



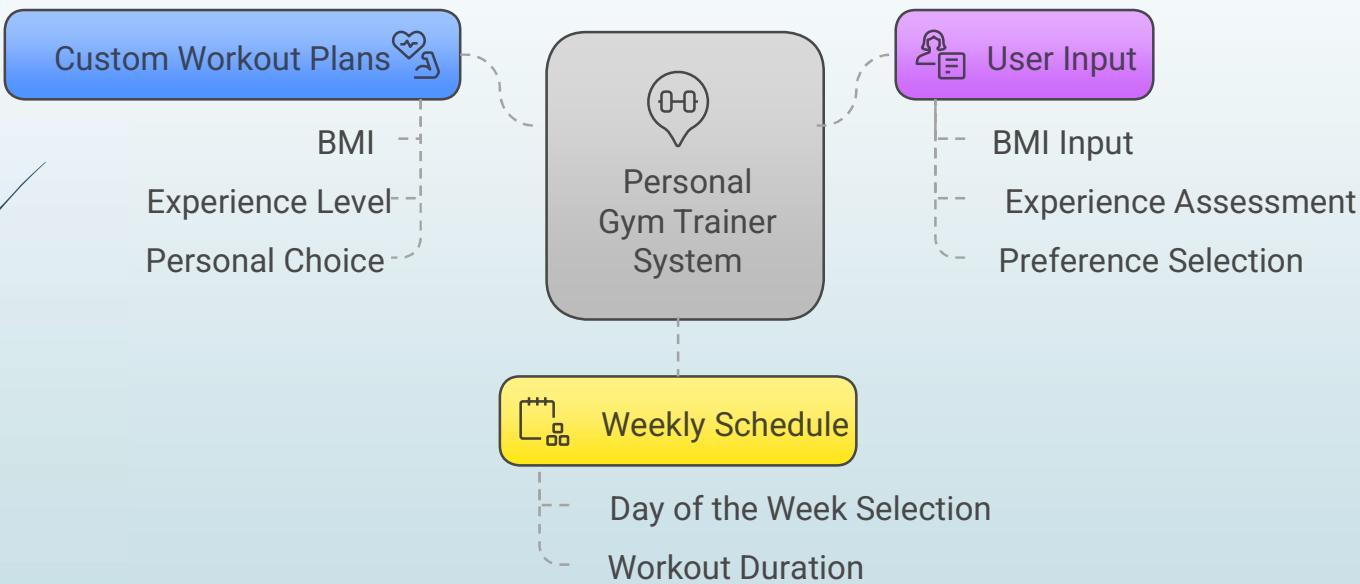
**Personal Gym Training**

2

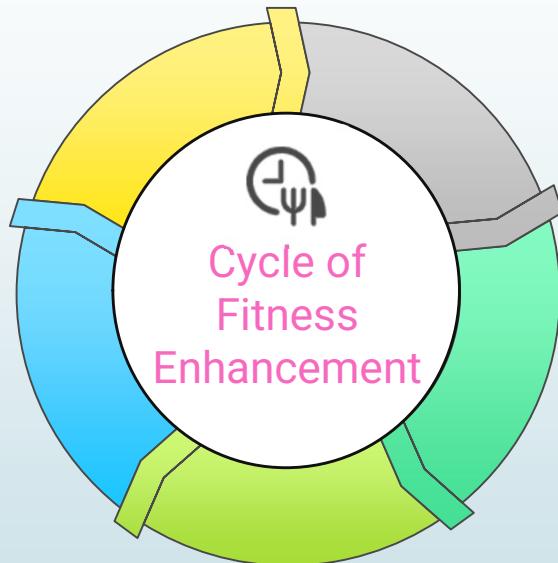


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## Personal Gym Trainer System Design



4





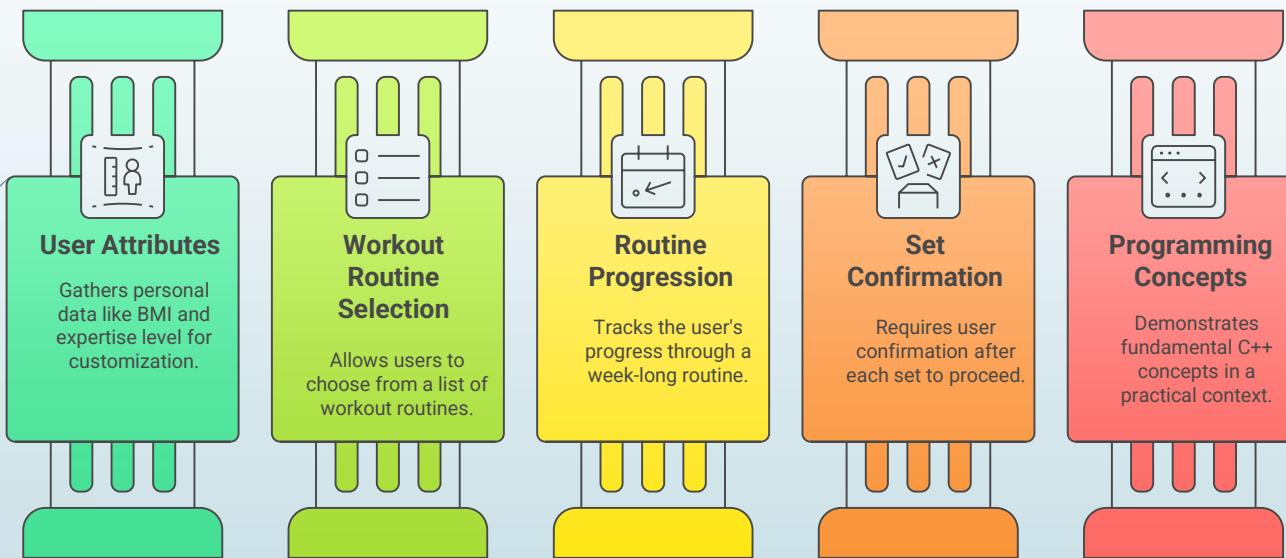
## Cycle of Fitness Enhancement







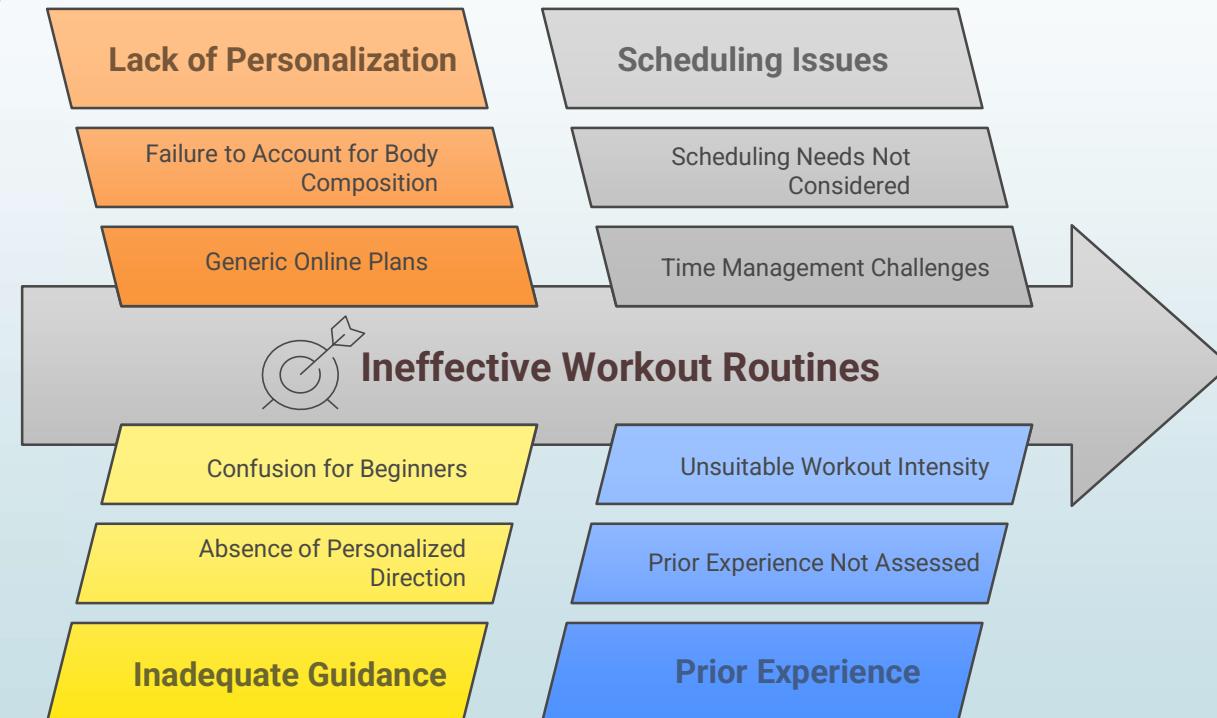
## Structure of a Personal Gym Trainer





## Challenges in Maintaining Effective Workout Routines

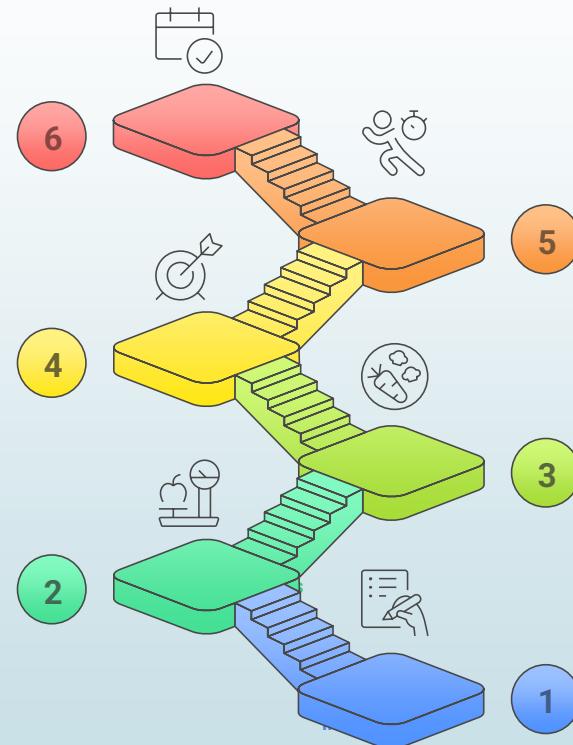
## Challenges in Maintaining Effective Workout Routines



10

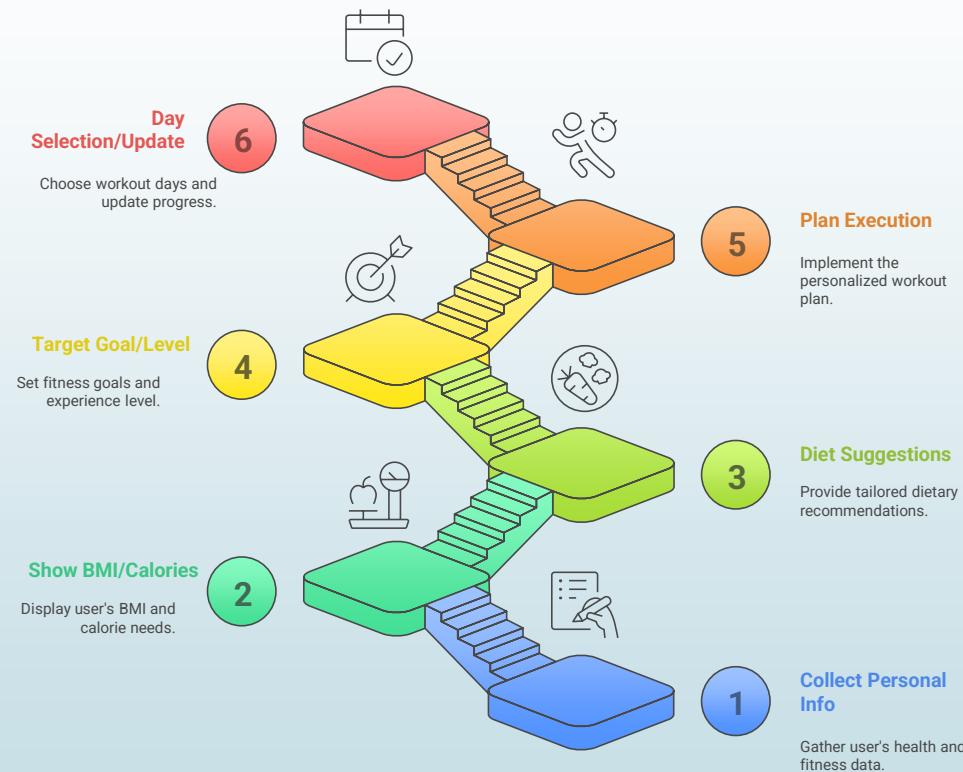


## Personal Fitness Journey





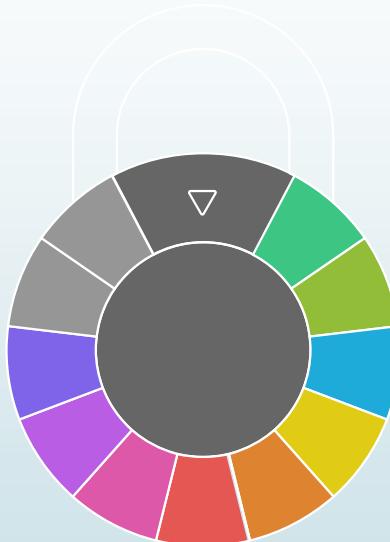
# Personal Fitness Journey



12

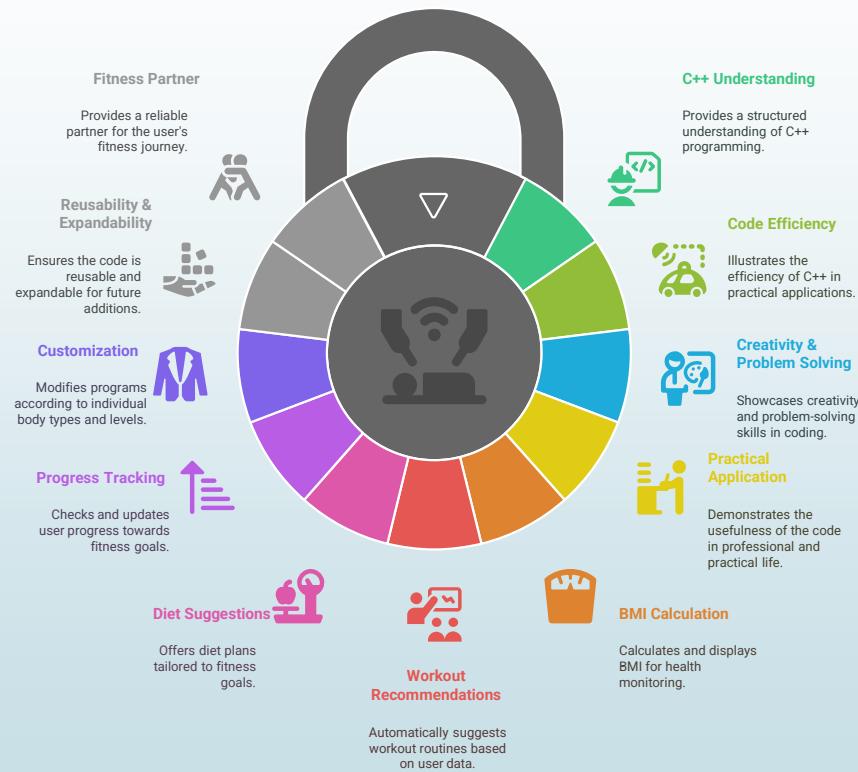


## Core Components of the Fitness Trainer





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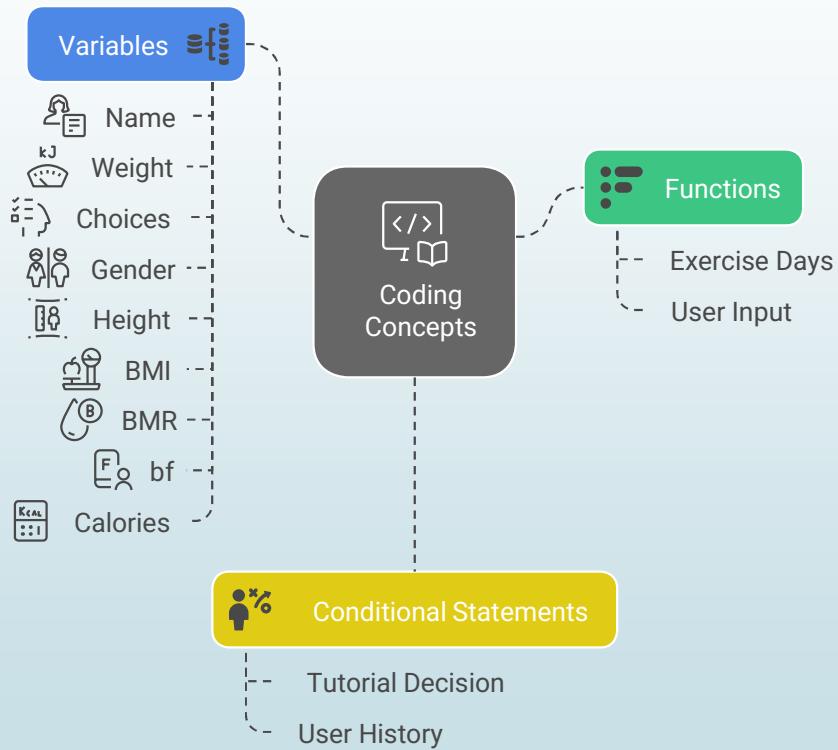




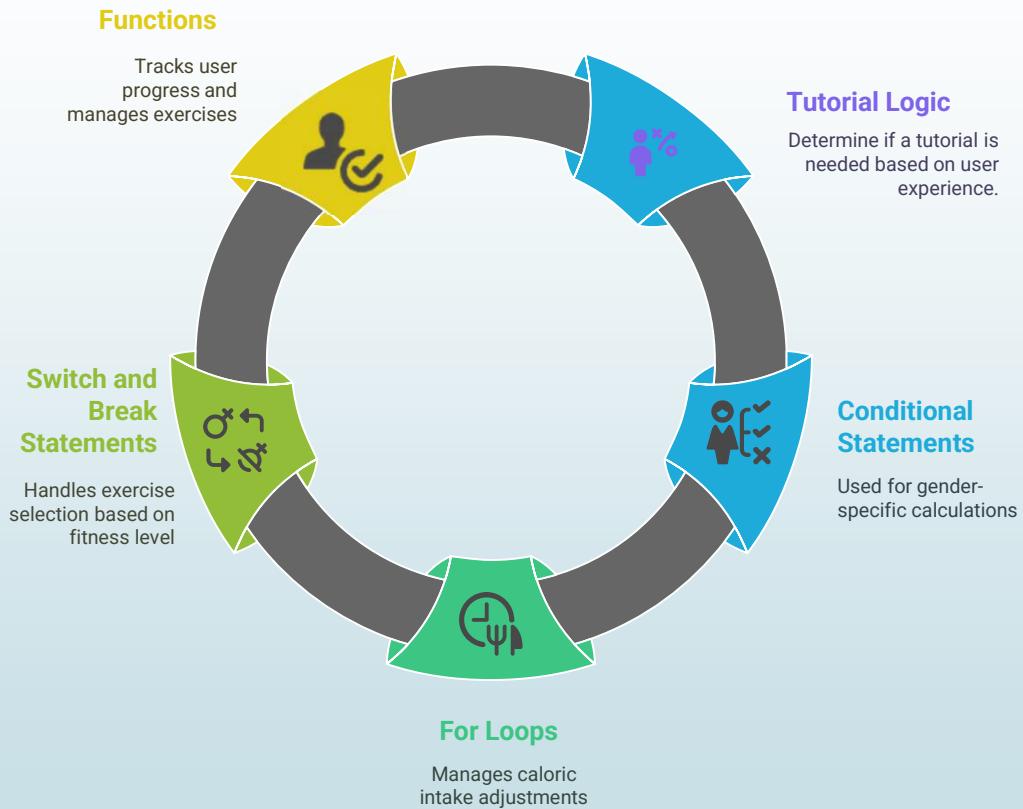
## Building a Fitness Program



## Coding Concepts in Personal Gym Trainer Development





 Program Structure Overview

# Thank You!

18

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