

St Andrews 5M 2023 Category Prizes

Category: Women Open

- 1: **Rhona Van Rensburg** (Fife AC) 00:30:58
- 2: **Heather Anderson** (Fife AC) 00:31:04
- 3: **Mairi Littleson** (Dundee Road Runners) 00:31:21

Category: Men Open

- 1: **David Webster** (Dundee Road Runners) 00:25:51
- 2: **Jamie Lessels** (Fife AC) 00:26:14
- 3: **Ben Kinninmonth** (Fife AC) 00:26:55

Category: Women Junior

Category: Men Junior

- 1: **Jamie Anderson** (Anster Haddies) 00:29:39

Category: Women 40-49

- 1: **Alison McNeilly** (Dundee Road Runners) 00:32:40

Category: Men 40-49

- 1: **Ben Hukins** (PH Racing) 00:27:27

Category: Women 50-59

- 1: **Gwen Tivendale** (Anster Haddies) 00:35:59

Category: Men 50-59

- 1: **Iain Wallace** (PH Racing) 00:31:16

Category: Women 60-69

- 1: **Hilary Ritchie** (Fife AC) 00:37:50

Category: Men 60-69

1: **Malcolm Forbes** (Dundee Road Runners) 00:35:10

Category: Women 70+

1: **Margaret Robertson** (Dundee Road Runners) 00:51:20

Category: Men 70+

1: **Tony Martin** (Falkland Trail Runners) 00:32:00