

LITTLE FLOWER

CAFE & BAKERY

COLD SANDWICHES

ITALIAN ham, fennel salami, spicy salami, mortadella, aged provolone, lettuce, tomatoes, onions, oil & vinegar on italian roll	8. ⁵⁰
GREEN TURKEY oven roasted turkey, comté, aioli, tomatoes, field greens on whole wheat bread	8. ⁵⁰
BANH MI CHICKEN or TOFU daikon, carrots, cilantro, red onions, cucumbers, jalapeno, mayonnaise on a roll	8. ⁵⁰
CURRIED CHICKEN curried chicken, grapes, almonds, apricot chutney, romaine lettuce on ciabatta bread	8. ⁵⁰
FRENCH HAM & BUTTER french ham, beurremont butter on baguette	7. ⁵⁰
RARE ROAST BEEF oven roasted sirloin of beef, aioli, arugula, tomatoes on ciabatta bread	8. ⁵⁰
EGG SALAD eggs, onion sprouts, mayonnaise on whole wheat bread	7. ⁵⁰
TEMPEH SANDWICH tempeh, onion sprouts, avocado, tomatoes, aioli, pickles, onions, tapenade on whole wheat bread	8. ⁵⁰
VEGETABLE WRAP spinach, onion sprouts, carrots, tomatoes, cucumbers, brown rice, garlic edamame spread on whole wheat tortilla	7. ⁵⁰
PROSCIUTTO prosciutto di parma, aged provolone, tomatoes, basil on baguette	8. ⁵⁰
BLTA applewood smoked bacon, lettuce, tomatoes, avocado, mayonnaise on whole wheat bread	8. ⁵⁰
TUNA SANDWICH oven roasted albacore, romaine, red onions, tomatoes, mayonnaise on whole wheat bread	9. ⁵⁰

DAILY SOUP	cup 3. ⁵⁰	bowl 5. ⁵⁰
DAILY QUICHE	a la carte 5. ⁵⁰	with greens 7. ⁵⁰

HOT SANDWICHES AND RICE BOWLS

PASTRAMI thinly sliced pastrami, spicy brown mustard, comte, pickles on italian roll	8. ⁵⁰
MEATLOAF classic meatloaf, ketchup, mayonaise, romaine lettuce on white bread	8. ⁵⁰
PULLED PORK or CHICKEN slow braised, bbq sauce, coleslaw on italian roll	8. ⁵⁰
BRIE AND MUSHROOM garlic mushrooms and brie toasted and served open faced on baguette with fresh thyme and lemon zest	7. ⁵⁰
BEEF DIP thinly sliced beef on italian roll with spicy mustard and jus on the side	8. ⁵⁰
RICE BOWL brown rice, baked tofu, carrots, mushrooms, black eyed peas, haricot verts, bell peppers with a carrot ginger dressing	8. ⁵⁰
DAL BOWL brown rice, curried cauliflower, garlic, spinach, chutney, tofu, raita and yellow lentil dal	8. ⁵⁰
SALMON BOWL basmati rice, shredded carrots & daikon radish, cucumber relish, micro greens, and ponzu dressing	12. ⁵⁰

SALADS

BEEF & GOAT CHEESE mixed greens, golden beets, toasted almonds, baked goat cheese in a sherry vinaigrette	9. ⁵⁰
GODDESS butter lettuce, haricot verts, feta, cucumbers, hard boiled egg in a lemon thyme vinaigrette	9. ⁵⁰
VIETNAMESE mixed greens, shredded carrots & daikon radish, cucumber, cilantro, fresh jalapeno in an asian dressing with choice of chicken or tofu	9. ⁵⁰
TUNA SALAD mixed greens, red onions, carrots, tomatoes in a red wine vinaigrette	10. ⁵⁰
substitute roasted salmon	12. ⁵⁰
CURRIED CHICKEN mixed greens, grapes, almonds, apricot chutney, in a red wine vinaigrette	9. ⁵⁰

Ask about our daily pastries, cookies and candies!