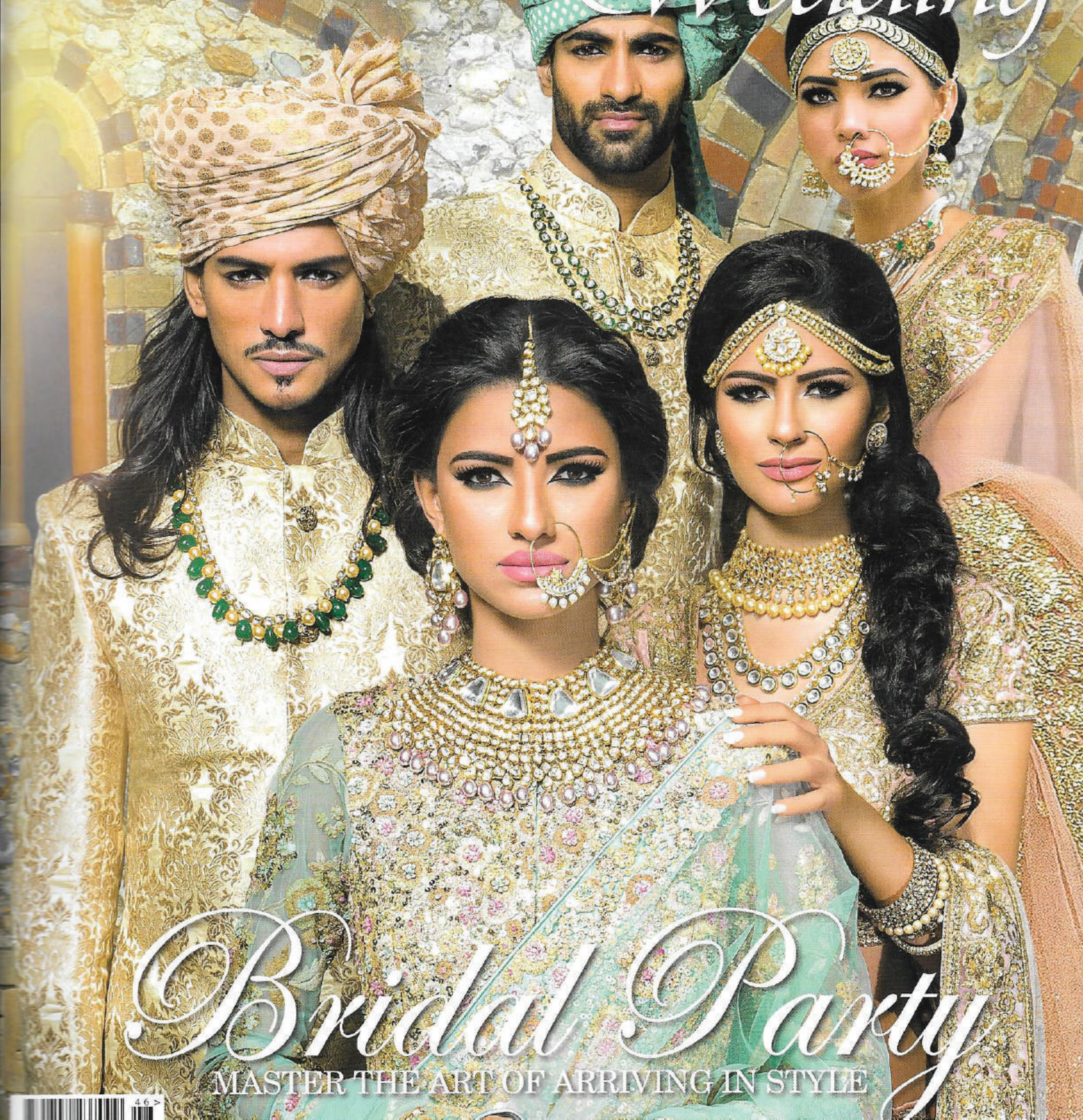


FOR THE ASIAN BRIDE WHO WANTS MORE

# ASIANA

SUMMER 2016 • £4.50

*Wedding*



*Bridal Party*

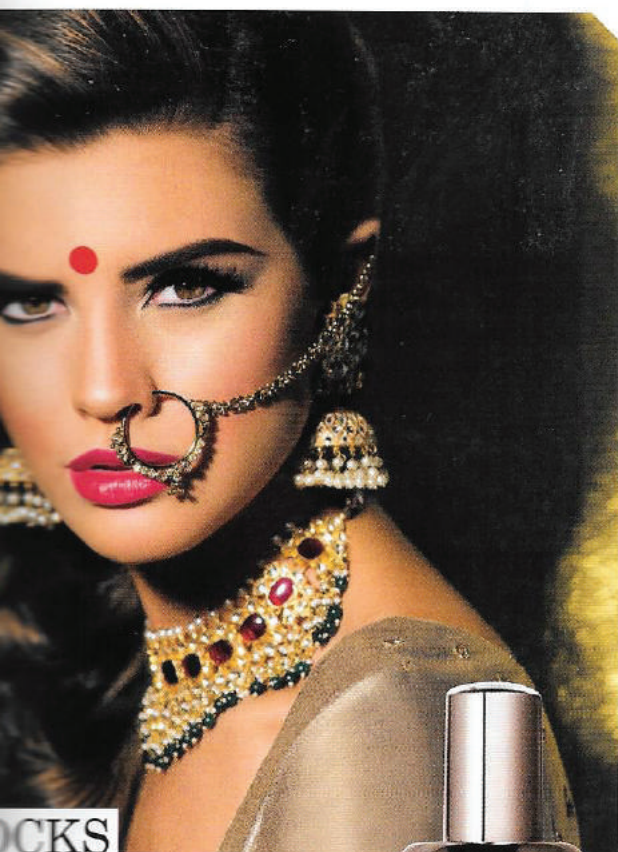
MASTER THE ART OF ARRIVING IN STYLE





# BEAUTYNOTES

*The latest innovations to help you look and feel great*



LOCKS

**Acadence Hair Fragrance** (£55, [johnlewis.com](#)) to give your locks a luscious scent. From the same perfume house, the delicate fragrance is infused with rose water, almond butter, coconut milk and patchouli – it's the perfect finishing touch for your Big Day beauty regime.

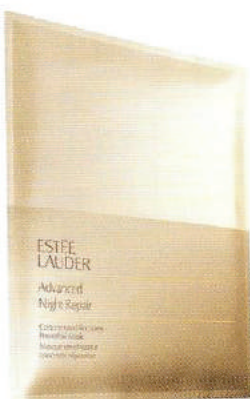


TRY IT:

**Guerlain Terracotta La Parfum** (£49, [johnlewis.com](#)) includes sunny notes of jasmine, neroli and ylang-ylang – it's the perfect hot weather fragrance.

CE

Wake up to great-looking skin if you don't have time to layer on. Try **Estée Lauder Concentrated Night Mask** (£16). The potent, foil-wrapped mask immerses skin in a double dose of repair serum to repair and revive.



## ● HAND HEALER

With all the usual beauty areas to focus on it's easy to neglect your hands. Slather on **Aurelia Aromatic Hand Cream** (£28, [aureliaskincare.com](#)) to hydrate and nourish. Added red algae extract helps heal chapped skin, cassia senna mimics hyaluronic acid to boost hydration, while omega-rich baobab firms.



Spa of the season

## HOUSE OF ELEMIS, MAYFAIR, LONDON

After a luxurious face-lift, the Elemis flagship spa in Mayfair recently re-opened its doors. Set in a modern townhouse, the spa has seven treatment rooms and a VIP suite on the top floor, featuring ceramic flower wall sculptures by talented artist Valeria Nascimento. There's also a Speed Spa in the basement, offering swift treatments for time-starved individuals.

## TREATMENTS TO TRY:

Book into the penthouse for a truly personalised treatment. The private space features two treatment areas, including the revolutionary amber and quartz crystal bed, a sitting room and bathroom. You and your guest will have complete privacy, whilst you unwind and experience your bespoke treatment. You'll also have access to a spa concierge who can arrange a chauffeur or a restaurant booking after your treatment. Highly recommended is **The Dynamic Resurfacing Precision Peel** (£110 for 1 hour), which includes three layers of enzymes to nibble away dulling dead skin. The **Poultice-Powered Muscle Release** (£115 for 1 hour) uses amber and quartz filled poultice to ease away knots and leave you feeling invigorated.

• [www.elemis.com](#)

