

editor's
PICK

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NAILED IT

christian louboutin
Fashion icon Christian Louboutin's beauty debut is this suitably dramatic Rouge Louboutin nail colour. *Christian Louboutin Beauté, Nail Colour, Rouge Louboutin, £36; christianlouboutin.com*



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RED HOT
clarins

Been looking for the perfect red lipstick to complete your autumnal look? Clarins new Red Fuchsia lipstick from their Rouge Eclat collection is not only the perfect hue, its Nutri-Youth Complex keeps lips young and full. *£19.50; clarins.com*



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COCO NUTS!
jax coco

Yes, coconut oil is all the rage in kitchens but it can also be used as a beauty product. Jax Coco's recently launched EVCCO Oil, when applied to hair and skin, acts as a natural moisturiser, with high levels of lauric acid to promote healing and cleansing. That's why we're totally nuts for it. *£10 for a 400g jar; shop.jaxcoco.com*



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SKIN DEEP
aurelia

This award-winning British skincare company (founded in 2013 by dermatology expert Claire Vero) is a scientifically proven natural line that works by helping to manage the level of inflammation within the skin, the main cause of ageing. What's more, the products smell divine. *£42 for 120ml; spacenk.com*



**NUDE FOR FALL
MAKE UP**

Words **CHARLOTTE CAVE**

Make-up for AW14 is fresh, clean and nude. We want to channel the romantic and the feminine this season – and for that we need a good hydrated base. I would go for the *Sisley Black Rose Oil Facemask* and a really good moisturiser. Trust me, if you haven't had one for a while, take the opportunity to get a professional facial as we head into winter.

For those who know me, the "Less is More" philosophy (for make-up at least) is something I always champion. My 'Style by Ten' philosophy is about finding your ten perfect products and then use seasonal trends for minimal accents. Keep your base simple for glowing and effortless skin.

Nude palettes dominated all the catwalks – from creams and peaches to dark gold and browns. Illuminators such as *Benefit High Beam* and muted blushers are the key tools of choice and provide the light and shade for the face. With a nude face you need to concentrate on the cheeks and the eyes. Mascara is king this season – my favourites are by *MAC* and *Maybelline* – coupled with the reliable *Elizabeth Arden 8 Hour Cream* – an old favourite that never goes out of fashion and can be used on both eyes and lips. For a touch of extra sass, use a perfect red lip or a block of colour – either from *Chanel* or *Bourjois*. ♦

Charlotte Cave is a hair and make up-artist with over 20 years experience working with everyone from Lady Gaga to Chris Martin. Charlotte has created the key AW looks for UK Glamour magazine. charlottecave.com