

# Smallish

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JULY 2015

A MAGAZINE FOR CHILDHOOD

## FULL HEART

WHY BEING THANKFUL  
KEEPS YOU HAPPY

## HOUSE OF TREASURE

The eclectic  
world of a  
toy designer

## DIVE IN

AROUND THE  
WORLD WITH  
THE FOUNDERS  
OF SUNUVA  
SWIMWEAR

## TOWN VS COUNTRY

WHERE DO YOU  
WANT TO RAISE  
THE KIDS?

WHAT MILK  
SHOULD YOU  
FEED YOUR  
TODDLER?

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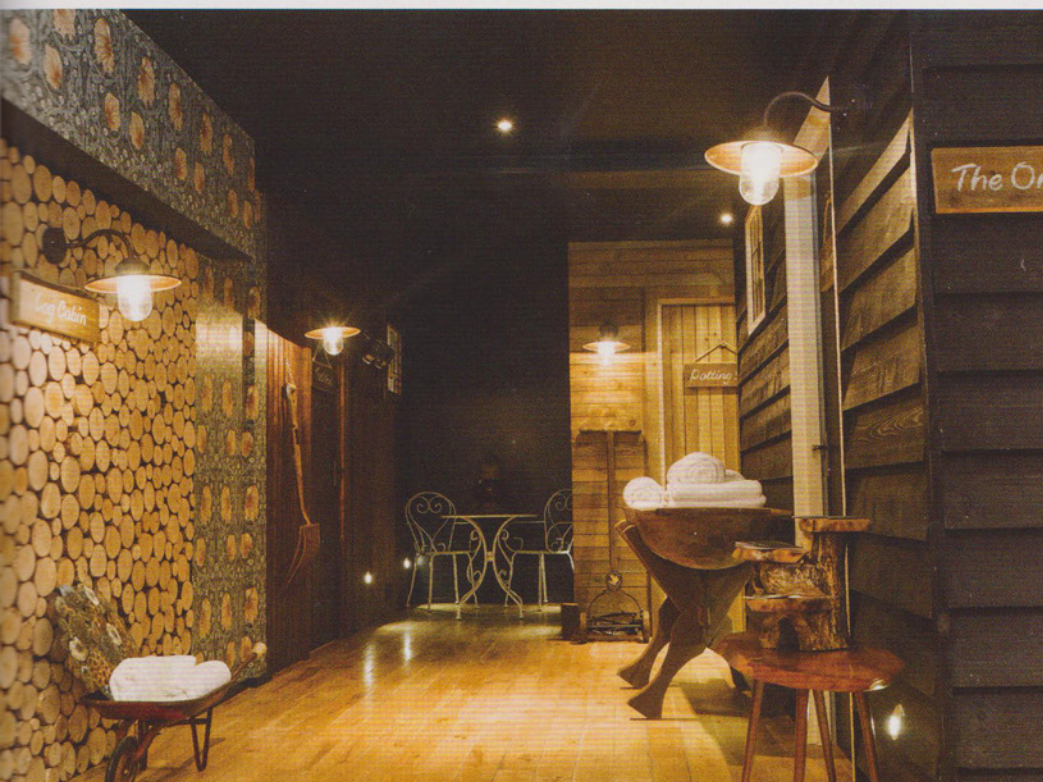
# Beach life

THE SEASIDE  
EDIT HOME  
AND AWAY

## ESTHER WALKER

On fresh air,  
au pairs and  
having a social  
life again





## Tidy and trim

There's nothing I love more than a beauty salon with a sense of humour. Privet in Notting Hill describes its services rather aptly as "top to toe body topiary" and the beauty professionals "expert gardeners". Cue sniggers about pruning bushes and so forth in preparation for peeling off layers in the summer. Well, you may laugh but Privet takes its beauty seriously. The bespoke treatment rooms are something to behold – a writer's hut the perfect spot to put ones feet up and enjoy some pedi-pampering whilst whipping that novel into shape; the log cabin oozes Scandi-zen with stripped wood and calming neutrals. I experienced the ultimate body massage where my barefoot masseuse fluidly worked my muscles, smoothing out the tension that comes with hunching over one's desk. With waxes like The Navel Gazer and an ironically named tanning space called The Orangerie, you'll never have to worry about how your garden grows. And it pays to be regular; heck they even have a hedge fund loyalty card. EL Privet Body, 214 Kensington Park Road, W11 1NR 020 7221 5674

# Summer skin

Peel off the layers and reveal your most radiant self



### CULT BEAUTY

As the saying goes, children keep you young. When it comes to skin, actually I don't think so. The culmination of lifestyle factors after thirty tend to take effect (those with great genes excepted) and skin becomes less able to renew, leading to the formation of lines. Enter Bioeffect and its Nobel-prize-winning creator who discovered the protein molecule that talks to your skin cells and helps increase collagen and elastin production. This hero ingredient (along with only nine others) makes up Bioeffect EGF Day Serum; one of the few skincare products with a scientific guarantee. [bioeffect.co.uk](http://bioeffect.co.uk)

### BOTANIC BOOST

For a feel-good fix at bedtime, Aurelia Probiotic Skincare Cell Repair Night Oil provides a dose of pure botanicals to help fight free radicals. Neroli, lavender, rose and mandarin combine to make an intoxicating scent. As bedtime routines go, this is pure indulgence. [aureliaskincare.com](http://aureliaskincare.com)



**TINT AND GLOW**  
If you prefer lighter coverage in the summer months with a good dose of sun protection Vichy Ideal Soleil Tinted BB Cream is the answer. This SPF 50 cream with UVA and UVB keeps your skin happy whilst providing a dewy finish and natural tint. The perfect summer make up. [feelunique.com](http://feelunique.com)

