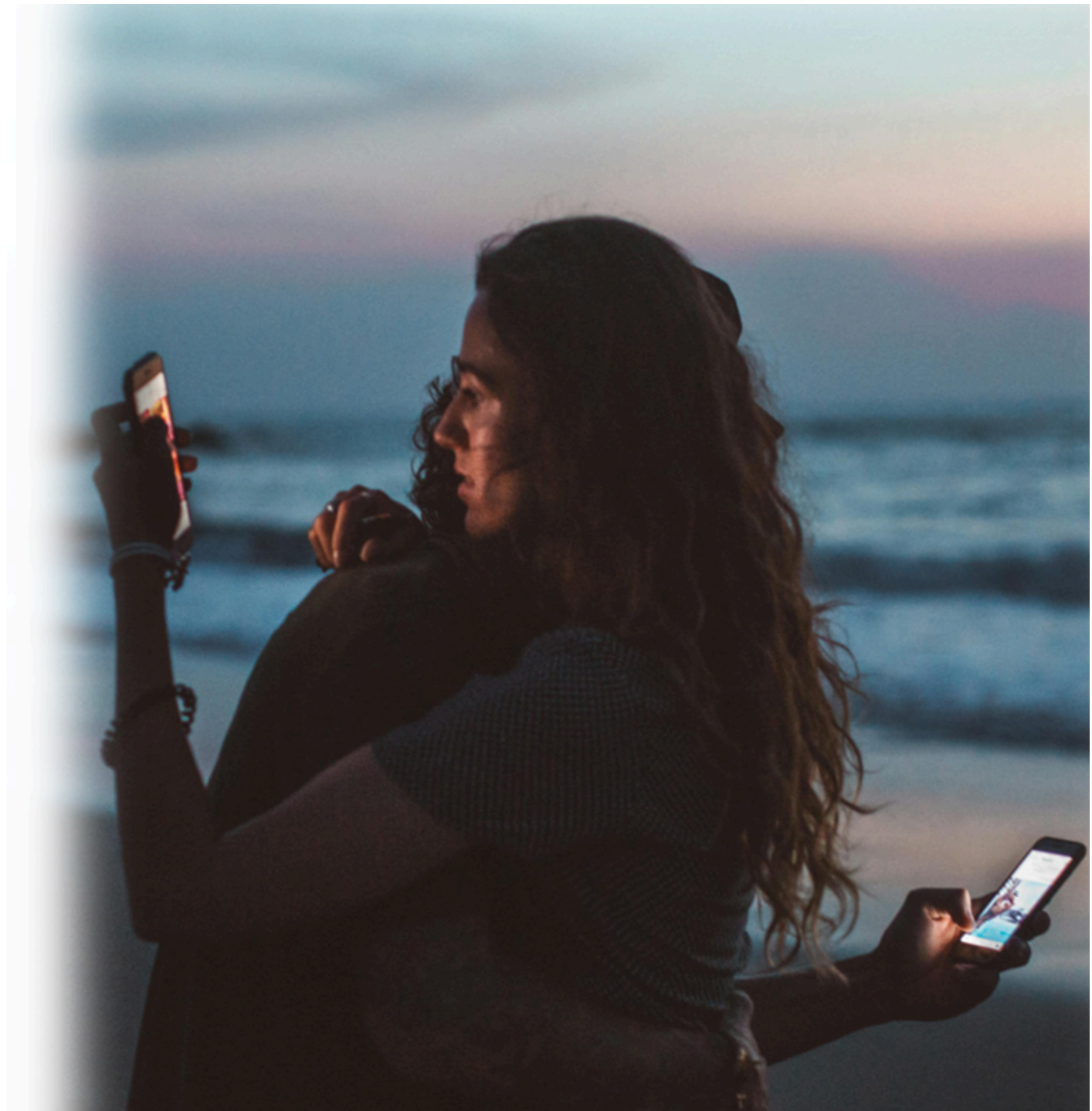


In a world where every scroll steals a moment of sleep,
every heart react shape self-worth, and every post sparks
unseen battles, this Power BI dashboard dares to ask:

Do I *Like* Me?

Get Started



Do I Like Me?

Impact of Social Media on Mental Health

Home

Impact

Profile



Daily Usage
4.92



Sleep Hours
6.87



Conflicts
2.85



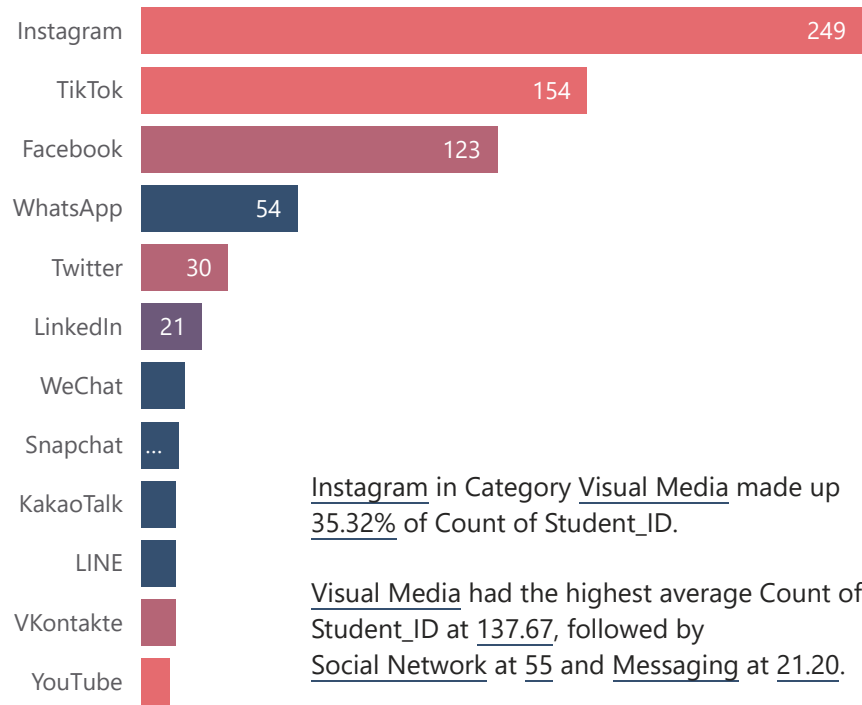
Addicted Score ⓘ
6.44



Mental Health Score
6.23

Students' Most Used Social Media Platforms

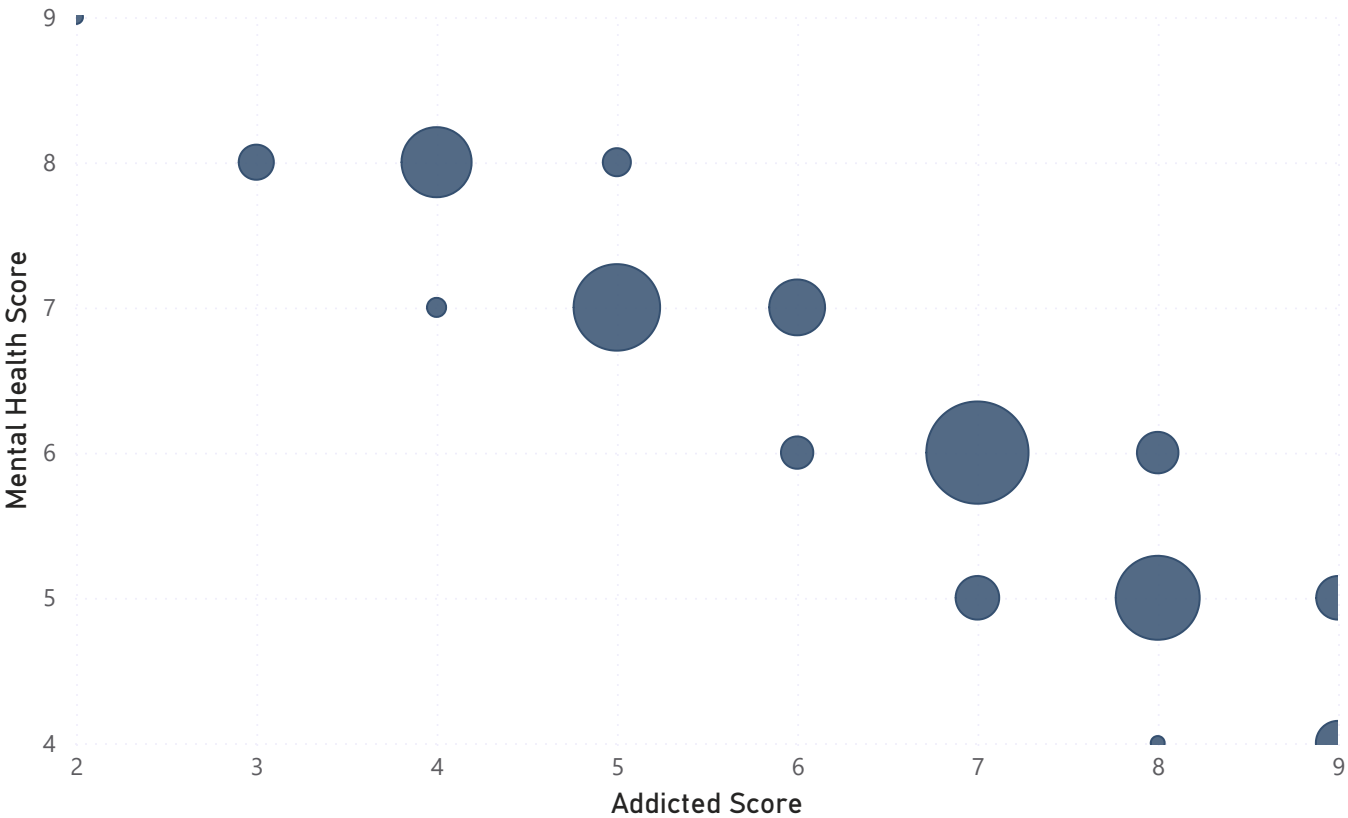
● Messaging ● Professional ● Social Network ● Visual Media



Instagram in Category Visual Media made up 35.32% of Count of Student_ID.

Visual Media had the highest average Count of Student_ID at 137.67, followed by Social Network at 55 and Messaging at 21.20.

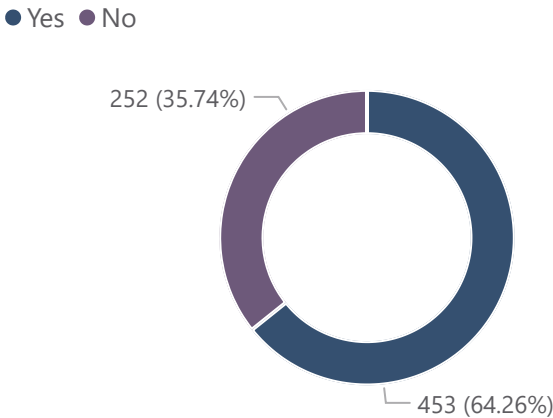
Number of Students by Addicted Score and Mental Health Score



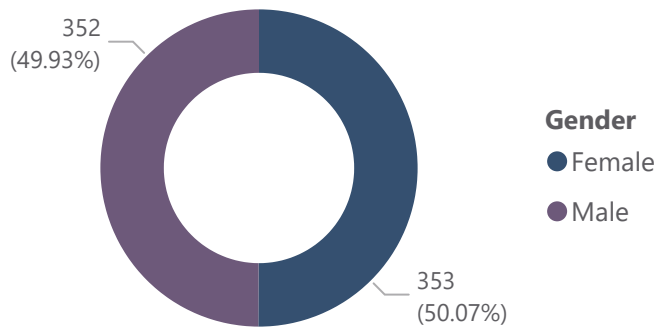
Do I Like Me?

Participant Profile

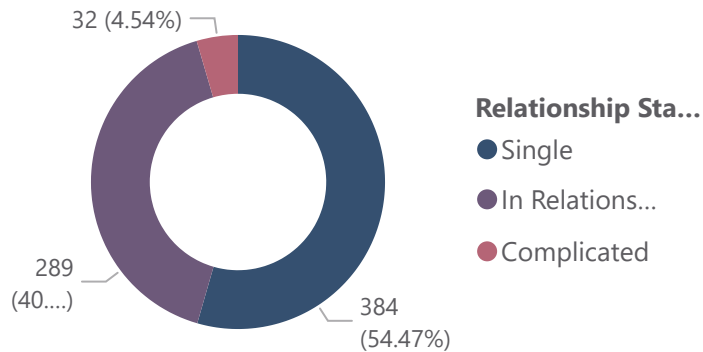
Student by Affected Academic Performance



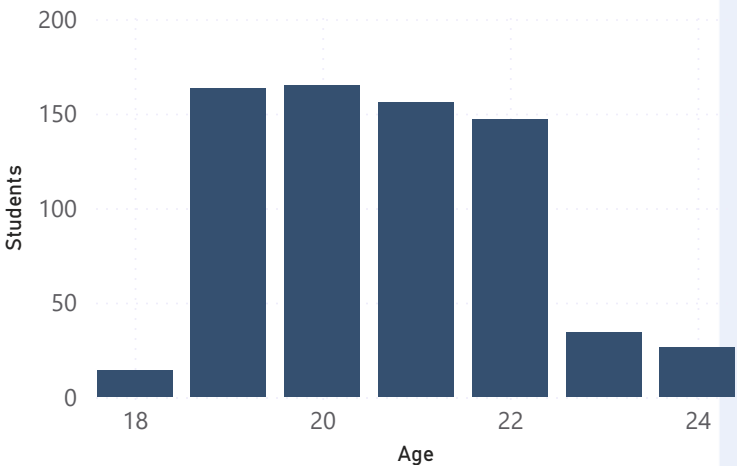
Student by Gender



Student by Relationship Status



Students by Age



Country



Student by Year Level

