

# Glow through the chill: The best gentle winter cleansers

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With skin struggling in the winter cold, it's important you don't damage it further with harsh cleansers. Turn to balms and oils, more condensed versions of regular cleansers – they're far more gentle.

1. Aurelia Miracle Cleanser (£26, <http://www.aureliaskincare.com>) limits water loss with friendly probiotics and peptide actives. It's a good buy for those who don't like heavy balms.
2. Fans of Bobbi Brown Extra Balm Rinse, 2 (£42, <http://www.bobbibrown.co.uk>) rave about the gorgeous scent of orange and olive oil from this balm. Sunflower glycerides melt make-up and grime on impact, leaving no post-clean tightness.
3. More affordable but no less effective at banishing grime, No7's Beautiful Skin Cleansing Balm (£9, <http://www.boots.com>) is boosted with vitamins and minerals, making it ideal for super-dry skin types.
4. If you're feeling experimental, opt for a Konjac Sponge. Hand-made in Japan from 100 per cent vegetable fibres, it has an alkalisng effect on the skin like a very gentle cleanser and can be used with or without cleansing oils. Try the French Red Clay infused Konjac (£6.50, <http://www.zuneta.com>).
5. Also from Japan, Sans Ceuticals Goji Cleansing Oil (£28.50, <http://www.zuneta.com>) is perfect for sensitive, sore skin as its formula helps maintain the complexion's pH balance.
6. Extremely dry skin will benefit from Erno Laszlo Phelityl Pre-Cleansing Oil (£49, <http://www.ernolazlo.co.uk>). It penetrates to deeply cleanse without drying.
7. Unisex Aesop Parsley Seed Cleansing Oil (£39, <http://www.aesop.com>) is a modern legend in beauty circles for its ability to soften and cleanse troubled skin. Containing lactic acid, it gently exfoliates to prevent pores clogging.

### Latest launches

Burberry beauty SS13 is all about femininity. We love the Burberry Lip Glow lip gloss in sweet Mallow Pink. £18.50. Available nationwide

Address dull, tired skin with Bobbi Brown's new Extra Bright Skincare: a foaming cleanser (£24), advanced moisture lotion (£36) and serum (£60). <http://www.bobbibrown.co.uk>

Balance Me's Skin Bright Hydrating Face Mist is packed with super-hydrating hyaluronic acid and scented with pineapple and rose water. £20. <http://www.balanceme.co.uk>

Melvita's new Rose Nectar Milky Cleansing Oil turns into a nourishing milky lotion on contact with water. £19.50. [www.melvita.co.uk](http://www.melvita.co.uk)

By Jane Cunningham



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