Vibe OS

State management and creative workflow system
for generative creators.

by Frank Guzman — frankx.ai

What is Vibe OS?

Vibe OS is a **state management and creative workflow system** designed for creators who work across multiple domains simultaneously.

It provides a structured approach to managing creative energy, tracking project state, maintaining momentum across parallel workstreams, and making intentional decisions about where to focus next.

Core Capabilities

State Tracking
Know where every project stands at a glance

Energy Management
Match tasks to your current creative state

Workflow Orchestration
Multi-project pipelines with clear handoffs

Decision Framework
Structured approach to "what should I work on?"

PHILOSOPHY

Vibe OS doesn't tell you what to create. It helps you understand your current state and make better decisions about where to direct your creative energy.

The State Model

Every creative session operates in one of four states. Recognizing your state helps you choose the right work.

F

Flow State

Deep focus. High output. Protected time. This is where your best creative work happens. Vibe OS helps you protect and extend flow states.

Best for: Writing, coding, music production, design

B

Build State

Structured execution. Following plans, implementing specs, shipping deliverables. Productive but not necessarily inspired.

Best for: Implementation, deployment, project management

E

Explore State

Research, discovery, ideation. Following curiosity. Low pressure, high serendipity. Input mode rather than output mode.

Best for: Research, learning, brainstorming, discovery

R

Restore State

Recovery, review, reflection. Processing what you've created. Necessary for sustainable creative output.

Best for: Review, planning, organizing, rest

Creative Workflows

Vibe OS provides structured workflows that adapt to your current state and project needs.

Daily Creative Session

Check State → Select Work → Execute → Review → Log

Project Pipeline

Track multiple projects through stages: Concept → Research → Build → Polish → Ship. Each project has a state indicator showing momentum and energy level.

Energy Mapping

Match high-energy tasks to peak creative hours. Queue low-energy tasks (admin, review, organizing) for natural low points. Never force flow.

Weekly Review

End-of-week assessment: what shipped, what moved forward, what's blocked, what to prioritize next. Maintains perspective across all creative workstreams.

INTEGRATION

Vibe OS integrates with ACOS via the `/plan-week` command and works alongside the Soulbook personal alignment system.

Create with intention.

Know your state. Choose your work. Ship what matters.

Get Started

- Identify your current creative state
- Map your active projects and their stages
- Match your energy to the right work
- Protect your flow states fiercely
- Review weekly — adjust, don't judge

Part of the FrankX ecosystem

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