```
# note down feelings that come to me when I think about successful version of me
healthy and ripped
  delighted
  secure
  anxious about inachiewability
  happy when looking forward to healthy lifestyle and working out
married to a strong woman
  scared about inachievability
  anxious about unknown, do I really want that? I know that loneliness is killing me
financialy independent
  looking forward for a figth to achieve it
managing my life well
  always rested
  never angry
  never irritated
  never unfair
    looking forward
    eager to achieve it
```