### CoGrammar

Welcome to this session:

#### Lecture:

Curiosity & Vulnerability: The New Leadership Superpowers

The session will start shortly...

Any Questions?

Drop them in the questions section.







#### Safeguarding & Welfare

We are committed to all our students and staff feeling safe and happy; we want to make sure there is always someone you can turn to if you are worried about anything.

If you are feeling upset or unsafe, are worried about a friend, student or family member. or you feel like something isn't right, speak to our safeguarding team:



Ian Wyles Designated Safeguarding Lead



Simone Botes



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Ronald Munodawafa



Rafig Manan

#### **Democracy**

Every person's opinions matter.

#### Respect

We look after each other.

#### **Tolerance**

We accept each other's differences.





#### **Rule of Law**

We keep to the rules.

#### Liberty

We are free to make choices.







#### **Leadership & Management Live Lectures – Housekeeping**

- The use of disrespectful language is prohibited in the questions, this is a supportive, learning environment for all - please engage accordingly.
  - (Fundamental British Values: Mutual Respect and Tolerance)
- No question is daft or silly ask them!
- Should you have a question during the lecture, please feel free to post in the Questions section and I will respond throughout.



#### **Leadership & Management Live Lectures – Housekeeping**

- Activating live captions in your browser's accessibility settings is a helpful option for better understanding, especially for those with hearing impairments or challenges with accents.
- For all non-academic questions, please submit a query: <u>www.hyperiondev.com/support</u>
- Report a safeguarding incident: <u>www.hyperiondev.com/safeguardreporting</u>
- Should you have any further questions or want to provide us with feedback, please feel free to post them **here**.
- GitHub Link to access L&M Presentation Slides.



## **Open Questions**



Photo by <u>Towfigu barbhuiya</u> on <u>Unsplash</u>



#### **Question 1**

Think of a time when you were faced with a challenging situation at work or in life.

How did curiosity (asking questions or seeking new perspectives) play a role in your ability to navigate that challenge?





#### **Question 2**

How does being vulnerable—admitting that you don't have all the answers—affect the way people perceive you as a leader?

Do you think it builds trust or creates a sense of uncertainty?









#### **Learning Objectives**



- Explain how curiosity and vulnerability enhance leadership, strengthen relationships, and boost team performance.
- Implement techniques for asking thoughtful, open-ended questions that encourage exploration and dialogue.
- Redefine vulnerability as a leadership strength, learning how to use it to inspire trust and authenticity.
- Create an environment where curiosity and vulnerability become contagious, leading to greater collaboration and innovation.
- Build resilience and psychological safety, ensuring you lead from a place of both courage and care.



#### **Curiosity as a Leadership Trait**

- Leadership through questions: A curious leader asks questions that lead to exploration, growth, and innovation.
- Opens new possibilities: Curiosity leads to creative thinking and problem-solving.
- **Engagement & Connection:** Encourages dialogue and builds relationships within teams.



#### The Art of Asking Open-Ended Questions

- Encourage critical thinking: Questions like "What do you think?" and "How can we improve?" spark dialogue.
- Avoid yes/no questions: Instead, ask questions that explore perspectives.
- Examples of Questions:
  - "What's one challenge we could solve together?"
  - "How can we approach this differently?"
  - "What insights can we gain from this situation?"



#### **Techniques for Cultivating Curiosity in Leadership**

- Active Listening: Pay full attention to team members and ask follow-up questions.
- **Growth Mindset:** Encourage learning from mistakes, fostering a culture of development.
- Encourage Exploration: Create an environment where new ideas are welcomed and questioning is encouraged.
- Be Open to Different Perspectives: Value diverse viewpoints for richer discussions.



#### Reflect on a Time You Led with Curiosity

- **Personal Experience:** Think about a time when you, as a leader, led with curiosity. How did asking questions and being genuinely curious about your team's ideas or challenges shape the outcome?
- Impact on Engagement: Reflect on how curiosity encouraged deeper participation and engagement from your team members.
- **Effect on Problem Solving:** Consider how curiosity might have led to a more creative or effective solution.
- **Long-Term Effects:** How did your leadership approach (asking questions, being curious) influence the team's approach to challenges and innovation moving forward?



#### **Vulnerability: A Strength, Not a Weakness**

- **Vulnerability = Authenticity:** Leaders who show vulnerability are more authentic and human.
- **Builds Trust:** Vulnerable leadership fosters deeper trust within teams.
- **Encourages Openness:** Leaders who share challenges and imperfections encourage others to do the same.
- Strength in Openness: Vulnerability helps leaders to connect and engage more genuinely with their teams.



#### The Science of Vulnerability

- Brene Brown's Research: Vulnerability is essential for building trust and creating strong relationships.
- Psychological Safety: Vulnerability is critical for fostering an environment where team members feel safe to contribute without fear of judgment.
- **Stronger Connections:** Being open creates a bond between leaders and their teams, leading to greater collaboration.



#### **Creating Trust through Vulnerability**

- **Lead by Example:** Share your struggles and challenges as a leader to encourage others to be authentic.
- Transparency: Be honest about what you know and don't know, showing openness.
- Model Empathy: Show care for your team's well-being and challenges.



#### **Vulnerability in Leadership**

- Vulnerability in leadership means being open about challenges, weaknesses, and imperfections. It's about showing authenticity and humanising the leadership role
- When a leader shows vulnerability, it creates a safe space for others to be open, leading to more creativity, collaboration, and innovation.
- Common fears about being judged, looking weak, or losing authority.



# Let's take a break





#### **How Curiosity and Vulnerability Work Together**

- Mutual Benefits: Curiosity leads to discovery, while vulnerability builds trust.
- Complementary Traits: Curiosity encourages deeper questioning, while vulnerability encourages open dialogue and acceptance of mistakes.
- Collaborative Leadership: These two traits together promote a culture of collaboration, innovation, and continuous improvement.



#### **Practical Applications of Curiosity and Vulnerability**

- Leading through Uncertainty: Use curiosity to navigate change and vulnerability to show your team that it's okay not to have all the answers.
- **Fostering Innovation:** Be open to new ideas, ask questions that push boundaries, and allow your team to experiment and fail.
- Leading Difficult Conversations: Use vulnerability to connect with your team during tough times, building trust and compassion.



#### Creating a Plan to Implement Curiosity and Vulnerability

#### Practicing Curiosity:

- Asking Thoughtful Questions
- Active Listening
- Continuous Learning

#### • Cultivating Vulnerability:

- Being Transparent and Authentic
- Creating Psychological Safety
- Acknowledging Mistakes and Learning from Them

#### Combining Curiosity and Vulnerability:

- Lead by example by using curiosity to explore new solutions and using vulnerability to create an environment where experimentation is encouraged.
- Inspire Collaboration



#### **Barriers to Curiosity & Vulnerability**

- Fear of Judgment: Worrying that asking questions or being open will be seen as weakness.
- **Ego:** A desire to appear strong, knowledgeable, or in control can prevent vulnerability.
- **Time Pressure:** In a fast-paced environment, curiosity and vulnerability may seem like time-consuming luxuries.
- Cultural Resistance: A culture that values certainty over openness may resist these leadership traits.



#### **Overcoming Barriers to Curiosity & Vulnerability**

- **Lead by Example:** Demonstrate both curiosity and vulnerability in your actions.
- Create a Safe Environment: Encourage risk-taking and open dialogue by building psychological safety.
- **Shift the Culture:** Overcome cultural resistance by fostering a mindset that values learning over perfection.
- Embrace Mistakes as Learning Opportunities: Show that it's okay to make mistakes and learn from them.



#### **Overcoming Your Own Barriers**

- Common Barriers to Curiosity:
  - Fear of Not Having the Answer
  - Time Pressures
  - Cultural Resistance
- Common Barriers to Vulnerability:
  - Fear of Judgment
  - Lack of Psychological Safety
  - Perceived Loss of Authority

- Strategies for Overcoming These Barriers:
  - Cultivate a Growth Mindset
  - Lead by Example
  - Reframe Vulnerability
  - Foster OpenCommunication







#### Conclusion

- Curiosity and vulnerability are essential leadership traits.
- These traits enhance relationships, boost team performance, and foster innovation.
- Leaders who embrace curiosity and vulnerability create a safe, collaborative environment that promotes growth and trust.



## Questions and Answers





# Thank you for attending







