

 **Subject: Home Economics**

 **Class: JSS1**

 **Term: First Term**

 **Week 2**

 **Topic: Home Economics and National Development**

Lesson Objectives

By the end of this lesson, students should be able to:

1. Identify career opportunities in Home Economics.
 2. Describe the requirements for pursuing a career in Home Economics.
 3. Explain the importance of Home Economics to the individual, family, and the nation.
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I. Career Opportunities in Home Economics

Home Economics offers many exciting careers across different fields. Some include:

1. **Catering and Hotel Management** – Cooking, serving, and managing hospitality businesses.
2. **Fashion Design and Tailoring** – Designing, sewing, and marketing clothes.
3. **Teaching** – Becoming a Home Economics teacher or lecturer.
4. **Interior Decoration** – Designing and beautifying homes and offices.
5. **Nutritionist/Dietician** – Advising people on healthy diets.
6. **Childcare Provider** – Taking care of children in daycares and schools.
7. **Consumer Advisor** – Guiding people on wise buying and use of products.
8. **Laundry and Dry Cleaning Services** – Managing cleaning businesses.
9. **Textile Production** – Creating and designing fabric materials.

 **Note:** These careers are both self-employable and suitable for working in organizations.

II. Career Requirements in Home Economics

To pursue a career in Home Economics, the following are often required:

- **Educational Qualifications**
 - Secondary education with focus on relevant subjects (e.g., Home Economics, Biology, Chemistry, etc.).
 - Tertiary education in universities, polytechnics, or technical colleges.
 - **Skill Training**
 - Apprenticeship or vocational training in sewing, catering, or childcare.
 - Participation in skill acquisition programs.
 - **Personal Qualities**
 - Creativity and neatness
 - Patience and good communication
 - Time management
 - Willingness to learn and work hard
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III. Importance of Home Economics to the Individual, Family, and Nation

A. To the Individual

- Teaches life skills such as cooking, sewing, budgeting, and cleanliness.
- Provides self-employment opportunities.
- Improves self-confidence and independence.

B. To the Family

- Promotes better care of children, healthy feeding, and wise spending.
- Enhances family relationships and communication.
- Helps in keeping the home neat, organized, and safe.

C. To the Nation

- Reduces unemployment through vocational training and job creation.

- Contributes to the health and productivity of citizens.
- Encourages industrial and economic development (e.g., textile and food industries).
- Builds responsible and resourceful citizens.