Balmullo Trail Race 2023 Category Prizes

Category: Women Open

1: Rhona Van Rensburg (Fife AC) 00:35:23

2: Charlotte Roper (Unatt.) 00:35:31

3: Hannah Tippetts (Dundee Road Runners) 00:36:05

Category: Men Open

1: Ben Kinninmonth (Fife AC) 00:30:59

2: Patrick O'Hare (Fife AC) 00:31:00

3: Marcus Sheridan (Dundee Road Runners) 00:31:16

Category: Women Senior

1: Anwen Darlington (Dundee Road Runners) 00:36:59

Category: Men Senior

1: Adam Hart (Dundee Road Runners) 00:32:16

Category: Women Junior

Category: Men Junior

1: Thomas Robertson (Fife AC) 00:38:08

Category: Women 40-49

1: Jane O'Donnell (Dundee Road Runners) 00:40:18

Category: Men 40-49

1: Kai Sedgwick (Dundee Road Runners) 00:32:04

Category: Women 50-59

1: Alison Cunningham (Strathearn Harriers) 00:41:05

Category: Men 50-59

1: **Damon Thoms** (Fife AC) 00:34:50

Category: Women 60-69

1: Hilary Ritchie (Fife AC) 00:41:44

Category: Men 60-69

1: Andy Gallagher (Strathearn Harriers) 00:39:31

Category: Women 70+

1: Jude Alcock (Falkland Trail Runners) 01:04:59

Category: Men 70+

1: Tony Martin (Falkland Trail Runners) 00:38:17