Subject: Civic Education

Class: JSS1

Term: First Term

Week 10

Topic: Process of Identifying One's Natural Talents

Lesson Objectives

By the end of the lesson, students should be able to:

- 1. **List methods** of discovering their natural talents.
- 2. **Explain how to nurture** identified talents.
- 3. **Describe the consequences** of wasted talents and underdeveloped skills.
- 4. **Discuss the effects** of not developing one's skills or talents.

1. What Are Natural Talents?

Natural talents are inborn or God-given abilities that make a person perform certain tasks easily and exceptionally well. These could include singing, dancing, drawing, solving problems, leading others, fixing things, storytelling, etc.

Q 2. Methods of Discovering One's Natural Talents

To identify natural talents, a person can:

a. Self-Observation

- Watch what you enjoy doing and do well without much help.
- E.g. You always win drawing competitions in school.

b. Parental or Teacher Guidance

- Ask trusted adults what they notice you're good at.
- Teachers often spot talents early in class activities.

c. Trying New Activities

- Join different clubs or teams to discover your abilities.
- E.g. Joining drama, music, science, or debate clubs.

d. Feedback from Others

• Listen to compliments or encouragements from friends, family, and teachers.

e. Personal Interests and Hobbies

- The things you love doing often reflect your talents.
- E.g. If you love repairing electronics, you may have a talent in technology.

3. How to Nurture Identified Talents

Once a talent is discovered, it should be developed through:

a. Practice

- Regular and consistent practice improves skills.
- "Practice makes perfect."

b. Mentorship or Training

- Learn from people who have developed similar talents.
- Attend classes, workshops, or tutorials.

c. Hard Work and Discipline

- Talent without hard work leads nowhere.
- · Stay committed to improving.

d. Joining School or Community Clubs

• Participate in competitions and activities that allow you to use your talents.

1. Consequences of Wasted Talents and Underdeveloped Skills

When a person fails to discover or develop their natural abilities:

X a. Unfulfilled Potential

The person may never achieve their full ability in life.

X b. Low Self-Esteem

• Feeling of failure or lack of purpose.

X c. Poverty and Unemployment

• Many people struggle in life because they didn't develop their useful skills early.

X d. Lack of Contribution to Society

• Society loses when talented people do nothing with their abilities.

1 5. Effects of Underdeveloped Skills

- Wasted opportunities in education and work.
- Inability to earn a living or be self-reliant.
- Frustration due to inability to perform or achieve goals.
- Negative behaviors such as laziness, crime, or bad peer influence.