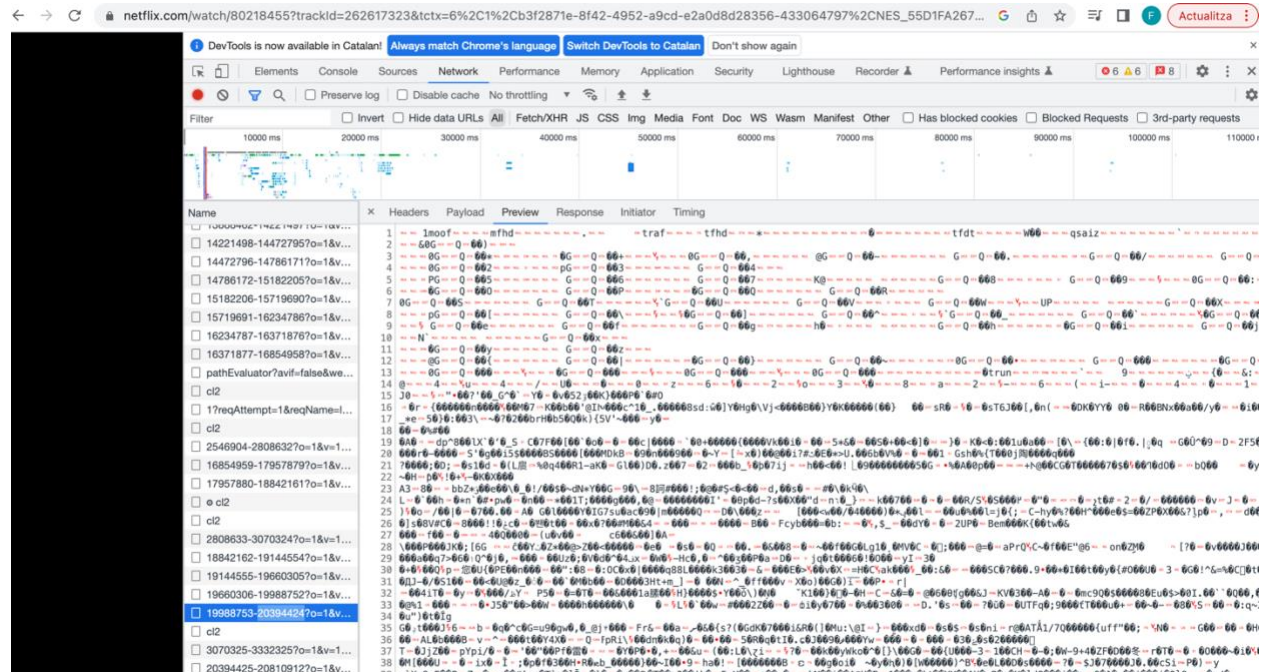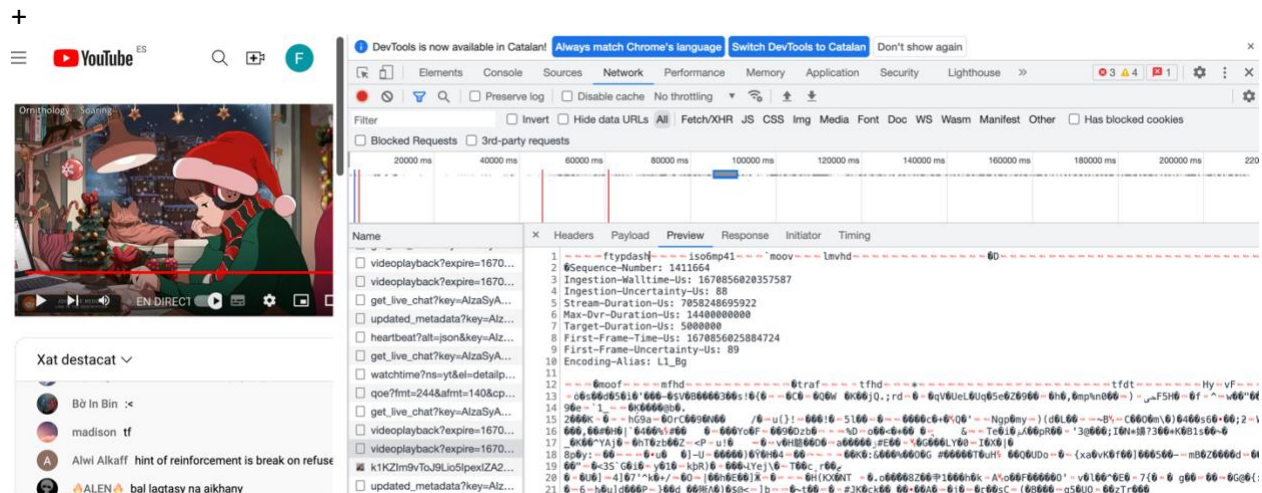4) Connect to your favorite streaming show (doesn't matter the platform). Open developer tools, check network and click 'play' to watch the video.

In the case of Netflix how it is encrypted I couldn't identify if it's HLS or DASH.

I tried for a music streaming in Youtube
+

In this case we can observe it is DASH

The browser I was using was Google Chrome