

rich as it sounds, unctuous and infused with an amazing Byzantine rose scent – and the Satin Oil for Body and Hair, £36 for 100ml, which fuses jasmine, ylang ylang and saffron, sinking in fast to leave skin smooth and nourished.

Frederic Malle Body Butter, from £110 for 200ml. This is a real 'Darling, for my birthday please may I have...?' treat, because these ultra-rich butters are priced from (wait for it) £110 for an, albeit hefty, 200ml jar. What I will say is that the fragrance of the butters is an exact replica of the liquid fragrances – not an 'interpretation', as so many are. What's more, the fragrance really, really lasts on the skin – eight hours later, nuzzle your arm and it'll still be there. Ditto if someone else happens to be up-close-and-personal...

Aurelia Probiotic Skincare Revitalise & Firm Dry Body Oil, £48 for 100ml. If you haven't yet heard of Aurelia, you soon will: winners of a phenomenal number of Beauty Bible Awards, they're making quite a splash in the skincare world. I've a hunch it isn't just effectiveness but the glory of the neroli/lavender/rose/mandarin blend which is the brand's fragrant signature and which has made so many women fall in love with the range. Mostly, Aurelia offers face care – but this is a treat for body skin, a swiftly absorbed oil that smells quite simply beautiful and has all sorts of beauty editors swooning over it.

Weleda Pomegranate Regenerating Body Oil, £21.95 for 100ml. From the name you might guess this would smell tangy and fruity – but here's the surprise: this is bizarrely closer to the scent of Guerlain Shalimar, with its soft, seductive powderiness. Shalimar bodycare is, in fact, still available from some retailers – as is Mitsouko – and if you love those scents, you'll just love wallowing in, say, Shalimar Sensual Body Cream, £60 for 200ml, or Mitsouko Body Lotion, £39 for 200ml, both at www. feelunique.com. I'm stockpiling.

Yardley Body Lotions, £5.99 for 250ml. If you're on a budget, you can't really beat these, in English Rose, Lily of the Valley, April Violets and Lily of the Valley options: packed with skin-nourishing Essential Fatty Acids, shea butter and prettily scented. Total steals, which allow you to slather them on as generously as your winter-parched body would like.

Check out Jo Fairley's website www.beautybible.com - for all things healthy and beautiful





