



CHARLIE KUBLY

OUR MISSION

The Charles E. Kubly Foundation seeks to better the lives of those affected by depression by increasing awareness of the disease and its devastating effects, eliminating the stigma associated with it, supporting suicide prevention programs and promoting improved access to quality mental health resources within communities.



WINTER 2022

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THE CHARLES E. KUBLY FOUNDATION

WWW.CHARLESEKUBLYFOUNDATION.ORG

The Charles E. Kubly Foundation marks a milestone!

Since 2003 The CEKF has funded 369 projects totaling over \$3.1 Million!

We couldn't do it without YOU! Your support helps people from many walks of life.

If you attend our annual fundraiser, Beyond the Blues, you get to know a little bit about one highlighted organization and project that was funded within the past year of the event. What you don't get to see are all of the amazing organizations, staff and populations served that your gracious gifts support.

Of course, all of our projects funded since 2003 are listed on our website, but we wanted to take this chance to remind you that you are making such a big difference throughout SE Wisconsin and beyond. The populations that have been served through our grant funding include youth, teens, college students, parents, seniors, veterans, BIPOC, LGBTQ+, men, women, mothers, EMT's, police officers, mental health professionals and spiritual leaders and their communities. We think it's important that you know that you are making a huge impact that is not singularly focused because, as you know, depression does not discriminate.

The health and wellbeing of our communities are dependent on their mental wellness. Strength, resilience and the means to heal or cope are paramount for all of us. Individually, we have our own hurdles to climb, problems to work through or feelings to sort out. And, as a community we have even broader, and sometimes more challenging issues to work through. It takes a village to work on social issues, housing insecurities, pandemics, safety and all of the concerns we feel as a whole.

Your dedication to The CEKF makes a difference in all these areas of concern, and more. We can't thank you enough for your commitment to our mission.

Our most recent Projects Funded are listed on page 4.

BACK TOGETHER AGAIN BEYOND THE BLUES - 2021



IT WAS GREAT TO GATHER AGAIN!

September 2021 gave us beautiful weather and the opportunity to gather safely for our annual fundraiser, Beyond the Blues. Approximately 400 guests enjoyed great music and Bartolotta fare on Milwaukee's waterfront on Friday, September 10th. Willy Porter was our featured musical guest and the Dan Dance Trio provided the right cocktail vibe on the patio.

One of the special highlights of the evening was [the Hoan Bridge lit blue and yellow in honor of our event](#). We hope our guests and Milwaukee enjoyed that visual treat. The bridge is so uniquely Milwaukee!



We cannot thank our sponsors, donors and guests enough. Many attendees were from the important organizations that were funded in the prior two grant cycles. We are proud to have had them there!

The Foundation was able to raise over \$214,000! We are grateful as this is our largest gross profit from the event since our inception in 2003. These funds will get right back in your communities as grants to those doing the important work in helping those affected by depression.



Please take a look at our Sponsor and Blues Backer lists, and save the date for Beyond the Blues 2022. This will be our 19th event to be held at Discovery World Pier Wisconsin on Friday, September 16th.

SEE YOU THERE!

SAVE THE DATE FOR

BEYOND THE BLUES 2022

AT THE BEAUTIFUL PAVILION

Discovery World Pier Wisconsin
Friday, September 16th

THANK YOU BEYOND THE BLUES 2021 SPONSORS

SAPPHIRE LEVEL – \$20,000

Colony Brands, Inc.
Meg Fetherston Kasch & Libby Kasch
Billie Kubly

AQUA LEVEL – \$10,000

William & Sandy Heitz Family Foundation
Julie & David Uihlein –
in memory of Chucker Aring

TEAL LEVEL – \$5,000

Continental Properties Company, Inc.
Jean & Charlie Gorham
Sandy & Dennis Kuester
National Center for Housing
Management Charities
Michael Schmitz
Kate & John Wasmer
Cathy & Mike White

TURQUOISE LEVEL – \$2,500

Crescent Grove Advisors
Executive Benefits Network
Cookie Goris
Hauske Family Foundation
Tena & Scott Holan
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Beth & Will Kubly
Sally & Chip Kubly
Anne Luber
Milwaukee Admirals
Betsy & Patrick O'Brien
Catherine & Bill Perez

Power Test, Inc.
Peggy & Ned Purtell
Rogers Behavioral Health
Angela & Ross Williams

NAVY LEVEL – \$1,000

Sally Blommer
Kerry and John Bolger
The Bourne Family
Kathleen & Jim Caragher
Jose Carlino Design
Children's Wisconsin
Mary & William Cullinan in memory
of Patrick Mullins
Alberta Darling
Sue & Russ Darrow
Patsy & Paul Ellsworth
Samantha Erickson & Friends
Thayre Faust & Friends in memory
of her son Sam Vertelka
Katie Frommelt & Friends in memory
of Garrett Kelley
Kim & Dan Geigler
Godfrey & Kahn, S.C.
Linda & Scott Haag
Ann & Jon Hammes
Susie Hawkins in memory of Debbie Thom
The Hutchinson Family
Susie & Lee Jennings
Susan Kasten
Dr. Rosa Kim & Dr. Matthew Kleban
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Kopmeier Family Fund
Laura & Pat Koppa
Mary Ann & Charles LaBahn
Mary Lillydahl

Cathy & Paul Luber
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of Billy Parks
Candy & Bruce Pindyck
Dr. John & Mrs. Maggie Raymond
Pamela & Robert Reilly
Mary & John Rickmeier
Peggy & Bob Schuermann
Nancy & Greg Smith
Julianne & Stephen Spadafora
Joy Tector
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Mary & Chris Tomehl
Debbie & Camp Van Dyke
Jen & Jim Walker
Brooke & Robert Walker
Mary & Willard Walker
Carol K. Wythes
Diane & Ed Zore

DENIM LEVEL – \$500

Ace Worldwide Elite Relocation
Services/Steinergroup
Amy L. Argall
Susie & Steve Auchter
Bank Five Nine
Joan Bell
Dan Bird
Kerry & John Bolger
Mary & Jeff Brown
Gretchen & Bill Burns
Michael Burton
Kristine Cleary & Peter Coffey
The Difference Principle

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Ellen & Richard Glaisner
Pamela & Tom Goris in honor
of the Kubly & Kelley families
Kelly & Michael Grebe
Marilyn Haker
Evelyn Kelly
Maryglenn Kieckhefer
Lori Kilian in memory of Debbie Thom
Stacey & John Koss
Beth & John LaFond
Margaret & William Lidstone
Linda & Curt Lundeen
Debbie & John McGregor
Barbara & Henrik Moe
Jennifer & Mitchell Prosk
Kris & Robert Rick
Kristin Rick & Friends
Elizabeth Robbins
Julie & Mason Ross
Jen & Todd Schoon
Patty & Peter Schuyler
Barbie Sullivan
Susan & Stacy Terris
Betsy Trimble & Family
Ellen & Bob Venable
Barb & Bob Whealon
Abby & Scott Williams
Amy & Devin Wolf

Thank you 2021 Blues Backers for supporting our event with a contribution of \$100 or more. We also thank our anonymous donors and many loyal donors who have contributed in the past.

We apologize in advance for any unintentional omission from these lists; please contact us if you feel there should be a correction, thank you.

Mrs. Robert (Janet) Ableman
Molly Abrahams
Barb & Tim Aik
Gwen & Dan Armbrust
Jeffrey Ballentine
Vicki & Michael Banaszak
Mary Jane & Mark Baumgartner
Polly & Robert Beal
Ginny Bean
Suzanne & Doug Boeckmann
John Bonnell
Heather & Charles Brennan
Traci & Alan Brown
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Marlene J. King Burris
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Marian & Mike Carroll
Robert Chayer
Christine & Phil Cloninger
Kemp Collings
Leslie & Mark Collings
Cissie & Gholi Darien
Sue McKenzie Dicks
Joanne & Tom Dixon
Barbara Donner

Kate Dzierzanowski in honor of Molly Fritz
Peg & Jerry Edquist
Richard Ela
Boots & Dick Fischer
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Wendy Francour
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Monica Quesnell
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Connie & Reik Read
Kristin & Kerry Rick
Nancy & Mike Roos
Shelly & Dick Seesel
Kristin & John Sheehan
William Sinsky
Steven C. Smiley
Willy Stalle
Sarah Stark in memory of Bill Stark
Stress Management & Mental Health Clinics
Gail & Jose Teigeiro
Liz & Chris Terris
Catherine & Randy Tetzlaff
Anne Tidmore
Anne & Blair Wangman
Ann & George Whyte
Amy & Devin Wolf

GRANTEE SPOTLIGHT

CENTER FOR SUICIDE AWARENESS



BARB BIGALKE

The Center for Suicide Awareness is grateful to work with The Charles E. Kubly Foundation. Our team was honored to be trained in New Jersey and then again in Wisconsin by the FBI Academy in The Comprehensive Officer Resilience Program. We gained the certification as Master Resilience Trainers. This grant will allow The Center for Suicide Awareness to bring this training to law enforcement, first responders, and EMS. This training is more than a poster on the wall, it is to bring self-awareness to the trauma these types of jobs bring.

The training was created by subject matter experts in academia, the Air Force, and law enforcement. The four domains are the areas of a person's life that capture the totality of how they experience and relate to others and themselves and being fit across the four domains will lead to a more resilient individual. These are the key characteristics in an individual that foster resilience. They include:

- **Mental** – the ability to effectively cope with unique mental stressors and challenges
- **Physical** – the ability to adopt and sustain healthy behaviors needed to enhance health and wellbeing
- **Social** – the ability to engage in healthy social networks that promote overall wellbeing and optimal performance
- **Spiritual** – the ability to strengthen a set of beliefs, principles, or values that sustain an individual's sense of wellbeing and purpose

Why is this important? According to Blue Help, an organization that tracks Law Enforcement Suicides, **the State of Wisconsin has had at least 24 law enforcement suicides since 2015.** First responder and law enforcement suicides are not always reported accurately therefore the number of suicides is potentially much higher than we have data for.

This training allows the Center for Suicide Awareness and other partners to collaborate and **bring mental health and wellness to the forefront of how we fight suicide.** Resiliency and wellness is the key to providing Officers and first responders the tools and ability to talk about mental health and wellness and to have the courage and ability to ask for help. We want our front line to show up in the best resilient manner they can.

When an Officer or First Responder does ask for help, we spring into action and provide the tools, resources, we have referrals for them to seek counseling and other services to ensure that they feel safe in sharing their vulnerability. Our mission is to coach, guide, and mentor others in developing their self-awareness, and self-regulation. Through this training, we have already seen the amazing results from Law Enforcement and First Responders who have reflected on their trauma and reached out to us to say "we need help". Through gratitude, humility, and, most of all, hope we are confident this program is effective and will continue to save lives.

The Charles E. Kubly Foundation is instrumental in providing the most resilient front line in today's trying times for our law enforcement and first responders.



PROJECTS FUNDED - FALL 2021

THE CHARLES E. KUBLY FOUNDATION PROUDLY SUPPORTED THE FOLLOWING PROJECTS:

ALL-IN MILWAUKEE

Training for the unique needs of the All-In Scholar Advisors and foundational knowledge on trauma and the integration of trauma responsive practices to ensure the long-term success of students in their college completion program.

CENTER FOR SUICIDE AWARENESS

This project will allow for CSA to provide evidenced based training to first responders and law enforcement in SE Wisconsin.

GLENDALE POLICE DEPARTMENT - WISCONSIN

Funding for 6 WRAPS restraint systems. These WRAPS improve the method of safely restraining individuals, eliminating the chance for self-harm. For those in a mental health crisis, the WRAP helps protect these individuals and provide safer transportation to either a hospital or mental health facility.

GRAND AVENUE CLUB

Technical and other equipment needs to improve the services available near the Membership, Employment, Education unit and library. GAC provides adults who have experienced mental illness with pre-vocational, employment, educational, recreational and cultural opportunities so that their lives will be more purposeful and satisfying.

JORDAN PORCO FOUNDATION

Funding for Wisconsin Fresh Check Days. FCD is the signature program of the Jordan Porco Foundation. It is a college campus, fair-like program that builds a campus community around mental health and suicide prevention through engaging peer-to-peer education.

MENTAL HEALTH AMERICA OF WI

Prevent Suicide Wisconsin Annual Conference Support. The PSW conference is targeted towards mental health professionals, educators, public health leaders, advocates, survivors, peer specialists and others working in various suicide prevention roles in their community.

ORBAN FOUNDATION FOR VETERANS

Funding for rural outreach to veterans and military families specifically regarding depression and suicide. Funding would also help to upgrade current podcast quality to reach rural communities more effectively.

REDGEN

Friend2Friend: Emotional and mental wellness health education simulation for REDgen student leaders within schools.

ROGERS INHEALTH

WISE (Wisconsin Initiative for Stigma Elimination) Mental Health Symposium – The Intersection of Race & Mental Health.

ST. MARCUS LUTHERAN SCHOOL

Curriculum and program development, along with materials for pilot art therapy program at St. Marcus main campus middle school.

SAFE COMMUNITIES MADISON-DANE COUNTY

Funding to partner with the Dane County based construction companies and stakeholders to identify and implement suicide prevention curricula and approaches to tackle high rates of suicide among those employed by construction industry.

SIRONA RECOVERY

Funding for program costs of the COPE Line Program which serves SE Wisconsin.

SIXTEENTH STREET COMMUNITY HEALTH CENTERS

Equipping behavioral health providers with suicide prevention training. Funds would be used in support of professional development opportunities for 70 of SSCHC behavioral staff in the topic area of suicide prevention and its risk factors.

WISCONSIN VETERANS NETWORK

Funding to implement the Expiration Term of Service (ETS) Sponsorship program. The program centers on a personal relationship between the service member, who is leaving the military, and the sponsor, who is trained and certified, empathetic and dedicated to helping the service members and family members.



**THE CHARLES E. KUBLY
NEWSLETTER AND WEBSITE
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WHAT'S NEW AT CEKF



PLEASE WELCOME OUR NEWEST BOARD MEMBER,

THAYRE FAUST

Thayre joined The CEKF Board of Directors in Spring of 2021. Thayre lives in Pewaukee, WI with her husband. She has three children from a previous marriage. Thayre retired in 2021 from a thirty plus year career in IT. She currently cherishes her personal time on a self-prescribed SOULbattical. She is currently leaning into more activities and volunteering for programs that help make the world better and encourages others to just "be kind".

Having lost loved ones to suicide, most recently her youngest son, Sam Vertelka, Thayre has a passion to reduce the stigma around depression and is an advocate for mental health and wellness. She co-facilitates a suicide survivor support group and makes time to support others on the grief journeys. Working with the Foundation is an opportunity to collaborate within the local community to provide more resources to create a safe and better future for those affected by depression and/or suicide.

The CEKF is grateful to have her on board!

BREW CITY CHARITY OPEN DONATES \$8,400 TO THE CHARLES E. KUBLY FOUNDATION

It was windy and cold on January 8th at The Town Club in Fox Point. But, that didn't stop 72 paddle tennis players from Milwaukee, Madison and Chicago from competing in their favorite wintertime sport in support of two charities, Make-A-Wish Wisconsin and The Charles E. Kubly Foundation. The fundraising event, hosted by The Town Club, is in its 6th year and is more than a bunch of guys that love the game; it's an opportunity for them to Paddle with a Purpose, as the mission statement implies. The Foundation is grateful to be chosen as one of the Brew City Charity Open 2022 recipients of their fundraising efforts. It looks like the event was a fun way to conquer the winter blues.

A BIG SHOUTOUT TO KOMATSU GROUP

Who put on a holiday social gathering at Café Hollander in Wauwatosa. Impact members enjoyed food, beverages and were able to bid on some fun silent auction items.

It was great to share the mission of The CEKF at all of these Winter gatherings.

A SPECIAL THANK YOU TO THE BLACKWOOD BROTHERS

December brought in colder nights but the vibe was warm and cozy at Blackwood Brothers restaurant on December 6th, 2021. YLC member Brittany Rosales created a delicious fundraising dinner event with her friends at Blackwood Brothers in Bayview, WI. We are SO grateful to everyone who came and to Brittany for putting together this lovely event! The food was delicious!





THE YLC HAS SOME GREAT THINGS HAPPENING!

CHICAGO "CHARLIE'S DAY" EVENT

The Young Leaders Council is excited to announce a Chicago "Charlie's Day" event at Joe's on Weed Street in Chicago on Saturday, February 26th from 1pm-5pm. This will be hosted in their main room!

Eventbrite tickets are \$40 + tax/fees and include:

- An open food buffet
- 4 hours of fun & mental health awareness at Joe's on Weed
- A \$15 dollar donation per ticket goes to The CEKF and our mission of improving the lives of those affected by depression.

Drinks will be sold separately. Joes on Weed will have a list of 3 different drinks that also donate \$1-\$2 dollars to CEKF at the event! These will be announced once they are finalized and will be on display at the bar.

We look forward to seeing everyone in person in Chicago!

WELCOME TO OUR NEWEST YOUNG LEADERS COUNCIL MEMBERS



SHANNON BUSHMAN



ADAM KARNES



GEN KLINKER



CONOR QUICK



JAY ZUEHLKE

NOT PICTURED DAN MAU

2ND ANNUAL YOUNG LEADERS COUNCIL GOLF OUTING:

Save the date for our 2nd annual golf outing on June 11th at Silver Spring Golf Course!

Sponsorships are available at \$150 or \$300! If interested, please reach out to Lily Kubly at lkubly@charlesekublyfoundation.org. A ticket link will be available via our social media and website when available. MORE DETAILS TO FOLLOW!

A THANK YOU TO OUR FACEBOOK FRIENDS AND THEIR FUNDRAISING EFFORTS!

- Terry Casey
- Thayre Faust – in memory of Sam Vertelka
- Gabrielle Hamilton
- Ann Moran Lecher – in memory of Max Pulos
- Samantha Lubert
- Jim Schmidt

We are so grateful for these gifts! Follow us on



THANK YOU

We would like to thank the families of John "Cap" Borges and Austin James Dale for their request that memorial contributions should benefit The Charles E. Kubly Foundation. We are honored by their gifts.

THE CHARLES E. KUBLY FOUNDATION

A public charity devoted to improving the lives of
those with depression

The Charles E. Kubly Foundation
1341 W. Mequon Road
Suite 220
Mequon, WI 53092



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SAVE THE DATE FOR

BEYOND THE BLUES 2022

FRIDAY, SEPTEMBER 16TH 2022

At Discovery World Pier Wisconsin

A Charles E. Kubly Foundation Event - www.beyondtheblues.org