



CHARLIE KUBLY

OUR MISSION

The Charles E. Kubly Foundation seeks to better the lives of those affected by depression by increasing awareness of the disease and its devastating effects, eliminating the stigma associated with it, supporting suicide prevention programs and promoting improved access to quality mental health resources within communities.

THE CHARLES E. KUBLY FOUNDATION

WWW.CARLESEKUBLYFOUNDATION.ORG

A Message from New Board President, Linda Lundeen

What an honor to serve as new Board President of this incredible Foundation. I certainly have some big shoes to fill as Molly Kubly Fritz steps aside to become Past President. Molly served as President for more than 9 years and kept the Foundation running ever so smoothly and with purpose. She hands over the reins with a solid endowment in place and dedicated board members and staff. Though her title has changed, I know she will continue her vigilant and tireless efforts to maintain the CEKF mission to better the lives of those affected by depression and increase awareness of the disease and its devastating effects. Molly is an inspiration to all, and we certainly appreciate her leadership and contributions since the Foundation's inception in 2003. Thank you Molly!

When the Foundation launched 18 years ago, I remember thinking to myself how brave the Kubly family was for publicly discussing a disease riddled with stigma. I wanted to be a part of the discussion, as I too had suffered from depression, and knew all too well that, at the time, it wasn't socially acceptable to talk about it. Both my parents battled depression, and I had lost both my best friend at the early age of 25, and brother-in-law to suicide. These personal and devastating experiences were the reasons for seeking involvement with the Kubly Foundation. There are so many stories to be told and a lot of work to be done. I wanted to make a difference, and in a way, found my calling. I eventually became a Foundation board member in 2009. I have seen phenomenal growth with the Foundation, and it's been so gratifying to be a part of an organization which positively impacts so many people in need of mental health resources. I look forward to representing the Foundation and request your continued support in talking about this insidious disease until the stigma of depression and mental illness is eradicated for all.

2020 certainty had its challenges and I speak for everyone when I say it's great to be back in full swing attending events. We had quite a successful first-time golf outing produced by The Foundations' Young Leaders Council (YLC). Read all about it on page 2. And our annual Beyond the Blues event returns live and in person at our favorite venue, Discovery World Pier Wisconsin Pavilion September 10th. Tickets are currently on sale. Visit www.cekf.org for more information.

Please join me and the CEKF Board of Directors on congratulating Kris Rick on her recent appointment to Executive Director of the Foundation. Kris is featured on page 2 as well. Her experience and dedication to The CEKF will serve us and the community we support well!

SUMMER 2021

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A WARM WELCOME

TO OUR NEW EXECUTIVE DIRECTOR

KRIS RICK- OUR NEW EXECUTIVE DIRECTOR

She's familiar to many of you as she has been the Business & Events Manager at The CEKF for 7 years. In February of this year Kris stepped into the E.D. role at the Foundation. Her experience and dedication to the growth of the CEKF are greatly appreciated by our leadership.

Kris lives in Port Washington with her husband, Robert. She enjoys family and friend time, along with adventures in the northwoods of Wisconsin, travel, live music, long walks and reading. She attended Northwood University in Midland, Michigan.

Kris will be focusing on our new grant management software launch of SurveyMonkey Apply in the near future, and continue to work on project funding with grantees, event planning, Board development and the business functions of the Foundation. Congrats Kris!



A BIG THANK YOU TO OUR SPONSORS

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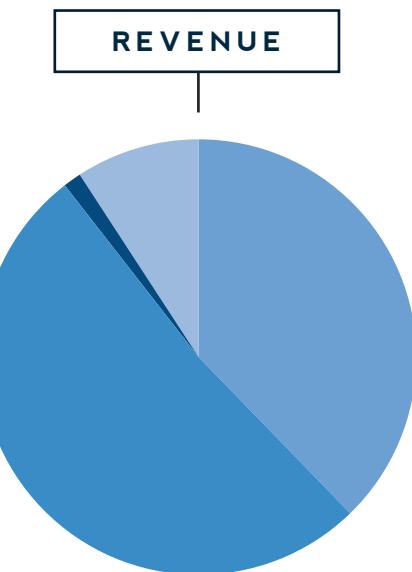
YOUNG LEADER COUNCIL GOLF OUTING RECAP

Saturday June 19th turned out to be a perfect day for golf and the Charles E. Kubly Foundation held its first annual golf outing at Silver Spring Golf Club in Menomonee Falls. The event was nearly sold out with 136 golfers attending. After a great day on the links, attendees sat down for dinner with 1st, 2nd and 3rd place teams announced and prizes distributed. There was a fun raffle with items ranging from a foursome of hockey tickets to the Fiserv Forum Holiday Hockey Classic to a "candy tower" donated by Jose Teigeiro of SPI.

Over \$8,400 was raised for the Foundation! This event was put on by several members of the CEKF's Young Leaders Council. Their goal of bringing awareness of the CEKF mission and fundraising was accomplished!

SAVE THE DATE FOR NEXT YEAR - JUNE 11TH 2022!

THE CHARLES E. KUBLY FOUNDATION
ANNUAL FINANCIAL REPORT
MARCH 2020 - FEBRUARY 2021



TOTAL REVENUE:

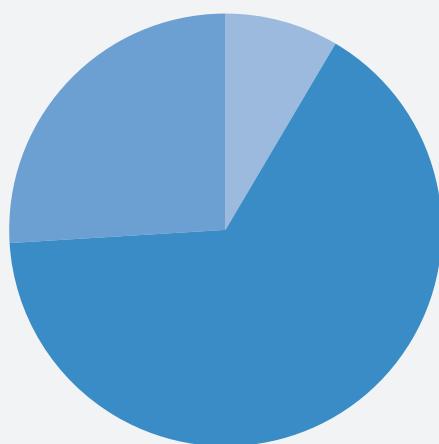
\$430,079

Beyond the Blues	\$197,378
Contributions	\$182,899
Released from Restriction	\$48,583
Other Special Events	\$1,219

EXPENSES

TOTAL EXPENSES:

\$413,694



CEKF BY THE NUMBERS

**ENDOWMENT RESERVE
\$1 MILLION**

**CUMULATIVE GRANT DOLLARS GIVEN
SINCE INCEPTION
\$3 MILLION**

**GRANTS FUNDED
SINCE INCEPTION
354**

**2020-21 DONORS
625**

**BOARD DIRECTORS
9**

**YOUNG LEADER COUNCIL MEMBERS
11**

PROJECTS FUNDED - SPRING 2021

THE CHARLES E. KUBLY FOUNDATION PROUDLY SUPPORTS THE FOLLOWING PROJECTS:

ART WITH IMPACT

Voices with Impact 2021 film festival with five winning films that focus on mental wellbeing and living with mental illness. Post-festival, the films are shared with mental health professionals and academic institutions in partnerships that leverage art to create opportunities for prevention and early intervention of mental illness.

CENTRO HISPANO OF DANE COUNTY, WISCONSIN

Support of a multimedia campaign (all in Spanish) to reach Latinx families in and around Madison, Wisconsin in hopes of reducing stigma associated with mental health and to support those dealing with depression and anxiety.

CONCORDIA UNIVERSITY

Phase 3 of Concordia University's Mequon, WI campus comprehensive system (programs and policies) that works to improve student's emotional health and wellbeing. This phase uses the JED Foundation's JED Campus protocol.

ERIKA'S LIGHTHOUSE

A realignment of current mental health curriculum offered to school districts and implemented in their Teen Empowerment Clubs, Professional Development and Family Development programs. This will be a three-tiered program for different grade levels that utilizes the same language and approach.

EX FABULA

An event and media campaign to help local community members craft their personal stories involving mental health and share them in "story slams" throughout the community.

FEAST OF CRISPAN

Funding for their 2021 annual production of The Honor Flight. This production will be told from the perspective of Wisconsin Viet Nam Veterans detailing the trauma and healing that was part of their deployment experience.

INSTITUTIONAL MINISTRIES, INC.

Support for a one-day event in western Wisconsin called "Faith-Inspired Knowledge is Power". This presentation included QPR training, and discussed the topics of Moral Injury, Domestic Abuse and Victimization.

KRADWELL SCHOOL

A grant to provide art supplies including a clay wheel for the Art Therapy room. This room provides "in the moment" support to students and art therapy is a proven activity that helps them express their emotions and promotes healing for those who have anxiety, depression or survived trauma.

MENTAL HEALTH AMERICA OF WISCONSIN

Funding for a novel resource called The Prism Project which connects peer specialists with LGBTQ+ youth in an effort to provide mental and emotional support through mentorship.

NAMI RACINE COUNTY

An expansion of NAMI mental health programming in western Racine county. The project will expand NAMI's signature peer support groups; provide monthly educational speaker series panels and "Ending the Silence" in its three versions (for students, educators and families).

ROCKETSHIP SCHOOLS

This grant will provide "in the moment" trauma informed coaching and support. The support is for students, teachers and school leaders at their Northside campus, Rocketship Transformation Prep.

WARMLINE, INC.

A grant to strengthen the capabilities of the Warmline by providing cell phones, updating their website and creation of a confidential tracking system for calls for data analysis and, if needed, to connect callers to a crisis number.

WOMEN OF WORTH (THROUGH ASCENSION ALL SAINTS HOSPITAL FOUNDATION)

Funding for Women's Health Education, Parenting and Nurturing Programs. The staff of the WOW program work with women to develop their own treatment plans and provide several opportunities to learn skills that will develop their emotional health and tools for better day-to-day living.



THE CHARLES E. KUBLY
NEWSLETTER AND WEBSITE
DEVELOPMENT IS FACILITATED BY
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EVERY CHILD NEEDS SOMEONE IN THEIR CORNER

CEKF SUPPORTS KIDS MATTER

Milwaukee County is experiencing record-breaking homicide rates ending 2020 with 189 homicides. This nearly doubled the figure from 2019 and smashed the previous record by nearly 15%. Many of these homicides leave surviving children behind, struggling with grief, loss, depression and even PTSD symptoms if they were present at the crime.

Until now, no one was asking, "How are the children who lose a loved one to homicide? How do we make sure that they get help?" Thanks to support from the Charles. E. Kubly Foundation, KIDS MATTER is here to provide a helping hand to kids who lose a parent or caregiver to homicide.

Your grant funds make it possible for us to welcome Cornelius Smith to KIDS MATTER to support our Emotional Support for Youth Homicide Survivors project. A full-time Trauma Specialist dedicated to working with children impacted by homicide, Cornelius has extensive experience in trauma-focused crisis counseling and family engagement in managing depression.

"I have supported more families impacted by homicide and drug overdoses than ever before," he said. "The grief and loss experienced by every member of the family is so different. Kids are particularly vulnerable because they don't always know how to process grief. I appreciate that the Kids Matter philosophy is to really listen and to respond with empathy and understanding."

Take Tonya and her grandchildren for example. The two preschoolers are now in her care after their mother, Tonya's daughter, was killed in a domestic violence

homicide. In addition to providing crisis counseling, Cornelius connected Grandmother Tonya with resources to help with funeral expenses and our staff attorney helped her establish guardianship over the children so she could make medical and educational decisions.

"I love the multidisciplinary approach of Kids Matter," Cornelius said. "Every member of the team has expertise in understanding a specific component of the system. Together we can guide families as they approach so many systems they are unfamiliar with and often don't trust."

On a particularly challenging day, Tonya called in tears. Cornelius provided immediate crisis counseling to help deescalate a situation with the children who greatly missed their mother. A trusted member of Tonya's support system, Cornelius developed a self-care plan with Tonya so she can be physically and mentally available to help the children heal and thrive.

The forgotten casualties of Milwaukee's growing homicide rate are the child survivors left behind. We are grateful to the Charles E. Kubly Foundation for ensuring KIDS MATTER can help end the cycle of violence for these young victims and provide them with hope for a better tomorrow.

Note: We hoped that the record breaking high rate of homicides in Milwaukee would slow down with COVID restrictions easing. Sadly, this trend is continuing in 2021.

SUSAN CONWELL, JD



CORNELIUS SMITH



SUSAN CONWELL, JD



THANK YOU 2020 – 2021 DONORS

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please contact us if you feel there should be a correction, thank you.*

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THANK YOU

We would like to thank the families of Joy Butterfield and Hudson Parys for their request that memorial contributions should benefit The Charles E. Kubly Foundation. We are honored by their gifts.

THE CHARLES E. KUBLY FOUNDATION

A public charity devoted to improving the lives of
those with depression

The Charles E. Kubly Foundation
1341 W. Mequon Road
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