

Physical Appearance and Growth: 4 to 7 Months

Between four and seven months, your baby will continue to gain approximately 1 to 1-1/4 pounds (0.45 to 0.56 kg) a month. By the time she reaches her eight month birthday, she probably will weigh about two and a half times what she did at birth. Her bones also will continue to grow at a rapid rate. As a result, during these months her length will increase by about 2 inches (5 cm) and her head circumference by about 1 inch (2.5 cm).



Your Baby's Rate of Growth

Your child's specific weight and height are not as important as her rate of growth (/English/family-life/health-

management/Pages/Growth-Charts-By-the-Numbers.aspx). Continue to plot her measurements (/English/ages-stages/baby/Pages/Tracking-Your-Babys-Weight-and-Measurements.aspx) at regular intervals to make sure she keeps growing at the same rate.

If you find that she's beginning to follow a different curve or gaining weight or height unusually slowly, discuss it with your pediatrician (/English/family-life/health-management/Pages/Visiting-The-Pediatrician-The-First-Year.aspx).

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