Flask -- Building the app

Build and run everything in 1 command

docker-compose up --build

Visit the database seed route in your browser

http://localhost:8000/seed

Using the Docker Toolbox? Goto http://192.168.99.100:8000 instead

Feed MobyDock until you get bored

<Keep reloading your browser>

[open a 2nd terminal tab with CTRL+Shift+T]

Stop everything

docker-compose stop

Show the Docker Compose help menu

docker-compose --help

Build everything again

docker-compose build

Up everything again

docker-compose up

Show a list of Docker images

docker images

List running Docker containers

docker ps
docker container ls

Exec into the running mobydock container

docker-compose exec mobydock bash

List running Docker containers for this project

docker-compose ps

List Docker networks

docker network ls

List Docker volumes

docker volume 1s

Stop and remove everything

docker-compose down -v

Install git

sudo apt-get install git

Configure git

```
git config --global user.email"you@example.com"
git config --global user.name "Your Name"
```

Create a git repo out of the project and commit everything

git init && git add -A && git commit -m "Initial commit"

[^] Customize the text in blue with whatever you want.