den norske Mor & barn undersøkelsen

Questionnaire FATHER

Th	is questionnaire will be processed by a computer. It is therefore important that you follow these instructions:
•	Please use a blue or black ballpoint pen

- Put a cross in the box that is most relevant like this: X
- Should you put a cross in the wrong box correct it by filling in the box completely like this:
- In the large green boxes write a number or a capital letter

It is important that you only write in the white area of each box like this:

0 1 2 3 4 5 6 7 8 9 ABCD Letter:

Datobokser er delt opp i tre deler, den første for dag i måned, den neste for månedstallet og den siste for årstallet slik at datoen skal skrives slik: 2005

When filling in a single figure in boxes containing two or more squares, please use the square to the right. Example:

Specific information concerning, for example, medication or profession should be written in the boxes or on the lines provided. Please write clearly in CAPITAL LETTERS.

Please return the completed questionnaire in the stamped addressed envelope provided.

Thank you in advance

Give the date you filled in the questionnaire

FF9 day

FF10 month

FF11 year

(Write the year with 4 digits, e.g. 2005)

1. Date of birth?



2. Marital status?



- Married ☐ Divorced/separated
- ☐ Co-habiting ☐ Widower
- Single Other

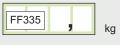
3. How tall are you?



4. What weight are you?



5. What is the heaviest you have weighed since you? were 18 years old



6. What is the lightest you have weighed since you? were 18 years old



7. Have you ever dieted or limited your food intake?

□No	Yes

FF337

8. If yes, how old were you the first time you dieted or limited your food intake?



9. Are you the type of person who can eat as much as you want without gaining weight?

No	

Yes

FF339

Education and work	
10. What level of education do you have?	
(only tick for the highest level of education you have comp	eted and any ongoing education you are taking.)
Education	Completed Ongoing
Secondary education	
Further education 1-2 years	
Further education - vocational	_
Further education 3 years – (general studies, sixth form)	
Higher Education (university/college), up to and including 4 Higher Education (university/college), over 4 years	
Other education	[==+0]
Cultif cadoducti	
11. What is your work situation now? (tick all that apply.	
F500	- 00
1. Lapin/student	Employed in public sector Employed in private sector
2	Self-employed
	Family member without steady income in family company (e.g. Farming, business)
5. FF24 Unemployed/laid off	FF04 FF005
6. FF25 Rehabilitation/disabled 11. F	F30 Other FF31 FF305
12. Describe the business at your place of	
work/service as accurately as possible.	
(e.g. farming of grain and pigs, body shop at garage for diesel cars, insurance company,	FF306
college).	
13. Job title at this workplace?	FF007
(e.g. panel beater, foreman, lecturer, student, cleaning assistant, farmer, homemaker/at	FF307
home).	
14. How many hours of paid labour do you do per week	? 18. Are you currently receiving any of the following benefits?
	? 18. Are you currently receiving any of the following benefits? If yes, from when?
14. How many hours of paid labour do you do per week	If yes, from when? Month Year
FF340	If yes, from when? Month Year No Yes Sick pay/
hours 15. What was your gross income (before tax) last year?	If yes, from when? Month Year No Yes Sick pay/ rehabilitation money FF345 FF346 FF347
FF340 hours	Sick pay/ rehabilitation money FF345 FF346 FF347
hours 15. What was your gross income (before tax) last year?	If yes, from when? Month Year No Yes Sick pay/ rehabilitation money FF345 FF346 FF347
hours 15. What was your gross income (before tax) last year? (Incl. child benefit, unemployment benefit, cash support etc.	Sick pay/ rehabilitation money Benefits for vocational rehabilitation FF348 If yes, from when? Month Year FF346 FF347 FF349 FF350
hours 15. What was your gross income (before tax) last year? (Incl. child benefit, unemployment benefit, cash support etc.) 1. No income FF341 2. Under 150.000 kr. 3. 150.000–199.999 kr.	Sick pay/ rehabilitation money Benefits for vocational rehabilitation Disability pension/
hours 15. What was your gross income (before tax) last year? (Incl. child benefit, unemployment benefit, cash support etc. 1. No income FF341 2. Under 150.000 kr. 3. 150.000–199.999 kr. 4. 200.000–299.999 kr.	Sick pay/ rehabilitation money Benefits for vocational rehabilitation Disability pension/ If yes, from when? Month Year FF345 FF346 FF347 FF349 FF350 Disability pension/
15. What was your gross income (before tax) last year? (Incl. child benefit, unemployment benefit, cash support etc.) 1.	If yes, from when? Month Year Sick pay/ rehabilitation money Benefits for vocational rehabilitation Disability pension/ limited disability pension FF351 FF352 FF353
15. What was your gross income (before tax) last year? (Incl. child benefit, unemployment benefit, cash support etc.) 1. No income	If yes, from when? Month Year Sick pay/ rehabilitation money FF345 Benefits for vocational rehabilitation Disability pension/ limited disability pension FF351 FF352 FF353
15. What was your gross income (before tax) last year? (Incl. child benefit, unemployment benefit, cash support etc.) 1.	Sick pay/ rehabilitation money FF345 FF346 FF347 Benefits for vocational rehabilitation FF348 FF349 FF350 Disability pension/ limited disability pension FF351 FF353 Social security payments FF354 FF355 FF356
15. What was your gross income (before tax) last year? (Incl. child benefit, unemployment benefit, cash support etc.) 1. No income	If yes, from when? Month Year Sick pay/ rehabilitation money Benefits for vocational rehabilitation Disability pension/ limited disability pension FF351 FF352 FF353
15. What was your gross income (before tax) last year? (Incl. child benefit, unemployment benefit, cash support etc.) 1. No income	Sick pay/ rehabilitation money FF345 FF346 FF347 Benefits for vocational rehabilitation FF348 FF349 FF350 Disability pension/ limited disability pension FF351 FF352 FF353 Social security payments FF354 FF356 Unemployment benefit FF357 FF358 FF359
15. What was your gross income (before tax) last year? (Incl. child benefit, unemployment benefit, cash support etc.) 1. No income FF341 2. Under 150.000 kr. 3. 150.000–199.999 kr. 4. 200.000–299.999 kr. 5. 300.000–399.999 kr. 6. 400.000–499.999 kr. 7. Over 500.000 kr	Sick pay/ rehabilitation money FF345 FF346 FF347 Benefits for vocational rehabilitation FF348 FF349 FF350 Disability pension/ limited disability pension FF351 FF355 FF356 Social security payments FF354 FF355 FF356
15. What was your gross income (before tax) last year? (Incl. child benefit, unemployment benefit, cash support etc. 1. □ No income FF341 2. □ Under 150.000 kr. 3. □ 150.000–199.999 kr. 4. □ 200.000–299.999 kr. 5. □ 300.000–399.999 kr. 6. □ 400.000–499.999 kr. 7. □ Over 500.000 kr 16. In the last 12 months have you been on sick leave? No Yes	Sick pay/ rehabilitation money FF345 FF346 FF347 Benefits for vocational rehabilitation FF348 FF349 FF350 Disability pension/ limited disability pension FF351 FF352 FF353 Social security payments FF354 FF356 Unemployment benefit FF357 FF358 FF359
15. What was your gross income (before tax) last year? (Incl. child benefit, unemployment benefit, cash support etc. 1.	Sick pay/ rehabilitation money FF345 FF346 FF347 Benefits for vocational rehabilitation FF348 FF349 FF350 Disability pension/ limited disability pension FF351 FF352 FF353 Social security payments FF354 FF355 FF356 Unemployment benefit FF357 FF358 FF359 Other benefits FF360 FF361 FF362
15. What was your gross income (before tax) last year? (Incl. child benefit, unemployment benefit, cash support etc. 1.	Sick pay/ rehabilitation money FF345 FF346 FF347 Benefits for vocational rehabilitation FF348 FF349 FF350 Disability pension/ limited disability pension FF351 FF352 FF353 Social security payments FF354 FF355 FF356 Unemployment benefit FF357 FF358 FF359 Other benefits FF360 FF361 FF362 19. Could you/your household cover an unexpected expense of 10,000 kroner in the course of a month without having to
15. What was your gross income (before tax) last year? (Incl. child benefit, unemployment benefit, cash support etc. 1.	Sick pay/ rehabilitation money FF345 FF346 FF347 Benefits for vocational rehabilitation FF348 FF349 FF350 Disability pension/ limited disability pension FF351 FF352 FF353 Social security payments FF354 FF355 FF356 Unemployment benefit FF357 FF358 FF359 Other benefits FF360 FF361 FF362 19. Could you/your household cover an unexpected expense of 10,000 kroner in the course of a month without having to take out a loan or ask for financial help?
15. What was your gross income (before tax) last year? (Incl. child benefit, unemployment benefit, cash support etc.) 1. No income FF341 2. Under 150.000 kr. 3. 150.000–199.999 kr. 4. 200.000–299.999 kr. 5. 300.000–399.999 kr. 6. 400.000–499.999 kr. 7. Over 500.000 kr 16. In the last 12 months have you been on sick leave? No Yes Without medical certificate (self-notification) With medical certificate from doctor	Sick pay/ rehabilitation money FF345 FF346 FF347 Benefits for vocational rehabilitation FF348 FF349 FF350 Disability pension/ limited disability pension FF351 FF352 FF353 Social security payments FF354 FF355 FF356 Unemployment benefit FF357 FF358 FF359 Other benefits FF360 FF361 FF362 19. Could you/your household cover an unexpected expense of 10,000 kroner in the course of a month without having to
15. What was your gross income (before tax) last year? (Incl. child benefit, unemployment benefit, cash support etc. 1. No income FF341 2. Under 150.000 kr. 3. 150.000–199.999 kr. 4. 200.000–299.999 kr. 5. 300.000–399.999 kr. 6. 400.000–499.999 kr. 7. Over 500.000 kr 16. In the last 12 months have you been on sick leave? No Yes Without medical certificate (self-notification) FF342 With medical certificate from doctor	Sick pay/ rehabilitation money FF345 FF346 FF347 Benefits for vocational rehabilitation FF348 FF349 FF350 Disability pension/ limited disability pension FF351 FF352 FF353 Social security payments FF354 FF355 FF356 Unemployment benefit FF357 FF358 FF359 Other benefits FF360 FF361 FF362 19. Could you/your household cover an unexpected expense of 10,000 kroner in the course of a month without having to take out a loan or ask for financial help?
15. What was your gross income (before tax) last year? (Incl. child benefit, unemployment benefit, cash support etc.) 1. No income FF341 2. Under 150.000 kr. 3. 150.000–199.999 kr. 4. 200.000–299.999 kr. 5. 300.000–399.999 kr. 6. 400.000–499.999 kr. 7. Over 500.000 kr 16. In the last 12 months have you been on sick leave? No Yes Without medical certificate (self-notification) FF342 With medical certificate from doctor	If yes, from when? Month Year Sick pay/ rehabilitation money Benefits for vocational rehabilitation Disability pension/ limited disability pension FF351 FF352 FF353 Social security payments FF354 Unemployment benefit FF360 FF361 FF362 19. Could you/your household cover an unexpected expense of 10,000 kroner in the course of a month without having to take out a loan or ask for financial help? (including use of saved funds)
15. What was your gross income (before tax) last year? (Incl. child benefit, unemployment benefit, cash support etc.) 1. No income FF341 2. Under 150.000 kr. 3. 150.000–199.999 kr. 4. 200.000–299.999 kr. 5. 300.000–399.999 kr. 6. 400.000–499.999 kr. 7. Over 500.000 kr 16. In the last 12 months have you been on sick leave? No Yes Without medical certificate (self-notification) With medical certificate from doctor 17. If yes, how long in total? FF344 Less than 1-2 2-8 More than	If yes, from when? Month Year Sick pay/ rehabilitation money Benefits for vocational rehabilitation Disability pension/ limited disability pension FF348 FF349 FF350 FF350 FF351 FF352 FF353 Social security payments FF354 Unemployment benefit FF357 FF358 FF359 Other benefits FF360 FF361 FF362 19. Could you/your household cover an unexpected expense of 10,000 kroner in the course of a month without having to take out a loan or ask for financial help? (including use of saved funds) No FF363

20. Have you been exposed to any of the following in the six mo (during work and leisure) (Tick every line)	nths b	efore you	r partner becam	e pregnant?	
Chemicals, gases etc	No	Yes	If yes, no. of days (daily = 180 days)	Tick if you have used extractor fan or breathing protection	Tick if you have used protective gloves
Lead vapours, lead dust, lead particles or lead alloys FF34	4 🗆		FF35	FF36	FF37
2. Chromium, arsenic, cadmium or combinations of these FF38	8 🗆		FF39	FF40	FF41
3. Petrol/gasoline or exhaust fumes (not including filling your own car)	2 🗆		FF43	FF44	FF45
Mercury vapours, mercury or work with amalgam-fillings (not including treatment as a patient)	6 🗆		FF47	FF48	FF49
5. Disinfectants, vermin poison FF50	0 🗆		FF51	FF52	FF53
6. Plant care substances (weedkiller, insecticides fungicides, rodent poison)	4 🗆		FF55	FF56	FF57
7. Oil-based paint FF58	8 🗆		FF59	FF60	FF61
8. Water-based or latex paint	2 🗆		FF63	FF64	FF65
Paint thinner, paint-, varnish/lacquer- or glue-remover or other solvents (e.g. Lynol®, white spirit, toluene, carbon tetrachloride) FF66 FF66	6 🗆		FF67	FF68	FF69
10. Industrial dyes or inks FF70	0 🗆		FF71	FF72	FF73
11. Motor oil, lubricating oil or other types of oil	4 🗆		FF75	FF76	FF77
12. Photographic chemicals (fixatives or developers)	8 🗆		FF79	FF80	FF81
13. Substances used in welding	2 🗆		FF83	FF84	FF85
14. Substances used in soldering FF86	6 🗆		FF87	FF88	FF89
15. Formalin/formaldehyde FF90	0 🗆		FF91	FF92	FF93
16. Chemotherapy substances/ treatments (not including your own medical treatment)	4 🗆		FF95	FF96	FF97
17. Chemotherapy (taken in treatment as a patient) FF36	54		FF365	FF366	FF367
18. Nitrous oxide (laughing gas) or other anaesthetic gases (not including your own medical treatment)	8 🗆		FF99	FF100	FF101
19. Other substances and conditions, describe: FF106 FF308 FF308 FF308)2		FF103	FF104	FF105
21. How often have you worked with radio transmitters or radar in the last six months before your partner became pregnant? Seldom/never FF110 Few times per week Daily On average more than 1 hour per day	t y	he last six your partner (Not includity Seldom Few tinty Daily	months (less ter became preg	a patient) FF112	

23. Do you use a mobile phone? Nei Ja FF369 24. If yes, how old were you when you got your first mobile phone? FF370 25. Do you use "hands-free"? Seldom/never FF371 Only for longer conversations As a rule 26. If/when you use "hands-free", where is the phone usually during the conversation? In front trouser pocket FF372 On a belt in front of the body Other places on the body Away from the body	Less th 1-2 tim 3-6 tim 1-4 tim More t	30 minutes	ralk in total on the days
29. How often did you work with a computer, laser printer of	or copying machine (a	t a distance of less tha	n two meters) in the six
months before your partner became pregnant? (tick every	line)		On average more
Seldom/never	Few times per v	eek Daily	On average more than 1 hour per day
1. Computer screen			
2. Laser printer			
3. Copying machine FF115			
Illnesses and health problems			
Illnesses and health problems	5		
Illnesses and health problems 30. Do you have, or have you had any of the following illne		ms?	
•	sses or health proble	do you remember how	If you became well or
•	sses or health proble If yes, If yes, old y		If you became well or the problem stopped, at what age did this happen?
•	sses or health proble If yes, If yes, old y	do you remember how you were at the first of illness/ problem?	the problem stopped, at what age did this happen?
30. Do you have, or have you had any of the following illne	sses or health proble If yes, If yes, old y tick sign	do you remember how you were at the first	the problem stopped, at
30. Do you have, or have you had any of the following illne	sses or health proble If yes, If yes, old y tick sign	do you remember how you were at the first of illness/ problem?	the problem stopped, at what age did this happen?
30. Do you have, or have you had any of the following illne 1. Hay fever, pollen allergy	sses or health proble If yes, If yes, old y tick sign	do you remember how you were at the first of illness/ problem? FF117 years	the problem stopped, at what age did this happen? FF118 years
30. Do you have, or have you had any of the following illne 1. Hay fever, pollen allergy	sses or health proble If yes, If yes, old y tick sign	do you remember how you were at the first of illness/ problem? FF117 years FF120 years	the problem stopped, at what age did this happen? FF118 years FF121 years
1. Hay fever, pollen allergy 2. Urticaria (hives) 3. Asthma	sses or health proble If yes, If yes, old y tick sign FF116	do you remember how you were at the first of illness/ problem? FF117 years years	the problem stopped, at what age did this happen? FF118 years FF121 years
30. Do you have, or have you had any of the following illne 1. Hay fever, pollen allergy	sses or health proble If yes, If yes, old y tick sign FF116	do you remember how you were at the first of illness/ problem? FF117 years FF120 years FF123 years	the problem stopped, at what age did this happen? FF118 years FF121 years FF124 years
1. Hay fever, pollen allergy 2. Urticaria (hives) 3. Asthma 4. Atopic dermatitis (childhood eczema)	If yes, old y tick sign FF116 FF122 FF125	do you remember how you were at the first of illness/ problem? FF117 years FF120 years FF123 years FF126 years	the problem stopped, at what age did this happen? FF118 years FF121 years FF127 years
1. Hay fever, pollen allergy 2. Urticaria (hives) 3. Asthma	If yes, old y tick sign FF116 FF122	do you remember how you were at the first of illness/ problem? FF117 years FF120 years FF123 years	the problem stopped, at what age did this happen? FF118 years FF121 years FF124 years
1. Hay fever, pollen allergy	If yes, old y tick sign FF116 FF122 FF128	clo you remember how you were at the first of illness/ problem? FF117	the problem stopped, at what age did this happen? FF118 years FF121 years FF127 years FF130 years
1. Hay fever, pollen allergy 2. Urticaria (hives) 3. Asthma 4. Atopic dermatitis (childhood eczema)	If yes, old y tick sign FF116 FF122 FF125	do you remember how you were at the first of illness/ problem? FF117	the problem stopped, at what age did this happen? FF118 years FF121 years FF127 years FF130
1. Hay fever, pollen allergy	If yes, old y tick sign FF116 FF122 FF128 FF131	clo you remember how you were at the first of illness/ problem? FF117	the problem stopped, at what age did this happen? FF118 years FF121 years FF127 years FF130 years FF133 years
1. Hay fever, pollen allergy	If yes, old y tick sign FF116 FF122 FF128	clo you remember how you were at the first of illness/ problem? FF117	the problem stopped, at what age did this happen? FF118 years FF121 years FF127 years FF130 years FF133
1. Hay fever, pollen allergy	If yes, old y tick sign FF116 FF122 FF125 FF131 FF374	clo you remember how you were at the first of illness/ problem? FF117	the problem stopped, at what age did this happen? FF118 years FF121 years FF127 years FF130 years FF133 years FF133 years FF376 years
1. Hay fever, pollen allergy	If yes, old y tick sign FF116 FF122 FF128 FF131	clo you remember how you were at the first of illness/ problem? FF117	the problem stopped, at what age did this happen? FF118 years FF121 years FF127 years FF130 years FF133 years FF133 years
1. Hay fever, pollen allergy	If yes, old y tick sign FF116 FF122 FF125 FF131 FF374	clo you remember how you were at the first of illness/ problem? FF117	the problem stopped, at what age did this happen? FF118 years FF121 years FF127 years FF130 years FF133 years FF376 years

	If yes, tick	If yes, do you remember how old you were at the first sign of illness/ problem?	If you became well or the problem stopped, at what age did this happen?
9. Genital warts	FF380	FF381 years	FF382 years
10. Gonorrhea	FF383	FF384 years	FF385 years
11. Migraine	FF134	FF135 years	FF136 years
12. Other frequent headaches	FF137	FF138 years	FF139 years
13. Constant aches or discomfort in the upper abdomen	FF140	FF141 years	FF142 years
14. Crohn's disease/ulcerative colitis (diarrohea, constipation intermittent pain	FF143	FF144 years	FF145 years
15. Sleep problems	FF146	FF147 years	FF148 years
16. Diabetes	FF149	FF150 years	FF151 years
17. Cancer	FF152	FF153 years	FF154 years
18. Cardiovascular disease	FF155	FF156 years	FF157 years
19. Epilepsy	FF158	FF159 years	FF160 years
20. Repeated neck and shoulder pain	FF161	FF162 years	FF163 years
21. Lower back pain	FF164	FF165 years	FF166 years
22. Prolonged muscle pain	FF167	FF168 years	FF169 years
23. Bechterew's disease/rheumatoid arthritis	FF170	FF171 years	FF172 years
24. High blood pressure	FF173	FF174 years	FF175 years
25. ADHD	FF386	FF387 years	FF388 years
26. Anorexia/bulimia/eating disorders	FF389	FF390 years	FF391 years
27. Manic depressive illness	FF392	FF393 years	FF394 years
28. Schizophrenia	FF395	FF396 years	FF397 years
29. Other long-term mental illnesses or health problems	FF398	FF399 years	FF400 years
30. Other long-term physical illnesses or health problems	FF179	FF180 years	FF181 years
If other long-term illnesses, please describe:			

31. Do you have a congenital malformation/birth defect? FF198	No		
32. If yes, which? FF199 FF319			
33. Did you use medicines in the six months before your partner became pre	gnant? FF183	No	Yes
34. If yes, please give the name of the medicine(s)			
Name of medicine (e.g. Valium, Rohypnol, Paracetamol)	How long Less than	did you use the m 1 week –	nedicine? More than
	1 week	1 month	1 month
FF310 FF310_K FF184		FF185	
FF311 FF311_K FF186		FF187	
FF312 FF312_K FF188		FF189	
FF313 FF313_K FF190		FF191	
35. Did you have any X-rays taken in the six months before your partner beca	me pregnant?	□ No □ Yes	
36. If yes, what were the X-rays taken of, and how many times?			
FF201 Teeth FF202 times FF207 Pelvis/stomach/hack FF208 times	[E200 011 FE211	\[\frac{1}{2}\].
FF201 Teeth FF202 times FF207 Pelvis/stomach/back FF208 times	es [r	FF209 Other FF210	times
FF203 Lungs FF204 times FF205 Arms and legs FF206 time	es		
37. How many children do you have from before?			
38. How many of these are with your present partner?			
38. How many of these are with your present partner?			
Diet and eating habits			
BREAD / CRISPBREAD / BISCUITS 39. How many slices of bread do you eat on average every day? ? (Combine a	ıll meals)		
1. White bread (incl. bread rolls, baguettes, pitta, ciabatta and similar)	FF403		
2. Medium coarse-grain bread (incl. rolls)	FF404		
3. Coarse-grain bread	FF405		
4. Crispbread/biscuits	FF406		
40. Do you use butter, margarine or oil on bread? FF407			
☐ No, almost never			
Yes, sometimes			
☐ Yes, daily			

		Seldom/ never	1-2 times per week	3-4 times per week	5-7 times per week	tin per
Reduced fat cheese						
. Regular cheese (yellow/brown)	FF409					
. Prawns/Italian salad or similar	FF410					
. Lean meat	FF411					
. Servelat sausage, salami or similar	FF412					
Liver pate or similar	FF413					[
. Fish	FF414					[
. Preserves (jam/jelly), other sweet spreads	FF415					[
. Egg (boiled, fried, scrambled)	FF416					[
RINK 2. How often do you drink the following? <i>(Ti</i>	ick each line)	Seldom/	1-6 glass	1 glass	2-3 glass	4 g or i
		never	per week	per day	per day	per
1. Whole milk,buttermilk, yoghurt	FF417					[
2. Low-fat and skimmed milk	FF418					[
3. Fruit juice	FF419					[
4. Coca Cola/Pepsi with sugar	FF420					[
5. Coca Cola/Pepsi sugar-free	FF421					[
6. Other sugar-free fizzy drinks	FF422					[
7. Energy drinks, Battery or similar	FF423					[
8. Filter- and instant coffee	EE424					[
9. Boiled/Cafetiere coffee	FF425					[
0. Other coffee, espresso or similar	FF426					
						[
1. Tea	EE427					
I. Tea	FF427					1
I. Tea	FF427	Seldom/never	1-2 times per month	3-4 times per month	2-3 times per week	or r
I. Tea INNER 3. How often do you eat these meals? (Tick	each line)					or i
INNER 3. How often do you eat these meals? (Tick	each line) FF428 FF429	never	per month	per month	per week	or i
INNER 3. How often do you eat these meals? (Tick 1. Sausages, hamburger 2. Kebab	FF427 each line) FF428 FF429 FF430	never	per month	per month	per week	or i
INNER 3. How often do you eat these meals? (Tick 1. Sausages, hamburger 2. Kebab 3. Pizza	FF427 each line) FF428 FF429 FF430 FF431	never	per month	per month	per week	or i
INNER 3. How often do you eat these meals? (Tick 1. Sausages, hamburger 2. Kebab 3. Pizza 4. Meals with minced meat	FF427 each line) FF428 FF429 FF430	never	per month	per month	per week	or i
•	FF427 each line) FF428 FF429 FF430 FF431 FF432 FF432	never	per month	per month	per week	or i
INNER 3. How often do you eat these meals? (Tick 1. Sausages, hamburger 2. Kebab 3. Pizza 4. Meals with minced meat 5. Pure meat	FF427 each line) FF428 FF429 FF430 FF431 FF432 FF433	never	per month	per month	per week	or i
INNER 3. How often do you eat these meals? (Tick 1. Sausages, hamburger 2. Kebab 3. Pizza 4. Meals with minced meat 5. Pure meat 6. Chicken/turkey 7. Lean fish (cod, pollock, haddock etc.)	FF427 each line) FF428 FF429 FF430 FF431 FF432 FF433 FF434	never	per month	per month	per week	or i
INNER 3. How often do you eat these meals? (Tick 1. Sausages, hamburger 2. Kebab 3. Pizza 4. Meals with minced meat 5. Pure meat 6. Chicken/turkey	FF427 each line) FF428 FF429 FF430 FF431 FF432 FF433 FF434	never	per month	per month	per week	or r per
INNER 3. How often do you eat these meals? (Tick 1. Sausages, hamburger 2. Kebab 3. Pizza 4. Meals with minced meat 5. Pure meat 6. Chicken/turkey 7. Lean fish (cod, pollock, haddock etc.) 8. Fatty fish (trout, salmon, mackerel, herring)	FF427 each line) FF428 FF429 FF430 FF431 FF432 FF433 FF434 FF435 FF436	never	per month	per month	per week	4 ti or r per [[[[[

VEGETABLES / FRUIT 44. How often do you eat vegetables and fruit? (Tick per line)					
	Seldom/ never	1-3 times per month	1-2 times per week	3-4 times per week	5 times or more per week
1. Raw vegetables/salads FF439					
2. Cooked vegetables in stews FF440					
3. Cooked vegetables					
4. Fruit					
EATING PATTERNS					
45. How often do you eat food bought from these places? (The	ick per line)				0
	Seldom/ never	1-3 times per month	1-4 times per week	5-7 times per week	Several times per day
1. Canteen/cafeteria/lunch bar FF443					
2. Restaurant FF444					
3. Kiosk/snack bar FF445					
4. Petrol/gasoline station FF446					
5. McDonalds, Burger King etc. FF447					
46. How would you describe your diet?					
1. I have a varied diet FF448	П				
2. I do not eat fish					
EE450					
3. I do not eat meat					
47. Do you use any form of dietary supplement? FF452	□ No	☐ Yes			
48. If yes, which type? (Tick all that apply)					
1. Multivitamin-/mineral supplement FF453					
2. Cod-liver oil/fish oil FF454					
3. Protein supplement FF455					
- Control Company					
Lifestyle					
Litestyle					
49. Have you ever smoked? FF214	51.	Do you smoke <u>ı</u>	now after your	partner became	pregnant?
□ No (go to question 53)		No	FF218		
☐ Yes			FF219 Num	nber cigarettes/w	nok
		Yes, sometimes	INUM	ibei digarettes/W	CCV
50. Did you smoke in the six months before your partner became pregnant? FF215 No		Ja, daglig	FF220 Nun	nber cigarettes/d	ay
Yes, sometimes FF216 Number cigarettes/week	52.	If yes, where do	you smoke?		
		Only outside	FF221		
☐ Yes, daily FF217 Number cigarettes/day		Both inside an	d outside		
		Only inside			

53. Have you ever used smokeless/chewing tobacco ("snus")? No (go to question 57) FF456 Yes 54. If yes, did you use smokeless /chewing tobacco in the six months before your partner became pregnant? No FF457 Yes, daily Yes, many times per week, but not daily Less often than weekly	55. What type of smokeless/chewing tobacco do you usually use? Normal (loose) FF458 Pouche Mini-pouches About the same of each type 56. How much smokeless /chewing tobacco do you use per week' FF459 FF460 Number of boxes Half box Quarter box Less than a quarter box
57. Have you ever used any of the following narcotic substance	Six months before your partner
	Never Earlierer became pregnant Now
Cannabis/hash	FF222 FF223 FF224 FF225
Ecstasy	FF226 FF227 FF228 FF229
Cocaine	FF230 FF231 FF232 FF233
Heroin	FF234 FF235 FF236 FF237
Amphetamine	FF553 FF555 FF556
Other, which: FF550 FF551	FF461 FF462 FF463 FF464
58. Have you ever drunk alcohol? FF242 No (go to question 62) Yes	60. How many alcohol units did you normally drink in the six months before your partner became pregnant and how many alcohol units now that your partner is pregnant? (Tick both boxes for weekends and everyday, total 4 ticks) (see the explanation of alcohol units on this page)
No (go to question 62)	months before your partner became pregnant and how many alcohol units now that your partner is pregnant? (Tick both boxes for weekends and everyday, total 4 ticks)
No (go to question 62) Yes 59. How often did you drink alcohol in the six months before your partner became pregnant and how often do	months before your partner became pregnant and how many alcohol units now that your partner is pregnant? (Tick both boxes for weekends and everyday, total 4 ticks) (see the explanation of alcohol units on this page)
□ No (go to question 62) □ Yes 59. How often did you drink alcohol in the six months	months before your partner became pregnant and how many alcohol units now that your partner is pregnant? (Tick both boxes for weekends and everyday, total 4 ticks) (see the explanation of alcohol units on this page)
No (go to question 62) Yes 59. How often did you drink alcohol in the six months before your partner became pregnant and how often do you drink now that your partner is pregnant? Before Now	months before your partner became pregnant and how many alcohol units now that your partner is pregnant? (Tick both boxes for weekends and everyday, total 4 ticks) (see the explanation of alcohol units on this page) Before Week- Everyend Everyend Week- Everyend
No (go to question 62) Yes 59. How often did you drink alcohol in the six months before your partner became pregnant and how often do you drink now that your partner is pregnant? Before Now	months before your partner became pregnant and how many alcohol units now that your partner is pregnant? (Tick both boxes for weekends and everyday, total 4 ticks) (see the explanation of alcohol units on this page) Before Now Week- Every- end day 10 or more FF465 FF466 FF467 FF468 7-9
No (go to question 62) Yes 59. How often did you drink alcohol in the six months before your partner became pregnant and how often do you drink now that your partner is pregnant? Before Now Approximately 6-7 times per week FF243 FF244 Approximately 4-5 times per week	months before your partner became pregnant and how many alcohol units now that your partner is pregnant? (Tick both boxes for weekends and everyday, total 4 ticks) (see the explanation of alcohol units on this page) Before Now Week- Every- end Every- end Every- end FF465 FF466 FF467 FF468 7-9
No (go to question 62) Yes 59. How often did you drink alcohol in the six months before your partner became pregnant and how often do you drink now that your partner is pregnant? Before Now Approximately 6-7 times per week Approximately 4-5 times per week Approximately 2-3 times per week	months before your partner became pregnant and how many alcohol units now that your partner is pregnant? (Tick both boxes for weekends and everyday, total 4 ticks) (see the explanation of alcohol units on this page) Before Now Week Everyend Week Everyend Everyend Capable Capa
No (go to question 62) Yes 59. How often did you drink alcohol in the six months before your partner became pregnant and how often do you drink now that your partner is pregnant? Before Now Approximately 6-7 times per week FF243 FF244 Approximately 4-5 times per week Approximately 2-3 times per week Approximately once per week	months before your partner became pregnant and how many alcohol units now that your partner is pregnant? (Tick both boxes for weekends and everyday, total 4 ticks) (see the explanation of alcohol units on this page) Before Now Week Everyend E
No (go to question 62) Yes 59. How often did you drink alcohol in the six months before your partner became pregnant and how often do you drink now that your partner is pregnant? Before Now Approximately 6-7 times per week Approximately 4-5 times per week Approximately 2-3 times per week Approximately once per week Approximately 1-3 times per month	months before your partner became pregnant and how many alcohol units now that your partner is pregnant? (Tick both boxes for weekends and everyday, total 4 ticks) (see the explanation of alcohol units on this page) Before Now Week Everyend Week Everyend Everyend Capable Capa
No (go to question 62) Yes 59. How often did you drink alcohol in the six months before your partner became pregnant and how often do you drink now that your partner is pregnant? Before Now Approximately 6-7 times per week Approximately 4-5 times per week Approximately 2-3 times per week Approximately once per week Approximately 1-3 times per month Less than once per month	months before your partner became pregnant and how many alcohol units now that your partner is pregnant? (Tick both boxes for weekends and everyday, total 4 ticks) (see the explanation of alcohol units on this page) Before Now Week Everyend E
No (go to question 62) Yes 59. How often did you drink alcohol in the six months before your partner became pregnant and how often do you drink now that your partner is pregnant? Before Now Approximately 6-7 times per week FF243 FF244 Approximately 4-5 times per week Approximately 2-3 times per week Approximately once per week Approximately 1-3 times per month Less than once per month	months before your partner became pregnant and how many alcohol units now that your partner is pregnant? (Tick both boxes for weekends and everyday, total 4 ticks) (see the explanation of alcohol units on this page) Before
No (go to question 62) Yes 59. How often did you drink alcohol in the six months before your partner became pregnant and how often do you drink now that your partner is pregnant? Before Now Approximately 6-7 times per week Approximately 4-5 times per week Approximately 2-3 times per week Approximately once per week Approximately 1-3 times per month Less than once per month Never	months before your partner became pregnant and how many alcohol units now that your partner is pregnant? (Tick both boxes for weekends and everyday, total 4 ticks) (see the explanation of alcohol units on this page) Before
No (go to question 62) Yes 59. How often did you drink alcohol in the six months before your partner became pregnant and how often do you drink now that your partner is pregnant? Before Now Approximately 6-7 times per week Approximately 4-5 times per week Approximately 2-3 times per week Approximately once per week Approximately 1-3 times per month Less than once per month Never Units of alcohol To compare different types of alcohol, we ask about	months before your partner became pregnant and how many alcohol units now that your partner is pregnant? (Tick both boxes for weekends and everyday, total 4 ticks) (see the explanation of alcohol units on this page) Before
No (go to question 62) Yes 59. How often did you drink alcohol in the six months before your partner became pregnant and how often do you drink now that your partner is pregnant? Before Now Approximately 6-7 times per week Approximately 4-5 times per week Approximately 2-3 times per week Approximately once per week Approximately 1-3 times per month Less than once per month Never Units of alcohol To compare different types of alcohol, we ask about what we call alcohol units (= 1,5 cl pure alcohol).	months before your partner became pregnant and how many alcohol units now that your partner is pregnant? (Tick both boxes for weekends and everyday, total 4 ticks) (see the explanation of alcohol units on this page) Before
No (go to question 62) Yes 59. How often did you drink alcohol in the six months before your partner became pregnant and how often do you drink now that your partner is pregnant? Before Now Approximately 6-7 times per week Approximately 4-5 times per week Approximately 2-3 times per week Approximately once per week Approximately 1-3 times per month Less than once per month Never Units of alcohol To compare different types of alcohol, we ask about	months before your partner became pregnant and how many alcohol units now that your partner is pregnant? (Tick both boxes for weekends and everyday, total 4 ticks) (see the explanation of alcohol units on this page) Before
No (go to question 62) Yes 59. How often did you drink alcohol in the six months before your partner became pregnant and how often do you drink now that your partner is pregnant? Before Now Approximately 6-7 times per week Approximately 4-5 times per week Approximately 2-3 times per week Approximately once per week Approximately 1-3 times per month Less than once per month Never Units of alcohol To compare different types of alcohol, we ask about what we call alcohol units (= 1,5 cl pure alcohol). An alcohol unit corresponds to: 1 bottle alcopop/cider	months before your partner became pregnant and how many alcohol units now that your partner is pregnant? (Tick both boxes for weekends and everyday, total 4 ticks) (see the explanation of alcohol units on this page) Before
No (go to question 62) Yes 59. How often did you drink alcohol in the six months before your partner became pregnant and how often do you drink now that your partner is pregnant? Before Now Approximately 6-7 times per week Approximately 4-5 times per week Approximately 2-3 times per week Approximately 1-3 times per month Less than once per month Never Units of alcohol To compare different types of alcohol, we ask about what we call alcohol units (= 1,5 cl pure alcohol). An alcohol unit corresponds to: 1 bottle alcopop/cider 1 glass (1/3 litre) beer 1 wine glass red wine or white wine	months before your partner became pregnant and how many alcohol units now that your partner is pregnant? (Tick both boxes for weekends and everyday, total 4 ticks) (see the explanation of alcohol units on this page) Before
No (go to question 62) Yes 59. How often did you drink alcohol in the six months before your partner became pregnant and how often do you drink now that your partner is pregnant? Before Now Approximately 6-7 times per week Approximately 4-5 times per week Approximately 2-3 times per week Approximately once per week Approximately 1-3 times per month Less than once per month Never Units of alcohol To compare different types of alcohol, we ask about what we call alcohol units (= 1,5 cl pure alcohol). An alcohol unit corresponds to: 1 bottle alcopop/cider 1 glass (1/3 litre) beer	months before your partner became pregnant and how many alcohol units now that your partner is pregnant? (Tick both boxes for weekends and everyday, total 4 ticks) (see the explanation of alcohol units on this page) Before

62. How often are you now so physically active that you become out of breath or sweat? (one tick for leisure time and one for work.)	64. Describe your exercise and ph	
In leisure time At work	leisure time. If the activity varies a summer and winter, take an avera	
FFOAT	to the last year (tick the most appro	
	FF477	
Less than once per week	Read, watch TV or other sedentary	
Once per week	occupation?	
2 – 3 times per week	·	
4 – 6 times per week	Walking, cycling or other motion, at	least 4 hours
Approximately every day	per week?	
	(Here you should also include walkii	
63. How has your physical activity in leisure time been in the	to work, Sunday walks etc)	
last year? (Think of a weekly average for the year.	Take part in sports/athletics, heavy	narden work
Getting to work counts as leisure time. Answer both questions)	etc at least 4 hours per week? ((Not	
Hours per week	activity should take at least 4 hours	per week).
Less 3 or		
None than 1 1-2 more	Hard training or take part in competi	
1. Light physical activity	regularly and several times a week.	
1. Light physical activity (not sweating/out of breath)		
2. Heavy physical activity		
(sweating/out of breath)		
(* *** 5 *** * ***)		
65. Have you ever use any of the following substances? (Tick for	every line.)	
		ths before
	•	partner Now
	Nevel Fleviously became	pregnant Now
1. Anabolic steroids	FF321 FF322 F	F323 FF324
2. Testosterone medications	FF325 FF326 F	F327 FF328
3 Growth hormono (o.g. Gonotronin/Sometronin)	FF329 FF330 F	F331 FF332
3. Growth hormone (e.g., Genotropin/Somatropin)	FF329 FF330 F	F331 FF332
3. Growth hormone (e.g Genotropin/Somatropin)	FF329 FF330 F	F331 FF332
	FF329 FF330 F	F331 FF332
3. Growth hormone (e.g Genotropin/Somatropin) How are you now?	FF329 FF330 F	F331 FF332
	FF329 FF330 F	F331 FF332
How are you now?		
How are you now?	ng the past 2 weeks? (Enter a cross in a b	oox for each item.)
How are you now? 66. Have you been bothered by any of the following feelings dur	Not A little bothered bothered	oox for each item.) Quite Very bothered bothered
How are you now? 66. Have you been bothered by any of the following feelings dur 1. Feeling fearful	Not A little bothered bothered	oox for each item.) Quite Very
How are you now? 66. Have you been bothered by any of the following feelings dur 1. Feeling fearful 2. Nervousness or shakiness inside	Not A little bothered bothered FF251 FF252	oox for each item.) Quite Very bothered bothered
How are you now? 66. Have you been bothered by any of the following feelings dur 1. Feeling fearful 2. Nervousness or shakiness inside 3. feeling hopeless about the future	Not A little bothered bothered FF251	oox for each item.) Quite Very bothered bothered
How are you now? 66. Have you been bothered by any of the following feelings dur 1. Feeling fearful 2. Nervousness or shakiness inside 3. feeling hopeless about the future 4. Feeling blue	Not A little bothered bothered FF251	oox for each item.) Quite Very bothered bothered
How are you now? 66. Have you been bothered by any of the following feelings dur 1. Feeling fearful 2. Nervousness or shakiness inside 3. feeling hopeless about the future	Not A little bothered bothered FF251 FF252 FF253 FF254 FF255	oox for each item.) Quite Very bothered bothered
How are you now? 66. Have you been bothered by any of the following feelings dur 1. Feeling fearful 2. Nervousness or shakiness inside 3. feeling hopeless about the future 4. Feeling blue	Not A little bothered bothered FF251	oox for each item.) Quite Very bothered bothered
How are you now? 66. Have you been bothered by any of the following feelings dur 1. Feeling fearful 2. Nervousness or shakiness inside 3. feeling hopeless about the future 4. Feeling blue 5. Worrying too much about things	Not A little bothered bothered FF251 FF252 FF253 FF255 FF256 FF256 FF257	oox for each item.) Quite Very bothered bothered
How are you now? 66. Have you been bothered by any of the following feelings dur 1. Feeling fearful 2. Nervousness or shakiness inside 3. feeling hopeless about the future 4. Feeling blue 5. Worrying too much about things 6. Feeling everything is an effort	Not A little bothered FF251 FF252 FF253 FF254 FF255 FF256 FF257	oox for each item.) Quite Very bothered bothered
How are you now? 66. Have you been bothered by any of the following feelings dur 1. Feeling fearful 2. Nervousness or shakiness inside 3. feeling hopeless about the future 4. Feeling blue 5. Worrying too much about things 6. Feeling everything is an effort 7. Feeling tense or keyed up	Not A little bothered FF251 FF252 FF253 FF254 FF255 FF256 FF257	oox for each item.) Quite Very bothered bothered
How are you now? 66. Have you been bothered by any of the following feelings dur 1. Feeling fearful 2. Nervousness or shakiness inside 3. feeling hopeless about the future 4. Feeling blue 5. Worrying too much about things 6. Feeling everything is an effort 7. Feeling tense or keyed up	Not A little bothered FF251 FF252 FF253 FF254 FF255 FF256 FF257	oox for each item.) Quite Very bothered bothered
How are you now? 66. Have you been bothered by any of the following feelings dur 1. Feeling fearful 2. Nervousness or shakiness inside 3. feeling hopeless about the future 4. Feeling blue 5. Worrying too much about things 6. Feeling everything is an effort 7. Feeling tense or keyed up	Not A little bothered FF251 FF252 FF253 FF254 FF255 FF256 FF257	oox for each item.) Quite Very bothered bothered
How are you now? 66. Have you been bothered by any of the following feelings dur 1. Feeling fearful 2. Nervousness or shakiness inside 3. feeling hopeless about the future 4. Feeling blue 5. Worrying too much about things 6. Feeling everything is an effort 7. Feeling tense or keyed up	Not A little bothered bothered FF251	oox for each item.) Quite Very bothered
How are you now? 66. Have you been bothered by any of the following feelings dur 1. Feeling fearful 2. Nervousness or shakiness inside 3. feeling hopeless about the future 4. Feeling blue 5. Worrying too much about things 6. Feeling everything is an effort 7. Feeling tense or keyed up 8. Suddenly scared for no reason	Not A little bothered bothered FF251	oox for each item.) Quite Very bothered
How are you now? 66. Have you been bothered by any of the following feelings dur 1. Feeling fearful 2. Nervousness or shakiness inside 3. feeling hopeless about the future 4. Feeling blue 5. Worrying too much about things 6. Feeling everything is an effort 7. Feeling tense or keyed up 8. Suddenly scared for no reason	Not A little bothered bothered FF251	oox for each item.) Quite Very bothered
How are you now? 66. Have you been bothered by any of the following feelings dur 1. Feeling fearful 2. Nervousness or shakiness inside 3. feeling hopeless about the future 4. Feeling blue 5. Worrying too much about things 6. Feeling everything is an effort 7. Feeling tense or keyed up 8. Suddenly scared for no reason 67. Have you ever experienced the following for a period of 2 we	Not bothered bothered FF251	Oox for each item.) Quite Very bothered bothered
How are you now? 66. Have you been bothered by any of the following feelings dur 1. Feeling fearful 2. Nervousness or shakiness inside 3. feeling hopeless about the future 4. Feeling blue 5. Worrying too much about things 6. Feeling everything is an effort 7. Feeling tense or keyed up 8. Suddenly scared for no reason 67. Have you ever experienced the following for a period of 2 we 1. Felt depressed, sad	Not A little bothered bothered FF251	Quite Very bothered bothered
How are you now? 66. Have you been bothered by any of the following feelings dur 1. Feeling fearful 2. Nervousness or shakiness inside 3. feeling hopeless about the future 4. Feeling blue 5. Worrying too much about things 6. Feeling everything is an effort 7. Feeling tense or keyed up 8. Suddenly scared for no reason 67. Have you ever experienced the following for a period of 2 we 1. Felt depressed, sad 2. Had problems with appetite or eaten too much 3. Been bothered by feeling weak or lack of energy	Not bothered bothered FF251	Oox for each item.) Quite Very bothered bothered
How are you now? 66. Have you been bothered by any of the following feelings dur 1. Feeling fearful 2. Nervousness or shakiness inside 3. feeling hopeless about the future 4. Feeling blue 5. Worrying too much about things 6. Feeling everything is an effort 7. Feeling tense or keyed up 8. Suddenly scared for no reason 67. Have you ever experienced the following for a period of 2 we 1. Felt depressed, sad 2. Had problems with appetite or eaten too much 3. Been bothered by feeling weak or lack of energy 4. Really blamed yourself and felt worthless	Not bothered bothered FF251	oox for each item.) Quite Very bothered
How are you now? 66. Have you been bothered by any of the following feelings dur 1. Feeling fearful 2. Nervousness or shakiness inside 3. feeling hopeless about the future 4. Feeling blue 5. Worrying too much about things 6. Feeling everything is an effort 7. Feeling tense or keyed up 8. Suddenly scared for no reason 67. Have you ever experienced the following for a period of 2 we 1. Felt depressed, sad 2. Had problems with appetite or eaten too much 3. Been bothered by feeling weak or lack of energy	Not A little bothered bothered FF251	oox for each item.) Quite Very bothered

68. If you have had 3 or more of these problems at the same to the	s each line.)	Strong	ly ₃ Agree	Di	sagree	Strongly disagree	/ e
·	FF266						
2. I feel that I den't have much to be arrand of							
3. I feel that I don't have much to be proud of			П				
4. I feel that I'm a valuable person, on an equal footing with anyone else, at any70. Describe yourself as you usually are: (Tick for every line)	rate 1.7.200		ngly Disagree	Neither	Agree	Strongly	/
	-		gree somewhat	Nor	somewhat	agree	
1. Liven up in a party		F480					
2. Care little about others		F481					
3. Am always well prepared		F482					
4. Become easily stressed		F483					
5. Have a rich vocabulary							
6. Do not say much		F485					
7. Am interested in other people		F486					
8. Leave things lying around		F487					
9. Am usually relaxed		F488					
10. Have problems understanding abstract ideas		F489					
11. Feel at ease with other people		F490					
12. Offend people	· · · · · · ·	F491					
13. Am attentive to detail		F492					
14. Worry about many things		F493					
15. Have a lively imagination	· · · · · · · · - :	F494					
16. Stay in the background		F495					
17. Have empathy with other people		F496					
18. Mess things up	· · · · · · · · <u></u>	F497					
19. Rarely feel in low spirits		F498					
20. Am not interested in abstract ideas		F499					
21. Initiate conversations		F500					
22. Am not interested in other peoples' problems		F501					
23. Complete tasks at once		F502					
24. Am easily interrupted		F503					
25. Have excellent ideas		F504					
26. Have little to say		F505					
27. Am good-natured		F506					
28. Often forget to put things back		F507					
29. Become easily upset		F508					
30. Do not have a good imagination	LF	F509					
					continue	es next pag	ge

			Disagree somewha		Agree somewhat	Strongly agree
31. Talk to many people at a party	FF510					
32. Am not interested in other people	FF511					
33. Like order and tidiness	FF512					
34. Lot of mood changes	FF513					
35. Am quick to understand things	FF514					
36. Do not like to attract attention	FF515					
37. Take time to help others	FF516					
38. Shirk from responsibilities	FF517					
39. Often have mood swings	FF518 FF519					
40. Often use difficult words	FF520					
41. Have nothing against being the centre of attention	FF521					
43. Perform according to plan	FF522	П				
44. Become easily irritated	FF523					
45. Use time to think things over	FF524					
46. Am quiet in company with strangers	FF525					
47. Put others at their ease	FF526					
48. Am thorough in my work	FF527					
49. Often feel down	FF528					
50. Am full of ideas	FF529					
Disagre complet	ely Disaq		sagree Ne	ither Agre		
1. My life is largely what I wanted it to be FF269 2. My life is very good 3. I am satisfied with my life FF271 4. To date, I have achieved what is important for me in my life 5. If I could start all over, there is very little I would do differently FF273 72. Feeling of anxiety and restlessness in the last six months. (Tick for expression of the last six months).				lor somew		Agree completely
2. My life is very good FF270 3. I am satisfied with my life FF271 4. To date, I have achieved what is important for me in my life 5. If I could start all over, there is very little I would do differently FF273				lor somew		completely
2. My life is very good FF270 3. I am satisfied with my life FF271 4. To date, I have achieved what is important for me in my life 5. If I could start all over, there is very little I would do differently FF273	very line			lor somew	vhat Agree	completely
2. My life is very good	very line Neve		Geldom S	lor somew	often	completely Ury often
2. My life is very good	very line Neve		Geldom S	dor somew	often	completely Ury often
2. My life is very good	very line Neve 35		Geldom S	ometimes	Often	completely Comple
2. My life is very good 3. I am satisfied with my life 4. To date, I have achieved what is important for me in my life 5. If I could start all over, there is very little I would do differently 72. Feeling of anxiety and restlessness in the last six months. (Tick for each at the challenging part is already done? 1. How often do you have problems completing the final aspects of a task when the challenging part is already done? 2. How often do you have problems putting things in the right order when you are involved in tasks that require organisation? 3. When you have a task which requires a great deal of careful preparation, how often do you avoid or put off starting it? 4. How often do you have problems remembering appointments	very line Neve 35		Geldom S	dor someway and a someway and a sometimes	Often	very often
2. My life is very good 3. I am satisfied with my life 4. To date, I have achieved what is important for me in my life 5. If I could start all over, there is very little I would do differently 72. Feeling of anxiety and restlessness in the last six months. (Tick for each at the challenging part is already done? 1. How often do you have problems completing the final aspects of a task when the challenging part is already done? 2. How often do you have problems putting things in the right order when you are involved in tasks that require organisation? 3. When you have a task which requires a great deal of careful preparation, how often do you avoid or put off starting it? 4. How often do you have problems remembering appointments or duties? 5. When you have to sit still for a long time, how often do you move	very line Neve 35		Seldom S	dor someway and the sometimes	Often	Very often

73. Have you experienced any of the following during the last 1	2 months?	(Tick for	every line)			
	FF000	No	Yes			
1. Problems at work/study place	EE30/	f 🗀				
2. Financial problems	EE286	⊣				
3. Got divorced, separated or ended a relationship		,				
4. Problems or conflicts with family, friends or neighbours	FE5//					
5. Serious concerns that something is wrong with the baby we are expecting	9					
6. Serious personal illness or injury						
7. Close relative has been seriously ill or injured						
8. Involved in a serious traffic accident, fire or robbery						
9. Have lost someone close to me	FF288					
10. Forced into sexual activity						
11. Exposed to physical violence	FF549					
12. Other, describe: FF320 FF290	FF289					
1. My partner and I have problems in our relationship	agree	Agree	wife/partner Agree somewhat	Disagree	e box in eac Disagree	h line) Disagree completely
75. Do you have anyone other than your wife/partner you can ask for advice in a difficult situation?	77.	Do you o	ften feel lon	iely?		
□ N. FF541		Almost ne	ever FF54	3		
No Line		Seldom				
☐ Yes 1-2 people		Sometime	26			
☐ Yes more than 2 people						
76. How often do you meet or talk on the telephone with your family (other than your wife/partner and children) or close friends? Once a month or less 2-8 times a month More than twice a week		Usually Almost al	ways			
78. How often do you experience the following in your everyday	/ life? (Tick	only one) Sometimes	Often	Very often
Feel pleased about something	FF277					
2. Feel happy	. FF278					
	FF279	П				
3. Feel joyful as though everything is going your way						
3. Feel joyful as though everything is going your way4. Feel that you will scream at someone or hit something	FE280					
4. Feel that you will scream at someone or hit something	FE280	_				
4. Feel that you will scream at someone or hit something 5. Feel angry, irritated or annoyed	FF280					
4. Feel that you will scream at someone or hit something	FF280 FF281					

Col	mments
	FF301
	Thank you ware much for your halp!
	Thank you very much for your help!
	Please return the completed questionnaire in the stamped addressed envelope provided to:
	The Norwegian Mother and Child Study
	Norwegian Institute for Public Health Dept. for Medical Birth Registry
	Kalfarveien 31
	5018 Bergen