



Condé Nast Traveller

INSIDER GUIDE
WILD SWIMMING
IN EUROPE

AUGUST 2013 £3.99

SPECIAL
ISSUE

SUMMER ESCAPES

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FROM THE HIGHLANDS TO CORNWALL



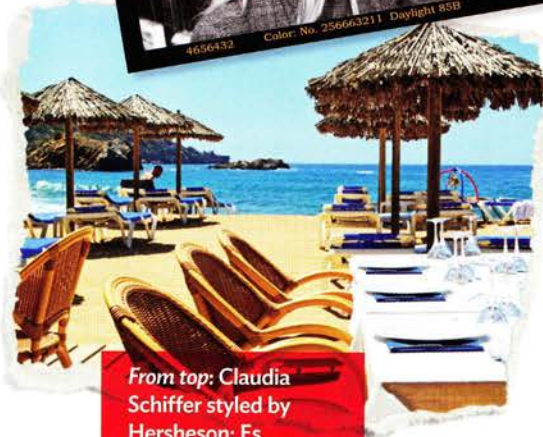
Most sought-after travel companion Hair stylist Luke Hersheson

His well-worn Havaianas are off to **Ibiza** this month to hang out at Es Torrent beach club, followed by the **Four Seasons Hotel Firenze**, then back to **The Westbury**

where his salon takes a staycation for August while it has a makeover.

The summer look? 'Use sea water to get the best beach hair,' says Luke. 'Soak your locks in it and twist or braid them until dry to get some soft movement. Look after your hair at night with a great conditioner such as **Kérastase Bain Soleil** to put the moisture back.'

Lost luggage? 'When your trusted hair kit is gone, your hands are the best styling tools you have. You can use shower gel to clean hair (but don't overuse it) and a watered-down facial moisturiser is great as a conditioner. And **olive oil** makes hair lovely and shiny.'



From top: Claudia Schiffer styled by Hersheson; Es Torrent, Ibiza

Channel the good stuff



AURELIA The skincare equivalent of a trip to Whole Foods after a big weekend. It's a feel-good shot of neroli, shea butter, hibiscus and aloe vera. Available at www.net-a-porter.com

Swap your açaí berries for easier to eat **ARONIA**, which are native to North America.



Jonathan Goldberg, the man who brought us spinning, has introduced **KRANKING**: it's spinning but for your arms and it's storming the USA.



Buzz words Stone-cold classics



Inspired by...

The resurgence of **Nike Air Max 1 Vintage**; stone-cold classics refer to the items and places that transcend trends to bounce back again and again.

Also refer to...

- Hôtel du Cap-Eden-Roc: the gardens, the pool, the view. It's an annual hit.
- Coming to a festival near you, **Ray-Ban Wayfarers** suit everyone, can survive a seabed rescue and are worn through fast-track lanes at airports worldwide.
- The irony of Bananarama's **Cruel Summer** and the amount of airtime it gets.
 - **Wicked Nail Polish** by Essie: this deeply vampish shade is reliable, trans-seasonal and always available at the nail bar.



COOL CAT
Nicholas Kirkwood's new sunglass range for Pollini. £260, www.pollini.com