



# THE TOILET PAPER



"Snow and adolescence are the only problems that disappear if you ignore them long enough."

ROLL 12F, TISSUE 13

KCECH, WEDNESDAY, 12/5/2012

WINTER FINALE EDITION

## FORGET FRETTING FOR FINALS, A GUIDE TO GOOD GRADES



Classes end this Friday. Reading days are Saturday through Tuesday. And after that, finals start. If you are not a robot, you are probably wondering how to study for them. So below are some tips that I have compiled on how to do just that.

Make a study plan. You probably have more than one final, so you need to budget your time accordingly. If you have a class that is twice as hard as another class, then you should study twice as much for it.

Go to a place people are already studying at. Seeing others studying will encourage you to study as well. Places I recommend: Biomed Library, Fisher

Fine Arts Library, Van Pelt Library, and Moore 100 Labs.

Ask a friend you trust to change your Facebook password or for any sites you get distracted on a lot. This way you can not log in and be distracted.

For those quantitative finals (like math), take two or three practice finals to start your studying. This will help you figure out what you do not know that well. Once you know what you do not know, go back through your notes and books and try to learn it yourself. If you still can not figure it out after a few attempts, find a friend or talk to the professor about it. Retake the finals to see if you understand it any better. Repeat until satisfaction.

For those essay finals, if you were given the prompts ahead of time, write the essay before hand. You have essentially been given a free pass to ace the final so be sure to use it. If

you were not given the prompts ahead of time, choose a thesis and compile a short list of common points or passages to support it. Chances are even if your thesis does not apply to your final, you can still use your points to answer the questions.

Lastly, ask your friends to remind you to study and to not distract you when you are trying to study.

The above are some good study tips but you should not be studying 24 / 7. While some stress is okay, too much will not help you do well on your exams. So here are a few tips on how to relieve stress.

Exercise. Go to the gym. Go for a run. Go play basketball. Just do something other than sit there all day. Not only does this give you a chance to absorb the information you have been staring at, it also releases endorphins, which relieve stress.

Find a positive phrase to repeat to yourself whenever you start

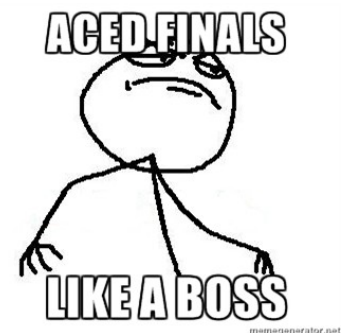
getting too stressed.

Take the time to sleep. Your mind cannot learn continuously if it never gets a chance to rest.

Hang out with friends. Read for fun. Play video games. Just do anything that you find fun. Not to the point of procrastination, just enough to de-stress you. Studies show that students who have fun and study tend to do better than those who do nothing but study.

If you follow this guide, then you will be sure to end up like the guy below instead of the guy at the beginning of the article.

## STUDY HARD, HAVE FUN, AND GOOD LUCK!



## Oasis Product of the Week



### FIZZY LIZZY

On sale at a low price of \$1.50 (was \$1.75).

## IN GAMES: TICHU

If you are looking for something fun, but also mentally stimulating, to do in between your study periods, then try Tichu, a fun trick taking card game that you probably have not heard of.

You need 4 players in two teams with the teammates sitting across from each other. You also need either a special deck (found online) or a standard 52 card deck with 4 jokers

(each marked as one of four special cards: Mah Jong, Dog, Phoenix, or Dragon).

First deal 8 cards to each player. At this point, any player may call "Grand Tichu," which means that they believe they will be the first to get rid of all their cards.

Now deal the rest of the deck out. Before starting, each player trades one card with every

other player. Now any player before playing their first card may call "Tichu," which means they think they will go out first.

Play begins with the Mah Jong special card and goes clockwise. The goal not only is to be the first to go out but to also get the most points out of the tricks. There is a little more to the rules than this, which you can find online at its Wiki page.

DECEMBER						
SUN	MON	TUE	WED	THU	FRI	SAT
<b>Calendar Key</b> <div>■ KCECH</div> <div>■ Penn</div> <div>■ Philly &amp; Beyond</div>	3 STWing GBM	4 Collegium Musicum Dinner Discussion	5 Study Break	6 Penn Museum 125th Year PiH GBM	7 <b>CLASSES END</b>	8 Reading Days Begin The Who
9 Barnes Foundation Baby Loves Disco Study Break	10	11 Mock Interviews	12 Team Workshop	13 All Star Jazz Quartet Study Break	14 Rita Coolidge	15 Tribe of Fools
16 Philly Nutt Crak-Up	17 Food Truck Tour Study Break	18 Living News	19 <b>FINALS END</b>	20	21	22

#### Character of the Week



NEVIN MAHONEY

Or as is his True Name spoken in the hallowed halls of old: "He Who Goes Innawoods And Does Not Die Horribly" is the arch-arbiter of the savage forests of Biosphere. Mighty is his voice, and mightier still is his body, and his boundless appetite is legend. On one occasion he devoured five and twenty roasted boars whole, and imbibed ten entire barrels of non-alcoholic beverage. His greatest enemies are the canny and mocking squirrels, for which his ire is boundless.

#### THE WEEKS AHEAD: 12/6–12/19

This Saturday marks the start of reading days, which means that the semester is coming to a close. As such, this will be the last TP issue until next year.

12/6, TBD—PiH GBM. Join PiH at their last GBM of the semester.

12/7—Classes End. Everything's done! Oh, wait... finals.

12/8—Reading Days Begin. See the article to the left for good study tips.

12/9, TBD—Barnes Foundation. Join PiH on their trip to the Barnes Foundation to see an amazing collection of artwork.

12/9, TBD—Hot Chocolate Study Break. Head to 1938 for cookies and hot chocolate at one of the study breaks put on by our faculty fellows.

12/11, 3pm—Mock Interviews. Head to Fisher Bennett 135 to get practice for interviews.

12/12, 9am—Team Workshop. Learn about how to lead a team by learning about five common dysfunctions a team can have.

12/13, 7pm—All Star Jazz Quartet. Head to Chris' Jazz Cafe for a fun night of swing dance and jazz music.

12/13, 10pm—Cerealities Study Break. Breakfast is the most important meal of the day. So have it late at night at another faculty fellow study break to help you study hard.

12/14, 8pm—Rita Coolidge. Listen to Rita Coolidge at the Whitaker Center for Science and Arts.

12/15, 7:30pm—Tribe of Fools. Watch this outrageous comedy at the Annenberg Center.

12/16, 2pm—Philly Nutt Crak-Up. Enjoy this dance spoof with superheroes and rapping at the Keswick Theatre.

12/17, 2pm—Food Truck Tour. Explore the food trucks of Philadelphia with Nosh Food Tours.

12/17, 10pm—Insomnia Study Break. The semester is almost over so come celebrate it with Insomnia cookies at our final faculty fellow study break.

12/18, TBD—Living News. Enjoy this theatrical performance of current constitutional issues at the National Constitution Center.

12/19—Finals End. Have an amazing winter break everyone! See you next semester!