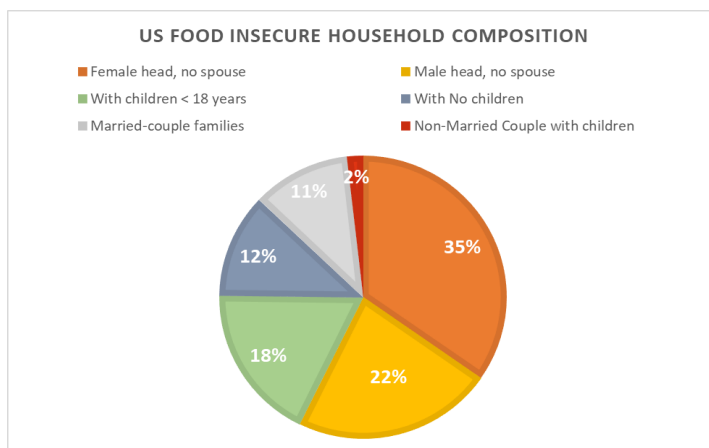


## Snapshot of Hunger and Poverty among women

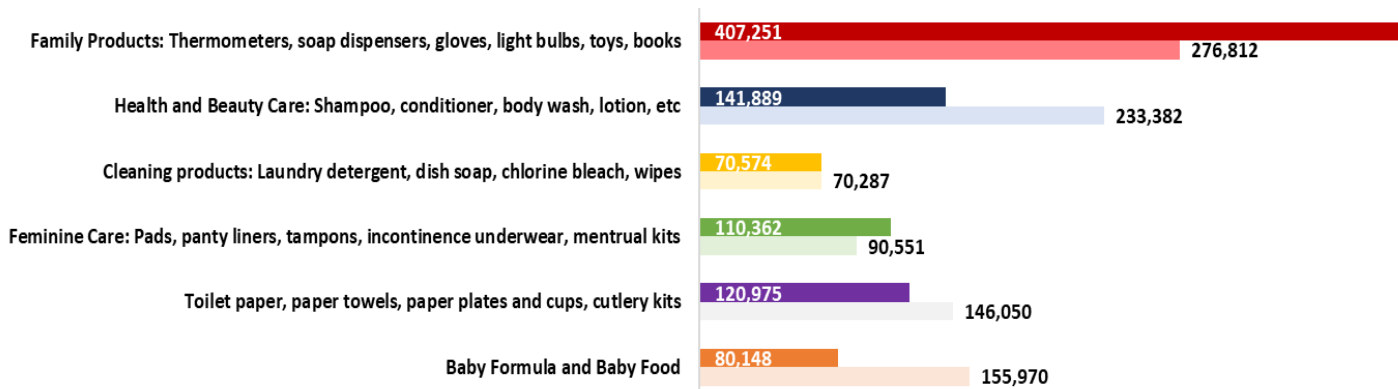
*This summary provides an overview of hunger and poverty among women, highlighting disparities in poverty rates, SNAP reliance, income, and unemployment between men and women, as well as the efforts of the Food Bank to support women in need.*

**Food Insecurity<sup>1</sup>: 34.7 percent—or more than 4.6 million (4,684,000)**—of food-insecure households nationwide were headed by a single mother in 2023. The food insecurity rate among households headed by single mothers was 54 percent higher than that of households headed by single fathers, which stood at 22.6 percent.



**Food Bank Supports:** In addition to providing nutritious food that help support women in need, **Food Bank provides over 975 thousand (973,052) pounds of household and personal care items to women and their families<sup>2</sup>.** The chart below provides a breakdown.

### Household and Family Products (in Lbs.) Distributed to Women in need

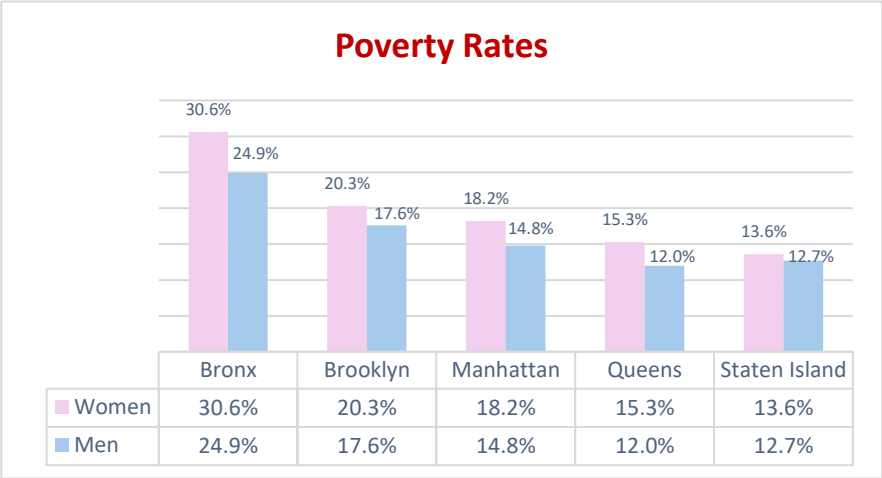
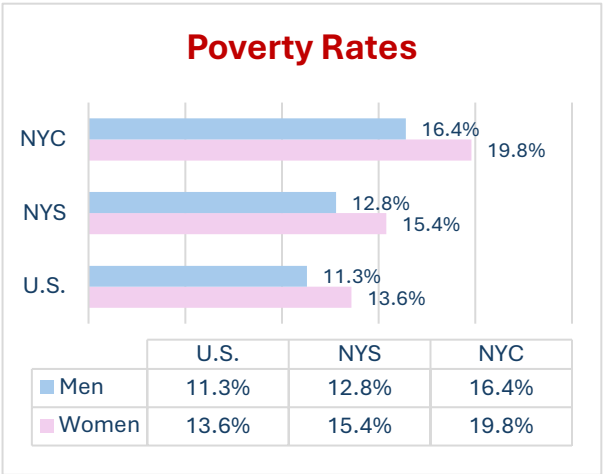


	Baby Formula and Baby Food	Toilet paper, paper towels, paper plates and cups, cutlery kits	Feminine Care: Pads, panty liners, tampons, incontinence underwear, menstrual kits	Cleaning products: Laundry detergent, dish soap, chlorine bleach, wipes	Health and Beauty Care: Shampoo, conditioner, body wash, lotion, etc	Family Products: Thermometers, soap dispensers, gloves, light bulbs, toys, books
FY23	80,148	120,975	110,362	70,574	141,889	407,251
FY24	155,970	146,050	90,551	70,287	233,382	276,812

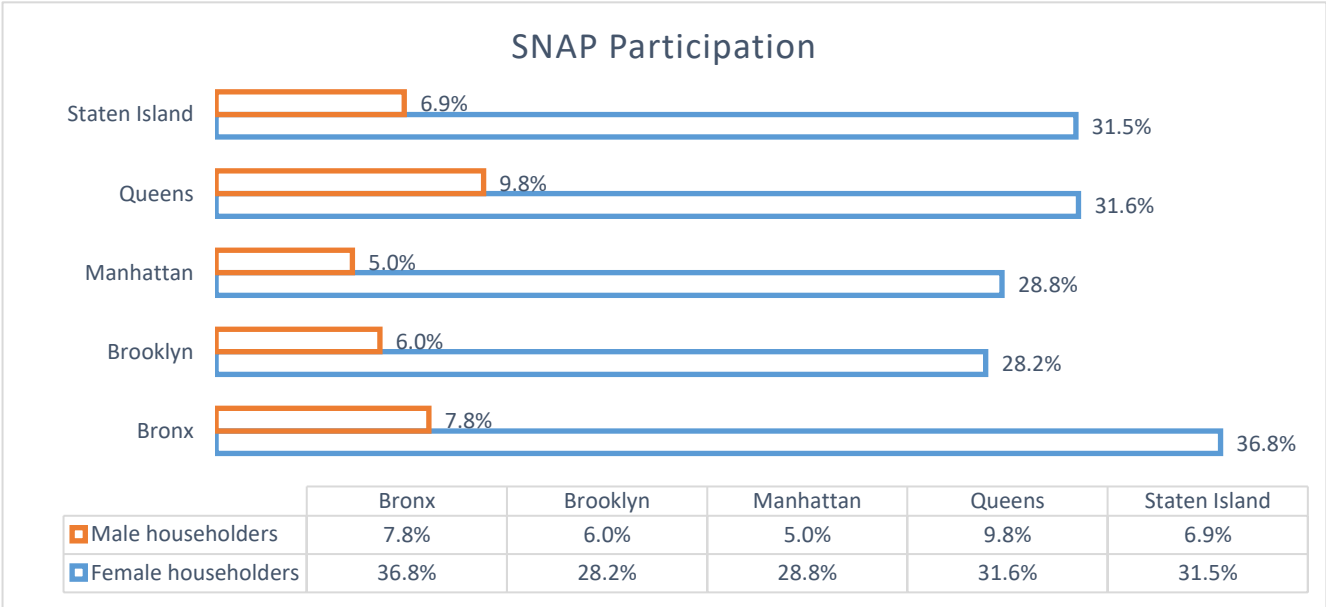
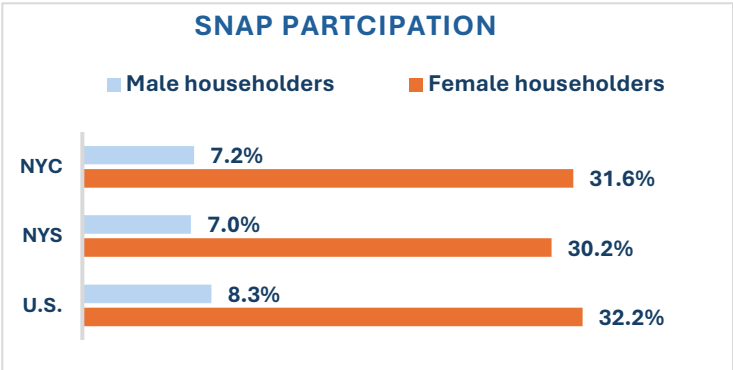
<sup>1</sup> USDA, Economic Research Service using data from U.S. Department of Commerce, Bureau of the Census, 2022 and 2023 Current Population Survey Food Security Supplements.

<sup>2</sup> Food Bank For New York City

**Poverty Rates<sup>3</sup>:** Poverty disproportionately affects women compared to men, with women experiencing higher poverty rates. The charts below illustrate these disparities.



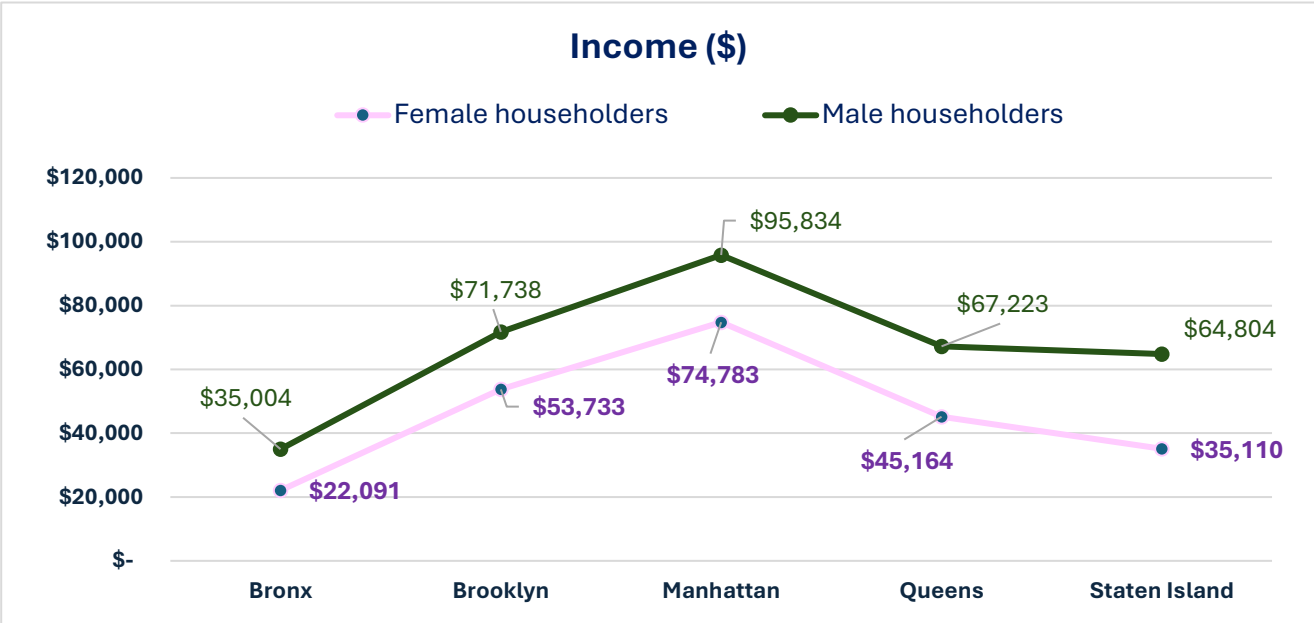
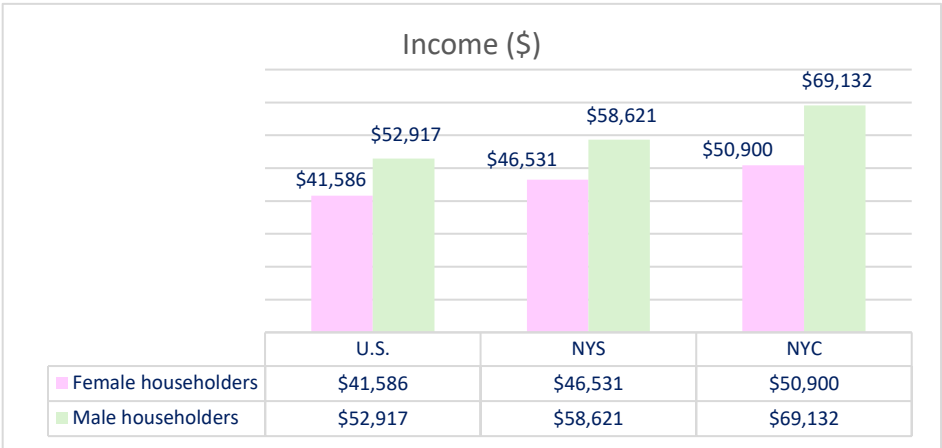
**SNAP Participation<sup>4</sup>:** Women are most likely to rely on SNAP than their male counterparts.



<sup>3</sup> 2024 U.S. Census Bureau, U.S. Department of Commerce. "Poverty in the Past 12 Months (in 2023 Inflation-Adjusted Dollars)"

<sup>4</sup> SNAP data

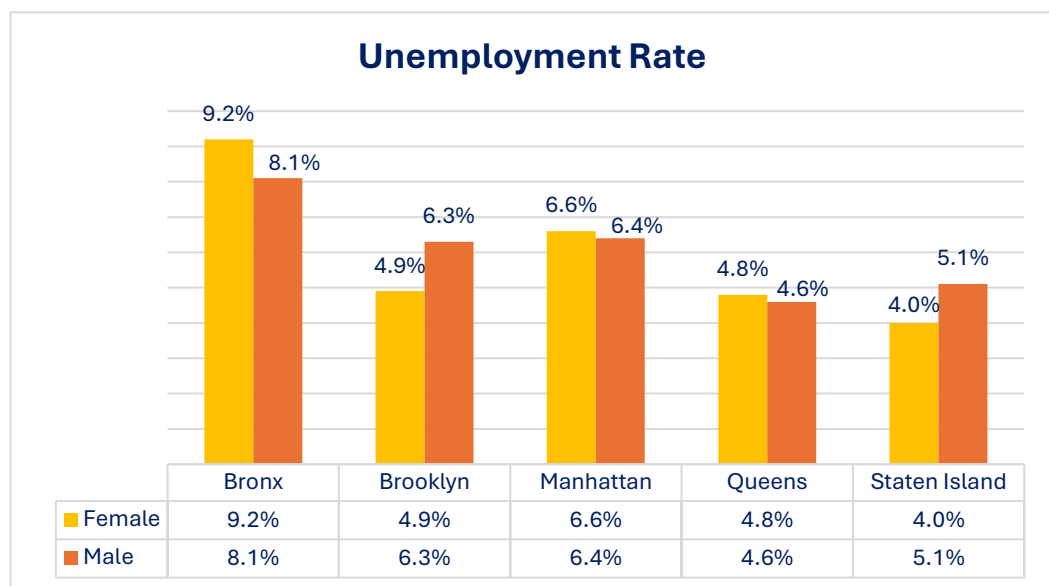
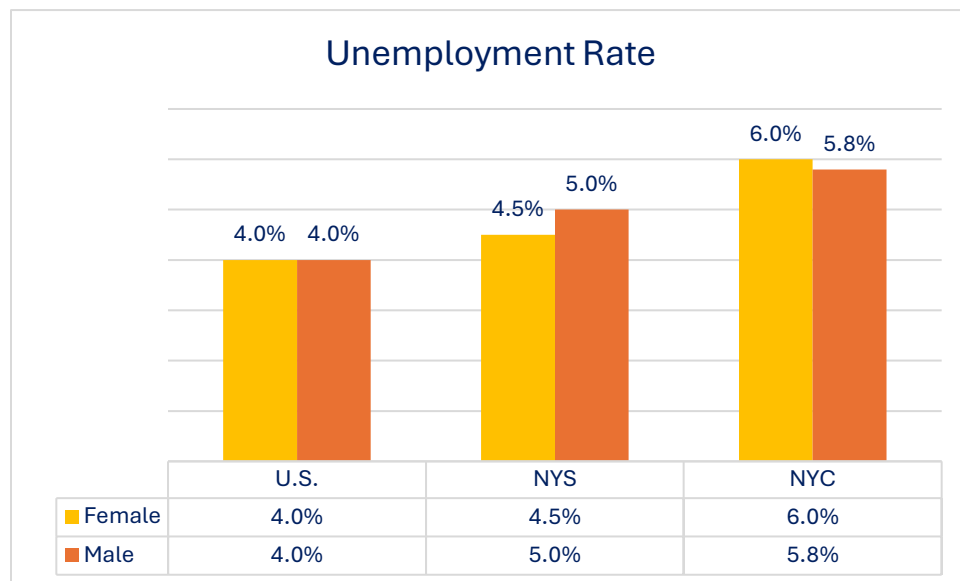
**Income (\$):** Income disparities persist between men and women, with men consistently earning more across all sectors.<sup>5</sup>



Income (\$)	Female householders	Male householders
Bronx	\$ 22,091	\$ 35,004
Brooklyn	\$ 53,733	\$ 71,738
Manhattan	\$ 74,783	\$ 95,834
Queens	\$ 45,164	\$ 67,223
Staten Island	\$ 35,110	\$ 64,804

<sup>5</sup> 2024 U.S. Census Bureau, U.S. Department of Commerce. "Median Income in the Past 12 Months (in 2023 Inflation-Adjusted Dollars)

**Unemployment:** The unemployment rate among women is slightly lower than that of their male counterparts nationwide and at the state level, except in New York city. <sup>6</sup>



<sup>6</sup> 2024 U.S. Census Bureau, U.S. Department of Commerce. "Employment Status." American Community Survey, ACS 1-Year Estimates Subject Tables