise at present? (Fill in for each ite	n.)  1-3 3 tim  times Once Twice or mo  Never a month a week a week a we	ore
2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12.	Running/jogging/orienteering  Cycling  Training studio/weight training  Special gymnastics/aerobics for pregnant women  Aerobics/gymnastics/dance without running and jumping  Aerobics/gymnastics/dance with running and jumping  CC99  CC98  CC98  CC98  CC98  CC98  CC99  Aerobics/gymnastics/dance without running and jumping  CC99		A. C.
85.	How often do you do exercises at home or at a gym for  Never Abdominal muscles.  Back muscles Pelvic floor muscles (Muscles around the vagina, urethra, anus).  CC100	ne following groups of muscles? (Fill in for each item.)  1-3  times  Once  Twice  or more  a month  a week  a week  a week	
86.	How often at the moment are you so physically active in sweat? (Fill in for both spare time and work.)  Never Less than once a week Once a week Twice a week 3-4 times a week 5 or more times a week	your spare time and/or at work that you get out of I Spare time At work  CC1001  CC1002	breath or
	How often on average have you had sexual intercourse during the last month?  Daily 5-6 times a week 3-4 times a week 1-2 times a week Less frequently Never	CC1005 CC1420 CC1006 CC1009 CC1009 CC1009	en? Year CC1007 CC1010 CC1013
	Have you been abroad during the last year?  No Yes	90. Have you come into contact with animals eit work or in your free time?  No CC1014 Yes	ther at

91. If yes, which animals have you come into contact with and how often?	98. Do you smoke at present? If yes, how many cigarettes?  No  CC1037
3–6 1-2 Daily times times Less a week a week often	Sometimes Cigarettes per week
CC1018 CC1019 Cat CC1020 Guinea pig/hamster/rabbit/rat, etc.	Daily Cigarettes per day
Canary or other caged birds	99. Does the baby's father smoke at present? If yes, how many cigarettes?  No
Other	Sometimes Cigarettes per week
92. How many hours a day do you usually sleep now when you are pregnant?	Daily Cigarettes per day
Over 10 hours  8–9 hours  6-7 hours  4-5 hours	100. If one or both of you have stopped smoking during the pregnancy, in which week of pregnancy did you stop?
Less than 4 hours	You CC1043 Week of pregnancy
93. Do you currently sleep on a waterbed or use an electric blanket?  Yes No	Baby's father Week of pregnancy
Waterbed	101. If you or the baby's father have smoked during the pregnancy, were there periods during which you or the baby's father did not smoke? (Fill in the weeks during pregnancy when you did not smoke.)
94. Can you rest during the day (both at home and at work)?	Weeks of pregnancy <u>without</u> smoking 0-4 5-8 9-12 13-16 17-20 21-24 25-28 29+
No Yes	You .         CC1047         CC1048         CC1049         CC1050         CC1051         CC1052         CC1053         CC1053           Baby's father .         CC1055         CC1056         CC1057         CC1058         CC1059         CC1060         CC1061         CC1061
95. Have you been in a sauna while you have been pregnant?  CC1031	102. Have you used other forms of nicotine after the 13th week of pregnancy?
No 1–5 times 6-10 times More than 10 times	No Yes  Nicotine chewing gum
96. Have you been in a solarium while you have been pregnant?  No	Nicotine patches
1-5 times 6-10 times More than 10 times	103. Have you used any of the following substances after the 13th week of pregnancy?  No Yes
97. Are you exposed to passive smoking either at home or at work? If yes, how many hours a day?  No Yes No. of hrs  CC1033	Hash
Home	Cocaine CC1070 Heroin CC1071
104. Have you ever used any of the following substances? (Fill	Last 6 months During
Anabolic steroids	before this No Previously pregnancy pregnancy
Testosterone products	CC1073

F	ood and drink										
105	105. How often do you eat the following foods? (Fill in for each item.)										
	, , , , , , , , , , , , , , , , , , , ,	(	Before the	,		Di	During the pregnancy				
		Never	A few times a year	1–3 times a Month	Once a week or more	Never	1–3 times a month	Once a week or more			
1 2 3 4 5 6 7 8 9 10 11 12	Crab Shrimps Shellfish (e.g. mussels, oysters) Fish liver Tuna fish or halibut Flounder/other flat fish Pike or perch Other fresh water fish Reindeer meat Mutton Liver or kidney from game Wild mushrooms			CC1075 CC1077 CC1079 CC1081 CC1083 CC1085 CC1087 CC1089 CC1091 CC1093 CC1095 CC1097			CC1076 CC1078 CC1080 CC1082 CC1084 CC1086 CC1088 CC1090 CC1092 CC1094 CC1099				
106	6. How often do you eat the following t	ypes of fo	ood? (Fill in	for each ite	m.)						
	Food from restaurant/street vendors/canted Meat (not including tinned) bought in other Meat (including poultry) that is raw or undercooked Raw minced meat/meat mixtures (even to a Smoked or cured salmon or trout (uncooked Soft cheeses (e.g. cream cheese, camembed Unwashed raw vegetables, unwashed fruit	countries ed (pink nea taste) d) ert, blue ch	r the bone)eese, etc.) .		Never CC1099 CC1100 CC1101 CC1102 CC1103 CC1104 CC1105	A few times a year	1-3 times a month	Once a week or more			
107	No Yes Fish	ds during	this	CI p	ups/glasses regnancy?	our fluid consur s) per day after (1 mug = 2 cups, , 1 large plastic b	the 13th we 1 small plasti ottle (1.5 litre	eek of c bottle (0.5 s) = 12 cups)			
	Eggs						Number of cups / glasse	Decaffeinated es fill in			
	Oranges, lemons  Strawberries  CC1110  CC1110			1. Fi	lter coffee		CC1119	CC1120			
	Other, specify CC11111 CC1	423		2. Ir	nstant coffee		CC1121	CC1122			
108	B. What type of drinking water do you ha	ave wher	e you	3. Bo	oiled coffee .		CC1123	CC1124 CC1126			
	Own water source (e.g. well)			4. 0	Other coffee.		CC1125	CC1120			
	Water company (public or private) Other source	CC1112		5. Te	ea		CC1127	CC1128			
	Name of water company	CC1113 C	C1424	6. Co	oca Cola/Pep	si, etc	CC1129	CC1130			
		, ,,		7. O	ther fizzy dri	nks	CC1131	CC1132			
109	O. Is your water treated (chlorinated or UV)  NO CC1115	radiated)	?	8. D	iet Coca Cola	, Pepsi	CC1133	CC1134			
	Yes, UV radiation CC1116 Yes, chlorinated CC1117			9. O	ther diet fizzy	y drinks	CC1135	CC1136			

CC1118

Don't know

CC1137

CC1138

10. Tap water .....

11. Bottled water.....

Number of Organic cups/glass (fill in)	112. In the period just before you became pregnant and during this pregnancy, how many times have you consumed 5 units or more of alcohol? (See the explanation for units.)
12. Juice/squash	Last 3 mths In this pregnancy before last week of pregnancy period 0–12 13–24 25+
13. Diet juice/squash	Several times a week
14. Milk (skimmed, low fat, whole)	1-3 times a month
15. Yogurt, all types	Never
16. Yogurt with active Lactobacillus all types	alcohol? (See the above explanation.)  Last 3 mths  In this pregnancy
17. Other type of cultured milk (kefir) CC1152 CC1153	before last week of pregnancy period 0–12 13–24 25+
18. Other	10 or more CC1164 CC1165 CC1166 CC1167
111. How often did you consume alcohol before and how often do you consume it now?  Last 3 months In this pregnancy before last week of pregnancy period 0-12 13-24 25+  Roughly 6-7 times a week.  Roughly 4-5 times a week.  Roughly 2-3 times a week.  Roughly 1 time a week.  Roughly 1-3 times a month  Less then once a month  Never	5-6 3-4 1-2 Less than 1  114. If you have changed your drinking during or before this pregnancy, when did the change occur? (Fill in one or more boxes.)  Reduced intake Increased intake  Last 3 months before last period During pregnancy weeks 0-6 During pregnancy weeks 7-12 During pregnancy weeks 13-24 After pregnancy week 25  CC1172  115. If you have modified your consumption of alcohol, how important were the following factors? (Fill in one or more boxes.)  Not Not very Quite Important Very relevant important important  Nausea, discomfort  CC1173  Altered taste CC1176 Depression/problems CC1177  Other reasons CC1177
You and your life now	
116. What is your current civil status?  Married CC1178  Cohabiting Single Divorced/separated Widowed Other	Almost never Seldom Sometimes Usually Almost always
117. Do you have anyone other than your husband/partner you can ask for advice in a difficult situation?  No. Yes, 1 or 2 people Yes, more than 2 people  118. How frequently do you meet or talk on the telephone	120. If you have given birth before, in general, how was the experience of giving birth?  Very good Good Alright Bad
with your family (other than your husband/partner and children) or close friends?  Once a month or less 2-8 times a month  More than twice a week	Very bad

## 121. Do you agree or disagree with the following statements relating to the forthcoming birth of your baby? (Fill in for each statement.) completely Agree somewhat somewhat Disagree completely CC1183 CC1184 I am really dreading giving birth..... CC1185 CC1186 I want to have an epidural regardless..... CC1187 CC1188 CC1189 I think the woman herself should decide whether or not to have a caesarean. . . . . . . . . CC1190 I worry all the time that the baby will not be healthy or normal..... CC1191 122. How do these statements describe your relationship? (Only answer if you have a partner.) (Fill in for each statement.) Agree Agree Disagree completely Agree Disagree completely somewhat somewhat disagree CC1192 CC1193 CC1194 CC1195 CC1196 I am satisfied with my relationship with my partner..... CC1198 We often disagree about important decisions..... CC1199 I have been lucky in my choice of a partner..... CC1200 CC1201 123. Have you been bothered by any of the following feelings during the past 2 weeks? (Fill in for each statement.) Not A little Quite Very bothered bothered bothered bothered CC1202 CC1203 CC1204 Feeling hopeless about the future ..... CC1205 Feeling blue ..... CC1206 Worrying too much about things ..... CC1207 Feeling everything is an effort ..... CC1208 CC1209 124. How often do you experience the following in your everyday life? (Fill in for each statement.) Seldom/ Fairly seldom Sometimes Often Very often never CC1210 CC1211 Feel happy..... Feel joyful, like everything is going your way, everything is rosey. . . CC1213 Feel like screaming at somebody or hitting things..... CC1214 125. How well do these statements describe you? (Fill in for each statement.) Incorrect Completely Partly Almost correct correct correct CC1216 I always manage to solve difficult problems if I try hard enough ...... CC1217 If anyone opposes me, I find a way to get what I want ..... CC1218 I am sure that I can cope with unexpected events ..... CC1219 I am calm when I encounter difficulties because I trust my ability to cope . . . CC1220

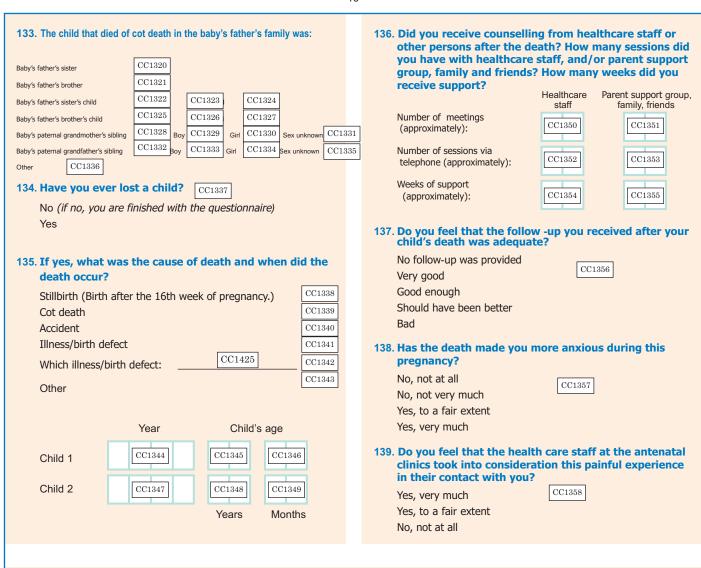
126. Do you agree or disagree with the following	statem	ents? (Fi	ll in for eac	rh statement )			
. 20, 20 you agree or along the trial tile following	Jeacom	•			gree Don't agree	e Agree	Agree Agree
		C	ompletely CC1224	some	what or disagree	e somewhat	completely
My life is largely what I wanted it to be			CC1995				
My life is very good			001000				
I am satisfied with my life			00				
I have achieved so far what is important for me in	•						
If I could start all over, there is very little I would o	do differe	ently	CC1228				
127. How do you feel about yourself? (Fill in for ea	ch stater	ment.)		A = == =			Dianawaa
				Agree completely	Agree	Disagree	Disagree completely
I have a positive attitude toward myself			CC1229		J		. ,
I feel completely useless at times			CC1230				
I feel that I do not have much to be proud about.			CC1231				
I feel that I am a valuable person, as good as anyo	one else		CC1232				
			_				
128. Have you experienced any of the following of (Fill in for each statement.)	luring tl	he last 1	2 months	? If yes, how	<i>i</i> painful or d	ifficult was	it for you?
(Till III Tor each statement)						IF YES	
				No Yes	Not too bad	Painful difficul	
				CC1233	baa	CC123	_
Have you had problems at work or where you study?				CC1235		CC123	
Have you had financial problems?							=
Have you been divorced, separated or ended your relation	•			CC1237		CC123	_
Have you had problems or conflicts with your family, frien	_			CC1239		CC124	
Have you been seriously ill or injured?				CC1241		CC124	
Has anyone close to you been seriously ill or injured?				CC1243		CC124	
Have you been involved in a serious accident, fire or robb	•			CC1245		CC124	_
Have you lost someone close to you?				CC1247		CC124	_
Other				CC1249		CC125	
129. Have you ever experienced any of the follow	<b>ring?</b> (Fi	II in for ea	ach statem	ent.)			
		Yes, as	Yes, as	Who v	as responsible	for this?	Has this
	No	a child	an adult	A	Family or	Another	occurred during the last year?
	No, never	(under 18)	(over 18)	stranger		own person	No Yes
Someone has over a long period of time							
systematically tried to subdue, degrade or humiliate you	CC1251	CC1252	CC1253	CC1254	CC1255	CC1256	CC1257
Someone has threatened to hurt you	CC1258	CC1259	CC1260	CC1261	CC1262	CC1263	CC1264
or someone close to you							
You have been subjected to physical abuse	CC1265	CC1266	CC1267	CC1268	CC1269	CC1270	CC1271
You have been forced to have sexual intercourse	. CC1272	CC1273	CC1274	CC1275	CC1276	CC1277	CC1278
Miscellaneous							
130. Has anyone living with you had any of the fo	ollowing	j ill-	132. <b>The</b>	child that di	ed of cot dea	th in my fa	mily was:
nesses during this pregnancy? (Enter a cross and s	specity the p	period)	My cistor	CC130	3		
In which week o		,	My sister	ggtoo			
0–9 10–19	20–29	30+	My brother	GG130		001207	

		0–9 1	10–19 2	20–29	30+
Influenza	CC1279	CC1280	CC1281	CC1282	CC1283
Childhood diseases (fever and rash).  Prolonged cough	CC1284	CC1285	CC1286	CC1287	CC1288
	001000	CC1290	CC1291	CC1292	CC1293
Other infectious disease	CC1294	CC1295	CC1296	CC1297	CC1298

## 131. Have there been any instances of cot death in your family or your partner's family?

CC1299 CC1300 Don't know CC1301 Yes, in my family (see question 132) CC1302 Yes, in the baby's father's family (see question 133)

My sister	CC1303						
My brother	CC1304						
My sister's child	CC1305	Boy	CC1306	Girl	CC1307		
My brother's child	CC1308	Воу	CC1309	Girl	CC1310		
My mother's sibling	CC1311	Boy	CC1312	Girl	CC1313	Sex unknown	CC1314
My father's sibling	CC1315	Boy	CC1316	Girl	CC1317	Sex unknown	CC1318
Other CC1319							



Have you remembered to fill in the date on which you completed the questionnaire on page 1?

Thank you very much for your help!

Please return the completed questionnaire in the stamped addressed envelope provided.

