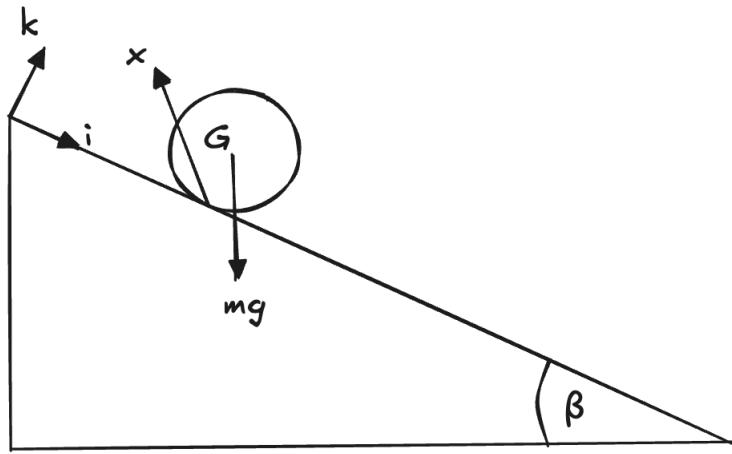


Solved selected problems of Classical Mechanics - Gregory

Franco Zacco

Chapter 19 - Problems in rigid body dynamics

Solution. 19.1 Let us consider the following system



Then from the governing equations we have that

$$\begin{aligned} m\dot{\mathbf{V}} &= \mathbf{X} + mg \sin \beta \mathbf{i} - mg \cos \beta \mathbf{k} \\ \dot{\mathbf{L}}_G &= (-b\mathbf{k}) \times \mathbf{X} \end{aligned}$$

Where \mathbf{X} is the reaction of the table exerted on the ball. Using that $\mathbf{L}_G = A\boldsymbol{\omega}$ and eliminating the reaction \mathbf{X} we get that

$$\begin{aligned} A\dot{\boldsymbol{\omega}} &= (-b\mathbf{k}) \times (m\dot{\mathbf{V}} - mg \sin \beta \mathbf{i} + mg \cos \beta \mathbf{k}) \\ &= b(m\dot{\mathbf{V}} - mg \sin \beta \mathbf{i} + mg \cos \beta \mathbf{k}) \times \mathbf{k} \\ &= mb\dot{\mathbf{V}} \times \mathbf{k} - mgb \sin \beta \mathbf{i} \times \mathbf{k} \\ &= mb\dot{\mathbf{V}} \times \mathbf{k} + mgb \sin \beta \mathbf{j} \end{aligned}$$

On integrating with respect to t we get that

$$A\boldsymbol{\omega} + mb\mathbf{k} \times \mathbf{V} = \mathbf{C} + mgbt \sin \beta \mathbf{j}$$

Where \mathbf{C} is a constant vector. In particular if we take the scalar product of this equation with \mathbf{k} , we have that

$$\begin{aligned} A\omega \cdot \mathbf{k} + mb(\mathbf{k} \times \mathbf{V}) \cdot \mathbf{k} &= \mathbf{C} \cdot \mathbf{k} + mgbt \sin \beta \mathbf{j} \cdot \mathbf{k} \\ A\omega \cdot \mathbf{k} &= n \end{aligned}$$

Where n is a constant. Also, we used that $\mathbf{j} \cdot \mathbf{k} = 0$ and the triple product is also 0. Therefore we see that the component of ω in the direction of \mathbf{k} (perpendicular to the inclined plane) is constant independent of the motion of the ball.

If we now consider that the ball is rolling, then the particle C in contact with the plane has zero velocity, so the rolling condition give us

$$\mathbf{V} + b\mathbf{k} \times \omega = \mathbf{0}$$

Now, by cross-multiplying the conservation principle by \mathbf{k} we have that

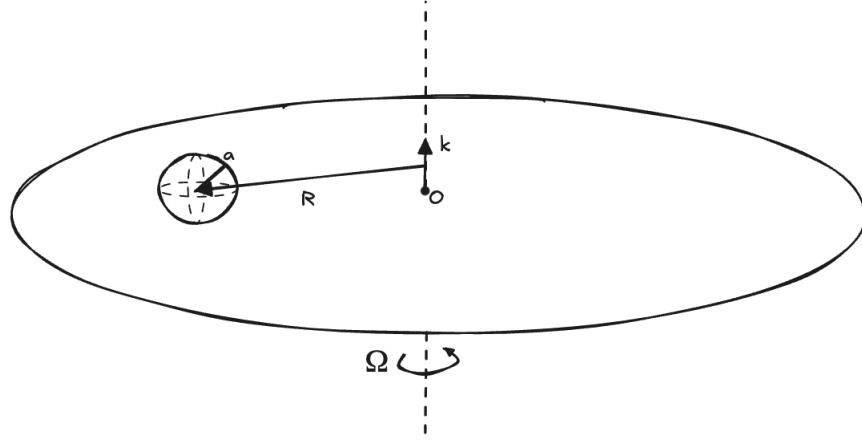
$$\begin{aligned} A\mathbf{k} \times \omega &= \mathbf{k} \times \mathbf{C} + mgbt \sin \beta \mathbf{k} \times \mathbf{j} - mb\mathbf{k} \times (\mathbf{k} \times \mathbf{V}) \\ &= \mathbf{k} \times \mathbf{C} - mgbt \sin \beta \mathbf{i} - mb((\mathbf{k} \cdot \mathbf{V})\mathbf{k} - (\mathbf{k} \cdot \mathbf{k})\mathbf{V}) \\ &= \mathbf{k} \times \mathbf{C} - mgbt \sin \beta \mathbf{i} + mb\mathbf{V} \end{aligned}$$

Therefore by joining this equation and the rolling condition equation we get that

$$\begin{aligned} \mathbf{V} + \frac{mb^2}{A}\mathbf{V} &= -\frac{b}{a}\mathbf{k} \times \mathbf{C} + mgbt \sin \beta \mathbf{i} \\ \mathbf{V} + \frac{mb^2}{A}\mathbf{V} &= \frac{b}{a}\mathbf{C} \times \mathbf{k} + mgbt \sin \beta \mathbf{i} \end{aligned}$$

This shows that \mathbf{V} is dependent on time. If we integrate again this equation we see that the rolling motion depends on t^2 and therefore the path of the ball must be a parabola. \square

Solution. 19.2 Let us consider the following system



Then from the governing equations we have that

$$\begin{aligned} m\dot{\mathbf{V}} &= \mathbf{X} - mg\mathbf{k} \\ \dot{\mathbf{L}}_G &= (-a\mathbf{k}) \times \mathbf{X} \end{aligned}$$

Where \mathbf{X} is the reaction of the turntable exerted on the ball. Using that $\dot{\mathbf{L}}_G = A\dot{\boldsymbol{\omega}}$ where $A = \frac{2}{5}ma^2$ is the moment of inertia of the ball, then eliminating the reaction \mathbf{X} we get that

$$\begin{aligned} A\dot{\boldsymbol{\omega}} &= (-a\mathbf{k}) \times (m\dot{\mathbf{V}} + mg\mathbf{k}) \\ &= a(m\dot{\mathbf{V}} + mg\mathbf{k}) \times \mathbf{k} \\ &= ma\dot{\mathbf{V}} \times \mathbf{k} \end{aligned}$$

On integrating with respect to t we get that

$$A\boldsymbol{\omega} + mak \times \mathbf{V} = \mathbf{C}$$

Where \mathbf{C} is a constant vector. In particular if we take the scalar product of this equation with \mathbf{k} , we have that

$$\begin{aligned} A\boldsymbol{\omega} \cdot \mathbf{k} + ma(\mathbf{k} \times \mathbf{V}) \cdot \mathbf{k} &= \mathbf{C} \cdot \mathbf{k} \\ A\boldsymbol{\omega} \cdot \mathbf{k} &= n \end{aligned}$$

Where n is a constant. Also, we used that the triple product is also 0. Therefore we see that in any motion of the ball, the vertical spin $\boldsymbol{\omega} \cdot \mathbf{k}$ is constant.

If we now consider that the ball is rolling, then the particle C in contact with the turntable has zero velocity, so the rolling condition give us

$$\mathbf{V}_C = \mathbf{V} + a\mathbf{k} \times \boldsymbol{\omega} = \mathbf{0}$$

Also, from the equation for $A\dot{\omega}$ we derived above, replacing the value of A we have that

$$\begin{aligned}\frac{2}{5}ma^2\dot{\omega} &= ma\dot{V} \times \mathbf{k} \\ \frac{2}{5}a\dot{\omega} &= \dot{V} \times \mathbf{k}\end{aligned}$$

And cross-multiplying this equation by \mathbf{k} we obtain an expression for \dot{V} as follows

$$\begin{aligned}\frac{2}{5}a\mathbf{k} \times \dot{\omega} &= \mathbf{k} \times (\dot{V} \times \mathbf{k}) \\ \frac{2}{5}a\mathbf{k} \times \dot{\omega} &= \dot{V}(\mathbf{k} \cdot \mathbf{k}) - \mathbf{k}(\mathbf{k} \cdot \dot{V}) \\ \frac{2}{5}a\mathbf{k} \times \dot{\omega} &= \dot{V}\end{aligned}$$

If we assume the position of the ball's center of mass is determined by a vector \mathbf{R} from the axis $\{O, \mathbf{k}\}$ then the velocity \mathbf{V}_C of the particle C is also

$$\mathbf{V}_C = \Omega\mathbf{k} \times \mathbf{R}$$

Hence by joining the rolling condition and this equation we have that

$$\mathbf{V} + a\mathbf{k} \times \omega = \Omega\mathbf{k} \times \mathbf{R}$$

Derivating this expression and replacing the value for $a\mathbf{k} \times \dot{\omega}$ we finally get that

$$\begin{aligned}\dot{V} + \frac{5}{2}\dot{V} &= \Omega\mathbf{k} \times \mathbf{V} \\ \frac{7}{2}\dot{V} &= \Omega\mathbf{k} \times \mathbf{V} \\ \dot{V} &= \frac{2}{7}\Omega\mathbf{k} \times \mathbf{V}\end{aligned}$$

Integrating this equation we get that

$$\dot{\mathbf{R}} = \frac{2}{7}\Omega\mathbf{k} \times \mathbf{R} + \mathbf{C}$$

Where \mathbf{C} is some constant vector.

Finally, let us suppose that the unit vector \mathbf{i} is in the direction of \mathbf{R} at the moment the ball is released. Then by the initial conditions we see that $\mathbf{R} = b\mathbf{i}$ and $\dot{\mathbf{R}} = \Omega b\mathbf{j}$ since the ball is at rest with respect to the turntable so the constant of integration becomes

$$\begin{aligned}\Omega b\mathbf{j} &= \frac{2}{7}\Omega b\mathbf{j} + \mathbf{C} \\ \mathbf{C} &= \Omega b\left(1 - \frac{2}{7}\right)\mathbf{j} \\ \mathbf{C} &= \frac{5}{7}\Omega b\mathbf{j}\end{aligned}$$

Therefore

$$\dot{\mathbf{R}} = \frac{2}{7}\Omega\mathbf{k} \times \mathbf{R} + \frac{5}{7}\Omega b\mathbf{j}$$

To solve this equation let us introduce a new variable \mathbf{A} defined as

$$\mathbf{A} = (\mathbf{R} + \frac{5}{2}b\mathbf{i})$$

Hence

$$\dot{\mathbf{A}} = \frac{2}{7}\Omega\mathbf{k} \times \mathbf{A}$$

So now we can solve this equation by assumming that $\mathbf{A} = A_x\mathbf{i} + A_y\mathbf{j}$ and $\dot{\mathbf{A}} = \dot{A}_x\mathbf{i} + \dot{A}_y\mathbf{j}$ as follows

$$\begin{aligned}\dot{A}_x\mathbf{i} + \dot{A}_y\mathbf{j} &= \frac{2}{7}\Omega\mathbf{k} \times (A_x\mathbf{i} + A_y\mathbf{j}) \\ \dot{A}_x\mathbf{i} + \dot{A}_y\mathbf{j} &= \frac{2}{7}\Omega A_x\mathbf{j} - \frac{2}{7}\Omega A_y\mathbf{i}\end{aligned}$$

Therefore we get the following system of differential equations

$$\begin{aligned}\dot{A}_x &= -\frac{2}{7}\Omega A_y \\ \dot{A}_y &= \frac{2}{7}\Omega A_x\end{aligned}$$

Where the solution is

$$\begin{aligned}A_x &= C_1 \cos\left(\frac{2}{7}\Omega t\right) - C_2 \sin\left(\frac{2}{7}\Omega t\right) \\ A_y &= C_1 \sin\left(\frac{2}{7}\Omega t\right) - C_2 \cos\left(\frac{2}{7}\Omega t\right)\end{aligned}$$

When we apply the initial conditions we get that

$$\frac{7}{2}b = C_1 \quad 0 = C_2$$

Therefore

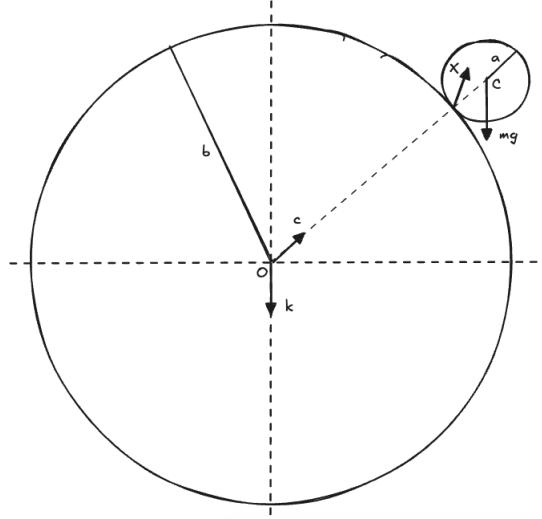
$$\begin{aligned}A_x &= \frac{7}{2}b \cos\left(\frac{2}{7}\Omega t\right) \\ A_y &= \frac{7}{2}b \sin\left(\frac{2}{7}\Omega t\right)\end{aligned}$$

But returning to the original variable we get that

$$\begin{aligned}R_x &= \frac{7}{2}b \cos\left(\frac{2}{7}\Omega t\right) - \frac{5}{2}b \\ R_y &= \frac{7}{2}b \sin\left(\frac{2}{7}\Omega t\right)\end{aligned}$$

These are the equations for a circular path which has a centre displaced $\frac{5}{2}b$ from O and has a radius of $\frac{7}{2}b$. \square

Solution. 19.3 Let us consider the following system



Then from the governing equations we have that

$$\begin{aligned} m\dot{\mathbf{V}} &= \mathbf{X} - mg\mathbf{k} \\ \dot{\mathbf{L}}_C &= (-ac)\times\mathbf{X} \end{aligned}$$

Where \mathbf{X} is the reaction of the sphere exerted on the ball. Using that $\mathbf{L}_C = A\boldsymbol{\omega}$ where $A = \frac{2}{5}ma^2$ is the moment of inertia of the ball and eliminating the reaction \mathbf{X} we get that

$$\begin{aligned} A\dot{\boldsymbol{\omega}} &= (-ac)\times(m\dot{\mathbf{V}} + mg\mathbf{k}) \\ &= a(m\dot{\mathbf{V}} + mg\mathbf{k})\times\mathbf{c} \\ &= ma(\dot{\mathbf{V}}\times\mathbf{c} + g\mathbf{k}\times\mathbf{c}) \end{aligned}$$

Dot-multiplying the equation by \mathbf{c} we obtain that

$$\begin{aligned} A\mathbf{c}\cdot\dot{\boldsymbol{\omega}} &= ma(\mathbf{c}\cdot(\dot{\mathbf{V}}\times\mathbf{c}) + g\mathbf{c}\cdot(\mathbf{k}\times\mathbf{c})) \\ &= ma(0 + g\cdot0) \\ &= 0 \end{aligned}$$

If we now consider that the ball is rolling, then the particle in contact with the sphere has zero velocity, so the rolling condition give us

$$\begin{aligned} \mathbf{V} + ac\mathbf{c}\times\boldsymbol{\omega} &= \mathbf{0} \\ \mathbf{V} &= a\boldsymbol{\omega}\times\mathbf{c} \end{aligned}$$

Cross-multiplying this equation by \mathbf{c} we get that

$$\begin{aligned} \mathbf{c}\times\mathbf{V} &= ac\mathbf{c}\times(\boldsymbol{\omega}\times\mathbf{c}) \\ \mathbf{c}\times\mathbf{V} &= a(\boldsymbol{\omega} - (\boldsymbol{\omega}\cdot\mathbf{c})\mathbf{c}) \\ a\boldsymbol{\omega} &= (\mathbf{c}\times\mathbf{V}) + a(\boldsymbol{\omega}\cdot\mathbf{c})\mathbf{c} \\ a\boldsymbol{\omega} &= (\mathbf{c}\times\mathbf{V}) + a\lambda\mathbf{c} \end{aligned}$$

Where λ is a scalar function of time. Also, we know that $\mathbf{V} = (a+b)\dot{\mathbf{c}}$ hence

$$a\omega = (a+b)\mathbf{c} \times \dot{\mathbf{c}} + a\lambda\mathbf{c}$$

And derivating this equation we find that

$$\begin{aligned} a\ddot{\omega} &= (a+b)(\dot{\mathbf{c}} \times \dot{\mathbf{c}} + \mathbf{c} \times \ddot{\mathbf{c}}) + a(\dot{\lambda}\mathbf{c} + \lambda\dot{\mathbf{c}}) \\ &= (a+b)\mathbf{c} \times \ddot{\mathbf{c}} + a(\dot{\lambda}\mathbf{c} + \lambda\dot{\mathbf{c}}) \end{aligned}$$

Finally, dot-multypling this equation by \mathbf{c} we obtain

$$\begin{aligned} a\mathbf{c} \cdot \ddot{\omega} &= (a+b)\mathbf{c} \cdot (\mathbf{c} \times \ddot{\mathbf{c}}) + a\mathbf{c} \cdot (\dot{\lambda}\mathbf{c} + \lambda\dot{\mathbf{c}}) \\ 0 &= 0 + a(\dot{\lambda} + 0) \end{aligned}$$

Therefore $\dot{\lambda} = 0$ which implies that $\lambda = \omega \cdot \mathbf{c} = n$ where n is constant. Which implies that the radial spin is conserved.

On the other hand, by derivating the rolling condition we have that

$$\dot{\mathbf{V}} = a\dot{\omega} \times \mathbf{c} + a\omega \times \dot{\mathbf{c}}$$

Replacing these expressions and the value of A in the equation for $A\dot{\omega}$ we get that

$$\begin{aligned} \frac{2}{5}ma^2\dot{\omega} &= ma(a(\dot{\omega} \times \mathbf{c} + \omega \times \dot{\mathbf{c}}) \times \mathbf{c} + g\mathbf{k} \times \mathbf{c}) \\ 2a\dot{\omega} &= 5a(\dot{\omega} \times \mathbf{c}) \times \mathbf{c} + 5a(\omega \times \dot{\mathbf{c}}) \times \mathbf{c} + 5g\mathbf{k} \times \mathbf{c} \\ 2a\dot{\omega} &= 5a(-(\mathbf{c} \cdot \mathbf{c})\dot{\omega} + (\mathbf{c} \cdot \dot{\omega})\mathbf{c}) + 5a(-(\mathbf{c} \cdot \dot{\mathbf{c}})\omega + (\mathbf{c} \cdot \omega)\dot{\mathbf{c}}) + 5g\mathbf{k} \times \mathbf{c} \\ 2a\dot{\omega} &= -5a\dot{\omega} + 0 - 0 + 5an\dot{\mathbf{c}} + 5g\mathbf{k} \times \mathbf{c} \\ 7a\dot{\omega} &= 5an\dot{\mathbf{c}} + 5g\mathbf{k} \times \mathbf{c} \\ 7(a+b)\mathbf{c} \times \ddot{\mathbf{c}} + 2an\dot{\mathbf{c}} - 5g\mathbf{k} \times \mathbf{c} &= 0 \\ 7(a+b)\mathbf{c} \times \ddot{\mathbf{c}} + 2an\dot{\mathbf{c}} + 5g\mathbf{c} \times \mathbf{k} &= 0 \end{aligned}$$

Where we used that $\mathbf{c} \cdot \mathbf{c} = 1$, $\mathbf{c} \cdot \omega = n$ and $\mathbf{c} \cdot \dot{\mathbf{c}} = 0$.

This equation matches with the equation of a spinning top which has a stable motion therefore the ball must have a stable motion too so it can roll on the spherical surface without ever falling off.

Finally, at the highest point of the sphere the ball will be stable when

$$C^2n^2 > 4Amgh$$

Which is the equation that determines when a spinning top will be stable in the vertically upright position but we apply it to this case as follows

$$\begin{aligned} (2am)^2n^2 &> 4(7m(a+b))mg5 \\ a^2n^2 &> 35g(a+b) \\ n^2 &> \frac{35g(a+b)}{a^2} \end{aligned}$$

□

Solution. 19.4 We know that steady precession can only happen if

$$A \cos \alpha \Omega^2 - Cn\Omega + Mgh = 0$$

In this case, since the axis of the top moves in the horizontal plane through O we get that $\alpha = \pi/2$ and hence $\cos \alpha = 0$, then the equation becomes

$$-Cn\Omega + Mgh = 0$$

So there is only one rate of precession given by

$$\Omega = \frac{Mgh}{Cn}$$

□

Solution. 19.5 We know the Lagrangian for the top is given by

$$L = \frac{1}{2}A\dot{\theta}^2 + \frac{1}{2}A(\dot{\phi}\sin\theta)^2 + \frac{1}{2}Cw + \dot{\phi}\cos\theta)^2 - Mgh\cos\theta$$

So the Lagrange equation for θ give us

$$\frac{d}{dt}\left(\frac{\partial L}{\partial \dot{\theta}}\right) - \frac{\partial L}{\partial \theta} = 0$$

$$A\ddot{\theta} - A\dot{\phi}^2\sin\theta\cos\theta + C\dot{\psi}\dot{\phi}\sin\theta + C\dot{\phi}^2\sin\theta\cos\theta - Mgh\sin\theta = 0$$

$$A\ddot{\theta} - A\dot{\phi}^2\sin\theta\cos\theta + C\dot{\phi}\sin\theta(\dot{\psi} + \dot{\phi}\cos\theta) - Mgh\sin\theta = 0$$

Also, we know that

$$A\dot{\phi}\sin^2\theta + Cn\cos\theta = L_z$$

$$C(\dot{\psi} + \dot{\phi}\cos\theta) = Cn$$

But given that the top is spinning upright we see that $L_z = Cn$ so we have that

$$A\dot{\phi}\sin^2\theta = Cn(1 - \cos\theta)$$

$$\dot{\phi} = \frac{Cn(1 - \cos\theta)}{A\sin^2\theta}$$

Replacing this value in the Lagrange equation we get that

$$\begin{aligned} A\ddot{\theta} - A\frac{C^2n^2(1 - \cos\theta)^2}{A^2\sin^4\theta}\sin\theta\cos\theta + Cn\frac{Cn(1 - \cos\theta)}{A\sin^2\theta}\sin\theta - Mgh\sin\theta &= 0 \\ A\ddot{\theta} - \frac{C^2n^2(1 - \cos\theta)}{A\sin^2\theta}\left(\frac{(1 - \cos\theta)}{\sin^2\theta}\cos\theta - 1\right)\sin\theta - Mgh\sin\theta &= 0 \\ A\ddot{\theta} - \frac{C^2n^2(1 - \cos\theta)}{A\sin^2\theta}\left(\frac{\cos\theta - \cos^2\theta - \sin^2\theta}{\sin^2\theta}\right)\sin\theta - Mgh\sin\theta &= 0 \\ A\ddot{\theta} + \frac{C^2n^2(1 - \cos\theta)}{A\sin^2\theta}\left(\frac{1 - \cos\theta}{\sin^2\theta}\right)\sin\theta - Mgh\sin\theta &= 0 \\ A\ddot{\theta} + \frac{C^2n^2(1 - \cos\theta)^2}{A\sin^4\theta}\sin\theta - Mgh\sin\theta &= 0 \end{aligned}$$

If we consider θ to be small we can approximate $(1 - \cos\theta)^2/(\sin^4\theta)$ as

$$\frac{(1 - \cos\theta)^2}{\sin^4\theta} \approx \frac{(1 - (1 - \theta^2/2))^2}{\theta^4} = \frac{\theta^4/4}{\theta^4} = \frac{1}{4}$$

Therefore, we can write that

$$A\ddot{\theta} + \left(\frac{C^2n^2}{4A} - Mgh\right)\theta = 0$$

Which is the equation for a Simple Harmonic Motion and hence for the motion to be stable it must happen that $\frac{C^2n^2}{4A} - Mgh$ is positive i.e.

$$C^2n^2 > 4AMgh$$

□

Solution. 19.6 Given that a pencil is an axisymmetric body and we know from Problem 19.5 that a body of this type will be stable in the upright position if

$$C^2 n^2 > 4AMgh$$

In this case we know that $C = \frac{1}{2}Mr^2$ and $A = \frac{1}{4}Mr^2 + \frac{1}{12}Ml^2 + \frac{Ml^2}{4}$ where r is the radius and l is the length of the pencil. Also, we used the parallel axis theorem to determine A with respect to O and we assumed that the pencil is a uniform cylinder. Then

$$\begin{aligned} \left(\frac{1}{4}M^2r^4\right)n^2 &> 4\left(\frac{1}{4}Mr^2 + \frac{1}{12}Ml^2 + \frac{Ml^2}{4}\right)Mgh \\ \frac{1}{4}r^4n^2 &> gh\left(r^2 + \frac{1}{3}l^2 + l^2\right) \\ n &> \sqrt{4gh\left(\frac{1}{r^2} + \frac{4l^2}{3r^4}\right)} \end{aligned}$$

Hence n must be

$$\begin{aligned} n &> \sqrt{4 \cdot 980 \text{ cm/s}^2 \cdot 7.5 \text{ cm} \cdot \left(\frac{1}{(0.35 \text{ cm})^2} + \frac{4 \cdot (15 \text{ cm})^2}{3 \cdot (0.35 \text{ cm})^4}\right)} \\ n &> 24248.61 \text{ rad/s} \end{aligned}$$

Therefore for the pencil to remain stable in the upright position n must be at least 3859.28 rev/s

□

Solution. 19.7

- (i) Taking the uniform solid ball as an axisymmetric body from Problem 19.5 we know that the ball can be stable rotating in the finger if

$$C^2 n^2 > 4AMgh$$

In this case we know we have that $C = \frac{2}{5}M(\frac{d}{2})^2$ and $A = \frac{2}{5}M(\frac{d}{2})^2 + M(\frac{d}{2})^2$ where d is the diameter of the ball. Also, we used the parallel axis theorem to determine A with respect to O which is where the ball touches the finger. Then

$$\begin{aligned} \left(\frac{1}{100}M^2 d^4 \right) n^2 &> 4 \left(\frac{1}{10}Md^2 + M\frac{d^2}{4} \right) Mgh \\ \frac{1}{100}d^4 n^2 &> gh \left(\frac{2}{5}d^2 + d^2 \right) \\ n &> \sqrt{140 \frac{gh}{d^2}} \\ n &> \sqrt{70 \frac{g}{d}} \end{aligned}$$

Hence n must be

$$\begin{aligned} n &> \sqrt{70 \cdot \frac{980 \text{ cm/s}^2}{20 \text{ cm}}} \\ n &> 58.56 \text{ rad/s} \end{aligned}$$

Therefore for the uniform solid ball to remain stable n must be at least 9.32 rev/s.

- (ii) In the same way, for a uniform thin hollow ball, taking $C = \frac{2}{3}M(\frac{d}{2})^2$ and $A = \frac{2}{3}M(\frac{d}{2})^2 + M(\frac{d}{2})^2$ we have that

$$\begin{aligned} \left(\frac{1}{36}M^2 d^4 \right) n^2 &> 4 \left(\frac{1}{6}Md^2 + M\frac{d^2}{4} \right) Mgh \\ \frac{1}{36}d^4 n^2 &> gh \left(\frac{2}{3}d^2 + d^2 \right) \\ n &> \sqrt{60 \frac{gh}{d^2}} \\ n &> \sqrt{30 \frac{g}{d}} \end{aligned}$$

Hence n must be

$$\begin{aligned} n &> \sqrt{30 \cdot \frac{980 \text{ cm/s}^2}{20 \text{ cm}}} \\ n &> 38.34 \text{ rad/s} \end{aligned}$$

Therefore for the uniform thin hollow ball to remain stable n must be at least 6.10 rev/s.

Finally, given that most balls are not solid, the juggler should use the determined n for the uniform thin hollow ball. \square

Solution. 19.9 From the equation of motion we see that

$$\dot{\mathbf{L}}_G = -K\boldsymbol{\omega}$$

Where $K\boldsymbol{\omega}$ is the frictional couple. So from the equation of motion for a free axisymmetric body we have that

$$\begin{aligned}\frac{d}{dt}(A\mathbf{a} \times \dot{\mathbf{a}} + C\lambda\mathbf{a}) &= -K\boldsymbol{\omega} \\ A\mathbf{a} \times \ddot{\mathbf{a}} + C(\dot{\lambda}\mathbf{a} + \lambda\dot{\mathbf{a}}) &= -K\boldsymbol{\omega}\end{aligned}$$

If we now take the scalar product of this equation with \mathbf{a} , we obtain

$$\begin{aligned}A\mathbf{a} \cdot (\mathbf{a} \times \ddot{\mathbf{a}}) + C(\dot{\lambda}(\mathbf{a} \cdot \mathbf{a}) + \lambda(\mathbf{a} \cdot \dot{\mathbf{a}})) &= -K\mathbf{a} \cdot \boldsymbol{\omega} \\ C\dot{\lambda} &= -K\mathbf{a} \cdot \boldsymbol{\omega} \\ \dot{\lambda} &= -\frac{K}{C}\lambda\end{aligned}$$

Then replacing this value of $\dot{\lambda}$ we get that

$$\begin{aligned}A\mathbf{a} \times \ddot{\mathbf{a}} - K\lambda\mathbf{a} + C\lambda\dot{\mathbf{a}} &= -K\boldsymbol{\omega} \\ A\mathbf{a} \times \ddot{\mathbf{a}} + K(\boldsymbol{\omega} - \lambda\mathbf{a}) + C\lambda\dot{\mathbf{a}} &= 0\end{aligned}$$

But we know that the velocity of \mathbf{a} is $\dot{\mathbf{a}} = \boldsymbol{\omega} \times \mathbf{a}$ and hence by taking the cross product of this equation with \mathbf{a} we have that

$$\begin{aligned}\mathbf{a} \times \dot{\mathbf{a}} &= \mathbf{a} \times (\boldsymbol{\omega} \times \mathbf{a}) \\ &= (\mathbf{a} \cdot \mathbf{a})\boldsymbol{\omega} - (\mathbf{a} \cdot \boldsymbol{\omega})\mathbf{a} \\ &= \boldsymbol{\omega} - \lambda\mathbf{a}\end{aligned}$$

Hence replacing this value we get that

$$A\mathbf{a} \times \ddot{\mathbf{a}} + K\mathbf{a} \times \dot{\mathbf{a}} + C\lambda\dot{\mathbf{a}} = 0$$

Taking the cross product of this equation with $\dot{\mathbf{a}}$ we get that

$$\begin{aligned}A\dot{\mathbf{a}} \times (\mathbf{a} \times \ddot{\mathbf{a}}) + K\dot{\mathbf{a}} \times (\mathbf{a} \times \dot{\mathbf{a}}) + C\lambda\dot{\mathbf{a}} \times \dot{\mathbf{a}} &= 0 \\ A((\dot{\mathbf{a}} \cdot \ddot{\mathbf{a}})\mathbf{a} - (\dot{\mathbf{a}} \cdot \mathbf{a})\ddot{\mathbf{a}}) + K((\dot{\mathbf{a}} \cdot \dot{\mathbf{a}})\mathbf{a} - (\dot{\mathbf{a}} \cdot \mathbf{a})\dot{\mathbf{a}}) &= 0 \\ A(\dot{\mathbf{a}} \cdot \ddot{\mathbf{a}})\mathbf{a} + K|\dot{\mathbf{a}}|^2\mathbf{a} &= 0 \\ A\dot{\mathbf{a}} \cdot \ddot{\mathbf{a}} + K|\dot{\mathbf{a}}|^2 &= 0\end{aligned}$$

But also we know that

$$\frac{d}{dt}|\dot{\mathbf{a}}|^2 = \frac{d}{dt}(\dot{\mathbf{a}} \cdot \dot{\mathbf{a}}) = \ddot{\mathbf{a}} \cdot \dot{\mathbf{a}} + \dot{\mathbf{a}} \cdot \ddot{\mathbf{a}} = 2\dot{\mathbf{a}} \cdot \ddot{\mathbf{a}}$$

Hence

$$A\frac{d}{dt}|\dot{\mathbf{a}}|^2 + 2K|\dot{\mathbf{a}}|^2 = 0$$

The solution to this differential equation gives us

$$|\dot{\mathbf{a}}| = \frac{A}{2K} D e^{-\frac{K}{A}t}$$

Where D is a constant.

Finally, to determine the angle θ between ω and a we can compute $\tan \theta$ as follows

$$\tan \theta = \frac{\sin \theta}{\cos \theta} = \frac{|\omega||a| \sin \theta}{|\omega||a| \cos \theta} = \frac{|\omega \times a|}{\omega \cdot a} = \frac{|\dot{a}|}{\lambda}$$

So we need an equation to determine λ . By solving the equation $\dot{\lambda} + \frac{K}{C}\lambda = 0$ which we derived above we get that

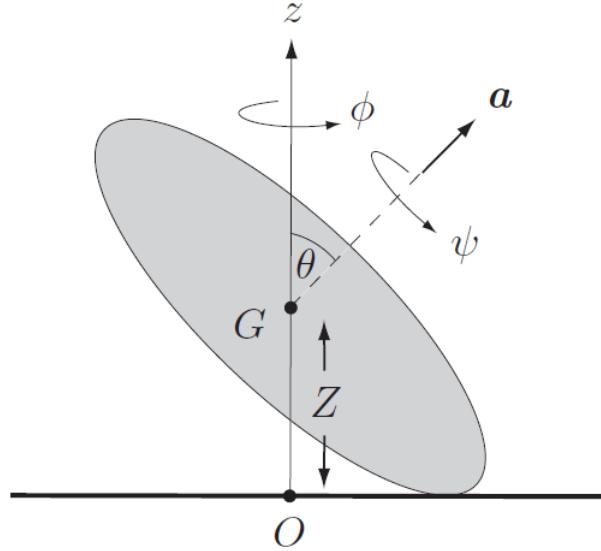
$$\lambda = E e^{-\frac{K}{C}t}$$

Where E is another constant. Then

$$\begin{aligned} \tan \theta &= \frac{AD e^{-\frac{K}{A}t}}{2KE e^{-\frac{K}{C}t}} \\ \tan \theta &= \frac{AD}{2KE} e^{(\frac{K}{C} - \frac{K}{A})t} \\ \theta &= \arctan \left(\frac{AD}{2KE} e^{K(\frac{1}{C} - \frac{1}{A})t} \right) \end{aligned}$$

Hence if $C > A$ the function $e^{K(\frac{1}{C} - \frac{1}{A})t}$ decreases with time and therefore θ decreases. \square

Solution. 19.10 Let us consider a spinning hoop as shown below



The kinetic energy in terms of the Euler angles is

$$T = \frac{1}{2}M\dot{Z}^2 + \frac{1}{2}A\dot{\theta}^2 + \frac{1}{2}A(\dot{\phi}\sin\theta)^2 + \frac{1}{2}C(\dot{\psi} + \dot{\phi}\cos\theta)^2$$

Where A and C are the principal moments of inertia with respect to G . By geometry we see that

$$Z = a \sin \theta$$

and hence $\dot{Z} = a\dot{\theta} \cos \theta$ so the kinetic energy becomes

$$\begin{aligned} T &= \frac{1}{2}M(a\dot{\theta} \cos \theta)^2 + \frac{1}{2}A\dot{\theta}^2 + \frac{1}{2}A(\dot{\phi}\sin\theta)^2 + \frac{1}{2}C(\dot{\psi} + \dot{\phi}\cos\theta)^2 \\ &= \frac{1}{2}\dot{\theta}^2(Ma^2 \cos^2 \theta + A) + \frac{1}{2}A(\dot{\phi}\sin\theta)^2 + \frac{1}{2}C(\dot{\psi} + \dot{\phi}\cos\theta)^2 \end{aligned}$$

Also, the gravitational potential energy is given by

$$V = MgZ = Mga \sin \theta$$

Then the Lagrangian for the spinning hoop is

$$L = \frac{1}{2}\dot{\theta}^2(Ma^2 \cos^2 \theta + A) + \frac{1}{2}A(\dot{\phi}\sin\theta)^2 + \frac{1}{2}C(\dot{\psi} + \dot{\phi}\cos\theta)^2 - Mga \sin \theta$$

Since the Lagrangian doesn't depend on ϕ or ψ then the generalized momenta p_ϕ and p_ψ are conserved. Hence

$$\begin{aligned} A\dot{\phi}\sin^2 \theta + C(\dot{\psi} + \dot{\phi}\cos\theta)\cos\theta &= L_z \\ C(\dot{\psi} + \dot{\phi}\cos\theta) &= Cn \end{aligned}$$

Where L_z and n are constants. Let us compute now the Lagrange equation for θ , i.e.

$$\frac{d}{dt} \frac{\partial L}{\partial \dot{\theta}} - \frac{\partial L}{\partial \theta} = 0$$

Hence

$$\begin{aligned} \frac{d}{dt} [\dot{\theta}(Ma^2 \cos^2 \theta + A)] - [-\dot{\theta}^2 Ma^2 \sin \theta \cos \theta + A\dot{\phi}^2 \sin \theta \cos \theta - C\dot{\psi}\dot{\phi} \sin \theta \\ - C\dot{\phi}^2 \sin \theta \cos \theta - Mga \cos \theta] = 0 \\ \frac{d}{dt} [\dot{\theta}(Ma^2 \cos^2 \theta + A)] + [\dot{\theta}^2 Ma^2 \sin \theta \cos \theta - A\dot{\phi}^2 \sin \theta \cos \theta \\ + Cn\dot{\phi} \sin \theta + Mga \cos \theta] = 0 \end{aligned}$$

If we consider that the angle between the hoop and the floor is a constant α and we assume that Ω is the rate of steady precession the Lagrange equation for θ becomes

$$-A\Omega^2 \sin \alpha \cos \alpha + Cn\Omega \sin \alpha + Mga \cos \alpha = 0$$

Now by replacing the values of $A = 1/2Ma^2$ and $C = Ma^2$ we get that

$$\begin{aligned} -\frac{1}{2}Ma^2\Omega^2 \sin \alpha \cos \alpha + Ma^2n\Omega \sin \alpha + Mga \cos \alpha = 0 \\ -\Omega^2 \sin \alpha \cos \alpha + 2n\Omega \sin \alpha + 2\frac{g}{a} \cos \alpha = 0 \\ \Omega^2 \cos \alpha - 2n\Omega - 2\frac{g}{a} \cot \alpha = 0 \end{aligned}$$

The solution to this equation in terms of Ω is

$$\begin{aligned} \Omega &= \frac{2n \pm \sqrt{4n^2 + 8g \cos \alpha \cot \alpha / a}}{2 \cos \alpha} \\ &= \frac{2n}{2 \cos \alpha} \left(1 \pm \sqrt{1 + \frac{8g \cos \alpha \cot \alpha}{4an^2}} \right) \end{aligned}$$

If we assume that $8g \cos \alpha \cot \alpha / 4an^2$ is small we can apply the binomial approximation as follows

$$\Omega = \frac{n}{\cos \alpha} \left(1 \pm \left(1 + \frac{g \cos \alpha \cot \alpha}{an^2} \right) \right)$$

So the fast and slow solutions for the precession Ω are

$$\begin{aligned} \Omega^F &= \frac{n}{\cos \alpha} \left(2 + \frac{g \cos \alpha \cot \alpha}{an^2} \right) = \frac{2n}{\cos \alpha} + \frac{g \cot \alpha}{an} \\ \Omega^S &= \frac{n}{\cos \alpha} \left(-\frac{g \cos \alpha \cot \alpha}{an^2} \right) = -\frac{g \cot \alpha}{an} \end{aligned}$$

Where the fast precession goes in the "same way" as n and the slower one goes in the "opposite direction" (because of the minus sign). \square

Solution. 19.12 Let an unsymmetrical body to be in steady rotation about the principal axis Gx_1 through G and suppose we disturb the body slightly. In the initial motion we can assume that $\omega_2 = \omega_3 = 0$ and $\omega_1 = \Lambda$ for some Λ constant. But after some small disturbance we get that $\omega_1 = \Lambda + a_1$ and that ω_2 and ω_3 are small but not zero.

The Euler's equations state the following

$$\begin{aligned} A\dot{\omega}_1 - (B - C)\omega_2\omega_3 &= 0 \\ B\dot{\omega}_2 - (C - A)\omega_3\omega_1 &= 0 \\ C\dot{\omega}_3 - (A - B)\omega_1\omega_2 &= 0 \end{aligned}$$

After linearization and taking into account the variation of ω_1 we get that

$$\begin{aligned} A\dot{a}_1 &= 0 \\ B\dot{\omega}_2 - (C - A)(\Lambda + a_1)\omega_3 &= 0 \\ C\dot{\omega}_3 - (A - B)(\Lambda + a_1)\omega_2 &= 0 \end{aligned}$$

But given that a_1 is a small variation and ω_3 and ω_2 are small too, we can drop the products to get the following

$$\begin{aligned} A\dot{\omega}_1 &= 0 \\ B\dot{\omega}_2 - (C - A)\Lambda\omega_3 &= 0 \\ C\dot{\omega}_3 - (A - B)\Lambda\omega_2 &= 0 \end{aligned}$$

Where we wrote back that $\dot{\omega}_1 = \dot{a}_1$. Derivating the second equation we get that

$$B\ddot{\omega}_2 - (C - A)\Lambda\dot{\omega}_3 = 0$$

And replacing $\dot{\omega}_3$ from the third equation we get that

$$\begin{aligned} B\ddot{\omega}_2 - (C - A)\Lambda \frac{(A - B)}{C} \Lambda\omega_2 &= 0 \\ \ddot{\omega}_2 + \frac{(A - C)(A - B)}{BC} \Lambda^2 \omega_2 &= 0 \end{aligned}$$

This is the equation for a Simple Harmonic Motion and hence for the motion to be stable it must happen that

$$\frac{(A - C)(A - B)}{BC} \Lambda^2 > 0$$

Therefore must be that $A > C$ and $A > B$ or $A < C$ and $A < B$ i.e. A is the largest or smallest moment of inertia.

Doing the same for ω_3 we get that

$$\begin{aligned} C\ddot{\omega}_3 - (A - B)\Lambda \frac{(C - A)}{B} \Lambda\omega_2 &= 0 \\ \ddot{\omega}_2 + \frac{(A - C)(A - B)}{BC} \Lambda^2 \omega_2 &= 0 \end{aligned}$$

Which tells us the same restrictions about A i.e. A is the largest or smallest moment of inertia.

We could do the same perturbation analysis for ω_2 and ω_3 but the analysis is analogous and we will get that for the unsymmetrical body to be stable while rotating about Gx_2 we need that B to be the largest or smallest moment of inertia. The same is true for when the body is rotating about Gx_3 and the moment of inertia C needs to be the largest or smallest. \square

Solution. 19.13 Given that the Frisbee is an axisymmetric body the Euler's equations become

$$\begin{aligned} A\dot{\omega}_1 - (A - C)\omega_2\omega_3 &= -K\omega_1 \\ A\dot{\omega}_2 - (C - A)\omega_3\omega_1 &= -K\omega_2 \\ C\dot{\omega}_3 &= -K\omega_3 \end{aligned}$$

From the third equation we have that

$$\omega_3 = C_1 e^{-\frac{K}{C}t}$$

Where C_1 is a constant. Multiplying the first equation by ω_1 and the second by ω_2 we get that

$$\begin{aligned} A\dot{\omega}_1\omega_1 - (A - C)\omega_3\omega_2\omega_1 &= -K\omega_1^2 \\ A\dot{\omega}_2\omega_2 + (A - C)\omega_3\omega_2\omega_1 &= -K\omega_2^2 \end{aligned}$$

Now we sum both equations

$$\begin{aligned} -K\omega_1^2 - K\omega_2^2 &= A\dot{\omega}_1\omega_1 + A\dot{\omega}_2\omega_2 \\ \omega_1^2 + \omega_2^2 &= -\frac{A}{K}(\dot{\omega}_1\omega_1 + \dot{\omega}_2\omega_2) \end{aligned}$$

Let us note that

$$\frac{d}{dt}(\omega_1^2 + \omega_2^2) = 2(\dot{\omega}_1\omega_1 + \dot{\omega}_2\omega_2)$$

So we can write the differential equation as

$$\frac{d}{dt}(\omega_1^2 + \omega_2^2) + 2\frac{K}{A}(\omega_1^2 + \omega_2^2) = 0$$

The solution to this equation is

$$\omega_1^2 + \omega_2^2 = C_2 e^{-2\frac{K}{A}t}$$

To compute the angle θ between $\boldsymbol{\omega}$ and \mathbf{a} we follow the same procedure as before. Let us observe that in this case, the unit vector \mathbf{a} is in the direction of ω_3 then

$$\begin{aligned} \tan \theta &= \frac{|\boldsymbol{\omega} \times \mathbf{a}|}{\boldsymbol{\omega} \cdot \mathbf{a}} \\ \tan \theta &= \frac{\sqrt{(\omega_2 a_3)^2 + (-\omega_1 a_3)^2}}{\omega_3} \\ \tan \theta &= \frac{\sqrt{C_2 e^{-2\frac{K}{A}t}}}{C_1 e^{-\frac{K}{C}t}} \\ \theta &= \arctan\left(C_3 e^{K(\frac{1}{C} - \frac{1}{A})t}\right) \end{aligned}$$

Where C_3 is another constant. Hence if $C > A$ the function $e^{K(\frac{1}{C} - \frac{1}{A})t}$ decreases with time and therefore θ decreases. \square

Solution. 19.16 We know that the Lagrangian of the top is

$$L = \frac{1}{2}A\dot{\theta}^2 + \frac{1}{2}A(\dot{\phi}\sin\theta)^2 + \frac{1}{2}C(\dot{\psi} + \dot{\phi}\cos\theta)^2 - Mgh\cos\theta$$

Then the Lagrange's equation for θ is

$$\begin{aligned} \frac{d}{dt}\left(\frac{\partial L}{\partial \dot{\theta}}\right) - \frac{\partial L}{\partial \theta} &= 0 \\ A\ddot{\theta} - \left[A\dot{\phi}^2 \sin\theta \cos\theta + C(-\dot{\psi}\dot{\phi}\sin\theta - \dot{\phi}^2 \sin\theta \cos\theta) + Mgh \sin\theta \right] &= 0 \\ A\ddot{\theta} - A\dot{\phi}^2 \sin\theta \cos\theta + C(\dot{\psi}\dot{\phi}\sin\theta + \dot{\phi}^2 \sin\theta \cos\theta) - Mgh \sin\theta &= 0 \end{aligned}$$

For ϕ we have that

$$\begin{aligned} \frac{d}{dt}\left(\frac{\partial L}{\partial \dot{\phi}}\right) - \frac{\partial L}{\partial \phi} &= 0 \\ \frac{d}{dt}(A\dot{\phi}\sin^2\theta + C(\dot{\psi}\cos\theta + \dot{\phi}\cos^2\theta)) &= 0 \\ A(\ddot{\phi}\sin^2\theta + 2\dot{\phi}\dot{\theta}\sin\theta\cos\theta) + C(\ddot{\psi}\cos\theta - \dot{\psi}\dot{\theta}\sin\theta + \ddot{\phi}\cos^2\theta \\ - 2\dot{\phi}\dot{\theta}\sin\theta\cos\theta) &= 0 \end{aligned}$$

And for ψ we get that

$$\begin{aligned} \frac{d}{dt}\left(\frac{\partial L}{\partial \dot{\psi}}\right) - \frac{\partial L}{\partial \psi} &= 0 \\ \frac{d}{dt}(C(\dot{\psi} + \dot{\phi}\cos\theta)) &= 0 \\ C(\ddot{\psi} + \ddot{\phi}\cos\theta - \dot{\phi}\dot{\theta}\sin\theta) &= 0 \end{aligned}$$

Let us name $\dot{\theta} = u$, $\dot{\phi} = v$ and $\dot{\psi} = w$ then we can write the equation for θ as

$$\dot{u} = v^2 \sin\theta \cos\theta - \frac{C}{A}(wv \sin\theta + v^2 \sin\theta \cos\theta) + \frac{Mgh}{A} \sin\theta$$

We can write the equation for ψ as

$$\begin{aligned} C(\dot{w} + \dot{v}\cos\theta - vu \sin\theta) &= 0 \\ C(\dot{w}\cos\theta + \dot{v}\cos^2\theta - vu \sin\theta \cos\theta) &= 0 \end{aligned}$$

Where we multiplied by $\cos\theta$ in the end so we can subtract it from the equation for ϕ which states the following

$$\begin{aligned} A(\dot{v}\sin^2\theta + 2vu \sin\theta \cos\theta) + C(\dot{w}\cos\theta - wu \sin\theta + \dot{v}\cos^2\theta \\ - 2vu \sin\theta \cos\theta) &= 0 \end{aligned}$$

hence subtracting them we get that

$$A(\dot{v}\sin^2\theta + 2vu \sin\theta \cos\theta) - C(wu \sin\theta + vu \sin\theta \cos\theta) = 0$$

Which implies that

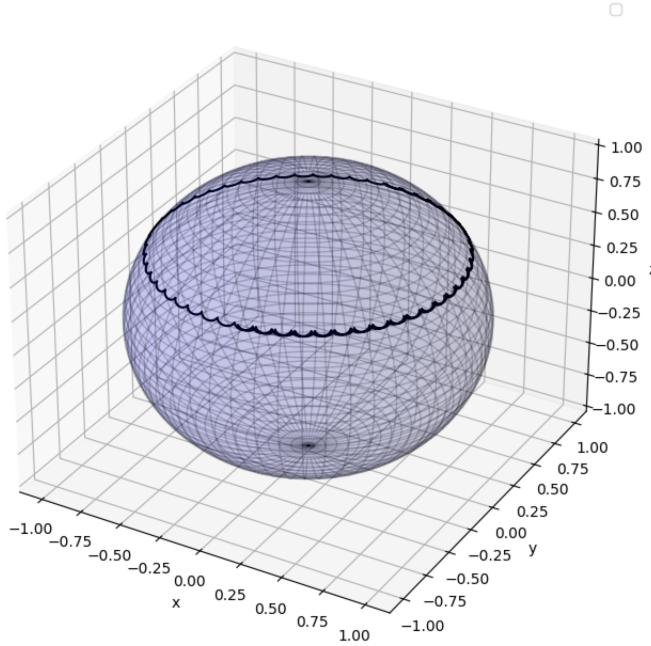
$$\dot{v} = \frac{C/A(wu \sin \theta + vu \sin \theta \cos \theta) - 2vu \sin \theta \cos \theta}{\sin^2 \theta}$$

Finally we can replace this value in the equation for ψ to get an equation for \dot{w} as follows

$$\dot{w} = vu \sin \theta - \frac{C/A(wu \sin \theta + vu \sin \theta \cos \theta) - 2vu \sin \theta \cos \theta}{\sin^2 \theta} \cos \theta$$

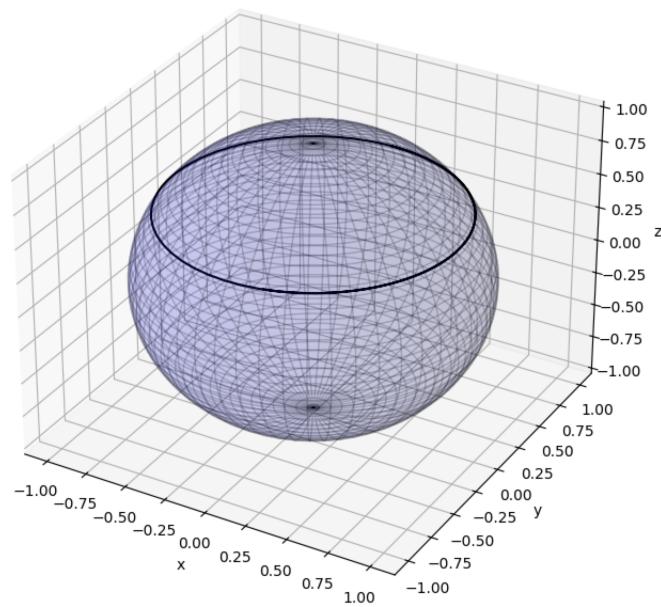
Now we can solve the system of first-order differential equations using the Runge-Kutta method. Below we show some results

Trajectory of the symmetry axis on a sphere for Omega: 0



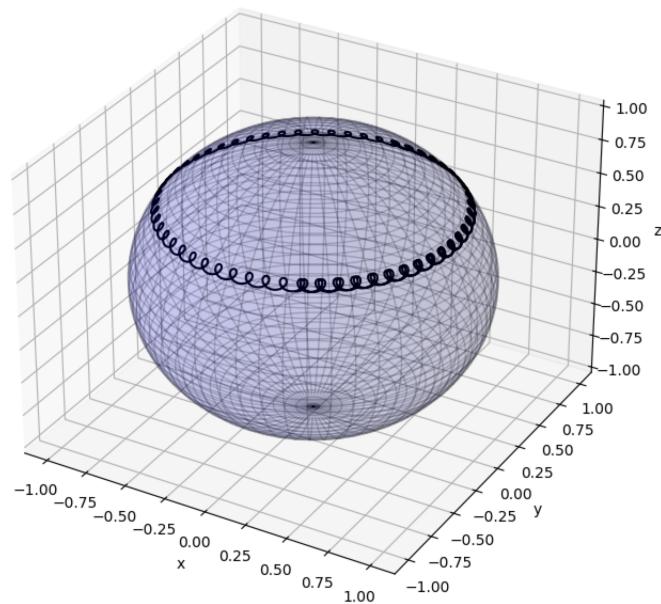
Trajectory of the symmetry axis on a sphere for Omega: 1.4

□

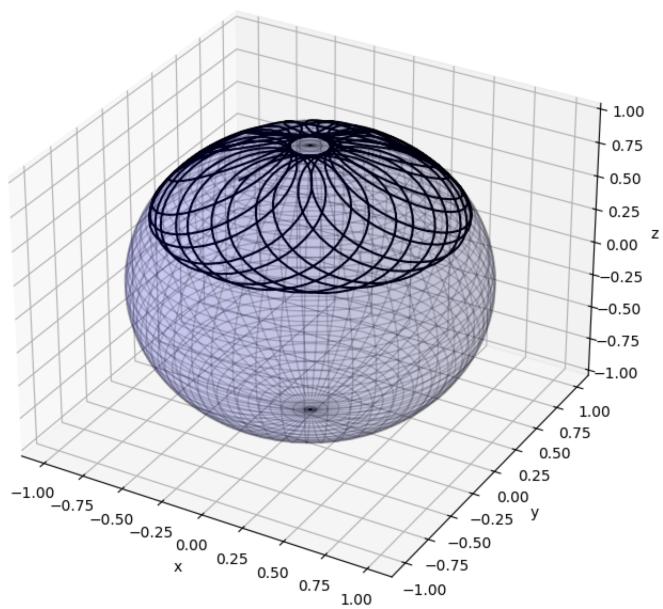


Trajectory of the symmetry axis on a sphere for Omega: 5

□



Trajectory of the symmetry axis on a sphere for Omega: 78



□

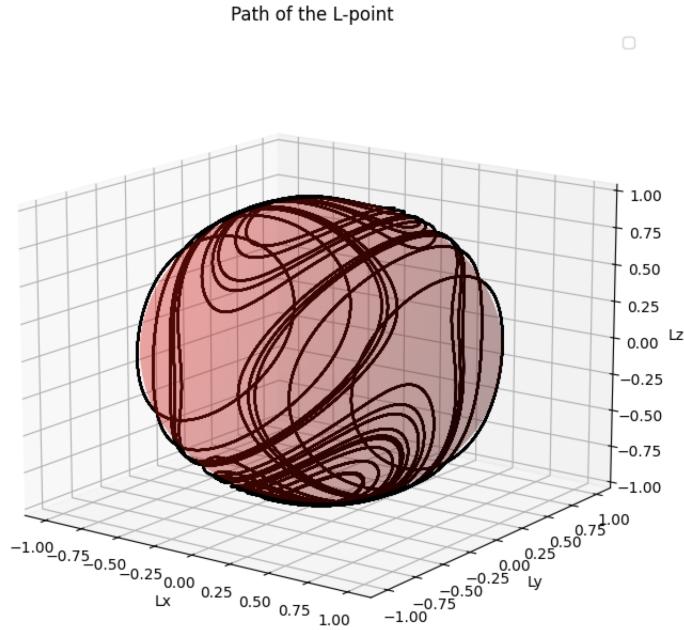
Solution. 19.17 We want to obtain the paths of the \mathbf{L} -point for an unsymmetrical body. Euler equations in terms of the components of \mathbf{L} in the frame $Gxyz$ give us the following

$$\begin{aligned}\dot{L}_x &= \frac{(B - C)}{BC} L_y L_z \\ \dot{L}_y &= \frac{(C - A)}{AC} L_z L_x \\ \dot{L}_z &= \frac{(A - B)}{AB} L_x L_y\end{aligned}$$

Also, the equations for $\dot{\mathbf{e}}_1$, $\dot{\mathbf{e}}_2$ and $\dot{\mathbf{e}}_3$ gives us

$$\begin{array}{lll}\dot{e}_{1x} = 0 & \dot{e}_{2x} = -\omega_z = -\frac{L_z}{C} & \dot{e}_{3x} = \omega_y = \frac{L_y}{B} \\ \dot{e}_{1y} = \omega_z = \frac{L_z}{C} & \dot{e}_{2y} = 0 & \dot{e}_{3y} = -\omega_x = -\frac{L_x}{A} \\ \dot{e}_{1z} = -\omega_y = -\frac{L_y}{B} & \dot{e}_{2z} = \omega_x = \frac{L_x}{A} & \dot{e}_{3z} = 0\end{array}$$

Finally, we can solve the system of twelve first-order differential equations using the Runge-Kutta method. Below we show the result



□