**FAITH INTERNATIONAL SCHOOL**

**Jesse Town**

**3RD TERM EXAMINATION 2017/2018 ACADEMIC SESSION**

**CLASS:J.S.S.1 SUBJECT:PHE**

**TIME:1hr INSTRUCTIONS : Answer all questions**

**1a) importance of being physically fit and explain?**

**1b) list 4 characteristics of a physically fit person?**

**1c) 4 values of physical education and sports to the society?**

**2a)define Accident?**

**2b)list 3 types of accident and explain?**

**3a) Define safety?**

**3b)Define safety education?**

**3c)list 3 objectives of safety education?**

**4a)Define puberty?**

**4b)list 3 male and 3 female sign of puberty?**