Solved selected problems of Classical Mechanics - Gregory

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Chapter 13 - The Calculus of Variations and Hamilton's Principle

Solution. 13.1 By definition, extremals are solutions of the Euler-Lagrange equation. In this case $F = \dot{x}^2/t^3$ so we have that

$$\frac{\partial F}{\partial x} = 0 \qquad \frac{\partial F}{\partial \dot{x}} = \frac{2\dot{x}}{t^3}$$

Hence the Euler-Lagrange equation takes the form

$$\frac{d}{dt} \left(\frac{2\dot{x}}{t^3} \right) - 0 = 0$$
$$\frac{2\ddot{x}}{t^3} - \frac{6\dot{x}}{t^4} = 0$$
$$\ddot{x} - \frac{3\dot{x}}{t} = 0$$

Now we solve the equation by setting $v = \dot{x}$ hence

$$\frac{dv}{dt} - \frac{3v}{t} = 0$$

$$\int \frac{dv}{3v} = \int \frac{dt}{t}$$

$$\frac{\log(v)}{3} = \log(t) + C$$

$$v = Ct^3$$

by replacing again and solving the equation we have that

$$\frac{dx}{dt} = Ct^3$$

$$\int dx = C \int t^3 dt$$

$$x = Ct^4 + D$$

The admissible extremals are those that satisfy the conditions x(1) = 3 and x(2) = 18 this way we find the values of C = 1 and D = 2 so the only admissible extremal of J[x] is given by

$$\hat{x} = t^4 + 2$$

Finally, we want to show that this extremal provides a global minimum of J[x]. Let h be any admissible variation and consider the variation in J that it produces

$$\begin{split} J[\hat{x}+h] - J[\hat{x}] &= \int_{1}^{2} \frac{(4t^{3} + \dot{h})^{2}}{t^{3}} dt - \int_{1}^{2} \frac{(4t^{3})^{2}}{t^{3}} dt \\ &= \int_{1}^{2} 16t^{3} + 8\dot{h} + \frac{\dot{h}^{2}}{t^{3}} dt - \int_{1}^{2} 16t^{3} dt \\ &= 8 \left[h \right]_{t=1}^{t=2} + \int_{1}^{2} \frac{\dot{h}^{2}}{t^{3}} dt \\ &= \int_{1}^{2} \frac{\dot{h}^{2}}{t^{3}} dt \end{split}$$

Where we used that h is an admissible extremal hence it must satisfy h(1) = h(2) = 0. Since the integral of a positive function must be positive we see that

$$J[\hat{x} + h] - J[\hat{x}] = \int_{1}^{2} \frac{\dot{h}^{2}}{t^{3}} dt \ge 0$$

Thus \hat{x} provides the global minimum of J[x]. The global minimum value of J is therefore $J[t^4+2]=60$.

Solution. 13.3 We want to find the extremals of the path functional

$$L[y] = \int_0^1 \sqrt{1 + \left(\frac{dy}{dx}\right)^2} dx$$

By definition, extremals are solutions of the Euler-Lagrange equation. In this case $F(y, \dot{y}) = \sqrt{1 + \dot{y}^2}$ so there is no explicit dependence on x this implies that if we satisfy the equation

$$\dot{y}\frac{\partial F}{\partial \dot{y}} - F = C$$

then we satisfy the Euler-Lagrange equation too, hence we have that

$$\dot{y}\frac{\dot{y}}{\sqrt{1+\dot{y}^2}} - \sqrt{1+\dot{y}^2} = C$$

$$\frac{\dot{y}^2 - 1 - \dot{y}^2}{\sqrt{1+\dot{y}^2}} = C$$

$$\sqrt{1+\dot{y}^2} = -\frac{1}{C}$$

$$\dot{y}^2 = -1 + \frac{1}{C^2}$$

$$\int y = \frac{\sqrt{1-C^2}}{C^2} \int dx$$

$$y = \frac{\sqrt{1-C^2}}{C^2} x + D$$

Where D is a constant of integration. Now applying the given initial and end conditions we get that C = 1 and D = 0 so the admissible extremal is

$$\hat{y} = 0$$

But this is a constant solution so it may or may not be a solution to the Euler-Lagrange equation, we must check, hence we have that

$$\frac{d}{dt} \left(\frac{\partial F}{\partial \dot{y}} \right) - \frac{\partial F}{\partial y} = 0$$
$$\frac{d}{dt} \left(\frac{\dot{y}}{\sqrt{1 + \dot{y}^2}} \right) - 0 = 0$$
$$\frac{\ddot{y}}{(1 + \dot{y}^2)^{3/2}} = 0$$

So $\hat{y} = 0$ is a solution to the Euler-Lagrange equation and therefore an extremal.

Finally, we want to check \hat{y} provides a global minimum for L. Let h be any admissible variation and consider the variation in L that it produces

$$L[\hat{y} + h] = \int_0^1 \sqrt{1 + (\dot{\hat{y}} + \dot{h})^2} dx$$
$$= \int_0^1 \sqrt{1 + \dot{h}^2} dx$$

Also, we know that

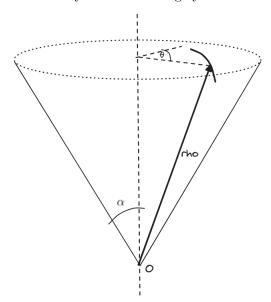
$$\int_0^1 \sqrt{1 + \dot{\hat{y}}^2} dx = \int_0^1 dx = 1$$

And we have that

$$\int_0^1 \sqrt{1 + \dot{h}^2} dx \ge 1 = \int_0^1 dx$$

Therefore \hat{y} provides a local minimum for L.

Solution. 13.5 Let us analyze the following system



From this, we can write the differential length as

$$(ds)^2 = (d\rho)^2 + (\rho \sin \alpha d\theta)^2$$

So integrating we get the length functional as follows

$$L = \int_{-\pi/2}^{\pi/2} ds = \int_{-\pi/2}^{\pi/2} \sqrt{\left(\frac{d\rho}{d\theta}\right)^2 + (\rho \sin \alpha)^2} \ d\theta$$

In this case, we have that $F(\rho,\dot{\rho}) = \sqrt{\dot{\rho}^2 + (\rho \sin \alpha)^2}$ so there is no explicit dependence on θ this implies that if we satisfy the equation

$$\dot{\rho}\frac{\partial F}{\partial \dot{\rho}} - F = C$$

then we satisfy the Euler-Lagrange equation too, hence we have that

$$\dot{\rho} \frac{\dot{\rho}}{\sqrt{\dot{\rho}^2 + (\rho \sin \alpha)^2}} - \sqrt{\dot{\rho}^2 + (\rho \sin \alpha)^2} = C$$

$$\frac{\dot{\rho}^2 - \dot{\rho}^2 - (\rho \sin \alpha)^2}{\sqrt{\dot{\rho}^2 + (\rho \sin \alpha)^2}} = C$$

$$\sqrt{\dot{\rho}^2 + (\rho \sin \alpha)^2} = -\frac{(\rho \sin \alpha)^2}{C}$$

$$\dot{\rho}^2 = -(\rho \sin \alpha)^2 + \frac{(\rho \sin \alpha)^4}{C^2}$$

$$\frac{d\rho}{d\theta} = (\rho \sin \alpha) \sqrt{\frac{(\rho \sin \alpha)^2}{C^2} - 1}$$

Now we can integrate the equation as follows

$$\int \frac{d\rho}{(\rho \sin \alpha) \sqrt{\frac{(\rho \sin \alpha)^2}{C^2} - 1}} = \int d\theta$$

$$\frac{\arctan\left(\sqrt{\frac{(\rho \sin \alpha)^2}{C^2} - 1}\right)}{\sin \alpha} = \theta + D$$

$$\arctan\left(\sqrt{\frac{(\rho \sin \alpha)^2}{C^2} - 1}\right) = (\theta + D) \sin \alpha$$

$$\frac{(\rho \sin \alpha)^2}{C^2} - 1 = \tan^2\left((\theta + D) \sin \alpha\right)$$

$$\rho = \frac{C}{\sin \alpha} \sqrt{\tan^2\left((\theta + D) \sin \alpha\right) + 1}$$

$$\rho = \frac{C}{\sin \alpha} \sec((\theta + D) \sin \alpha)$$

This is the equation for the extremals of L. Now applying the given initial and end conditions we get that

$$a = \frac{C}{\sin \alpha} \sec(-(\pi/2 - D)\sin \alpha) = \frac{C}{\sin \alpha} \sec((\pi/2 + D)\sin \alpha)$$

which implies that D = 0 and C is

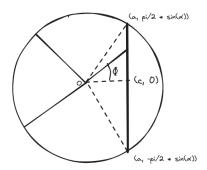
$$C \sec\left(\frac{\pi \sin \alpha}{2}\right) = a \sin \alpha$$

$$C = \frac{a \sin \alpha}{\sec\left(\frac{\pi \sin \alpha}{2}\right)}$$

Replacing the values for C and D we get that the admissible extremal is

$$\rho = \frac{a \sec(\theta \sin \alpha)}{\sec(\frac{\pi \sin \alpha}{2})}$$
$$\rho = \frac{a \cos(\frac{\pi \sin \alpha}{2})}{\cos(\theta \sin \alpha)}$$

Finally, we want to verify that this extremal is the same as the shortest path that would be obtained by developing the cone onto a plane. If we develop the cone onto a plane, we get that the path is a vertical line in the plane as shown below



where the angle in the plane is given by $\phi = \theta \sin \alpha$. We know that the equation of a straight vertical line in polar coordinates is given by

$$\rho\cos(\phi) = c$$

where c is the value of ρ when $\phi = 0$ and from the drawing above we have that $\cos(\pi/2\sin(\alpha)) = c/a$ hence

$$\rho\cos(\theta\sin\alpha) = a\cos\left(\frac{\pi\sin(\alpha)}{2}\right)$$

Which is the admissible extremal that we have such that it satisfies the Euler-Lagrange equation. $\hfill\Box$

Solution. 13.7 We want to find the extremals of

$$J[y] = \int_{-a}^{a} y\sqrt{1 + \dot{y}^2} \ dx$$

In this case, we have that $F(y, \dot{y}) = y\sqrt{1 + \dot{y}^2}$ so there is no explicit dependence on x this implies that if we satisfy the equation

$$\dot{y}\frac{\partial F}{\partial \dot{y}} - F = C$$

then we satisfy the Euler-Lagrange equation too, hence we have that

$$\dot{y} \frac{y\dot{y}}{\sqrt{1+\dot{y}^2}} - y\sqrt{1+\dot{y}^2} = C$$

$$\frac{\dot{y}y^2 - (y(1+\dot{y}^2))}{\sqrt{1+\dot{y}^2}} = C$$

$$\frac{y}{\sqrt{1+\dot{y}^2}} = -C$$

$$y^2 = C^2(1+\dot{y}^2)$$

$$\sqrt{\frac{y^2}{C^2} - 1} = \dot{y}$$

Now we can solve this equation by separation as follows

$$\int \frac{dy}{\sqrt{\frac{y^2}{C^2} - 1}} = \int dx$$

$$C \int \frac{dy}{\sqrt{y^2 - C^2}} = \int dx$$

$$\cosh^{-1}\left(\frac{y}{C}\right) = \frac{x}{C} + D$$

$$y = C \cosh\left(\frac{x}{C} + D\right)$$

Which is the form of the extremals of J[y] we wanted.

To determine the values of C and D we use the initial and end conditions. We know that y(-a) = y(a) = b hence we have that

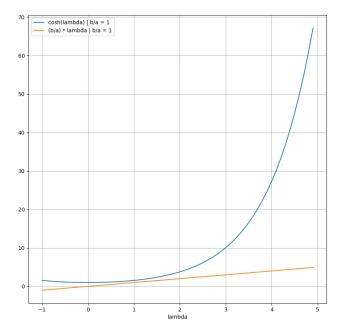
$$C \cosh\left(\frac{a}{C} + D\right) = C \cosh\left(-\frac{a}{C} + D\right)$$
$$\cosh\left(\frac{a}{C} + D\right) = \cosh\left(\frac{a}{C} - D\right)$$
$$\frac{a}{C} + D = \frac{a}{C} - D$$
$$D = 0$$

So the initial and end conditions are satisfied only if D=0.

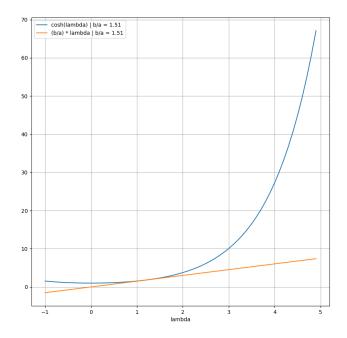
Naming $\lambda = a/C$ we see that

$$\cosh\left(\frac{a}{C}\right) = \frac{b}{C}$$
$$\cosh(\lambda) = \frac{b}{a}\lambda$$

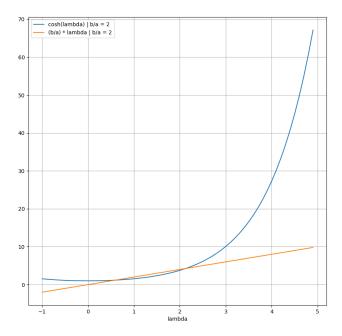
We see that depending the value of b/a the curve $\cosh(\lambda)$ will or will not intersect the line $(b/a)\lambda$ for example if we take b/a=1 and we plot both curves we have that



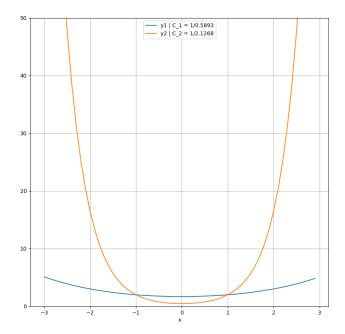
Where we see that the curves don't intersect hence there is no solution to the equation so no value of C satisfies the initial and end conditions and therefore there are no admissible extremals for this case. If we set b/a = 1.51 we see that the curves do intersect and this value seems to be quite close to the critical point as shown below.



If we choose b/a=2 the curves intersect at two points $\lambda_1=0.5893$ and $\lambda_2=2.1268$ as shown below



Now taking a=1 we plot both extremals where we use $C_1=1/\lambda_1$ and $C_2=1/\lambda_2$



By the shape of the curve, we can guess that the blue curve represents the soap film. $\hfill\Box$

Solution. 13.9 We want to determine Feremat's time functional, for this, we need first, the line element in cylindrical polar coordinates i.e.

$$ds^2 = dr^2 + r^2 d\theta^2$$

So Fermat's time functional is given by

$$T[r] = c^{-1} \int nds$$

$$= c^{-1} \int n\sqrt{dr^2 + r^2 d\theta^2}$$

$$= c^{-1} \int_{\theta_0}^{\theta_1} n\sqrt{\left(\frac{dr}{d\theta}\right)^2 + r^2} d\theta$$

Which is the expression we wanted. Using the calculus of variations we note that $F(r,\dot{r}) = n\sqrt{\dot{r}^2 + r^2}$ which does not depends on θ so if we satisfy the equation

$$\dot{r}\frac{\partial F}{\partial \dot{r}} - F = C$$

then we satisfy the Euler-Lagrange equation too, hence we have that

$$\begin{split} \dot{r} \; \frac{n\dot{r}}{\sqrt{\dot{r}^2 + r^2}} - n\sqrt{\dot{r}^2 + r^2} &= C \\ n\left(\frac{\dot{r}^2}{\sqrt{\dot{r}^2 + r^2}} - \sqrt{\dot{r}^2 + r^2}\right) &= C \\ n\left(\frac{\dot{r}^2 - (\dot{r}^2 + r^2)}{\sqrt{\dot{r}^2 + r^2}}\right) &= C \\ \frac{nr^2}{\sqrt{\dot{r}^2 + r^2}} &= C \end{split}$$

Let now $\dot{r} = r \tan \psi$ then we get that

$$\frac{nr^2}{\sqrt{(r\tan\psi)^2 + r^2}} = C$$

$$\frac{nr}{\sqrt{\tan^2\psi + 1}} = C$$

$$\frac{nr}{\frac{1}{\cos\psi}\sqrt{\sin^2\psi + \cos^2\psi}} = C$$

$$nr\cos\psi = C$$

Which is Snell's law for this case as we wanted. Finally, if we consider a circular ray with center at the origin then must be that $\psi = 0$ hence we get that nr = a where we named the constant as a then n = a/r.

Solution. 13.10 Let a particle of mass 2 kg move under uniform gravity where $g=10~m/s^2$ along the z-axis, which points vertically downwards. The lagrangian in this case is given by

$$L(z, \dot{z}) = T(\dot{z}) - V(z)$$

$$= \frac{1}{2}m\dot{z}^2 - (-mgz)$$

$$= \dot{z}^2 + 20z$$

Then the action functional for a time interval [0, 2] is given by

$$S[z] = \int_0^2 L(z, \dot{z}) dt = \int_0^2 (\dot{z}^2 + 20z) dt$$

Because of Hamilton's principle, $z(t)=5t^2$ makes stationary the action functional. Let us compute the value of S[z]

$$S[z] = \int_0^2 100t^2 + 100t^2 dt$$
$$= \left[\frac{200t^3}{3}\right]_{t=0}^{t=2}$$
$$= \frac{1600}{3}$$

Now let us consider an admissible variation of z(t) as follows

$$S[z+h] = \int_0^2 ((10t+\dot{h})^2 + 20(5t^2 + h)) dt$$

$$= \int_0^2 200t^2 + 20t\dot{h} + \dot{h}^2 + 20h dt$$

$$= \left[\frac{200t^3}{3}\right]_{t=0}^{t=2} + [20th]_{t=0}^{t=2} + \int_0^2 \dot{h}^2 dt$$

$$= \frac{1600}{3} + 0 + \int_0^2 \dot{h}^2 dt$$

We used that h is an admissible variation and hence h(0) = h(2) = 0. So we see that $S[z+h] = S[z] + \int_0^2 \dot{h}^2 dt$ and since the integral of a positive function \dot{h}^2 must be positive then

$$S[z+h] = S[z] + \int_0^2 \dot{h}^2 dt \ge S[z]$$

so $z(t) = 5t^2$ provides a global minimum for S[z].

Solution. 13.11 In this case, we are given the Lagrangian of the system which is

$$L = \dot{q}^2 - 4q^2$$

So the Lagrange equation in this case is

$$\frac{d}{dt} \left(\frac{\partial L}{\partial \dot{q}} \right) - \frac{\partial L}{\partial q} = 0$$
$$\ddot{q} + 4q = 0$$

We want to verify that $q^* = \sin 2t$ is a motion of the oscillator then it must be a solution to the Lagrange equation we got, we check this below

$$\frac{d^2\sin(2t)}{dt^2} + 4\sin(2t) = -4\sin(2t) + 4\sin(2t) = 0$$

So we see q^* is a solution to the Lagrange equation and therefore a motion of the oscillator.

The action functional is given by

$$S[q] = \int_0^{\tau} \dot{q}^2 - 4q^2 dt$$

and since q^* is a solution to the Lagrange equation it must make S stationary, we check this below. Let h(t) be an admissible variation then

$$S[q^* + h] - S[q^*] = \int_0^\tau (2\cos 2t + \dot{h})^2 - 4(\sin 2t + h)^2 dt$$

$$- \int_0^\tau (2\cos 2t)^2 - 4(\sin 2t)^2 dt$$

$$= 4 \int_0^\tau \cos^2 2t + \dot{h}\cos 2t + \frac{\dot{h}^2}{4} - \sin^2 2t - 2h\sin 2t - h^2 dt$$

$$- 4 \int_0^\tau \cos^2 2t - \sin^2 2t dt$$

$$= 4 \int_0^\tau \cos 4t + \dot{h}\cos 2t + \frac{\dot{h}^2}{4} - 2h\sin 2t - h^2 dt$$

$$- 4 \int_0^\tau \cos 4t dt$$

$$= 4 \left[h\cos 2t \right]_0^\tau + 4 \int_0^\tau \left(\frac{\dot{h}^2}{4} - h^2 \right) dt$$

$$= \int_0^\tau \left(\dot{h}^2 - 4h^2 \right) dt$$

We used that $h(\tau) = h(0) = 0$. It follows that

$$|S[q^* + h] - S[q^*]| = \left| \int_0^{\tau} \left(\dot{h}^2 - 4h^2 \right) dt \right|$$

$$\leq \int_0^{\tau} \left| \dot{h}^2 - 4h^2 \right| dt$$

$$\leq \int_0^{\tau} |\dot{h}|^2 + |4h|^2 dt$$

$$\leq \int_0^{\tau} (\max |\dot{h}|)^2 + (\max |4h|)^2 dt$$

$$= \tau ((\max |\dot{h}|)^2 + (\max |4h|)^2)$$

$$\leq \tau (\max |\dot{h}| + 4 \max |h|)^2 = \tau ||h||^2$$

Hence $|S[q^* + h] - S[q^*]| = O(||h||^2)$ which by definition, means that q^* makes the action functional S[q] stationary.

Let us take now a time interval $0 \le t \le \pi$ then

$$S[q^*] = 4 \int_0^{\pi} \cos(4t) = 0$$

If $h = \epsilon \sin(4t)$ we have that

$$S[q^* + h] - S[q^*] = \int_0^{\pi} \left((4\epsilon \cos 4t)^2 - 4(\epsilon \sin 4t)^2 \right) dt$$

$$= 4\epsilon^2 \int_0^{\pi} 4\cos^2 4t - \sin^2 4t dt$$

$$= \epsilon^2 \left[\frac{5}{4} \sin(8t) + 6t \right]_{t=0}^{t=\pi}$$

$$= \epsilon^2 [6\pi - 0] = \epsilon^2 6\pi$$

So we see that $S[q^*+h]=S[q^*]+\epsilon^2 6\pi \geq S[q^*]=0.$

On the other hand, if $h = \epsilon \sin(t)$ in the same way we have that

$$S[q^* + h] - S[q^*] = \int_0^{\pi} ((\epsilon \cos t)^2 - 4(\epsilon \sin t)^2) dt$$

$$= \epsilon^2 \int_0^{\pi} \cos^2 t - 4\sin^2 t dt$$

$$= \epsilon^2 \left[\frac{1}{2} (5\sin(t)\cos(t) - 3t) \right]_{t=0}^{t=\pi}$$

$$= \epsilon^2 \left[-\frac{3\pi}{2} - 0 \right] = -\epsilon^2 \frac{3\pi}{2}$$

So we see that $S[q^*+h]=S[q^*]-\epsilon^2\frac{3\pi}{2}\leq S[q^*]=0.$

Therefore we have that q^* does not make S a minimum or a maximum.

Solution. 13.12 Given that the particle is constrained to move over a smooth fixed surface under no forces other than the force of constraint, and the former do no work the lagrangian for the system is $L = \frac{1}{2}m\dot{r}^2$. We want to check if the path of a particle must be a geodesic i.e. makes the Lenght functional

$$L[oldsymbol{r}] = \int_{t_0}^{t_1} |\dot{oldsymbol{r}}| dt$$

stationary. We know from the conservation of energy that T= constant which implies that a particle that moves along the surface must have a constant velocity so

$$L[\mathbf{r}] = |\dot{\mathbf{r}}|\Delta t$$

On the other hand, we know from Hamilton's principle that a motion of a particle on the surface must satisfy the Lagrange equations and hence it must make the action functional stationary.

So let r^* be the actual path of a particle and h be an admissible variation such that $r = r^* + h$, we know that

$$S[\mathbf{r}^* + h] - S[\mathbf{r}^*] = O(h^2)$$

hence

$$\frac{1}{2}m \int_{t_0}^{t_1} \dot{\mathbf{r}}^2 dt = \frac{1}{2}m \int_{t_0}^{t_1} \dot{\mathbf{r}}^{*2} dt + O(h^2)$$
$$= \frac{1}{2}m |\dot{\mathbf{r}}^*|^2 \Delta t + O(h^2)$$

Where we used that \dot{r}^* is constant since r^* is the actual path of a particle. Given the above equation must be true for any path we can traverse $r = r^* + h$ with constant velocity i.e. we can take out of the integral \dot{r}^2 then we have that

$$\frac{1}{2}m|\dot{\boldsymbol{r}}|^2\Delta t = \frac{1}{2}m|\dot{\boldsymbol{r}}^*|^2\Delta t + O(h^2)$$

Finally, by replacing L[r] we get that

$$\frac{1}{2}m\frac{L[\bm{r}]^2}{\Delta t} = \frac{1}{2}m\frac{L[\bm{r}^*]^2}{\Delta t} + O(h^2)$$

Which implies that $L[r] = L[r^*] + O(h^2)$. Therefore the Length functional is stationary too.

Solution. 13.13 Let $L(q, \dot{q}, t)$ be the Lagrangian of the system then the motion of the system q^* will satisfy the Lagrange equation

$$\frac{d}{dt} \left(\frac{\partial L}{\partial \dot{q}} \right) - \frac{\partial L}{\partial q} = 0$$

but also q^* makes the action functional stationary. We want to check that a modification to the Lagrangian of the system to $L' = L + \frac{d}{dt}g(q,t)$ still preserves q^* as a motion of the system hence it must make the action functional with the new Lagrangian stationary.

Let us compute the action functional for this case

$$S'[\mathbf{q}] = \int_{t_0}^{t_1} L'(\mathbf{q}, \dot{\mathbf{q}}, t) dt$$

$$S'[\mathbf{q}] = \int_{t_0}^{t_1} L + \frac{d}{dt} g(\mathbf{q}, t) dt$$

$$S'[\mathbf{q}] = S[\mathbf{q}] + \int_{t_0}^{t_1} dg(\mathbf{q}, t)$$

$$S'[\mathbf{q}] = S[\mathbf{q}] + \left[g(\mathbf{q}, t) \right]_{t_0}^{t_1}$$

$$S'[\mathbf{q}] = S[\mathbf{q}] + \left[g(\mathbf{q}, t_1) - g(\mathbf{q}, t_0) \right]$$

So we see that S'[q] differs from S[q] only on a constant value, so S'[q] will be still stationary for q^* . Therefore if q^* is a motion of the system it still will be if we change the Lagrangian to L'.

Solution. 13.14 Let \mathcal{C} be a path lying on the surface that connects P and Q. We want to determine the length of \mathcal{C} . We know that the line element in cylindrical coordinates is

$$ds^2 = dr^2 + r^2 d\theta^2 + dz^2$$

Given that P and Q are separated by π radians in cylindrical coordinates we integrate the length functional between $-\pi/2$ and $\pi/2$ as follows

$$L[r] = \int_{-\pi/2}^{\pi/2} ds$$

$$= \int_{-\pi/2}^{\pi/2} \sqrt{dr^2 + r^2 d\theta^2 + dz^2}$$

$$= \int_{-\pi/2}^{\pi/2} \sqrt{\left(\frac{dr}{d\theta}\right)^2 + r^2 + \left(\frac{dz}{d\theta}\right)^2} d\theta$$

Also, we know that the surface of the paraboloid is given by $z = x^2 + y^2$ so in cylindrical coordinates, we have that $z = (r\cos\theta)^2 + (r\sin\theta)^2 = r^2$ which implies that $dz/d\theta = 2r\dot{r}$ where $\dot{r} = dr/d\theta$ hence

$$L[r] = \int_{-\pi/2}^{\pi/2} \sqrt{\dot{r}^2 + r^2 + (2r\dot{r})^2} d\theta$$
$$= \int_{-\pi/2}^{\pi/2} \sqrt{r^2 + (1 + 4r^2)\dot{r}^2} d\theta$$

We see that $F(r,\dot{r}) = \sqrt{r^2 + (1+4r^2)\dot{r}^2}$ so the Euler-Lagrange equation is given by

$$\frac{d}{d\theta}\left(\frac{\partial F}{\partial \dot{r}}\right) - \frac{\partial F}{\partial r} = 0$$

$$\frac{d}{d\theta}\left(\frac{(4r^2 + 1)\dot{r}}{\sqrt{r^2 + (1 + 4r^2)\dot{r}^2}}\right) - \frac{(4\dot{r}^2 + 1)r}{\sqrt{r^2 + (1 + 4r^2)\dot{r}^2}} = 0$$

And we see that

$$\frac{d}{d\theta} \left(\frac{(4r^2 + 1)\dot{r}}{\sqrt{r^2 + (1+4r^2)\dot{r}^2}} \right) = \frac{2r(4r^2(4\dot{r}+1) + 4\dot{r} - 1)\dot{r}^2 + (4r^2 + 1)(r^2(4\dot{r}+2) + \dot{r})\ddot{r}}{2(r^2 + (1+4r^2)\dot{r}^2)^{3/2}}$$

$$= \frac{4r(4r^2 + 1)\dot{r}^4 + r(4r^2 - 1)\dot{r}^2 + r^2(4r^2 + 1)\ddot{r}}{(r^2 + (1+4r^2)\dot{r}^2)^{3/2}}$$

So the Euler-Lagrange equation is

$$\frac{(4\dot{r}^2+1)r}{\sqrt{r^2+(1+4r^2)\dot{r}^2}} = \frac{4r(4r^2+1)\dot{r}^4+r(4r^2-1)\dot{r}^2+r^2(4r^2+1)\ddot{r}}{(r^2+(1+4r^2)\dot{r}^2)^{3/2}}$$

$$(4r\dot{r}^2+r)(r^2+(1+4r^2)\dot{r}^2) = 4r(4r^2+1)\dot{r}^4+r(4r^2-1)\dot{r}^2+r^2(4r^2+1)\ddot{r}$$

$$r(4r^2+1)\ddot{r} = (4\dot{r}^2+1)(r^2+(1+4r^2)\dot{r}^2)-4(4r^2+1)\dot{r}^4-(4r^2-1)\dot{r}^2$$

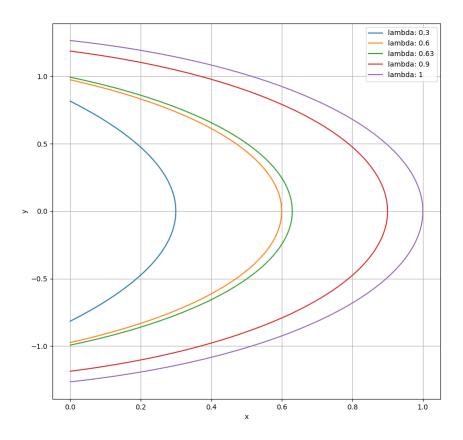
So finally we get that

$$\ddot{r} = \frac{(4\dot{r}^2 + 1)(r^2 + (1 + 4r^2)\dot{r}^2) - 4(4r^2 + 1)\dot{r}^4 - (4r^2 - 1)\dot{r}^2}{r(4r^2 + 1)}$$

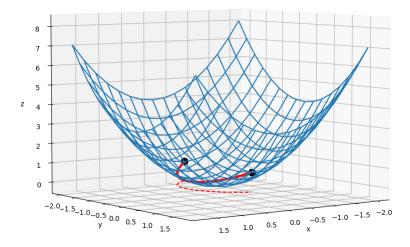
Now naming $\dot{r} = u$ we have that

$$\dot{u} = \frac{(4u^2 + 1)(r^2 + (1 + 4r^2)u^2) - 4(4r^2 + 1)u^4 - (4r^2 - 1)u^2}{r(4r^2 + 1)}$$

Hence we have a system of differential equations that we can solve numerically assuming that $r(0) = \lambda$ and $u(0) = \dot{r}(0) = 0$ in this way, we get that



Which is the projection of the curve over the z=0 plane. Observing this plot we see that the right value for λ is around 0.63. Finally, we have the 3d plot



Where the red line is the path that starts from the black dot Q=(0,-1,1) and ends on P=(0,1,1).