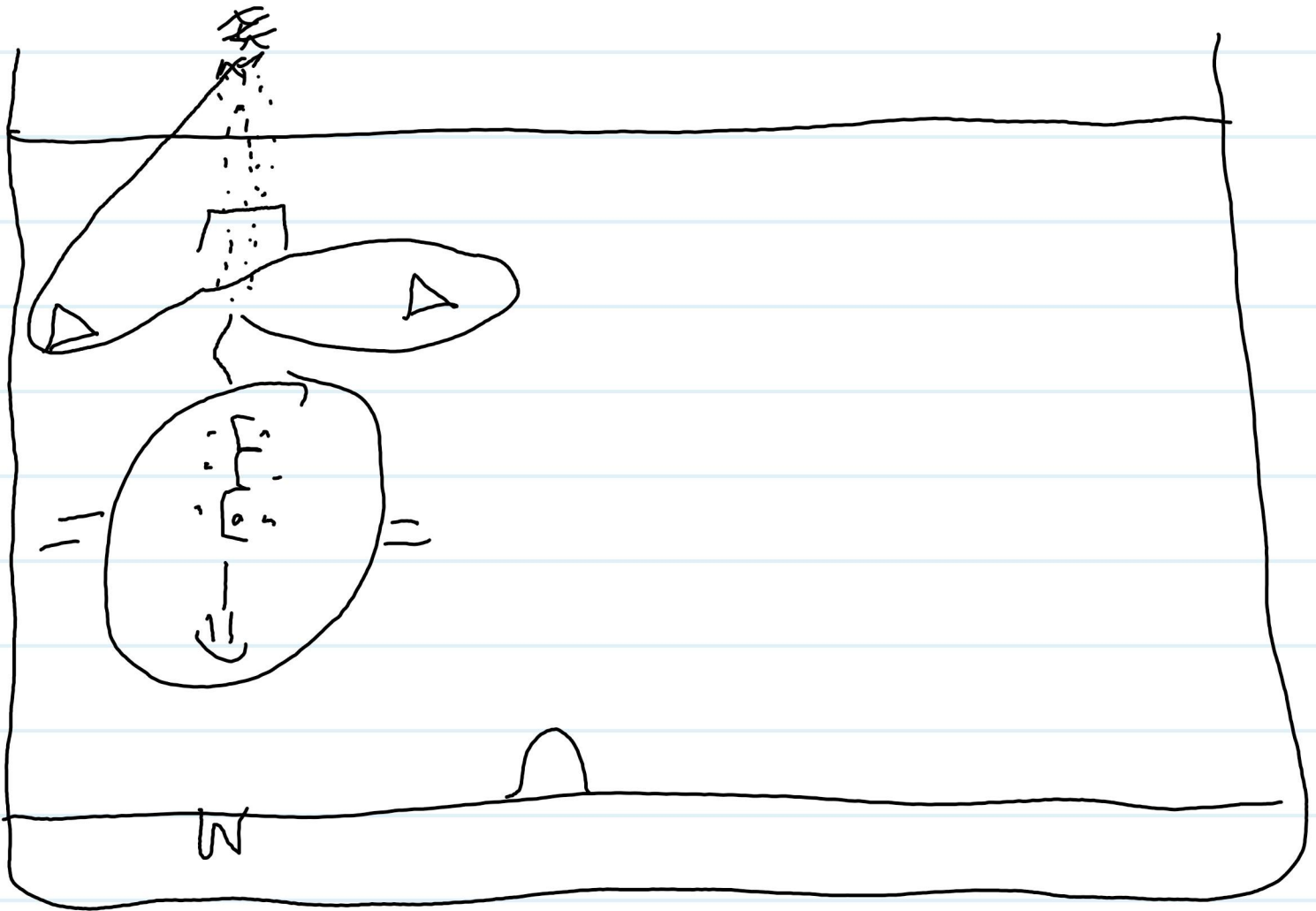


STATION # 3

3



DRILL STARTS W/PLAYER SKATING TO FIRST CONE, TIGHT TURN BACK TOWARDS THE MIDDLE FOR PASS/PASS BACK UNDER THE STICK BRIDGE. THEN TIGHT TURN AROUND SECOND CONE FOR PASS AND TURN TO ATTACK NET THROUGH STICK BRIDGE.