

NUCLEAR MISSION

Tracing the Congolese mine that fuelled Hiroshima

**TOYS, TOMES
AND WIGGO'S BIKE**

Sir Paul Smith's cabinet of curiosities

FOOD & HOME

Rose Prince's November recipes; wood panelling comes out of the sauna

**Calling
the shots**

Joseph Gordon-Levitt,
the child star
who took charge



Beauty notebook by Kate Shapland

fashion.telegraph.co.uk/kateshapland



Ask Kate

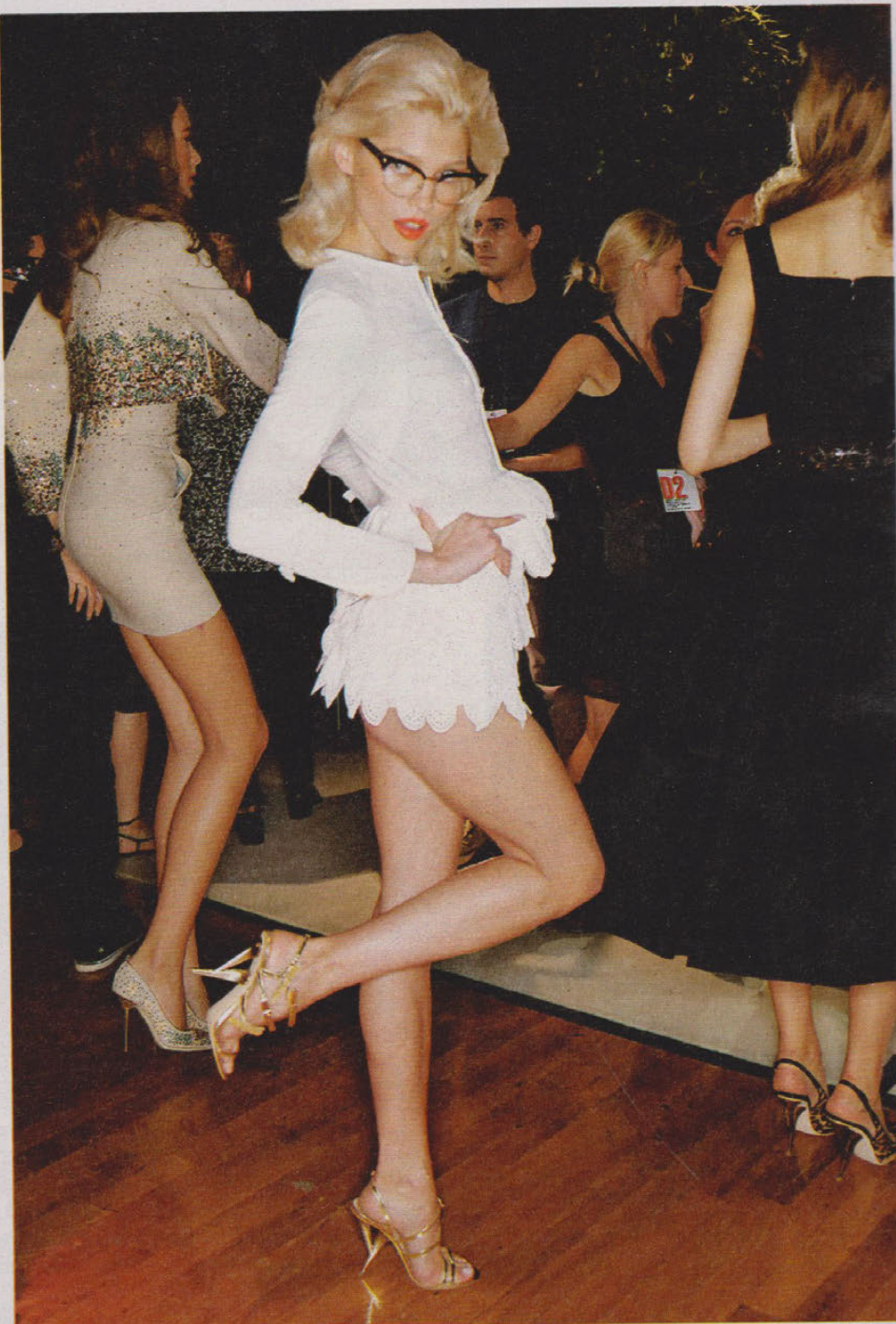
My eyelashes are short and sparse (especially the lower ones), and I struggle to find a mascara with a brush that isn't so thick it clogs them up.

Avon Mega

Effects Mascara might have been made for you. It delivers panoramic coverage – from corner-to-corner – in one coat without overloading lashes. The application is pioneering, and while it could be seen as gimmicky, this mascara actually works very well to achieve a naturally defined finish, not exaggerated pantomime-dame eyes. £7, avonshop.co.uk. Send your beauty conundrums to Kate Shapland via Twitter @Telefashion, using #askkate



REX FEATURES



The scent Bella Freud 1970 Candle

With a generous burn time of 40 hours, Bella Freud's smouldering blend of black musk and patchouli with notes of oak moss, vetiver and sandalwood has a rich, warm and evocative scent. It's made for this season – this is just the candle you want burning on the mantelpiece on a dark wintry night. £38, bellafreud.co.uk.

Three of the best Rose face treats Rose oil isn't added to face creams just because it smells divine; the flower has antioxidant properties, so may discourage premature ageing, along with antiseptic, astringent, anti-inflammatory and emollient qualities. Aromatherapy Associates Rose Infinity Serum includes rose for its skin-texturising effects (£110, aromatherapyassociates.com). Nuxe Nirvanesque is a rich reparative cream containing musk rose oil (£32.90, uk.nuxe.com). Aurelia Cell Revitalise Rose Mask hydrates, soothes and softens skin (£65, aureliaskincare.com).



The novelty Cheeky Kiss and Tell lip and cheek tints

It is not so much the contents of these compacts that make them so appealing as their simple, novel look, quite different to any other make-up range. Rich in moisture-retaining beeswax, the tint is creamy enough to allow you to build density by layering it on with a finger, yet it doesn't drift. It comes in two shades Fire Starter (red) and Posy Rosy (pink). £10, urcheeky.com.

CHEEKY
KISS and TELL
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The close-up Trophy legs The days when stockings went together with an LBD like love and marriage are long gone. The preference now is for bare legs, even when the temperature dips below zero, atop dizzying heels – and it's far less forgiving. Our passion for heels and the pressure for legs to look amazing was my inspiration to develop a high-performance leg cream – one that is designed to enhance leg shape by draining the lymph, reducing fluid retention and cellulite. Legology Air-Lite Daily Lift For Legs (£60, liberty.co.uk), scented with uplifting Amalfi lemons, is the leg cream I've always wanted and, in some 20 years of beauty writing, never found. Use it when your legs feel heavy (after a flight, a day on your feet, shopping or during pregnancy), applying from your feet to your hips. Then slip on some heels and party through the season.

