

Dhuhr Prayer (4 Rak'ahs, Silent)

Arabic	Phonetic Transliteration	English Translation
<i>Make the intention in your heart, not aloud</i>	<i>Example in heart: "I intend to pray four Rak'ahs of Dhuhr for Allah."</i>	<i>The intention is internal and not verbalized.</i>
اللَّهُ أَكْبَرُ	Allahu Akbar	Allah is the Greatest
<i>Raise hands to ears, then place right hand over left on chest.</i>		
سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ	Subhanaka Allahumma wa bihamdika	Glory be to You, O Allah, and all praise is Yours
وَتَبَارَكَ اسْمُكَ	Wa tabarakasmuka	And blessed is Your name
وَتَعَالَى جَدُّكَ	Wa ta'ala jadduka	And exalted is Your majesty
وَلَا إِلَهَ غَيْرُكَ	Wa la ilaha ghayruka	And there is no god but You
<i>Recite the following silently:</i>		
بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ	Bismillahir Rahmanir Rahim	In the name of Allah, the Most Gracious, the Most Merciful

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اَلْحَمْدُ لِلّٰهِ رَبِّ اَلْعٰلَمِيْنَ	Alhamdu lillahi Rabbil 'alamin	Praise be to Allah, Lord of all the worlds
اَلرَّحْمٰنِ اَلرَّحِيْمِ	Ar-Rahmanir Rahim	The Most Gracious, the Most Merciful
مَلِكِ يَوْمِ الدِّينِ	Maliki yawmiddin	Master of the Day of Judgment
اِيَّاكَ نَعْبُدُ وَ اِيَّاكَ نَسْتَعِيْنُ	Iyyaka na'budu wa iyyaka nasta'in	You alone we worship, and You alone we ask for help
اِهْدِنَا الصِّرَاطَ الْمُسْتَقِيْمَ	Ihdinas siratal mustaqim	Guide us to the straight path
صِرَاطَ الَّذِيْنَ اَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوْبِ عَلَيْهِمْ وَلَا الضَّالِّيْنَ	Siratal ladhina an'amta 'alayhim, ghayril maghdubi 'alayhim wala dhalin	The path of those You have blessed, not of those who have earned Your anger, nor of those who have gone astray
Say "Ameen" quietly.	Ameen	Amen

Arabic	Phonetic Transliteration	English Translation
بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ	Bismillahir Rahmanir Rahim	In the name of Allah, the Most Gracious, the Most Merciful
قُلْ هُوَ اللَّهُ أَحَدٌ	Qul Huwa Allahu Ahad	Say, He is Allah, the One
اللَّهُ الصَّمَدُ	Allahus Samad	Allah, the Eternal Refuge
لَمْ يَلِدْ وَلَمْ يُولَدْ	Lam yalid wa lam yulad	He neither begets nor is born
وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ	Wa lam yakun lahu kufuwan ahad	Nor is there to Him any equivalent
<i>Bow down, placing hands on knees, back straight.</i>		
سُبْحَانَ رَبِّي الْعَظِيمِ (3 times)	Subhana Rabbiyal 'Azim	Glory be to my Lord, the Mighty
<i>Rise back to standing, saying:</i>		
سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ	Sami' Allahu liman hamidah	Allah hears those who praise Him
رَبَّنَا وَلَكَ الْحَمْدُ	Rabbana wa lakal hamd	Our Lord, and to You be all praise

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<i>Go down to prostrate, forehead and nose touching ground.</i>		
سُبْحَانَ رَبِّيَ الْأَعْلَى (3 times)	Subhana Rabbiyal A'la	Glory be to my Lord, the Highest
<i>Sit up briefly between prostrations, saying:</i>		
رَبِّ اغْفِرْ لِي	Rabbi ighfir li	My Lord, forgive me
<i>Prostrate again, repeating:</i>		
سُبْحَانَ رَبِّيَ الْأَعْلَى (3 times)	Subhana Rabbiyal A'la	Glory be to my Lord, the Highest
<i>Stand up for the second Rak'ah.</i>		
<i>Recite the following silently:</i>		
بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ	Bismillahir Rahmanir Rahim	In the name of Allah, the Most Gracious, the Most Merciful

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الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ	Alhamdu lillahi Rabbil 'alamin	Praise be to Allah, Lord of all the worlds
الرَّحْمَنِ الرَّحِيمِ	Ar-Rahmanir Rahim	The Most Gracious, the Most Merciful
مَلِكِ يَوْمِ الدِّينِ	Maliki yawmiddin	Master of the Day of Judgment
إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ	Iyyaka na'budu wa iyyaka nasta'in	You alone we worship, and You alone we ask for help
اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ	Ihdinas siratal mustaqim	Guide us to the straight path
صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ	Siratal ladhina an'amta 'alayhim, ghayril maghdubi 'alayhim wala dhalin	The path of those You have blessed, not of those who have earned Your anger, nor of those who have gone astray
Say "Ameen" quietly.	Ameen	Amen

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ	Bismillahir Rahmanir Rahim	In the name of Allah, the Most Gracious, the Most Merciful
قُلْ هُوَ اللَّهُ أَحَدٌ	Qul Huwa Allahu Ahad	Say, He is Allah, the One
اللَّهُ الصَّمَدُ	Allahus Samad	Allah, the Eternal Refuge
لَمْ يَلِدْ وَلَمْ يُولَدْ	Lam yalid wa lam yulad	He neither begets nor is born
وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ	Wa lam yakun lahu kufuwan ahad	Nor is there to Him any equivalent
<i>Bow down, placing hands on knees, back straight.</i>		
سُبْحَانَ رَبِّيَ الْعَظِيمِ (3 times)	Subhana Rabbiyal 'Azim	Glory be to my Lord, the Mighty
<i>Rise back to standing, saying:</i>		
سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ	Sami' Allahu liman hamidah	Allah hears those who praise Him
رَبَّنَا وَلَكَ الْحَمْدُ	Rabbana wa lakal hamd	Our Lord, and to You be all praise

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<i>Go down to prostrate, forehead and nose touching ground.</i>		
سُبْحَانَ رَبِّيَ الْأَعْلَى (3 times)	Subhana Rabbiyal A'la	Glory be to my Lord, the Highest
<i>Sit up briefly between prostrations, saying:</i>		
رَبِّ اغْفِرْ لِي	Rabbi ighfir li	My Lord, forgive me
<i>Prostrate again, repeating:</i>		
سُبْحَانَ رَبِّيَ الْأَعْلَى (3 times)	Subhana Rabbiyal A'la	Glory be to my Lord, the Highest
<i>Sit with legs folded for partial Tashahhud:</i>		
التَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ	Attahiyyatu lillahi was salawatu wat tayyibat	All greetings, prayers, and good things are for Allah
السَّلَامُ عَلَيْكَ أَيُّهَا	Assalamu 'alayka ayyuhan Nabiyyu wa rahmatullahi wa barakatuh	Peace be upon you, O Prophet, and the mercy and blessings of Allah

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الْأَنْبِيَاءُ وَرَحْمَةً اللَّهِ وَبَرَكَاتُهُ		
السَّلَامُ عَلَيْنَا وَعَلَى عِبَادِ اللَّهِ الصَّالِحِينَ	Assalamu 'alayna wa 'ala 'ibadillahis salihin	Peace be upon us and upon the righteous servants of Allah
أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ	Ashhadu alla ilaha illallah	I bear witness that there is no god but Allah
وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ	Wa ashhadu anna Muhammadan 'abduhu wa Rasuluh	And I bear witness that Muhammad is His servant and Messenger
<i>Stand up for the third Rak'ah.</i>		
<i>Recite the following silently:</i>		
بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ	Bismillahir Rahmanir Rahim	In the name of Allah, the Most Gracious, the Most Merciful
الْحَمْدُ لِلَّهِ رَبِّ	Alhamdu lillahi Rabbil 'alamin	Praise be to Allah, Lord of all the worlds

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الْعَلَمِينَ		
الرَّحْمَنِ الرَّحِيمِ	Ar-Rahmanir Rahim	The Most Gracious, the Most Merciful
مَلِكِ يَوْمِ الدِّينِ	Maliki yawmiddin	Master of the Day of Judgment
إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَغِيثُ	Iyyaka na'budu wa iyyaka nasta'in	You alone we worship, and You alone we ask for help
اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ	Ihdinas siratal mustaqim	Guide us to the straight path
صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ	Siratal ladhina an'amta 'alayhim, ghayril maghdubi 'alayhim wala dhalin	The path of those You have blessed, not of those who have earned Your anger, nor of those who have gone astray
Say "Ameen" quietly.	Ameen	Amen
Bow down, placing hands on knees, back straight.		
سُبْحَانَ رَبِّي	Subhana Rabbiyal 'Azim	Glory be to my Lord, the Mighty

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الْعَظِيمِ (3 times)		
<i>Rise back to standing, saying:</i>		
سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ	Sami' Allahu liman hamidah	Allah hears those who praise Him
رَبَّنَا وَلَكَ الْحَمْدُ	Rabbana wa lakal hamd	Our Lord, and to You be all praise
<i>Go down to prostrate, forehead and nose touching ground.</i>		
سُبْحَانَ رَبِّيَ الْأَعْلَى (3 times)	Subhana Rabbiyal A'la	Glory be to my Lord, the Highest
<i>Sit up briefly between prostrations, saying:</i>		
رَبِّ اغْفِرْ لِي	Rabbi ighfir li	My Lord, forgive me
<i>Prostrate again, repeating:</i>		
سُبْحَانَ رَبِّيَ الْأَعْلَى (3 times)	Subhana Rabbiyal A'la	Glory be to my Lord, the Highest

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<i>Stand up for the fourth Rak'ah.</i>		
<i>Recite the following silently:</i>		
بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ	Bismillahir Rahmanir Rahim	In the name of Allah, the Most Gracious, the Most Merciful
الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ	Alhamdu lillahi Rabbil 'alamin	Praise be to Allah, Lord of all the worlds
الرَّحْمَنِ الرَّحِيمِ	Ar-Rahmanir Rahim	The Most Gracious, the Most Merciful
مَلِكِ يَوْمِ الدِّينِ	Maliki yawmiddin	Master of the Day of Judgment
إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ	Iyyaka na'budu wa iyyaka nasta'in	You alone we worship, and You alone we ask for help
اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ	Ihdinas siratal mustaqim	Guide us to the straight path
صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ	Siratal ladhina an'amta 'alayhim, ghayril maghdubi 'alayhim wala dhalin	The path of those You have blessed, not of those who have earned Your anger, nor of those who have gone astray

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الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ		
Say "Ameen" quietly.	Ameen	Amen
Bow down, placing hands on knees, back straight.		
سُبْحَانَ رَبِّيَ الْعَظِيمِ (3 times)	Subhana Rabbiyal 'Azim	Glory be to my Lord, the Mighty
Rise back to standing, saying:		
سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ	Sami' Allahu liman hamidah	Allah hears those who praise Him
رَبَّنَا وَلَكَ الْحَمْدُ	Rabbana wa lakal hamd	Our Lord, and to You be all praise
Go down to prostrate, forehead and nose touching ground.		
سُبْحَانَ رَبِّيَ الْأَعْلَى (3 times)	Subhana Rabbiyal A'la	Glory be to my Lord, the Highest
Sit up briefly between		

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<i>prostrations, saying:</i>		
رَبِّ اغْفِرْ لِي	Rabbi ighfir li	My Lord, forgive me
<i>Prostrate again, repeating:</i>		
سُبْحَانَ رَبِّي الْأَعْلَى (3 times)	Subhana Rabbiyal A'la	Glory be to my Lord, the Highest
<i>Sit with legs folded for full Tashahhud:</i>		
التَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ	Attahiyyatu lillahi was salawatu wat tayyibat	All greetings, prayers, and good things are for Allah
السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ	Assalamu 'alayka ayyuhan Nabiyyu wa rahmatullahi wa barakatuh	Peace be upon you, O Prophet, and the mercy and blessings of Allah
السَّلَامُ عَلَيْنَا وَعَلَى	Assalamu 'alayna wa 'ala 'ibadillahis salihin	Peace be upon us and upon the righteous servants of Allah

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عِبَادِ اللَّهِ الصَّالِحِينَ		
أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ	Ashhadu alla ilaha illallah	I bear witness that there is no god but Allah
وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ	Wa ashhadu anna Muhammadan 'abduhu wa Rasuluh	And I bear witness that Muhammad is His servant and Messenger
اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ	Allahumma salli 'ala Muhammadin wa 'ala ali Muhammad	O Allah, send blessings upon Muhammad and the family of Muhammad
كَمَا صَلَّيْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ	Kama sallayta 'ala Ibrahima wa 'ala ali Ibrahim	As You sent blessings upon Abraham and the family of Abraham
إِنَّكَ حَمِيدٌ مَجِيدٌ	Innaka Hamidun Majid	Indeed, You are Praiseworthy, Glorious
اللَّهُمَّ بَارِكْ عَلَى	Allahumma barik 'ala Muhammadin wa 'ala ali Muhammad	O Allah, bless Muhammad and the family of Muhammad

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مُحَمَّدٌ وَعَلَى آلِ مُحَمَّدٍ		
كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ	Kama barakta 'ala Ibrahima wa 'ala ali Ibrahim	As You blessed Abraham and the family of Abraham
إِنَّكَ حَمِيدٌ مَّجِيدٌ	Innaka Hamidun Majid	Indeed, You are Praiseworthy, Glorious
رَبِّ أَجْعَلْنِي مُقِيمَ الصَّلَاةِ وَمِنْ ذُرِّيَّتِي رَبَّنَا وَتَقَبَّلْ دُعَاءِ	Rabbij'alni muqimas salati wa min dhurriyyati, Rabbana wa taqabbal du'a	My Lord, make me an establisher of prayer, and [also] from my descendants. Our Lord, accept my supplication
Turn head to the right, saying:		
السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ	Assalamu 'alaykum wa rahmatullah	Peace be upon you and the mercy of Allah

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<i>Turn head to the left, saying:</i>		
السلام عليكم ورحمة الله	Assalamu 'alaykum wa rahmatullah	Peace be upon you and the mercy of Allah