**Subject: Civic Education** 

Class: JSS1

**Term: First Term** 

Week 9

**Topic: National Values – Self-Reliance (Continuation)** 

# Lesson Objectives

By the end of this lesson, students should be able to:

- 1. **Define** self-reliance clearly.
- 2. **State** and explain the **importance** of self-reliance.

### 1. Meaning of Self-Reliance (Revision)

**Self-reliance** is the ability to **depend on oneself** rather than relying on others for needs, decisions, or actions. It involves being **independent**, **resourceful**, **hardworking**, **and confident** in handling personal and social responsibilities.

Example: A student who wakes up early to study without being reminded shows self-reliance.

# 2. Importance of Self-Reliance

Self-reliance is important for the **individual**, **family**, and **society** as a whole. It leads to:

# a. Personal Development

- Helps a person become **confident** and **responsible**.
- Builds self-esteem and independence.
- Encourages good decision-making skills.

# **b.** Reduces Overdependence

- Lessens the burden on parents, government, or society.
- Promotes financial independence and maturity.

#### c. National Growth and Development

- Self-reliant citizens are more productive.
- Leads to job creation and entrepreneurship.
- Reduces poverty and unemployment.

#### d. Promotes Creativity and Innovation

- Self-reliant individuals think of new ideas to solve problems.
- Encourages learning of skills like tailoring, carpentry, farming, ICT, etc.

#### e. Builds Stronger Families and Communities

- Self-reliant people contribute positively to their homes and neighborhoods.
- · Reduces crime and laziness in society.

#### **Example Scenarios**

- A youth starts a fish farming business to support their education.
- A student repairs their own school bag instead of asking others.