



CHARLIE KUBLY

OUR MISSION

The Charles E. Kubly Foundation seeks to better the lives of those affected by depression by increasing awareness of the disease and its devastating effects, eliminating the stigma associated with it, supporting suicide prevention programs and promoting improved access to quality mental health resources within communities.



WINTER 2024

INSIDE:

- [01. BEYOND THE BLUES RECAP 2023](#)
- [03. CHRISTIAN FAMILY SOLUTIONS](#)
- [04. PROJECTS FUNDED](#)
- [05. NEW BOARD MEMBERS](#)
- [06. ANNUAL FINANCIAL REPORT](#)

THE CHARLES E. KUBLY FOUNDATION

WWW.CHARLESEKUBLYFOUNDATION.ORG

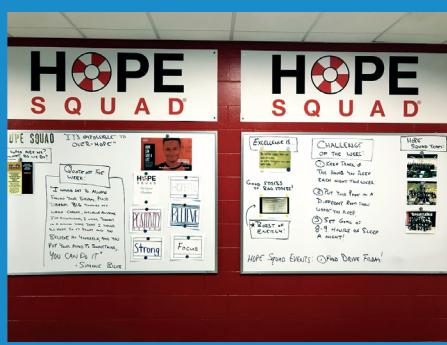
A long time ago, one of my best friends took his own life. Fast forward 30 years and I was confronted by a series of deaths by suicide of current and former students as the Superintendent of the Elmbrook Schools. In response to these unthinkable tragedies, we formed a coalition of passionate educators, students, parents and community members who were resolved to take action and prioritize the mental health needs of our students and community.

Our high schools, Brookfield Central and Brookfield East, established Wisconsin's first two HOPE Squad chapters, a national peer-to-peer suicide prevention program. More often than adults, kids in crises talk to kids and having trained students who know when and how to get help is vital for the wellbeing of the student in crisis and the peer. The impact of our high school programs have inspired HOPE Squad chapters across the state, including our two middle schools. Additionally, Hope Squad members from our high schools were instrumental in helping pass Wisconsin Act 83 which provides funding support for peer-to-peer programs in Wisconsin schools.



The de-stigmatization of mental health education for students and staff has been our greatest challenge, but one we have wholeheartedly embraced. Efforts have included new curriculum and resources, staff training, school assemblies, parent communication, no-homework school calendar breaks, and prioritizing mental health resource needs during our budget process. Often overlooked, we have been intentional in our messaging to staff about their own mental health needs, as we know the difficulties of caring for others if we do not take care of ourselves.

Finally, we have expanded our approach to analyzing real-time student achievement data. What traditionally has yielded targeted academic interventions now could result in a mental health assessment or check-in as a possible response to a decline in academic performance. Additionally, by providing on-site resources, support groups, and by establishing a network of expert community providers we are able to help students address their mental health needs so that they can be at their best in the classroom.



Every day I have the opportunity to walk the halls of our schools and know why the work that we do matters. Thank you to the Kubly Foundation's network of resources for your shared commitment to meeting the needs of our students and communities - your work is truly life-saving.

Mark Hansen, Superintendent
Board Member, CEKF

BEYOND THE BLUES 2023 RECAP!

20 Years of Beyond the Blues!

The CEKF is so proud to reflect on our 20th anniversary Beyond the Blues fundraiser. The event, held at Discovery World Pier Wisconsin, was our most successful to date raising just over \$270,000! We thank our very generous sponsors, Blues Backers, other donors and attendees for making this a remarkable year for us. We truly couldn't do it without all of you!

Beyond the Blues is our signature fundraiser. This year's event featured music by Phil Norby, delicious casual dining prepared by Bartolotta Catering, a raffle along with live and filmed reflections by Billie Kubly, Linda Lundein, Kris Rick, Molly Fritz, Meg Kasch and Dr. Jon Lehrmann. We thank those who donated to make the raffle a huge success! Our beautiful Milwaukee lakefront is the backdrop that always adds to the ambiance of the evening.

Mark your calendars for next year's event to be held at [Discovery World Pier Wisconsin](#) on [Friday, September 20th](#).

Sponsorship details forthcoming.

We can't wait to see you there!



SCAN AND ENJOY OUR 20TH ANNIVERSARY VIDEOS!



DONOR VIDEO



YLC VIDEO



GENERAL VIDEO

THANK YOU BEYOND THE BLUES 2023 SPONSORS

THANK YOU to our 20th Anniversary Beyond the Blues sponsors.

Sponsorship is the backbone of our annual fundraising event. We are so grateful to those listed below who made this event the success that was!

SAPPHIRE LEVEL – \$20,000

Christine & Peter Drake
Meg Fetherston Kasch & Libby Kasch
Billie Kubly
Gail & Jeff Yabuki – The Yabuki Family Foundation

AQUA LEVEL – \$10,000

William & Sandy Heitz Family Foundation
Michael Schmitz

TEAL LEVEL – \$5,000

Continental Properties Company, Inc.
Charles T. & Jean F. Gorham Fund of the Oshkosh Area Community Foundation
The Hauske Family Foundation
Cathy & Paul Luber
Rite Hite Foundation
Rogers Behavioral Health
Kate & John Wasmer
The Sarah & Michael Weiss Family

TURQUOISE LEVEL – \$2,500

Milwaukee Admirals/Anon Charitable Trust
Lisa & Souheil Badran
The Bourne Family

Crescent Grove Advisors
David Michael Darrow Memorial Fund/
Greater Milwaukee Foundation
Nancy & John Dickens/Godfrey & Kahn,
S.C.
Executive Benefits Network – David &
Molly Fritz
Ellen & Richard Glaisner
Ann M. Goris
Sally & Chip Kubly
Marquette University College of Health
Sciences
Bill & Catherine Perez
Waukesha County Community
Foundation/Laura M. Gralton Charitable
Fund
Angela & Ross Williams in memory of
Charlie Kubly

NAVY LEVEL – \$1,000

Anonymous (2)
Gwen & Dan Ambrust
The Bartolotta Restaurants
Kerry & John Bolger
Suzy & John Brennan
Elizabeth & Andrew Bruce
Kathleen & Jim Caragher
Kristine Cleary, Cleary-Kumm Foundation
Jose Carlin Design
Thayre Faust & Friends in memory of Sam
Vertelka
Anna & George Gaspar
Patty & Mike Grebe
Hammes Family Foundation

Susan & Lee Jennings
Mary & Ted Kellner
Stacey & John Koss
Mary Ann & Charles LaBahn
Mary S. Lillydahl
Katie & Mark Mohr
Candy & Bruce Pindyck
Jennifer & Mitchell Prosk
Peggy & Ned Purtell
Pam & Robert Reily
Peggy & Bob Schuemann
Nancy & Greg Smith
Julianne & Stephen Spadafora
Jennifer & Joseph Teglia
Kathleen & Frank Thometz
Debbie & Camp Van Dyke
Ellen & Bob Venable
Brooke & Robert Walker
Mary & Willard Walker
Diane & Ed Zore

DENIM LEVEL – \$500

Ace Enterprises
Amy Argall
Anonymous
Aversa for Her – Bayshore
Bank Five Nine
Sally & Peter Blommer
Ginny Bolger
Deanna Braeger
Maripat & Tom Dalum
Sue & Russ Darrow
Molly & Charlie Dixon
Boots & Dick Fischer

Liz & Rick Gebhardt
The Grebe Family
Marilyn Haker
Libby & Bill Hansen
Sharon & Don Hansen
Diane & Bob Jenkins
Jayne J. Jordan
Susan Kasten
Evelyn Kelly
Julie & John Kennedy
Maryglen & Rob Kieckhefer
Lori Kilian in memory of Debbie Thom
Marlene & John Kreilkamp
Barbie & Ray Krueger
LFF Foundation
Linda & Curt Lundein
MCW Department of Psychiatry &
Behavioral Medicine
Laurie & P. Michael Mahoney
Debbie & John McGregor
Linda & John Mellowes
Kristin & Kerry Rick
Kris & Robert Rick
Mary & John Rickmeier
Julie & Mason Ross
Jen & Todd Schoon
Patty & Peter Schuyler
Barbie Sullivan
Mary & Scott Sullivan
Bonnie & Ned Timarac
Betsy Trimble
Barbara & Bob Whealon
Abby & Scott Williams
Sunny & Sandy Williams
Amy & Devin Wolf

We thank those who donated \$100 up to \$500 as a Blues Backer for our 20th anniversary Beyond the Blues event. These contributions made a huge impact on the bottom line of this fundraiser – THANK YOU!

We apologize in advance for any unintentional omission from these lists; please contact us if you feel there should be a correction, thank you.

Tory & Mike Armitage
Baird Foundation
Vicki & Michael Banaszak
Barbara Cota Bartholin
Ann L. Becker
Julia & Mark Birmingham
Suzanne & Doug Boeckmann
Ridge Braunschweig
Traci & Alan Brown
Mr. Karl Burns
Gretchen & Bill Burns
Nancy C. & William S. Carpenter
Christine & Stanley Cloninger
Barbara Damm
Gordon Davidson Family
Samantha & Stephane Dermond
Barbara & Ken Donner

Katrina V. Dzierzanowski
Christiane Endres
June Ehn
Mary Evans
Barb Faude
Tanja & Tom Felton
Richard Fritz
Mary Fuda
Sue & Brad Gador
Cynthia & Jeffery Garland
Wendy & Thomas Gebhardt
Beverly & Abe Goldberg
Kate & Perry Gould
Mike Halloran
Susan & Phil Henselin
Julie Jaeggi
Mary & Mike Jordan

Tina & Rick Karnes
Kipp Koester
Mary & Jon Lehrmann
Janice & Ben Levy
Elizabeth & Tom Long
The Mahoney Family
Paul McBride
Harriette F. Myers
Julie & Patrick Olson
Ruth & Bruce Peterson
Schauer Family Foundation
Drs. Karen & Terence Schmahl
Michele & Rickard Seesel
Suzanne L. Selig
The John Sheehan Family
Steven C. Smiley
Kate & Jim Sponholz

Lisa Stahl
Tracy & Tom Tavolier
Trish & Joseph Ullrich
Janice & Dennis Waisman
Brenda & Tom Walker
Nancy Weas
Nan & Jerry Welch
Barb & Bob Whealon
Jennifer & Patrick White
Jeanette Zevallos-Zelazoski

CHRISTIAN FAMILY SOLUTIONS



The City of Milwaukee is struggling with an increase in violence, crime, social unrest, and substance abuse, and as a result, trauma-related mental health issues among its youth.

However, mental health care is not readily accessible to many local youth due to a shortage of providers in the area, financial constraints, and the stigma associated with mental illness. The STRONG Milwaukee Center is the only day treatment program in the central city of Milwaukee that serves children younger than 9 years of age. STRONG serves youth with significant mental health disorders that are affecting their behavior, interactions with others, and ability to learn and grow.

At STRONG, we use an evidence-based practice called Trust Based Relational Intervention (TBRI), developed by the Karyn Purvis Institute of Child Development at Texas Christian University. TBRI is an attachment-based, neurological intervention designed to meet the complex needs of children who have experienced adversity, early harm, toxic stress, and/or trauma.



The TBRI Model pays particular attention to the child's background to identify best strategies for increasing healthy attachment patterns, which in turn improves behavioral outcomes.



Dr. Ashley Schoof is the Senior Clinical Director of Child and Adolescent Day Treatment Programming at Christian Family Solutions

Connecting: TBRI engages the entire treatment team - mental health professionals, parents/guardians, and teachers - into the process of **connecting** with the child (a trust-building, attachment-healing process).

Empowering: Once a connection is established, the focus shifts to **empowering** the child (gaining confidence in leaning on trusted adults for assistance while gaining confidence in their own abilities).

Correcting: After connecting and empowering have established newer, healthier neuropathways, **correcting** principles are introduced to help disarm fear-based behavior.

We introduced the TBRI model to STRONG in 2020 and because of the overwhelmingly positive outcomes, we are working to share the model with other child-serving agencies. We present TBRI at schools and professional organizations throughout the state.

Thanks to a grant from the Charles E. Kubly Foundation, we are now able to offer TBRI classes to parents and caregivers of students in our STRONG program. Through these classes, we work to strengthen relationships and help families develop the skills needed to help their children heal.

The results of TBRI are long-lasting and generational. Helping a child become more emotionally and behaviorally stable today means they can stay in school, function within their households, and have better hope for a healthy, balanced future.

PROJECTS FUNDED - FALL 2023

THE CHARLES E. KUBLY FOUNDATION PROUDLY SUPPORTS THE FOLLOWING PROJECTS:

ASCENSION WISCONSIN FOUNDATION

Educational and working retreat for Ascension Oncology Social Workers to discuss trauma related resources, self-care resources, and social work definition and measures/productivity.

CENTER FOR SUICIDE AWARENESS

Resilience training for Police Officers and First Responders.

EDGEWOOD COLLEGE

3 year grant to implement JED Campus programming guided by The JED Foundation.

ERIKA'S LIGHTHOUSE

Funding for a new and updated Teen Toolbox website allowing teens to access reliable and accurate information about mental health and resources.

GREAT LAKES DRYHOOTCH

Funding for collaboration with the Medical College of Wisconsin to create a "train the trainer" peer support program for Veterans and the Quick Reaction Force (QRF) and Opiod Use Disorder Prevention (OUDP).

JORDAN PORCO FOUNDATION

Fresh Check Days programming at 4 Wisconsin colleges – Lakeland University (main campus and Sheboygan campus), University of Wisconsin – Stout and Beloit College.

KRADWELL SCHOOL

Zen Den for Kradwell students' self regulation. A low stimulation area for students to reset, rewind, reflect and renew.

OZAUKEE FAMILY SERVICES

Support of expanded youth mental health programs which include direct services, education and support for youth ages 5-18 living in Ozaukee County, WI.

RACINE FRIENDSHIP CLUBHOUSE

Funding for a Wellness Recovery Action Workshop (WRAP).

SEEDS OF HEALTH, INC.

A grant to enhance school based mental health through training, consultation and stigma reduction.

SHELTER IN THE STORM

Green Bay Southwest High School student-led podcast to discuss mental health topics with resources and clinical guidance.

SIXTEENTH STREET COMMUNITY HEALTH CENTERS

Cultural training bootcamp: Fortifying behavioral health providers with the tools they need to bring meaningful change to the community through culturally sensitive mental health education and resources.

UNIVERSITY OF WISCONSIN, MADISON – UNIVERSITY HEALTH SERVICES

Togetherall pilot implemented on campus for one year. Togetherall is a 24/7, clinically moderated, online peer-to-peer support community..

UWM FOUNDATION

Lubar Entrepreneurship Center Charles E. Kubly Wellness Fellows phase 2. Peer support training and wellness/mindfulness materials developed to support full campus awareness and support of mental health.



THE CHARLES E. KUBLY NEWSLETTER AND WEBSITE DEVELOPMENT IS FACILITATED BY FORESITE GROUP, LLC.

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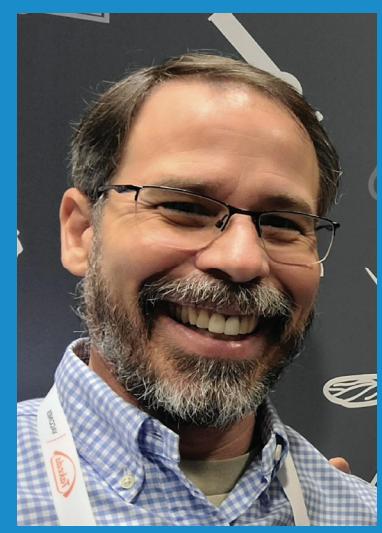
INTRODUCING NEW BOARD MEMBERS

DEAN KNAUSS

Over my almost 40 years of government service, I have served in major conflicts in Iraq, Afghanistan, and Kosovo. I have also served in Germany, South Korea, and many other locations abroad, as well as many state and federal missions state side. These missions ranged from directing artillery, arranging security and logistics to teaching Coalition and US forces as well as disaster relief management. Now as a contractor with the Mission Command Training Program (MCTP), I train soldiers deploying for overseas missions.

In this role, I have responsibility to help manage and participate in five to ten World Class Opposition Force (OPFOR) classified War fighter Exercises annually. Each exercise has a minimum budget of 10 million dollars. We train tens of thousands of soldiers a year. Also my past experience in disaster relief operations with the 35th Infantry Division as a Liaison Officer with the National Guard Bureau for Disaster Assistance Response Team (DART) West prepared me to interface with local authorities to provide assistance for disasters. I participated and led relief efforts for Hurricane Katrina in 2015 and several other events over the last three decades. After retiring from active duty military service, I worked for the city of Mequon as an Emergency Medical Technician (EMT).

My experience in training professionals in and out of the armed forces provides me a unique perspective in resilience. Serving in these high-stress fields has been rewarding and challenging. I would like to share my experience and perspective on suicide-prevention and resiliency strategies as well as my budget and grant management proficiency with the Charles E. Kubly Foundation.



NICK HENGST



Nick Hengst was named Sr. Manager – Investor Relations & Internal Reporting at ManpowerGroup in February 2023. Since his appointment, he has progressively taken on increased responsibilities and is now responsible for overseeing all investor relations activities alongside the Global CEO and CFO. He also oversees the Global Internal Reporting function, which includes oversight of all C-suite, Executive and BOD reporting and related financial analysis, and is heavily involved in all public financial filings as well as all quarterly earnings release activities for the company.

Nick is also directly involved in all merger, acquisition and disposition activity for the Global enterprise.

Since joining ManpowerGroup in 2014, Nick has excelled in multiple roles within the global finance organization and has led projects and advanced strategic initiatives across the Financial Reporting, FP&A and Global Treasury departments.

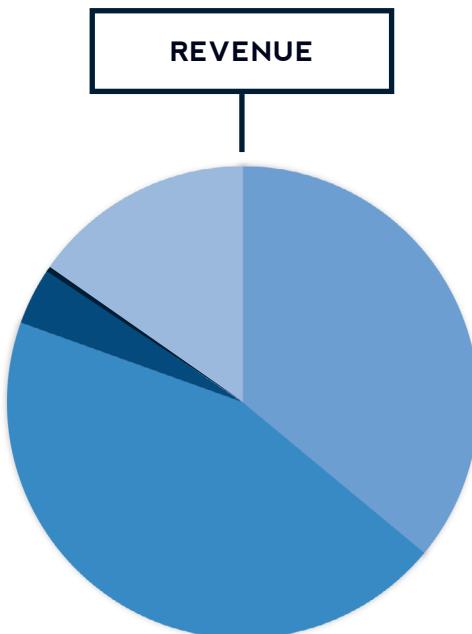
Nick is a graduate of Northwestern College and holds bachelor's degrees in both finance and accounting. He is a native of Cedarburg, Wisconsin and currently lives in the area with his wife.

Nick's financial acumen will serve The CEKF in his role as our Treasurer.

THE CHARLES E. KUBLY FOUNDATION

ANNUAL FINANCIAL REPORT

FY MARCH 2021 - FEBRUARY 2022



TOTAL REVENUE:

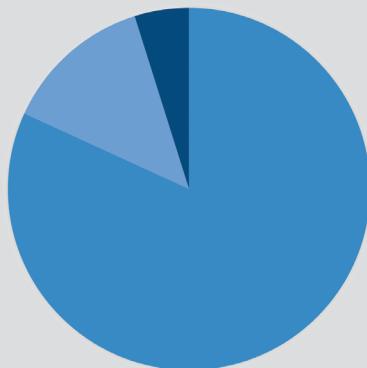
\$365,403

Beyond the Blues	\$190,534
Contributions	\$235,282
Other Events	\$21,336
Interest Income	\$100
Investment Return	\$81,849

EXPENSES

TOTAL REVENUE:

\$461,402



CEFK BY THE NUMBERS

ENDOWMENT RESERVE

\$1 MILLION

CUMULATIVE GRANT DOLLARS GIVEN

\$3.8 MILLION

**GRANTS FUNDED
SINCE INCEPTION**

427

FY 2021-22 DONATIONS RECORDED

664

BOARD OF DIRECTORS

11

YOUNG LEADER COUNCIL MEMBERS

11

THE CHARLES E. KUBLY FOUNDATION

A public charity devoted to improving the lives of
those with depression

The Charles E. Kubly Foundation
1341 W. Mequon Road
Suite 220
Mequon, WI 53092



BOARD OF DIRECTORS

Linda L. Lundeen, President
Lori R. Kilian, Vice President
Nick Hengst, Treasurer
Lily Kubly, Secretary
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Molly Kubly Fritz, Past President
Mark Hansen, PhD
Meg Fetherston Kasch
Evelyn Kelly
Rosa Kim, MD
Dean Knauss
Billie Kubly, Honorary Board Member

STAFF

Kris Rick, Executive Director

SAVE THE DATE

BEYOND THE BLUES 2024

FRIDAY, SEPTEMBER 20TH, 2024

At Discovery World Pier Wisconsin

A Charles E. Kubly Foundation Event - www.beyondtheblues.org