

**(2024 年 10.30 更新题库) 基于 2022 5-8 月 雅思口语题库新题+保留题 - Part 1 语料全** (目前情况是几乎题目都是从这个题库出现的, 近期考试的学生可以看这个语料, 11 月底, 12 月考试的同学可以关注我们后续更新)

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## 新题 (全)

### Books and reading habits

#### 1. *Do you often read books? When?*

Yes, I have to...I'm definitely not a **bookworm**, but I have a really big reading list for my university courses. I go through them every day and night.

#### 2. *Do you read differently now than you did before?*

Not really. I tried to read on iPad or Kindle, but I still prefer reading paper books because of the **better sensory experience**. Holding a book in hand combined with **the scent of ink and paper** makes me feel that I'm learning and advancing myself.

#### 3. *Have you ever read a novel that has been adapted into a film?*

Yes. I'm a huge Harry Potter fan. I have read the entire series and watched each movie at least once a year. I think the movies are well adapted, but they still lack so many details.

#### 4. *Which do you prefer, reading books or watching movies?*

Watching movies for sure because of **the visualization and breathtaking sound**. Not to mention, I can enjoy films with my friends and family together.

### Doing sports

#### 1. *What sports do you like?*

I'm an active person and I like playing all sorts of sports such as basketball, tennis and swimming. My favourite one is tennis; **I played it competitively** during high school.

#### 2. *Where did you learn how to do it?*

There was a tennis club at my middle school. I learned how to play tennis there and developed the hobby.

#### 3. *Did you do some sports when you were young?*

See 1

#### 4. *Do you think students need more exercise?*

Of course. Students are still in their growth stage, so they should do more intensive physical exercises to strengthen their muscles and bones. They are sitting too long studying and doing homework which is terrible for their growth and health.

### Sitting down

#### 1) *Where is your favorite place to sit?*

Definitely my gaming chair in my home office. I'm in my last year of university and I'm just **having too much on my plate** right now, you know, multiple projects and essays. Sitting on my gaming chair and playing some video games is the best way to **unwind myself**.

**2) Do you always sit down for a long time?**

Yes. As I have mentioned, I have many projects and essays to do. I often sit for more than five hours a day just to **keep on track**. Sometimes I even sit for the entire day.

**3) Do you feel sleepy when you are sitting down?**

Sometimes for sure. I mean, I think everyone will feel the same when they spend hours sitting down with their computer or textbooks. I drink lots of coffee to **keep concentrated**.

**4) When you were a kid, did you usually sit on the floor?**

I don't think so. My mother is **a cleaning freak**, and she **prohibits me from** sitting on the floor because it is not **hygienic**.

## Evening time

**1) Do you like the morning or evening?**

I can tell you that I'm not **a morning person**. And I guess I am **a night owl** because I usually go to bed around 2am every night. There is just **too many distractions during the day** so I can only focus on the things I really wanna do at night.

**2) What do you usually do in the evening?**

All **sorts of things**. It's the best time of day to **productively clear out my ToDo list** because I can keep focused for a long time at night. Also, it is great for relaxing myself. I usually watch reality shows with my friends in the evening.

**3) What did you do in the evening when you were little? Why?**

Wow, it's been a long time, I don't think I can remember clearly. But I do know that I had lots of homework when I was a little kid. I think I spent at least 2 to 3 hours each night on doing homework. I guess that would **kill the entire night** already since I usually went to bed around 9:30pm when I was young.

**4) Are there any differences between what you do in the evening now and what you did in the past?**

Not really. **I've always enjoyed my evenings**. I might watch more films **a few years back** rather than reality shows now because I was a member of a film club.

## Advertisement

**1) Are you interested in watching TV advertisements or internet advertisements?**

Sometimes. I mean, some advertisements are super well created and humorous. But most times I hate ads because I don't want to be **manipulated** to purchase things that I may not want or truly need.

### **2) What kinds of advertisements do you dislike?**

The online ads that pop up while I am browsing the website. Sometimes I simply stop reading and visiting the website because of a **pop-up ad** that ruined my experience. They are super **annoying**!

### **3) Do you share advertisements with others?**

**Unconsciously** yes. Often times ads are **embedded in** useful content that **is worth sharing**. For example, I love sharing smartphone reviews with my friends, but some of those reviews include ads for compatible gadgets.

### **4) Do you want to work in advertising in the future?**

No. I'm not a really good salesman nor a creative person. I don't think I have the talent in advertising and also I heard a career in advertising usually consists with a terrible **work-life balance**.

## Meeting places

### **1) Where is your favorite place to meet with your friends?**

In my living room for sure. I have a nice big couch and many fluffy pillows. A variety of drinks are available, and we can feel free to make ourselves as comfortable as we could.

### **2) Do you think there are some places more suitable for meeting with others?**

It depends on whom you are meeting with. For formal meetings, people would schedule a time and meet in a conference room. For best friends, they will have their own special place, whether that's a restaurant or whatever.

### **3) Are there any differences between your favorite meeting places in the present and in your childhood?**

No differences. I've always asked my best friends to come to my home to hang out. It's the best place because we can make ourselves as comfortable as we can.

### **4) Why are some meeting places better than others?**

See 2.

## Computers

### **1) In what conditions would you use a computer?**

When **productivity** is required. Although smartphones and tablets are getting better, there are still a lot of tasks that require a computer's **high performance**. For example, **making**

**spreadsheets in** Excel is one of the tasks that can be easily done on a computer but not on a touch screen tablet.

**2) When was the first time you used a computer?**

When I was 5? I can't remember the exact age. I remembered that I participated in a junior PowerPoint competition, so I used my parents' computer to learn the tricks you can do in PPT.

**3) What would your life be like without computers?**

It's **unimaginable** and will be **disastrous** for me because I'm **overly dependent on computers**. Because the internet is also powered by computers, without computers, I will have very limited access to information and can no longer communicate as instantly as of now.

**4) In what conditions would it be difficult for you to use a computer?**

When I'm staying in a crowded place such as on a plane. Because laptops have a much larger screen than smartphones, people could see your computer screen which could **undermine** personal privacy.



## Old buildings

### 1) Have you ever seen some old buildings in the city?

Yes. I'm **born and raised** in a city **with a rich history**. There are a few buildings that were built hundreds of years ago that are still **well maintained** and **open to visitors**. They are popular **tourist attractions** and I have visited them several times with my friends.

### 2) Do you think we should preserve old buildings in cities?

It depends. Cities should try to preserve old buildings that are **historically significant** because seeing these buildings help **modern-day people remember the past as to not repeat it or to be mindful of how a city came to be**. For the ones **that are not of historical significance**, it may not make much **economic sense** as they often require high maintenance costs.

### 3) Do you prefer living in an old building or a modern house?

A modern house for sure. A modern house is much safer and has all the **bells and whistles** that could improve quality of living. Although old buildings **have their unique characters**, they are usually **not well insulated**, so they aren't the most comfortable place to live in.

### 4) Are there any old buildings you want to see in the future? Why?

Not really. I'm **not a big fan of** them. I would rather spend my vacation fund on a beach than visiting old buildings. I might watch a documentary about old buildings, but no need for in-person visits.

## Talents

### 1) Do you have a talent, or something you are good at?

Yes. I'm quite good at math and most things related to math, such as **creating budgets**, calculating **investment returns**, and so on. I think it's a useful talent because it helps me manage my **personal finances**.

### 2) Was it mastered recently or when you were young?

I don't think I would ever master it, but I discovered it when I was young. I've always achieved high math grades and everything else just became natural to me.

### 3) Do you think your talent can be useful for your future work? Why?

See 1, 说可以做 financial advisor/planner 这种职业

### 4) Do you think anyone in your family has the same talent?

**Surprisingly**, no one shares the same talent with me. So, it is not something that **runs in blood**. Because they all hate math, they often come to me for financial advice.

## Collecting things

### 1) Do you collect things?



I used to collect stamps when I was in primary school, but I stopped doing it because the ones I want to collect became so expensive that are **out of my price range**.

## **2) Are there any things you keep from childhood?**

I kept all of my Harry Potter books that I bought year by year when I was young. There are good memories that I want to keep, such as saving a dollar each day to buy the book on the release date.

## **3) Would you keep old things for a long time? Why?**

Often times, yes. I don't throw old things much because it makes me sad. In economics, the term usually used to describe this phenomenon is **sunk cost fallacy** which means people tend to **follow through on an endeavor** if they already invested time, effort or money into it.

## **4) Where do you usually keep things you need?**

In my bedroom of course. I will put them either on my desk or in my bookshelves. For the things that I do not need, I keep them in boxes in my storage room.

## Watch

### **1) Do you wear a watch?**

Yes, I do. Although I could tell the time on my phone, it often **distracts me from doing other things** when I just want to know what time it is. So, I wear a watch to prevent myself from wasting time checking my phone.

### **2) Have you ever got a watch as a gift?**

No. Although a waist watch does not really **fall into the category of clock**, many people don't like to receive watches as a gift because of the pronunciation in Chinese sounds like "bury a parent".

### **3) Why do some people wear expensive watches?**

The most important reason why someone wants to wear a luxury **timepiece** is to **demonstrate that they can afford it**. They use it to **show off their wealth** and perhaps **social status**.

### **4) Do you think it is important to wear a watch? Why?**

See 1. 主要讲在于戴手表不会 distract 你。

## Boring things

### **1) What kinds of things are boring to you?**

Things that are **mindless, time consuming, and has little to no value**, such as **standing in line** and **being stuck in traffic**. In the past, I always listen to music to **kill the time**, but now I listen to my favourite podcasts because they are not only good entertainment, but also great education.

### **2) What will you do when you feel bored?**



See 1.

### **3) What was the most boring thing you did when you were young?**

I stood in line for three hours to play a **three-minute ride** at an amusement park. You know, at that time, there is no 3G network or Wifi available. I literally just stood there staring at strangers, counting how many people wear black jackets and so on...I can never be that patient in my life again.

### **4) Do you think school is boring?**

It depends on the teacher. I mean, school is **not supposed to be boring** because students should be **engaged in paying attention to learning the subject**. However, some teachers have made the class boring because they are literally just **reading the PowerPoint slides out loud**, which ruins the whole learning experience.

保留题 (全)

## Mirrors

### **1) Do you like looking at yourself in the mirror? How often?**

For sure. I check my **appearance** whenever I could. So multiple times a day. I would make sure I'm looking good and energetic to start the day before I leave my house and check it again when I'm using washroom throughout the day.

### **2) Have you ever bought mirrors?**

Not really. I don't **wear makeup**, so I don't need a **lighted makeup mirror**. I just use the mirrors in the bathroom.

### **3) Do you usually take a mirror with you?**

I don't really do that. Although I'm checking up myself **throughout the day**, I'm not that **obsessed with** mirrors. I would never bring one with me.

### **4) Would you use mirrors to decorate your room?**

I thought about it once long time ago, but the idea was rejected by my mother due to some **local believes** that having mirrors in bedrooms could bring bad luck or something. Therefore, I've never decorated my rooms with mirrors and use **framed paintings** instead.

## Dreams

### **1) Do you often remember your dreams?**

**Once in a blue moon**. I'm a **deep sleeper** so I don't usually remember my dreams. However, one time I had a **nightmare**, and I woke up with **sweat and tears**, it was so real but luckily just a dream.

### **2) What do you usually dream about?**

I'm not so sure. I'm a deep sleeper so I don't usually remember dreams. For those I have memory of are mostly got chased by something or someone. Or maybe I **fell from a cliff** or something.

### **3) Are you interested in other's dreams?**

Not really. I think that's one's **privacy** that we should respect. I will have a listen if they want to share their dreams with me, but I won't ask for it.

### **4) Do you want to make your dreams come true?**

**Occasionally** for my **daydreams**. Haha. As I said, I don't usually remember my dreams other than nightmares and obviously I don't want nightmares to come true. I sometimes daydream about how my life would change if I won the lottery. But maybe not winning the lottery is better for me to **chase a meaningful life with my own hands**.

### **5) Do you like your dreams at night?**

See 1.

### **6) What was the strangest dream you have had?**

See 2.

### **7) Have you had a bad dream before?**

See 1.

### **8) Do you want to learn more about dreams?**

I read about *The Interpretation of Dreams* by Sigmund Freud and found it fascinating. I would love to learn more about it.

### **9) Why are dreams so important? / Do you think dreams will affect life?**

People often say that dreams are the **reflection of one's inner desire**. I cannot personally experience it because I don't dream so much. But from what I heard, dreams are good for your brain, and also might give you guidance of what you really want in your life. So it can affect lives **in this regard**.

## **Emails**

### **1) Do you often send emails?**

Absolutely. It's part of my daily job. I often check my emails when I'm having my coffee in the morning, and reply to those that can be quickly resolved. I will leave the more complicated ones on my To-do list so I can respond to them once I can concentrate on it.

### **2) When would you send emails to others?**

See 1.

### **3) Is sending emails popular in China?**

I would say, compared with western countries, emails are used more often **in business settings** in China. So it's not a popular means of communication for personal use. We have instant messaging apps instead. People in the West use emails for both business and personal conversations as far as I know.

**4) Do you think sending emails will be more or less popular in the future?**

I think it will continue to be popular **for the foreseeable future** at least in business conversations because it has a more formal format that can really **get logical thoughts together**. You can easily get lost from messaging important issues through instant messaging apps particularly in group chats.

**5) What are the differences between Emails and letters?**

The writing structures are quite similar, just the way of delivering the message is different. Emails can be sent and received instantly through the internet whereas letters took days if not weeks to receive.

**6) What kind of email do you think is the hardest to write?**

Emailing **recruiters** for the first graduate job is super difficult. The **competition is fierce** so I cannot simply rely on the internet application to get recruiters' notice. But I had to also be really careful about how I present myself in the email so that the recruiter will give it a glance and also want to reach out to me. It can be a dangerous move if I made a mistake in the email and left them a bad first impression.

**7) Do you think it is important to reply to emails quickly?**

It depends on the emails. I would never rush replying to an important email that requires my clear thoughts and being professional such as business cooperation proposals. But I can reply to my colleagues asking me for getting lunch together fairly instantly.

**8) What kinds of email do you receive that make you happy?**

A job offer from a dream job will definitely **make my day**. I have received those a few times, it's such an experience.

## Cinemas

**1) Did you usually go to the cinema when you were a kid?**

**Once in a blue moon**, at that time, my parents were super busy, so they mainly buy DVDs for me to watch films at home rather than going to the movie theater.

**2) Do you usually go to the cinema with your friends?**

Nowadays yes. It's more fun to visit a cinema with friends. I think one of the longest situations is to watch a movie in a cinema by yourself. I just watched the most recent spiderman with my buddies, **we had a blast!**

**3) Do you still like watching the movie which you liked when you were a kid?**

Yes. Harry porter was my favorite. I still watch it on Christmas Eve every year.

#### **4) Do you often go to the cinema?**

Before the pandemic, yes. But the cinema is always under **lockdown restrictions** for the past two years, which is very **unfortunate**. So I did not visit it as often as before.

#### **5) Do you prefer going to cinema with friends or watching films at home?**

Well, I would choose the cinema with friends any time. People are so **distracted from their phones**, they cannot finish a movie uninterrupted at home. They won't be comfortable of using phones all the time in a cinema because it's a rude thing to do. So they can actually enjoy the movie itself a lot better! Additionally, the bigger screen with expensive audio always makes a difference!

#### **6) What types of movies do you like?**

I like all sorts of movies like **thrillers, romance, action, comedy** just to name a few. What I like in particular is **sci-fi movies**. I'm always amazed by the creativity of those film makers not to mention the fascinating **graphics**!

### **Art**

#### **1) Do you like drawing?**

It's not **my cup of tea**. I don't have any talent in it...

#### **2) Do you like to go to the gallery?**

Well, I would love to visit one, but there aren't any in my city. Apart from that, I'm still a student with heavy workload and no money for traveling. I think I would visit one once I got a job after graduation.

#### **3) Do you want to learn artistic things?**

See 1.

#### **4) What are the most popular types of art in China?**

Perhaps Chinese painting. Some calls it **ink and wash painting**. Those paintings are quite fascinating because they do not necessarily illustrate the actual scenery the painter is facing, it usually express certain feelings of the painter.

#### **5) Do young people and older people have the same tastes in art?**

I don't think so. Elderly people mostly interested in the traditional Chinese painting whereas the younger generation prefers **digital arts**. The recent movement of NFT is a digital arts revolution, some of them sold for millions of dollars.

#### **6) Do you like studying art?**

See 1.

#### **7) Does your school have any art class?**

Of course, I'm sure its **compulsory** for most primary schools. But I just cannot develop any interest or skills in art. Such a waste of time for me.

### **8) Have you ever been to an art gallery?**

See 2.

### **9) Do you have paintings hanging on your walls?**

I have a digital art version of the world map on my bedroom wall. It was a birthday gift and I like it a lot. Other than that, I only have frame photos. No traditional paintings as I'm not a big fan of them.

### **10) Would you hang pictures at your place?**

See 9.

### **11) Who's your favorite artist?**

Vincent Van Gogh, without a doubt! He was a Dutch post-impressionist painter who is among the most famous and influential figures in the history of Western art. After I read his stories, I think he is a truly humble genius. I wish I could check out his world-famous sunflowers series in person.

### **12) Would it be fun to become an artist?**

For the gifted, probably. It would never make my life fun. That's why I'm major in STEM other than art. I rather do math problems than drawing.

## **Taking photos**

### **1) Do you like taking photos?**

Yes! I believe there are many beautiful things in life, you just have to find them. By taking pictures, I always trying to find the beauty in life so I can capture the moment as a photo.

### **2) How do you share photos with friends?**

Through instant messaging apps such as WeChat. I would either send the photos to my friends directly or post them as a moment, similar to a Facebook post and share it to all my contacts.

### **3) Why do people share photos with others?**

To share their experience whether that's happiness or sadness. Also, often times, people share photos to show people certain place such as a new restaurant.

### **4) Do you prefer to take pictures by your phone or by camera?**

Smartphone hands down. The image quality is on par to most professional cameras and it is easy to carry around. Not to mention, I can directly share the photos through smartphone apps.

### **5) Would you like to know more about photography in the future?**

Sure. As I take so many photos on a daily basis, I better off just improve my photography skills a bit. Also, we live in this age of social media, I think photography skills are kinda essential now.

**6) Do you prefer to take pictures of people or of scenery?**

It depends why am I taking the photo, but I do take more photos of people because I'm capturing the unique moment of that person, it has a story behind it.

**7) Are there any photos on the walls of your home?**

I have many frame photos on the walls, mostly the photos of some milestone of my life such as turned 18, graduated from college, first car, etc.

**8) Is photography a popular hobby in China?**

Absolutely. As Tik-Tok and other social media platforms getting attractions, people are filming and sharing their photos more than ever before. Many people operate their account in a professional manner as a side hustle. Many of them posts food pictures to promote local restaurants and so on. The photos they share are really attractive and make you want to visit the place!

**9) Do you think being a photographer would be a good career?**

Not really. Everyone can be a photographer so there is really no entry barrier. As more and more people know how to take great photos and film short videos themselves, I think the need for professional photographers will decline. But you know, like anything in the artistic industry, if you are gifted, please pursue it!

**Sport**

**1) Do you like watching sports programs on TV?**

No, I don't even have a TV. I watch live streaming through the internet on my smartphone or tablets.

**2) Do you watch live sport games?**

I have never done that. My city is not famous in sports, so I have never got interest in watching live games. I would love to watch one in other cities if I got a chance.

**3) What is your favorite sport? What are the rules?**

Basketball is my favorite. There are lots of rules but the major one to pay attention to is never kick the ball. It's not soccer!

**4) What is the most popular sport in your country?**

Definitely badminton. It's easy to play and people across ages play it quite often.

**5) What are the sporting facilities like in your university?**

We have a large gym for working out. Many outdoor basketball courts and tennis courts as well. They are recently upgraded and are currently in a great condition. I'm super fortunate to have these top-notch facilities!



## Mobile phone

### 1. What was your first mobile phone?

I can't remember exactly the model, but I do know it was my mother's old Nokia phone. It only has very **basic functions** such as **text messaging and calling**. I don't think it has a camera. It was a very very cheap and basic model.

### 2. Do you often use your mobile phone for texting or calls?

Nowadays. Neither of them. I use my smartphone for browsing the internet, particularly social media. I also use instant messaging apps such as WeChat for connecting with my family and friends. I haven't sent a text message for years, and I don't even know many of my friends' current phone number.

### 3. Will you buy a new one in the future?

I just **upgraded** my iPhone to iPhone 12, I think the **features** and **specifications** are already kinda **overkill** for my daily use. I have no plan to upgrade it again in the next three years or so.

### 4. How has your mobile phone changed your life?

It changed everything especially during the **lockdown** period. Smartphones these days are super powerful like a minicomputer. I was able to do most of my schoolwork on my phone and video chat with my friends and family which **made life a little bit better** during that difficult time.

## Street market

### 1. What do people usually buy on the street market?

I'd say the most common items are fresh **produce**, maybe even meats or fish as well. Elderlies love to shop on street markets in China. For youngsters, I think most people would enjoy local food on the **night market**.

### 2. Do you prefer to go shopping in the shopping mall or on the street market?

Personally, neither of them. I'm super busy at my schoolwork so I won't waste my valuable time shopping in the mall or on the street market. I **shop online** instead. Everything can be **delivered** to me in one or two days, it's super convenient!

### 3. When was the last time you went to a street market?

I have no idea...probably in years. I visited a night market when I was travelling in Chengdu but that's about it. I had a blast there because the food was so delicious.

### 4. Are there many street markets in China?

There are a lot of them in the past, but in recent years, there are fewer of them left mainly because the development of the city. Many of the sellers now have a physical store.



## Time management

### 1. *How do you plan your time in a day?*

See study routine. 几乎一样, 用 TODO list

### 2. *Is it easy to manage time for you?*

### 3. *When do you find it hard to allocate time?*

When I **have too much on my plate**...In the final period, I often find myself **struggling with** allocating my time for different courses and I have to **sacrifice some personal life to meet all the deadlines**.

### 4. *Do you like being busy?*

Yes absolutely, I consider myself a **workaholic** person, so I do enjoy being busy. Sometimes I even feel guilty about not being occupied by work.

## Websites

### 1) *What kinds of websites do you usually use?*

YouTube is for sure the most visited website for me. I get news from YouTube and watch some deep analytical videos posted by a few **channels** I followed every day.

### 2) *Are there any changes about the websites you usually use?*

Not so much I think, except they released a membership feature so that you could download the videos and watch anything **ad-free**. It's not a **deal breaker** for me, so I'm still a free user, everything remains basically the same for the past 10 years or so.

## Lost and found

### 1. *What will you do if you find something lost by others?*

I will check the item to see if there is any contact information so I could return it to the owner. Otherwise, I will leave it at the same place because the owner might return to get it.

### 2. *Do you report to the police when finding something lost by others?* *Why?*

It depends on the item. For valuable stuff like smartphones or keys, I will do definitely report to the police because they have valuable information about the owner.

### 3. *Have you ever lost things?*

**Once in a blue moon**. I'm a very organized person and I pay close attention to my **valuable belongings**. I can't even remember the last time I lost something.

### 4. *Will you post on social media if you lose your item?*

No, I won't. People could pretend to be me to take the item before me. I rather call the police to help me.

## Cars

### 1. *Did you enjoy traveling by car when you were a kid?*

Yup. We have weekly **road trip** when I was young. We usually visit different small towns and experience local food on those trips. They are really fun!

### 2. *What types of cars do you like?*

I love SUVs. Although they are a little **bulky**, they are super **practical**. It's **roomy** and I can put everything I need for camping in there! The higher **ground clearance** also helps when it comes to traveling to certain camp sites.

### 3. *Do you prefer to be a driver or a passenger?*

I'm **a natural at** driving so I prefer to be the driver anytime. I sometimes drive more than 8 hours a day on road trips without feeling tired. I enjoy every moment **behind the wheels**.

### 4. *What do you usually do when there is a traffic jam?*

Traffic jams are **unavoidable** nowadays in cities. That's why I listen to my favourite podcast on the road, so I don't feel angry about being **stuck in traffic**.

## Daily/Study routine

### 1) *Do you have a study routine? What's your routine like in your everyday study?*

I have really heavy workload so having a routine is essential for me to manage them. I will add a **reminder** in my TODO list every time I think of something I needed to finish. As I have lots of class in during the day, I can only control my evening. Each evening after dinner, I will visit the TODO list and plan what things cannot be left to next day, so I will finish those tasks at night.

### 2) *Do you prefer to study in the morning or in the evening?*

I must say I'm not a morning person and I'm way more efficient at night. It's quite and I can really set my phone to **do not disturb** and concentrate on the work that needs to be done. There are just too many distractions in the morning such as traffic, eating breakfast, watching news and etc.

### 3) *Why do some people find it difficult to focus in the morning?*

See 2.

### 4) *What do you do to improve your efficiency?*

Make the TODO list! When I'm making the list, I often separate the task into smaller pieces so I can keep track my progress. Also, it motivates me even more when I'm **hitting a milestone and ticking off a task**.

## TV program

### 1. *What kinds of TV programs do you often watch?*

Reality shows, singing competitions, talks shows, and news more importantly. 'The Voice' is my favorite because I love music and there are so many talented singers on the show!

### 2. *Do you think kids are watching too much television?*

When I was young, probably. Kids nowadays have too much extracurricular activities and homework. I don't think they even have time for watching TV anymore.

### 3. *What are the impacts of watching TV programs on children?*

See part 3 物品类关于广告的部分。

### 4. *What kinds of TV programs do you think should be broadcast more?*

I have no idea. I think there is a good balance of entertainment programs and news shows already. Nevertheless, people don't watch TV as much because they are on social media all the time.

## Memory

### 1. *Why do some people have good memory while others just don't?*

See part 3 印象深刻的课程。有很高分语料。

### 2. *Why do more people rely on cellphones to memorize things?*

### 3. *Are you good at memorizing things?*

### 4. *Have you ever forgotten something that was important?*

Very rarely. I'm a very organized person and I make to-do lists and set reminders on my phone for everything important. I can't remember the last time I've forgotten something important.

