

'I REACHED MY DREAM WEIGHT - BUT LOST MY IDENTITY'

# GRAZIA

£2

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HAS CATHERINE ZETA-JONES GOT TRENDS FROM RENÉE FAZLI?

BEYONCÉ AND HER MYSTERY PREGNANT



Hot new couple alert!

RIHANNA & LEO GET IT ON

TRENDS TO TRY NOW



PLUS 16 PAGES OF CATWALK TRENDS



BAGS GET ARTY



70s PLATFORMS

Sienna

THE WEEK FASHION FELT IN LOVE WITH HER (again)

DEBA IS IT EVER YOUR FAULT WHEN CHEAT



*This week we realised that drowning ourselves in winter cashmere does not negate the need to tend to the body beneath – sort yourself out with this lovely lot...*

Body  
special

# BEAUTY CHARTS

1

## MASSAGE ME

Try your luck persuading someone to give you a nice old body rub with Another Place Lavender and Ginger Massage Oil, £14, a naturally warming blend of lavender, rosemary, ginger and cedarwood. [anotherplace.co.uk](http://anotherplace.co.uk)

2

## SPRITZ TO THIS

After using the totally techy Hand Chemistry Hyaluronic Body Mist, £17, every day for four weeks, a single application of this non-aerosol mist will allow your bod to stay hydrated for at least three days. Impressive or what? [handchemistry.com](http://handchemistry.com)

3

## BE FIRM

Add a pump or three of the uber-luxe Aurelia Firm And Revitalise Dry Body Oil, £48, to your regular body cream to supercharge the results. Macadamia and borage oils will firm, while kukui oil hydrates and rose soothes the senses. [aureliaskincare.com](http://aureliaskincare.com)

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## SENSITIVE SKIN?

Very dry skin is a worry for 50 million Europeans. Luckily, La Roche-Posay's brilliant new Lipid-Replenishing Balm, £19.50, improves and reinforces the ecosystem of the skin, soothing even the most severe irritation and preventing future flare-ups. *Boots nationwide*

5

## BATH TIME

Cheer up your morning shower with Get Happy Bodywash, £14, which has just landed from super-cool Brooklyn, New York. The hefty dose of peppermint and geranium essential oils will perk up even the sleepest bedheads. [selfridges.com](http://selfridges.com)

