

# February is looking good

*You've made it through January and although the weather may not reflect it, your beauty regime can. From the €1.89 super soap to the new blush on the block, February looks gorgeous says DAWN HILL*



**High and dry:** L'Oréal Professionnel Pro Keratin Refill Care Cream, €17.80, is part of a range formulated with amino acids and wheat protein to strengthen the hair. Applied before blow-drying, this cream penetrates the cuticle; protecting, nourishing and moisturising at a deeper than deep level.



**Buy it:** Aurelia Probiotic Skincare has been developed with serious botanical ingredients and is scientifically proven to repair cellular DNA damage. I've been using the Miracle Cleanser with fantastic results. A super-rich cream loaded with skin-loving ingredients like shea butter and chamomile, this cleanser gently lifts every inch of make-up from the skin and the anti-bacterial bamboo muslin cloth included, exfoliates like a dream. Costs €31.40, [www.aureliaskincare.com](http://www.aureliaskincare.com)



**My lipstick of choice?** Giorgio Armani Lip Maestro €26. This is a luxurious velvety stain that goes on as a shiny lacquer and ends up a rich matte.



**Hot New Things:** Kiehl's Actively Correcting and Beautifying BB Cream, €29. It has all the usual BB cream traits except Kiehl's have added high doses of Vitamin C paired with a high SPF 50.



**Body Beautiful:** If you want soft, plump skin, Avocado Oil is your answer. Rich in vitamins A, B, C, D and E, Avocado oil is easily absorbed, for less than a fiver. I put mine into a spray bottle with a few drops of Rose Oil and apply it after the shower when my skin is still wet.



**Luxury Lust Have:** Chanel Fracas, €22. It's summer in a bottle. A hot pink, melon fuschia with a subtle, barely there shimmer.



**Beauty on the cheap:** Oliva Olive Soap, €1.89, Here's Health. If you're one of those women who swears by a bar of soap and a face cloth, this one is for you. This is made with just olive oil, water and mineral salts. It removes make-up and moisturises skin.



**Valentine's Day:** More than a few of us are expecting our lips to get their fair share of lovin' this month. Pouts suffering from flaky, dry, chapped skin just won't do! I've been slathering on Dr Hauschka's Lip Balm, €12.95, Here's Health.



**Hair do:** My hair is all over the shop. Greasy roots and thirsty, bone dry ends. However, L'Oréal Professionnel Fresh Dust, €11.85, is a brilliant dry shampoo. With a transparent formula — no white roots — this gives hair incredible volume when used with a dryer.

## LA College's Fashion and bridal make-up course comes to Cork

THE LA College of Creative Arts is bringing its Fashion and Bridal Make-Up Artistry course to Cork.

This course is primarily aimed at those seeking employment in the fashion industry and will be taught by lecturers working in the field as make-up artists for

film, TV, fashion catwalks, magazines and international beauty houses.

The course also focuses on learning to apply natural make-up for bridal photo shoots and to-date, has attracted a number of women interested in

learning make-up skills for their own forthcoming wedding.

Students attending this course will get the opportunity to take part in a live photoshoot working alongside a fashion photographer, recreating two looks for their professional portfolio.

No previous experience is necessary and the Cork course runs from February 9, from 10am to 4pm, every Sunday for 10 weeks. It is being held at the Hennessy Hair & Beauty Studio, Pembroke Street, Cork.

The course has been extended

nationwide with dates being set in Galway, Donegal and also Limerick.

To book for the course or find out more information on The LA College of Creative Arts, call (01) 6751999 or see [www.lacollegeofcreativearts.com](http://www.lacollegeofcreativearts.com)