THE NORWEGIAN MOTHER & CHILD STUDY

Questionnaire 1

- Please use a blue or black ballpoint pen.
- Put a cross in the box that is most relevant like this:
- Should you put a cross in the wrong box correct it by filling in the box completely like this:
- In the large green boxes write a number or a capital letter

It is important that you only write in the white area of each box like this:

Number: 0 1 2 3 4 5 6 7 8 9

Letter: A B C D

- When filling in a single figure in boxes containing two or more squares, please use the square to the right. Example:
- A number of questions in this questionnaire concern the week of pregnancy. For example, fill in week 5 for something that occurred 5 weeks after your last period.
- Specific information concerning, for example, medication or profession should be written in the boxes or on the lines provided. Please write clearly in CAPITAL LETTERS.
- · Remember to provide the date when you completed the questionnaire.

Please return the completed questionnaire in the stamped addressed envelope provided.

Date on which the questionnaire was completed

AA9

AA10

AA11

(write the year with 4 numbers, e.g. 2000)

Month

Year

Menstruation

1. How old were you when you had your first menstrual period?

AA12

Years

2. How many days are there usually between the first day in your menstrual period and the first day in your next menstrual period?



Days

3. Are you usually depressed or irritable before your period?

No AA14

Yes, noticeably

Yes, but just slightly

Yes, very much

4. If yes, does this feeling disappear after you get your period?

No

AA15

AA16

5. Were your periods regular the year before you became pregnant?

No

Yes

6. During the last year before you became pregnant, did you lose your period for more than three months?

Νo

AA17

Yes, due to an earlier pregnancy

Yes, for other reasons

AA19

7. Date of first day of last menstrual period.

AA20 Day

AA21 Month AA22 Year

8. Did your last menstrual period come at the expected time?

No Yes

AA23

9. Are you certain about the date of first day of last menstrual period?

Certain

AA24

Uncertain

10. Describe the duration, amount of bleeding and menstrual pains of your last period ?

As usual . AA25 More than usual

Less than usual

Amount of bleeding . . AA26

Menstrual pains AA27

Contraception and pregnancy	
11. Have you/your partner at any time during the last year used the	20. If you became pregnant while using an IUD, has it now been removed?
following methods to avoid becoming pregnant? (Fill in all that apply.)	No AA62
Condom AA28 AA29	Yes
Diaphragm AA30	
IUD AA31	21. How long have you and the baby's father had a sexual relationship?
Hormone IUD Hormone injection AA32	AA63 AA64
Mini pill	months or years
Pill AA34	22. How often did you have sexual intercourse during the four weeks
Spermicides (foam, suppositories, cream) AA36 AA36	before you became pregnant and during the last four weeks? Before Now
Withdrawal AA37	Every day
No such methods	5-6 times a week AA65 AA66
Other AA40 AA39 AA1584	3-4 times a week
12. If you have used the pill/mini-pill, how long altogether have you	1-2 times a week
used them? Pill Mini-pill	Less than 1-2 times every 2 weeks
Less than one year	Never
1-3 years	23. Have you ever been treated for infertility?
4-6 years	No AA67
10 years or more	Yes
·	24. If yes, was it in connection with this pregnancy or an earlier
13. If you have used the pill/mini-pill, how old were you when you first used it?	pregnancy and what type of treatment did you have? (Fill in all that apply.)
mot doed it.	Earlier This
Years old	Fallopian tube surgery
14. Were you taking the pill/mini-pill during the last 4 months before	Fallopian tube surgery AA68 AA69 Other surgery AA70 AA71
this pregnancy?	Medication for endometriosis
No AA44	Hormone treatment AA74 AA75
Yes	Insemination (injection of sperm) AA76 IVF (test tube) method AA79
15. If yes, how long before your last menstrual period did you stop	Other AA80 AA81
taking the pill/mini-pill?	25. Have you been given information about having an amniocentesis
AA45	performed?
Weeks	No AA82
16. Was this pregnancy planned?	Yes
No AA46 Yes	26. What was your blood pressure at your first antenatal visit?
	(Check your medical card.)
17. If yes, how many months did you have regular intercourse without contraception before you became pregnant?	AA83 / AA84 1 5 0 / 9 5
Less than I month	AA83 / AA84 _{E.g} 1 5 0 / 9 5
1-2 months	27. What did you weigh at the time you became pregnant and what
2 months or more	do you weigh now (in kilograms)?
Number of months if more than 3	When I AA85 AA86
18. Did you become pregnant even though you or your partner used	became pregnant : Kg Now: Kg
contraceptives?	CO. Have tall are vised
No (proceed to question 21) AA49	28. How tall are you?
Yes	AA87
19. If yes, which type? (Fill in all that apply.)	cm
Condom AA51 Diaphragm	29. How tall is the baby's father?
IUD AA32	
Hormone IUD AA53 AA54	AA88 cm
Hormone injection	
Mini pill Pill AA56	30. How much does the baby's father weigh (in kilograms)?
Spermicides (foam, suppositories, cream) AA57	
Safe period AA58 Withdrawal AA59	AA89 kg
Villidiawai	
Other AA1009	

Pravious	nreananc	2 בוי
Previous	prognanc	

31. Have you been pregnant before? (Include all pregnancies that ended in abortion, miscarriage or stillbirth as well)

No (proceed to question 36)

AA93

Yes

32. If yes, fill in for all earlier pregnancies. Include all pregnancies that ended in abortion, miscarriage or stillbirth as well as ectopic pregnancies. State the year the pregnancy began, how many kilos you gained during the pregnancy and the number of months you breast-fed each baby. State whether or not you smoked during earlier pregnancies.

Pregnancy Number	/ Year pregnancy started	Live infant born	Spontaneous abortion/ stillbirth	Termination of pregnancy	Ectopic pregnancy	Week of pregnancy sabortion/	Number of or months breast feeding	Weight gain during pregnancy (in kg)	Smoked during pregnancy
1	AA94		A	A95		AA96	AA97	AA98	AA99
2	AA100		A	A101		AA102	AA103	AA104	AA105
3	AA106		A	A107		AA108	AA109	AA110	AA111
4	AA112		A	A113		AA114	AA115	AA116	AA117
5	AA118		A	A119		AA120	AA121	AA122	AA123
6	AA124		A	A125		AA126	AA127	AA128	AA129
7	AA130		A	A131		AA132	AA133	AA134	AA135
8	AA136		A	A137		AA138	AA139	AA140	AA141
9	AA142		A	A143		AA144	AA145	AA146	AA147
10	AA148		A	A149		AA150	AA151	AA152	AA153

33. Have you had any of the following problems during previous pregnancies? (Fill in all that apply.)

1. Pelvic girdle pain requiring medical leave

2. Pelvic girdle pain requiring bed rest

3. Serious nausea and vomiting

4. Pre-eclampsia during pregnancy

5. Pregnancy diabetes

6. Sugar in urine

7. Problems with incontinence

No

Yes
AA154
AA155
AA156

AA157

AA158

AA159

AA160

34. If you had pelvic girdle pain in a previous pregnancy that led to bed rest or medical leave, when did the pain start?

AA161

months after start of pregnancy

35. When did the pain stop?

AA162

months after pregnancy

AA163

still have pain

Illnesses and health problems during this pregnancy

Year

36. Have you had bleeding from the vagina once or more during this pregnancy?

No AA164 Yes

37. If yes, describe the first and last bleeding. Give the date the bleeding started, how many days the bleeding lasted and how much you bled.

Date when bleeding started

No. of days (Enter a cross in a box indicating the amount of blood (trace blood means a few drops) variation

Amount

AA169 AA165 AA166 AA167 AA168 First bleeding Trace of blood More than just a trace Clots AA174 AA170 AA171 AA172 AA173 Last bleeding Trace of blood More than just a trace Clots

If more than two episodes of bleeding write in the number of times

Month

Day

AA175

38. Have you experienced any of the following illnesses or problems during this pregnancy? If you have used medication in connection with these problems give the name of the medicine, the weeks you took the medicines and how many days you took them. (Include all types of medication, both prescription and over the counter medicines in addition to alternative and herbal remedies. Do not include vitamins and dietary supplements as these are discussed elsewhere.)

Illne	ss/health pr	oblem durir	g this preg	nancy			Use of	medication	on during	this pregr	•
	We	ek of pregn					-		of pregr		Number of days
Illness/health problem	0-4	5-8 9-12	13+	Name of m	nedicine ta	aken		0-4 5	5-8 9-12	13+	taken
1 Pelvic girdle pain	AA176 A	A177 AA1	78 AA179	AA180	AA1586	AA1586k	AA181	AA182	AA183	AA184	AA185
2 Abdominal pain	AA186 A	A187 AA1	38 AA189	AA190	AA1587	AA1587k	AA191	AA192	AA193	AA194	AA195
3 Back pain	AA196 A	A197 AA1	98 AA199	AA200	AA1588	AA1588k	AA201	AA202	AA203	AA204	AA205
4 Neck and shoulder pain .	AA206 A	A207 AA20	08 AA209	AA210	AA1589	AA1589k	AA211	AA212	AA213	AA214	AA215
5 Nausea	AA216 A	A217 AA2	8 AA219	AA220	AA1590	AA1590k	AA221	AA222	AA223	AA224	AA225
6 Nausea with vomiting	AA226 A	A227 AA2	28 AA229	AA230	AA1591	AA1591k	AA231	AA232	AA233	AA234	AA235
7 Vaginal thrush	. AA236 A	A237 AA2	38 AA239	AA240	AA1592	AA1592k	AA241	AA242	AA243	AA244	AA245
8 Vaginal catarrh/unusual discharge	AA246 A	A247 AA2	18 AA249	AA250	AA1593	AA1593k	AA251	AA252	AA253	AA254	AA255
9 Pregnancy itch	. AA256 A	A257 AA2	58 AA259	AA260	AA1594	AA1594k	AA261	AA262	AA263	AA264	AA265
10 Constipation	AA266 A	A267 AA2	68 AA269	AA270	AA1595	AA1595k	AA271	AA272	AA273	AA274	AA275
11 Diarrhoea/gastric flu	AA276 A	A277 AA2	78 AA279	AA280	AA1596	AA1596k	AA281	AA282	AA283	AA284	AA285
12 Unusual tiredness/sleepiness	AA286 A	A287 AA2	38 AA289	AA290	AA1597	AA1597k	AA291	AA292	AA293	AA294	AA295
13 Sleeping problems	AA296 A	A297 AA29	98 AA299	AA300	AA1598	AA1598k	AA301	AA302	AA303	AA304	AA305
14 Heartburn/reflux	AA306 A	A307 AA30	08 AA309	AA310	AA1599	AA1599k	AA311	AA312	AA313	AA314	AA315
15 Oedema	AA316 A	A317 AA3	.8 AA319	AA320	AA1600	AA1600k	AA321	AA322	AA323	AA324	AA325
16 Fever with rash	AA326 A	A327 AA32	28 AA329	AA330	AA1601	AA1601k	AA331	AA332	AA333	AA334	AA335
17 Fever over 38.5 C	AA336 A	A337 AA3	88 AA339	AA340	AA1602	AA1602k	AA341	AA342	AA343	AA344	AA345
18 Common cold	AA346 A	A347 AA3	8 AA349	AA350	AA1603	AA1603k	AA351	AA352	AA353	AA354	AA355
19 Throat infection	AA356 A	A357 AA35	8 AA359	AA360	AA1604	AA1604k	AA361	AA362	AA363	AA364	AA365
20 Sinusitis/ear infection	AA366 A	A367 AA36	8 AA369	AA370	AA1605	AA1605k	AA371	AA372	AA373	AA374	AA375
21 Influenza	AA376 AA	A377 AA37	8 AA379	AA380	AA1606	AA1606k	AA381	AA382	AA383	AA384	AA385
22 Pneumonia/bronchitis	AA386 A	A387 AA38	8 AA389	AA390	AA1607	AA1607k	AA391	AA392	AA393	AA394	AA395
23 Sugar in urine	AA396 AA	A397 AA39	8 AA399	AA400	AA1608	AA1608k	AA401	AA402	AA403	AA404	AA405
24 Protein in urine	AA406 A	A407 AA40	8 AA409	AA410	AA1609	AA1609k	AA411	AA412	AA413	AA414	AA415

Previous and current illnesses and health problems

39. Do you have or have you had any of the following illnesses or health problems? If you have taken medication (tablets, mixtures, suppositories, inhalers, creams, etc.) in conjunction with the illness or health problem give the name(s) of the medication(s) and when you took them.

Illness/health problem during this pregnancy				Use of medication											
Illness/health problem	Before Pregnancy	During Pregnancy	/ Nam	e of medici	nes	Last 6 months before pregnan	- of d	nber lays ed							
Asthma/Allergy/Skin disorders															
1 Asthma	AA419	AA420	AA421	AA1610	AA1610k	AA422	AA423	AA424	AA425	AA426	AA427				
2 Hay fever, pollen allergy	AA428	AA429	AA430	AA1611	AA1611k	AA431	AA432	AA433	AA434	AA435	AA436				
3 Animal hair allergy	AA437	AA438	AA439	AA1612	AA1612k	AA440	AA441	AA442	AA443	AA444	AA445				
4 Other allergy	AA446	AA447	AA448	AA1613	AA1613k	AA449	AA450	AA451	AA452	AA453	AA454				
5 Atopic dermatitis (childhood eczema)	AA455	AA456	AA457	AA1614	AA1614k	AA458	AA459	AA460	AA461	AA462	AA463				
6 Urticaria (hives)	AA464	AA465	AA466	AA1615	AA1615k	AA467	AA468	AA469	AA470	AA471	AA472				
7 Psoriasis	AA473	AA474	AA475	AA1616	AA1616k	AA476	AA477	AA478	AA479	AA480	AA481				
8 Other eczema	AA482	AA483	AA484	AA1617	AA1617k	AA485	AA486	AA487	AA488	AA489	AA490				
9 Cold sores (herpes)	AA491	AA492	AA493	AA1618	AA1618k	AA494	AA495	AA496	AA497	AA498	AA499				
10 Acne/pimples (serious)	AA500	AA501	AA502	AA1619	AA1619k	AA503	AA504	AA505	AA506	AA507	AA508				
Diabetes															
11 Diabetes treated with insulin	AA509	AA510	AA511	AA1620	AA1620k	AA512	AA513	AA514	AA515	AA516	AA517				
12 Diabetes not treated with insulin	AA518	AA519	AA520	AA1621	AA1621k	AA521	AA522	AA523	AA524	AA525	AA526				
Heart/Blood/Metabolism/Blood ves	eale														
13 Congenital heart defect	AA527	AA528	AA529	AA1622	AA1622k	AA530	AA531	AA532	AA533	AA534	AA535				
14 Other heart disease	AA536	AA537	AA538	AA1623	AA1623k	AA539	AA540	AA541	AA542	AA543	AA544				
15 High cholesterol	AA545	AA546	AA547	AA1624	AA1624k	AA548	AA549	AA550	AA551	AA552	AA553				
16 High blood pressure	AA554	AA555	AA556	AA1625	AA1625k	AA557	AA558	AA559	AA560	AA561	AA562				
17 Hypothyroidism or hyperthyroidism	AA563	AA564	AA565	AA1626	AA1626k	AA566	AA567	AA568	AA569	AA570	AA571				
18 Anaemia/low hemoglobin	AA572	AA573	AA574	AA1627	AA1627k	AA575	AA576	AA577	AA578	AA579	AA580				
19 B-12/folic acid insufficiency	AA581	AA582	AA583	AA1628	AA1628k	AA584	AA585	AA586	AA587	AA588	AA589				
Out that the office I															
Gastrointestinal 20 Hepatitis/jaundice	AA590	AA591	AA592	AA1629	AA1629k	AA593	AA594	AA595	AA596	AA597	AA598				
21 Gall stones	AA599	AA600	AA601	AA1630	AA1630k	AA602	AA603	AA604	AA605	AA606	AA607				
22 Duodenal/stomach ulcer	AA608	AA609	AA610	AA1631	AA1631k	AA611	AA612	AA613	AA614	AA615	AA616				
23 Crohn's disease/ulcerative colitis	AA617	AA618	AA619	AA1632	AA1632k	AA620	AA621	AA622	AA623	AA624	AA625				
24 Celiac sprue (gluten sensitivity) .	AA626	AA627	AA628	AA1633	AA1633k	AA629	AA630	AA631	AA632	AA633	AA634				
25 Other gastro-intestinal problems	AA635	AA636	AA637	AA1634	AA1634k	AA638	AA639	AA640	AA641	AA642	AA643				
Muscle/Skeleton/Connective tissue)														
26 Arthritis (rheumatoid arthritis)/ Bechterev's reflex	AA644	AA645	AA646	AA1635	AA1635k	AA647	AA648	AA649	AA650	AA651	AA652				

Illness/health problem during this pregnancy Use of medication											
	Before	During				Last montl	ns l	Pregnancy	y week		umber f davs
Illness/health problem	Pregnancy	Pregnancy	y Nam	e of medici	nes	befor pregna		0-4 5-8	9-12 13+		used
	AACES	A A C 5 4	AAGEE	A A 1 C 2 C	A A 1 (20 (2)	AACEC	AACET	AACEO	AACEO	AACCO	AACCI
27 Lupus (SLE)	AA662	AA654 AA663	AA655	AA1636 AA1637	AA1636k	AA656 AA665	AA666	AA658 AA667	AA659	AA669	AA661
28 Sciatica	AA671	AA672	AA664 AA673	AA1638	AA1637k AA1638k	AA674	AA675	AA676	AA668 AA677	AA678	AA679
29 Fibromyalgia	AA071	AA012	AA015	AA1036	AA1030K		AA015	AA010	AAOTT	AA010	AA019
Genital and urinary tra				111000			11001	4.4.00		1100	
30 Ovary/fallopian tube infection		AA681	AA682	AA1639	AA1639k	AA683	AA684	AA685	AA686	AA687	AA688
31 Endometriosis		AA690	AA691	AA1640	AA1640k	AA692	AA693	AA694	AA695	AA696	AA697
32 Uterus prolaps	AA698 AA707	AA699 AA708	AA700 AA709	AA1642	AA1641k AA1642k	AA701 AA710	AA702 AA711	AA703 AA712	AA704 AA713	AA705	AA706
33 Ovarian cyst		AA717	AA718	AA1643	AA1643k	AA710 AA719	AA711	AA712	AA713	AA714 AA723	AA715 AA724
34 Myoma	AA716 AA725	AA726	AA727	AA1644	AA1644k	AA728	AA729	AA730	AA731	AA732	AA733
35 Cervical cell changes		AA735	AA736	AA1645	AA1645k	AA737	AA738	AA739	AA740	AA741	AA742
36 Herpes	AA743	AA744	AA745	AA1646	AA1646k	AA746	AA747	AA748	AA749	AA750	AA751
37 Venereal warts/condyloma	AA752	AA753	AA754	AA1647	AA1647k	AA755	AA756	AA757	AA758	AA759	AA760
38 Gonorrhea	A A 7.01	AA762	AA763	AA1648	AA1648k	AA764	AA765	AA766	AA767	AA768	AA769
40 Kidney stones		AA771	AA772	AA1649	AA1649k	AA773	AA774	AA775	AA776	AA777	AA778
41 Kidney infection/pyelonephritis .	ΔΔ779	AA780	AA781	AA1650	AA1650k	AA782	AA783	AA784	AA785	AA786	AA787
42 Urinary tract infections/cystitis .	AA788	AA789	AA790	AA1651	AA1651k	AA791	AA792	AA793	AA794	AA795	AA796
43 Incontinence	AA797	AA798	AA799	AA1652	AA1652k	AA800	AA801	AA802	AA803	AA804	AA805
Other illnesses/health pro	oblems										
44 Anorexia/bulimia/other eating disorder	A A 806	AA807	AA808	AA1653	AA1653k	AA809	AA810	AA811	AA812	AA813	AA814
45 Migraine	A A O 1 5	AA816	AA817	AA1654	AA1654k	AA818	AA819	AA820	AA821	AA822	AA823
46 Other headache	ΔΔ824	AA825	AA826	AA1655	AA1655k	AA827	AA828	AA829	AA830	AA831	AA832
47 Epilepsy	AA833	AA834	AA835	AA1656	AA1656k	AA836	AA837	AA838	AA839	AA840	AA841
48 Multiple sclerosis	AA842	AA843	AA844	AA1657	AA1657k	AA845	AA846	AA847	AA848	AA849	AA850
49 Cerebral palsy	AA851	AA852	AA853	AA1658	AA1658k	AA854	AA855	AA856	AA857	AA858	AA859
50 Cancer	AA860	AA861	AA862	AA1659	AA1659k	AA863	AA864	AA865	AA866	AA867	AA868
51 Depression	AA869	AA870	AA871	AA1660	AA1660k	AA872	AA873	AA874	AA875	AA876	AA877
52 Anxiety	AA878	AA879	AA880	AA1661	AA1661k	AA881	AA882	AA883	AA884	AA885	AA886
53 Other long illiness or health problems	AA887	AA888	AA889	AA1662	AA1662k	AA890	AA891	AA892	AA893	AA894	AA895
Which AA1663 AA896											

40. Do you have a congenital malform No Yes 41. If yes, which? 42. Do your gums bleed when you bru No, rarely or never Yes, sometimes Yes, often Yes, almost always			Les 7.5		m blood s	sugar lev			nt, what was you e you became			
Other medicines												
44. Have you used other medication n	ot previous	ly men	tioned?	lf y	es, whic	h and wh		ou take tl		ı pregnar	ncy weeks	
Name of medication						Last 6 mo		0-4	5-8	9-12	13+	Number of days used
(e.g. Valium, Rohypnol, Paracetamol)	AA1665	AA1665	1.		De	AA90		AA906	AA907	AA908		AA010
AA904	AA1665	AA1665	OK _			AA90		AA906	AA907	AA908	AA909	AA910
AA911	AA1666	AA1666	šk			AA91	2 1	AA913	AA914	AA915	AA916	AA917
AA918	AA1667	AA1667	'k			AA91	9 [AA920	AA921	AA922	AA923	AA924
AA925	AA1668	AA1668	3k			AA920	6 [AA927	AA928	AA929	AA930	AA931
												
AA932	AA1669	AA1669)k			AA93	3 2	AA934	AA935	AA936	AA937	AA938
Vitamins, minerals	s and	die	tary	SI	olaga	emei	nts					
No (proceed to question 49) Yes 16. If yes, fill in the table below for the cod liver oil for the last six months before become the code in the last six months are considered in the last six months are code in the last six months are cod	oming pregnant	t, enter a hen did	cross for ea	_{ach} e th	period unde	er "When" (i.	e. 7 crosse	es) and enter	r a cross in	'Daily" und In this p		n"). v often
Lac		8-5	4-0	Юу	0-4	5-8	9-12	13+	Dai	•	4-6 times	1-3 times
		reeks	weeks	_	weeks	weeks	weeks	weeks	1		a week	a week
Folate/folic acid		A941 A949	AA942 AA950		AA943 AA951	AA944 AA952	AA945 AA953	AA946 AA954			AA947 AA955	
2 Vitamin B1 (Thiamine)		A957	AA958		AA959	AA960	AA961	AA962			AA963	
Vitamin B2 (Riboflavin) Vitamin B6 (Pyridoxine)	AA964 A	A965	AA966		AA967	AA968	AA969	AA970			AA971	
5 Vitamin B12		A973	AA974		AA975	AA976	AA977	AA978			AA979	
S Niacin		A981	AA982		AA983	AA984	AA985	AA986			AA987	
Pantothenic acid		A989	AA990		AA991	AA1000	AA1001	AA1000			AA1002	
Biotin	AA1004 A	A1005	AA998 AA1006		AA1007	AA1000 AA1008	AA1001 AA1009				AA1011	
9 Vitamin C	AA1012 A		AA1014		AA1015	$\overline{}$		AA1018			AA1019	
0 Vitamin A	AA1020 A		AA1022		AA1023	AA1024	AA1025	AA1026			AA1027	
l1 Vitamin D	AA1028 A.	A1029	AA1030	ĺ	AA1031	AA1032	AA1033	AA1034			AA1035	
3 Iron	AA1036 A		AA1038		AA1039	AA1040	AA1041	AA1042			AA1043	
4 Calcium	AA1044 A		AA1046			AA1048			1		AA1051	
15 lodine	AA1052 A					AA1056]		AA1059	
16 Zinc	AA1060 A		AA1062		AA1063	\vdash		AA1066			AA1067	
17 Selenium	AA1068 A.		AA1070 AA1078			AA1072 AA1080					AA1075	
18 Copper	AA1076 A				AA1079 AA1087						AA1083 AA1091	
19 Chromium	AA1092 A	-	AA1094		AA1095	AA1096		AA1098			AA1091 AA1099	
20 Magnesium	AA1100 A	-	AA1102					AA1106			AA1107	
21 Cod liver oil	AA1108 A	-				AA1112		_			AA1115	

	47. Give the complete name(s) of all vitamins and dietary supplements you take. Include alternative/herbal remedies and diet products. (Write clearly in CAPITAL LETTERS.)																													
E.	g. V I	ТА	Р	L	Е	Χ		W	ı	Г⊩	1	I	R	0	N											Г				
				F	Ē			Ť	Ť	۳	۳	Ť	Ë		Ë	H			П					т	T	۲	۲	Н	П	H
1	AA1670	AA1116			Н	H	+	4	+	+	╬	╬	₽	₽		H			Н		L			┢	┢	₽	₽		Н	H
2	AA1671	AA1117			Ш	Щ	_	4	4	1	Ļ	4	L	L		Ц		Ш	Ш		L		L	L	L	L	L		Ш	Щ
3	AA1672	AA1118	5																											
4	AA1673	AA1119								T	Т		Г													Г				
-	AA1674	AA1120			П	П		T	Ť	Ť	Ť	Ť	T	T		П					Г			Т	T	T	T		П	
5					Н	H	+	╗	+	┿	╫	₩	۲	۳		H					H	۳		۳	۳	۳	۳	۳	Н	
6	AA1675	AA1121			Ш	Ш	_	_		┸	_		L			Ш			Ш		L		L	L	L	L			Ш	Ш
48	48. If you use multivitamins (with or without minerals) do these contain folic acid? Yes No AA1122 Don't Know																													
	Civil s	tatus	s a	ano	d e	edi	JC	ati	on																					
	. What is yo Married Cohabita Single What educa	nt		(Divor Wide Othe	r	sepa) (En	tor s	a cros	ee in	dica	ting:	the h	ighe	aet l	evel	of e	oduc.	ation	2.00	u bo	oth h	121/0	com	nolet	ad a	nd
	current stud							1101 1	iavo	(=11	101 0	2 0100	JO 111	uiou	ung		igiic	,500	0 7 01		You		ı yo	u be	, ,				ather	
																		С	omp				goin	ıg	Co					
2 4 3 5 F 6 U	Completed On-going Completed On-going 1 9-year secondary school																													
7 (Other educa	tion									٠.							•	AA	1128	2]	A	A112	19	L	AAI	.130		AA1	101
	Work	and	lei	sı	ıre)																								
51. \	What was yo	our and t	he b	aby'	's fat	ther's	s wo	rk sit	uatio	n wh	en y	you b	eca	me p	regr	ant?	(Fil	l in	one	or s	eve	ral b	oxe	s foi		ch.) 'ou		Pol	ovic l	Fathor
1	Student																									.1132	2		AA11	Father
2	At home																								_	.1134	-	-	AA11	_
3	Intern/appr																								-	.1136	-	-	AA11 AA11	_
4 5	Military ser Unemploye																								_	.1140	-	-	AA11	_
6	Rehabilitati																									.1142	-	-	AA11	_
7	Employed i																								_	.1144	=	F	AA11 AA11	_
8	Employed i	•																							AA	.1140	-	1		_
9	Self-employ	/ed																							AA	.1148	3		4A11	
10	Family mer																								<u></u>	.1148	╡	F	AA11 AA11	_

52. Did you have an extra job (with or without salar pregnant? (For example, accountant, hair dress band, club leader) No Yes, describe AA1157 AA1676 AA1158 53. Have you been absent from your usual work weeks altogether during this pregnancy?	ser, singer in a dance	54 Are you absent from your work at the present to No Yes AA1160 55. If yes, what is the reason for your absence? (Fill several boxes.) Medical leave							
No AA1159 Yes		Leave of absence Sick child Other AA1162 AA1163 AA1164 AA1165 AA1165	A1677						
56. The usual number of paid working hours a week bel	ore you became pregnant and	AA1167	dours						
(Questions about current work situation to be an being on leave or for similar reasons.)		employment, even if they are temporarily absent due to	o illness,						
57. Describe the type of work carried out at	You	Baby's Father							
your and the baby's father's place of work as accurately as possible. (Write for example, hospital department for children with cancer, body shop at a garage for diesel vehicles, farming with grain and swine, work in the home.)	AA1168	AA1169							
58. Occupation/title at this workplace? (Write for example, staff nurse, mechanic, foreman, lecturer, student, cleaning assistant, housewife/at home.)	AA1170	AA1171							
59. Indicate the appropriate answer for each of t	he following questions con	cerning your present work situation. (Fill in only one box	in each line.)						
Do you sometimes have so much to do that 'Do you have to turn or bend many times in the Do you work with your hands up at shoulder Do you work standing or walking? Can you choose to work a little faster some of Are you subjected to a lot of uncomfortable to Are you subjected to a lot of background noise have to raise your voice when talking to of the following statements describe your	ne course of an hour? level or higher?	AA1173 AA1174 AA1175 AA1176 AA1177 f one metre? AA1178	cally Seldom or						
oo. now do the following statements describe yo	ur work situation? (Fill line	Agree Agree mostly Disagree mos	stly Disagree completely						
I have physically heavy work. My work is very stressful I learn a lot at work My work is very monotonous My work demands a lot of me. I am able to decide how my work is to be carried out. There is a good team spirit at my place of work. I enjoy my work AA1185 I enjoy my work									
61. When are your working hours? (Fill in one or	several boxes.)								
Permanent day work Permanent afternoon or evening work Permanent night work Shift work or shift rotations No set times (extra help, extra shifts, temporary employment, etc.) Other AA1187 AA1187 AA1188 AA1189 Seldom or never Yes, less than 20 times a week Yes, more than 20 times a week Yes, more than 20 times a day Yes, more than 20 times a day Yes, more than 20 times a day									

63.	How often have you worked with radio transmitters or radar after becoming pregnant?	copyir	ng machine (a		mputer monitor, lase s than two metres) at	
	Seldom/Never A few times a week AA1195	pregna	ant?	compute		Copying machine
	Daily		lever		,	madmine
	On average more than an hour daily		es per wee	k AA119	AA1199	AA1200
64.	How often do you talk on a cell phone? Seldom/Never		ge more tha			
	A few times a week AA1196 Daily		•		X-ray equipment (at a distance
	On average more than an hour daily	of les	s than two	•	ı became pregnan	
65.	Do your cell phone calls last more than 15 minutes?	Seldo	m/Never	·	,	
	Never Seldom AA1197	Daily			AA1201	
	Often	On av	verage mor	e than an hour d	aily	
68	Have you been in contact with any of the following substances either at wo	rk or in vour le	isure time d	uring the last six n	nonths? (Fill in eac	h line.)
		,		If Yes,	Fill in if you have	Fill in if you
		the las	st 6 months No Yes	number of days (daily = 180 days)	used a hood for gases or breathing protection	have used protective gloves
1	Lead vapours, lead dust, lead particles or lead alloys		AA1202	AA1203	AA1204	AA1205
2	Chrome, arsenic, cadmium or combinations of these		AA1206	AA1207	AA1208	AA1209
3	Gasoline or exhaust (does not apply to filling gasoline in your own car)		AA1210	AA1211	AA1212	AA1213
4	Mercury vapours, mercury or work with amalgam fillings (does not apply to your own dent	al treatment)	AA1214	AA1215	AA1216	AA1217
5	Disinfectants, vermin poisons		AA1218	AA1219	AA1220	AA1221
6	Weed killers, insecticides, fungicides		AA1222	AA1223	AA1224	AA1225
7	Oil-based paint.		AA1226	AA1227	AA1228	AA1229
8	Water-based or latex paint		AA1230	AA1231	AA1232	AA1233
9	Paint thinner, paint-lacquer-glue remover or other solvents			14400		
	(e.g. lynol, turpentine, toluene, carbon tetrachloride)·····		AA1234	AA1235	AA1236	AA1237
10	Industrial dyes or ink		AA1238	AA1239	AA1240	AA1241
11	Motor oil, lubrication oil or other types of oil		AA1242	AA1243	AA1244	AA1245
12	Photographic chemicals (fixatives or developers)		AA1246	AA1247	AA1248	AA1249
13	Substances used in welding		AA1250	AA1251	AA1252	AA1253
14	Substances used in soldering		AA1254	AA1255	AA1256	AA1257
15	Formalin/formaldehyde		AA1258	AA1259	AA1260	AA1261
16	Chemotherapeutic substances/chemotherapy treatment (does not apply to your own med	ical treatment)	AA1262	AA1263	AA1264	AA1265
17	Laughing gas or other anaesthetic gases (does not apply to your own treatment as a	patient)	AA1266	AA1267	AA1268	AA1269
18	Other substances and conditions, describe		AA1270	AA1271	AA1272	AA1273
69.	How often have you been to a discotheque since you became pregnant?	70. Are yo	ou in contact	with animals either	at work or in your lei	sure time?
	1-2 times a week Less often Never	No Yes		AA127	6	

71. If yes, what sort of animals and how often are you in contact with them on a weekly basis? Less than 3-6 times 1-2 times 1 time Daily a week a week a week	79. What is your and the baby's father's yearly gross income? (Include child support, unemployment benefits and other allowances.)
AA1280 1 Dog	Your gross income AA1315 No income Under 150.000 NOK 150-199.999 NOK 200-299.999 NOK 300-399.999 NOK 400-499.999 NOK over 500.000 NOK No income Under 150.000 NOK 150-199.999 NOK 200-299.999 NOK 300-399.999 NOK 400-499.999 NOK Over 500.000 NOK Don't know 80. Is it possible for your household to manage financially without your income? No AA1317 Yes, but with difficulty Yes, without difficulty
Housing and household 72. With whom do you live? (Fill in one or several boxes.) Spouse/partner AA1293	81. What type of house do you live in? Detached house Farm Semi detached Four-flat house Maisonette AA1320 AA1321 AA1322
Parents AA1294 Parents-in-law AA1295 Children AA1296 No one AA1297 Other describe AA1298 AA1298	Terraced flat Basement flat Apartment building Townhouse/tenement Which floor? Other AA1323 AA1324 AA1325 AA1325 AA1326 AA1327 AA1328 AA1329
73. How many people including you live in your home? Number of people over 18 years	82. Has there been damp damage, visible signs of fungus/mildew or a smell of mildew in your home in the past 3 months? (Fill in one or several boxes.) No Yes, damp damage Yes, signs of fungus and mould Yes, a smell of mildew AA1331 AA1332 AA1333
74. How many children are at nursery school/day care? children AA1304	83. Where does your drinking water come from? Public or private water company Water from a local source (e.g. own well) 84. How many times have you moved in the last 3 years?
75. Do you or the baby's father have a mother tongue other than Norwegian? No Yes AA1305 76. If yes, which language? You Baby's Father Sámi	85.Has anyone in your home had influenza, a prolonged cough, childhood disease or an illness with fever and a rash after you became pregnant? No Yes AA1337
Urdu English Other If other, which? AA1308 AA1307 AA1308 AA1684 77. Do your parents or the baby's father's parents have a mother tongue other than Norwegian?	86. If yes, which illness? (fill in one or several boxes) German measles Chicken pox AA1339 Measles Roseola infantum Other fever with rash AA1341 AA1342
No Yes 78. If yes, which language? Your Your Mother of Father of Mother Father the child's the child's father father Sámi	Influenza Prolonged cough Tuberculosis Hand, foot and mouth disease Other AA1343 AA1344 AA1345 AA1346 AA1347
Urdu	

	Living habits	
87.	Did your mother smoke when she was pregnant with you?	102. Do you smoke when you are ill?
	No AA1348	No Yes AA1367
	Yes Don't Know	103. Do you smoke more often during the first few hours after you
	Bontikliow	wake up than you do during the rest of the day?
88.	Are you exposed to passive smoking at home? No Yes [AA1240]	No Yes AA1368
	AA1545	104. If you have used other kinds of nicotine indicate which and
89.	If yes, how many hours a day are you exposed to passive smoking? 104: responses in	when you used them. Before pregnancy During pregnancy
	hours per day AA1350 questionnaire1b.doc and the Exc	
		Nicotine chewing gum
	Are you exposed to passive smoking at work? No Yes AA1351	Nicotine adhesive patchAA1373AA1374Nicotine inhalerAA1375AA1376
	AA1351	
91.	If yes, how many hours a day are you exposed to passive smoking?	105. What was your fluid consumption (number of cups/glasses) per day before and during pregnancy? (1 mug = 2 cups, 1 small plastic
	hours per day AA1352	bottle (0.5 litre) = 4 cups, 1 large plastic bottle (1.5 litres) = 12 cups)
00		Number of cups/glasses
92.	Did the baby's father smoke before you became pregnant? No Yes AA1353	Before Decaffeinated
00		pregnancy Now (Enter a cross)
	Does he smoke now? No	1 Filter coffee
	Yes AA1354	AA1380 AA1381 AA1382
94.	Have you ever smoked?	2 Instant coffee
	No (proceed to question 104) AA1355	3 Boiled coffee
	Yes	AA1386 AA1387 AA1388
95.	Do you smoke now (after you became pregnant)?	4 Tea
	No AA1356	5 Herbal tea
	AA1357	AA1392 AA1393 AA1394
	Sometimes cigarettes per week	6 Coca Cola/Pepsi etc
	Daily cigarettes per day	7 Other fizzy drinks
96.	Did you smoke during the last 3 months before you became pregnant this time?	AA1398 AA1399 AA1400
	No AA1359	8 Diet Coca Cola/Pepsi
	AA1360	9 Other diet fizzy drinks
	Sometimes cigarettes per week	10 Tap water
	Daily cigarettes per day	
07	Haralda and the same of the sa	11 Bottled water AA1406 AA1407
	How old were you when you started to smoke on a daily basis? AA1362	
4	Years	Before Ecological pregnancy Now (Enter a cross)
	Have you stopped smoking completely?	
	No Yes AA1363	12 Juice/squash
99.	If yes, how old were you when you stopped smoking?	13 Diet juice/squash
Ļ	AA1364 Years	
100). If you stopped smoking after you became pregnant, in which	14 Milk (skim, low fat, whole)
	week of pregnancy did you stop?	15 Yogurt, all types
[AA1365 week of pregnancy	
		16 Yogurt/active Lactobacillus . AA1420 AA1421 AA1422
101	. How long after you get up in the morning until you light your first	17 Other type of cultured milk - AA1423 AA1424 AA1425
	cigarette? AA1366 5 minutes	KefirAA1423 AA1424 AA1425
	6-29 minutes	18 Other
	30-60 minutes More than one hour	
	MOTO MAIL ONG HOUL	

106. Have you used any of the following substances?	113. Have other people irritated you or hurt your feelings by
Last month During Never Previously before pregnancy pregnancy	criticising how much you drink?
	No AA1467
1 Hash AA1432 AA1433 AA1434 AA1435	Yes
2 Amphetamine AA1436 AA1437 AA1438 AA1439	114. Have you ever felt that you ought to drink less alcohol?
3 Ecstasy AA1440 AA1441 AA1442 AA1443	No
4 Cocaine AA1444 AA1445 AA1446 AA1447	Yes AA1468
5 Heroin AA1448 AA1449 AA1450 AA1451	
	115. Have you ever drunk alcohol in the morning to calm your
107. Have you ever consumed alcohol?	nerves or to get rid of a hangover?
No (proceed to question 117) AA1452	No AA1469
Yes	Yes
Alcohol units are used to compare the different types of alcoholic	116. Have you ever experienced any of the following problems during
beverages. 1 alcohol unit (= 1.5 cl. pure alcohol) is equivalent to:	the last year in relation to your alcohol consumption?
1 bottle/can energy drink or cider	Several Never Once times
1 glass (1/3 litre) of beer 1 wine glass red or white wine	Never Once times Argued with or had negative
1 sherry glass or other fortified wine	feelings for a family member
1 snaps glass spirits or liqueur	Suddenly found yourself somewhere AA1471
108. How often did you consume alcohol in the 3 months before you became	without knowing how you got there
pregnant and how often do you consume alcohol during the pregnancy?	Been absent from work or school
	Fainted or passed out suddenly
Last 3 months before During	Had a sad period
pregnancy pregnancy	
1 Approximately 6-7 times a week	Weight and weight control
2 Approximately 4-5 times a week	117. Do you think you were evenueight just hefere this program of
3 Approximately 2-3 times a week AA1453 AA1454 4 Approximately once a week	117. Do you think you were overweight just before this pregnancy?
5 Approximately 1-3 times a month .	Yes, a lot Yes, a little AA1475
6 Less than once a month	No
7 Never	
109. What type of alcohol do you usually drink? (Fill in one or	118. Are you worried about putting on more weight than necessary
several boxes.)	during this pregnancy?
1 Light beer	Yes, very worried AA1476
2 Beer	Somewhat worried
3 Red wine	No, not especially worried
4 White wine	119. Has anyone said that you were too thin while you felt that you
5 Low alcohol sodas	were overweight during the last 2 years?
6 Fortified wines (sherry, port, Madeira)	Yes, often
7 Spirits (vodka, gin, snaps, cognac, whisky, liqueur) AA1461	Yes, occasionally AA1477
110. Did you drink 5 units or more at least once during the last 3	No
months before pregnancy or during pregnancy?	120. Have you ever felt that you lost control while eating and were
Last 3 months before During	not able to stop before you have eaten far too much?
pregnancy pregnancy	Last 6 months
1 Several times per week	before this pregnancy Now
2 Once a week	No
3 1-3 times a month	Infrequently
4 Less than once a month	Yes, at least once a week
J Nevel	121. Have you ever used any of the following methods to control
111. How many units of alcohol do you usually drink when you	your weight?
consume alcohol? Last 3 months before During	Last 6 months
pregnancy pregnancy	before this pregnancy Now
10 or more	At least Seldom/ At least Seldom/ once a week Never once a week Never
7-9	
5-6	Vomiting AA1480 AA1481
3-4 1-2	Laxatives
1-2 Less than 1	Fasting AA1484 AA1485
2000 triair 1	Hard physical exercise AA1486 AA1487
112. How many units of alcohol do you have to drink before you feel	
any effect?	122. Is it important for your self-image that you maintain a certain weight?
AA1466 units	Yes, very important AA1488
unito	Yes, quite important
	No, not especially important

Physical activity 123. How often do you exercise? (Fill in each line for both before and during this pregnancy.) Last 3 months before this pregnancy During this pregnancy 3 or more 1-3 3 or more 2 times 2 times times 1 time times times 1 time times a month a week a week a week a week Never a month a week a week AA1489 AA1490 AA1491 AA1492 2 AA1493 AA1494 3 Running/jogging/orienteering AA1495 AA1496 4 Bicycling AA1497 AA1498 5 Training studio/weight training AA1499 AA1500 6 Special gymnastics/aerobics for pregnant women AA1501 AA1502 7 Aerobics/gymnastics/dance without running and jumping AA1503 AA1504 8 Aerobics/gymnastics/dance with running and jumping AA1505 AA1506 9 AA1507 AA1508 10 Skiing AA1509 AA1510 11 AA1511 AA1512 12 AA1513 AA1514 13 Riding AA1515 AA1516 14 124. How often do you do exercises for the following muscle groups? (Fill in each line for both before and during this pregnancy.) Last 3 months before pregnancy **During pregnancy** 1-3 1-3 3 or more 3 or more 2 times times 2 times times 1 time times 1 time times Never a month a week a week a week Never a month a week a week a week AA1517 AA1518 Abdominal muscles AA1519 AA1520 Back muscles AA1521 AA1522 Pelvic floor muscles (muscles around the vagina, urethra, anus) 125. How often are you so physically active in your leisure and/or at work that you get out of breath or sweat? Last 3 months before this pregnancy During this pregnancy At work Leisure At work AA1526 AA1524 AA1525 Once a week 3-4 times a week 5 times a week or more A little more about yourself and how you are keeping now 126. Do you agree or disagree with the following statements? (Fill in only one box in each line.) Don't agree Agree Disagree Disagree disagree somewhat My life is very good - AA1528 I am satisfied with my life AA1529 To date. I have achieved what is important for me in my life AA1530 If I could start all over, there is very little I would do differently AA1531 127. How do these statements describe your relationship? (Only answer if you have a partner.) (Fill in only one box in each line.) Agree Agree Disagree Disagree Completely somewhat somewhat completely Agree Disagree AA1532 My husband/partner and I have a close relationship AA1533 My partner and I have problems in our relationship AA1534 I am very happy in my relationship AA1535 My partner is usually understanding AA1536 I am satisfied with my relationship with my partner We often disagree about important decisions AA1538 I have been lucky in my choice of a partner AA1539 We agree about how children should be raised AA1540 I think my partner is satisfied with our relationship AA1541

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128. Do you have anyone other than your husband/partner you can ask for advice in a difficult situation? No Yes 1-2 people Yes more than 2 people 129. How often do you meet or talk on the telephone with your family (other than those you live with) or close friends? Once a month or less 2-8 times a month More than twice a week 130. Do you often feel lonely? Almost never Seldom Sometimes Usually Almost always 131. Have you been bothered by any of the following during the last two weeks? (Enter a cross for each line.) Not Not A little Quite Very bothered bothered bothered bothered Constantly frightened or anxious Nervous, inner turmoil	133. Have you ever been pressured or forced to have sexual intercourse? (Fill in one or several boxes.) Last 6 During this months before pregnancy Pregnan
with regard to the future	Felt depressed, sad

We would be grateful if you would write anything else you would like to tell us about this pregnancy or previous births/pregnancies that are not addressed in this questionnaire on the next page.

	Comments		
	Have you remembered to fill in the date on which you completed the questionnaire on page 1?		
	Thank you very much for your help!		
	Please return the completed questionnaire in the stamped addressed envelope provided.		
	Avd. for medisinsk fødselsregister Kalfarveien 31 5018 Bergen		
Beyer-Hecos			