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## **BE A VEGETARIAN**



2008. Hardcover. Condition: New. 300 This book, written in simple language, deals with various aspects of vegetarianism and tries to answer the questions that are commonly asked by people about the pros and cons of particular dietary habit. Various myths are busted related to vegetarianism and it emerges as the preferential choice of modern educated responsible citizen as the proceeds. Health, religious, economical, historical and ethical aspects of vegetarianism are discussed extensively. About The Author:- ARUN KUMAR JAIN born on...

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- Authored by Arun Kumar Jain
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