

**SKY HIGH**

*Richard Branson  
bounces back*

**SAFARI STYLE**

*Look cool as the  
mercury rises*

# ES



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TRAVEL SPECIAL

# REFRESH YOURSELF

THE YEAR'S HOTTEST DESTINATIONS



PLUS CELEBS KICK BACK / ALEX POLIZZI'S TOP TIPS / UPGRADE YOUR STYLE / SIMON REEVE'S MY LONDON



Edited by Dipal Acharya

# VANITY CASE: SOLVED

Elegant essentials for well-groomed globetrotters



Top row, from left: **DIPTYQUE** Revitalizing Shower Gel from The Art of Body Care travel collection, £35 ([diptyqueparis.co.uk](http://diptyqueparis.co.uk)) **AESOP** Mandarin Facial Hydrating Cream, £33 ([aesop.com](http://aesop.com)) **AURELIA** Cell Repair Night Oil, £45, at [net-a-porter.com](http://net-a-porter.com) **OMOROVICZA** Queen of Hungary Mist from the Essentials travel kit, £75 ([omorovicza.co.uk](http://omorovicza.co.uk)) **MASON PEARSON** Pocket bristle brush, £41.75, at [escentual.com](http://escentual.com) **LOUIS VUITTON** vanity case, £3,150 ([louisvuitton.com](http://louisvuitton.com))

Bottom row, from left: **CAUDALIE** Premier Cru La Crème Riche, £92.50 ([uk.caudalie.com](http://uk.caudalie.com)) **DR SEBAGH** Serum Repair, £69, at [uk.spacenk.com](http://uk.spacenk.com) **KIEHL'S** Olive Fruit Oil Nourishing Conditioner, £8.50 ([kiehls.co.uk](http://kiehls.co.uk)) **MAC** Mineralize Charged Water Moisture Eye Cream, £24.50 ([maccosmetics.co.uk](http://maccosmetics.co.uk)) **SHU UEMURA** Art of Hair Cleansing Oil Shampoo, £31, at [feelunique.com](http://feelunique.com) **PERRICONE MD** Glycolic Cleansing Bar, £59.50 for three, at [liberty.co.uk](http://liberty.co.uk)

Photograph by Aaron Tilley

## YOU BEAUTY!



ANNABEL RIVKIN'S CABINET OF WONDERS

Appropriately enough for a travel special, I find myself on a journey. No flights or boarding passes. No hotels or street markets. But, all being well, I'll end up with a hell of a souvenir. A keepsake. Because, increasingly, it looks as though, sometime soon, I'll be having a baby. Which means that, as I write, I'm travelling from being one person to being two; from being me as I know myself to being the mother I have never met. Oh God.

Anyway, my tummy is as big as my existential crisis. Apart from the fact (as if that weren't enough) that when you are pregnant your middle expands

to accommodate the house your body has built for your baby, the tiny mite is skimming off your body's stockpile of skin-lubricating omegas to do things like make a brain. And eyes. You have become a second-class citizen in your own – stretched – skin.

*I find myself on a journey. I'm travelling from being one person to being two*

And you begrudge that baby not a jot.

So I am busy, morning and night, with Mama Mio's Tummy Rub Oil, an unguent so packed with organic oils, vitamin E and omegas that it will labour through to the skin cells to help you stretch and ping back afterwards. I realise that 'pinging' may be a triumph of hope over inexperience. But no stretch marks yet. And so, onwards... Mama Mio The Tummy Rub Oil, £27 ([mamamio.co.uk](http://mamamio.co.uk))

