



Checkup Checklist: 2 Months Old

Can you believe it? Your baby is almost 2 months old and its time for another visit to the pediatrician. This appointment may cause some tears, so have your tissues ready. In addition to the usual physical exam, your baby may also get a few shots this time.

Your 2-Month Old | American Academy of Pediatrics (AAP)

Immunizations

During two-month checkups, most babies will be immunized against seven or eight different diseases. Typical immunizations (</English/safety-prevention/immunizations/Pages/Recommended-Immunization-Schedules.aspx>) given during your child's 2-month checkup include:

- Hepatitis B vaccine (</English/safety-prevention/immunizations/Pages/Hepatitis-B-Vaccine-What-Parents-Need-to-Know.aspx>) (HBV)
- Rotavirus vaccine (</English/safety-prevention/immunizations/Pages/Rotavirus-Vaccine-What-You-Need-to-Know.aspx>)
- Diphtheria, tetanus, acellular pertussis vaccine (</English/safety-prevention/immunizations/Pages/Diphtheria-Tetanus-Pertussis-Vaccines-What-You-Need-to-Know.aspx>) (DTaP)
- Haemophilus influenza type B vaccine (</English/safety-prevention/immunizations/Pages/Haemophilus-Influenzae-TypeB-Hib-Vaccine-What-You-Need-to-Know.aspx>) (Hib)
- Pneumococcal conjugate vaccine (</English/safety-prevention/immunizations/Pages/Pneumococcal-Conjugate-Vaccine-What-You-Need-to-Know.aspx>) f
- Inactivated polio vaccine (</English/safety-prevention/immunizations/Pages/Polio-Vaccine-What-You-Need-to-Know.aspx>) (IPV)

It may have you thinking, *"Is it really safe to give my baby that many shots at once?"* The answer is yes (</English/safety-prevention/immunizations/Pages/Multiple-Vaccinations-at-One-Time.aspx>). And luckily, your pediatrician can combine some shots so there's less pricking and hopefully less crying. See "Multiple Vaccinations at One Time" (</English/safety-prevention/immunizations/Pages/Multiple-Vaccinations-at-One-Time.aspx>)."

most out of your time with your pediatrician and make a list of your questions ahead of time.

Screenings

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- **Maternal depression** (/English/ages-stages/prenatal/delivery-beyond/Pages/understanding-motherhood-and-mood-baby-blues-and-beyond.aspx): Your pediatrician will ask you how you are feeling. If you are having postpartum issues with breastfeeding, anxiety, or sadness, or anything else, please feel free to discuss it with your baby's pediatrician.

Feeding & development

Your pediatrician will measure and weigh your baby to make sure their growth is on track, observe their development and behavior, and perform a physical exam.

Questions your pediatrician may ask

- Do you have concerns about how your baby sees? Note that occasional crossing of the eyes (/English/ages-stages/baby/Pages/Newborn-Eye-Color.aspx) is normal in these first months.
- Is your baby getting enough tummy time (/English/ages-stages/baby/sleep/Pages/The-Importance-of-Tummy-Time.aspx)? It's important for strengthening the head, neck, back, and shoulders.
- How many times are you feeding (/English/ages-stages/baby/feeding-nutrition/Pages/how-often-and-how-much-should-your-baby-eat.aspx) your baby each day?

Questions you may have

- Is it normal for my baby to smile (/English/ages-stages/baby/Pages/Emotional-and-Social-Development-Birth-to-3-Months.aspx) at me and not others?
- When can my baby start solid foods (/English/ages-stages/baby/feeding-nutrition/Pages/Switching-To-Solid-Foods.aspx)?
- How can I manage my older children while breastfeeding (/English/ages-stages/baby/breastfeeding/Pages/Managing-Older-Siblings-While-Breastfeeding.aspx)?

Did you know

We know breast milk storage can be confusing, so here's an easy way to remember: **4 hours at room temperature and 4 days in the refrigerator!**

Safety

Questions your pediatrician may ask

- Do you own a changing table? Falls from a high surface can be serious. Keep a hand on your baby when you are dressing or changing him or her. Also remember not to leave your baby unattended on a bed or couch, since they may be rolling over soon soon (if not already)! Find more safety tips here (/English/safety-prevention/at-home/Pages/Changing-Table-Safety.aspx).
- How do you calm your baby when he or she is fussy? Here are some ideas to try (/English/ages-stages/baby/crying-colic/Pages/Calming-A-Fussy-Baby.aspx).
- Do you put your baby on their back (/English/ages-stages/baby/sleep/Pages/Where-We-Stand-Back-To-Sleep.aspx) to sleep, both at naptime and nighttime? Do you need help searching for high-quality child care (/English/family-life/work-play/Pages/Why-Quality-Matters-in-Early-Child-Care.aspx)?

Questions you may have

- Is it safe for me to take medicine while breastfeeding (/English/ages-stages/baby/breastfeeding/Pages/Medications-and-Breastfeeding.aspx)? Always make sure that your doctor is aware of any medications you are taking while you are breastfeeding. Communication is important for optimizing the safety of both you and your baby.

- What is a safe water temperature (/English/safety-prevention/at-home/Pages/Bathroom-Safety.aspx) for my baby's bath? *(The American Academy of Pediatrics recommends adjusting your water heater so the hottest temperature at the faucet is no more than 120 degrees Fahrenheit [48.9 degrees Celsius]).* [Back to Top](#)
- If my baby rolls over when sleeping, is there a danger of sudden infant death syndrome (SIDS (/English/ages-stages/baby/sleep/Pages/Preventing-SIDS.aspx))?

Communication tips

Never hesitate to call your pediatrician's office with any questions or concerns—even if you know the office is closed. If your pediatrician is unable to see you but believes your baby should be examined, he or she will advise you on the most appropriate place for your baby to receive care and how quickly your baby should be seen.

More information

- AAP Schedule of Well-Child Care Visits (/English/family-life/health-management/Pages/Well-Child-Care-A-Check-Up-for-Success.aspx)

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The information contained on this Web site should not be used as a substitute for the medical care and advice of your pediatrician. There may be variations in treatment that your pediatrician may recommend based on individual facts and circumstances.