

# COMMUNITY & FRIENDS NEWSLETTER

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**FRENCHS FOREST  
COMMUNITY ACCESS  
CLIENTS ENJOY A  
MORNING OF SAILING AT  
SAILABILITY MANLY**

At the beginning of February, a group of Frenchs Forest Community Access clients enjoyed a one-to-one sailing experience at Sailability Manly.

The Sailability Manly outing is a popular, regular activity for the Frenchs Forest, St Ives and Pymble Community Access clients, but, for this particular group, it was their first visit and was a step out of their comfort zone.

The day started early for our Direct Support Professionals (DSPs), packing travel bags and making individual picnic lunches before clients arrived. Luckily it was a warm sunny day and not too hot.

When Derek, Peter, Adrian, Sifa, Hassiba, Mahina, Yvette and Millie arrived at the Frenchs Forest centre they were excited and a little nervous about their sailing adventure.

A bus ride later and they arrived at Manly Yacht Club to meet their friendly Sailability co-sailors. After applying sun cream and putting on their life jackets (and a walk around the wharf by a couple of clients who were very excited) they were ready to set sail.

“Not everyone wants to sail on the day, the first time,” said David Rees, Team Leader, Client Services

Community Access, Frenchs Forest. “But even if they choose not to sail, it’s a great day out – a nice change of scene for everyone.”

With a little reassurance and encouragement they all bravely took to the water and the two person sailing boats took a gentle trip around the bay.

When asked what he thought about sailing Peter said he “liked the boat” and would like to go again.

Not all clients communicate with words, but it was clear to their DSPs that they were enjoying their sailing experience and they all achieved some personal goals along the way. And looking at the photos, I think you’ll agree it was a great day out.

After a spot of lunch on the jetty, it was time to head back to the Frenchs Forest centre to relax and remember the highlights of an exciting day.

Sailability is a not-for-profit organisation that’s principal aim is to facilitate safe and enjoyable sailing activities for people with disabilities. Sailability Manly’s trained volunteers meet regularly to share their love of sailing with people with disabilities, sailing from Manly Yacht Club.



**FOR MORE INFO...**  
about our Community  
Access programs or to  
express interest in our next  
outing to Sailability Manly.  
Contact us on:  
**1300 266 222**  
**info@unisson.org.au**



# DEMYSTIFYING NDIS SUPPORT COORDINATION WITH OUR HELPFUL FAQs

**DO YOU KNOW THE DIFFERENCE BETWEEN A SUPPORT COORDINATOR AND A PLAN MANAGER OR HOW A SUPPORT COORDINATOR CAN HELP BEFORE, DURING AND AFTER AN NDIS PLAN REVIEW MEETING?**

**TO HELP DEMYSTIFY SUPPORT COORDINATION, UNISSON'S EXPERIENCED SUPPORT COORDINATION TEAM HAVE PROVIDED THE FOLLOWING FREQUENTLY ASKED QUESTIONS.**

## What is Support Coordination?

Support Coordination is an NDIS funded service that's designed to help NDIS participants (and, if required, their family or representatives) to coordinate the supports in their NDIS Plan to get the best out of their NDIS funding. Supports include informal, mainstream, community and funded supports.

## What is 'Capacity Building'?

Support Coordination has a 'Capacity Building' approach. This means that, over time, a support coordinator will help a participant to build their skills and confidence to increase their choice and control over the management of their NDIS Plan, for example, to make arrangements, monitor budgets or find providers themselves.

## What does a Support Coordinator do?

A support coordinator has an in-depth knowledge of the NDIS. They can help NDIS participants to:

- Determine their individual needs and development goals
- Navigate the NDIS marketplace (including mainstream, community, informal and provider options) to find supports that are best suited to meeting their needs and goals
- Communicate with support providers, to maximise the hours of support, and complete service agreements and bookings.
- Build capacity and exercise choice and control, for example by mentoring and teaching e.g. how to use the NDIS portal, monitor budgets and find providers.
- Monitor and record their progress towards achieving their goals.
- Prepare for a NDIS Plan Review and provide support during and after.

## What's the difference between a Support Coordinator and a Plan Manager?

A **Support Coordinator's** role is to help NDIS participants to understand their NDIS Plan, identify their needs and goals, monitor their progress and connect with the people and support that will enable them to live with choice and control.

A **Plan Manager** is responsible for the financial/administrative side of a participant's NDIS Plan. For example, the Plan Manager is responsible for organising payments, processing claims and invoices and tracking budgets. If you require plan management services, your support coordinator can help you to arrange this.

## How can a Support Coordinator help with an NDIS Plan Review meeting?

A support coordinator can help participants and their representatives before, during and after an NDIS Plan Review meeting.

### Before

- By producing a Plan Review Report to outline the services that have been arranged to meet the NDIS participant's goals. This report includes all assessment reports (to demonstrate the progress towards achieving goals while using a service, during the Plan period) and includes recommendations for future services.
- By researching specialised services and equipment, as required.

### During

- By supporting participants and their family or representatives on the day of the Plan Review meeting and helping them to navigate the process.

### After

- By acting as a point of contact for National Disability Insurance Agency (NDIA) personnel - to provide them with the clarification and additional information required to achieve a high-quality NDIS Plan for the participant.

## Who is eligible to receive funded Support Coordination services?

NDIS participants who are eligible will have Support Coordination listed under 'Capacity Building' in their NDIS Plan. Eligibility for Support Coordination is determined during an NDIS Plan Review meeting.

## Can an NDIS Provider, supply both Support Coordination and other NDIS supports?

Yes. NDIS Providers should have strategies in place to prevent any conflict of interest.

## Does having Support Coordination reduce the funding available for other supports in my Plan?

No. Support Coordination is included in a participant's NDIS Plan in addition to other supports.



## UNISSON DISABILITY NDIS SUPPORT COORDINATION

Unisson has helped many people to prepare, manage and review their NDIS Plans – maximising their hours of support and enabling them to live with choice and control. And we've developed a great reputation and relationship with the National Disability Insurance Agency (NDIA), based on our extensive resources and efficient service.

Whether you're preparing, reviewing or need support to start your plan, or you're considering requesting Support Coordination at your next NDIS Plan Review, we can help.

To arrange to speak to one of our friendly and experienced Support Coordinators, either in person or over the phone

Contact us on:  
**1300 266 222**  
[info@unisson.org.au](mailto:info@unisson.org.au)

## 2018-2021 STRATEGIC PLAN

We are pleased to announce the release of our 2018-2021 Strategic Plan which provides an insight into how we will live our values, and communicate our approach to supporting people who access our services. We operate using a rolling three-year plan, which is reviewed and refreshed by the leadership team and the Board every year. To view our updated Strategic Plan, visit [www.unissondisability.org.au](http://www.unissondisability.org.au)







“Pack Works ‘works’ for me because I get to be independent, I’ve learnt new skills and I’ve made lots of friends”

Shane Doowage,  
Process Worker at Pack Works

1300 266 222  
[unissonworks.org.au](http://unissonworks.org.au)



online.com.au

employment

## UNISSON IN THE MEDIA

WE ARE THRILLED TO  
ANNOUNCE UNISSON WORKS  
WAS RECENTLY PUBLISHED  
IN THE DECEMBER ISSUE  
OF LINK MAGAZINE,  
WITH AN EDITORIAL AND  
ADVERTISEMENT.

The editorial allowed us to  
showcase Unisson Works and  
our two commercial businesses  
Pack Works and Ground Works,  
focusing on supported employee  
Shane Doowage and his story on  
working at Pack Works and the  
skills he has acquired.



## NDIS UPDATES

### PRICING UPDATE

On the 1st of February, new NDIS  
price controls came into effect.



The new price tier is in recognition  
of the needs of NDIS participants  
with complex needs or requiring  
a higher skilled or more  
experienced worker for support  
with their one-to-one self-care  
and recreational supports, and  
the higher associated costs for  
Support Providers.

This change will not affect  
bookings and rates arranged  
prior to Feb 1st, however, future  
bookings may require a new  
service agreement. If you are  
an NDIS participant (or their  
representative) and you consider  
there are unmet complex needs,  
we recommend that you contact  
us to arrange to speak to one of  
our Support Coordinators for more  
information and assistance.



### NDIS EMPLOYMENT UPDATE

Unisson is thrilled to announce  
a welcomed NDIS employment  
update, effective February 2019.  
In a recent media release, ‘More  
roadblocks removed for NDIS  
participants to move into work,’  
Minister for Families and Social  
Services, Paul Fletcher announced  
that NDIS participants will gain  
easier access to employment  
funding in their NDIS plans.

“Participants will be able to activate  
their employment support as soon as

they find a job, instead of waiting for  
the next plan review” says Mr Fletcher.

For more information about this  
change, including how to add  
employment support to your NDIS  
plan, view the NDIA webinar ‘Let’s  
talk about work’ at [www.ndis.gov.au/  
news/webinars#previous-webinars](http://www.ndis.gov.au/news/webinars#previous-webinars)  
or contact us at 1300 266 222 or  
[info@unisson.org.au](mailto:info@unisson.org.au) and one of our  
friendly and experienced Support  
Coordinators will be happy to answer  
your questions.



If you are interested in learning more  
about Unisson Works employment  
support for NDIS participants please  
contact us at 1300 266 222, or email  
us at [info@unisson.org.au](mailto:info@unisson.org.au)

Alternatively you can learn more  
about what Unisson Works has to  
offer on our website –  
[www.unissondisability.org.au/  
unisson-works](http://www.unissondisability.org.au/unisson-works)

## Working for Shane

Unisson Disability client Shane  
Doowage is a dedicated  
employee at Unisson Works,  
and is building his skills for  
success each day.

Unisson Works provides  
supported employment to  
people with disability while  
delivering commercial solutions to  
a growing list of customers through  
its two business units: mail and  
packaging business Pack Works,  
and lawn and garden care business  
Ground Works.

Shane (pictured right) is an  
enthusiastic employee of Pack Works,  
and feels a great sense of pride when  
he gets ready for work each morning.

His father, Daya, expresses how  
much the job means to Shane: “Pack  
Works is much more than a job to  
Shane, he looks forward to going  
there every day. There have been  
instances on public holidays where  
we’ve had to take Shane to work just  
to show him it was closed. That’s how  
much he enjoys his time at work and  
wants to be there.

“We’ve seen Shane mature  
working at Pack Works. He’s  
developed into a reliable adult with  
the responsibility of his job and, as his  
parents, we love seeing his social skills  
and communication progress too.”

Not only is Shane earning a wage,  
he is now using public transport to get  
to work, and independently going to  
the local café for his coffee break.



The Doowage family are incredibly  
proud of Shane and how far he  
has come since finding meaningful  
employment with Unisson Works.

“This job means the world to  
Shane and, for our family, we love  
seeing him so happy,” Daya said.

[www.unissondisability.org.au](http://www.unissondisability.org.au)





**AS A CAPABLE AND CREATIVE MAN, HENRY KELAITA FOUND HIMSELF FEELING ISOLATED AND LIMITED IN TERMS OF HIS INDEPENDENCE WHILST LIVING WITHIN A NURSING HOME, SHARING A ROOM WITH FIVE OTHER INDIVIDUALS.**

However, with the support of Unisson, Henry has been able to transition into a home that feels truly his through Unisson's Supported Shared Living Accommodation. Henry now lives with a flatmate in a two-bedroom unit on the Central Coast and, as a result, his independence and ties to the local community have flourished.

While living at the nursing home, Henry was not accessing the community and felt very limited in his opportunities for choice and control over his own life. One of Henry's key Unisson support workers, Toni, began working with Henry and assisted him to access the community and rebuild his independence.

"Living in his new home has given him the opportunity to get out and participate in his local community so much more than when he was in the nursing home. Henry especially loves being involved with the Erina Men's Shed," says Toni. "He gets to socialise with everyone there, form bonds with the other men, and he's found a real passion for hand-crafting pens and other woodwork on the machinery."

The secretary of the Erina Men's Shed, Bob, says that having Henry involved in their local community and participating in woodwork each week is a win-win for everyone involved. "We love having Henry with us at Erina Men's Shed," says Bob. "Seeing Henry slowly but surely open up to the other men and feel

comfortable has been a real privilege, and all the guys love having him around."

The change that Toni has seen in Henry throughout his transition has been immense. "I've definitely seen a significant change in Henry and his demeanour since we started working together and accessing the community," she says. "Henry is now more free and independent to do what he wants, and to be the person he wants to be. He now does his own grocery shopping, participates in cooking his own food, and he is thriving living with a housemate."

For Henry, he could not be happier when it comes to his new living arrangement, "It's very good. I like having my own room and the freedom to choose what I want to do or what I want to eat," he says. "I have gotten used to everyone here and it really feels like my new home. It is good living with my housemate, Jim. He even lets me play games on his computer when he isn't using it."

However, the connections Henry has made in his local community and, in particular, at the Erina Men's Shed are the real highlight for Henry. "I really love going to the Men's Shed. I like making pens and I enjoy being creative and using my hands to make things," he says.

With his independence and creativity now in full force, Henry looks forward to continuing to live in his unit and accessing his local community for many more years to come.

## YOU SPOKE, WE LISTENED!

"WHAT OTHER SERVICES DOES UNISSON PROVIDE?" IS A QUESTION WE'VE HEARD MANY TIMES RECENTLY AND TO ANSWER THIS QUESTION, WE'VE PROVIDED A SUMMARY OF OUR SERVICES BELOW.



### ACCOMMODATION SUPPORT

At Unisson Disability, our goal is to support clients' choice regarding where they live. We will listen carefully to get a clear picture of their goals, then, together, come up with a way to help them achieve those goals.

Our accommodation support is flexible and can adapt as their goals change. We offer:

**Shared Living** – We currently support people living in shared homes in Hornsby, Lower North Shore, Blacktown, Parklea, Windsor, Glenwood and in areas of the Central Coast and Hunter regions. We are continually growing our supply of supported shared homes to meet client needs.

**Supported Living** – This gives clients flexibility and control over the type and level of support they receive. Our drop in support helps clients to access the community and develop independent skills such as cooking, cleaning, travel, budgeting, assistance with daily tasks and much more.

**Short-Term Accommodation & Assistance (respite)** – Our service is flexible - we can provide support in your home from a few hours a week or overnight at our cottage in Hornsby. Our cottage and Direct Support Professionals provide a supportive, happy and holiday-like environment. Accommodation at our cottage is for over 18s only.



### EMPLOYMENT SUPPORT

Unisson Works provides meaningful employment opportunities for people with an intellectual disability.

The skills and training available at Unisson Works can assist them to either make the transition to open employment or continue their growth in supported employment. Our varied work options and work environments mean they have a choice in where they want to work. Our two business units are:

- Our mail and packaging business, Pack Works
- Our mowing and gardening business, Ground Works



### COMMUNITY ACCESS

We have Community Access Centres at Pymble, St Ives, Frenches Forest, Turramurra and Beaumont Hills. Our Community Access Centres provide a safe and supported environment and offer a range of activities, excursions, incursions and individual support to ensure clients have an enjoyable day while also meeting their goals.

The Art Studios at our Pymble and Frenches Forest centres provide clients with opportunities to develop skills and explore their creativity and self-expression in a range of art forms.



### SUPPORT FOR CHILDREN & YOUNG ADULTS

Unisson Disability support children and young adults to participate in social, community activities based on their interests. Activities include cooking, music, crafts, outdoor recreational activities, bowling, fishing and day excursions, e.g. to wildlife parks.

During the school holidays, we run School Holiday Programs in the Penrith and Holroyd areas. The programs run from 9am to 3pm and can be tailored for each child, depending on their support needs.

### NDIS SUPPORT COORDINATION

Our experienced and committed Support Coordinators have helped many people to prepare, manage and review their NDIS Plans – maximising their hours of support and enabling them to live with choice and control.

Whether you're preparing, reviewing or need support to start your plan, or if you're considering requesting Support Coordination at your next NDIS Plan Review, we can help.

### FOR MORE INFO...

View our current Supported Shared Living vacancies at [unissondisability.org.au/accommodation-vacancies](https://unissondisability.org.au/accommodation-vacancies) or contact us on **1300 266 222** or [info@unisson.org.au](mailto:info@unisson.org.au) to arrange to speak to one of our friendly Accommodation Coordinators to discuss your requirements and to arrange to be notified about suitable future vacancies and new Unisson Shared Living accommodation.

### FOR MORE INFO...

Contact us on:  
**1300 266 222**  
[info@unisson.org.au](mailto:info@unisson.org.au)



# THE POWER OF YOUR FEEDBACK!

Clickability is an Australian disability service directory that allows people to rate and review a service they've used. The platform gives people the opportunity to voice their opinions and their experience using a particular service.

At Unisson Disability, your feedback is always important to us. We want to gain a better understanding of the areas that are providing great customer satisfaction, as well as the areas in which you think we can improve.

Clickability has a user friendly website allowing the review process to be quick and easy. To leave a review:

1. Visit the Clickability Website - <https://clickability.com.au/>
2. Visit our Clickability Service page <https://clickability.com.au/review?service=Unisson+Disability> to
  - write a review, or
  - request a call back and give your review over the phone

Whether you are currently using our services, or have in the past, we want to hear from you!



# FAREWELL CECILIA & KATIE

## THIS MONTH WE HELD A FAREWELL TEA FOR CECILIA AND KATIE

This month we held a farewell for two long-term employees, Cecilia and Katie.

Cecilia worked as an Art Studio Coordinator at our Community Access Centre at Pymble for over 12 years, until her retirement this month.

*"Cecilia made a huge contribution to the creative life of the clients at Unisson and was instrumental*

*in both the formation of the Art Studios, and their ongoing success, evident in the wonderful exhibitions held over the years. It was a great pleasure to work with her and I will miss her very much,"* said Unisson's Arts Facilitator Juliette Rubensohn.

Katie held the role of Manager of Client Services, but some may remember her 11 years ago when

she first joined the organisation as a Direct Support Professional.

Katie will be remembered for always putting her clients first and for her kindness.

We wish Cecilia and Katie all the best for their future endeavours and thank them for all the good work they've done for clients and the organisation.



# COME AND SEE US!



## HUNTER/CENTRAL COAST DISABILITY ACCOMMODATION CONVENTION

Our friendly staff from the Hunter/Central Coast region will have a table at the Hunter/Central Coast Disability Accommodation Convention. If you'd like to find out more information about our supported Shared Living Accommodation and other services we provide within this region come, and visit us!

**WHEN:** Friday 15th of March – 11am-6pm

**WHERE:** Club Macquarie, Argenton

**COST:** Registration for the event is free to the public, to register please follow this link - [www.onecommunity.net.au/Event/Convention/104](http://www.onecommunity.net.au/Event/Convention/104)

## TALKING END OF LIFE (TEL) ONLINE TOOLKIT

The Talking End of Life ...with people with intellectual disability (TEL) project is a research-based online toolkit for support workers, families and health professionals. Supported by funding from the Australian Government Department of Health under the Public Health and Chronic Disease Grant Program, it provides guidance for teaching people with intellectual disability about end of life, so that they understand what's happening, both when loved ones die or when they themselves approach death.

To access this resource visit [unissondisability.org.au/talking-end-of-life-tel-online-toolkit](http://unissondisability.org.au/talking-end-of-life-tel-online-toolkit) or contact us on **1300 266 222** or **info@unisson.org.au** to request a free DVD to be posted to you (within Australia).

**You can also collect a free Talking End of Life from us at the expo.**



# COMMUNITY & FRIENDS IS GOING DIGITAL

The next edition of our Community & Friends newsletter will be digital. We'll email all recipients before the next edition with details of how to subscribe to receive your copy by email.

To view past copies of Community & Friends visit <https://unissondisability.org.au/newsletters>







## MEET ONE OF OUR STAFF

**MICHELLE CARLYLE**

**GENERAL MANAGER,  
BUSINESS DEVELOPMENT  
& INNOVATION**

### What brought you to Unisson?

After spending much of my working life in the corporate sector - whilst also having a keen interest in the not-for-profit sector, and specifically disability services - when an opportunity came up to join Unisson, it took less than a minute to say "yes!" The role offered allowed me to draw on the skills and experience I've acquired over the past 20 years in the corporate world and use them to benefit people.

### > Tell us about your role

My title is General Manager Business Development and Innovation – a new role.

Innovation could occupy my mind 24/7!

Innovation is something that everyone can be involved in and it doesn't have to be complex, it can often be simple.

My role focuses on encouraging and enabling an innovation mindset to be woven into everything we do at Unisson, to reach out and look for opportunities for potential new Unisson services and to bring people together to nut out the complexities of delivering on them. And, most importantly, to ensure that our innovation aligns with our vision and purpose - to work together to create possibilities for clients to live a great life.

### Tell us something interesting about yourself

I love the outdoors and enjoy cycling. A couple of years ago my husband and I cycled 2,500k from

Barcelona to Rome over the course of a month. And all of that cycling meant we could enjoy plenty of pasta and red wine and not worry about the impact of a high carb diet.

I started life as a graphic designer and the creative monster still lurks around and I'll occasionally feel inspired to do something creative, such as photography.

### What do you love about working at Unisson?

I can see the positive impact an organisation such as Unisson can have on an individual's overall wellbeing and how we can help them to participate in this amazing event we call life.

We're all in this, and we all want to get the best out of it, and at Unisson, we're enabling that best to come out of it for people who aren't able to achieve that on their own. We're helping people that need that support, and that's pretty amazing.

## CORPORATE UPDATE

**NEW RESEARCH PROJECT  
FOCUSES ON IMPROVING  
CUSTOMER EXPERIENCE**



Unisson has just completed the first phase of an exciting research project to experience its services from the perspective of its clients and front-line staff.

We're pleased to share that we recently engaged a professional research firm, to manage customer experience feedback interviews on our behalf. And over the past two

weeks, their friendly researchers, have been busily interviewing clients and their families and front-line staff to capture their experiences of our services.

These volunteer interviewees have given us important insights into how we can improve, not only our services, but all our end-to-end customer touch points.

The project is still in its early stages and it will take time to carefully review the anonymized information for themes and opportunities. Then we'll progress to the next phase – providing innovative solutions and improvements.

We'll be sure to share the key findings and our progress with you.

## MEET ONE OF OUR STAFF

**GLEN TAN**

**DIRECT SUPPORT  
PROFESSIONAL - PYMBLE  
COMMUNITY ACCESS**

### What brought you to Unisson?

After a long time in the telecommunication and technology service provider's space, I wanted a career change and I have always been interested in working in community services, especially helping people living with disabilities. I did some research on various disability service providers and found that, besides having comprehensive service offerings, Unisson's core values resonated more with me. I had an interview at Unisson, shared my story and was offered the role.

### What do you love about working at Unisson?

I joined Unisson in October last year. Work has always been interesting and rewarding from the get-go. There are always new things to learn or a new challenge to overcome, individually or collectively as a team. I enjoy working at Unisson because of the strong supportive culture, friendly colleagues and accessible team leadership that helped me transition into the new role with ease. I also enjoy building connections with the people I support and helping them improve their well-being and life skills.

### Tell us something interesting about yourself?

I love going out with family and friends for dinner and drinks. I also enjoy going for a drive to explore new places around Sydney and beyond.



# IN YOUR COMMUNITY



## ICE SKATING

Penrith Ice Palace welcomes all abilities and accompanied wheelchair users can also access the ice (companion wearing skates).

**WHEN:** Any public session  
(no need to pre-book)

**WHERE:** Penrith Ice Palace,  
7 Patty's Place, Jamisontown

**COST:** \$10 + \$10 companion card holder wheelchair users Free + \$10 companion card holder

**CONTACT:** 02 4733 2611  
penrithicepalace@gmail.com



## DANCE TO THE NINES

An accessible evening for adults with a disability and their families and friends to enjoy great live music, provided by Evergreen music, and light refreshments.

**WHEN:** Friday 15th of March, 6-9pm

**WHERE:** Dougherty Centre  
7 Victor Street  
Chatswood

**COST:** Tickets \$10 at the door  
(carers free)

**CONTACT:** 02 9777 7800  
dcc@willoughby.nsw.gov.au



## INCLUSIVE STORY TIME

Northern Beaches Council is running a pilot program for kids with additional needs aged 3-5.

Enjoy stories, songs and rhymes at these interactive, educational and inclusive sessions.

**WHEN:** Thursday 21st March &  
18th of April  
10:30am-11am

**WHERE:** Warringah Mall Library,  
Brookvale

**COST:** FREE

**CONTACT:** 02 9942 7999



## CHAIR YOGA IN GLEBE

Chair yoga can be enjoyed at any age, the entry level requirement is the ability to sit upright while gently moving torso and limbs.

**WHEN:** Mondays 9-9:45am  
from 4th February until 30th December 2019

**WHERE:** St Helen's Community Centre  
184 Glebe Point Road, Glebe

**COST:** FREE

**CONTACT:** 02 9298 3050

## FILM CLUB

Enjoy a free screening of a themed movie at Leichhardt Library each month. In April the movie is Maudie (PG)

All ages are welcome, popcorn and drinks will be provided.

Seats are limited – please book online

**WHEN:** Tuesday 9th April 2pm

**WHERE:** Leichhardt Library  
23 Norton Street  
Leichhardt

**COST:** Free

**CONTACT:** 02 9392 5966

## KU-RING-GAI NETBALL

Join KNA ALLSTARS all abilities netball for a chance to make new friends, learn netball skills, play games, laugh and have fun. All players must be 14 years or older.

**WHEN:** Every Saturday  
2-3.30pm  
Mar 30 – Aug 31

**WHERE:** Canoon Road Netball Courts, Turramurra

**COST:** \$50 registration,  
includes free uniform

**CONTACT:** Deb Frost  
debfrust@bigpond.net.au

# IN YOUR COMMUNITY



## JUNIOR CP GAMES

This multi-sport event for junior athletes, from 8 to 26, is about fun, participation and trying new sports. Limited accommodation is available.

Sports include: Football, Swimming, Athletics, Race Running, Triathlon, Basketball, Netball, Boccia, Table Tennis and many more.

**WHEN:** March 29th – 31st 2019

**WHERE:** Sydney Academy of Sports

**COST:** each sport will have a separate registration fee.

**CONTACT:** Peter for a registration form at  
pking@cerebralpalsy.org.au



## INCLUSIVE NIPPERS

Newport SLSC Marlins and Dolphins nipper program caters for ages 5+.

Learn about the Surf and safety at the beach, and participate in activities such as beach flags, sprints, beach relays, body boards and surf boards. Activities are slightly modified if needed.

**WHEN:** Sundays 9-10.15am.  
Season starts Oct

**WHERE:** Newport Surf Life Saving Club

**COST:** \$85 for season  
(Active Kids Provider)

**CONTACT:** 0418 628 362  
sandymenzies@optusnet.com.au



## WHEELCHAIR DANCE SPORT

Wheelchair Dance Sport is looking for dancers, no experience is necessary.

Wheelchair Dance Sport is a Paralympic sport for people with a physical impairment that affects the lower limbs. Dancers can participate as singles, duos (two wheelchair users) or combo (wheelchair user with able bodied partner) in competitive ballroom dancing in styles such as Standard Latin and Freestyle.

**CONTACT:** Email Kelsey@sports.org.au with name, location and current experience (if any). Or visit [www.sports.org.au/wheelchair-dance-sport/](http://www.sports.org.au/wheelchair-dance-sport/) and fill out the Expression of Interest form under the 'Get Involved section'.

# CONNECT WITH US ON SOCIAL MEDIA

WANT TO RECEIVE TIMELY INFORMATION, DISABILITY NEWS AND INSPIRING AND INSIGHTFUL STORIES FROM AROUND THE WORLD AND WITHIN YOUR LOCAL COMMUNITY?

We invite you to follow and communicate with us via our social pages. If you're already our friend, please remember to comment, like and, especially, share the information we post. We need your help to widen our community and extend our social reach.

 [facebook.com/unissondisability](https://facebook.com/unissondisability)

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## COMMUNITY NEWS

### CHRISTMAS CELEBRATIONS

Last December clients had a great time celebrating Christmas with one another. The Christmas celebrations included a trip to the Christmas Carols at the Central Coast Stadium,

along with a Christmas party at St Ives Community Access centre.

Take a look at some of our happy snapshots



## CHRISTMAS APPEAL

### A BIG THANK YOU!

We would like to extend a huge thank you to everyone who supports our organisation – most recently raising

over \$6,885 for our Christmas Appeal. We wouldn't be where we are today without support from our community and whenever we've reached out to you to support our organisation, the people we support and the work we do, we are overwhelmed by your generosity and kindness.



## JOBS BOARD

**MANAGER - CLIENT SERVICES** – Pymble

**DIGITAL MARKETING SPECIALIST** – Pymble

**WHS OFFICER (PART TIME)** – Pymble

**RETURN TO WORK OFFICER (FULL TIME)** – Pymble

**DISABILITY SUPPORT PROFESSIONAL ROLES** – Located across Sydney and Central Coast Regions

Visit  
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 to apply.