

	3	2	TA	SA	Ta	PA	2	FIS	Sol	180	M
WRAP & FR	IES								1 Tbsp T omaine L		;
CHICKEN	470g	690	20.5	4	0	26	102	7	1830	32	20
CHICKEN WW	470g	690	20.5	4	0	27	102	8	1830	27	20
BEEF	470g	710	22	5	0	26	103	7	1930	38	20
BEEF WW	470g	710	22	5	0	27	103	8	1930	33	20
FALAFEL	445g	820	30.5	4.5	0	21	124	12	2040	50	20
FALAFEL WW	445g	820	31	4.5	0	22	124	13	2040	45	20
GYRO	490q	930	42.5	14	0	29	108	7	2390	40	20
GYRO WW	490g	930	42.5	14	0	30	108	8	2390	35	20
		690	2000 000	4.5	0	24	102	100	1890	34	20
LAMB	460g		21.5		900		72/700-900	7			000
LAMB WW	460g	690	21.5	4.5	0	25	102	8	1890	29	20
SHRIMP	485g	730	21	4	0	35	101	7	1860	36	2
SHRIMP WW	485g	730	21	4	0	36	101	8	1860	31	2
VEGGIE	445g	655	21	4	0	13	103	7	1690	31	20
VEGGIE WW	445g	655	22	4	0	14	103	8	1690	26	20
SOUVLAKI 8	& SAL	AD .									
CHICKEN	465g	480	16	2	0	22	59	5	1040	26	3
CHICKEN WW	465g	480	16.5	2	0	23	59	6	1040	21	3
BEEF	465g	500	17.5	3	0	22	60	5	1140	32	3.
BEEF WW	465g	500	18	3	0	23	60	6	1140	27	3
FALAFEL	440g	610	26	3	0	17	81	10	1250	44	3
FALAFEL WW	440g	610	27	3	0	18	81	11	1250	39	3
GYRO	455g	720	38	12	0	25	65	5	1600	34	3
GYRO WW	455g	720	38.5	12	0	26	65	6	1600	29	3
LAMB	445g	480	17	2.5	0	20	59	5	1100	28	3
LAMB WW	445g	480	17.5	2.5	0	21	59	6	1100	23	3
SHRIMP	450g	520	16.5	2	0	31	58	5	1070	30	3
SHRIMP WW	450g	520	17	2	0	32	58	6	1070	25	39
OPA! PLATT	-										
		7/10	1.0	1.5	0	20	120	-	1415	22	C
CHICKEN WW	550g	740	1/1/5	1.5	0	26	120	5		32	6
CHICKEN WW	550g	740	14.5	1.5	0	27	120	6	1415	27	6
BEEF	550g	760	15.5	2.5	0	26	121	5	1515	38	6
BEEF WW	550g	760	16	2.5	0	27	121	6	1515	33	6
FALAFEL	525g	870	24	2	0	21	142	10	1625	50	6
FALAFEL WW	525g	870	24.5	2	0	22	142	11	1625	45	6
GYRO	570g	980	36	11.5	0	29	126	5	1975	40	6
GYRO WW	570g	980	36.5	11.5	0	30	126	6	1975	35	6
LAMB	539g	740	15	2	0	24	120	5	1475	34	6
LAMB WW	539g	740	15.5	2	0	25	120	6	1475	29	6
SHRIMP	565g	780	14.5	1.5	0	35	119	5	1445	36	6
SHRIMP WW	565g	780	15	1.5	0	36	119	6	1445	31	6
LOW CARB (GREE	K									
CHICKEN	395g	240	15	1	0	14	13	3	730	8	40
BEEF	395g	260	16.5	2	0	14	14	3	830	14	4
FALAFEL	370g	370	25	1.5	0	9	35	8	940	26	40
GYRO	390g	480	37	11	0	17	19	3	1290	16	40
LAMB	385g	240	16	1.5	0	12	13	3	790	10	40
SHRIMP	380g	280	15.5	1.5	0	23	12	3	760	12	4
I OW CADD		10.0									
							10	0	370	14	8
CHICKEN	270g	220	12.5	0.5	0	13	10				
CHICKEN Beef			12.5 14	0.5 1.5	0	13	11	0	470	20	8
CHICKEN Beef	270g	220								20 32	
CHICKEN Beef Falafel	270g 270g	220 240	14	1.5	0	13	11	0	470		8
LOW CARB (CHICKEN BEEF FALAFEL GYRO LAMB	270g 270g 245g	220 240 350	14 22.5	1.5	0	13 8	11 32	0 5	470 580	32	8: 8: 8:

	2	C.	6	3	~	d.	C.	4	3	1	7.
CALAMARI &	SALAI										
CALAMARI & SALAD	420g	570	20	5	0	36	39	2	695	30	83
SPANAKOPITA	PLAT	TER									
SPANAKOPITA PLATTER	370g	560	34	8	0	13	50	5	1160	24	95
KIDS MEAL											
	1050	210	0	0.5	0	10	F0	1	/IOF	1/1	10
KIDS MEAL WW	195g 195g	310	4.25	0.5	0	18.5	50	1.5	405	14	10
	1959	510	4.25	0.5	U	10.5	50	1.5	405	11.5	10
SIDE SALADS	405	400	40.0	0.0					100	40	0.1
SIDE CAESAR	185g	150	10.5	0.5	0	1	9	0	150	12	81
SIDE GREEK	385g	230	17	1.5	0	3	16	4	700	6	45
PITA WRAPS											
BEEF	245g	370	8	3	0	22	52	3	740	30	20
BEEF WW	245g	370	8	3	0	23	52	4	740	25	20
CHICKEN	245g	350	6.5	2	0	22	51	3	640	24	20
CHICKEN WW	245g	350	6.5	2	0	23	51	4	640	19	20
FALAFEL	241g	480	16.5	2.5	0	17	73	8	850	42	20
FALAFEL WW	241g	480	17	2.5	0	18	73	9	850	37	20
GYRO	265g	590	28.5	12	0	25	57	3	1200	32	20
GYRO WW	265g	590	28.5	12	0	26	57	4	1200	27	20
LAMB	235g	350	7.5	2.5	0	20	51	3	700	26	20
LAMB WW	235g	350	7.5	2.5	0	21	51	4	700	21	20
SHRIMP	260g	390	7	2	0	31	50	3	670	28	24
SHRIMP WW	260g	390	7	2	0	32	50	4	670	23	24
VEGGIE WW	220g 260g	315	7 8	2	0	9	52 52	3	500	23 18	26
		313	0	2	U	10	52	-4	500	10	20
SIDE SKEWER		00			0	- 10			222		
CHICKEN	100g	90	3.5	1	0	12	2	0	320	8	0
	100g	70	2	0	0	12	1	0	220	2	0
SIDE FALAFEL (4 PCS) GYRO	75g	200	12	0.5	0	7	23	5	430	20	0
LAMB	90g 80g	310 70	3	0.5	0	15	7	0	780 280	10	0
SHRIMP	85g	110	2.5	0.5	0	21	0	0	250	6	4
OTHER SIDES	oby	110	2.0	U	U	2.1	0	U	250	0	4
	205-	#50	11	<i>0.</i> F	0	20	22	2	600	20	15
CALAMARI HUMMUS & PITA	285g	450	11	4.5	0	36	32	2	600	20	15
HUMMUS & PITA WW	215g 215g	370 370	12.5	2	0	12	55 55	5	560 560	32 27	0
TZATZIKI & PITA	140g	300	6.5	3	0	9	50	2	640	20	2
TZATZIKI & PITA WW	140g	300	7	3	0	10	50	3	640	15	2
OPA FRIES	285g	430	17	2	0	5	64	5	1490	10	0
RICE 8 OZ	225g	380	1.5	0	0	7	81	0	15	6	30
GREEK POTATO	150g	110	3.5	0	0	2	20	2	700	2	30
SPANAKOPITA	85g	400	23	7	0	11	39	2	690	20	60
BAKLAVA	70g	320	16	3	0	6	40	2	230	15	0
FALAFEL SNACK BITES (5 PCS)	95g	250	15	1	0	8	28	7	535	25	0
TZATZIKI											
1.5 FL OZ	40q	50	3.5	2	0	1	3	0	290	0	2
2 FL OZ	54g	70	5.5	3	0	2	4	0	420	0	4
4 FL 0Z	105g	130	9	6	0	4	7	0	780	0	8
711.02	1059	190	9	0	U	4	/	U	700	U	0

All nutritional values exclude Tzatziki WW = WHOLE WHEAT

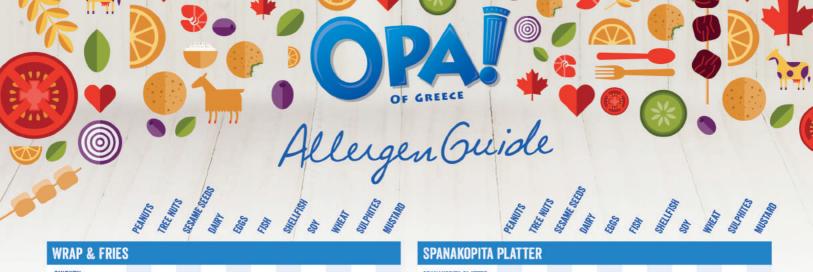






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	E	THE STATE OF THE S	3	DAIR	EGG	1	SHE.	S	WHE	S.	S	
WRAP & FRIE	S											SPANAKOPITA PLATTER
CHICKEN				•								SPANAKOPITA PLATTER • •
CHICKEN WW				•								KIDS MEAL
BEEF				•								**************************************
BEEF WW												KIDS MEAL • •
FALAFEL				•								- KIDS MEAL WW • •
FALAFEL WW												PITA WRAPS
GYRO									•			BEEF •
GYRO WW				•				•				BEEF WW •
LAMB												CHICKEN
LAMB WW				•					•			CHICKEN WW •
SHRIMP				•			•		٠			- FALAFEL •
SHRIMP WW				•			•		•			
VEGGIE				•					•			FALAFEL WW •
VEGGIE WW				•					•			GYRO • •
SOUVLAKI& S	ALAD											GYRO WW -
CHICKEN									•			LAMB •
CHICKEN WW												LAMB WW •
BEEF				•								SHRIMP • •
BEEF WW				•					•			SHRIMP WW • •
FALAFEL												VEGGIE •
FALAFEL WW				•					•			VEGGIE WW •
GYRO				•					•			
GYRO WW				•				•	•			SIDE SKEWER
LAMB				•					•			BEEF
LAMB WW									•	٠		CHICKEN
SHRIMP				•					٠	٠		SIDE FALAFEL (4 PCS.)
SHRIMP WW				•			•		•	٠		GYRO •
OPA! PLATTE	₹ .											LAMB
CHICKEN				•					٠			SHRIMP
CHICKEN WW				•				•	٠			OTHER SIDES
BEEF									•			
BEEF WW				•				•	٠			VALUE
FALAFEL				•				•	٠	٠		HUMMUS & PITA • •
FALAFEL WW				•					•			HUMMUS & PITA WW • •
GYRO				•				٠	•	•		TZATZIKI & PITA •
GYRO WW				•				•	•	•		TZATZIKI & PITA WW
LAMB				•				•	•			OPA FRIES
LAMB WW				•				•	•	•		RICE 8 0Z
SHRIMP				•			•	٠	•	٠		ROASTED GREEK POTATO •
SHRIMP WW				•			1.0		•	1.0		SPANAKOPITA • •
LOW CARB GF	REEK											BAKLAVA
CHICKEN				•						•		FALAFEL SNACK BITES (5 PCS)
BEEF				•						٠		
FALAFEL				•					•	•		SAUCES & SALAD DRESSINGS
GYRO				•				•	•	٠		TZATZIKI SAUCE •
LAMB				•								HUMMUS •
SHRIMP				•						٠		GREEK SALAD DRESSING
LOW CARB CA	ESAR											CAESAR SALAD DRESSING
CHICKEN			٠	•	•	•		•	٠	٠	•	CHEESES
BEEF			•	•	•	•		•	•		•	FETA CHEESE •
FALAFEL			•	•	٠	٠		٠	•	•	•	WANTED WASTERN AND THE STATE OF
GYRO			•	•	•	٠		•	•		•	PARMESAN CHEESE •
LAMB			•	•				•	•		•	CONDIMENTS
SHRIMP			٠	•	•	٠	•	•	•	•	•	CROUTONS • • •
CALAMARI &	SALA	D										BACON BITS
CALAMARI & SALAD			٠			•			•			FRANKS RED HOT SAUCE