4TH YEAR PHD STUDENT, C. PHIL. DEPARTMENT OF PSYCHOLOGY, UCLA

## Education

## **University of California, Los Angeles**

Los Angeles, CA

Sept. 2020-Expected June 2025

Ph.D. IN DEVELOPMENTAL PSYCHOLOGY

- · Minor: Health Psychology
- Primary research mentor: Bridget Callaghan, Ph.D.
- Dissertation: "Early Caregiving Adversity and Internalizing Symptoms in Middle Childhood to Adolescence: Gut Microbiome and Inflammatory Mechanisms"
- GPA: 4.0

## **University of California, Los Angeles**

Los Angeles, CA

Sept. 2020-December 2021

M.A. IN DEVELOPMENTAL PSYCHOLOGY

- Thesis: "Intergenerational Adversity Exposure and Gut Microbiome Composition in Early Childhood"
- Thesis advisors: Bridget Callaghan, Ph.D. and Andrew Fuligni, Ph.D.
- GPA: 4.0

**Pomona College** Claremont, CA Aug. 2014 - May 2018

B.A IN PSYCHOLOGY, MAGNA CUM LAUDE

- · Distinction in the senior thesis • Thesis: "Fathers' Parenting in Challenging Contexts: The Role of Reflective Functioning"
- Thesis advisors: Patricia Smiley, Ph.D. and Guadalupe Bacio, Ph.D.
- GPA: 3.9

# **Funding, Honors & Awards**.

UCLA Goodman-Luskin Microbiome Center Seed Fellowship Award - \$30k to support dissertation research	2023-2024
NIMH T32 "Biobehavioral Issues in Physical & Health Health" Fellow - \$27,144/year to support research training	2023-2025
International Society for Developmental Psychobiology Conference Abstract/Travel Award	2021, 2023, 2024
UCLA Graduate Research Mentorship Award - \$20,000 to support graduate study	2022-2023
UCLA Graduate Summer Research Mentorship Award - \$6,000 to support summer research	2022
UCLA Faculty Women's Club Scholarship - \$3,000 to support graduate study	2021-2022
UCLA Psychology Summer Graduate Research Mentorship Award - \$6,000 to support summer research	
UCLA Doctoral Student Travel Grant – \$1,000 for professional development	
UCLA Dean's Scholar Award - \$14,500 to support graduate study (summer support deferred to 2023)	2020-2023
Pomona College Senior Psychology Prize - for contributions to the psychology department & excellence in the senior thesis	2018
Pomona College Hewitt Memorial Scholarship - for outstanding students who receive financial aid from the university	2017, 2018
Pomona College Summer Research Grant - \$3,000 to conduct independent research	2016

# **Peer-Reviewed Publications**

Gancz, N., Querdasi, F. R., Chu, K., Towner, E., Taylor, E., and Callaghan, B. L. (2024). Characteristics of the oral microbiome in youth exposed to caregiving adversity. Brain, Behavior, Immunity - Health. https://www.sciencedirect.com/science/article/pii/S2666354624001285

\*Querdasi, F. R., \*Vogel, S. C., , Thomason, M., Callaghan, B. L., and Brito, N. (2023). A comparison of the infant gut microbiome before vs. after the start of the covid-19 pandemic. Scientific Reports. https://www.nature.com/articles/s41598-023-40102-y

Querdasi, F. R., Karnani, N., Broekman, B., Yap-Seng, C., Gluckman, P. D., Daniel, L. M., Yap, F., Eriksson, J. G., Shirong, C., Meaney, M. J., and Callaghan, B. L. (2023). Multigenerational adversity impacts on gut microbiome composition and socioemotional functioning in early childhood. Proceedings of the National Academy of Sciences. https://www.pnas.org/doi/abs/10.1073/pnas.2213768120

Querdasi, F. R. and Callaghan, B. L. (2023). A translational approach to the mind-brain-body connection. Translational Issues in Psychological Science. https://psycnet.apa.org/fulltext/2023-91303-001.html

- Grotheer, M., Rosenke, M., Wu, H., Kular, H., **Querdasi, F. R.**, Berman, S., Yeatman, J. R., and Grill-Spector, K. (2022). White matter myelination during early infancy is linked to spatial gradients and myelin content at birth. *Nature Communications Biology*. https://doi.org/10.1038/s41467-022-28326-4
- King, L. S., **Querdasi, F. R.**, Humphreys, K. L., and Gotlib, I. H. (2021). Dimensions of the language environment in infancy and symptoms of psychopathology in toddlerhood. *Developmental Science*, e13082. https://doi.org/10.1111/desc.13082
- **Querdasi, F. R.** and Bacio, G. A. (2021). Suicidal behaviors among Latina youth: An eco-developmental approach and narrative review. *Journal of Adolescence*. https://doi.org/10.1016/j.adolescence.2021.10.007
- Rosenke, M., Natu, V., **Querdasi, F.**, Kular, H., Wu, H., Grotheer, M., Berman, S., Mezer, A., and Grill-Spector, K. (2021). Infants' cortex undergoes microstructural growth coupled with myelination. *Nature Communications Biology*, 4(1191). https://doi.org/10.1038/s42003-021-02706-w
- Buttitta, K. V., Smiley, P. A., Kerr, M. L., Rasmussen, H. F., **Querdasi, F. R.**, and Borelli, J. L. (2019). In a father's mind: paternal reflective functioning, sensitive parenting, and protection against socioeconomic risk. *Attachment & Human Development*, 21(5):445–466. https://doi.org/10.1080/14616734.2019.1582596

# Manuscripts Under Review\_

- Esfand, S., **Querdasi, F. R.**, Gancz, N., Savoca, P., Nussbaum, S., Somers, J., Ditzer, J., Figeuroa, M., Chu, K., and Towner, E. Callaghan, B. L. (under review at Brain, Behavior, Immunity Health). The mind, brain, and body study: A protocol for examining the effects of the gut-brain-immune axis on internalizing symptoms in youth exposed to caregiving-related early adversity
- Vogel, S. C., **Querdasi, F. R.**, Callaghan, B. L., and Brito, N. (under review at Brain, Behavior, Immunity Health). Examining associations among caregiver stress, social support, and the infant gut microbiota. https://osf.io/preprints/psyarxiv/h235w
- Somers, J., **Querdasi, F. R.**, Chu, K., Nussbaum, S., and Callaghan, B. L. (under review at Psychological Assessment). Initial reliability and validity of a novel microcoding system for caregiver and child emotion-related behavior
- Somers, J., **Querdasi, F. R.**, Chu, K. A., Gancz, N., Towner, E., and Callaghan, B. L. (under review). Transactional models of depression via caregiver child interactions: Evaluating conflict resolution as a source of resilience in adversity exposed families

# **Manuscripts In Preparation**.

- \*Querdasi, F. R., \*Uy, J., Labus, J., Meaney, M., and Callaghan, B. L. (in preparation for submission to Gut Microbes). Longitudinal relationships among gut microbiome composition, functional brain connectivity, and internalizing symptoms in the gusto study cohort
- \*Querdasi, F. R., \*Flores, G., Sommers, J., Chu, K., Mehta, Y., and Callaghan, B. L. (in preparation). Early life adversity, stable caregiving, and alexithymia
- **Querdasi, F. R.**, Labus, J., and Callaghan, B. L. (in preparation for submission to Brain, Behavior, and Immunity). Gut-microbiome-immune axis in chronic pain following early life adversity
- \*Somers, J., \*Querdasi, F. R., Chu, K., Nussbaum, S., and Callaghan, B. L. (in preparation for submission to JMIR). Developing a behavioral microcoding system: Tutorial for researchers

# **Presentations**

- **Querdasi, F. R.**, Bower, J., Cole, S., Gancz, N., Chu, K., Towner, E., Taylor, E., and Callaghan, B. L. (2025, Marchb). *Inflammatory Gene Expression as a Mechanism Linking Early Caregiving Adversity with Childhood Internalizing Symptoms*. Abstract submitted for poster presentation at the Society for Biopsychosocial Science and Medicine Annual Meeting, Seattle, WA
- **Querdasi, F. R.** Gancz, N., Chu, K., Towner, E., Eason, T., Yang, J., Jacobs, J., and Callaghan, B. L. (2024, October). *Tesing Gut Microbiome Functional Potential for Fermentation to Short Chain Fatty Acids as a Mechanism Linking Early Caregiving Adversity with Internalizing Symptoms.*Poster to be presented at the International Society for Developmental Psychobiology Annual Meeting, Chicago, IL

<sup>\*</sup> indicates co-first authors

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- Somers, J., **Querdasi, F. R.**, Chu, K., Nussbaum, S., and Callaghan, B. L. (2024, May). *Development and Initial Evaluation of a Novel Microcoding System for Caregiver and Child Emotion-Related Behavior*. Flash talk at the Association for Psychological Science Annual Meeting, San Francisco, CA
- \*Querdasi, F. R., \*Uy, J., Labus, J., Meaney, M., and Callaghan, B. L. (2024, May). *Microbiome-Gut-Brain Axis and Internalizing Symptoms in Early Childhood*. Poster presented at the Annual Society of Biological Psychiatry Conference, Austin, TX
- \*Querdasi, F. R., \*Gancz, N., Labus, J., Chu, K., Towner, E., Taylor, E., and Callaghan, B. L. (2024, April). Caregiving Adversity & Internalizing Symptoms in Youth: Role of Gut Microbiome Functional Potential. Invited talk at the UCLA Goodman-Luskin Microbiome Center 2024 Symposium, Los Angeles, CA
- **Querdasi, F. R.**, Gancz, N., Chu, K., Towner, E., Taylor, J., Jacobs, J., and Callaghan, B. L. (2023, Septemberb). *Gut Microbiome Associations with Caregiving Adversity and Alexithymia in a Peri-Adolescent Sample*. Posted presented at the Annual Flux Conference, Santa Rosa, CA
- **Querdasi, F. R.** Vogel, S., Enders, C., Karnani, N., Broekman, B., Yap-Seng, C., Gluckman, P., Daniel, L., Yap, F., Ericksson, J., Cai, S., Thomason, M., Meaney, M., Brito, N., and Callaghan, B. L. (2023, July). *Environmental Influences on the Early Life Gut Microbiome: Natural Experiment and Longitudinal Investigations*. Flash talk given at the International Society for Developmental Psychobiology Annual Meeting, Utrecht, The Netherlands
- Gancz, N., **Querdasi, F. R.** Chu, K., Towner, E., Taylor, E., and Callaghan, B. L. (2023, July). *Early Adversity is Associated with Altered Oral Microbiome Composition and a Blunted Correlation Between Cortisol and Microbiome Richness in Youth*. Posted presented at the International Society for Developmental Psychobiology Annual Meeting, Utrecht, The Netherlands
- Somers, J., Chu, K., Nussbaum, S., **Querdasi, F. R.**, and Callaghan, B. L. (2023, July). *Development of a novel microanalytic coding scheme for caregiver and child affect and behavior during naturalistic interactions*. Poster presented at the International Society for Developmental Psychobiology Annual Meeting, Utrecht, The Netherlands
- +\*Flores, G., \* **Querdasi, F. R.**, and Callaghan, B. L. (2023, April). *Testing a Three Dimensional Model of Early Life Adversity and Relations to Alexithymia in Young Adulthood*. Poster presented at the Social & Affective Neuroscience Society Annual Meeting, Santa Barbara, CA
- Somers, J., Chu, K., **Querdasi, F. R.**, Gancz, N., Towner, E., Deng, L., and Callaghan, B. L. (2023, March). *A Novel Bidirectional Test of Emotion Socialization Among High-Risk Families*. Poster presented at the Society for Research on Child Development Biennial Meeting, Salt Lake City, UT
- **Querdasi, F. R.**, Chu, K., <sup>+</sup> Flores, G., Gancz, N., Towner, E., Taylor, E. Nussbaum, S., and Callaghan, B. L. (2022, Novembera). *Alexithymia Mediates the Relation Between Caregiving Adversity and Health Symptoms In Childhood and Young Adulthood*. Poster presented at the International Society for Developmental Psychobiology Annual Meeting, San Diego, CA
- Chu, K., Somers, J., **Querdasi, F. R.**, Towner, E., Taylor, E., and Callaghan, B. L. (2022, Novembera). *The Role of Positive Parenting in Emotional Processing, Alexithymia, and Internalizing Symptoms*. Poster presented at the International Society for Developmental Psychobiology Annual Meeting, San Diego, CA
- Chu, K. A., **Querdasi, F. R.**, Towner, E., Taylor, E., and Callaghan, B. L. (2022, March). *The Role of Parent-Child Interaction in Emotional Processing, Alexithymia, and Internalizing Symptoms*. Poster to be presented at the (virtual) Society for Affective Science Annual Meeting
- Chu, K. A., **Querdasi, F. R.**, Towner, E., Taylor, E., and Callaghan, B. L. (2021, Novemberb). *The Role of Parent-Child Interaction in Emotional Processing, Alexithymia, and Mental Health*. Poster presented at the 54th Annual Meeting of the International Society for Developmental Psychobiology, Chicago, IL
- **Querdasi, F. R.**, Meaney, M., Karnani, N., Broekman, B., Yap-Seng, C., Gluckman, P., Daniel, L. M., Yap, F., Eriksson, J., and Callaghan, B. L. (2021, Novemberc). *Intergenerational Adversity Exposure & Gut Microbiota Composition in Early Childhood*. Posted presented at the 54th Annual Meeting of the International Society for Developmental Psychobiology, Chicago, IL
- **Querdasi, F. R.** (2021, May). *Intergenerational Adversity Exposure & Gut Microbiota Composition in Young Childhood.* Research talk presented at the Developmental Psychology Research Forum, UCLA
- **Querdasi, F. R.** (2021, February). Stress & Gut Microbiome Development in Early Childhood. Research talk presented at the Social and Affective Neuroscience Area Meeting, Prospective Students' Weekend, UCLA
- Natu, V., Rosenke, M., **Querdasi, F. R.**, Kular, H., Wu, H., Grotheer, M., Berman, S., Mezer, A., and Grill-Spector, K. (2021, January). *Cortex Exhibits Microstructural Tissue Growth that Proceeds Hierarchically Across Visual Processing Streams During the First 6 Months of Human Life*. Poster presented at the Virtual Society for Neuroscience Meeting

- Grotheer, M., Rosenke, M., Wu, H. Kular, H., **Querdasi, F. R.**, Natu, V., Y. J. R., and Grill-Spector, K. (2021, January). *Catch Me if You Can: Least Myelinated White Matter Bundles Develop Fastest During Early Infancy*. Poster presented at the Virtual Society for Neuroscience Meeting
- King, L. S., Humphreys, K. L., Dennis, E. L., **Querdasi, F. R.**, Segarra, J. R., and Gotlib, I. H. (2020, May). Sex-dependent Associations of Cortisol Reactivity with Hippocampal Volume at age Six Months. Poster presented at the The Social and Affective Science Society Meeting, Santa Barbara, CA
- <sup>+</sup>Lopez-Alvarez, N., Rosenke, M., **Querdasi, F.**, Rezai, A., Estrada, C., Wu, H., and Grill-Spector, K. (2019, August). *Gyrification of the Human Brain Continues Postnatally*. Poster presented at the Stanford Summer Poster Conference, Stanford, CA
- **Querdasi, F. R.**, King, L. S., Humphreys, K. L., and Gotlib, I. H. (2019, May). *Antenatal Depressive Symptoms are Associated with the Trajectory of Hair Cortisol Concentration Across Pregnancy*. Poster presented at the Society of Biological Psychiatry Annual Meeting, Chicago, IL
- **Querdasi, F. R.**, King, L. S., Humphreys, K. L., and Gotlib, I. H. (2019, Marcha). *Infant and Mother Cortisol Responses to the Still-Face Procedure*. Poster presented at the Society for Research on Child Development Biennual Meeting, Baltimore, MD
- Blackard, B., Smiley, P., **Querdasi, F.**, Scharlach, K., and Borelli, J. (2018, August). *Girl (disem)Power: Person Praise and Conditional Regard Predict Fixed Mindset in School-Age Girls.* Poster presented at the 126th Annual Convention of the American Psychological Association, San Francisco, CA
- Partington, L., Pedroza, M., **Querdasi, F.**, Smiley, P., Borelli, J., and Doan, S. (2018, April). *Basal and Stress-Induced Physiological Indices of Emotion Regulation in Early Adolescents*. Poster presented at the Society for Research on Adolescence Biennial Meeting, Minneapolis, MN
- \*Querdasi, F., \*Hecht, H., \*Scharlach, K., Pedroza, M., and Smiley, P. (2017, August). *Maternal Predictors of Poorer Self-Regulation in Toddlers*. Poster presented at the Pomona Summer Research Program Poster Conference, Claremont, CA
- **Querdasi, F.**, Heleniak, C., McLaughlin, K., and Borelli, J. (2016, August). *The Roles of Emotion Reactivity and Regulation in Adolescent Sensitivity to Peer Rejection*. Poster presented at the Pomona Summer Research Program Poster Conference, Claremont, CA

## Research in Progress\_

Querdasi, F. R., Flores, G., Mehta, Y., and Callaghan, B. L. (study in progress). Predictors of young adults' beliefs about influences on their health and the mind-body connection

Querdasi, F. R., Ruhter, T. and Callaghan, B. L. (study in progress). Early life adversity effects on trajectories of pain across puberty in the abcd cohort

# Media Exposure \_\_\_\_

News Article: Hardship affects the gut microbiome across generations - Link

UCLA Press

News Article: A mother's stress may change the makeup of her child's microbiome - Link

Wash. Post

News Article: Covid pandemic may have changed the gut bacteria of infants, research finds - Link

NYU Press

Radio Segment: How has coronavirus impacted infant gut health? - Link

KCBS Radio

Podcast Episode: When babies inherit Mom's trauma-affected gut microbiome - Link

Leading Voices in Food

# Research Experience \_\_\_\_\_

## **UCLA Department of Psychology**

Brain and Body Lab
Doctoral Student Researcher

Los Angeles, CA Sept. 2020 - Present

- PI: Bridget Callaghan, Ph.D.
- Recruits & collects data with diverse youth ages 6-18 years and their families.
- Uses sophisticated statistical and mechine learning techniques to derive insights into relations between experiences and health outcomes.
- Led mixed-methods study on relations between young adults' adversity experiences, psychosocial resources, perceptions of their health, and health outcomes.
- Mentored 4 research assistants on independent research projects

<sup>\*</sup> indicates co-first authors; + indicates mentee author

### **Stanford University Department of Psychology**

Vision and Perception Neuroscience Lab

RESEARCH COORDINATOR

April 2019 - September 2020

- PI: Kalanit Grill-Spector, Ph.D.
- · Worked with a multidiscplinary team to develop novel tools for analysis of infant neuroimaging data.

# Neurodevelopment, Affect, and Psychopathology Lab RESEARCH COORDINATOR

Stanford, CA

Stanford, CA

July 2018 - April 2020

- PIs: Ian Gotlib, Ph.D. and Kathryn Humphreys, Ph.D.
- Coordinated 3 NIH-funded studies while managing a team of 5 research assistants.
- Conducted 1:1 interviews with 100+ pregnant women and new mothers, utilizing empathic sensitivity to guide discussions of personal topics such as traumatic events, depression symptoms, and pregnancy experiences.

## **Pomona College Department of Psychology**

Childhood Attachment, Relationships, and Emotion Lab

Claremont, CA Jan. 2016 - May 2018

RESEARCH ASSISTANT

• PIs: Jessica Borelli, Ph.D. and Patricia Smiley, Ph.D.

- Administered an intervention to promote responsive parenting by helping mothers reflect on the positive aspects of their relationships with their children.
- Conducted moderation analyses to independently test the ability for reflective functioning to promote sensitive parenting among fathers exposed to financial adversity.

#### **University of Washington Department of Psychology**

Stress and Development Lab

Seattle, WA

May 2016 - August 2016

- PI: Kate McLaughlin, Ph.D.
- Coded life stress and psychopathology interviews as part of a trained coding team.
- Conducted independent project on the relations between emotion reactivity, regulation, and sensitivity to peer rejection among adolescents.

# **Professional & Community Service**

**Ad Hoc Reviewer** - Development & Psychopathology, International Journal of Mental Health & Addiction, European Journal of Neuroscience

2023-Present

**Action Editor** - Translational Issues in Psychological Science

2022-2023

### **UCLA Underrepresented Graduate Students in Psychology (UGSP)**

BOARD MEMBER: UNDERGRADUATE OUTREACH (2022), SECRETARY (2023), TREASURES (2023-PRESENT)

Los Angeles, CA Winter 2022-Present

- UGSP is dedicated to supporting and advocating for psychology students from backgrounds that are currently underrepresented in graduate education. Through activities, mentorship, and community outreach, UGSP hopes to provide a community that encourages the potential and promise of those from underrepresented groups
- Organizes events, creates educational materials, and plans funding campaigns designed to increase opportunities, information, and belonging for underrepresented undergraduate students to pursue science and graduate studies

### **UCLA Graduate-Undergraduate Mentorship Program (GUM)**

Los Angeles, CA

MENTOR & ADVISORY BOARD MEMBER

Winter 2021-Winter 2022

- GUM aims to support undergraduate students, particularly those who have been historically marginalized, in pursuing graduate/professional education through mentorship
- Provides 1:1 mentorship for a psychology undergraduate student
- As advisory board member, participated in outreach and program promotion, visioning and long-term planning, program accountability, and dissemination of program outcomes and achievements on campus

### **Next-Gen Scholars Program (NGSP)**

University of Minnesota (virtual)

MENTOR

Fall 2020- Fall 2021

- NGSP is a graduate student-led mentorship program for underrepresented undergraduate and post-baccalaureate students interested in applying to psychology PhD programs
- · Provided 1:1 mentorship and feedback on graduate school application materials for two bost-baccalaureate students

# Supplemental Coursework & Workshops\_

Genomic Response to the Social Environment: Implications for Health Outcomes - Semel Institute for Neuroscience, UCLA	Sept. 2023
Microbes and Social Equity Symposium - University of Maine	July 2022
Foundations of Equitable Course Design and Inclusive Teaching - CEILS Scientific Teaching Institute, UCLA	July 2021
Microbiome Bioinformatics with QIIME2 Workshop - Foundation for Advanced Education in the Sciences, NIH	Jan 2021
Summer Child Welfare Academy - Pritzer Center, UCLA	July 2020

## Research Skills\_\_\_\_\_

Statistics	SEM, Conditional Process Analysis, Regularized Regression, MLM, Missing Data Handling, Clustering
Programming	<b>Proficient</b> in R, Blimp, MATLAB. <b>Familiar</b> with Python, GitHub, Linux command line, SPSS, ደፕ፫X, Mplus
<b>Microbiome Analysis Software</b>	Bioinformatics microbiome analysis platforms: Biobakery Workflows, Qiime2, PICRUSt
MRI Analysis Software	Freesurfer, MATLAB, mrVista, iBEAT, ITK-SNAP
<b>Neuroimaging Methods</b>	MRI: Anatomical, quantitative, & diffusion acquisitions, EEG: Infants & adults, fNIRS: Children & adults
<b>Physiological Data Collection</b>	Hair, saliva, stool, blood, and cheek swab samples for hormone, microbiome, and DNA assays
Language	Spanish - advanced oral and written proficiency
Clinical Interviewing	SCID Depression Module (DSM-5), Life Stressor Checklist - Rev. (LSC-R), Traumatic Events Inventory (TESI)
<b>Laboratory Behavioral Assessments</b>	Still-Face Procedure (SFP), LAB-TAB, Free Play, Trier Social Stress Test for Children (TSST-C), WASI
Virtual Data Collection	Memory tasks, caregiver-child interaction paradigms, and biological samples collected remotely via Zoom

# **Teaching Experience**

## **UCLA Department of Psychology**

Los Angeles, CA

2021-Present

- TEACHING ASSISTANT
   Average student evaluation rating: 8.5 out of 9.0
- · Teaches discussion sections, designs active learning activities, holds office hours, grades student exams and assignments
- Brain & Behavioral Development Seminar: Spring 2024
- Research Methods in Psychology: Fall 2023
- Graduate-level Introductory Statistics: Fall 2022
- Educational Psychology: Spring 2022
- Developmental Psychology: Fall 2021, Winter 2022, Spring 2023
- Introductory Psychology: Winter 2021
- Gave guest lecture to 250+ student class: "How Stereotypes and Relationships Influence Women and Underrepresented Minority Undergraduates' Fit in their Major"

## **Pomona College Writing Center**

Claremont, CA

SCIENCE WRITING COORDINATOR AND WRITING PARTNER

2015-2018

- Planned and carried out workshops for Pomona College introductory biology and psychology courses
- Trained TAs and Writing partners on how to tutor science writing
- Worked with over 100 Pomona College students on writing skills (e.g., argumentation, organization) across disciplines
- Worked as lead attached partner for Neuroscience courses, providing in-person and written comments on 30+ literature reviews