

Balmullo Trail Race 2023 Category Prizes

Category: Women Open

- 1: **Rhona Van Rensburg** (Fife AC) 00:35:23
- 2: **Charlotte Roper** (Unatt.) 00:35:31
- 3: **Hannah Tippetts** (Dundee Road Runners) 00:36:05

Category: Men Open

- 1: **Ben Kinninmonth** (Fife AC) 00:30:59
- 2: **Patrick O'Hare** (Fife AC) 00:31:00
- 3: **Marcus Sheridan** (Dundee Road Runners) 00:31:16

Category: Women Junior

Category: Men Junior

- 1: **Thomas Robertson** (Fife AC) 00:38:08

Category: Women 40-49

- 1: **Jane O'Donnell** (Dundee Road Runners) 00:40:18

Category: Men 40-49

- 1: **Kai Sedgwick** (Dundee Road Runners) 00:32:04

Category: Women 50-59

- 1: **Alison Cunningham** (Strathearn Harriers) 00:41:05

Category: Men 50-59

- 1: **Damon Thoms** (Fife AC) 00:34:50

Category: Women 60-69

- 1: **Hilary Ritchie** (Fife AC) 00:41:44

Category: Men 60-69

1: **Andy Gallagher** (Strathearn Harriers) 00:39:31

Category: Women 70+

1: **Jude Alcock** (Falkland Trail Runners) 01:04:59

Category: Men 70+

1: **Tony Martin** (Falkland Trail Runners) 00:38:17