A full-page portrait of Britney Spears with long, wavy blonde hair, wearing a black long-sleeved top with a lace-up detail at the waist. She is looking directly at the camera with a slight smile. The background is a soft, out-of-focus grey.

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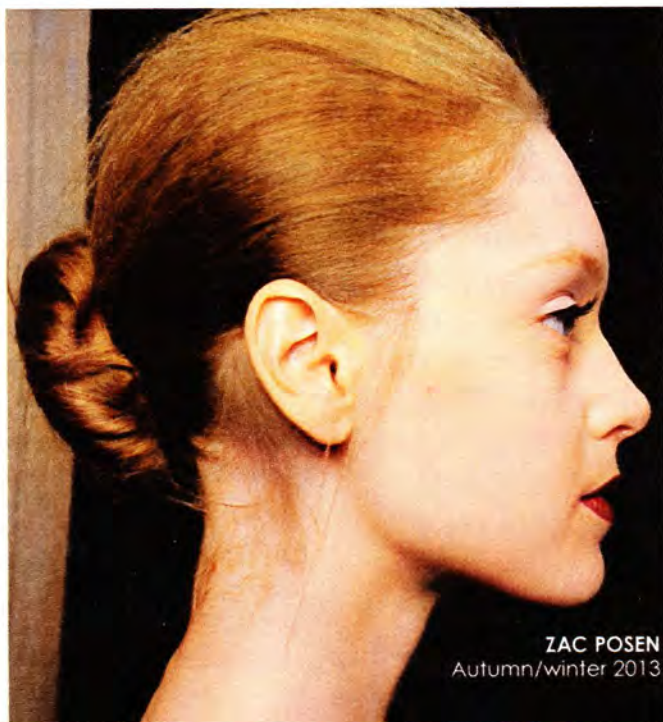
Britney one more time

Three cheers for the
return of Spears

The Sunday Telegraph

HOW TO DO

An up-do



ZAC POSEN
Autumn/winter 2013

Up-dos aren't the easiest style to master, so we asked the stylist to the stars, Charles Worthington, to tell us how it's done.

First work a blob of his **Volume & Bounce Amplifying Volume Treatment** (£14.99, boots.com) through towel-dried hair. Then blow-dry with a round brush for a smooth, polished finish. Once dried, take a fine comb and gently backcomb the roots using a little spritz of hairspray at the root on each section. We like using GHD's **Final Fix Hairspray** (£3.95, lookfantastic.com). Then gently smooth the top section of hair and, starting at the ears, draw up a section from ear to ear at the desired height. Separate this top section and keep it out of the way. With your fingers, twist the remaining hair into a knot and pin it tightly at the nape of the neck. Next, rake the entire top section back and tuck into the bottom knot, securing with a few grips. Finish with a little shine spray, such as **Moroccanoil's Glimmer Shine Spray** (£19.45, feelunique.com).



I-SPIED

KATE FINNIGAN | Style director

'This vibrant Hollywood Red lipstick – a result of **Bobbi Brown's** collaboration with Katie Holmes – has sneaked its way into my make-up bag. I like wearing it with a bare-look face and a flick of eyeliner.' £19; bobbibrown.co.uk

For more I-Spied products visit telegraph.co.uk/ispied



Top Notes

Lolita Lempicka's feminine fragrance *Elle l'Aime* is sparkling and fresh with delicate notes of coconut, bergamot and neroli. Sweet, but not sickly, it has a myrrh and sandalwood base to add warmth. A lovely scent for evening. £45 for 40ml, from debenhams.com

BEAUTY WISE

• Eye Revitalising Duo by Aurelia Skincare

£90; aureliaskincare.com

The claim Two eye products that work in synergy to "revolutionise" the eye area. Containing jujube and olive extract, the unique eye complex claims to result in an age correction improvement of five years after just 28 days of daily use.

The verdict The great thing about this product is that it gives the eye area what it needs, when it needs it.

We found the rollerball Eye Dew perfect in the mornings: instantly cooling, it helped de-puff and brighten too. Then, before bed, we used the Eye Cream. Although quite rich, this absorbed quickly into the skin around the eye and immediately made it look softer. After a few weeks using the Dew in the morning and Cream at night, the skin around our eyes seems smoother, brighter and more toned.



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