

CHARLIE KUBLY

OUR MISSION

The Charles E. Kubly Foundation seeks to better the lives of those affected by depression by increasing awareness of the disease and its devastating effects, eliminating the stigma associated with it, supporting suicide prevention programs and promoting improved access to quality mental health resources within communities.

THE CRISIS BEHIND THE WORDS



Dr. Jon Lehmann,
CEKF Medical Advisory Board

THE CHARLES E. KUBLY FOUNDATION

WWW.CHARLESEKUBLYFOUNDATION.ORG

Words. So many words. More often now, we read the words depression, anxiety, stigma, suicide and often, especially in headlines, "crisis".

We're familiar with some of the headlines around mental illness and suicide. Billie Kubly's article on the next page mentions these as well. In 2019, we've seen headlines like:

Kids in Crisis: You're Not Alone (USA Network-Wisconsin, series ongoing since 2016)

Teen Suicide Prevention Can Be Hard to Find Across USA (Milw Journal Sentinel, 5/15/19)

Dairy Farmers are in Crisis (Milw. Journal Sentinel, 2/21/19)

VA Officials, and the Nation, Battle Unrelenting Tide (New York Times, 4/14/19)

These articles spotlight statistics around the suicide and mental health crises in the U.S. and for specific demographic groups. Veterans, farmers, LGBTQ youth, teens, and middle-aged men are groups with higher suicide rates which have been featured in recent articles.

There is a different crisis too—one of access to scarce mental health resources.

Dr. Jon Lehmann of the CEKF's Medical Advisory Board coauthored a 2018 article in WMJ with Medical College of Wisconsin colleagues in which he quoted the following statistics:

- 68 of 72 Wisconsin counties have inadequate numbers of psychiatrists to meet population needs. 49 of Wisconsin's 72 counties lack an outpatient child psychiatrist.
- Wisconsin is only meeting 20.8% of the state's mental health needs, ranking it 49th of 50 states.
- Wisconsin is worse than most states in its per capita workforce of all types of mental health professionals: nurses, social workers, psychologists and psychiatrists.
- By 2024, a minimal shortage of 14,000 psychiatrists nationwide is projected.
- An industry analysis of 42 million insurance claims between 2013-2015 revealed that psychiatrists were paid an average of 20% less than their primary care and medical/surgical peers when the same service was delivered using the same billing codes.

Dr. Lehmann and his colleagues go on to explain initiatives that MCW is undertaking to address these shortages and improve access. (To see the full article and citations, go to www.wisconsinmedicalsociety.org, choose WMJ, and access back issue Volume 117, No. 3.)

The Charles E. Kubly Foundation also ranks access to resources as one of its key priorities. The Foundation's efforts have ranged from helping launch a pilot to integrate mental health into a primary care clinic to funding a searchable, updated online resource directory maintained by Mental Health America of Wisconsin and providing grants for implementation of telepsychiatry for both Sixteen Street Community Health Centers and Milwaukee Center for Independence.

Through your donations to the CEKF, you are impacting accessible resources for Wisconsin residents. Thank you for that critical support!

Ann Homstad
Executive Director

SUMMER 2019

INSIDE:

01. BILLIE'S CORNER 01. CEKF IMPACTS EARLY CHILD CARE 05. CHARLIE'S NIGHT RECAP 05. ENDOWMENT UPDATE



BILLIE'S CORNER

Happy summer everyone! Our journey started 15 years ago after the loss of our son/brother to the disease of depression. Tragic as it was and will always be, we felt it very necessary to bring this disease out into the open.

It was very gratifying at our first Beyond the Blues to see the turnout. I was so nervous that no one would attend. You not only attended, gave us your support, your interest and your donations but you remain loyal to this this day which means so much. It has allowed us to give support to so many out there who are living with this disease.

I remember distinctly telling you it was predicted by the medical community that by year 2020 suicide would be the second leading cause of death behind heart disease. In 2004 the number in the U.S. was 32,498. Today 45,000 Americans take their lives each year. Heart disease and cancer death rates declined these past 25 years, but suicide rates are going up. I also remember telling you over the years that our teachers need to understand mental illness AND so do our religious leaders.

Reading the Wall Street Journal recently, I found an article entitled "Is God the Answer to the Suicide Epidemic?" by Ericka Andersen. I'd like to paraphrase some of her thoughts. "Our policy makers and

medical experts are always searching for suicide prevention practices, but one approach is as old as civilization itself: religious faith. Encouraging the most vulnerable Americans to attend religious services just might reduce the suicide rate." Doctors will tell you that their patients that have faith or spirituality heal faster and are happier. At Rogers Behavioral Hospital they have a chapel and I'm told it's very meaningful to many of their patients.

I am not implying that this is the answer alone. However, it should be incorporated into treatment along with prescribed medication and appropriate therapy. As Andersen writes, "A house of worship is a transcendental doctor's office offering preventive care, group therapy and a healing hope."

Faith and science can go hand in hand. The scientific research being done by scientists at Marquette and Froedtert is most exciting. I'm hoping that they will be the first in the country to come up with the breakthrough that we need. I am thankful for them.

Thanks also to the hard-working professionals who try to make a difference for these patients. We need more of them. And, most of all, I am so grateful to all our supporters.

Love, Billie (Charlie's Mother)

CEKF MAKES IMPACT ON EARLY CHILDHOOD CARE

Recently a CEKF grant made it possible for 100 local childcare professionals to attend the UWM School of Continuing Education's 2019 Early Childhood Director Day and Preconference events. The focus of the April conference was to increase awareness and understanding of trauma-informed care and trauma responsive practices within the childcare workforce.

The CEKF grant funds were used to provide scholarships to attend one or both days, pay for speakers and provide resources to attendees. Many participants had never had the opportunity to attend a conference before. Scholarship recipients came from 18 different zip codes and were recruited by door-to-door outreach efforts and collaboration with community partners in addition to traditional marketing.

This passage from UWM's grant application explains why understanding trauma in young children is so important:

A wealth of research has shown that children are particularly vulnerable to trauma because of their rapidly developing brains. Over time, traumatic experiences have a significant impact on a child's future behavior, emotional development, mental and physical health (Stein, 2003 {Erik Erikson}). Research indicates that stressors and hardship in childhood, such as that caused by abuse, neglect, exposure to violence and mental illness in caregivers, can alter the brain architecture of a developing child. Those physiological changes, in turn, raise the risk of cognitive and developmental delays, physical health problems such as diabetes and heart disease, and behavioral and mental health problems such as substance abuse and depression.

Understanding the effects of childhood trauma and addressing it early with appropriate services is critical and early childhood professionals are uniquely positioned to do this. That's why the CEKF is proud to have supported this conference and its scholarship participants.



THE CHARLES E. KUBLY
NEWSLETTER AND WEBSITE
DEVELOPMENT IS FACILITATED BY
FORESITE GROUP, LLC.

BRAND • SOCIAL • WEB • DESIGN
FORESITEGRP.COM



SCHOOL OF
CONTINUING
EDUCATION

PROJECTS FUNDED SPRING 2019

THE CHARLES E. KUBLY FOUNDATION PROUDLY SUPPORTED THE FOLLOWING PROJECTS:

CONCORDIA UNIVERSITY

Funding for the creation of a SMART (Stress Management, Anxiety and Resilience Training) Lab on the Concordia University campus in Mequon, WI. Modeled after a successful lab at The Ohio State University, this will become a key resource in Concordia's plan for student mental health and suicide prevention.

JACOB'S SWAG

A grant toward development of a phone app that will link middle and high school students in an initial 11 Southern Wisconsin school districts to local and national mental health resources using the universal spotlight colors of red (crisis), yellow (warning signs) and green (mindfulness, breathing and other helpful activities).

KENOSHA COUNTY DIVISION OF AGING & DISABILITIES

Funding for 15 people to complete Mental Health First Aid training to become certified to teach others. Mental Health First Aid is a national program which gives people the skills to identify, understand, and respond to the signs of mental illness and substance abuse disorders. The new trainers along with a project coordinator will go on to provide trainings in the community to a range of constituencies including health care providers, law enforcement, churches, college staff & students. The goal is to train 360 people between October 2019 and September 2020.

MILWAUKEE CENTER FOR INDEPENDENCE (MCFI)

A CEKF grant will fund telepsychiatry equipment for implementation at MCFI's Crisis Resource Centers (CRC). The CRCs are an essential component of the redesign of Milwaukee County's Psychiatric Crisis Services. MCFI has two CRCs currently and is opening a third. The existing two CRCs serve about 130 patients per month with an average stay of 5-8 days. Telepsychiatry via videoconferencing will allow providers to have direct interaction with clients in real time and meet client needs for convenient, affordable, and readily-accessible mental health services. The need for crisis intervention services continues to grow. Implementing telepsychiatry services can help fill the gap in crisis intervention care and augment existing services.

UNITED WAY OF DANE COUNTY/ JOURNEY MENTAL HEALTH

In a pioneering partnership, the United Way of Dane County, Journey Mental Health Center and four local school districts have been using CBITS, an evidence-based practice approach for screening kids for trauma, depression and PTSD, to identify students in need of help. Once identified, students are supported through groups in the schools, other educational support, and when necessary, referrals to other community-based services and education. The CEKF grant will cover costs to train eight additional providers in Trauma Focused Cognitive Behavioral Therapy (TF-CBT) as preparation to engage in CBITS work going forward. United Way of Dane County's partner agency, Journey Mental Health Center is the lead provider of practitioners certified in TF-CBT for the CBITS program.

NAMI - RACINE COUNTY

Last year, the CEKF funded the introduction of NAMI's Ending the Silence (ETS) program to select schools in Racine County. Ending the Silence is a 50-minute presentation that helps middle and high school students to understand mental illness. The positive response from schools receiving the program last year led the Racine Unified School District to ask NAMI Racine County to bring ETS to all its middle school and 9th grade health classes. The most recent CEKF grant will fund this.

WISCONSIN FAMILY TIES (WFT)

Funding to enhance the curriculum for WFT's Breaking Barriers & Building Bridges: How to Work Effectively with Any Family workshop and market it more extensively. The workshop will be marketed to all Wisconsin public schools, county human services departments, and tribal mental health offices. Workshop participants will hear about parents' experiences raising a child with mental health needs, learn how the involvement of parents can strengthen school programming and improve student outcomes, gain an understanding of barriers to parental involvement, and learn how to better engage families to take advantage of the unique assets they bring to the table.

WLCFS-CHRISTIAN FAMILY SOLUTIONS

Funding for QPR suicide prevention training and educational presentations about the warning signs of suicide and other mental health issues to be presented to Milwaukee teachers and staff at 17 urban elementary schools served by WLCFS, as well as other select other public and private high schools in Milwaukee and the surrounding area.

DONORS

FISCAL YEAR ENDING 2/28/19

We apologize in advance for any unintentional omission from this list; please contact us if you feel there should be a correction, thank you.

\$15,000+

Colony Brands, Inc.
Mrs. Meg Fetherston Kasch
Mrs. Michael Kubly
Mrs. Fred Luber
Nicholas Family Foundation
Mr. Michael Schmitz
Sendik's Food Markets

\$5,000-\$14,999

Mr. and Mrs. Peter Drake
Mr. Kevin P. Egan
Mr. and Mrs. Michael Grebe
Heil Family Foundation
William and Sandy Heitz Family Foundation
Mr. and Mrs. Michael Kubly
National Center for Housing Management Charities
Mr. and Mrs. Rick Pearson
Mr. and Mrs. William Perez
Rite Hite Foundation
Rogers Behavioral Health
Mr. and Mrs. Devin Wolf
Ziegler Family Foundation

\$2,500-\$4,999

Audrey F. Ross Charitable Lead Trust
Baird
Children's Hospital of Wisconsin Foundation
Crescent Grove Advisors, LLC
Dr. and Mrs. William Cullinan
Executive Benefits Network
Mr. and Mrs. David Fritz
Glenn Riader, Inc.
Hauske Family Foundation
Kopmeier Family Fund
Mr. and Mrs. William Kubly
Mr. and Mrs. David Lubar
Marquette University
The Medical College of Wisconsin Department of Psychiatry & Behavioral Health
Milwaukee Admirals
Mrs. Irwin Purtell
Schwanke Kasten Jewelers
Dr. and Mrs. Alfred Tector
Mr. and Mrs. James Wigdale
Mr. and Mrs. Ross Williams

\$1,000-\$2,499

Anonymous Household
Mr. and Mrs. Daniel Argall
Asher & Susan Nichols Family Fund
Baird
The Bartolotta Restaurants
Mr. and Mrs. Donald Baumgartner
Mr. and Mrs. Mark Baumgartner
Mr. and Mrs. Joshua Bourne
Mr. and Mrs. John Brennan
Mr. Jose Carlino
Mr. and Mrs. Michael Carroll
Mr. and Mrs. Gregory Cole
Continental Properties Company, Inc.
Cycle Bar Mequon
Daniel & Laura Gruber Trust
Mr. and Mrs. Russell Darrow
Godfrey & Kahn, S.C. - John Dickens
Mr. and Mrs. Ernst Endres
Mr. and Mrs. Gary Fandek
Mr. and Mrs. Dean Fitzgerald
Dr. Robin Wilson and Dr. Peter Foote
Galaxy Foundation, Inc.
Mr. and Mrs. George Gaspar
Mr. and Mrs. Richard Glaisner
Mr. and Mrs. Charles Gorham
Mrs. Thomas Goris
Mr. and Mrs. Thomas Goris, Jr.
Mr. and Mrs. William Haker
Mr. and Mrs. Jon Hammes
Mrs. Jean Harbeck

Mr. and Mrs. Robert Hawkins
India Hicks, Inc.
Ms. Tania Jankowski
Mr. and Mrs. Robert Jenkins
The Diane and Robert Jenkins Family Foundation, Inc.
Dr. and Mrs. Leander Jennings
Mr. and Mrs. Michael Judge
Mr. and Mrs. G. Frederick Kasten
Kelben Foundation
Ms. Sue Kubly
Mr. Scott Kuhn
Mary Ann & Charles P. LaBahn
Ms. Helen Loewi & Jodi Brandser
Mr. and Mrs. James Lovelace
Mr. and Mrs. Curt Lundeen
Mr. and Mrs. Carlton MacNeil
Mrs. Elaine Marshall
Mr. Paul Meyer
Network For Good - Facebook Fundraising
Mr. and Mrs. Richard Nordberg & Friends
Mr. and Mrs. Gregory Norman
Mr. and Mrs. Patrick O'Brien
The Keith & Dee Miller Fund - Bryan & Lori O'Hagen
Mr. and Mrs. Edward Purtell, Jr.
Mr. and Mrs. Ned Purtell
R&R Insurance Services, Inc.
Mr. Scott Ruppelle
Salesforce.org
Mr. Thomas Savage
Mr. and Mrs. Patrick Scoggin
Mr. and Mrs. Allan Selig
Mr. and Mrs. Jeffrey Siemers
Mr. and Mrs. David Smith
Mr. and Mrs. Stephen Spadafora
Mr. and Mrs. Frank Thometz
Drs. Christopher and Mary Tornehl
Mr. and Mrs. Nick Wahl
Dr. and Mrs. James Walker
Mr. and Mrs. Willard Walker
Mr. and Mrs. Thomas Wamser
Mr. and Mrs. John Wasmer
Mr. and Mrs. Michael Weiss
Windhover Foundation
Wolf Paving
Mr. and Mrs. Richard Wythes
Mr. and Mrs. Edward Zore

\$500-\$999

Ace Enterprises
Aversa - Bayshore Town Center
Mr. and Mrs. Jeffery Bartlett
Mrs. Helen Bechtold
Mr. and Mrs. James Bell
Bespoke Happiness
Mr. Dan Bird
Mrs. Michael Bolger
Mary Brown
Mr. and Mrs. John Bryson
Mr. and Mrs. Peter Buening
Community Foundation for a Greater Richmond
Mr. and Mrs. Tom Dalum
Senator Alberta Darling
Mr. and Mrs. Gordon Davidson
Mr. and Mrs. David Ekvall & Friends
Falk Ruvin Real Estate Team
Mr. and Mrs. Richard Fischer
Mr. and Mrs. Saverio Flemma
Mr. and Mrs. William Foote
Mrs. Richard Gebhardt
Mr. and Mrs. Richard Glaisner
Greystone Foundation
Mr. and Mrs. Theodore Haischer
Mr. and Mrs. J. Shepard Harder
Mrs. Jennifer Haupt
Mr. and Mrs. Robert Hawkins
Mr. and Mrs. John Hessler
Mr. and Mrs. Robert Hillis
Ms. Ann Homstad
Mr. and Mrs. John Housiaux
Jack & Joan Stein Foundation Inc.
Mr. and Mrs. Christopher Jaekels
Mr. and Mrs. Michael Katz
Ms. Evelyn Kelly
Ms. Lori Kilian
Mr. and Mrs. Patrick Koppa
Mr. and Mrs. Todd Krieg
Mr. and Mrs. Raymond Krueger
Mr. and Mrs. William Krugler
Mr. and Mrs. Tom Long
Mr. and Mrs. Gregory Lutz
Mrs. Mary Lacy

Mr. and Mrs. Bernhard F. Mautz, Jr.
Mr. and Mrs. John McGregor
Mr. and Mrs. John Mellowes
Mr. and Mrs. Robert Mikulay
Mr. and Mrs. Henrik Moe
Mr. Kurt J. Mueller
New Berlin West Youth Football Club
Northwestern Mutual
Ms. Ann Perkins
Mr. John Perrigo
Mr. and Mrs. Bruce Pindyck
Mr. and Mrs. Sanderson Read
Mr. and Mrs. PQ Reily
Mr. and Mrs. Michael Reuter
Mr. and Mrs. Robert Rick
Dr. and Mrs. Stephen Robbins
Salesforce.org
Mr. and Mrs. Todd Schoon
Mr. and Mrs. Charles Schumacher
Mr. and Mrs. Johan Segerdahl
Mr. and Mrs. Greg Smith
Mr. and Mrs. Frederick P. Stratton Jr.
Mr. and Mrs. Steve Stuehrk
Mrs. Robert Sullivan
Dr. and Mrs. Alfred Tector
The Winston-Salem Foundation
Ms. Kitty Tierney
Mr. and Mrs. Nenad Timarac
Mr. and Mrs. Camp Van Dyke
Mr. and Mrs. Robert Venable
Mr. Michael Weiss
Mr. and Mrs. Allen Williams
Mr. and Mrs. Scott Williams
Mr. and Mrs. Thomas Wilson
Mrs. James Windsor

\$1-\$499

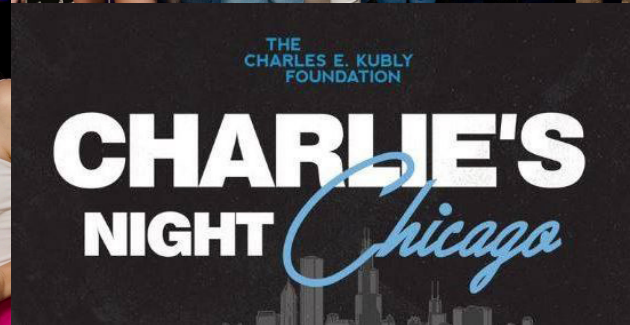
Ms. Julie Allen
Mrs. Susan Apple
Ares Management via the Benevity Community Impact Fund
Mr. and Mrs. Daniel Armbrust
Mrs. Victoria Armitage
Mr. and Mrs. Cameron Art
Mr. and Mrs. Dan Aschenbrener
Mr. and Mrs. Clifford Asmuth
Mr. and Mrs. Scott Austin
Mr. and Mrs. Gregg Bach
Mr. and Mrs. Charlie Bachman
Mr. Ned Baldus
Mr. and Mrs. Ted Balistreri
Mr. Robert Bamberger
Mr. and Mrs. Michael Banaszak
Mr. Sean Barrett
Barrow Medical Foundation
Mrs. Elaine Bartlett
Ms. Elizabeth Bartnik
Mr. and Mrs. Stephen Bartoletti
Mrs. Sharon Bayless
Mr. and Mrs. Robert Beal
Mr. Ronald Daley and Ms. Virginia Bean
Mrs. Ned Bechthold
Mr. and Mrs. John Beck
Ms. Carol Beckerle
Mr. and Mrs. Tom Benedict
Ms. Mary Berg
Mr. and Mrs. John Bergstrom
Mr. and Mrs. Roy Berrey
Mr. and Mrs. John Best
Mr. and Mrs. Barry Bian
Ms. Gwynne Birkel
Mrs. William Blake
Mr. and Mrs. Peter Blommer
Mrs. Joseph Blommer
Mrs. Cindy Bock
Mr. and Mrs. Douglas Boeckmann
Mr. and Mrs. David Boerke
Mr. and Mrs. John Bolger
Mrs. Charles Bourne
Mr. and Mrs. Paul Bowers
Mr. and Mrs. Joseph Branch
Mr. and Mrs. Brad Brogan
Mr. and Mrs. Thomas Bromley
Mr. and Mrs. Alan Brown
Mr. and Mrs. Peter Browne
Mr. and Mrs. James Bruce
Dr. and Mrs. David Brunner
Mr. and Mrs. Jason Brunner
Mr. and Mrs. Bryde
Mr. Thomas Buestrin, Sr.
Mr. and Mrs. Thomas Buettner

Builders First Source
Mr. and Mrs. John Buresh
Mr. and Mrs. John Burgan
Mr. Edward Burke
Dr. and Mrs. William B. Burns
Mr. Michael Burr
Mr. and Mrs. Mark Burrall
Mr. and Mrs. Roy Burroughs
Mrs. Joy Butterfield
Ms. Mary Buttler
Mr. and Mrs. William Caan
Mr. and Mrs. Lee Cadillac
Mr. and Mrs. Dennis Cahill
Mr. and Mrs. Rick Calvelli
Ms. Patricia Carpen
Mr. and Mrs. William Carpenter
Ms. Kathleen Cavallo
Dr. and Mrs. Carlyle Chan
Mr. and Mrs. Robert Chanan
Ms. Clara Chisholm
Mr. and Mrs. Robert Chmielewski
Mr. and Mrs. James Cialdini
Mrs. Emily Cialdini
Mr. and Mrs. Robert Clapper
Mr. and Mrs. Stanley Cloninger
Mr. Thomas Clune
Mr. Peter Coffey and Ms. Kristine Cleary
Mr. and Mrs. Michael Collentine
Mrs. Barbara Collings
Ms. Patricia Conole
Mr. Anthony Consiglio
Ms. Vera-Ellen Cook
Mr. and Mrs. Johnathon Crawford
Mr. Leo Crivello
Ms. Sherry Cullen
Ms. Karen Cyganiak
Ms. Elizabeth Dailey
Mr. and Mrs. Tom Dalum
Mr. and Mrs. Michael D'Amato
Mr. and Mrs. Thomas Damm
Dr. and Mrs. Gholi Darien
Dr. and Mrs. Wilbur Davis
Mr. and Mrs. James Dehn
Mr. and Mrs. Kevin Demet
Mr. and Mrs. Thomas Dempsey
Mr. and Mrs. Scott Dewey
Mr. Stephen Dietzman
Doering Leasing Company
Mr. Burtis J. Dolan
Mr. and Mrs. Kenneth Donner
Ms. Peggy Dooley
Mr. and Mrs. John Dorr
Mr. and Mrs. Frank Dowd
Mr. and Mrs. Michael Doyle
Ms. Roberta Dressen
Mrs. Cherie Driessen
Mr. and Mrs. Daniel Druml
Mr. James Duffy
Mr. and Mrs. Brian Dugan
Mr. and Mrs. Nick Dzierzanowski
Mr. and Mrs. Kevin Eccles
Mr. and Mrs. Mark Eder
Mr. and Mrs. Jerome Edquist
Ms. June R. Ehn
Mr. and Mrs. Dick Ela
Mr. and Mrs. David Ells
Mr. Ephraim Ellsworth
Mr. and Mrs. David Epstein
Mr. and Mrs. Jonah Epstein
Ms. Brea Erickson
Mr. and Mrs. Douglas Erlicher
Mrs. Bonnie Erschen
Dr. and Mrs. John Esser
Ms. Carolyn Evans
Mr. and Mrs. Matthew Fahey
Mr. Theodore Fajen III
Mr. and Mrs. William Faude
Mr. and Mrs. Jeffrey Featherstone
Ms. Lisa Feld
Dr. and Mrs. Thomas Felton
Mr. and Mrs. Jim Fisher
Mr. and Mrs. Robert Fisher
Mr. and Mrs. Timothy Flatley
Mr. and Mrs. Michael Floyd
Ms. Rachel Forman
Mr. and Mrs. Michael Formella
Mr. and Mrs. Scott Forrer
Dr. and Mrs. Robert Foster
Ms. Siena Fox
Mr. and Mrs. Craig Francour
Mr. Jeffrey Frank

Mr. and Mrs. Michael Fratantuno	Mr. and Mrs. Theodore Kanavas	Mr. Kurt J. Mueller	Mr. and Mrs. Craig Scott
Mrs. William Frazier	Mr. and Mrs. Richard Karnes	Mr. and Mrs. Rob Mulcahy	Mr. Rick Scott
Ms. Kelly Fricano	Ms. Brenda Kasun	Mr. and Mrs. Charles Mulcahy	Ms. Anna Marie Sekas
Mr. and Mrs. John Friess	Ms. Debra Katz	Mr. and Mrs. William Mulligan	Mr. and Mrs. William Sellers
Dr. and Mrs. Richard Fritz	Mr. Garry Kelley	Ms. Cynthia Murphy	Seton Catholic Schools
Mr. Colin Fritz	Riley Kelly	Ms. Deborah Murphy	Mr. and Mrs. Tim Shaw
Fuerst Group Inc.	Ms. Anne Kelly	Mr. and Mrs. James Myers	Mr. and Mrs. John Sheehan
Mr. and Mrs. Brad Gador	Mr. and Mrs. Kenan Kersten	Mr. and Mrs. Sean Naughton	Mr. and Mrs. Thomas Sheffield
Mrs. Jeanne Gaenslen	Ms. Juliet Kersten	Mr. and Mrs. Phil Neary	Dr. and Mrs. James Shelstad
Mr. Robert Gansemer	Mr. and Mrs. Robert Kleckhefer	Lt. General and Mrs. Michael Nelson	Mr. and Mrs. Thomas Sheridan
Mr. and Mrs. Robert Gardner	Mr. and Mrs. Michael Kilian	Mr. and Mrs. Eric Nelson	Shorewest Realtors
Ms. Jane Gasiorowski	Mr. and Mrs. Peter Kingwill	N.E.W. Piano Guys	Dr. and Mrs. Jeffery Shovers
Mr. and Mrs. Thomas Gebhardt	Ms. Jane C. Kitchen	Mr. and Mrs. Gary Newman	Mr. and Mrs. William Sinsky
Mrs. Richard Gebhardt	Mr. and Mrs. William Koch	Mr. and Mrs. Chris Nichols	Mr. and Mrs. Randall Sissom
Ms. Susan Brandt Gelhaar	Mr. and Mrs. Kipp Koester	Mr. and Mrs. Douglas Norman	Mr. and Mrs. Jeff Skwierawski
Mr. and Mrs. Thomas Genske	Kommerling USA, Inc.	Mr. and Mrs. Christopher Noyes	Ms. Elizabeth Slugg
Mr. and Mrs. Gary Gerlach	Mr. and Mrs. John Koster	Mr. Peter Oberbreckling	Mr. and Mrs. Wenzel Smetana
Ms. Katherine Giery	Mr. and Mrs. Bob Kraft	Ms. Margaret O'Brien	Mr. Steve Smiley
Mr. and Mrs. Jerome Gildner	Mr. and Mrs. John Kreilkamp	Mr. and Mrs. Thomas O'Connor	Mrs. Betty Smith
Terry McGuire - Giving Voice to Mental	Mr. Rand J. Krikorian	Mr. and Mrs. Howard Olsen Jr.	Mr. and Mrs. David Smith
Illness, Inc	Ms. Mikki Krombach	Mr. and Mrs. Patrick Olson	Mr. and Mrs. Andy Smith
Mr. and Mrs. Michael Glaisner	Mr. and Mrs. Joel Krueger	Ms. Susan Nivin Oster	Mr. and Mrs. Don Sommer
Ms. Ashley Glembin	Mr. and Mrs. Raymond Krueger	Mr. and Mrs. John Oster III	Mr. and Mrs. Raymond Spadafora
Mr. and Mrs. J. Littleton Glover	Mr. and Mrs. John Krueger	Mr. and Mrs. Nick Padway	Mrs. Nancy Spoerry
Mr. and Mrs. F. H. Gohl	Dr. and Mrs. Alvin K. Krug	Ms. Anne Pagel	Mr. Richard Stadler
Mr. and Mrs. Mark Gold	Mr. and Mrs. Mark Krumnow	Ms. Julie Pandl	Ms. Lisa Hansen-Stahl
Mr. and Mrs. Abe Goldberg	Mr. Scott Kuhn	Mrs. Phyllis Parsons	Mr. and Mrs. Richard Stanley
Mr. and Mrs. Fred Gollash	Mr. and Mrs. Steve Kuhnmuench	Mr. and Mrs. Randall Paulson	Mrs. Linda Stauss
Ms. Betsy Gomoll	Mr. and Mrs. Daniel Kult	Ms. Nancy W. Peacock	Mr. and Mrs. Mark Steinhafel
Dr. and Mrs. Perry Gould	Mr. William LaBahn	Pediatric Dermatology & Laser Center	Mr. and Mrs. William Stevens
Mrs. Mary Goulet	Mr. and Mrs. Jack LaBlonde	Mrs. Frank Pelisek	Mr. and Mrs. Steven Chamberlin
Mr. and Mrs. Derek Grams	Mr. and Mrs. Joel LaBlonde	Mr. Jeffrey Perrigo	Stress Management and Mental Health Clinics
Ms. Lindsay Graycarek	Mr. and Mrs. James Ladky	Mr. John Perrigo	Mrs. William Sullivan
Mr. and Mrs. Michael Grebe Jr.	Ms. Elizabeth LaFond	Mr. and Mrs. Rene Perrin	Mr. and Mrs. Michael Sullivan
Mr. and Mrs. Jim Gregory	Mr. and Mrs. James Laing	Ms. Beth Peterman	Mr. and Mrs. Christopher Swain
Mr. and Mrs. Clark Gridley	Mrs. Daniel Lajsic	Ms. Ashley Peters	Mr. Daniel Switalski
Mr. and Mrs. Leroy Grossman Jr.	Mrs. Donald Landgraf	Mr. and Mrs. Doug Patesch	Mr. and Mrs. Thomas Swittel
Ms. Breann Gruenewald	Mr. and Mrs. Jess Langerman	Mr. and Mrs. Michael Petroff	Mr. and Mrs. John Taphorn
Mr. Scott Gunderson	The Linda Lanigan Family	Pfenninger Family Charitable Account	Mr. and Mrs. Dick Tarcin
Mr. and Mrs. Anthony Haen	Ms. Kathleen Lanser	Mr. and Mrs. Emil Pfenninger	Mr. Thomas Tavorler
Mr. and Mrs. Michael Hafeman	Ms. Janet Styles Larscheid	Mr. Phillip Philbin	Mr. and Mrs. James Taylor
Ms. Nancy Haggerty	Ms. Julie Laudon	Mr. and Mrs. Jeffrey Plaster	Mr. and Mrs. Jose Teigeiro
Mr. and Mrs. Theodore Haischer	Mr. and Mrs. David Laudon	Mr. and Mrs. Robert Porsche	Mr. and Mrs. Stacy Terris
Mr. and Mrs. Roger Hajny	Mr. and Mrs. Jonathan Leinfelder	Mr. and Mrs. Terry Porter	Mr. Clayton Terris
Mr. and Mrs. Michael Halloran	Leo Burnett	Mr. and Mrs. Donald Potter	Mr. Ronald Thate
Mr. and Mrs. John Hammes	Mr. and Mrs. Ben Levy	Mr. and Mrs. Stephen Prekosovich	Mr. and Mrs. Justin Thom
Mr. and Mrs. William Hansen	LFF Foundation	Ms. Diane Price	Mr. and Mrs. Christopher Thom
Mr. and Mrs. John Hansen	Mr. and Mrs. Mike Lietke	Mr. and Mrs. Bruce Prom	Ms. Kate Thometz
Mr. and Mrs. Donald Hansen	Mr. Michael Lietke	Mr. and Mrs. Mitchell Prosk	Mr. and Mrs. Brian Thompson
Mr. and Mrs. Nathaniel Hansford	Mr. and Mrs. Earl Lillydahl	Mr. and Mrs. James Quinlan	Mr. and Mrs. David Tice
Mr. and Mrs. Bill Harrigan	Ms. Danielle Linn	Mr. and Mrs. Mike Quinlevan	Mr. and Mrs. Brock Tompkins
Mr. and Mrs. Joseph Harrings	Lee Litzau	Ms. Alexandra Quintaba	Mrs. Betsy Trimble
Ms. Margaret A. Harrington	Mr. and Mrs. Greg Lodl	Mrs. Candy Rand	Drs. Steven and Denise Trinkl
Mr. and Mrs. Tim Harrison	Mr. and Mrs. Marcus Low	Mr. and Mrs. Frederick Read	Ms. Donna Triplett
Mr. and Mrs. Howard Haupt	Mr. and Mrs. Gregory Lutz	Mr. and Mrs. Rick Read	U.S. Bank Foundation
Mr. Timothy Hayes	Mr. and Mrs. Thomas Luzinski	Mr. and Mrs. Drew Palin	Mr. and Mrs. Joseph Ullrich
Ms. Emily Levy Heimerman	Ms. Karen Lynch	Mr. and Mrs. Gary Refinski	Ms. Mary Ullrich
Ms. Suzanne Hoinrich	Ms. Anne Lynch and Ms. Michelle Prosek	Mr. Olivier Reiher	University of Wisconsin Milwaukee
Mr. and Mrs. Thomas Hennelly	Mr. Peter MacDonald	Mrs. Paul Reilly	Mr. and Mrs. John Urbashich
Mr. Eugene Herr	Jamy and Mike Malatesta	Ms. Jenny Renfro	Mr. and Mrs. Camp Van Dyke
Mr. and Mrs. Daniel Hess	Mr. and Mrs. Saede Maleki	Mr. and Mrs. Scott Revolinski	Ms. Susan Vandenboom
Mr. and Mrs. Richard Hess	Ms. Colleen Mandella	Mr. and Mrs. Bill Rice	Mr. Michael J. Vander Beke
Mr. and Mrs. Phil Heston	Mr. and Mrs. Patrick Marget	Mrs. Julie Richter	Mr. and Mrs. Marc Vetuschi
Mrs. Edward Hipke	Marquette University Counseling Center	Mr. and Mrs. John Rickmeyer	Mr. and Mrs. Thomas Vogt
Mr. Sam Hobbs	Mr. David J. Martin	Mr. and Mrs. Gary Rieboldt	Mr. and Mrs. John Volker
Mr. and Mrs. James Hoerchner	Robin and Tom Martin	Ms. Bernice Riedeman	Mr. and Mrs. Robert Walker
Mr. and Mrs. Jason Hoffe	Mr. and Mrs. Charles Martin	Mr. and Mrs. Paul Riegel	Mr. and Mrs. Willard Walker Jr.
Mr. and Mrs. Charles Hoffman	Mrs. Glenway Maxon	Ms. Julie Riemer	Mr. and Mrs. Jonathan Wallace
Mrs. Katie Hofman	Mr. Glenway Maxon	Ms. Jill Ries	Mr. and Mrs. Blair Wangman
Mr. Sean Hogan	Mr. and Mrs. John Mayher	Mr. and Mrs. Edward Rivard	Mr. and Mrs. Robert Warner
Ms. Elizabeth Holtz	Mr. and Mrs. Vincent McCaffrey	Mr. and Mrs. Adam Rix	Mr. and Mrs. Charles Weber
Mrs. William Howland	Mr. Mark McCollow	Mr. and Mrs. Thomas Rodgers	Mr. and Mrs. Fredric Weber
Mr. and Mrs. Terrance Hoy	Mr. and Mrs. Terry McGauran	Ms. Judith Ross	Mr. and Mrs. Jerome Welch
Mr. and Mrs. Richard Hoy	Mr. and Mrs. John McGregor	Mr. and Mrs. Thomas Ruska	Mr. and Mrs. Robert Whealon
Ms. Dawn Huibregtse	Mr. and Mrs. Randy Merg	Mr. and Mrs. Barry Sammons	Mr. and Mrs. Pat White
Ms. Maryann Huth	Mr. and Mrs. Donald Middleton	Dr. and Mrs. Robert Santilli	Ms. M.J. Whiting
Mr. and Mrs. Jim Jaeggi	Mr. and Mrs. Robert Mikulay	Ms. Renee Santilli-Wendt	Mrs. Kathleen Wigdale
Mr. and Mrs. Christopher Jaekels	Mr. and Mrs. Edward Miller	Mr. and Mrs. Ryan Savage	Mr. and Mrs. Mark Williams
Jakubowski Communications Consulting	Mr. Stephen-Alan O. Miyagawa	Mr. and Mrs. Matt Wudy	Mr. and Mrs. Michael Winter
Mr. and Mrs. Stephen James	Ms. Linda Mlady	Mr. Garry Schalla	WLCFS - Christian Family Solutions
Mr. and Mrs. Thomas Jansen	Mr. and Mrs. Henrik Moe	Mr. and Mrs. Christopher Schelble	Mr. and Mrs. Lowell Wolf
Ms. Stephanie Janus	Mr. and Mrs. Peter Moede	Mr. and Mrs. Anthony Schiel	Mrs. Holly Wolfe
Mr. and Mrs. Phillip Jennings	Mrs. John Monroe	Ms. Sandra Schlaudecker	Jeong Woo
Mrs. Ruth Joachim	Mr. and Mrs. Edgar Mooney	Drs. Terence and Karen Schmahl	Ms. Meg Wright
Mr. and Mrs. David Johnson	Mr. and Mrs. Benjamin Moore	Ms. Amy Schmelzer	Ms. Sandy Wycklendt
Mr. and Mrs. Joseph Jones	Mr. and Mrs. Kelly Moore	Mr. and Mrs. Jeffrey Schmidt	Dr. and Mrs. John Yadgir
Ms. Jayne Jordan	Morgan Stanley via the Benevity Community	Ms. Amalia Schoone	Ms. Gina Yauck
Mr. and Mrs. Michael Jordan	Impact Fund	Ms. Suzanne Schorr	Z Venture LLC
Mr. and Mrs. Jeff Jorgensen	Mr. and Mrs. Francis Morton	Mr. and Mrs. Michael Schramka	Mr. and Mrs. Eric Zall
Dr. and Mrs. Scott Jorgensen	Dr. Barbara Moser and Dr. Eric Kaplan	Mr. and Mrs. Michael Schreiner	Mr. and Mrs. Peter Zuiker
Ms. Kathryn Genske	Ms. Carol Muderlak	Ms. Mary Schuler	
Chris Kaltenbach	Ms. Shannon Muderlak	Mr. and Mrs. Peter Schuyler	

CHARLIE'S NIGHT HITS CHICAGO!

On May 18th old and new friends of the Charles E. Kubly Foundation rallied on the rooftop bar of The Estate in downtown Chicago to raise money and awareness of the CEKF. It was a beautiful Spring evening with approximately 150 supporters coming out to support the mission of the Foundation while enjoying house music, a beef and chicken slider bar, cocktails and a brief introduction from Lily Kubly and Sarah Kubly, the event organizers. Charlie's Night is becoming a favorite gathering for our young adult supporters and goes a long way toward introducing the tough topics of depression, anxiety, suicide, stigma and related mental health conditions. This Chicago event raised over \$3,300! As always, the Foundation could not be more grateful to Lily and Sarah for their enthusiasm and hard work – making Charlie's Night Chicago a fun and impactful event!



OUR ENDOWMENT FUND IS GROWING!

Last year we announced the formation of the Joey Schmitz & Charlie Kubly Endowment Fund. Started with a generous \$500,000 gift from Michael Schmitz and his late wife, Jeanne, the income from the endowment will provide stability and additional funds for grant funding and/or operating needs of the CEKF. We'd like to thank all of you who have since made gifts to the endowment.

We're aspiring to meet our \$1 million goal by the end of 2019. Whether you are a long-time or more recent supporter of the Foundation, your gift or pledge of up to three years can help us toward our goal. To read more about the endowment, go to our website, www.cekf.org, and click on the "Foundation" tab. Or contact CEKF Executive Director Ann Homstad at 414-477-8901 or ahomstad@cekf.org.

WE HAVE RAISED A TOTAL OF

\$778,100

78%

TOWARD OUR \$1,000,000 ENDOWMENT GOAL

CEKF FISCAL YEAR 2018-2019

MARCH 1, 2018 - FEBRUARY 28, 2019

STATEMENT OF FINANCIAL POSITION

ASSETS	2019 FY	PRIOR YEAR
<u>Current Assets</u>		
Cash and Cash Equivalents	\$373,122	\$456,483
Prepays	\$6,500	\$6,500
Total Current Assets	\$379,622	\$462,983
<u>Other Assets</u>		
Certificates of Deposit	\$81,365	\$91,075
Endowment Operating Reserve	\$730,358	-
Total Assets	\$1,191,345	\$554,058
LIABILITIES AND NET ASSETS		
<u>Current Liabilities</u>		
Accruals	\$2,730	\$2,469
<u>Net Assets, Unrestricted</u>	<u>\$1,188,615</u>	<u>\$551,589</u>
Total Liabilities and Net Assets	\$1,191,345	\$554,058

STATEMENT OF ACTIVITIES

SUPPORT & REVENUE	2019 FY	PRIOR YEAR
Contributions*	\$781,445	\$341,901
Fundraising Support	\$360,545	\$269,691
Interest Income	\$920	\$578
Net Support & Revenue	\$1,142,910	\$612,170
EXPENSES & LOSSES		
Program	\$321,247	\$319,489
Administrative	\$90,554	\$74,871
Fundraising	\$94,083	\$82,623
Total Expenses	\$505,884	\$476,983
CHANGE IN NET ASSETS	\$637,026	\$135,187
Net Assets - Beginning of Year	\$551,589	\$416,402
Net Assets - End of Year	\$1,188,615	\$551,589

*Includes gifts to the Endowment Fund

THE CHARLES E. KUBLY FOUNDATION

A public charity devoted to improving the lives of
those with depression

The Charles E. Kubly Foundation
1341 W. Mequon Road
Suite 220
Mequon, WI 53092



BOARD OF DIRECTORS

Molly Kubly Fritz, President
Linda L. Lundeen, President Elect, Coldwell Banker Residential Brokerage
Laura Koppa, Treasurer
Evelyn Kelly, Secretary
Dan Bird, MS, LPC, SAC Alliance Counseling Center
Meg Fetherston Kasch
Lori R. Kilian
Ross Williams, Baird
Devin Wolf, DS Group
Billie Kubly, Honorary Board Member

STAFF

Ann Homstad, Executive Director
Kris Rick, Business Manager

TICKETS ON SALE NOW FOR

BEYOND THE BLUES 2019

FRIDAY SEPTEMBER 20TH 2019

At Discovery World Pier Wisconsin

A Charles E. Kubly Foundation Event - www.beyondtheblues.org