



# ELLEbeauty



## THE SKINCARE OBSESSIVE EMMA STRENNER, BEAUTY DIRECTOR



**Skin:** Combination.

**Hair:** Fine, but a lot of it.

**Where do you shop for beauty?** All over! Space NK,

Selfridges, Liberty, Feel Unique and any pharmacies I come across during my travels whether I'm in Tokyo, Paris or New York.

**Which skincare products do you use every day?** I use Clean Skin 5-in-1 Water, £21, by This Works as soon as I get in from work to take the day off. Morning and night I have been using a cleanser by a new brand called Aurelia – it is one of the best I've ever tried – I use it with a muslin cloth and warm water. I swear by All Day All Year, £222, by Sisley (the Rolls-Royce of day creams), which I layer over Skinesis Stem Cell Collagen Activator, £245, by Sarah Chapman. At night I layer The Moisturising Soft Cream, £100, by Crème de la Mer over a cocktail of serums.

**What are your top bath or shower treats?** Splendidly Silky Moisturising Shampoo and Conditioner, £14 each, by Percy & Reed. And I always

Aromatherapy Associates Bath & Shower Oils in the shower: Revive Morning and Support Equilibrium, £37 each.

**Which are your favourite fragrances?** Eau de Campagne EDT, £75 for 100ml, by Sisley for summer; Voyage d'Hermès EDP, £87 for 100ml, by Hermès for winter days; I always go back to No19 EDP, £65 for 50ml, by Chanel for work.

**Any must-book treatments?** I go to David Barton for a Signature Manicure, £37 for 60 minutes, at Percy & Reed; enq (020) 7637 4634. I see Su-Man at W London's Away Spa for a Signature Facial, £200 for 60 minutes; enq (020) 7758 1071. I try to have a massage with Nicole at Twenty Two Training at least every fortnight, £120 for one hour; enq (020) 7581 2234. She is a magician

with aches and pains.

### IN EMMA'S MAKE-UP BAG

**ORIGINAL SPF 15  
FOUNDATION**  
£24, BY  
BARE MINERALS;  
FOR MORE  
COVERAGE, I USE  
**FOUNDATION**  
£62, BY SUQUQU

**HYDRALIFE  
BB CREAM**  
£44, BY DIOR,  
FOR WHEN I'M  
LOOKING TIRED

**EYE  
BRIGHTENING  
MASCARA**  
FOR BROWN EYES,  
£7.99, BY  
MAX FACTOR, OR  
**MASCARA  
SINGULIER  
WATERPROOF**  
IN VIBRANT BLUE,  
£23, BY YSL

**TOUCH-EXPERT  
ADVANCED  
CONCEALER**  
£28.50, BY  
BY TERRY

## THE FRAGRANCE FANATIC

### ALICE WIGNALL, CONTENT DIRECTOR



**Skin:** Normal to sensitive.

**Hair:** Dry and frizz-prone.

**My beauty mantra:** Mix and match, don't spend a fortune, and if it doesn't work for you, don't use it.

**What is your day-to-day skincare regime?** I try to keep my routine simple because I've found that the less I do to my slightly sensitive skin, the better it is. I use Cleanse & Polish Hot Cloth Cleanser, £12.75, by Liz Earle, and I always make sure my day cream has an SPF in it – at least factor 15.

**Which are your favourite fragrances?**

I am a perfume obsessive and I have a big collection. Most-worn at the moment are Les Exclusifs de Chanel Sycomore EDT, £105 for 75ml, by Chanel, Vol de Nuit Parfum, £198 for 30ml, by Guerlain and Ormonde Woman EDP, £80 for 50ml, by Ormonde Jayne. Chanel Sycomore was a chance discovery – someone in the office was wearing it and I had a real 'What is that?' moment. It's a wonderful smoky, woody scent – it seems comforting and sophisticated whenever I wear it.

**Any must-do treatments?**

I usually give myself a manicure once a week – often on

a Saturday or Sunday evening when I'm watching something rubbish on TV. I swear by Seche Vite Dry Fast Top Coat, £10.95, by Seche – it makes my manicure last all week. Original Nail Envy, £18.65, by Opi really works when your nails are a bit weak or split. And I love polishes by Essie, Revlon and Chanel. ➤



*'Our skin is most reactive at night when it repairs'*

## EMMA'S BEST BUYS OVERSEAS



**USA** MAYBELLINE INSTANT AGE REWIND ERASER DARK CIRCLES CONCEALER



**FRANCE** BOIRON OSCILLOCOCCINUM PILLS TO STAVE OFF COLDS, EMBRYOLISSE ESSENTIAL DRY SKIN BALM, BOIRON HOMEOPLASMINE LIP TREATMENT



**JAPAN** CLEAR BAGS AND CONTAINERS FROM TOKYU HANDS IN TOKYO