



# **Linear Regression: How to Make What's Old New Again**

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**GALORATH**

**2022 ICEAA Workshop**

**We exist to empower informed decision  
making so that organizations can achieve  
their goals with greater confidence.**



G A L O R A T H



# Agenda

## Linear Regression

### ➤ Supervised Machine Learning

- Optimization

- Example Software Sustainment Program Dataset

## Regularization

- Ridge Regression

- Lasso Regression

- Elastic Net Regression

## Gradient Descent

- Steps to improve regression results

- Regression Model Comparison

- Conclusion

# Why Machine Learning?

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## Gaining Popularity

As data is being captured every second, there is an abundance of data available to analyze

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## Predictive Accuracy

Algorithms are available to help increase the predictive accuracy of simpler methods

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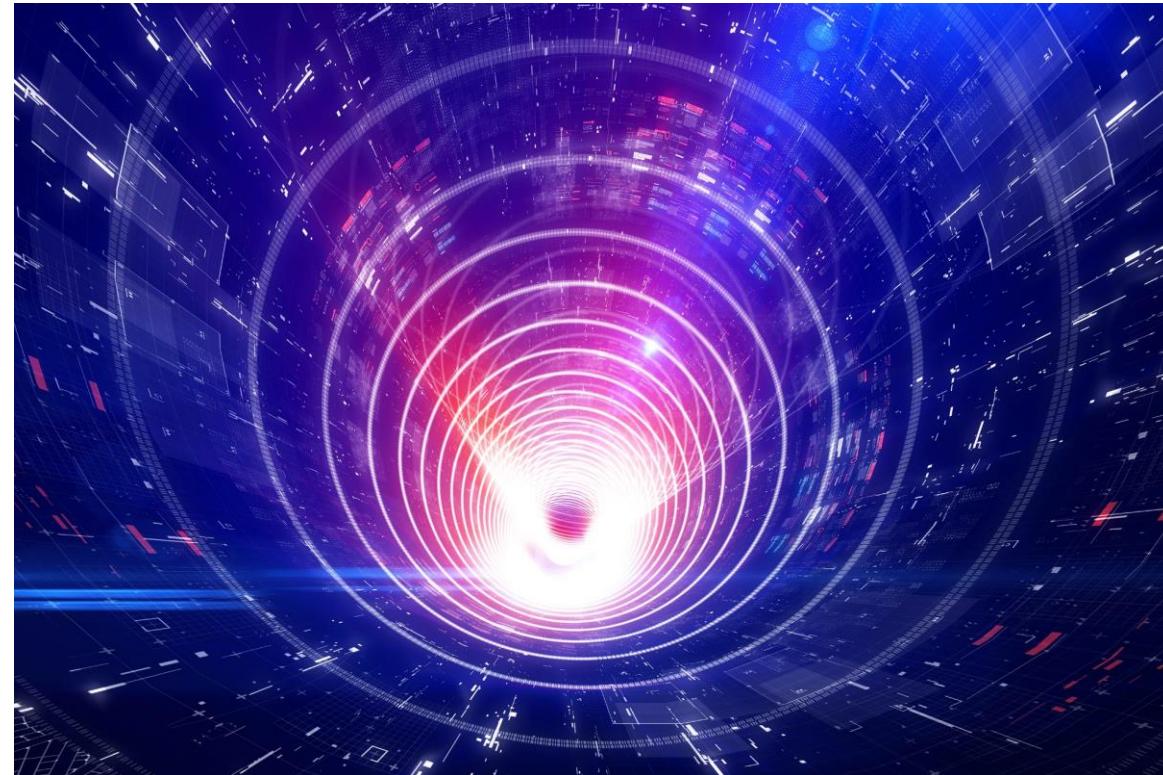
## Linear Regression is ML

Linear regression is not a forgotten method that will easily be replaced with other more complicated methods

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## A Time and Place for Everything

Alternative techniques to linear regression using Ordinary Least Squares exists and can be useful. These methods are not always better though



“Data is the new oil” – Clive Humby, mathematician and entrepreneur

# Linear Regression

Most understood method of **supervised** machine learning

## Linear Regression

Simplest form of regression, in which the predictor variables are assumed to have a linear relationship with the dependent variables

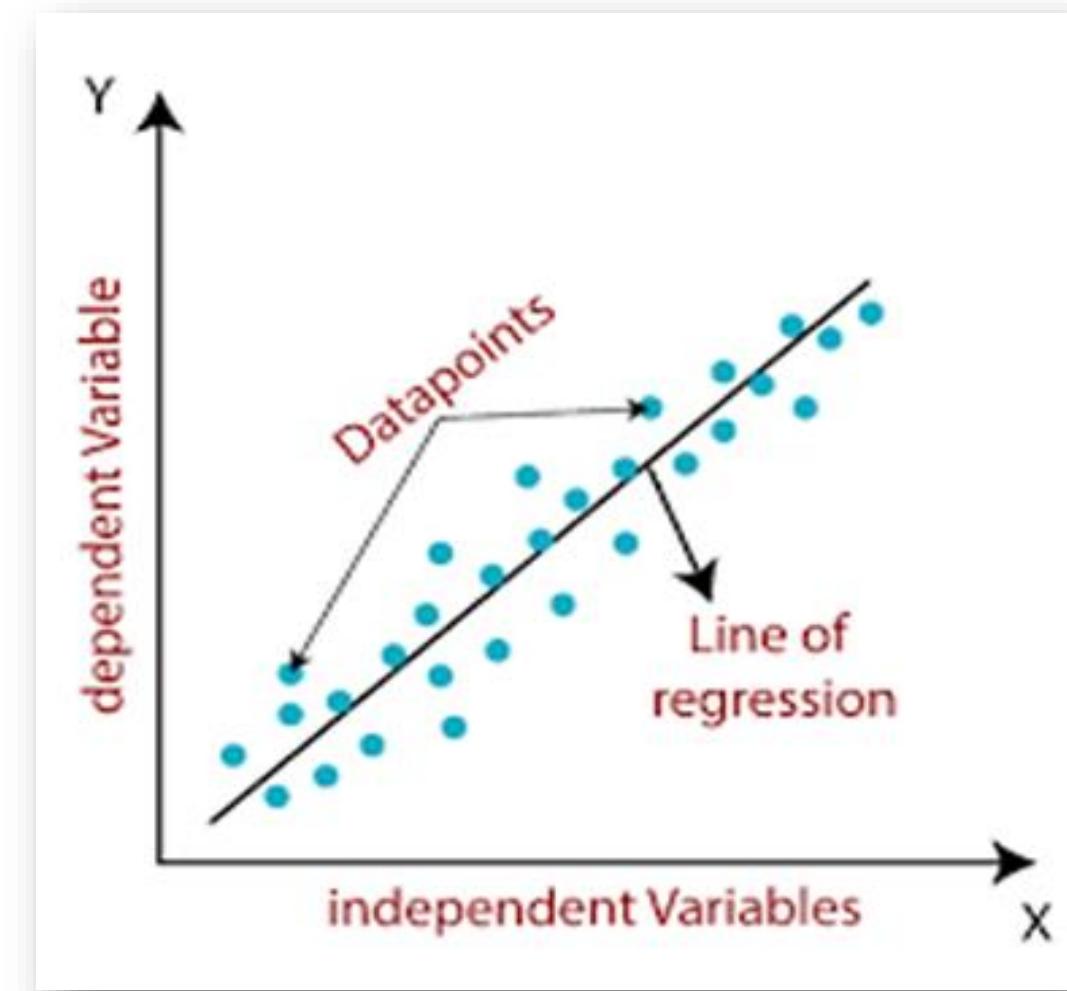
**Assumptions:** Input variables are assumed to be normally distributed and are not correlated with each other

**Model Form:**  $Y = ax + b$

Y is the dependent variable and x is the independent variable; a is the slope and b is the y-intercept

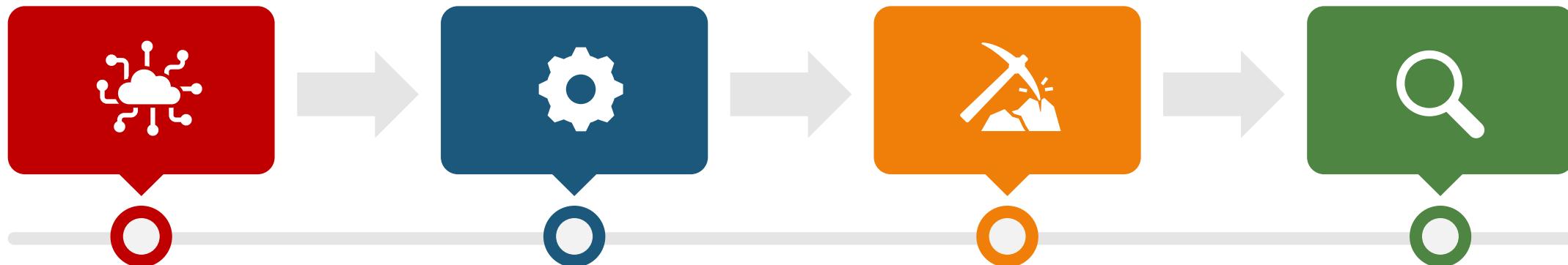
**Ordinary Least Squares (OLS) Method:** a and b are selected through minimizing the sum of squares of residuals.

**Residuals:** the actual value minus the predicted value



# Dataset Used for Regression Analysis

Software Sustainment dataset



## Software Sustainment

The **dataset** includes variables collected for the analysis of **software sustainment data** for multiple DoD programs

## Independent Variables

After analysis, the number of **Software Changes** and the **Duration** of the program are both influential in estimating effort

## Dependent Variable

**Effort** is measured in total hours

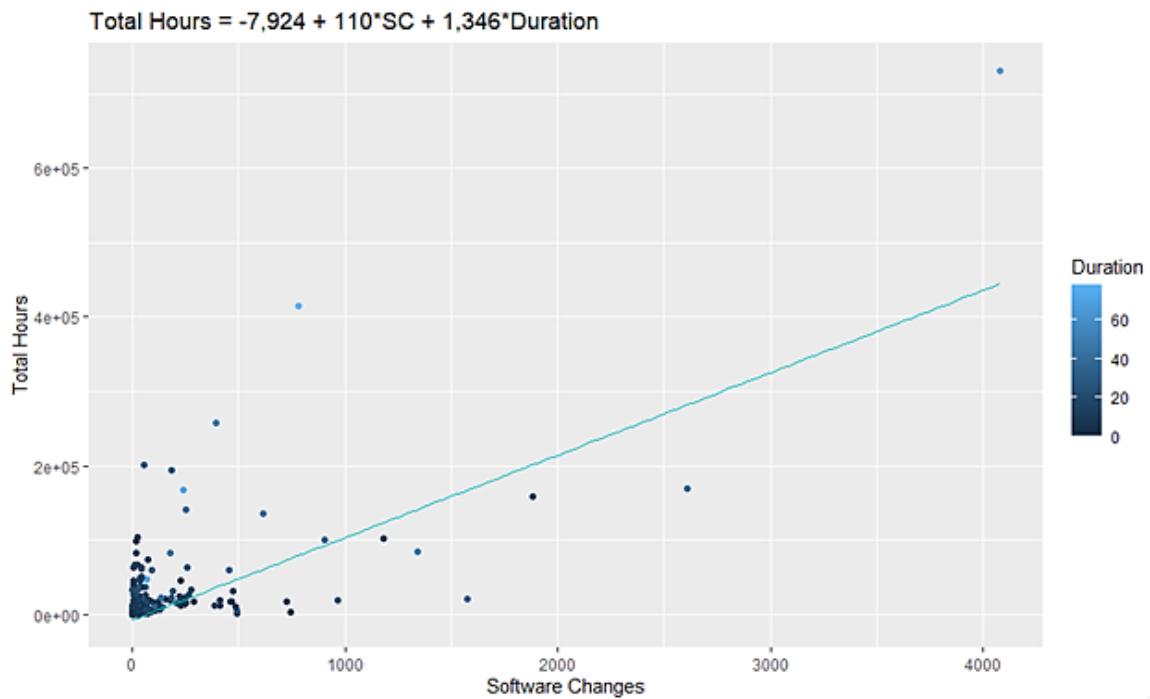
## Multiple Linear Regression

Since **two variables** are included in the model that best estimates effort, the equation form for the model is

$$\hat{Y} = \beta_1 X_1 + \beta_2 X_2 + \beta_0 + \varepsilon$$

# Software Sustainment

## Multiple Linear Regression Model



### Number of Datapoints

Original dataset was 316 datapoints. Model was trained with 221 datapoints while 95 datapoints were used to test the performance of the model

### Purpose of Training and Testing

The partitioning of the dataset between training and test is done to determine how well the model predicts Total Hours based on new data that has not been included in the training or learning process of the linear regression algorithm

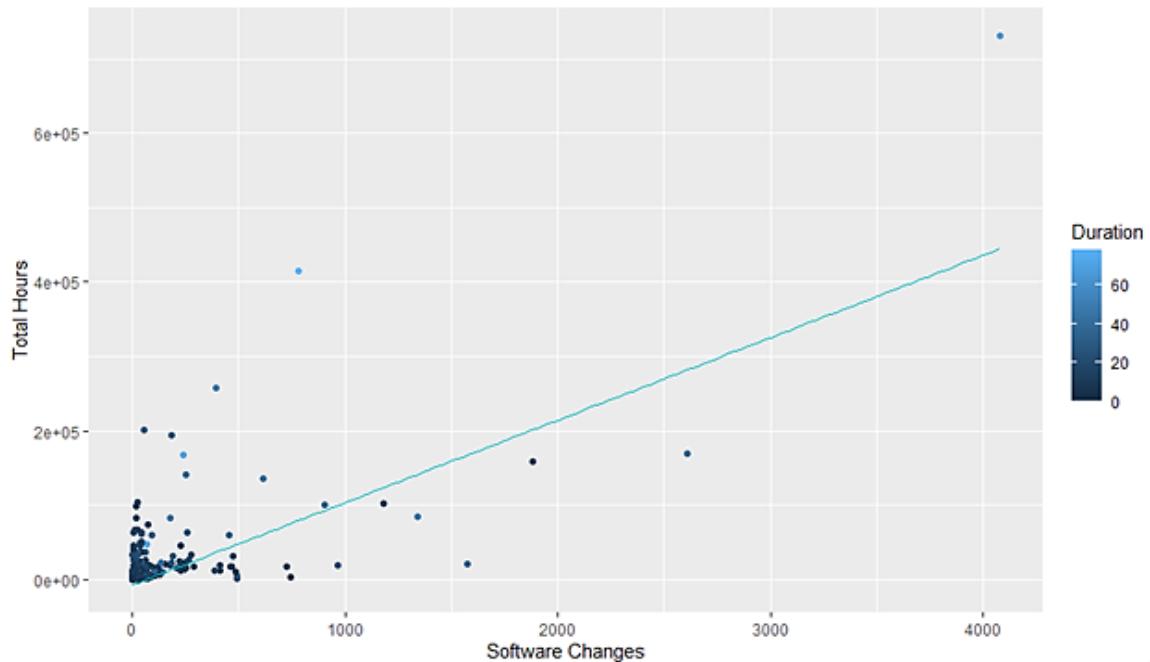
### Dataset Trends

The majority of datapoints fit tightly to the line, but we observe several outliers on the plot

# Software Sustainment

## Multiple Linear Regression Model

Total Hours =  $-7,924 + 110 \cdot SC + 1,346 \cdot Duration$



Metric	Training	Test
$R^2_{adj}$	75%	75%
Root Mean Squared Error (RMSE)	26,928	48,089

### Goodness-of-Fit Metrics

These metrics are calculated to be used to determine the statistical significance of regression models and compare multiple models

### $R^2_{Adjusted}$

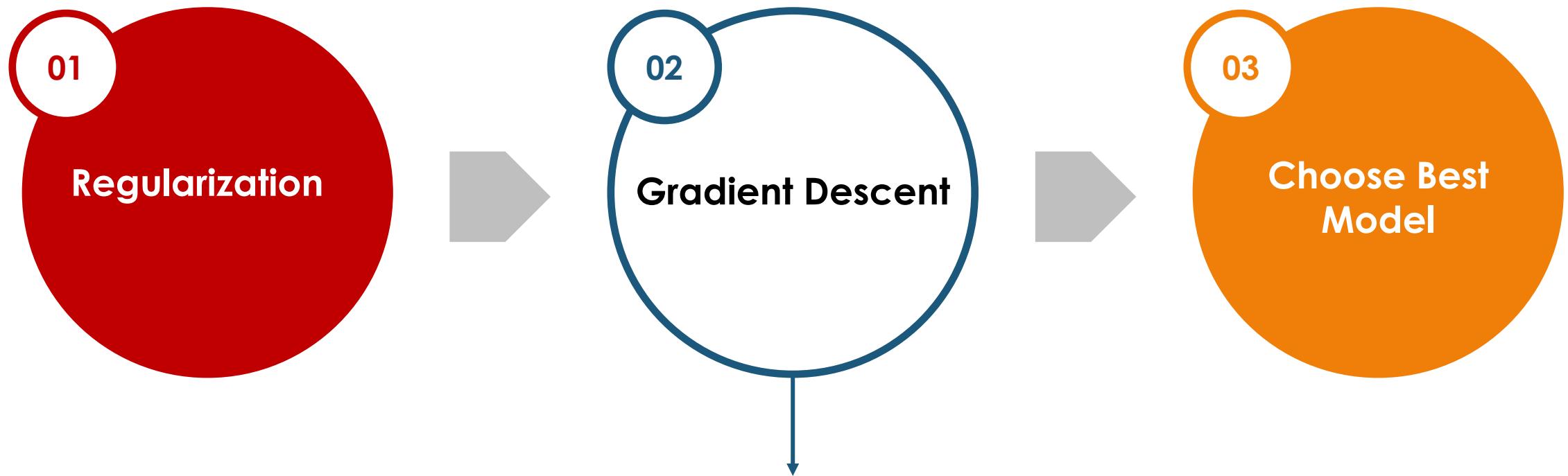
This metric tells us how much of the variability in Total Hours is explained by Software Changes and Duration

### Root Mean Square Error (RMSE)

This metric is the standard deviation of the residuals and measures how spread out the residuals remain

# Linear Regression

Improving linear models



Linear regression models are known to be influenced by outliers. Regularization and gradient descent are two techniques that can be used to improve models. Regularization helps when coefficients are large, which can sometimes signify overfitting. Gradient descent can be used to optimize the coefficients, resulting in reduced error.

# Regularization

Balancing bias and variance helps reduce overfitting



## The What

Form of regression that constrains the coefficient estimates towards zero

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## The Why

Techniques reduce error by fitting a function on the given training set to avoid overfitting

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## The Goal

The goal is to create a simple model that reduces the risk of overfitting

# Regularization: An Optimization Problem

$$\text{Loss Function (SSE)} = \frac{1}{n} \sum_{i=1}^n (y_i - \beta_1 x_i - \beta_0)^2$$



To find the smallest coefficients, you must minimize the loss function and shrink the coefficients towards zero

## How is it done?

We want the estimated coefficients to generalize well on future data. This is achieved by regularizing the coefficients towards zero.

# Bias & Variance Tradeoff

## ➤ Penalty

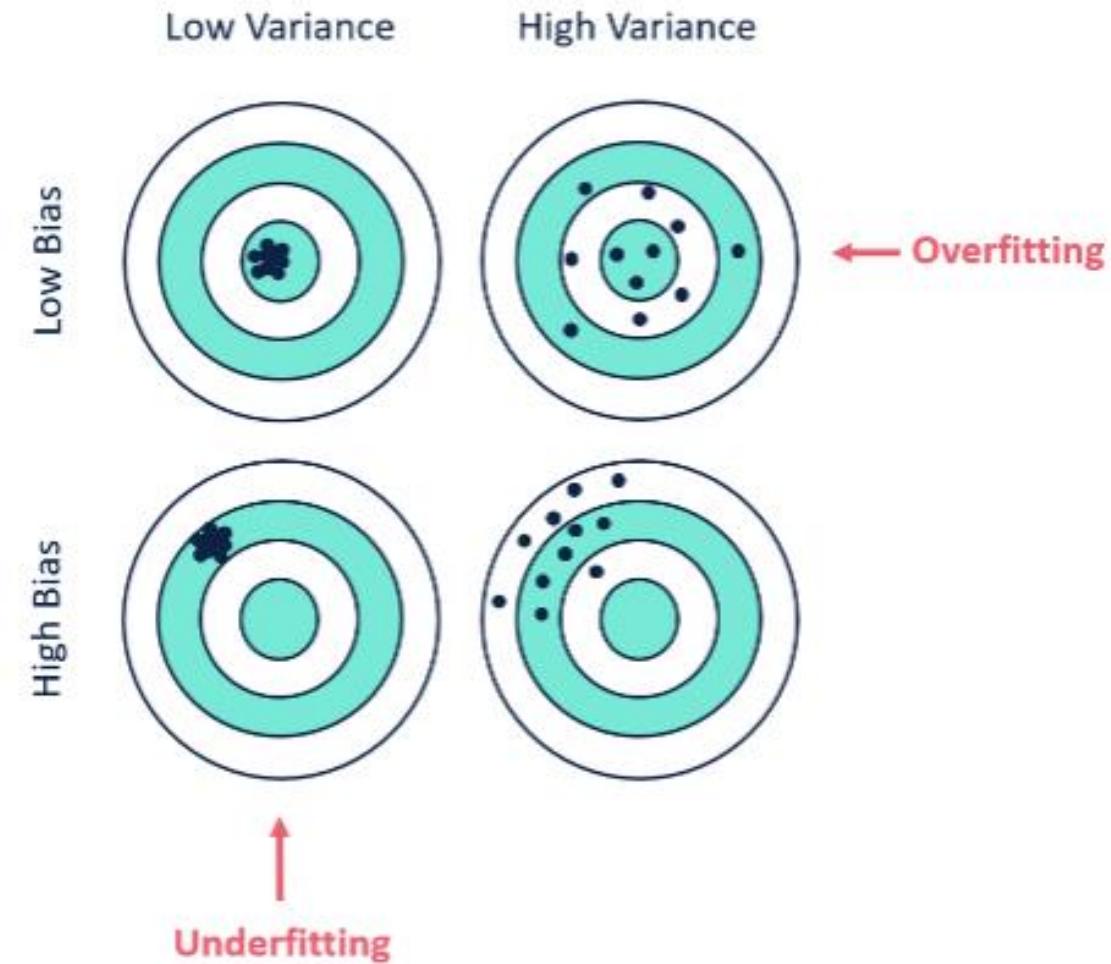
With the incorporation of a penalty, bias is introduced into the model by reducing variance

## ➤ Bias & Variance

Bias is the systematic tendency to overestimate or underestimate relative to the mean, while variance measures the dispersion of the estimate around the actual value

## ➤ Irreducible Error/Noise

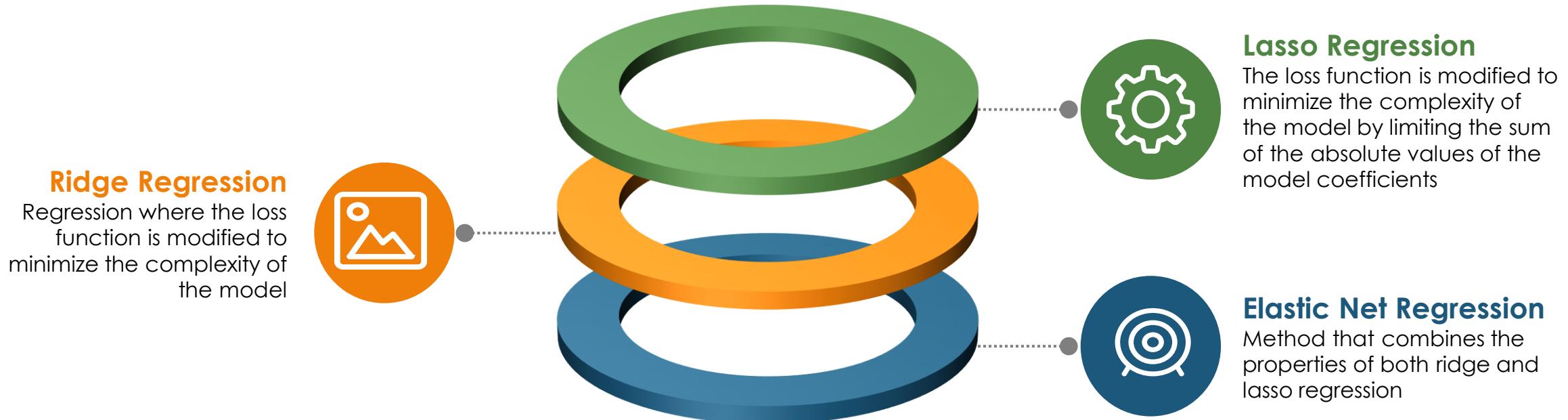
Models with high bias underfit the data, but with the addition of a minimal amount of bias, the variance is reduced. When there is high variance, the model tends to overfit the data



# Regularization

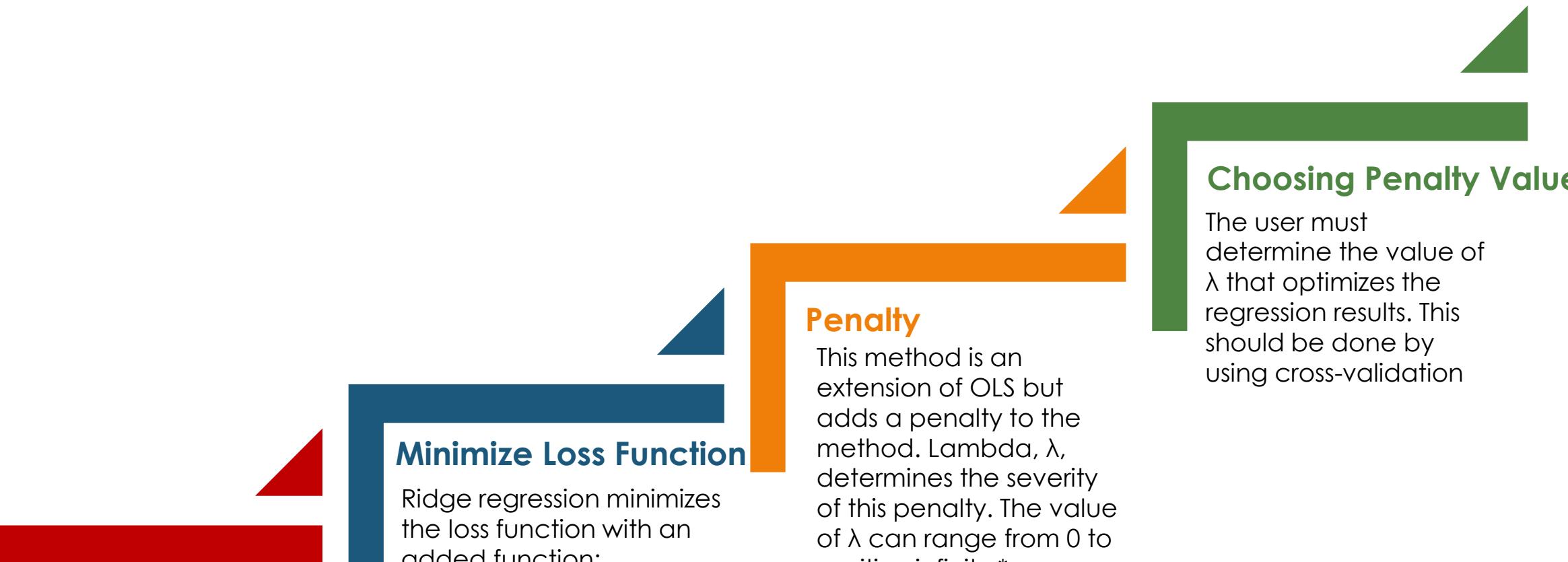
## Methods of Regularization

Regularization methods add a penalty term to constrain the slope parameters



# Ridge Regression

## Regularization Method #1



\* Note: When value of lambda is zero, the resulting model will be the same as the base case MLR OLS model

# Lasso Regression

## Regularization Method #2

### Bias

Lasso also adds bias to the loss function



### Minimize Loss Function

Lasso regression minimizes the loss function with an added function:

$$\frac{1}{n} \sum_{i=1}^n (y_i - \sum \beta_1 x_i - \beta_0)^2 + \lambda * \sum |\beta_i|$$



### Penalty

An important difference between Lasso and Ridge is that as we increase the value of  $\lambda$ , the slope can shrink to zero. The value of  $\lambda$  can range from 0 to positive infinity.\*



### Choosing Penalty Value

Lasso seeks to discard useless variables from equation, so the models produced by Lasso will at times be simpler and easier to interpret

# What is Elastic-Net Regression

## Regularization Method #3

### Add Bias

Elastic-Net regression is a hybrid approach that combines the components of Ridge and Lasso regression

### Minimize Loss Function

Elastic-Net regression minimizes the loss function with an added function:

$$\frac{1}{n} \sum_{i=1}^n (y_i - \beta_1 x_i - \beta_0)^2 + \lambda_1 * \sum \beta_i^2 + \lambda_2 * \sum |\beta_i|$$

### Penalty

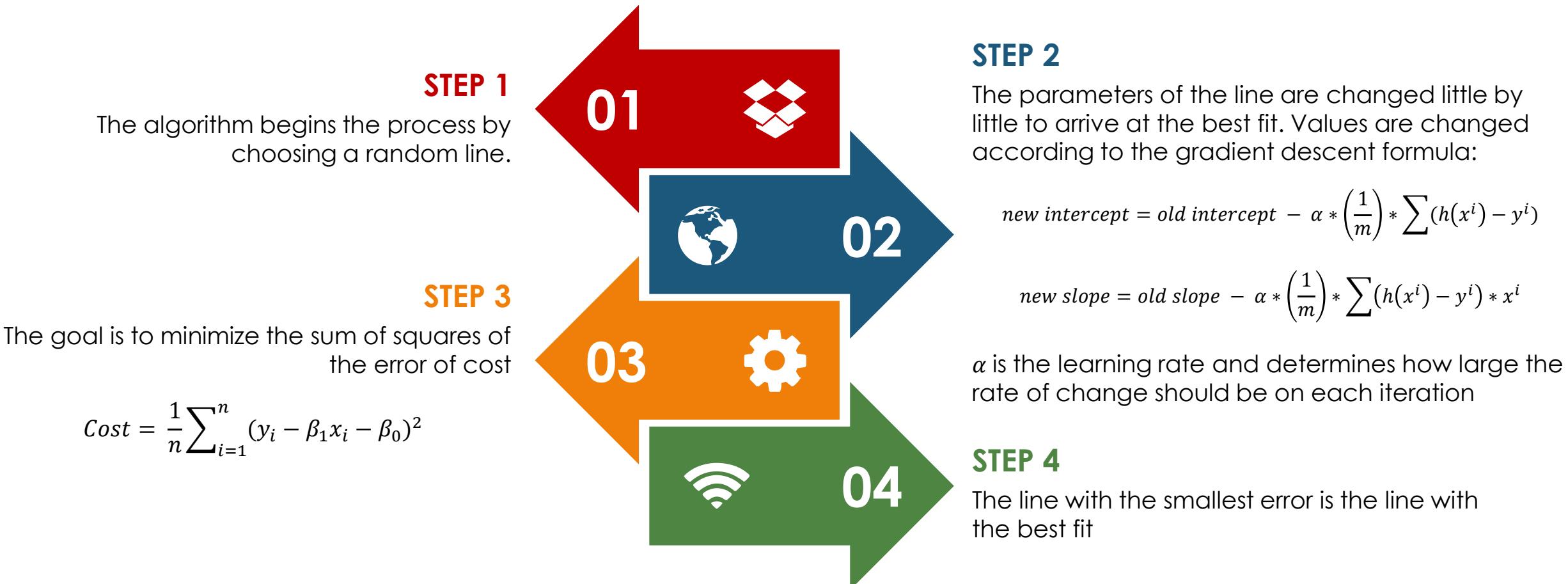
Cross-validation is used on different combinations of  $\lambda_1$  and  $\lambda_2$  to find the best values. The value of  $\lambda$  can range from 0 to positive infinity.\*

### Choosing Penalty Value

This hybrid approach groups and shrinks the parameters associated with the correlated variables or removes them if they are highly correlated. Elastic-Net tends to favor a more simplified model

# Gradient Descent

Optimization algorithm that approaches the least squared regression line using iterations



# Regression Results Comparison

Software Sustainment Dataset

Method	Training		Test		Equation
	$R^2_{adj}$	RMSE	$R^2_{adj}$	RMSE	
<b>Linear Regression</b>	75%	26,928	75%	48,089	$Total\ Hours$ $= -7,924 + 110 * SC + 1,346 * Duration$
<b>Ridge Regression</b>	75%	26,928	36%	48,089	$Total\ Hours$ $= -7,924.07 + 110.99 * SC + 1,345.49 * Duration$
<b>Lasso Regression</b>	75%	26,928	36%	48,089	$Total\ Hours$ $= -7,924.07 + 111 * SC + 1,345.49 * Duration$
<b>Elastic Net Regression</b>	75%	26,930	36%	48,056	$Total\ Hours$ $= -7,924.07 + 111 * SC + 1,345.49 * Duration$
<b>Gradient Descent</b>	70%	42,995	21%	59,239	$Total\ Hours = 0.04 + 46.07 * SC + 1.23 * Duration$

Linear Regression prevails as the Best Model!

# Conclusion

**Linear regression is still a powerful Machine Learning technique that is oftentimes the best model!**



**Characteristics of a linear dataset include a limited range in either the dependent and/or independent variable**



**A good rule of thumb is that when the dependent and the independent variable data points being modeled are all within an order of magnitude of one another, the relationship is likely to be linear**



**Seek ways to improve your linear model by using regularization and gradient decent**



**See paper for additional ML techniques such as Bayesian methods to potentially improve regression results**

# Questions?