

Signs of Feeding Difficulties in a 1 Month Old

The following are some possible warning signs of feeding problems, and should be discussed with your pediatrician.

Too Much Feeding:

- If bottle-fed (/English/ages-stages/baby/feeding-nutrition/Pages/Amount-and-Schedule-of-Formula-Feedings.aspx), the baby is consuming more than 4 to 6 ounces (120 to 180 mL) per feeding.
- She vomits (/English/healthissues/conditions/abdominal/Pages/Infant-Vomiting.aspx) most or all the food after a complete feeding.
- Her stools are loose and very watery (/English/ages-stages/baby/diapers-clothing/Pages/Diarrhea-in-Babies.aspx), eight or more times a day. (Keep in mind that breastfed babies normally tend to have much more frequent and looser stools.)



- If breastfed (/English/ages-stages/baby/breastfeeding/pages/Monitoring-Your-Baby%27s-Feeding.aspx), the baby stops feeding after ten minutes or less.
- She wets fewer than four diapers per day; particularly if she has begun sleeping through the night, she may be feeding inadequately (since most babies feed at least once during the night), and may urinate less often and become mildly dehydrated.
- She has infrequent or very hard stools (/English/ages-stages/baby/diapers-clothing/Pages/Infant-Constipation.aspx) in the first month.
- She appears hungry, searching for something to suck shortly after feedings.
- She becomes more yellow (/English/news/Pages/Jaundice-in-Newborns.aspx), instead of less, during the first week.

Feeding Allergy or Digestive Disturbance:

- · Your baby vomits most or all food after a complete feeding.
- She produces loose and very watery stools eight or more times a day or has blood in the stools.
- · She has a severe skin rash.

Last Updated 6/24/2015

Source Caring for Your Baby and Young Child: Birth to Age 5,6th Edition (Copyright © 2015 American Academy of Pediatrics)

The information contained on this Web site should not be used as a substitute for the medical care and advice of your pediatrician. There may be variations in treatment that your pediatrician may recommend based on individual facts and circumstances.



Back to Top

Related Articles



Diarrhea in Babies

Diarrhea isn't just a loose stool; it's a watery stool that occurs up to 12 times a day. Read More (/English/ages-stages/baby/diapers-clothing/Pages/Diarrhea-in-Babies.aspx)



Infant Constipation

Parents also worry that their babies are not pooping enough. A baby eating formula usually has a bowel movement at least once most days. Read More

(/English/ages-stages/baby/diapers-clothing/Pages/Infant-Constipation.aspx)



Amount and Schedule of Formula Feedings

After the first few days, your formula-fed newborn will take from 2 to 3 ounces (60-90 ml) of formula per feeding and will eat every three to four hours on average during her first few weeks. Read More

(/English/ages-stages/baby/feeding-nutrition/Pages/Amount-and-Schedule-of-Formula-Feedings.aspx)



How Often and How Much Should Your Baby Eat?

Breastfed babies generally eat more frequently than those who are formula fed. Read More (/English/ages-stages/baby/feeding-nutrition/Pages/How-Often-and-How-Much-Should-Your-Baby-Eat.aspx)