

Subject: Civic Education

Class: JSS1

Term: First Term

Week 8

Topic: National Values III – Self-Reliance

Lesson Objectives

By the end of this lesson, students should be able to:

1. Explain the **meaning** of self-reliance.
 2. Identify and describe the **attributes** of self-reliance.
 3. State the **benefits** of self-reliance to oneself, the family, and the society.
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1. Meaning of Self-Reliance

Self-reliance means the **ability to depend on oneself** to meet one's needs without depending too much on others.

It is about being **independent, hardworking, and resourceful**.

Example: A student who studies well without being forced shows self-reliance.

2. Attributes of Self-Reliance

These are the **qualities** or **behaviors** seen in someone who is self-reliant:

Attribute	Description
Hard Work	Putting in effort to achieve goals.
Discipline	Being able to control oneself and make the right decisions.
Confidence	Believing in one's own abilities.
Initiative	Starting tasks or solving problems without being told.

Attribute **Description**

Determination Not giving up even when things get difficult.

Creativity Using new ideas to solve problems or create something useful.

Responsibility Taking ownership of actions and duties.

3. Benefits of Self-Reliance

To Oneself	To the Family	To the Society
Builds confidence and self-esteem.	Reduces financial burden on parents.	Creates independent and productive citizens.
Encourages personal growth.	Inspires other family members.	Reduces unemployment.
Helps in decision-making.	Promotes a culture of hard work.	Contributes to national development.
Reduces laziness and dependency.	Creates role models.	Encourages innovation and entrepreneurship.

Examples of Self-Reliant Acts

- A student learning a skill like tailoring or shoemaking.
- Doing homework without being forced.
- A youth starting a small business.
- Repairing your school bag instead of waiting for someone else to do it.